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Sub-Poissonian Atom-Number Fluctuations by Three-Body Loss in Mesoscopic Ensembles

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We show that three-body loss of trapped atoms leads to sub-Poissonian atom-number fluctuations. We prepare hundreds of dense ultracold ensembles in an array of magnetic microtraps which undergo rapid three-body decay. The shot-to-shot fluctuations of the number of atoms per trap are sub-Poissonian, for ensembles comprising 50–300 atoms. The measured relative variance or Fano factor \( F = 0.53 \pm 0.22 \) agrees very well with the prediction by an analytic theory \( (F = 3/5) \) and numerical calculations. These results will facilitate studies of quantum information science with mesoscopic ensembles.

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The study and control of particle number fluctuations in ultracold atomic systems has revealed a rich variety of intriguing quantum phenomena \([1–6]\), and offers the potential to boost performance in cold atom technologies. Motivated by the prospects for quantum metrology \([7]\), recent experiments have demonstrated the suppression of relative fluctuations between small atomic samples distributed over two or more traps or internal states, leading to number difference or spin squeezing and entanglement \([8–11]\). By contrast, work on suppressing absolute number fluctuations has been limited \([12,13]\). This is crucial, for example, in quantum information science using mesoscopic atomic ensembles \([14–16]\), where recently observed collective excitations produced via Rydberg dipole blockade \([17]\) could be exploited. Trapped ensembles would benefit from a \( \sqrt{N} \) collective enhancement of the Rabi frequency over single atoms, allowing fast quantum operations. However, intrinsic number fluctuations would adversely affect the fidelity. Suppressed fluctuations would yield robustness against such errors, especially if combined with composite pulse techniques \([15,18]\).

In this Letter we show explicitly that three-body loss naturally reduces the shot-to-shot fluctuations of the absolute atom number in a trap to sub-Poissonian levels. Random particle loss is usually considered deleterious, and it is not generally recognized that random loss can suppress fluctuations, even below the Poisson level. This is the atomic analog to intensity squeezing in optics \([19]\). We use three-body loss to prepare small and well-defined numbers of atoms in each trap, ultimately enabling the study of collective excitations in mesoscopic ensembles. We trap a large number of dense mesoscopic ensembles in a lattice of microtraps which undergo rapid three-body decay. Through sensitive absorption imaging we measure the shot-to-shot distribution of atom numbers and find sub-Poissonian statistics for between 50 and 300 atoms per trap. The effects of residual imaging noise are greatly reduced through the application of spatial correlation analysis which exploits the lattice geometry and provides a way to isolate atom-number fluctuations. Our results are in very good agreement with a model for stochastic three-body loss which takes into account the fluctuations.

For ultracold gases in magnetic microtraps, inelastic density-dependent decay is the dominant loss process. In \(^{87}\)Rb this is typically due to three-body recombination \([20]\), whereby all three atoms are lost from the trap. As this depends on the probability of finding three atoms together, three-body recombination is a sensitive probe of density fluctuations and correlations in degenerate Bose gases \([21–23]\). This previous work involved the macroscopic evolution of the mean number of remaining atoms, which decays proportional to the mean square density.

We are primarily interested in the fluctuations in the number of remaining atoms. We model this with the following master equation for the probability distribution \( P(N, t) \),

\[
\frac{dP(N, t)}{dt} = \sum_{\rho=1,2,3} \frac{k_\rho (\rho^\rho - 1)}{\rho N_0^{\rho-1}} \frac{N!}{(N-\rho)!} P(N, t), \tag{1}
\]

which is valid for any birth-death process with multiple reactions involving \( \rho \) bodies \([24]\). Here \( N_0 \) is the initial mean atom number in a given trap, \( k_\rho \) are the scaled rate constants, and the step operator \( \rho^\rho \) changes \( N \rightarrow N + \rho \). Equation (1) is a set of coupled differential equations, one for each possible value of \( N \). For small systems involving up to a few hundred atoms, these equations can be solved numerically to provide the full atom statistics (including fluctuations) as a function of time.

In our experiments \( k_2 \approx 0 \) and \( k_3 \gg k_1 \). For a nondegenerate gas at temperature \( T \) in a harmonic trap, \( k_3 N_0^2 = (2L_3/\sqrt{3})(m\omega^2/2\pi\hbar)T \), where the mean trap frequency in our case is \( \omega = 2\pi \times 10.0 \pm 0.5 \text{ kHz} \). The three-body rate constant is \( L_3 = 1.8(\pm 0.5) \times 10^{-29} \text{ cm}^6/\text{s} \) for the \( \mathcal{F} = m_f = 2 \) hyperfine state of \(^{87}\)Rb \([22]\).

For the mean and variance of the distribution we can obtain approximate analytic expressions. Following \([24]\) we perform a system size expansion for \( N_0 \gg 1 \) to obtain a linear Fokker-Planck equation and derive equations of motion for the moments. For combined one-body and...
three-body loss the evolution of the mean fraction of remaining atoms is

$$\eta = \frac{\langle N \rangle}{N_0} = \frac{\exp(-k_1t)}{\sqrt{1 + (k_3/k_1)[1 - \exp(-2k_1t)]}}.$$  \hspace{1cm} (2)

We express the fluctuations in terms of the Fano factor, $F = (\langle N^2 \rangle - \langle N \rangle^2)/\langle N \rangle$, where the averages are taken over realizations ($F = 1$ for a Poisson distribution). The evolution of $F$ in time can be written as a function of $\eta$, leading to the differential equation:

$$\frac{dF}{d\eta} = \frac{k_3\eta^2[5F(\eta) - 3] + k_1[F(\eta) - 1]}{\eta(k_1 + k_3\eta^2)}.$$  \hspace{1cm} (3)

In the case where three-body loss dominates, we obtain the simple solution

$$F(\eta) = \frac{3}{5} + \eta^5 \left( F_0 - \frac{3}{5} \right).$$  \hspace{1cm} (4)

where $F_0 = F(\eta = 1)$ is the initial Fano factor. As the atoms are lost from the trap the Fano factor asymptotes to a value of $F \rightarrow 3/5$, significantly below the Poissonian level $F = 1$. The memory of the initial Fano factor is lost very rapidly due to the fifth power of $\eta$, in contrast to one-body loss where $F = 1 + \eta(F_0 - 1)$. The result is easily generalized to an arbitrary $\rho$-body process yielding an asymptotic Fano factor $F \sim \rho/(2\rho + 1)$. The results of this simple analytic model are in excellent agreement with the numerical solution to Eq. (1) for $\langle N \rangle \approx 10$.

Our experiment incorporates a two-dimensional lattice of optically resolvable magnetic microtraps produced by a magnetic film atom chip [25,26]. We load a few thousand atoms into each of about 250 traps, and evaporatively cool close to quantum degeneracy (temperature $\sim 3 \mu$K, phase-space-density $\sim 0.3$), leaving a few hundred atoms in each trap. Because of the small size of each trap the atomic density is high ($=2 \times 10^{14}$ $cm^{-3}$) and we observe rapid three-body loss, despite relatively few atoms per site. During the experiment we apply a fixed radio frequency “knife” (effective trap depth $\sim 35 \mu$K) to ensure the temperature of each cloud does not vary. The knife counteracts any heating that may accompany the three-body loss. Due to the high trap depth, the role of heating-induced loss on the expected fluctuations is negligible.

We image the in situ distribution of atoms [Fig. 1(a)] using absorption imaging in reflection geometry with a circularly polarized probe laser aligned perpendicular to the chip surface [26]. The effective pixel size in the object plane is $3.2 \mu$m, the optical resolution is $7.5 \mu$m (Rayleigh criterion), and the lattice spacings are 22 and $36 \mu$m. The exposure time is $0.15$ ms and the saturation parameter is $s = 2 \times 0.3$ (double pass). In each run of the experiment we record an absorption image, a reference image taken without atoms, and a stray light image, from which we compute an optical density image of the atomic distribution. Each image contains the centermost region of the loaded lattice and a surrounding background region used to quantify the imaging noise.

To measure the decay we hold the atoms for a variable time after evaporative cooling before taking the absorption image. Our data are composed of two sets. The first spans from $t = 0$ ms to $t = 880$ ms with 40 intervals (selected on a power-law scale) and repeated 15 times (600 runs). The second data set spans from $t = 21$ ms to $t = 2.5$ s, with 40 intervals and 19 repeats (760 runs). We extract for each microtrap (with index $m$) (i) the decay of the mean atom number $\langle N_m \rangle$ and (ii) the variance $\langle N_m^2 \rangle - \langle N_m \rangle^2$. Each optical density image is aligned to the average to minimize the effect of jitter between shots. The atom number in each site and each image is found by a two-dimensional amplitude fit of a model shape function which minimizes the influence of imaging noise. The shape functions are obtained by Gaussian decomposition of the average optical density image, for each lattice cell. The obtained shapes are smooth peaked functions which reproduce the observed absorption profiles [Fig. 1(a)], accounting for small distortions due to the underlying chip surface. Least-squares amplitude fitting is then performed on each image for 245 ensembles, with each fit including the 8 nearest neighbors to account for small overlaps.

Figure 1(a) shows a section of an optical density image for a hold time of 25 ms. The evolution of $\langle N \rangle$ for a selected trap is shown in Fig. 1(b). A fit to the data with Eq. (2) yielding $k_3 = 10.4 \pm 0.4$ s$^{-1}$, $k_1 = 0.52 \pm 0.03$ s$^{-1}$, and $N_0 = 354 \pm 4$ is shown, together with the corresponding one-body decay $\eta = \exp(-k_1t)$. The measured decay is in excellent agreement with the theory to the level of $\pm 3$ atoms over the full range of atom numbers probed. This also confirms the accuracy of the absorption detection method.

To quantify the fluctuations it is necessary to accurately calibrate the absorption cross section. For this we compare for each trap individually the measured cloud temperature and three-body loss rate [26], to independently infer the
atom number. In this way we determine a constant absorption cross section of $(0.32 \pm 0.05)\sigma_0$ $(\sigma_0 = 3\lambda^2/2\pi)$, in good agreement with the expected cross section of $0.31\sigma_0$ based on our imaging parameters. The maximum optical depth for a trap containing 250 atoms is $\sim 0.1$.

Figure 2 shows the measured atom-number statistics for various hold times, corresponding to different mean atom numbers in each trap. A histogram of the fitted number of atoms in one specific trap for 19 repetitions of the experiment at $t = 25$ ms is shown in Fig. 2(a). The measured $\langle N \rangle = 280 \pm 3$ and the variance is $\langle N^2 \rangle - \langle N \rangle^2 = 140 \pm 50$, indicated by the Gaussian distribution (solid line). The distribution is significantly narrower than for a Poisson distribution (dashed line), providing a direct observation of sub-Poissonian number statistics. For longer hold times [Fig. 2(b)] the mean number of atoms decreases due to loss; however, the observed distribution does not become significantly narrower. This is due to the added detection noise contribution (dash-dotted line) which begins to dominate the observed fluctuations for $\langle N \rangle \leq 60$.

The same analysis is performed for each site and each hold time independently to obtain the site-resolved relative variance as a function of the mean number of atoms. Figure 2(c) shows the results of $245 \times 40$ observations where each point is derived from 19 measurements. The observed fluctuations have two main contributions: atom noise with a constant $F$ (Poisson noise is indicated by a dashed line) and a detection noise contribution corresponding to a fixed variance of 64 atoms$^2$/trap/shot (dotted line). We find for $\langle N \rangle \gtrsim 100$ the vast majority of data points fall well below the combined variance for Poisson fluctuations (dash-dotted line) indicating $F < 1$. Interestingly, the deviation from Poisson statistics is most apparent for small hold times (large $\langle N \rangle$), indicating three-body loss also has a significant effect on the fluctuations before the end of the evaporative cooling stage.

To account for detection noise and to investigate the sub-Poissonian noise over the full range of atom numbers in our experiment, we perform spatial correlation analysis of the images. Here we benefit from the lattice geometry and separate noise components based on their respective correlation length scales to isolate the atom fluctuations in our data. We compute, for each optical density image, the two-dimensional fluctuation correlation function $\chi_1(\delta) = \int [n_i(x) - \langle n_i \rangle] \int [n_j(x+\delta) - \langle n_j \rangle] d^2x$, which is then averaged over the realizations of the experiment (indexed by $i$) for a given hold time (Fig. 3, inset). We model the observed spatial distribution by $n_i(x) = c_i \sum_m N_{i,m} p_m(x) + d_i(x)$, where $N_{i,m}$ and $p_m(x)$ are the number of atoms and local shape function, respectively, for ensemble $m$, $c_i = 1$ accounts for correlated noise (due, for example, to probe frequency noise), and $d_i(x)$ accounts for spatially uncorrelated imaging noise. The correlation function $\langle \chi(\delta) \rangle$ shows several distinct features (Fig. 3, inset). A narrow spike at $\delta = 0$ (central red pixel) represents the uncorrelated imaging noise. This sits on top of a

![FIG. 2 (color online). Atom-number fluctuations measured for each of 245 lattice sites during three-body decay. (a), (b) Number distributions for one specific trap ($m = 138$) at two hold times. Histograms correspond to 19 measurements and each bin is 5 atoms wide. The lines indicate Gaussian fits to the data (solid line), Poisson distributions (dashed line), and combined Poisson and detection noise contributions (dash-dotted line). (c) The relative variance versus $\langle N_m \rangle$ for each lattice site and for each hold time (points). Open circles indicate the measurements for the selected trap, with a fit (including detection noise) for a constant Fano factor $F = 0.57$ (solid line). Arrows highlight the two data points corresponding to the histograms (a), (b).](image)

![FIG. 3 (color online). Lattice-averaged Fano factor $F$ as a function of the mean number of atoms $\langle N \rangle$. Horizontal lines correspond to $F = 1$ (dashed line) and to $F = 3/5$ (dotted line) for strong three-body loss. The solid line is a model including three-body and one-body loss terms. The shaded region indicates systematic uncertainties described in the text. The inset shows an example fluctuation correlation function $\langle \chi(\delta) \rangle$ for $t = 25$ ms.](image)
broader peak (dark central feature) representing the fluctuations correlated over the length scale of approximately a single cloud which accounts for shot-to-shot fluctuations of the number of atoms within each trap. An array of neighboring peaks, spaced at the lattice period, represents the correlated noise across traps which we attribute to small fluctuations of the probe detuning.

In the analysis of \( \langle \chi(\delta) \rangle \), we subtract the calculated background-region correlation function and exclude the \( \delta = 0 \) pixel. We then fit two-dimensional Gaussian distributions to the central and neighboring correlation peaks. The lattice-averaged Fano factor (weighted by \( N_m \)) is given by \( \tilde{F} = (\sum_m (N_m^2) - \sum_m (N_m)^2) / \sum_m (N_m)^2 \). Neglecting the small overlap between neighboring shape functions and noting that the fluctuations of \( N_{i,m} \) are uncorrelated between different traps, we obtain

\[
\tilde{F} = \left( \frac{X_0 - X_A}{X_A + P_0} \right) \langle \tilde{N} \rangle, \tag{5}
\]

where \( X_0 \) and \( X_A \) are the fitted volumes of the central and neighboring peaks of \( \langle \chi(\delta) \rangle \), respectively, \( P_0 \) is the fitted volume of the preaveraged autocorrelation function peak \( f(n_i(x)) |n_i(x + \delta)\rangle d^2x \), and \( \langle \tilde{N} \rangle \) is the weighted average atom number. Accounting for the overlap between neighboring shape functions yields a small correction factor, which for our lattice geometry is \( \approx 1.1 \).

Figure 3 shows the extracted Fano factor for two separately analyzed data sets as a function of \( \langle \tilde{N} \rangle \) during the hold time. Horizontal lines correspond to the Poissonian limit \( \tilde{F} = 1 \) (dashed line) and to the expected limit \( \tilde{F} = 3/5 \) (dotted line) for strong three-body decay. The data show sub-Poissonian atom-number fluctuations for \( \langle \tilde{N} \rangle \geq 50 \) up to 300 atoms per site. A fit over this range indicates \( \tilde{F} = 0.53 \) with a standard deviation of \( \pm 0.08 \). We independently estimate a systematic uncertainty of \( \pm 0.2 \), incorporating uncertainties in the absorption cross section, background noise contribution, and the overlap between neighboring traps. The measured fluctuations are clearly below the Poissonian level (dashed line) and in good agreement with the theoretical expectation of \( \tilde{F} = 3/5 \) (dotted line). For \( \langle \tilde{N} \rangle \leq 50 \) one-body loss dominates and we expect \( \tilde{F} \) to increase to 1. The solid line is the result of Eq. (3) including both three-body and one-body loss terms.

In conclusion, we have shown that normally undesirable density-dependent losses in small atomic ensembles naturally lead to suppressed fluctuations of the absolute atom number to below Poissonian noise levels. Three-body decay is a simple method to reliably prepare many well-defined ultracold ensembles comprising tens to a few hundreds of atoms. We expect this to be an ideal system for the study of collective excitations produced, for example, via laser-excited Rydberg states for quantum information processing with neutral atoms [14–17]. Such ensembles also have desirable properties for generation of many-particle entangled states [16] and states with a squeezed internal (spin) variable. Spin-squeezed samples currently receive great interest as a resource for cold atom-based metrology (interferometers, clocks), aiming to beat the standard quantum limit [10,11].

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