

Additional file 4: Baseline Characteristics Informal Caregivers

Baseline Characteristics Informal Caregivers

Characteristics	All Informal caregivers (N=133)	Usual Care Informal caregivers (N ^a =68)	Intervention Informal caregivers (N ^a =65)	Intervention vs. usual care informal caregivers p=
Mean age in years (SD)	65.6 (14.0)	66.5 (13.1)	64.2 (15.2)	.20
Female sex (n, %)	75 (57.7)	43 (64.2%)	32 (50.0)	.10
Level of education				.12
Low (n, %)	5 (3.9)	5 (7.5)	0 (0)	
Middle (n, %)	78 (60.9)	40 (59.7)	38 (60.3)	
High (n, %)	45 (35.2)	22 (32.8)	23 (35.5)	
Living situation				.59
Independent, alone (n, %)	14 (10.7)	7 (10.4)	7 (10.9)	
Independent, with others (n,%)	116 (88.5)	60 (89.6)	56 (87.5)	
Home for the elderly (n, %)	1 (.8)	0 (0)	1 (1.6)	
Relation to the patient (n,%)				
Husband/wife	71 (56.3)	38 (56.7)	33 (52.4)	
Daughter/Son	41 (32.5)	22 (32.8)	19 (30.2)	
Other relative	5 (4.0)	3 (4.5)	2 (3.2)	
Friend, neighbour, etc	9 (7.1)	4 (6.0)	5 (7.9)	

^a n varies slightly due to missing data

SD = standard deviation

* < 0.05

** < 0.01

*** < 0.001