The relationship of CO2 metabolism to tissue perfusion, microcirculation, and treatment response in shock and sepsis
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Citation for published version (APA):
CHAPTER 6

URINARY BLADDER PARTIAL CARBON DIOXIDE TENSION DURING HEMORRHAGIC SHOCK AND REPERFUSION: AN OBSERVATIONAL STUDY
ABSTRACT

Introduction: Continuous monitoring of bladder partial carbon dioxide tension (PCO₂) using fibreoptic sensor technology may represent a useful means by which tissue perfusion may be monitored. In addition, its changes might parallel tonometric gut PCO₂. Our hypothesis was that bladder PCO₂, measured using saline tonometry, will be similar to ileal PCO₂ during ischaemia and reperfusion.

Method: Six anaesthetized and mechanically ventilated sheep were bled to a mean arterial blood pressure of 40 mmHg for 30 min (ischaemia). Then, blood was reinfused and measurements were repeated at 30 and 60 min (reperfusion). We measured systemic and gut oxygen delivery and consumption, lactate and various PCO₂ gradients (urinary bladder–arterial, ileal–arterial, mixed venous–arterial and mesenteric venous–arterial). Both bladder and ileal PCO₂ were measured using saline tonometry.

Results: After bleeding systemic and intestinal oxygen supply dependency and lactic acidosis ensued, along with elevations in PCO₂ gradients when compared with baseline values (all values in mmHg; bladder ΔPCO₂ 3 ± 3 versus 12 ± 5, ileal ΔPCO₂ 9 ± 5 versus 29 ± 16, mixed venous–arterial PCO₂ 5 ± 1 versus 13 ± 4, and mesenteric venous–arterial PCO₂ 4 ± 2 versus 14 ± 4; P < 0.05 versus basal for all). After blood reinfusion, PCO₂ gradients returned to basal values except for bladder ΔPCO₂, which remained at ischaemic levels (13 ± 7 mmHg).

Conclusion: Tissue and venous hypercapnia are ubiquitous events during low flow states. Tonometric bladder PCO₂ might be a useful indicator of tissue hypoperfusion. In addition, the observed persistence of bladder hypercapnia after blood reinfusion may identify a territory that is more susceptible to reperfusion injury. The greatest increase in PCO₂ gradients occurred in gut mucosa. Moreover, the fact that ileal ΔPCO₂ was greater than the mesenteric venous–arterial PCO₂ suggests that tonometrically measured PCO₂ reflects mucosal rather than transmural PCO₂. Ileal ΔPCO₂ appears to be the more sensitive marker of ischaemia.

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Adapted from Critical Care 2005; 9: R556–R561
INTRODUCTION

Monitoring the adequacy of tissue oxygenation in critically ill patients is a challenging task [1]. Despite extensive research, tissue capnometry remains the only clinically relevant approach to monitoring regional perfusion and oxygenation. Elevation in tissue partial carbon dioxide tension (PCO\textsubscript{2}) might represent a better surrogate of hypoperfusion than other systemic and regional parameters [2,3].

During the past 20 years a large body of clinical evidence was developed supporting the usefulness of gastrointestinal PCO\textsubscript{2} tonometry for the monitoring of tissue perfusion [4]. Gastric tonometry can readily be performed in the critically ill and gives significant information on outcomes [5,6]. It may also be a helpful guide in therapeutic decision making [7]. Nevertheless, technical difficulties and frequent artefacts have dampened the initial enthusiasm [8]. In an attempt to overcome the limitations of gastric tonometry, sublingual capnometry was then developed [9]. Despite initial interest and potential advantages, this technique has neither been completely validated nor widely used [10].

More recently, tissue perfusion has been assessed with continuous monitoring of bladder PCO\textsubscript{2} using fibreoptic sensor technology [11,12], yielding interesting findings in experimental models of ischaemia/reperfusion. Although the equipment required may be expensive, bladder PCO\textsubscript{2} can readily be measured via a urinary catheter incorporating a silicone balloon. Our goal in the present study was to compare bladder PCO\textsubscript{2} measured using saline tonometry versus other tissue and venous PCO\textsubscript{2} values. Our hypothesis was that bladder PCO\textsubscript{2} will track ileal PCO\textsubscript{2} during ischaemia and reperfusion.

MATERIALS AND METHODS

Surgical preparation

Six sheep were anaesthetized with 30 mg/kg sodium pentobarbital, intubated and mechanically ventilated (Harvard Apparatus Dual Phase Control Respirator Pump Ventilator; South Natick, MA, USA) with a tidal volume of 15 ml/kg, a fractional inspired oxygen of 0.21, and positive end-expiratory pressure adjusted to maintain arterial oxygen saturation above 90%. The respiratory rate was set to keep the end-tidal PCO\textsubscript{2} at 35 mmHg. Neuromuscular blockade was applied with intravenous pancuronium bromide (0.06 mg/kg). Additional pentobarbital boluses (1 mg/kg per hour) were administered.

Catheters were advanced through the left femoral vein to administer fluids and drugs, and through left femoral artery to measure blood pressure and obtain blood gases. A pulmonary artery catheter was inserted through the right external jugular vein (Flow-directed thermodilution fibreoptic pulmonary artery catheter; Abbott Critical Care Systems, Mountain View, CA, USA).
An orogastric tube was inserted to allow drainage of gastric contents. Then, a midline laparotomy and splenectomy were performed. An electromagnetic flow probe was placed around the superior mesenteric artery to measure intestinal blood flow. A catheter was placed in the mesenteric vein through a small vein proximal to the gut to draw blood gases. Tonometers (TRIP Sigmoid Catheter; Tonometrics, Inc., Worcester, MA, USA) were inserted through small ileotomy and cystostomy to measure ileal and urinary bladder intramucosal PCO₂. A second catheter was placed through the same cystostomy to drain urine. Finally, after careful haemostasis, the abdominal wall incision was closed.

Measurements and derived calculations
Arterial, systemic, pulmonary and central venous pressures were measured using corresponding transducers (Statham P23 AA; Statham, Hato Rey, Puerto Rico). Cardiac output was measured by thermodilution with 5 ml saline solution at 0°C (HP OmniCare Model 24 A 10; Hewlett Packard, Andover, MA, USA). An average of three measurements taken randomly during the respiratory cycle was considered and was referenced to body weight to yield the cardiac output (Q). Intestinal blood flow was measured with the electromagnetic method (Spectramed Blood Flowmeter model SP 2202 B; Spectramed Inc., Oxnard, CA, USA) with in vitro calibrated transducers of 5–7 mm diameter (Blood Flowmeter Transducer; Spectramed Inc.). Occlusive zero was controlled before and after each experiment. Non-occlusive zero was corrected before each measurement. Superior mesenteric blood flow was referenced to gut weight (Qintestinal).

Arterial, mixed venous and mesenteric venous partial oxygen tension (PO₂), PCO₂ and pH were measured using a blood gas analyzer (ABL 5; Radiometer, Copenhagen, Denmark), and haemoglobin and oxygen saturation were measured using a co-oximeter calibrated for sheep blood (OSM 3; Radiometer). Arterial oxygen content (CaO₂), mixed venous oxygen content (CvO₂) and mesenteric venous oxygen content (CvmO₂) were calculated as follows: haemoglobin × 1.34 × oxygen saturation + PO₂ × 0.0031. Systemic and intestinal oxygen delivery (DO₂) and oxygen consumption (VO₂) were calculated as follows: systemic DO₂ = Q × CaO₂; systemic VO₂ = Q × (CaO₂ - CvO₂); intestinal DO₂ = Qintestinal × CaO₂; and intestinal VO₂ = Qintestinal × (CaO₂ - CvmO₂).

Arterial lactate concentration was measured using an automatic analyzer (Hitachi 912; Boehringer Mannheim Corporation, Indianapolis, IN, USA).

Bladder and ileal intramucosal PCO₂ were measured using a tonometer filled with 2.5 ml saline solution. Of the solution, 1.0 ml was discarded after an equilibration period of 30 min, and PCO₂ was measured in the remaining 1.5 ml. These values were corrected for the equilibration period and were used to calculate intramucosal-arterial gradients (bladder and ileal ΔPCO₂). Mixed venous–arterial PCO₂ (Pv – aCO₂) and mesenteric venous–arterial PCO₂ differences (Pvm – aCO₂) were also calculated.
Experimental procedure
Basal measurements were taken after a stabilization period longer than 30 min. Then, sheep were bled to a mean arterial blood pressure of 40 mmHg for 30 min (ischaemia). This degree of arterial hypotension was maintained by extracting or returning blood, as necessary. Collected blood was heparinized (5,000 U/l) and stored in a warmed water bath (37.5°C). Then, blood was reinfused and measurements were repeated at 30 and 60 min (reperfusion).

At the end of the experiment the animals were killed with an additional dose of pentobarbital and a KCl bolus. A catheter was inserted into the superior mesenteric artery and Indian ink was instilled. Dyed intestinal segments were dissected, washed and weighed to calculate gut indices.

The local Animal Care Committee approved the study. Care of animals was in accordance with US National Institute of Health guidelines.

Statistical analysis
Data were assessed for normality and expressed as mean ± standard deviation. Differences were analyzed using repeated measures analysis of variance and Dunnett’s multiple comparisons test to compare each time point with baseline. One-time comparisons between different PCO₂ gradients were tested using one-way analysis of variance and Newman–Keuls multiple comparisons test.

RESULTS

Haemodynamic and oxygen transport effects
Mean arterial pressure decreased during bleeding, as did Q, Qintestinal and systemic and intestinal DO₂ and VO₂. These variables returned to basal values after reinfusion of blood, with the exception of mean arterial pressure and systemic VO₂, which remained higher than basal values (Table 1).

Metabolic effects
Metabolic acidosis and hyperlactataemia developed during ischaemia, and persisted after reinfusion (Table 2).

Effects on partial carbon dioxide tension gradients
Mixed and mesenteric venoarterial and urinary bladder and ileal ΔPCO₂ differences increased during ischaemia. Ileal ΔPCO₂ was higher than other PCO₂ gradients during ischaemia (Fig. 1). The change in ileal ΔPCO₂ (20 ± 10 mmHg) during ischaemia was greater than that in bladder ΔPCO₂ (8 ± 7 mmHg) and in Pv–aCO₂ (9 ± 5 mmHg) and Pvm–aCO₂ (10 ± 3 mmHg; P < 0.05 for bladder ΔPCO₂, Pv–aCO₂ and Pvm–aCO₂ versus ileal ΔPCO₂). However, all PCO₂ gradients returned
to basal values after reperfusion, except for bladder $\Delta PCO_2$, which remained elevated (Fig. 1).

**DISCUSSION**

The main finding in the present study is the consistent expression of hypercapnia during low flow states. High $PCO_2$ values were evident in veins, ileum and even urinary bladder. In contrast to the other carbon dioxide gradients, bladder $\Delta PCO_2$ remained elevated after reperfusion.

The prevention, detection and correction of tissue dysoxia are main goals in the management of critically ill patients [1]. Gastric tonometry has been considered the only available method to track tissue oxygenation in the clinical arena [1]. However, tissue hypercapnia is not just a marker of dysoxia but is also an indicator of hypoperfusion. Tissue and venous $PCO_2$ remain unchanged in states of tissue dysoxia with preserved blood flow, such as hypoxic and anaemic hypoxia [13-15]. On the other hand, in a high flow state, such as sepsis, measurements of intramucosal acidosis remain helpful because of the frequent presence of microcirculatory derangements [16]. Moreover, increased blood flow may correct tissue hypercapnia in endotoxaemia [17].

Although most studies dealing with tissue capnometry have focused on the gastrointestinal tract, others have been performed in muscle [18,19], renal...
Table 2. Arterial, mixed venous and mesenteric venous blood gases, and arterial lactate at basal conditions, during ischemia and after 30 and 60 minutes of reperfusion.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Basal</th>
<th>Ischaemia</th>
<th>30 min</th>
<th>60 min</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arterial pH</td>
<td>7.37 ± 0.03</td>
<td>7.36 ± 0.05</td>
<td>7.33 ± 0.05*</td>
<td>7.36 ± 0.04</td>
</tr>
<tr>
<td>Arterial PCO₂ (mmHg)</td>
<td>38 ± 4</td>
<td>35 ± 5*</td>
<td>36 ± 4</td>
<td>36 ± 5</td>
</tr>
<tr>
<td>Arterial PO₂ (mmHg)</td>
<td>77 ± 9</td>
<td>80 ± 15</td>
<td>75 ± 10</td>
<td>78 ± 8</td>
</tr>
<tr>
<td>Arterial HCO₃⁻ (mmol/l)</td>
<td>22 ± 3</td>
<td>19 ± 2*</td>
<td>19 ± 2*</td>
<td>20 ± 2*</td>
</tr>
<tr>
<td>Arterial base excess (mmol/l)</td>
<td>-3 ± 3</td>
<td>-5 ± 2*</td>
<td>-6 ± 2*</td>
<td>-4 ± 3*</td>
</tr>
<tr>
<td>Mixed venous pH</td>
<td>7.34 ± 0.03</td>
<td>7.26 ± 0.03*</td>
<td>7.28 ± 0.04*</td>
<td>7.32 ± 0.04</td>
</tr>
<tr>
<td>Mixed venous PCO₂ (mmHg)</td>
<td>43 ± 4</td>
<td>48 ± 5*</td>
<td>43 ± 4</td>
<td>42 ± 3</td>
</tr>
<tr>
<td>Mixed venous PO₂ (mmHg)</td>
<td>38 ± 4</td>
<td>23 ± 3*</td>
<td>37 ± 4</td>
<td>39 ± 4</td>
</tr>
<tr>
<td>Mixed venous HCO₃⁻ (mmol/l)</td>
<td>23 ± 3</td>
<td>21 ± 3</td>
<td>20 ± 2</td>
<td>21 ± 2</td>
</tr>
<tr>
<td>Mixed venous base excess (mmol/l)</td>
<td>-3 ± 3</td>
<td>-6 ± 3*</td>
<td>-7 ± 2*</td>
<td>-5 ± 2*</td>
</tr>
<tr>
<td>Mesenteric venous pH</td>
<td>7.34 ± 0.03</td>
<td>7.26 ± 0.03*</td>
<td>7.30 ± 0.05*</td>
<td>7.32 ± 0.04</td>
</tr>
<tr>
<td>Mesenteric venous PCO₂ (mmHg)</td>
<td>42 ± 5</td>
<td>49 ± 5*</td>
<td>41 ± 4</td>
<td>41 ± 4</td>
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<tr>
<td>Mesenteric venous PO₂ (mmHg)</td>
<td>43 ± 7</td>
<td>26 ± 3*</td>
<td>42 ± 6</td>
<td>43 ± 5</td>
</tr>
<tr>
<td>Mesenteric venous HCO₃⁻ (mmol/l)</td>
<td>23 ± 3</td>
<td>22 ± 2</td>
<td>20 ± 2*</td>
<td>21 ± 2</td>
</tr>
<tr>
<td>Mesenteric venous base excess (mmol/l)</td>
<td>-3 ± 3</td>
<td>-5 ± 2*</td>
<td>-6 ± 2*</td>
<td>-5 ± 2*</td>
</tr>
<tr>
<td>Arterial lactate (mmol/l)</td>
<td>1.6 ± 0.5</td>
<td>3.7 ± 1.7*</td>
<td>3.9 ± 2.0*</td>
<td>3.2 ± 1.5*</td>
</tr>
</tbody>
</table>

Values are expressed as mean ± standard deviation. *P < 0.05 versus basal. PCO₂, partial carbon dioxide tension; PO₂, partial oxygen tension.

Fig. 1. Behaviour of PCO₂ gradients. Shown are the various partial carbon dioxide tension (PCO₂) gradients in basal conditions, during ischaemia and after reperfusion.
parenchyma [20,21] and subcutaneous tissue [22]. Few studies have assessed urinary PCO₂ for the monitoring of tissue oxygenation. Lin and coworkers [23] measured urinary PCO₂ in critically ill patients to evaluate the adequacy of perfusion. Urinary PCO₂ was higher in shock than in control patients (79 ± 10 mmHg versus 43 ± 2 mmHg; P < 0.0001). Lang and colleagues [11] measured urinary bladder gases using a fibreoptic sensor in a swine model of ischaemia/reperfusion. After 30 min of aortic clamping bladder PCO₂ increased from 57 ± 5 mmHg to 117 ± 7 mmHg, and it returned to baseline after 60 min of reperfusion. Clavijo-Alvarez and coworkers [12] studied this issue in a model of haemorrhagic shock in which pigs were bled and kept at a mean arterial pressure of 40 mmHg until decompensation. Animals were then resuscitated with shed blood plus lactated Ringer’s solution and observed for 2 hours. In contrast to our findings, those investigators found greater increases in bladder PCO₂; basal PCO₂ was 49 ± 6 mmHg and increased to 71 ± 7 mmHg at the end of shock. Jejunal intramucosal PCO₂ exhibited similar behaviour.

These differences might be related to the use of different animal species but also, and primarily, to the longer period of shock. Because the pigs in the study by Clavijo-Alvarez and coworkers [12] reached a lower cardiac output than did the sheep in our study, changes in surrogates of hypoperfusion such as base excess bicarbonate and bladder PCO₂ were more pronounced. Nevertheless, gut intramucosal acidosis was similar in both studies, which might be related to the greater vulnerability of sheep intestinal mucosa to hypoperfusion. In addition, differences might be explained by diverse surgical preparations and methods for measuring intramucosal PCO₂. Clavijo-Alvarez and coworkers completely isolated the bladder, and the PCO₂ sensor was encased within the mucosa so that they could avoid interference. In this way, the measurements should reflect those from the bladder wall more accurately. Furthermore, they used a more sensitive method to measure PCO₂. Nevertheless, it is difficult to reproduce this type of measurement in patients, and our methodology seems more suitable for clinical application.

Although tissue and venous hypercapnia is a widespread consequence of hypoperfusion, our experiments reveal that the increase in PCO₂ is higher in ileal mucosa than in bladder mucosa and mixed and mesenteric venous blood. The underlying mechanism producing this preferential elevation in ileal ΔPCO₂ might be related to particular characteristics of villi microcirculation. Countercurrent circulation might induce a functional shunt that could place distal microvilli segments at ischaemic risk [24]. There is some controversy regarding the meaning of intramucosal PCO₂; specifically, does it reflect whole wall or superficial mucosal perfusion? An ileal ΔPCO₂ greater than the Pvm-aCO₂ suggests that tonometric PCO₂ reflects mucosal rather than transmural PCO₂. On the other hand, the similar increase in bladder–arterial and systemic and intestinal venoarterial PCO₂ gradients suggests the presence of similar degrees of hypoperfusion. As
previously described [25], the fraction of cardiac output directed to gut (superior mesenteric artery blood flow/cardiac output) decreased during ischaemia (from 0.23 ± 0.06 to 0.16 ± 0.07; data not shown). However, this was not enough to produce differences between systemic and intestinal venoarterial PCO$_2$ gradients.

Another interesting finding of this study lies in the persistence of bladder intramucosal acidosis during reperfusion. Recent studies indicated that ischaemia/reperfusion can cause acute inflammation and contractile dysfunction of the bladder [26]. Bajory and coworkers [27] demonstrated severe microcirculatory derangements such as decreased functional capillary density, red blood cell velocity, venular and arteriolar diameter, and enhanced macromolecular leakage after bladder ischaemia/reperfusion. We speculate that these microcirculatory alterations might lead to decreased carbon dioxide removal. Again, differential susceptibility to injury between species could explain differences from other studies [11,12].

Limitations of the present study could be related to the method of measurement of bladder PCO$_2$. First, tonometric measurement of PCO$_2$ has drawbacks [8]. Second, urine itself could potentially influence tonometric PCO$_2$ beyond perfusion deficits. In fact, urine can have variable carbon dioxide content, resulting, for example, from different grades of carbonic anhydrase inhibition or from systemic bicarbonate administration [28]. Actually, failure to observe an appropriate increase in urinary-blood PCO$_2$ during bicarbonate loading has been employed as an index of reduced distal nephron proton secretion in distal renal tubular acidosis [28]. Changes in systemic oxygenation can also modify urine composition. Moriguchi and coworkers [29] have showed that urinary bicarbonate, calculated from urinary PCO$_2$ and pH, increases after anaerobic exercise. Those authors related these findings to systemic carbon dioxide production and later urinary excretion [29]. They also described a circadian rhythm in urinary bicarbonate elimination [30]. Moreover, an elevated bladder ΔPCO$_2$ could also represent a late manifestation of renal hypoperfusion. Further studies are needed to clarify the influence of renal carbon dioxide excretion on bladder PCO$_2$.

CONCLUSION

Our data suggest that bladder ΔPCO$_2$ could be a useful indicator of tissue perfusion. However, intestinal ΔPCO$_2$ is the more sensitive carbon dioxide gradient for monitoring low flow states. Further studies are needed to establish the definitive monitoring value of urinary PCO$_2$. 
KEY MESSAGES

» Urinary bladder $\Delta$PCO$_2$ may be a useful indicator of tissue perfusion, but intestinal $\Delta$PCO$_2$ is the more sensitive carbon dioxide gradient for the monitoring of low flow states.

» The fact that the observed ileal $\Delta$PCO$_2$ was greater than Pvm-aCO$_2$ suggests that tonometric PCO$_2$ reflects mucosal rather than transmural PCO$_2$.

REFERENCES


