E-mental health interventions for harmful alcohol use: research methods and outcomes
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Appendix

About the Author
Matthijs Blankers was born on December 24, 1982, in Amsterdam, the Netherlands. In 2006, he obtained his master’s degree in Social Psychology from the University of Amsterdam. During his years as a Psychology student, he worked for the Addiction Prevention and Quality & Innovation department of Jellinek (precursor of Arkin), where he became first interested in e-mental health. At times of his graduation, he held a position as junior researcher in the Social Psychology department of the University of Amsterdam, focussing on experimental research on societal risk behaviour and -perception in the research group of prof. dr. J. van der Pligt.

Shortly after his graduation, Matthijs Blankers shifted his focus back to e-mental health and acquired funding for his PhD project from the Netherlands organisation for health research and development (ZonMw), and Arkin. This doctoral dissertation is one of the products of this project, which was executed under supervision of prof. dr. G. M. Schippers. During his PhD project, Matthijs Blankers participated in the European Graduate School in Addiction Research ESADD at the Dresden International University, in Dresden, Germany, with prof. dr. G. Bühringer, prof. dr. W. van den Brink, prof. dr. J. Rehm and prof. dr. R. Room among his main tutors.

In the final year of his PhD project, he acquired additional funding through ZonMw and the Volkswagen Foundation/ESADD, to spend three months at the World Health Organization in Geneva. Here he worked on e-mental health initiatives in Belarus, India, Mexico and Brazil under supervision of dr. I. Vromans, in the department of dr. V. Poznyak.

Currently, Matthijs Blankers is employed as advisor and researcher on e-mental health and information management at Arkin. In the future, he hopes to make valuable contributions to research, development, and implementation of e-mental health, worldwide.