Stress, vulnerability and resilience: a developmental approach

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“Hearts” by Fleur van Velthoven and Tess van den Bichelaar, 4 years old
The development of this thesis has been as much a surprise for me, as well as for others. A few years after deciding to take on a PhD project, Fokko and I decided to move to Singapore. At that point in time it was not clear if it would be even possible to finish my thesis. However, we prioritized to take the opportunity to work and live abroad. It has been one of the most challenging, but also one of the most enriching experiences in my life so far. I have been very lucky to find a way to continue doing research in the same field in Singapore, which enabled me to finally complete this thesis!

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