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### Sleep bruxism

*Associations and comorbid conditions*

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### Publication date

2024

[Link to publication](#)

### Citation for published version (APA):

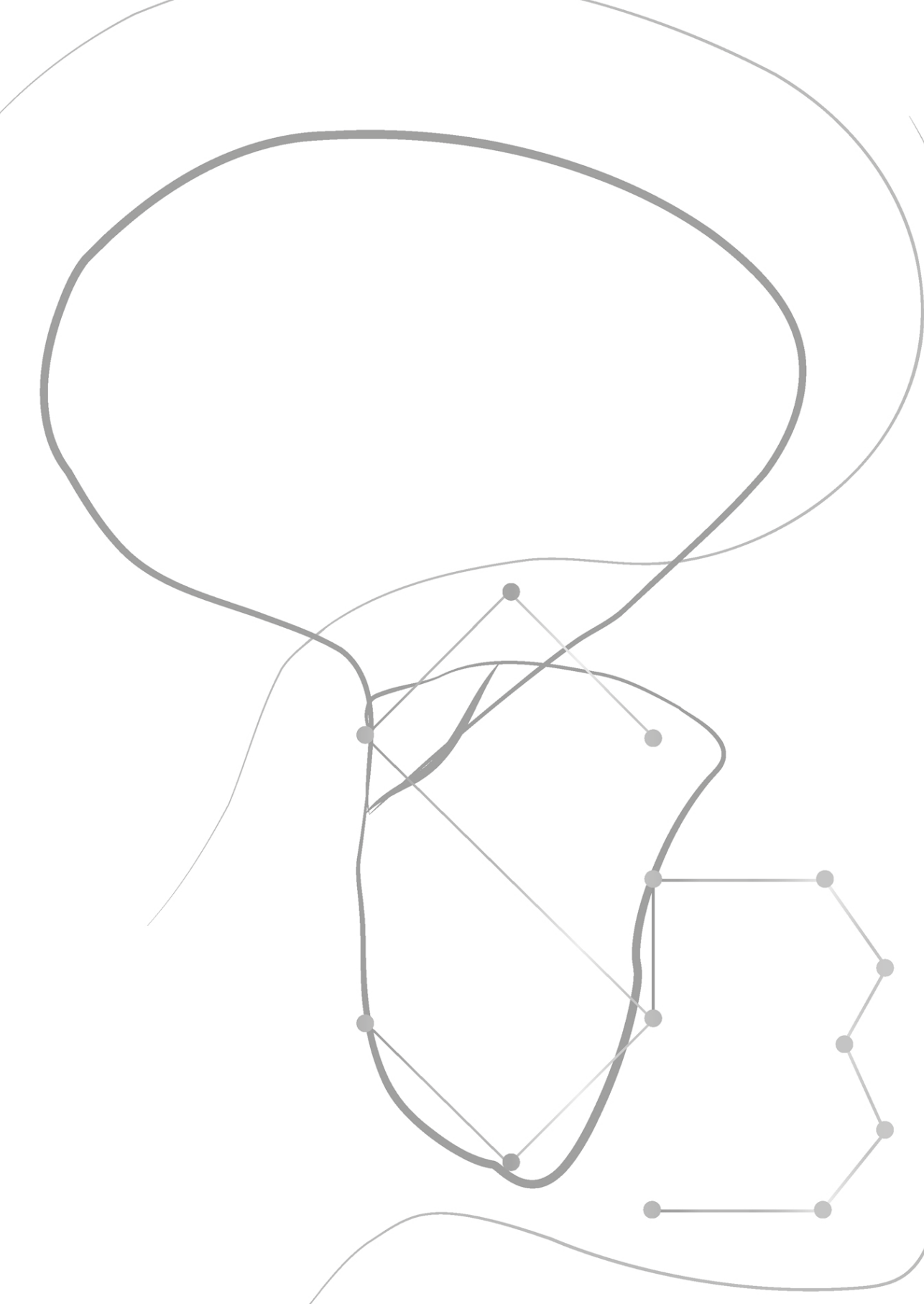
Chattratjai, T. (2024). *Sleep bruxism: Associations and comorbid conditions*. [Thesis, fully internal, Universiteit van Amsterdam].

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# CHAPTER 11

AUTHOR'S CONTRIBUTIONS

LIST OF PUBLICATIONS

ABOUT THE AUTHOR

ACKNOWLEDGEMENTS

## **AUTHORS' CONTRIBUTIONS**

### **Chapter 2| The association between sleep bruxism and awake bruxism: Polysomnographic and electromyographic recordings in women with and without myofascial pain**

*Thiprawee Chattratrai, Malvin N. Janal, Frank Lobbezoo, Karen G. Raphael*

All authors (TC, MJ, FL, and KR) contributed to the study conception and design. MJ collected the data. TC and MJ performed the analyses. TC wrote the first draft. MJ, FL, and KR gave feedback on the draft. All authors critically revised the manuscript and approved the final manuscript.

### **Chapter 3| The association of self-reported awake bruxism and sleep bruxism with temporomandibular pain and dysfunction in adult patients with temporomandibular disorders**

*Thiprawee Chattratrai, Ghizlane Aarab, Naichuan Su, Tessa F Blanken, Somsak Mitirattanakul, Frank Lobbezoo*

All authors (TC, GA, NS, TB, SM, and FL) contributed to the study conception and design. TC performed all statistical analyses with supervision of TB and NS. TC wrote the first draft and supervision was provided by TB, NS, and FL. All authors critically revised the manuscript and approved the final manuscript.

### **Chapter 4| Changes of self-reported sleep and awake bruxism in relation to the management of temporomandibular disorders (“care as usual”) in a specialty clinic population**

*Thiprawee Chattratrai, Magdalini Thymi, Naichuan Su, Frank Lobbezoo*

All authors (TC, MT, NS, FL) contributed to the study conception. TC, MT, and FL contributed to the study design. Data collection was done by TC and MT. TC performed the analyses, and the interpretation was done by TC, MT, and NS. TC wrote the first draft. MT, NS, and FL gave feedback on the draft. All authors critically revised the manuscript and approved the final manuscript.

### **Chapter 5| A network analysis of self-reported sleep bruxism in the Netherlands Sleep Registry: its associations with insomnia and several demographic, psychological, and life-style factors**

*Thiprawee Chattratrai, Tessa F Blanken, Frank Lobbezoo, Naichuan Su, Ghizlane Aarab, Eus J W Van Someren*

TC, TB, FL, GA and EVS contributed to the study conception. All authors (TC, TB, FL, NS, GA, EVS) contributed to the study design. EVS collected the data. TC and TB performed all statistical analyses, and the interpretation was done by TC, TB, and NS. TC wrote the

first draft and supervision was provided by TB, NS, and FL. All authors critically revised the manuscript and approved the final manuscript.

**Chapter 6| Network analysis of sleep bruxism in the EPISONO general population**

*Thiprawee Chatrattraij, Ghizlane Aarab, Tessa F Blanken, Gabriel N Pires, Alberto Herrero Babiloni, Cibele Dal Fabbro, Eus van Someren, Gilles Lavigne, Milton Maluly, Monica L. Andersen, Sergio Tufik, Frank Lobbezoo*

TC, GA, TB, GP, AHB, CDF, EVS, GL, MM, and FL contributed to the study conception. TC, GA, TB, GP, EVS, MM, and FL contribution to the study design. GP, MA, and ST collected the data. TC performed the analyses with a supervision of TB. TC, TB, and GP interpreted the analyses. TC wrote the first draft and supervision was provided by FL. All authors critically revised the manuscript and approved the final manuscript.

## LIST OF PUBLICATIONS

### Included in this thesis

Chattratrai T, Janal MN, Lobbezoo F, Raphael KG. The association between sleep bruxism and awake bruxism: Polysomnographic and electromyographic recordings in women with and without myofascial pain. *J Oral Rehabil.* 2023 Apr 18 [Online ahead of print].

Chattratrai T, Aarab G, Su N, Blanken TF, Mitrirattanukul S, Lobbezoo F. The association of self-reported awake bruxism and sleep bruxism with temporomandibular pain and dysfunction in adult patients with temporomandibular disorders. *Submitted*

Chattratrai T, Thymi M, Su N, Lobbezoo F. Changes of self-reported sleep and awake bruxism in relation to the management of temporomandibular disorders (“care as usual”) in a specialty clinic population. *Submitted*

Chattratrai T, Blanken TF, Lobbezoo F, Su N, Aarab G, Van Someren EJW. A network analysis of self-reported sleep bruxism in the Netherlands sleep registry: its associations with insomnia and several demographic, psychological, and life-style factors. *Sleep Med.* 2022;93:63-70.

Chattratrai T, Aarab G, Blanken TF, et al. Network analysis of sleep bruxism in the EPISONO adult general population. *J Sleep Res.* 2023:e13957.

### Other publications

Chung J, Lobbezoo F, van Selms MKA, Chattratrai T, Aarab G, Mitrirattanukul S. Physical, psychological and socio-demographic predictors related to patients’ self-belief of their temporomandibular disorders’ aetiology. *J Oral Rehabil.* 2021;48(2):109-123.

Huang Z, Aarab G, Chattratrai T, et al. Associated factors of primary snoring and obstructive sleep apnoea in patients with sleep bruxism: A questionnaire study. *J Oral Rehabil.* 2022;49(10):970-979.

Huang Z, Zhou N, Chattratrai T, et al. Associations between snoring and dental sleep conditions: A systematic review. *J Oral Rehabil.* 2023.

## **ABOUT THE AUTHOR**

Thiprawee Chattratrai was born in May 1993 in Bangkok, Thailand. She graduated from the Faculty of Dentistry at Mahidol University in 2017. Then, she worked as a dentist at a government hospital, Sawi Hospital, in Chumphon province, which is located in the southern part of Thailand. After a year of such a fun and memorable experience, she returned to work at the Faculty of Dentistry at Mahidol University, the dental school she was familiar with. During this time, she also studied the graduate diploma in Masticatory Science, specializing in orofacial pain and dysfunction. After completing the program, she was awarded a scholarship from Mahidol University and traveled 5727 miles across continents to begin her PhD at ACTA in September 2019. Throughout her PhD, she conducted research, focusing on sleep bruxism, in collaboration with international colleagues. Additionally, she joined the committee of the Thai Student Association in the Netherlands (TSAN) from 2020 to 2021. Thus, she was able to spend her time with the team organizing online activities during the pandemic and quarantine, and then engage in on-site activities once that era was over. Thanks to a train subscription like NS Weekend Vrij and Museumkaart, she can enjoy her weekends exploring museums, cafés, and other places in multiple cities across the Netherlands. Afterward, she plans to return to Thailand and work as a lecturer and dentist at the Faculty of Dentistry at Mahidol University.

## ACKNOWLEDGEMENTS

### To my teachers...

First of all, I would like to express my gratitude to all my supervisors.

**Frank**, without you, it would have been impossible to make this long journey. You always have time for me, no matter how busy you are at that moment. The discussion during weekly meeting is always one of my motivations for conducting my research and improving myself. Your intelligence, communication and time management skills always inspire me. You always listened to me and encouraged me when I felt insecure. Every time I was nervous, you always comforted me and showed me the good side of every situation. You taught me to take care of my health before work and to balance time between work and life. You showed me how to be a great teacher and a good listener. I hope I can be a good teacher like you. Thank you for your guidance, your support, and all the opportunities you gave me. I feel so fortunate to be your student.

**Ghizlane**, I still remember the first time we met in Thailand. We had a chance to talk about my possibility of doing the PhD here even though you were on vacation. You always had valuable suggestions, and your suggestions sharpened me on how to think scientifically. I also remember your words (even though not exactly) that if we do not try, the chance is zero. Thank you for your thorough and critical feedback. I am so grateful for your guidance.

**Eus**, you always had such ‘wow’ ideas when you gave me your feedbacks or during the meeting. It made me feel inspired to improve myself and develop critical and innovative thinking, just like you. Thank you for all your time and effort in giving me valuable feedback. It was a pleasure working with you.

**Tessa**, you guided me through the network analysis world. For the beginner who barely had experience in R like me, you were incredibly patient and kind to guide me until I could do the network analysis, even though there were multiple Zoom meetings during the pandemic. You were there for me every time I asked those R and network questions. I could not have done this analysis without you. You always taught me how to improve the manuscripts and gave me helpful feedback on my work. I enjoyed every coffee break we had. You always encouraged me to overcome my self-doubt. I was so grateful to know you and have you as my supervisor.

Dear Ajarn **Somsak**, my mentor and my current boss in Thailand, thank you for giving me the opportunity to know Frank and Ghizlane and for your support in letting me pursue



this PhD journey at ACTA. You are a part of my inspiration to be a good teacher and to be a specialized dentist in orofacial pain and dysfunction. I have always appreciated your guidance since I was a dental student until now.

Last, thank you to all my teachers I have studied with. Every part of my education makes me realize that I want to be a good teacher, as I have seen before.

### **To my ACTA colleagues and friends...**

**Zhengfei**, thank you for always listening to me and answering all my questions. I enjoyed the moments we talked about life, research, social issues, traditions, or even politics in China and Thailand. **Ning**, the VDO calls with you helped me a lot during the pandemic. Thank you for your caring and comforting words. Both of you were always so kind to me.

**Naichuan**, you always kindly answered all the questions I asked and explained all the statistical things to me. Thank you for your valuable suggestions on statistics, and for your time and effort in providing feedback on the manuscripts. I had a great time working with you.

**Deshui**, my dear friend, thank you for everything. Your caring and kindness comforted me and helped me through the pandemic. You gave me some advice and tips that helped me when I started this PhD journey. Your catch-up calls and conversations made me feel that I did have friends during the work-from-home era. I was so grateful to know a decent person like you. **Boyuan**, your warm welcome still impressed me. Unbelievably, we lived in the same building and on the same floor! You gave me a lot of useful advice on settling down in the Netherlands and starting my PhD journey. Thank you for your cake, your conversation during the pandemic, and all your help.

**Bart**, it was so nice knowing you and working in 3N-88 together. Your expert stories expanded my little knowledge about technology. Of course, you made me aware of the importance of having both online and offline backups. Thank you for helping me fix all my IT issues. **Magdalini**, it was wonderful collaborating with you. Besides, seeing you work so efficiently inspired me to work more effectively. It was such a nice memory, even though we only worked in the same room for a short time. I did enjoy the time we had in Naples so much and the time we shared our stories as well. Thank you for all your advice and support. **Marisol**, I enjoyed the time we had coffee breaks, the time we went to a Korean restaurant together, and the moments we had various conversations. Thank you for the coffee, the nice cakes, your warm welcome to your lovely house, and a nice brunch. You made my stay in the Netherlands more enjoyable.

**Merel**, you always cheered me up and gave me helpful advice. I was happy and relieved every time we had a conversation. Thank you for your advice and nice energy. **Ginger**, thank you for the welcoming feeling. I liked the moment you greeted me, 'Hi, Thip!' and we had catch-up conversations. **Virginia, Maria**, I enjoyed the time you shared your stories. I remembered the time that four of you held my hands during many rounds of roller skating 101 on the department outing. It was such a fun experience for me. **Loreine**, I always felt the welcoming and positive energy from you in every conversation we had. I would like to thank **Maurits, Michail, Wendy, Patricia, and Ingrid** for all your support.

My ACTA PhD council people, **Zainab, Mouri, Danuta, Yuqing, and Karl**, it was a great experience to be a part of this team. **Zainab** and **Mouri**, thank you for sharing your experiences and those lovely coffee breaks.

Thank you to all other colleagues and friends whom I did not mention here for the good energy you shared; even say hi in the hallway.

### **To my Thai friends...**

No matter how many mutual friends we have, I couldn't have known such a wonderful person like you if I hadn't come to the Netherlands. My journey was surrounded by these lovely people.

**Ping** Your VDO calls saved me from loneliness when all those quarantine regulations were applied. You opened my world on how a scientist thinks and gave me valuable advice. You always listened patiently to all my stories and used your logic to find the solutions. Additionally, you always comforted me when I felt worried. Thank you for being here. It was my pleasure to have a good friend like you.

**Mix**, my dear friend. Even though there was a brief period we spent together during the pandemic, it was memorable. Thank you for your warmth and kindness. My favourite mug is still the one you gave me.

**Namtarn, P'Pim, and P'Pump** Being a part of the TSAN team with you helped me a lot to socialize with other people during the pandemic. You also shared your experiences on your PhD journey. I also liked the moments when we cheered ourselves up.

**P'Wa, P'Ploy, P'Pop, Toey, Boom, Jon, Ying, P'Irin, Pae, Champ, Kim, Dai, P'Nui, P'Cheng, Print, P'Lili, and P'Lhew**, I enjoyed the time we spent on weekends. It was a wonderful and enjoyable experience to explore places across the Netherlands and

Europe with you. Your presence made my weekends and vacations more delightful. **P'Wa, P'Ploy and P'Pop** Thank you for taking care of me like a sister and for your emotional support. **Toey** It was joyful every time we met. I was so grateful that we became friends. **P'Irin and Pae** Thank you for listening and sharing your PhD-related stories.

**P'Krit** Thank you for your helpful suggestion on all official documents, and for catch-up calls. **P'Kim** Thank you for visiting me here and for your encouragement. **Print** You broaden my world with your intriguing ideas. **P'Lili and P'Lhew** Is it because the two of you are psychiatrists, or because you are good listeners, or both? I could feel there might be a therapy session when we met. Spending those weekends with you was so comforting. **P'Lhew** Sometimes I felt that you knew me better than I knew myself. Thank you for listening to all my good (and sometimes not-so-good) news. Thank you for helping me revise this Thai thesis summary as well. Literally, I'm glad we met (in the Netherlands).

**P'Jubjang** Thank you for taking care of me as if I were a part of your family. Thank you for everything you have done for me. **P'Thip and Dennis** You have been taking care of me since day one that I've been in the Netherlands. Your kindness embraced me and made me feel that I was not alone in Amsterdam. Thank you for all the delicious Thai cuisine. I appreciate everything you have done to support and help me.

Thank you to all my friends whom I didn't mention. It was enchanting to have interesting conversations, to enjoy some activities, or to spend some time together.

**P'Ball**, my dear classmate and best friend, you have always been kind to me. You made me feel that you would always be there and listen to me. I feel incredibly lucky to have known you.

Thank you to all my **JS** and **DTMU** friends for your encouragement.

**Papa, Mama, Grandma, and my adorable brothers** Your support mean so much to me. Thank you for everything, Love.

ขอบคุณป๊าป๊า หม่าม้า อาม่า บิ๊กบอส เป็นโบ๊ท ขอบคุณสำหรับทุกอย่าง และที่สนับสนุนบ๊ิกตลอดมา  
ขอบคุณน้อง ๆ ที่น่ารักของเจ้ที่เข้าใจและคอยรับฟังเรื่องราวมากมาย ขอบคุณกำลังใจที่แสนอบอุ่น  
ใจ รักนะคะ

สุดท้ายนี้ ขอขอบคุณป๊ากบ๊ิก ฉันทุมิใจในตัวเธอ



*We don't meet people by accident.  
They are meant to cross our path for a reason.*





