Physical activity in a multi-ethnic population: measurement and associations with cardiovascular health and contextual factors

de Munter, J.S.L.

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About the author

Jeroen de Munter was born on June 18, 1981 in Amsterdam, the Netherlands. In 2001, driven by his enthusiasm for the combination of biology, biological processes, and health, he started his academic career in Health Sciences at the VU University Amsterdam, the Netherlands. During these years he developed a special interest in the field of epidemiology. Jeroen chose to specialize further in Public Health Research, a two-year master’s program at the VU. In the first year of this program, he pursued an internship at the Department of Nutrition and Health, where he worked together with Dr. Colleen Doak and Prof. Jaap Seidell on a project to develop international growth curves for adolescents. In the second year of the master’s program, he gained international experience during an internship at the Department of Nutrition at the Harvard School of Public Health in Boston (MA) in the United States, where he worked together with Dr. Rob van Dam, Dr. Frank Hu, and Prof. Walter Willett on a project to examine the relationship between whole grain intake and the risk of type 2 diabetes in the Nurses’ Health Study. In 2007, after receiving his master’s degree, he began working as researcher under the supervision of Dr. Charles Agyemang, Dr. Irene van Valkengoed, and Prof. Karien Stronks in the Department of Public Health at the Academic Medical Center (AMC), University of Amsterdam. The studies reported in this PhD thesis were conducted at the AMC between 2007 and 2012. Alongside his work as a researcher, Jeroen enjoys an active life together with his wife Ella and daughter Esja, who was born in 2011.
Publication list

1. de Munter JS, Agyemang C, Stronks K, van Valkengoed IG. The relationship of active commuting and leisure time physical activity with measures of socioeconomic position in a multi-ethnic population from the Netherlands: results from the cross-sectional SUNSET study. (submitted)


8. de Munter JS, van Valkengoed IG, Agyemang C, Kunst AE, Stronks K. Large ethnic variations in recommended physical activity according to activity domains in Amsterdam, the Netherlands (included in thesis). Int J Behav Nutr Phys Act 2010;7:85


