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### Enhancing return to work of cancer patients

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**Publication date**  
2012

[Link to publication](#)

#### **Citation for published version (APA):**

Tamminga, S. J. (2012). *Enhancing return to work of cancer patients*. [Thesis, fully internal, Universiteit van Amsterdam].

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**About the author**

Sietske Joke Tamminga was born on the 18<sup>th</sup> of September 1982 in Hilversum, the Netherlands. She graduated from the Alberdingk Thijm College in Hilversum in 2001. Thereafter, she studied *Human Movement Sciences* at the VU University in Amsterdam, the Netherlands and graduated in 2006 with a specialisation in *the coordination, learning and development of action and human movement sciences and health care*. In 2011 Sietske started with the three-year part-time training programme *Work Disability Prevention* at the Dalla Lana school of public health, Toronto, Canada.

Sietske started working in 2006 as a research assistant at the EMGO-institute, VU medical center, Amsterdam, the Netherlands for various research projects concerning among others the prevention of work disability. In January 2008, Sietske went on as a PhD-student at the Coronel Institute of Occupational Health at the Academic Medical Center, Amsterdam, the Netherlands where she developed a hospital-based return to work intervention for cancer patients and studied its effectiveness in a multi-centre randomised controlled trial. The results of this project are described in this thesis. As part of her PhD-project she determined the measurement properties of the Work Limitation Questionnaire (WLQ) among a population of Dutch cancer survivors. Since November 2010 Sietske joined the works council. In addition, Sietske works as a volunteer for the Dutch Federation of Cancer patient organisations (NFK), where she is involved in education on cancer and work.

Currently, Sietske works as a researcher at the Coronel Institute of Occupational Health, Academic Medical Center, Amsterdam, the Netherlands, studying the effectiveness of an e-health intervention aimed at enhancing the return to work of cancer patients.