Creativity under the gun
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“There is no never-ending banquet under the sun”
— Chinese proverb

Although I accept this quote, it’s hard for me to say goodbye to the last four and half years and people I met during this PhD journey. From the East to the West, it has been more than four years of adapting, overcoming and growing. Reflecting back on my time spent on this journey, I am very pleased with what I’m taking away from this experience. This has been one of the most challenging time of my life, and I’m so fortunate to have met many kind and interesting people whose help and support have made this book possible. Thank you!

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