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### The metabolic response to fasting in humans: physiological studies

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one cannot comprehend the pathophysiology of insulin resistance, when the physiological sense of the metabolic adaptations to fasting is not understood

**maarten rené soeters** was born during a heat wave on august 2<sup>nd</sup> 1975 in boston, massachusetts (u.s.a). he graduated from high school in 1993 and started medical training at the university of amsterdam right away. as a student he was active in rowing and cycling. he finished medical training on december 21<sup>st</sup> 2001. despite surgical temptations, he became a resident internal medicine in the kennemer gasthuis in haarlem. after 10 months he started internal medicine training at the academic medical center in amsterdam. in 2004 he joined the metabolic group of prof. dr. h.p. sauerwein, by now dr. m.j.serlie. this resulted in a phd program for which he postponed his internal medicine training between october 2005 and october 2007. on april 1<sup>st</sup> 2008 he started his endocrinology and metabolism fellow-ship under supervision of prof. dr. e. fliers. he is married to hanny hamringa and they have four children.

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maarten r. soeters

## the metabolic response to fasting in humans

physiological studies



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