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Adiabatic ground-state preparation of fermionic many-body systems from a two-body perspective

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A well-known method to prepare ground states of fermionic many-body Hamiltonians is adiabatic state preparation, in which an easy-to-prepare state is time-evolved towards an approximate ground state under a specific time-dependent Hamiltonian. However, which path to take in the evolution is often unclear, and a direct linear interpolation, which is the most common method, may not be optimal. In this work, we explore other types of adiabatic paths based on the spectral decomposition of the two-body projection of the residual Hamiltonian (the difference between the final and initial Hamiltonian). The decomposition defines a set of Hamiltonian terms which may be adiabatically interpolated in a piecewise or combined fashion. We demonstrate the usefulness of partially piecewise interpolation through examples involving Fermi-Hubbard models where, due to symmetries, level crossings occur in direct (fully combined) interpolation. We show that this specific deviation from a direct path appropriately breaks the relevant symmetries, thus avoiding level crossings and enabling an adiabatic passage. On the other hand, we show that a fully piecewise scheme, which interpolates every Hamiltonian term separately, exhibits a worst-case complexity of \( O(L^3/\Delta^3) \) as compared to \( O(L^3/\Delta^3) \) for direct interpolation, in terms of the number of one-body modes \( L \) and the minimal gap \( \Delta \) along the path. This suboptimality result suggests that only those terms which break necessary symmetries should be taken into account for piecewise interpolation, while the rest is treated with direct interpolation.

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I. INTRODUCTION

Quantum computers are currently regarded as a prime candidate for solving problems in condensed matter physics and chemistry that are untractable for classical computers. In particular, since Feynman’s observation of the potential of quantum simulation [1], the pioneering work by Lloyd [2], and the invention of quantum phase estimation [3], interest in the deployment of quantum computers as simulators of highly correlated quantum systems has exploded. A large body of work has been established describing techniques for simulating dynamics of many-body systems on a quantum computer [4–9], and these may be combined with quantum phase estimation in order to estimate eigenenergies [10]. A critical question, however, to make these methods useful, is how to prepare the states of interest—be it thermal states or eigenstates of the system under investigation—that serve as input to the algorithms that simulate dynamics or compute energies. Although experimental efforts using heuristics such as variational quantum eigensolvers [11–14] have shown great success in preparing such states for systems of fixed size, much remains unknown with regards to “solving” highly correlated systems in general.

A well-known method for preparing approximate ground states of complex systems is adiabatic state preparation, which uses the adiabatic theorem to carry out quantum computation. While originally formulated as a tool to approximate quantum dynamics on large time scales with respect to the inverse energy gap, the adiabatic theorem was reintroduced to attack combinatorial problems [15] and to study many-body systems such as Fermi-Hubbard models [16,17] and molecules [18–21].

The idea of adiabatic state preparation (ASP) is to prepare an eigenstate \( |\psi^f\rangle \) of a “final” Hamiltonian \( H^f \), starting with an eigenstate \( |\psi^i\rangle \) of an “initial” Hamiltonian \( H^i \) which is straightforward to prepare. Given this initial state, one time-evolves the state according to the time-rescaled Schrödinger equation,

\[
\frac{d}{ds}|\psi(s)\rangle = T H(s)|\psi(s)\rangle,
\]

where \( s = t/T \) is a dimensionless time, and \( T \) is the total (physical) evolution time. (We work in units such that \( \hbar = 1 \).) The evolution is carried out under a time-dependent Hamiltonian \( H(s) \) which equals \( H^f \) at \( s = 0 \) and \( H^i \) at \( s = 1 \).

After an evolution with time \( s \), one obtains a state \( |\psi^f(s)\rangle = U^T(s)|\psi(0)\rangle \), where \( |\psi(0)\rangle \equiv |\psi^i\rangle \) and \( U^T(s) \) solves Eq. (1). By what is known as the adiabatic theorem, the state at the end of this evolution, \( |\psi^f(T)\rangle \), will be close to the final eigenstate \( |\psi^f\rangle \) if \( T \) is sufficiently large. One variant of this adiabatic theorem which precisely indicates what “close” and “sufficiently large” mean in this context is due to Jansen et al. [22]. The statement is that if \( H(s) \) is a Hamiltonian defined on the interval \([0, 1]\) which for every \( s \in [0, 1] \) has an instantaneous eigenstate \( |\psi(s)\rangle \) whose energy is separated from the rest of the spectrum by \( \Delta(s) > 0 \), then for any \( s \in [0, 1] \), the condition

\[
T \geq \delta^{-1/2} \left( \int_0^1 \left[ \frac{\| \partial_s^2 H(s) \|}{\Delta^2(s)} + 2 \frac{\| \partial_s H(s) \|^2}{\Delta^3(s)} \right] ds + B \right),
\]

(2)
where $\| \cdot \|$ denotes the operator norm and $B$ is a boundary term that may be set to zero if $H(0) = H(1) = 0$, is sufficient to guarantee that
\[
|\langle\psi(s)\rangle |^T(s) - (s)| \geq 1 - \delta.
\] (3)
providing that $|\psi^T(0)\rangle = |\psi(0)\rangle$. Throughout the rest of this paper, we will consider the case where $|\psi(s)\rangle$ is the ground state of $H(s)$.

In principle, any adiabatic evolution may be implemented on a gate-based quantum computer through Trotter-Suzuki [23,24] or more sophisticated time-dependent Hamiltonian simulation methods [25–27]. Alternative approaches approximate the evolution through a series of measurements [28,29] or simulations thereof [30,31].

The most commonly used interpolation method in adiabatic state preparation is a direct linear interpolation between $H^l$ and $H^f$ [32], which is to say that
\[
H(s) = H^l + s(H^f - H^l).
\] (4)
However, this method is rather restrictive as the evolution is controlled by only a single parameter, $s$. Thus, the evolution is sensitive to gap closures along the path, which cannot be avoided. An obvious solution is to increase the number of control parameters in the passage from $H^l$ to $H^f$. This approach is discussed by Tomka et al. [33], who show that evolving along a geodesic path, based on the quantum metric tensor (or Fubini-Study metric) with respect to the control parameters, maximizes the local fidelity along the path. In addition, they show that an increase in the number of control parameters leads to higher final fidelities. Put simply, their results rely on the fact that geodesic paths “walk around” regions of parameter space associated with small energy gaps, thus minimizing diabatic errors. A similar category of methods to avoid problematic regions in adiabatic state preparation is known as counteradiabatic driving, where an additional Hamiltonian term is added during the evolution which actively suppresses diabatic errors and is set to zero at the end [34–36].

The problem with these approaches, however, is that their implementation becomes infeasible for large, complex systems. For counteradiabatic driving to work, the eigenstates and spectrum of the Hamiltonian must be known along the path, which is something we cannot expect to achieve in such settings. For the geodesic approach, the main roadblock is the inability to solve the geodesic equations, which become inaccessibly large systems of differential equations already for small many-body problems.

In this work, we introduce a more hands-on approach to produce different types of adiabatic paths for generic fermionic many-body Hamiltonians in a second quantized representation. Section II gives a brief description of such systems. The adiabatic paths are based on a decomposition of the coefficient tensor of such Hamiltonians (Sec. III), which defines a set of control parameters that govern the adiabatic evolution. We emphasize that such adiabatic paths can be seen as a different view on adiabatic state preparation for fermionic systems by considering many-body Hamiltonians in terms of their two-body eigenstates. We demonstrate, through a set of worked examples (Sec. IV), that there exist scenarios in which direct interpolation suffers from level crossings caused by (discrete) symmetries, and how the two-body decomposition may be used to explicitly break symmetries and lift crossings almost surely without making any other assumptions or choices in the design of the interpolation path. In Sec. V, we show how a description of these two-body eigenstates as superpositions of fermion pairs, following a suitable one-body transformation, leads to a worst-case adiabatic complexity in terms of the number of one-body modes $L$ and a minimum gap $\Delta$ (Sec. V). The implications of this analysis are discussed for different systems. We summarize and conclude in Sec. VI.

II. MANY-BODY HAMILTONIANS

Of interest in this work are generic fermionic, interacting, particle-conserving many-body Hamiltonians, expressed in a second-quantized representation as
\[
H = \sum_{P,Q=1}^L h_{PQ} a^\dagger_P a_Q + \frac{1}{2} \sum_{P,Q,R,S=1}^L g_{PQRS} a^\dagger_P a^\dagger_Q a_R a_S.
\] (5)
where $P, Q, R, S$ index general single-particle modes (which may include a spin index, in which case the modes are known as spin orbitals). Furthermore, the coefficients $h_{PQ}$ and $g_{PQRS}$ describe the one- and two-body terms, respectively, and the fermionic creation (annihilation) operators $a^\dagger_P (a_P)$ satisfy the canonical anticommutation relations,
\[
\{a_P, a_Q\} = \{a^\dagger_P, a^\dagger_Q\} = 0,
\] (6)
\[
\{a^\dagger_P, a_Q\} = \delta_{PQ}.
\]
Depending on context, we will sometimes split a single-particle mode into a spatial and a spin component, writing lowercase $p, q, r, s$ for the spatial and $\sigma, \nu, \tau, \varphi$ for the spin component.

Such Hamiltonians are the central object of study in chemistry and condensed matter theory. In chemistry, the starting point for describing molecules is typically the electronic structure Hamiltonian in the nonrelativistic Born-Oppenheimer approximation, given in first quantization by
\[
\hat{H} = E_{\text{nuc}} - \sum_i \frac{1}{\hbar} \left| r_i - \mathbf{r}_i \right|^2 + \frac{1}{2} \sum_{ij} \left| \mathbf{r}_i - \mathbf{r}_j \right|^2 + \frac{1}{\hbar} \sum_{ij} \frac{1}{\mathbf{r}_i - \mathbf{r}_j}.
\] (7)
where the uppercase indices run over all nuclei and the lowercase indices label the electrons. $E_{\text{nuc}}$ is a nuclear energy constant which may be set to zero for practical purposes. When we project the Hilbert space onto a fixed basis set $\{|\psi_{\text{nuc}}\rangle\}$ consisting of single-particle modes (which may be assumed to be real, following common practice), the projected electronic structure Hamiltonian assumes the form of Eq. (5) with
\[
h_{\text{pov}} = h_{pq} \delta_{\sigma \nu} \delta_{\tau \varphi},
\] (8)
\[
g_{\text{pov}} = \int d\mathbf{r}_1 \psi^\dagger_p(\mathbf{r}_1) \hat{H} \psi_p(\mathbf{r}_1),
\] (9)
\[
g_{\text{pqrs}} = \int d\mathbf{r}_1 d\mathbf{r}_2 \psi^\dagger_p(\mathbf{r}_1) \psi^\dagger_q(\mathbf{r}_1) \hat{H} \psi_r(\mathbf{r}_2) \psi_s(\mathbf{r}_2).
\] (10)
From these expressions we may draw the symmetry conditions
\[ h_{pq} = h_{qp} \] (11)
\[ g_{pQRS} = g_{RSQP} = g_{PRQS} = g_{PQRS}, \]
which we shall assume are satisfied for all Hamiltonians considered in this paper. Note that the Hermiticity of the Hamiltonian is guaranteed by the use of real-valued single-particle modes.

The electronic structure Hamiltonian may be simplified by restricting the electrons to orbitals localized at sites arranged on a lattice, and neglecting any Coulomb interaction between different sites. Taking one orbital per site, one arrives at the single-band Fermi-Hubbard (FH) Hamiltonian,
\[ H = j \sum_{\langle p,q \rangle, \sigma} (a_{p \sigma}^\dagger a_{q \sigma} + a_{q \sigma}^\dagger a_{p \sigma}) + U \sum_p n_{p \uparrow} n_{p \downarrow} + \mu \sum_{p \sigma} n_{p \sigma}, \]
where \( j \) is the hopping strength between two neighboring sites, \( U \) is the on-site Coulomb interaction, and \( \mu \) is a chemical potential strength. The Fermi-Hubbard model may be written in the form of Eq. (5) with coefficients as in Eq. (8) through the identification
\[ h_{pq} = \begin{cases} j & \text{if sites } p \text{ and } q \text{ are neighbors}, \\ 0 & \text{else}, \end{cases} \]
\[ g_{pQRS} = U \delta_{pq} \delta_{rs} \delta_{pr}, \] (14)
which are readily seen to exhibit the symmetries of Eqs. (11) and (12). In Sec. IV, we study a generalization of the one-dimensional FH Hamiltonian that allows for spin-dependent hopping strengths, i.e., \( h_{(p\sigma q \sigma)\rho \varsigma} = h_{pq}^{\sigma \rho} \delta_{\sigma \varsigma}. \)

Throughout the rest of this paper, we will work with a fixed particle number (denoted \( N \)) for each Hamiltonian. In a sector of fixed \( N \), we can absorb the one-body terms of any Hamiltonian of the form in Eq. (5) into the two-body terms, by inserting the identity as
\[ \delta_{\sigma \varsigma} = \delta_{\sigma \varsigma} \sum_{\gamma} a_{\gamma \rho}^\dagger a_{\gamma \varsigma} = \delta_{\sigma \varsigma} \sum_{\gamma} a_{\gamma \rho}^\dagger a_{\gamma \varsigma} \]
and when we define
\[ w_{PQRS} := \frac{h_{pq} \delta_{RS} + \delta_{pq} h_{RS}}{N-1}, \]
then we may write the one-body operator as
\[ \sum_{pq} h_{pq} a_{\rho \sigma}^\dagger a_{\varsigma} = \frac{1}{2} \sum_{PQRS} w_{PQRS} a_{\rho \sigma}^\dagger a_{\varsigma} a_{S \sigma} a_{Q \varsigma}. \] (17)

Now define the combined one-body and two-body interaction tensor
\[ G_{PQRS} := \frac{1}{2} (w_{PQRS} + g_{PQRS}) \] (18)
and observe that
\[ H = \sum_{PQRS} G_{PQRS} a_{\rho \sigma}^\dagger a_{\varsigma} a_{S \sigma} a_{Q \varsigma}; \]
the one- and two-electron terms have now been combined into a single term. We shall refer to \( G \) as the interaction tensor of \( H \).

Lastly, it will be convenient to express \( H \) as a sum over only the unique pairs \( (P,R) \) and \( (Q,S) \): by invoking the fermionic anticommutation relations, we may write
\[ H = \sum_{P \neq R < Q \neq S} \tilde{G}_{PQRS} a_{\rho \sigma}^\dagger a_{\varsigma} a_{S \sigma} a_{Q \varsigma}, \] (20)
with
\[ \tilde{G}_{PQRS} := G_{PQRS} - G_{PSRQ} - G_{RQPS} + G_{RPQS} = 2 (G_{PQRS} - G_{PSRQ}). \] This tensor shall be termed the antisymmetrized interaction tensor of \( H \).

 Naturally, if the initial Hamiltonian \( H^1 \) contains all one-body terms, then there is no need to explicitly include them in the two-body terms of the residual Hamiltonian \( H^2 \) as described above. In Sec. IV we will see an example of this where \( H^1 \) takes the form of a mean-field (also known as Hartree-Fock) approximation.

### III. ADIABATIC STATE PREPARATION BY TWO-BODY EIGENDECOMPOSITION

In this work, we deviate from the direct interpolation approach [Eq. (4)] by decomposing the residual Hamiltonian \( H^2 = H^1 - H \) into a sum of terms \( H_k^2, k \in \{1, \ldots, M\} \), and evolving a linear combination of the terms \( H_k^2 \). That is,
\[ H(s) = H^1 + \sum_{k=1}^{M} \gamma_k(s) H_k^2. \] (21)

The decomposition defines an \( M \)-dimensional parameter space in which we consider paths \( \gamma(s) \) restricted to a hypercube, starting from \( \gamma(0) = [0, 0, \ldots, 0] \) and ending at \( \gamma(1) = [1, 1, \ldots, 1] \).

We define the residual terms \( H_k^2 \) through a decomposition of the antisymmetrized interaction tensor of \( H^2 \). This is akin to known low-rank factorization methods of the two-body part of the interaction tensor, aimed at achieving improved memory efficiency and speed-ups in quantum simulation implementations [9,37]. Whereas most of these works focus on the Cholesky decomposition of the interaction tensor [38–40], we use an eigendecomposition. More precisely, we regard the antisymmetrized interaction tensor \( \tilde{G} \) as an \( L(L-1)/2 \times L(L-1)/2 \) matrix \( F \), by combining the indices \( (PR) \) and \( (QS) \):
\[ F_{(PR)(QS)} := \tilde{G}_{PQRS}. \] (22)

We point out that \( F \) represents a two-particle Hamiltonian, since in the two-particle sector, the operator string \( \tilde{a}_P^\dagger \tilde{a}_Q \tilde{a}_S \tilde{a}_Q \) is equivalent to the outer product \( (PR)(QS) \). For this reason, we refer to \( F \) as the two-particle matrix. Note, however, that the noninteracting part of \( F \) is scaled by a factor \( 1/(N-1) \) with respect to that of \( H^2 \), which arises from the insertion of identity [Eq. (15)].

Now, since \( F \) is symmetric with respect to the exchange \( (PR) \leftrightarrow (QS) \) [following from the symmetry conditions of Eqs. (11) and (12)], we may eigendecompose \( F \) into (normalized) orthogonal eigenvectors,
\[ F_{(PR)(QS)} = \sum_k \lambda_k \phi_k^{(PR)} \phi_k^{(QS)}, \] (23)
and define

\[ H_k^R := \lambda_k \left( \sum_{P<R} \phi_k^{(PR)} a_p^+ a_R \right) \left( \sum_{Q>S} \phi_k^{(QS)} a_S a_Q \right) =: \lambda_k \Phi_k. \tag{24} \]

In the following, we will refer to \( \lambda_k \) as the two-body eigenvalues, the states \( |\phi_k\rangle = \sum_{P<R} \phi_k^{(PR)} a_p^+ a_R |\text{vac}\rangle \) as the two-body eigenstates, and the operators \( \Phi_k \) as the pseudoprojectors of \( F \).

**IV. LIFTING CROSSINGS BY SYMMETRY BREAKING IN FERMI-HUBBARD MODELS**

We will now illustrate how our method applies to cases where a discrete symmetry in the Hamiltonian is influential on the course of the adiabatic evolution. In particular, we consider the situation in which the initial Hamiltonian and the final Hamiltonian share such a symmetry. In such a case, if the ground states of the initial and final Hamiltonian belong to different symmetry sectors, then necessarily at some point the energy levels cross and an excited state is obtained at the end of the adiabatic evolution. This is a known problem that was addressed in the work by Farhi et al. [15] and also plays a role in many-body contexts [41]. We note that, by the Von Neumann–Wigner theorem, the probability that a gap closure is encountered in a continuous set of Hamiltonians parametrized by a single parameter is extremely low unless the set conserves a symmetry [42, 43]. As such, the only source of degeneracies we expect in practical settings is a symmetry in the problem instance. Typically, the solution is to add a symmetry-breaking field to the interpolation Hamiltonian in the problem instance. Usually, the states

\[ \langle \sum_{P<R} \phi_k^{(PR)} a_p^+ a_R |\text{vac}\rangle \]

are distinct, then all two-body eigenstates \( \lambda_k \) are distinct, then all two-particle states \( |\phi_k\rangle \), being eigenstates of the residual Hamiltonian \( H^R \), are also eigenstates of the symmetry operator \( U \), and thus all Hamiltonian terms \( H_k^R \) commute with \( U \). In such a case, no symmetry is broken. However, if the two two-body eigenstates with different symmetry are degenerate, then these two-body eigenstates may be mixed to produce new Hamiltonian terms which do not commute with \( U \) and therefore break the symmetry. Note that for any discrete symmetry, only a finite number of mixings produce two-body eigenstates that respect the symmetry, and thus keep the symmetry of the interpolating Hamiltonian intact; as such, one may simply pick a Haar random mixing to ensure that the symmetry of the interpolating Hamiltonian is broken with unit probability.

With these considerations in mind, we will focus on the following class of systems: (i) the initial and final Hamiltonian share a (discrete) symmetry; (ii) the ground states of the initial and final Hamiltonian belong to different symmetry sectors; and (iii) the resulting residual Hamiltonian has at least two degenerate two-body eigenstates in different symmetry sectors. For this class of systems, the two-body eigendecomposition method provides an out-of-the-box strategy for breaking the symmetry and opening up a gap along the path, without making any arbitrary choices regarding the symmetry-breaking field (apart from the choice of the two-body mixing, which can be randomized). We emphasize that in particular the third condition may be checked in a time scaling at most quadratically in \( L \) (the number of one-body modes).

We demonstrate this idea with two simple examples belonging to the class defined above. We will show that, taking a mean-field (Hartree-Fock) approximation as the initial Hamiltonian, all three conditions are satisfied. In such a situation, straightforward adiabatic following of the Hartree-Fock state cannot avoid a crossing into an excited state. A multistep adiabatic procedure, along the lines presented in this paper, will avoid the crossing altogether and allow a convergence on the true ground state.

**A. Fermi-Hubbard trimer**

First, consider the following two-particle, three-site Fermi-Hubbard model:

\[
H = \sum_{\sigma} j_{ij} (a_{i\sigma}^+ a_{j\sigma} + a_{j\sigma}^+ a_{i\sigma}) + j_{13} a_{1\sigma}^+ a_{3\sigma} + H.c. + U (n_{1\uparrow} n_{1\downarrow} + n_{3\uparrow} n_{3\downarrow}),
\]

so that indeed \( [\Phi, U] = 0 \). This has the following implication: if all two-body eigenvalues \( \lambda_k \) are distinct, then all two-particle states \( |\phi_k\rangle \), being eigenstates of the residual Hamiltonian \( H^R \), are also eigenstates of the symmetry operator \( U \), and thus all Hamiltonian terms \( H_k^R \) commute with \( U \). In such a case, no symmetry is broken. However, if the two two-body eigenstates with different symmetry are degenerate, then these two-body eigenstates may be mixed to produce new Hamiltonian terms which do not commute with \( U \) and therefore break the symmetry. Note that for any discrete symmetry, only a finite number of mixings produce two-body eigenstates that respect the symmetry, and thus keep the symmetry of the interpolating Hamiltonian intact; as such, one may simply pick a Haar random mixing to ensure that the symmetry of the interpolating Hamiltonian is broken with unit probability.

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\]

where \( n_{i\sigma} = a_{i\sigma}^+ a_{i\sigma} \); \( j, j_1, j_3 \) and \( U \) are real constants; and we set \( j_1 = j_{13} = -j_3 \). The discrete symmetry we will keep track of is the reflection of sites 1 ↔ 3. We assume \( j > 0 \) throughout.
1. The case $U = 0$

Let us first consider $U = 0$. For $j_{13} = j$, the one-body kinetic energy terms for spin up have two degenerate ground states, at energy $E_{\text{kin}} = -j$. For $j_{13} < j$ the unique ground state is symmetric (S), while for $j_{13} > j$ the ground state is antisymmetric (A). This makes clear that the ground state for one spin-up and one spin-down particle is symmetric for $j_{13} < j$ but antisymmetric for $j_{13} > j$. Turning on $U < 0$ will shift the S-A transition to lower values of $j_{13}$. The Hartree-Fock mean-field solution follows this trend, but we will see that there are values of $j_{13}$ where Hartree-Fock places the ground state in the wrong symmetry sector.

2. The case $U < 0$: Tracing the ground state of $H$

Turning on a negative $U$ will change the nature of the two-body ground state.

For small $|U| \ll j$ and $j_{13} = j + \delta$ the energies of the symmetric (S) and antisymmetric (A) states split as (in first-order perturbation theory in $U, \delta$)

$$E_S = -3j + U/9 - \delta/3, \quad E_A = -3j + U/3 - 5\delta/3, \quad (28)$$

implying that the S-A crossing (as a function of $j_{13}$) shifts to $j_{13} = j + j/U/6$, that is, to a smaller value of $j_{13}$.

For $U$ large and negative, the two electrons will tend to form a local pair at site 1 or 3, with energy $U$. In second-order perturbation theory, taking into account processes with two hops (of strength $j$ or $j_{13}$) connecting the pair states with unpaired states at energy 0, the on-site energies of these pairs are adjusted to

$$\epsilon_1 = \epsilon_3 = U + 2j^2/U + 2j_{13}^2/U, \quad (29)$$

while the pair hopping amplitude becomes

$$t_{13} = -2j_{13}^2/U. \quad (30)$$

This leads to S and A ground-state energies

$$E_S^{(2)} = U + 2j^2/U, \quad E_A^{(2)} = U + 2j^2/U + 4j_{13}^2/U. \quad (31)$$

Including terms of order $j^4/U^3$, $j^2j_{13}^2/U^3$, and $j_{13}^4/U^3$, we find

$$E_S^{(4)} = U + 2j^2/U + 8j^4/U^3 + 14j^2j_{13}^2/U^3 + O\left(\frac{(j^2 + j_{13}^2)^3}{U^5}\right), \quad (32)$$

$$E_A^{(4)} = U + 2j^2/U + 4j_{13}^4/U^3 - 4j^4/U^3 + 2j^2j_{13}^2/U^3 - 16j_{13}^4/U^3 + O\left(\frac{(j^2 + j_{13}^2)^3}{U^5}\right). \quad (33)$$

This puts the S-A crossing (in an expansion in terms of $j/U$) at $j_{13} = \sqrt{3}j^2/U$.

3. The case $U < 0$: Hartree-Fock approximation

To write a mean-field (Hartree-Fock) ansatz, we should first decide on the symmetry sector. For an overall antisymmetric ansatz, we have

$$|\text{HF, A}\rangle = \frac{1}{\sqrt{2}}(a_{1\uparrow}^\dagger - a_{3\uparrow}^\dagger) - \frac{1}{\sqrt{2} + x^2}(a_{1\downarrow} + xa_{2\downarrow}^\dagger + a_{3\downarrow}^\dagger)|\text{vac}\rangle. \quad (34)$$

The expectation value becomes

$$\langle H \rangle_{\text{HF, A}} = \frac{1}{2 + x^2}[4jx - 2j_{13} - (2 + x^2)]j_{13} + U] = \frac{1}{2 + x^2}[\langle U - 4j_{13} \rangle + 4jx - j_{13}x^2]. \quad (35)$$

This expression is minimized for (keeping the leading terms in an expansion in terms of $j/U, j_{13}/U$)

$$x = 4j/U \implies \langle H \rangle_{\text{HF, A}}^{\text{min}} = \frac{U}{2} - 2j_{13} + 4j^2/U + O\left(\frac{(j + j_{13})^3}{U^2}\right). \quad (36)$$

The competing ansatz is symmetric in both the up and the down factors,

$$|\text{HF, S}\rangle = \frac{1}{\sqrt{2 + y^2}}(a_{1\uparrow}^\dagger + ya_{2\uparrow}^\dagger + a_{3\uparrow}^\dagger) \times \frac{1}{\sqrt{2 + x^2}}(a_{1\downarrow}^\dagger + xa_{2\downarrow}^\dagger + a_{3\downarrow}^\dagger)|\text{vac}\rangle, \quad (37)$$

leading to

$$\langle H \rangle_{\text{HF, S}} = \frac{1}{(2 + x^2)(2 + y^2)}[4jx(2 + x^2) + 4jy(2 + y^2) - 2(2 + y^2)j_{13} + 2(2 + x^2)]j_{13} + 2U] = \frac{1}{(2 + x^2)(2 + y^2)}[8j(x + y) + 4j(xy^2 + yx^2) + 2(x^2 - y^2)j_{13} + 2U]. \quad (38)$$

In leading order, the minimum energy is reached for

$$x = y = 4j/U \implies \langle H \rangle_{\text{HF, S}}^{\text{min}} = \frac{U}{2} + 8j^2/U + O\left(\frac{j^4}{U^3}\right). \quad (39)$$

Comparing the expressions in the S and A sectors, we conclude that, in mean field and to leading order in $j/U$, the S-A crossing happens at $j_{13} = 2j^2/U$.

4. Adiabatic procedure

Suppose now that we consider the Fermi-Hubbard trimer with $j > 0$, $U < 0$, $|U| \gg j$, and $\sqrt{3}j^2/U < j_{13} < 2j^2/U$ and try to identify the ground state with a single spin-up and spin-down particle through adiabatic following. We have just demonstrated that in this situation, the Hartree-Fock (HF) solution is in the S sector, while the true ground state is in the A sector. This means that the adiabatic procedure will fail altogether and end up in a symmetric state, which is an excited state of H.

Let us now consider how the stepwise procedure works out in this example. The adiabatic procedure starts from the HF Hamiltonian, with mean-field parameters (called $x, y$ in the
above) optimized for our choice of $U$, $j$ and $j_{13}$. It is obtained from $H$ by replacing
\[ n_{i\uparrow} n_{i\downarrow} \rightarrow n_{i\uparrow} \langle n_{i\downarrow} \rangle + \langle n_{i\uparrow} \rangle n_{i\downarrow} - \langle n_{i\uparrow} \rangle \langle n_{i\downarrow} \rangle. \] (40)
This implies that the exact two-body Hamiltonian $H^{(2)}$ differs from the two-body HF Hamiltonian via diagonal terms only, which directly correspond to the two-body eigenvalues $\lambda_k$ of the stepwise adiabatic following from $H^{(2)}$ to $H_{\text{HF}}^{(2)}$. The system has two degenerate two-body ground states; the symmetry-adapted forms are
\[ |\pm\rangle := \frac{1}{\sqrt{2}} (|1\uparrow 1\downarrow \rangle \pm |3\uparrow 3\downarrow \rangle) \] (41)
and the corresponding eigenvalue is
\[ \lambda = \frac{U}{2} + \frac{32 j^4}{U^3} + O\left(\frac{j^6}{U^5}\right). \] (42)
As explained before, we can pick a Haar random mixing of these two two-body eigenstates to appropriately break the symmetry and allow an adiabatic passage, with unit probability. For concreteness, we pick the states $|1\uparrow 1\downarrow \rangle$ and $|3\uparrow 3\downarrow \rangle$, corresponding to the number operators at sites 1 and 3, respectively. We can then design the stepwise adiabatic procedure as follows. Defining
\[ H_1^i = \lambda a_{1\uparrow}^i a_{1\downarrow} a_{1\uparrow}^\dagger a_{1\downarrow}^\dagger \]
\[ H_3^i = \lambda a_{3\uparrow}^i a_{3\downarrow} a_{3\uparrow}^\dagger a_{3\downarrow}^\dagger \]
\[ H_{\text{rest}}^i = H - H_{\text{HF}} - H_1^i - H_3^i, \] (43)
we interpolate thus:
\[ H^i \rightarrow H^i + H_1^i \]
\[ \rightarrow H^i + H_1^i + H_{\text{rest}} \]
\[ \rightarrow H^i + H_1^i + H_{\text{rest}} + H_3^i = H. \] (44)
With this, the discrete symmetry is broken along all steps of the path, and the S-A crossing, which derails the direct adiabatic interpolation from the HF to the exact Hamiltonian, is avoided. The resulting development of the instantaneous gap can be seen in Fig. 1. Through numerical solutions to the Schrödinger equation, we obtain final infidelities with the exact ground state for different sweep times, as seen in Fig. 2.

B. Fermi-Hubbard model on four sites with alternating hopping
As a second example, we present a variation on the same theme: a simple model for correlated electrons where a mean-field (Hartree-Fock) solution is unable to correctly incorporate two-body correlations and as a result puts the ground state in the wrong symmetry sector, derailing adiabatic interpolation with the HF state as the starting point. The stepwise adiabatic procedure based on two-body eigenspaces cures this situation.
FIG. 3. Instantaneous gaps in the direct and stepwise adiabatic ground-state preparation of the four-site Fermi-Hubbard model with alternating spins, with $U = -2$, $j = 1$, and $\delta = 0.1$. The direct interpolation causes a level crossing around $s = 0.67$. The stepwise interpolation is carried out by adding a single projector onto one of the sites in the first half, and the rest of $H - H_{HF}$ in the second half. It is observed that the stepwise method avoids the level crossing.

with a uniform $U < 0$ but spin-dependent, nonuniform hoppings

$$j_{1\sigma} = j_{3\sigma} = j, \quad j_{2\uparrow} = j_{4\downarrow} = j + \delta, \quad j_{2\downarrow} = j_{4\uparrow} = j - \delta.$$ (46)

Note that we assume periodic boundary conditions, identifying site $i = 5$ with $i = 1$. We assume half filling, $N_i = N_i = 2$.

The Hamiltonian $H$ is invariant under a reflection $1 \leftrightarrow 4$, $2 \leftrightarrow 3$. Assuming $j > 0$ and $0 < \delta < j$, it is quickly found that for $U = 0$ the spin-up particles have a symmetric (S) ground state, while the ground state for particles with spin down is antisymmetric (A). This renders the overall ground state antisymmetric (A).

1. Tracing the exact ground state

Turning on $U < 0$ will change the nature of the ground state, as the particles will tend to form two local pairs. For $|U| \ll j$, there is an effective description in terms of two such pairs with induced pair hopping of order $j^2/U$. It is quickly checked that this leads to a symmetric (S) ground state. The symmetry sector of the many-body ground state will thus change from $A$ to $S$ at a critical value $U_c(j, \delta) < 0$.

For a quick estimate of the crossover point from $A$ to $S$, we can follow, in (degenerate) first-order perturbation theory in $U$ and $\delta$, in the lowest two energy eigenstates (here labeled by their symmetry $A$ or $S$),

$$\langle H \rangle_A = -4j - 2\delta + U, \quad \langle H \rangle_S = -4j + \frac{5}{4}U,$$ (47)

putting the A-S crossover at $U_c = -8\delta$.

2. Mean-field (Hartree-Fock) and adiabatic procedure

As in our previous example, a HF state is unable to accommodate the correlations induced by $U < 0$. In fact, since all four sites are on equal footing, self-consistent mean fields for both the up and down spins will be uniform on all four sites and will not affect the one-particle states that make up the HF ground state. The mean-field ground state thus be the same as that of the noninteracting problem, and it will be antisymmetric (A). This means that, for $|U|$ larger than $|U_c|$, direct adiabatic interpolation from the Hartree-Fock Hamiltonian $H_{HF}$ (into which we absorb the uniform mean-field energy shift) to $H$ will result in an excited state of $H$. The stepwise procedure based on two-particle eigenstates of $H_{HF} - H$ avoids this problem. It has four nonzero two-body eigenvalues $\lambda_k$ connected to projectors on each of the sites. As in the three-site example, the two-body eigenstates corresponding to the number operators at these sites are symmetry-broken states. Adding one of these in the first step and the other three in the second step gives an adiabatic path that breaks the left-right symmetry and thereby avoids the crossing, allowing a correct interpolation from the antisymmetric HF state to the symmetric ground state of $H$. This can be seen in Fig. 3. We numerically integrate the Schrödinger equation to obtain fidelity profiles for direct and stepwise interpolation for both parameter settings. As seen in Fig. 4, direct interpolation fails to produce a state with any overlap with the true ground states, while stepwise interpolation succeeds in doing so. In the same model with $U > 0$, the stepwise adiabatic following similarly avoids the problem of an exact A-S crossing, but in that case the gaps coming with the stepwise procedure are smaller and tend to decrease with $\delta$. This is seen in Fig. 5. As with the trimer example, the fidelity profiles obtained from numerically solving the Schrödinger equation (Fig. 6) show failure of direct interpolation and success of the stepwise method.

V. COMPLEXITY CONSIDERATIONS

Having seen the potential of a (partially) piecewise interpolation to lift gap closures, we will now study more generally the worst-case complexity of direct and piecewise paths, in view of the adiabatic complexity bound of Eq. (2). For simplicity, we replace the gap $\Delta(s)$ with its minimum $\Delta = \min_{s \in [0, 1]} \Delta(s)$, and consider complexity in terms of this...
one may always pick all parameter. What remains, then, is to determine the scaling of the numerators

\[ I_n := \int_0^1 \| \partial_s^2 H(\sigma) \|^2/2 d\sigma \quad (n \in \{1, 2\}) \]  

in the system size. Since for typical systems of interest the number of particles \( N \) scales proportionally with the number of one-particle modes \( L \), we take \( L \) as the system size scaling parameter.

Now, from Eqs. (21) and (24),

\[ \| \partial_s^n H(s) \| \leq L^{(L-1)/2} \sum_{k=1}^{L(L-1)/2} |\lambda_k| \cdot \| \Phi_k \|. \]  

Note that the path functions \( \gamma_k \) can always be chosen such that \( |\partial_s^2 \gamma_k(s)\) is upper bounded by a constant. In particular, one may always pick all \( \gamma_k \) such that \( \delta \gamma_k(0) = \partial_2 \gamma_k(1) = 0 \), so that the boundary term in Eq. (2) drops out. The two-body eigenvalues \( \lambda_k \) then, being the eigenvalues of \( F \), are bounded by the energy scale of a two-particle system which does not grow with the system size. Therefore, the norms \( \| \Phi_k \| \) are the only meaningful quantities to be upper bounded. As such, it suffices to consider only the first derivative numerator \( I_1 \). We shall universally upper bound the operator norm of any pseudoprojector \( \Phi_k \) in the following, and shall henceforth drop the subscript \( k \). Afterwards, we discuss some implications of this bound for different choices of paths and systems.

1. Upper bound to the pseudoprojector operator norm

Define \( b \) such that \( \Phi = b^\dagger b \) for some operator \( \Phi \) from the decomposition. When we define the \( L \times L \) antisymmetric matrix \( \phi \) with entries

\[ \phi_{PP} := \phi_{(PP)} - \phi_{(RP)} \]  

we may write

\[ b^\dagger = \sum_{P \neq R} \phi_{(PR)} \tilde{a}_P \tilde{a}_R^\dagger = \frac{1}{2} \sum_{PR} \phi_{PP} \tilde{a}_P \tilde{a}_R^\dagger. \]  

Next, apply a Youla decomposition \( \phi = V \Xi \Xi^T \), where \( V \) is an \( L \times L \) orthogonal matrix and

\[ \Xi = \bigoplus_{m=1}^{L/2} \begin{bmatrix} 0 & \xi_m \\ -\xi_m & 0 \end{bmatrix} \]  

if \( L \) is even; if \( L \) is odd, \( \Xi \) has an additional row and column of zeros. This then yields

\[ b^\dagger = \sum_{m=1}^{L/2} \xi_m \tilde{a}_{2m-1} \tilde{a}_{2m}^\dagger, \]  

where we defined the rotated fermionic operators \( \tilde{a}_k^{(n)} = \sum_P V_{PR} \tilde{a}_P^{(n)} \). Note that since the vector with entries \( \phi_{(PR)} \) is a normalized eigenvector, the squares of \( \xi_m \) sum to unity.

Since \( \| \Phi \| = \| b \|^2 = \max_{\Xi(\phi)} \| b \| \Xi \|^2 \), in order to obtain the spectral norm of \( \Phi \) it is sufficient to find the state whose norm is maximized under the application of \( b \). Now, from Eq. (3) we observe that \( b \) defines a set of pairs \( (2m-1, 2m) \), \( m \leq L/2 \), and only annihilates particles from a product state \( \prod_P \tilde{a}_P \) if they appear together in these pairs. As such, it makes sense to describe a product state in terms of its fermion pairs and its unpaired fermions. We shall denote a product state as a ket \( |P, U\rangle \), where \( P \) is the set of filled pairs and \( U \) is the set of remaining unpaired fermions; in other words,

\[ |P, U\rangle = \left( \prod_{i \in \mathcal{P}} \tilde{a}_i^\dagger \prod_{m \in \mathcal{P}} \tilde{a}_{2m-1}^\dagger \tilde{a}_{2m}^\dagger \right) |\text{vac}\rangle, \]  

where the prime on the leftmost product symbol indicates that a certain order of the unpaired modes is assumed, in order to fix the sign of \( |P, U\rangle \). In this notation, the matrix elements of \( \Phi \) are given by

\[ \langle P, U | \Phi | P', U' \rangle = \sum_{m \in P} \xi^2_m \text{ if } P = P' \]  

\[ \xi_{m} \text{ otherwise.} \]  

(55)

From Eq. (55), it is clear that \( \| b |P, U\rangle \|^2 \) is maximized when \( |P, U\rangle \) lies in the sector with a minimal number of unpaired
fermions (zero if \( N \) is even, one if odd). Furthermore, \( b\dagger b \)
preserves the unpaired fermions, and therefore the state \(|\Psi\rangle\) that
maximizes the norm must lie in this sector.

If \( N \) is even, all particles in this sector are paired up. Such
paired fermions, then, are equivalent to what are known as
hard-core bosons (HCBs): particles whose operator algebra
commutes at different sites, but which may only singly
occupy any given site. In this sense, the set \( \{b\dagger_m|\text{vac}\rangle\}_{m=1}^{\lfloor L/2\rfloor} \)
with \( b\dagger_m = \bar{a}_{2m-1}\bar{a}_{2m} \)
may be viewed as a single-particle HCB basis,
and \( b\dagger \), to which we shall add a subscript \( b\dagger \)
and \( b \), is then a rotated HCB creation operator. A universal upper bound on
the spectral norm of a pseudoprojector \( \Phi \) is now given by
\[
\|\Phi\| \leq \max\{\|\Phi|_{HCB}\}_{l=1}^{N/2} \max\{\langle\Psi|b\dagger_kb|\Psi\rangle\}, \tag{56}
\]
where \( H_{l,n}^{HCB} \) denotes an \( l \)-site, \( n \)-particle HCB Hilbert space.
An expression for the right-hand side of Eq. (56) was found
by Tennie et al. [44, Theorem 1]; the upper bound that follows is

\textbf{Theorem 1.} For even particle number \( N \), a universal upper bound
on the operator norm of a pseudoprojector \( \Phi \) is given by
\[
\|\Phi\| \leq \frac{N}{L/2}([L/2] - N/2 + 1). \tag{57}
\]

For \( N \) odd, a similar result may be found through the
observation that any eigenstate of \( \Phi \) with maximum eigenvalue
must lie in the sector where all fermions except one are paired
up, for the same reason as discussed above. The problem of
upper bounding the operator norm of \( \|\Phi\| \) is then equivalent to the
even case in a Hilbert space with one less HCB site available.
This is formalized in the following theorem.

\textbf{Theorem 2.} For odd \( N \), \( \|\Phi\| \) is upper bounded by
\[
\|\Phi\| \leq \frac{\lfloor N/2 \rfloor}{\lfloor L/2 \rfloor - 1}([L/2] - \lfloor N/2 \rfloor). \tag{58}
\]

The bounds of Theorems 1 and 2 are also tight.

\textbf{Theorem 3.} Let \( \ell = \lfloor L/2 \rfloor \). The upper bound in the even
case, Theorem 1, is saturated by taking \( \xi_m = 1/\sqrt{\ell} \) \( \forall m \),
and taking \(|\Psi\rangle\) to be the maximally symmetric state
\[
|\Psi\rangle = \left(\frac{\ell}{N/2}\right)^{-1/2} \sum_{P:|P|=N/2} |P, \emptyset\rangle, \tag{59}
\]
where the sum runs over all sets \( P \) of \( N/2 \) HCB sites.

The upper bound of the odd case, Theorem 2, is saturated
by \( \xi_m = 1/\sqrt{\ell - 1} \) \( \forall m \neq \ell \), \( \xi_\ell = 0 \), and
\[
|\Psi\rangle = \left(\frac{\ell - 1}{|N/2|}\right)^{-1/2} \sum_{P:|P|=\lfloor N/2 \rfloor} |P, (2\ell - 1)\rangle. \tag{60}
\]

The proofs of Theorems 2 and 3 are deferred to Appendices A
and B, respectively. We note that instead of the \( \ell \)-th
HCB site, the unpaired fermion could occupy any HCB site.

In typical systems of interest, the particle number \( N \)
will scale proportionally to the number of modes \( L \); we have thus
shown that the operator norm of each pseudoprojector \( \Phi_k \)
scales at most linearly in \( L \).

\section{Implications}

Let us now think about how the above result can be used to
reason about the adiabatic complexity of a choice of system
or path, in terms of the numerator of Eq. (48). We set a
baseline with the following bound, which applies to direct
interpolation. Define the residual Hamiltonian \( H' \) in a generic
fashion as in Eq. (20), and observe that
\[
\|H'\| \leq \sum_{P_r \subset Q} \|F_{(P_r)QS} a^+_S b^+_i a_i Q\| \leq \sum_{P_r \subset Q} |\mathcal{F}(P_r Q S)| \leq \sqrt{L(L-1)/2} \|F\|_F. \tag{61}
\]

where \( \cdot \|_F \) denotes the Frobenius norm. Given the dimensionality of \( F \), it is clear that \( \|F\|_F \leq c\sqrt{L(L-1)/2} \)
for some nonnegative constant \( c \), and thus \( \|H'\| \leq O(L^2) \).
The resulting numerator, for direct interpolation, from Eq. (48)
then scales as \( O(L^4) \).

In comparison, consider a fully stepwise scheme where we
"adiabatically add" every term \( H' \) from the eigendecomposition,
Eq. (24), separately, i.e., we evolve
\[
H \to H^2 + H_{k_1} \to H^4 + H_{k_1}^2 + H_{k_2} \to \cdots \to H, \tag{62}
\]
where \( A \to B \) denotes a direct adiabatic interpolation between
\( A \) and \( B \). In this scheme, at any point in the evolution,
approximately one of the \( y_k \) [cf. Eq. (21)] must increase at a rate
scaling in the number of terms \( \text{[which is } O(L^2) \] \)
with the remaining staying constant (being either 0 or 1). From the universal result that \( \|\Phi_k\| \leq O(L) \), we then have
\[
I_1 \leq \int_0^1 \langle O(L^2)O(L)^2 \rangle d\sigma = O(L^6). \tag{63}
\]

This indicates that the fully stepwise procedure is unfavorable
as compared to direct interpolation. This is no surprise: with
the work of Tomka et al. [33] in mind, the direct path is a
godesic if the gap is held constant, whereas the fully stepwise
approach is a walk along the corners of a hypercube in
parameter space.

However, we emphasize that these bounds are worst case
and can be improved in certain settings. Consider, for example,
the standard Fermi-Hubbard model of Eq. (13),
with the hopping part plus the chemical potential (which is
proportional to the identity for fixed \( N \)) taken as the initial
Hamiltonian. The spectral norm of the residual Hamiltonian
\( H' \) is easily found to be \( UN/2 = O(L) \), leading to \( I_1 \leq O(L^2) \).
Furthermore, since \( H' \) is diagonal in the two-particle
position basis, all its pseudoprojectors are of the form
\( \Phi_k = a^+_1 a^+_2 a_2 a_1 \)
and thus have unit spectral norm. Since \( H' \) contains
\( L/2 \) such terms, a fully stepwise procedure yields
the same numerator bound, \( I_1 \leq O(L^2) \).

On the other hand, the paired fermion formalism may be used to
find examples which saturate the bounds of both Eqs. (61) and
(63). To this end, we define a residual Hamiltonian \( H' \)
and the corresponding operators \( \Phi_k \) through
its two-body eigenstates. As we have seen, a fully paired
state \(|\Psi\rangle = (\xi_1 a_2^\dagger + \cdots + \xi_{\lfloor L/2\rfloor} a_{2m-1}^\dagger - a_{2m} a_{2m-1})|\text{vac}\rangle\), where \( \xi_m = ((L/2)^{-1/2} \) for all \( m \), gives rise to a pseudoprojector
with a maximal norm that is \( O(L) \). Since the one-body basis
is
free to choose, we can permute the one-body modes in \( L - 1 \)
ways such that all resulting two-body states are fully paired and
mutually orthogonal.\(^1\) Furthermore, we make use of the fact
that the mapping \( \xi_m \mapsto -\xi_m \) preserves the spectrum of
any pseudoprojector \( \Phi \). After all, from Eq. (55) we see that
\( \xi_m \) appears in an off-diagonal element \( \langle P', U | \Phi | P', U \rangle \)
only if \( m \in P \) and \( m \notin P' \) or vice versa. Therefore, this mapping
is realized by the transformation \( \Phi_k \mapsto \Sigma \Phi_k \Sigma \), where \( \Sigma \) is a
diagonal matrix with a \(-1\) entry in those columns correspond-
ning to the product state \( |P', U \rangle \) where \( m \in P \), and a \(+1\) entry
elsewhere. Now we can use this to vary the signs of the terms
in a fully paired two-body state; if \( L \) is a power of two, we
can construct \( L/2 \) vectors \( \xi \) that are the (normalized) columns
of a Hadamard matrix, so that the resulting \( L/2 \) two-body
states are mutually orthogonal. As such, we have defined the
\( L(L - 1)/2 \) two-body eigenstates necessary to describe an
interacting Hamiltonian, each of which is fully paired.

Now, since we have \( L(L - 1)/2 \) pseudoprojectors with
maximal norm, the inequality of Eq. (63) is automatically
saturated (for any choice of the two-body eigenvalues),
and the adiabatic numerator is maximized for the stepwise pro-
cedure. Furthermore, this construction also attains a maximally
scaling numerator in the case of direct interpolation, if we set
all two-body eigenvalues to 1. Indeed, consider the sum over
all pseudoprojectors \( \Phi_k \), which carry the same pairing (and
therefore only differ in their \( \xi \) vectors):

\[
\sum_{k : \text{same pairing}} \Phi_k = \sum_{k, mn} \xi_m \xi_n \sum_{2m-1}^{2m} a_{2m}^\dagger a_{2m-1} = \sum_{m} n_{2m-1} n_{2m}.
\]

In other words, this particular sum of pseudoprojectors is
an operator that counts all pairs of fermions in a product
state that coincide with the mode pairs that define the pseudopro-
collectors. As a result, the sum over all pseudoprojectors defined
in this example is an operator that counts all possible pairs of
fermions, and is therefore simply equal to \( N(N-1)/2 \) times the
identity. This operator saturates the bound \( ||H'|| \leq O(L^2) \)
under the assumption that \( L/N = O(1) \) and therefore realiza-
a maximal adiabatic numerator scaling of \( O(L^2) \). This analysis establishes a condition, expressed in
the paired fermion formalism, on the two-body eigenstates
that yields worst-case numerator scaling for both direct and
fully stepwise interpolation. In addition, it shows that direct
interpolation indeed outperforms a fully stepwise protocol in
this sense.

VI. DISCUSSION

In this work, we have proposed a different protocol for
adiabatic preparation of fermionic many-body ground states

\(^1\)One way to see this is to draw a complete graph of \( L \) nodes where
nodes 2, \ldots, \( L \) are drawn in a circle around node 1. A full pairing
(also known as perfect matching) may then be found by selecting an
dge from node 1 to any other node and pairwise connecting the other
nodes through edges orthogonal to the first edge. In this way, we find
\( L - 1 \) pairings without drawing any parallel edges, guaranteeing that
the resulting two-body states are mutually orthogonal.

based on the eigendecomposition of the (combined one- and
two-body) coefficient tensor of the residual Hamiltonian, be-
ing the difference between the initial and final Hamiltonian, in
second quantization. The eigenvectors in this decomposition
are equivalent to two-body eigenstates of the residual Hamiltonian.
The method decomposes the residual Hamiltonian into
a sum of simpler terms, each of which corresponds to an
eigenvalue and eigenvector from the eigendecomposition. In
the adiabatic scheme, every point along the evolution path is
then a linear combination of these terms.

We have demonstrated how this idea may be applied
to generalized Fermi-Hubbard models, through a few small
worked examples. Our finding is that a level crossing occur-
ing in a direct interpolation from a mean-field Hamiltonian,
which arises from a discrete one-body symmetry, can be cured
with the two-body decomposition approach. Although this is
not a general superiority result, it shows the existence of sce-
narios in which the use of (partially) piecewise paths resulting
from a two-body decomposition is advantageous as compared
to direct interpolation. More precisely, in this approach, one
can design a procedure which explicitly breaks the symmetry
by interpolating through an intermediate Hamiltonian which
contains only a subset of the Hamiltonian terms from the
decomposition. As a result, a gap is seen to be opened. The
conditions for this to occur are specific: while the initial
Hamiltonian must share a symmetry with the target Hamil-
tonian and place the ground state in the incorrect symmetry
sector, the two-particle matrix of the residual Hamiltonian must have
degenerate eigenvalues in order to mix two-particle
eigenstates from the relevant symmetry sectors. However,
if these conditions are met, the symmetry is broken with
unit probability. As such, the need for (sometimes arbitrary)
choices in the design of the path, or an expensive approxima-
tion of a geodesic path or counterdiabatic terms, is eliminated.

We wish to point out an additional benefit that comes with
the two-body decomposition method, namely, that it could be
useful also in a setting where the symmetry in question is
unknown. After all, in such a case, it is nontrivial to explicitly
construct an additional symmetry-breaking Hamiltonian term
by hand. But using the two-body eigendecomposition method
we can simply evolve in a stepwise fashion with a separate
step for all degenerate two-body eigenvectors and, under the
assumption that the problem instance satisfies the three appli-
cability criteria, be guaranteed that the symmetry is broken.
A caveat here is that while one can easily check whether there
exist degenerate two-body eigenvectors, it is not straightforward
to check whether they lie in different sectors with respect
to the unknown symmetry. Nonetheless, the method can serve
a black-box trial-and-error purpose simply by choosing ran-
dom mixings of all degenerate two-body eigenvectors and
separately interpolating the corresponding many-body Hamiltonian
terms in a stepwise fashion. In this sense, the two-body
decomposition may be viewed as a heuristic in a situation
where otherwise complex methods (such as an NP-hard search
over paths) would be required.

Having established this gap opening potential of the two-
body decomposition method, we proceeded to analyze the
adibatic complexity of piecewise paths more broadly, by
examining how the two-body decomposition influences the
numerator part of the complexity of many-body adiabatic
We seek to maximize the expectation value $\langle \Psi | b^\dagger_k b_j | \Psi \rangle$ with respect to $|\Psi\rangle$ and $\xi$. The HCB operator $b_k$ is defined as $b_k = \sum_{m} \xi_m b_m = \sum_{m} \xi_m a_{2m} a_{2m-1}$; in the following, we will use $m$ both as an index of HCB sites and as a shorthand for the (equivalent) pair of fermionic sites $(2m-1, 2m)$. Additionally, we use the flattening symbol $\phi$ to convert between sets of pairs and sets of fermionic sites,

$$\phi((\mu_1, \mu_2, \ldots)) = \{\mu_1, \mu_2, \ldots\}. \quad (A1)$$

In the subspace of maximally paired $N$-particle states (with a single fermion left unpaired), $|\Psi\rangle$ may be expanded as

$$|\Psi\rangle = \sum_{I,i} A_{I,i} |I, \{i\}\rangle, \quad (A2)$$

where $I$ is a set of fermionic pairs and $|I, \{i\}\rangle = \tilde{a}_i^\dagger \prod_{m \in I} b_m^\dagger |\text{vac}\rangle$, in line with Eq. (54). Furthermore, we define $A_{I,i} = 0$ if $i \in \phi(I)$ or $|I| \neq |N|/2$. The desired expectation value may then be expressed as

$$\langle \Psi | b^\dagger_k b_j | \Psi \rangle = \sum_{I,i,j,m} A_{I,i} A_{I,j} \xi_m \xi_n \langle I, \{i\} | b_m^\dagger b_n^\dagger | I, \{j\} \rangle$$

$$= \sum_{I,i,j,m} A_{I,i} A_{I,j} \sum_{n \in J} \xi_m \xi_n \delta_{I \cap \{m\}, J \cap \{n\}} \delta_{ij}$$

$$= \sum_{I,i,m} A_{F \cup \{m\}, i} A_{F \cup \{m\}, i} \xi_m$$

$$= \sum_{I,i} \left( \sum_{m} A_{F \cup \{m\}, i} \xi_m \right)^2. \quad (A3)$$

In the third line, the $I$ indexes all pair sets of cardinality $|N/2| - 1$.

The way to get to the desired upper bound of this expression is to insert the indicator functions $1_{m \in I}$ and $1_{i \notin \phi(I \cup \{m\})}$ into the final line of Eq. (A3). While these indicator functions are already incorporated in the definition of the coefficients $A_{I,i}$ and hence may seem redundant, they allow for clever use of the Cauchy-Schwarz inequality in two different ways, which leads to a system of inequalities from which we can obtain the upper bound. The first of these is nearly identical to that presented by Tennie et al. [44, Appendix A, Eq. (A3)] and is as follows:

$$\langle \Psi | b^\dagger_k b_j | \Psi \rangle = \sum_{I,i,j,m} \left( \sum_{m} A_{F \cup \{m\}, i} \xi_m 1_{m \in I} \right)^2$$

$$\leq \sum_{I} \sum_{i,j} A_{F \cup \{j\}, i}^2 \sum_{k} (\xi_k 1_{k \notin I})^2$$

$$= \sum_{I} \sum_{i,j} A_{F \cup \{j\}, i}^2 \sum_{k \notin I} \xi_k^2$$

$$= \sum_{i,j} \sum_{k \notin F_{i \cup \{j\}}} \xi_k^2$$

$$= \sum_{I} \left( \sum_{i,j} \left( \xi_k^2 + \xi_k^2 \right) \right)$$

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In the penultimate line we used the normalization of $\xi$, and in the last line that of $|\Psi\rangle$.

For the second way, it becomes important that the unpaired fermion takes away a site pair that could otherwise be occupied by a pair of fermions:

$$\langle \Psi | b^\dagger_\xi b_\xi | \Psi \rangle = \sum_{\ell, m} A^2_{\ell, m} \left( \xi_\ell (m) \right)^2 \sum_{k, \ell | \ell, \ell | k} \xi^2_k$$

$$\leq \sum_{\ell, m} A^2_{\ell, m} \left( \xi_\ell (m) \right)^2 \sum_{k, \ell | \ell, \ell | k} \xi^2_k$$

$$= \sum_{\ell, m} A^2_{\ell, m} \left( \xi_\ell (m) \right)^2 ((L/2) - |N/2|)$$

$$= (L/2) - |N/2| \sum_{\ell, m} A^2_{\ell, m} \xi^2_k$$

$$= (L/2) - |N/2| \left( 1 - \sum_{\ell, m} A^2_{\ell, m} \xi^2_k \right).$$

(A5)

Again, in the last line we used the normalization of $\xi$ and $|\Psi\rangle$.

When we take the appropriate linear combination of inequalities (A4) and (A5), the sum $\sum_{\ell, m} A^2_{\ell, m} \sum_{k, \ell | \ell, \ell | k} \xi^2_k$ cancels out,

$$\frac{|L/2| - |N/2|}{|N/2| - 1} \langle \Psi | b^\dagger_\xi b_\xi | \Psi \rangle + \langle \Psi | b^\dagger_\xi b_\xi | \Psi \rangle$$

$$\leq (|L/2| - |N/2|) \left( 1 + \frac{1}{N - 1} \right),$$

(A6)

and we find

$$\langle \Psi | b^\dagger_\xi b_\xi | \Psi \rangle \leq \frac{|N/2|(|L/2| - |N/2|)}{|L/2| - 1}$$

(A7)

as desired.

**APPENDIX B: PROOF OF THEOREM 3**

In the following, let $\ell = |L/2|$. For the even case, when we take $\xi_m = 1/\sqrt{\ell}$ $\forall m$ and $|\Psi\rangle$ the maximally symmetric state

$$|\Psi\rangle = \left( \frac{\ell}{N/2} \right)^{-1/2} \sum_{\mathcal{P} : |\mathcal{P}| = N/2} |\mathcal{P}, \emptyset\rangle,$$

(B1)

where $|\mathcal{P}, \emptyset\rangle = \prod_{k \in \mathcal{P}} b^\dagger_k |\text{vac}\rangle$, then a straightforward calculation shows that

$$\langle \Psi | b^\dagger_\xi b_\xi | \Psi \rangle = \frac{1}{\ell} \left( \frac{\ell}{N/2} \right)^{-1} \sum_{\mathcal{P}, \mathcal{P}'} \sum_{m, n} \langle \text{vac} | \prod_{k \in \mathcal{P}} b_k \rangle$$

$$\times b^\dagger_m b_n \left( \prod_{l \in \mathcal{P}'} b_l \right)^{\text{vac}}$$

$$= \frac{1}{\ell} \left( \frac{\ell}{N/2} \right)^{-1} \sum_{\mathcal{P}, \mathcal{P}'} \sum_{m, n, \ell, \mathcal{P}''} \delta_{\mathcal{P}, \emptyset} \mathcal{P}''$$

$$= \frac{N/2}{|L/2| - 1} (|L/2| - N/2 + 1).$$

(B2)

In the odd case, then, where $\xi_m = 1/\sqrt{\ell - 1}$ $\forall m \neq \ell$, $\xi_\ell = 0$, and

$$|\Psi\rangle = \left( \frac{\ell}{|N/2|} \right)^{-1/2} \sum_{\mathcal{P} : |\mathcal{P}| = |N/2|} |\mathcal{P}, (2\ell - 1)\rangle,$$

(B3)

where $|\mathcal{P}, (i)\rangle = \tilde{a}^\dagger_i \prod_{k \in \mathcal{P}} b^\dagger_k |\text{vac}\rangle$, we find

$$\langle \Psi | b^\dagger_\xi b_\xi | \Psi \rangle = \frac{1}{\ell - 1} \left( \frac{1}{|N/2|} \right)^{-1} \sum_{\mathcal{P}, \mathcal{P}'} \sum_{m, n, \ell} \langle \text{vac} | \prod_{k \in \mathcal{P}} b_k \rangle$$

$$\times \tilde{a}_{2\ell - 1} b^\dagger_m b_n \tilde{a}^\dagger_{2\ell - 1} \left( \prod_{l \in \mathcal{P}'} b_l \right)^{\text{vac}}$$

$$= \frac{1}{\ell - 1} \left( \frac{1}{|N/2|} \right)^{-1} \sum_{\mathcal{P}, \mathcal{P}'} \sum_{m, n, \ell} \langle \text{vac} | \prod_{k \in \mathcal{P}} b_k \rangle$$

$$\times \left( \prod_{l \in \mathcal{P}'} b_l \right)^{\text{vac}}$$

$$= \frac{N/2}{|L/2| - 1} (|L/2| - N/2).$$

(B4)

In the last line, we directly used the result of Eq. (B2).


