

Table S1. Statistical details of mixed model including covariates (Age, Sex). Significant (uncorrected P < 0.05) effects (excluding Intercept) indicated in bold. β : standardized coefficient, SE: standard error, df: degrees of freedom, t: t value, p: p value.

Effect	β	SE	df	t	p
TIB					
Intercept	488.5	15.0	135.1	32.6	0.000
Group	-6.6	9.3	216.7	-0.7	0.484
Night	11.8	7.8	120.0	1.5	0.133
Age	-0.4	0.3	118.0	-1.3	0.207
Sex	-14.2	8.5	118.0	-1.7	0.098
Group x Night	4.8	11.0	120.0	0.4	0.662
TSP					
Intercept	490.2	14.9	140.8	32.8	0.000
Group	-20.9	9.8	230.9	-2.1	0.033
Night	7.6	8.9	120.0	0.9	0.392
Age	-0.7	0.3	118.0	-2.5	0.013
Sex	-20.9	8.4	118.0	-2.5	0.014
Group x Night	16.4	12.6	120.0	1.3	0.194
TST					
Intercept	486.3	16.6	136.2	29.4	0.000
Group	-25.6	10.4	220.1	-2.5	0.015
Night	19.8	8.9	120.0	2.2	0.028
Age	-1.6	0.3	118.0	-5.1	0.000
Sex	-30.0	9.4	118.0	-3.2	0.002
Group x Night	3.5	12.6	120.0	0.3	0.778
SOL					
Intercept	5.8	5.0	137.5	1.1	0.256
Group	6.7	3.2	223.8	2.1	0.037
Night	2.8	2.8	120.0	1.0	0.325
Age	0.2	0.1	118.0	1.8	0.079
Sex	1.4	2.9	118.0	0.5	0.631
Group x Night	-10.5	4.0	120.0	-2.7	0.009
SE_TIB					
Intercept	99.6	2.7	132.9	36.8	0.000
Group	-4.5	1.7	208.8	-2.7	0.008
Night	2.0	1.3	120.0	1.5	0.131
Age	-0.3	0.1	118.0	-5.1	0.000
Sex	-3.6	1.5	118.0	-2.3	0.022
Group x Night	0.4	1.9	120.0	0.2	0.832
SE_TSP					
Intercept	99.6	2.2	133.8	44.7	0.000
Group	-1.8	1.4	212.0	-1.3	0.194
Night	2.8	1.1	120.0	2.5	0.015
Age	-0.2	0.0	118.0	-4.9	0.000
Sex	-2.4	1.3	118.0	-1.9	0.062
Group x Night	-2.0	1.6	120.0	-1.3	0.206
N1%					
Intercept	2.2	1.0	124.9	2.1	0.034
Group	-0.6	0.6	166.2	-1.0	0.334
Night	-0.5	0.4	120.0	-1.3	0.181
Age	0.1	0.0	118.0	2.9	0.005
Sex	0.8	0.6	118.0	1.4	0.171
Group x Night	0.6	0.5	120.0	1.2	0.232
N2%					
Intercept	58.2	3.4	127.9	17.1	0.000
Group	0.6	2.0	184.8	0.3	0.762
Night	0.6	1.4	120.0	0.5	0.640
Age	-0.2	0.1	118.0	-2.8	0.006
Sex	-1.9	2.0	118.0	-1.0	0.327
Group x Night	-2.2	1.9	120.0	-1.2	0.249
N3%					
Intercept	21.7	2.7	130.4	8.0	0.000
Group	-0.5	1.6	197.8	-0.3	0.778
Night	2.1	1.2	120.0	1.7	0.088
Age	-0.1	0.1	118.0	-1.0	0.313
Sex	-3.0	1.6	118.0	-1.9	0.060
Group x Night	-0.4	1.7	120.0	-0.2	0.823

Effect	β	SE	df	t	p
R%					
Intercept	17.5	2.0	132.1	8.9	0.000
Group	-1.4	1.2	205.4	-1.1	0.255
Night	0.5	0.9	120.0	0.5	0.595
Age	-0.0	0.0	118.0	-0.8	0.430
Sex	1.7	1.1	118.0	1.5	0.145
Group x Night	0.0	1.3	120.0	0.0	0.988
WASO%					
Intercept	0.4	2.2	133.8	0.2	0.865
Group	1.8	1.4	212.0	1.3	0.194
Night	-2.8	1.1	120.0	-2.5	0.015
Age	0.2	0.0	118.0	4.9	0.000
Sex	2.4	1.3	118.0	1.9	0.062
Group x Night	2.0	1.6	120.0	1.3	0.206
N1_Dur					
Intercept	12.1	4.5	126.3	2.7	0.008
Group	-3.9	2.6	175.4	-1.5	0.133
Night	-1.3	1.7	120.0	-0.8	0.430
Age	0.2	0.1	118.0	2.6	0.012
Sex	2.5	2.6	118.0	0.9	0.347
Group x Night	3.4	2.4	120.0	1.4	0.151
N2_Dur					
Intercept	282.3	17.5	130.1	16.1	0.000
Group	-7.9	10.5	196.4	-0.8	0.451
Night	6.0	7.8	120.0	0.8	0.441
Age	-1.1	0.3	118.0	-3.4	0.001
Sex	-20.5	10.1	118.0	-2.0	0.044
Group x Night	-1.6	11.0	120.0	-0.1	0.886
N3_Dur					
Intercept	105.7	12.0	130.4	8.8	0.000
Group	-4.9	7.2	197.7	-0.7	0.491
Night	12.0	5.3	120.0	2.3	0.026
Age	-0.4	0.2	118.0	-1.8	0.073
Sex	-16.3	6.9	118.0	-2.4	0.019
Group x Night	-0.1	7.6	120.0	-0.0	0.985
R_Dur					
Intercept	86.3	9.7	131.5	8.9	0.000
Group	-8.9	5.8	202.8	-1.5	0.131
Night	3.1	4.5	120.0	0.7	0.496
Age	-0.3	0.2	118.0	-1.4	0.151
Sex	4.3	5.5	118.0	0.8	0.439
Group x Night	1.9	6.4	120.0	0.3	0.770
WASO_Dur					
Intercept	3.9	10.0	135.4	0.4	0.698
Group	4.7	6.2	217.6	0.8	0.449
Night	-12.2	5.2	120.0	-2.3	0.022
Age	0.9	0.2	118.0	4.8	0.000
Sex	9.1	5.7	118.0	1.6	0.110
Group x Night	12.9	7.4	120.0	1.7	0.084
N2_Lat					
Intercept	1.0	0.2	131.5	4.9	0.000
Group	-0.0	0.1	202.8	-0.2	0.846
Night	-0.1	0.1	120.0	-1.0	0.334
Age	0.0	0.0	118.0	0.5	0.584
Sex	0.1	0.1	118.0	1.2	0.227
Group x Night	-0.0	0.1	120.0	-0.2	0.867
N3_Lat					
Intercept	2.7	0.2	134.0	14.6	0.000
Group	0.3	0.1	215.9	2.3	0.021
Night	-0.0	0.1	118.0	-0.2	0.831
Age	0.0	0.0	116.0	1.6	0.109
Sex	0.1	0.1	116.0	0.8	0.417
Group x Night	-0.0	0.1	118.0	-0.2	0.867

Effect	β	SE	df	t	p
R_Lat					
Intercept	136.6	19.1	131.3	7.2	0.000
Group	17.2	11.5	201.9	1.5	0.137
Night	-12.5	8.8	120.0	-1.4	0.161
Age	-0.3	0.4	118.0	-0.9	0.351
Sex	-0.3	11.0	118.0	-0.0	0.978
Group x Night	-2.8	12.5	120.0	-0.2	0.826
Awakenings					
Intercept	18.3	2.8	131.6	6.7	0.000
Group	-0.4	1.7	203.0	-0.3	0.791
Night	-3.1	1.3	120.0	-2.4	0.016
Age	0.1	0.1	118.0	1.6	0.104
Sex	0.9	1.6	118.0	0.6	0.552
Group x Night	4.9	1.8	120.0	2.7	0.008
StageTrans					
Intercept	8.8	1.1	127.4	7.8	0.000
Group	0.1	0.7	181.5	0.1	0.884
Night	-0.8	0.4	120.0	-1.9	0.062
Age	0.0	0.0	118.0	2.1	0.036
Sex	0.5	0.6	118.0	0.8	0.404
Group x Night	1.0	0.6	120.0	1.6	0.106
AI_TST					
Intercept	10.6	2.6	123.4	4.1	0.000
Group	1.5	1.4	156.8	1.0	0.310
Night	-1.3	0.8	120.0	-1.6	0.103
Age	0.1	0.0	118.0	2.7	0.008
Sex	3.4	1.5	118.0	2.3	0.023
Group x Night	0.4	1.1	120.0	0.3	0.731
AI_N1					
Intercept	30.0	5.2	130.8	5.7	0.000
Group	-1.7	3.1	199.8	-0.5	0.584
Night	-2.8	2.4	120.0	-1.2	0.245
Age	0.2	0.1	118.0	2.0	0.051
Sex	4.6	3.0	118.0	1.5	0.131
Group x Night	-0.4	3.4	120.0	-0.1	0.913
AI_N2					
Intercept	9.3	3.1	124.9	3.0	0.003
Group	2.4	1.7	166.6	1.4	0.161
Night	-0.5	1.0	120.0	-0.5	0.607
Age	0.1	0.1	118.0	2.3	0.025
Sex	2.4	1.8	118.0	1.4	0.173
Group x Night	-0.5	1.5	120.0	-0.3	0.728
AI_N3					
Intercept	0.9	0.2	136.9	5.6	0.000
Group	0.1	0.1	223.3	1.0	0.312
Night	-0.2	0.1	118.0	-2.0	0.045
Age	-0.0	0.0	116.0	-0.2	0.806
Sex	0.1	0.1	116.0	0.6	0.578
Group x Night	0.2	0.1	118.0	1.7	0.092
AI_R					
Intercept	18.5	4.7	123.0	4.0	0.000
Group	-2.5	2.6	154.0	-1.0	0.334
Night	-2.6	1.4	120.0	-1.9	0.060
Age	0.1	0.1	118.0	1.1	0.295
Sex	3.6	2.7	118.0	1.3	0.196
Group x Night	3.0	1.9	120.0	1.6	0.120

Table S2. Statistical details of pairwise models. Significant (uncorrected $P < 0.05$) effects indicated in bold. Contrast: primary comparison, Condition: Group or Night to which Contrast applies, β : standardized coefficient, SE: standard error, df: degrees of freedom, t: t value, p: p value.

Contrast	Condition	β	SE	df	t	p
TIB						
Group	Night 1	6.6	9.3	216.7	0.7	0.484
Group	Night 2	1.7	9.3	216.7	0.2	0.853
Night	Control	-11.8	7.8	120.0	-1.5	0.133
Night	Insomnia	-16.6	7.8	120.0	-2.1	0.035
TSP						
Group	Night 1	20.9	9.8	230.9	2.1	0.033
Group	Night 2	4.5	9.8	230.9	0.5	0.648
Night	Control	-7.6	8.9	120.0	-0.9	0.392
Night	Insomnia	-24.1	8.9	120.0	-2.7	0.008
TST						
Group	Night 1	25.6	10.4	220.1	2.5	0.015
Group	Night 2	22.1	10.4	220.1	2.1	0.035
Night	Control	-19.8	8.9	120.0	-2.2	0.028
Night	Insomnia	-23.3	8.9	120.0	-2.6	0.010
SOL						
Group	Night 1	-6.7	3.2	223.8	-2.1	0.037
Group	Night 2	3.8	3.2	223.8	1.2	0.239
Night	Control	-2.8	2.8	120.0	-1.0	0.325
Night	Insomnia	7.8	2.8	120.0	2.8	0.006
SE_TIB						
Group	Night 1	4.5	1.7	208.8	2.7	0.008
Group	Night 2	4.1	1.7	208.8	2.4	0.015
Night	Control	-2.0	1.3	120.0	-1.5	0.131
Night	Insomnia	-2.4	1.3	120.0	-1.8	0.071
SE_TSP						
Group	Night 1	1.8	1.4	212.0	1.3	0.194
Group	Night 2	3.8	1.4	212.0	2.8	0.006
Night	Control	-2.8	1.1	120.0	-2.5	0.015
Night	Insomnia	-0.7	1.1	120.0	-0.7	0.508
N1%						
Group	Night 1	0.6	0.6	166.2	1.0	0.334
Group	Night 2	-0.0	0.6	166.2	-0.0	0.970
Night	Control	0.5	0.4	120.0	1.3	0.181
Night	Insomnia	-0.1	0.4	120.0	-0.4	0.725
N2%						
Group	Night 1	-0.6	2.0	184.8	-0.3	0.762
Group	Night 2	1.6	2.0	184.8	0.8	0.413
Night	Control	-0.6	1.4	120.0	-0.5	0.640
Night	Insomnia	1.6	1.4	120.0	1.2	0.245
N3%						
Group	Night 1	0.5	1.6	197.8	0.3	0.778
Group	Night 2	0.8	1.6	197.8	0.5	0.604
Night	Control	-2.1	1.2	120.0	-1.7	0.088
Night	Insomnia	-1.7	1.2	120.0	-1.4	0.164
R%						
Group	Night 1	1.4	1.2	205.4	1.1	0.255
Group	Night 2	1.3	1.2	205.4	1.1	0.262
Night	Control	-0.5	0.9	120.0	-0.5	0.595
Night	Insomnia	-0.5	0.9	120.0	-0.6	0.581
WASO%						
Group	Night 1	-1.8	1.4	212.0	-1.3	0.194
Group	Night 2	-3.8	1.4	212.0	-2.8	0.006
Night	Control	2.8	1.1	120.0	2.5	0.015
Night	Insomnia	0.7	1.1	120.0	0.7	0.508
N1_Dur						
Group	Night 1	3.9	2.6	175.4	1.5	0.133
Group	Night 2	0.5	2.6	175.4	0.2	0.843
Night	Control	1.3	1.7	120.0	0.8	0.430
Night	Insomnia	-2.1	1.7	120.0	-1.3	0.214

Contrast	Condition	β	SE	df	t	p
N2_Dur						
Group	Night 1	7.9	10.5	196.4	0.8	0.451
Group	Night 2	9.5	10.5	196.4	0.9	0.366
Night	Control	-6.0	7.8	120.0	-0.8	0.441
Night	Insomnia	-4.4	7.8	120.0	-0.6	0.570
N3_Dur						
Group	Night 1	4.9	7.2	197.7	0.7	0.491
Group	Night 2	5.1	7.2	197.7	0.7	0.479
Night	Control	-12.0	5.3	120.0	-2.3	0.026
Night	Insomnia	-11.9	5.3	120.0	-2.2	0.028
R_Dur						
Group	Night 1	8.9	5.8	202.8	1.5	0.131
Group	Night 2	7.0	5.8	202.8	1.2	0.233
Night	Control	-3.1	4.5	120.0	-0.7	0.496
Night	Insomnia	-4.9	4.5	120.0	-1.1	0.275
WASO_Dur						
Group	Night 1	-4.7	6.2	217.6	-0.8	0.449
Group	Night 2	-17.6	6.2	217.6	-2.8	0.005
Night	Control	12.2	5.2	120.0	2.3	0.022
Night	Insomnia	-0.7	5.2	120.0	-0.1	0.891
N2_Lat						
Group	Night 1	0.0	0.1	202.8	0.2	0.846
Group	Night 2	0.0	0.1	202.8	0.4	0.706
Night	Control	0.1	0.1	120.0	1.0	0.334
Night	Insomnia	0.1	0.1	120.0	1.2	0.229
N3_Lat						
Group	Night 1	-0.3	0.1	215.9	-2.3	0.021
Group	Night 2	-0.3	0.1	215.9	-2.1	0.035
Night	Control	0.0	0.1	118.0	0.2	0.831
Night	Insomnia	0.0	0.1	118.0	0.5	0.653
R_Lat						
Group	Night 1	-17.2	11.5	201.9	-1.5	0.137
Group	Night 2	-14.5	11.5	201.9	-1.3	0.212
Night	Control	12.5	8.8	120.0	1.4	0.161
Night	Insomnia	15.2	8.8	120.0	1.7	0.088
Awakenings						
Group	Night 1	0.4	1.7	203.0	0.3	0.791
Group	Night 2	-4.5	1.7	203.0	-2.7	0.008
Night	Control	3.1	1.3	120.0	2.4	0.016
Night	Insomnia	-1.8	1.3	120.0	-1.4	0.171
StageTrans						
Group	Night 1	-0.1	0.7	181.5	-0.1	0.884
Group	Night 2	-1.1	0.7	181.5	-1.7	0.092
Night	Control	0.8	0.4	120.0	1.9	0.062
Night	Insomnia	-0.2	0.4	120.0	-0.4	0.673
AI_TST						
Group	Night 1	-1.5	1.4	156.8	-1.0	0.310
Group	Night 2	-1.8	1.4	156.8	-1.3	0.203
Night	Control	1.3	0.8	120.0	1.6	0.103
Night	Insomnia	0.9	0.8	120.0	1.2	0.251
AI_N1						
Group	Night 1	1.7	3.1	199.8	0.5	0.584
Group	Night 2	2.1	3.1	199.8	0.7	0.506
Night	Control	2.8	2.4	120.0	1.2	0.245
Night	Insomnia	3.1	2.4	120.0	1.3	0.188
AI_N2						
Group	Night 1	-2.4	1.7	166.6	-1.4	0.161
Group	Night 2	-1.9	1.7	166.6	-1.1	0.267
Night	Control	0.5	1.0	120.0	0.5	0.607
Night	Insomnia	1.0	1.0	120.0	1.0	0.315
AI_N3						
Group	Night 1	-0.1	0.1	223.3	-1.0	0.312
Group	Night 2	-0.3	0.1	223.3	-3.1	0.002
Night	Control	0.2	0.1	118.0	2.0	0.045
Night	Insomnia	-0.0	0.1	118.0	-0.4	0.707

Contrast	Condition	β	SE	df	t	p
AI_R						
Group	Night 1	2.5	2.6	154.0	1.0	0.334
Group	Night 2	-0.5	2.6	154.0	-0.2	0.857
Night	Control	2.6	1.4	120.0	1.9	0.060
Night	Insomnia	-0.4	1.4	120.0	-0.3	0.751

Table S3. Statistical details of mixed model without covariates (Age, Sex). Significant (uncorrected $P < 0.05$) effects (excluding Intercept) indicated in bold. β : standardized coefficient, SE: standard error, df: degrees of freedom, t: t value, p: p value.

Effect	β	SE	df	t	p
TIB					
Intercept	467.7	6.6	220.6	71.2	0.000
Group	-6.4	9.3	220.6	-0.7	0.491
Night	11.8	7.8	120.0	1.5	0.133
Group x Night	4.8	11.0	120.0	0.4	0.662
TSP					
Intercept	451.7	7.0	232.1	64.8	0.000
Group	-21.4	9.9	232.1	-2.2	0.031
Night	7.6	8.9	120.0	0.9	0.392
Group x Night	16.4	12.6	120.0	1.3	0.194
TST					
Intercept	404.2	7.9	212.2	51.5	0.000
Group	-28.8	11.1	212.2	-2.6	0.010
Night	19.8	8.9	120.0	2.2	0.028
Group x Night	3.5	12.6	120.0	0.3	0.778
SOL					
Intercept	13.8	2.3	227.7	6.1	0.000
Group	7.3	3.2	227.7	2.3	0.024
Night	2.8	2.8	120.0	1.0	0.325
Group x Night	-10.5	4.0	120.0	-2.7	0.009
SE_TIB					
Intercept	86.5	1.2	201.7	69.4	0.000
Group	-5.1	1.8	201.7	-2.9	0.004
Night	2.0	1.3	120.0	1.5	0.131
Group x Night	0.4	1.9	120.0	0.2	0.832
SE_TSP					
Intercept	89.5	1.0	206.5	87.5	0.000
Group	-2.4	1.4	206.5	-1.6	0.102
Night	2.8	1.1	120.0	2.5	0.015
Group x Night	-2.0	1.6	120.0	-1.3	0.206
N1%					
Intercept	5.1	0.4	167.9	12.1	0.000
Group	-0.4	0.6	167.9	-0.7	0.473
Night	-0.5	0.4	120.0	-1.3	0.181
Group x Night	0.6	0.5	120.0	1.2	0.232
N2%					
Intercept	49.3	1.4	186.8	34.8	0.000
Group	0.1	2.0	186.8	0.0	0.972
Night	0.6	1.4	120.0	0.5	0.640
Group x Night	-2.2	1.9	120.0	-1.2	0.249
N3%					
Intercept	18.4	1.1	201.8	16.1	0.000
Group	-0.3	1.6	201.8	-0.2	0.835
Night	2.1	1.2	120.0	1.7	0.088
Group x Night	-0.4	1.7	120.0	-0.2	0.823
R%					
Intercept	16.7	0.8	209.9	19.8	0.000
Group	-1.7	1.2	209.9	-1.4	0.159
Night	0.5	0.9	120.0	0.5	0.595
Group x Night	0.0	1.3	120.0	0.0	0.988
WASO%					
Intercept	10.5	1.0	206.5	10.3	0.000
Group	2.4	1.4	206.5	1.6	0.102
Night	-2.8	1.1	120.0	-2.5	0.015
Group x Night	2.0	1.6	120.0	1.3	0.206
N1_Dur					
Intercept	22.9	1.8	177.9	12.4	0.000
Group	-3.3	2.6	177.9	-1.3	0.208
Night	-1.3	1.7	120.0	-0.8	0.430
Group x Night	3.4	2.4	120.0	1.4	0.151

Effect	β	SE	df	t	p
N2_Dur					
Intercept	223.9	7.6	195.7	29.6	0.000
Group	-10.3	10.7	195.7	-1.0	0.338
Night	6.0	7.8	120.0	0.8	0.441
Group x Night	-1.6	11.0	120.0	-0.1	0.886
N3_Dur					
Intercept	81.8	5.1	199.9	16.1	0.000
Group	-4.8	7.2	199.9	-0.7	0.508
Night	12.0	5.3	120.0	2.3	0.026
Group x Night	-0.1	7.6	120.0	-0.0	0.985
R_Dur					
Intercept	75.7	4.1	207.2	18.5	0.000
Group	-10.5	5.8	207.2	-1.8	0.073
Night	3.1	4.5	120.0	0.7	0.496
Group x Night	1.9	6.4	120.0	0.3	0.770
WASO_Dur					
Intercept	47.5	4.6	213.0	10.3	0.000
Group	7.4	6.5	213.0	1.1	0.257
Night	-12.2	5.2	120.0	-2.3	0.022
Group x Night	12.9	7.4	120.0	1.7	0.084
N2_Lat					
Intercept	1.1	0.1	208.1	13.3	0.000
Group	-0.0	0.1	208.1	-0.3	0.796
Night	-0.1	0.1	120.0	-1.0	0.334
Group x Night	-0.0	0.1	120.0	-0.2	0.867
N3_Lat					
Intercept	3.0	0.1	220.4	36.4	0.000
Group	0.3	0.1	220.4	2.5	0.015
Night	-0.0	0.1	118.0	-0.2	0.831
Group x Night	-0.0	0.1	118.0	-0.2	0.867
R_Lat					
Intercept	121.1	8.0	207.5	15.1	0.000
Group	15.9	11.4	207.5	1.4	0.165
Night	-12.5	8.8	120.0	-1.4	0.161
Group x Night	-2.8	12.5	120.0	-0.2	0.826
Awakenings					
Intercept	22.5	1.2	207.7	19.3	0.000
Group	-0.2	1.7	207.7	-0.1	0.905
Night	-3.1	1.3	120.0	-2.4	0.016
Group x Night	4.9	1.8	120.0	2.7	0.008
StageTrans					
Intercept	11.0	0.5	185.0	24.0	0.000
Group	0.2	0.6	185.0	0.3	0.733
Night	-0.8	0.4	120.0	-1.9	0.062
Group x Night	1.0	0.6	120.0	1.6	0.106
AI_TST					
Intercept	17.8	1.0	158.0	17.3	0.000
Group	1.6	1.5	158.0	1.1	0.269
Night	-1.3	0.8	120.0	-1.6	0.103
Group x Night	0.4	1.1	120.0	0.3	0.731
AI_N1					
Intercept	40.3	2.2	203.2	18.2	0.000
Group	-1.4	3.1	203.2	-0.5	0.647
Night	-2.8	2.4	120.0	-1.2	0.245
Group x Night	-0.4	3.4	120.0	-0.1	0.913
AI_N2					
Intercept	16.2	1.2	169.3	13.2	0.000
Group	2.7	1.7	169.3	1.6	0.119
Night	-0.5	1.0	120.0	-0.5	0.607
Group x Night	-0.5	1.5	120.0	-0.3	0.728
AI_N3					
Intercept	0.9	0.1	228.3	12.2	0.000
Group	0.1	0.1	228.3	0.9	0.352
Night	-0.2	0.1	118.0	-2.0	0.045
Group x Night	0.2	0.1	118.0	1.7	0.092

Effect	β	SE	df	t	p
AI_R					
Intercept	24.0	1.8	157.6	13.2	0.000
Group	-2.5	2.6	157.6	-1.0	0.325
Night	-2.6	1.4	120.0	-1.9	0.060
Group x Night	3.0	1.9	120.0	1.6	0.120