Direct-acting antiviral therapy for chronic hepatitis C

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Evaluation of persistence of resistant variants with ultra-deep pyrosequencing in chronic hepatitis C patients treated with telaprevir


*These authors made an equal contribution to this work

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ABSTRACT

Background: Telaprevir, a hepatitis C virus NS3/4A protease inhibitor has significantly improved sustained viral response rates when given in combination with pegylated interferon alfa-2a and ribavirin, compared with current standard of care in hepatitis C virus genotype 1 infected patients. In patients with a failed sustained response, the emergence of drug-resistant variants during treatment has been reported. It is unclear to what extent these variants persist in untreated patients. The aim of this study was to assess using ultra-deep pyrosequencing, whether after 4 years follow-up, the frequency of resistant variants is increased compared to pre-treatment frequencies following 14 days of telaprevir treatment.

Methods: Fifteen patients from 2 previous telaprevir phase 1 clinical studies (VX04-950-101 and VX05-950-103) were included. These patients all received telaprevir monotherapy for 14 days, and 2 patients subsequently received standard of care. Variants at previously well-characterized NS3 protease positions V36, T54, R155 and A156 were assessed at baseline and after a follow-up of 4±1.2 years by ultra-deep pyrosequencing. The prevalence of resistant variants at follow-up was compared to baseline.

Results: Resistance associated mutations were detectable at low frequency at baseline. In general, prevalence of resistance mutations at follow-up was not increased compared to baseline. Only one patient had a small, but statistically significant, increase in the number of V36M and T54S variants 4 years after telaprevir-dosing.

Conclusion: In patients treated for 14 days with telaprevir monotherapy, ultra-deep pyrosequencing indicates that long-term persistence of resistant variants is rare.

INTRODUCTION

Worldwide, an estimated 170 million people are chronically infected with hepatitis C virus (HCV). Chronic hepatitis C is a major cause of liver cirrhosis and hepatocellular carcinoma. HCV-related end-stage liver disease is now the main indication for liver transplantation in North America and Western Europe. The current standard of care, pegylated interferon-α-2a/b (peg-IFN) combined with ribavirin (RBV), has limited efficacy and causes significant side effects. In patients infected with HCV genotype 1, the most prevalent genotype in developed countries, treatment for 48 weeks results in rates of sustained virologic response (SVR) of only 40-50%. Efforts to improve patients’ outcomes have resulted in the development of direct-acting antiviral agents (DAAs) such as non-structural protein 3/4A (NS3/4A) serine protease inhibitors. The NS3/4A protease mediates the cleavage of the HCV polyprotein into functional viral protease essential for viral replication. NS3/4A serine protease inhibitors block this NS3/4A protease-dependent cleavage. Two of those protease inhibitors, telaprevir and boceprevir, are now licensed in several countries for clinical use in combination with peg-IFN and RBV, after extensive preclinical and clinical evaluation.

Telaprevir (TVR) is a selective, reversible, orally bio-available NS3/4A protease inhibitor that has demonstrated potent antiviral activity in patients infected with HCV genotype 1. Phase 3 clinical studies investigating TVR, peg-IFN and RBV combination therapy demonstrated significant improvement of SVR rates compared to standard treatment in both treatment-naïve and prior treatment-experienced patients infected with HCV genotype 1. However, the flexibility of the HCV genome, caused by the high error rate of its polymerase, allows the virus to adapt rapidly to the presence of an antiviral drug through the selection of minor variants with drug resistant mutations. Both clinical and replicon studies have demonstrated that resistant variants are characterized by mutations at positions V36, T54, R155 or A156. Indeed, in 74% of patients who failed to respond to TVR combination treatment in phase 3 clinical TVR trials, the virus population was dominated by resistant variants immediately after treatment. The abundant presence of resistant variants in patients who failed treatment is cause for concern, as this may limit the options for future retreatment in these patients and ultimately may also result in the spread of resistant viruses. Whether the virus population returns to baseline with respect to frequency of resistant variants is therefore an important issue to address. Using population and clonal sequencing, a few studies have monitored the frequency of resistant variants at different time points following TVR treatment in phase 1 and phase 3 clinical trials. These studies suggest that after termination of TVR treatment, the resistant virus population is gradually replaced by WT virus. The observed decline in frequency of resistant variants is not surprising as their fitness is impaired compared to WT virus. The aim of the study presented here was to study the frequency of resistant variants in patients 4 years after 14-days of monotherapy with TVR using the novel ultra-deep pyrosequencing (UDPS) technique. The extreme sensitivity of UDPS enables a comparison of changes in frequency of minor variants compared to baseline far beyond the limit of detection of conventional techniques. In addition, the large number of sequences that are generated also allows for a robust statistical analysis of observed changes in the virus population.
MATERIAL AND METHODS

Study Design and Patient Characteristics

The VX04-950-101 and VX05-950-103 clinical phase 1 studies investigated the safety and antiviral activity of TVR. Both studies were conducted at 2 collaborative sites in The Netherlands and one site in Germany in 2005 and 2006. These studies were conducted in full compliance with the guidelines of Good Clinical Practice and of the World Medical Assembly Declaration of Helsinki. Prior to study initiation, the protocol and informed consent form were reviewed and approved by the institutional review boards at each site. All patients provided written informed consent before participating in any study-related activity.

For the 101-study, patients naive or experienced to an interferon-based regimen were enrolled, whereas for the 103-study only treatment-naïve patients were eligible. All patients were chronically infected with HCV genotype 1. In the 101-study, 34 patients were randomized to receive placebo or TVR at doses of 450 mg or 750 mg every 8 hours or 1250 mg every 12 hours for 14 days. In the 103-study, 20 patients were randomized to receive TVR monotherapy, TVR with peg-IFN or peg-IFN with placebo for 14 days. At the completion of the 14-day study dosing, off-study standard of care with peg-IFN and RBV was offered to all patients. The complete study-design is shown in figure 1. During these studies, plasma samples for viral sequencing were collected at baseline, during, and after dosing.

Figure 1. 101 and 103 Study design.

All 15 patients received TVR monotherapy for 14 days. Off-study treatment with peg-IFN and RBV was offered to all study participants after day 14. Only 2 patients received the off-study standard of care.

In the study presented here, 15 patients from The Netherlands who received 14 days of TVR monotherapy in either the 101- or 103-study were included. Selection was based on availability of both a baseline and a long-term follow-up sample. A total of 12 and 3 patients were included from the 101- and 103-study, respectively. Patient characteristics including TVR-dosing are summarized in table 1. Eight patients were infected with HCV genotype 1a and 7 patients with genotype 1b. Two patients (patient 14 and 15) subsequently received peg-IFN and RBV, but failed to achieve a SVR. The interval between last TVR-dose and the follow-up time point ranged from 0.8 to 4.8 years, with a mean interval of 4 (±1.2) years. Mutations that were present at the end of treatment (EOT) at frequency ≥10% as determined by clonal sequencing are also summarized in table 1.

Table 1. Baseline characteristics of patients and previously published resistance mutations found at EOT.

<table>
<thead>
<tr>
<th>Patient ID (age, sex)</th>
<th>TVR dose (mg tid)</th>
<th>EOT resistance mutationsa</th>
<th>Previous Treatment Outcome</th>
<th>Baseline HCV RNA (IU/mL)</th>
<th>Follow-up HCV RNA (IU/mL)</th>
<th>Years between baseline and follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (53, M)</td>
<td>450</td>
<td>V36M+R155K(75%)</td>
<td>NR</td>
<td>1a</td>
<td>1.0E+06</td>
<td>1.3E+06</td>
</tr>
<tr>
<td>2 (43, M)</td>
<td>450</td>
<td>V36M(20%), V36A(13%), R155K(16%), R155T(16%), R155I(11%), A156T(11%)</td>
<td>NR</td>
<td>1a</td>
<td>1.2E+06</td>
<td>3.2E+05</td>
</tr>
<tr>
<td>3 (47, M)</td>
<td>450</td>
<td>V36M(22%), V36A(13%), R155K(10%), R155T(18%)</td>
<td>N</td>
<td>1a</td>
<td>8.2E+06</td>
<td>6.7E+05</td>
</tr>
<tr>
<td>4 (52, M)</td>
<td>450</td>
<td>None ≥ 10%</td>
<td>NR</td>
<td>1b</td>
<td>2.6E+07</td>
<td>3.8E+06</td>
</tr>
<tr>
<td>5 (49, M)</td>
<td>450</td>
<td>T54A(22%), A156V(35%)</td>
<td>NR</td>
<td>1b</td>
<td>9.4E+06</td>
<td>2.2E+05</td>
</tr>
<tr>
<td>6 (33, M)</td>
<td>450</td>
<td>V36A(47%), T54A(22%), A156V(21%)</td>
<td>NR</td>
<td>1b</td>
<td>1.3E+06</td>
<td>1.5E+05</td>
</tr>
<tr>
<td>7* (48, F)</td>
<td>750</td>
<td>T54A(26%)</td>
<td>NR</td>
<td>1b</td>
<td>5.6E+06</td>
<td>3.2E+06</td>
</tr>
<tr>
<td>8 (50, M)</td>
<td>750</td>
<td>V36M(25%), V36A(16%), R155K(26%), R155T(13%), R155I(16%)</td>
<td>NR</td>
<td>1a</td>
<td>9.2E+05</td>
<td>1.2E+05</td>
</tr>
<tr>
<td>9 (62, M)</td>
<td>1250</td>
<td>V36A(35%), T54A(27%), A156V(12%)</td>
<td>R</td>
<td>1b</td>
<td>2.2E+06</td>
<td>1.9E+06</td>
</tr>
<tr>
<td>10 (37, M)</td>
<td>1250</td>
<td>V36M(13%)</td>
<td>R</td>
<td>1a</td>
<td>3.1E+05</td>
<td>3.2E+05</td>
</tr>
<tr>
<td>11 (46, M)</td>
<td>1250</td>
<td>V36M(29%), V36M+R155K(49%)</td>
<td>N</td>
<td>1a</td>
<td>6.8E+06</td>
<td>1.8E+05</td>
</tr>
<tr>
<td>12 (44, M)</td>
<td>1250</td>
<td>T54A(67%), A156V(30%)</td>
<td>NR</td>
<td>1b</td>
<td>2.9E+06</td>
<td>2.3E+06</td>
</tr>
<tr>
<td>13 (52, F)</td>
<td>750</td>
<td>R155K(22%), V36M+R155K(63%), V36M+A156T(12%)</td>
<td>N</td>
<td>1a</td>
<td>1.1E+07</td>
<td>6.1E+05</td>
</tr>
<tr>
<td>14 (51, M)</td>
<td>750</td>
<td>A156V(T100%)</td>
<td>N</td>
<td>1b</td>
<td>4.2E+06</td>
<td>4.9E+06</td>
</tr>
<tr>
<td>15 (61, M)</td>
<td>750</td>
<td>V36M(19%), V36M+R155K(57%)</td>
<td>N</td>
<td>1a</td>
<td>3.9E+07</td>
<td>4.8E+06</td>
</tr>
</tbody>
</table>

aResistance mutations found at ≥10% of clonal population at EOT. Viral variants were cloned at EOT and the proportion of resistant variants was calculated based on the total number of clones sequenced.

*End of treatment sequence data were not available for patient 7, short-term follow-up (7 to 10 days post dosing) data are provided here. GT, genotype; F, female; M, male; NR, non-responder; N, naïve; R, relapse.

Genotyping and viral load

HCV RNA levels were determined using the Roche COBAS TaqMan HCV/HPS assay. Genotyping was performed according to Murphy et al.
HCV RNA for UDPS purposes was isolated from 100 µL plasma using the method described by Boom et al. Complementary DNA (cDNA) was synthesized from 9.4 µL isolated RNA with the Transcriptor High Fidelity cDNA synthesis kit (Roche Applied Science). The amount of starting RNA was not normalized for each patient, as viral loads were all in the same range. For UDPS, the 454 GS FLX titanium platform was used (Roche 454 Life Sciences, Branford, CT). The HCV NS3 protease region was amplified in 2 separate fragments. Forward primers comprised the 454 GS FLX titanium sequence primer A, followed by a patient-specific multiplex identifier sequence (MID) and a HCV-specific sequence. Reverse primers comprised the 454 GS FLX titanium sequence primer B followed by a patient-specific MID and a HCV-specific sequence as shown in table 2.

### Table 2. HCV NS3-specific UDPS-primers.

<table>
<thead>
<tr>
<th>Genomic region and primer</th>
<th>Sequence</th>
<th>Position*</th>
<th>Amplicon overage (bp)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amplicon NS3-I</strong>: V36/T54</td>
<td>5’- 454A-MID- AGCITACYGCCGRGA - 3’</td>
<td>3477 - 3493</td>
<td>181</td>
</tr>
<tr>
<td><strong>Amplicon NS3-II</strong>: R155/A156</td>
<td>5’- 454B-MID- TGGTCYACATTGGTRTACATYTG - 3’</td>
<td>3636 - 3658</td>
<td></td>
</tr>
<tr>
<td><strong>VX1-Sense</strong></td>
<td>5’- 454A-MID- CAYGCYGATGTCATYCC - 3’</td>
<td>3747 - 3763</td>
<td>298</td>
</tr>
<tr>
<td><strong>VX1-Antisense</strong></td>
<td>5’- 454B-MID- CCRTTGCIGTRGGRCG - 3’</td>
<td>4029 - 4045</td>
<td></td>
</tr>
<tr>
<td><strong>VX2-Sense</strong></td>
<td>5’- 454A-MID- AGCYTIACYGGCCGRGA - 3’</td>
<td>3477 - 3493</td>
<td>181</td>
</tr>
<tr>
<td><strong>VX2-Antisense</strong></td>
<td>5’- 454B-MID- TGGTCYACATTGGTRTACATYTG - 3’</td>
<td>3636 - 3658</td>
<td></td>
</tr>
</tbody>
</table>

*Relative to H77 (GenBank accession number AF09606)

Sensitivity of UDPS

Using basic calculation of probabilities, the chance of detecting at least one specific minor variant (P[m]) with 95% certainty is: \( P(m) = 1 - 0.05^{1/N} \), where \( N \) is the number of individual reads. Thus, in theory, when analyzing 1000 reads, a minor variant present at 1-0.05\(^{1/1000} = 0.3 \) % can be detected with 95% certainty.

Analysis of genetic variability

To identify changes in quasispecies diversity, genetic variability was determined at both time points using average pairwise distances (APD) and average Shannon entropy (ASE) values. Genetic diversity of viral populations at both time points was determined by calculating the APD for each time point using a p-distance model as implemented in MEGA 5.0.5 software.\(^{16,21}\)

The APD between baseline and follow-up were compared for both amplicons and separately for each genotype with a paired T-Test. The APD between genotypes were compared with the independent sample T-test.

### Statistical analysis

Resistant variants were tabulated at each time point and compared statistically between time points at each position, evaluating the null hypothesis of equivalence between time points (baseline and follow-up) in the proportion of resistant variants. This was approached in 2 ways: (i) in an evaluation of the hypothesis of equivalence across all patients, and (ii) in an evaluation of the hypothesis of equivalence between time points independently for each patient and at each position.

(i) To test for the equivalence of the proportion of resistant variants between time points across patients, the arcsine-square root transformed percentage of resistant variants present at each time point was compared using least squares estimation with variation between subjects controlled by considering the ‘patient’ to be a random variable and considering ‘time point’ a fixed variable in a mixed model (JMP, v8.0.1). In this way, the effect of the fixed variable of time was tested while controlling for patient-level variation. The hypothesis of equivalence between time points in the proportion of resistant variants was evaluated independently for each position.

(ii) The count of resistant (V36A/M, T54A/S, R155K/T/M/I, and A156S/T/V) and ‘non-resistant’ variants was tabulated at each position independently for each patient. The null hypothesis of equivalence was evaluated independently at each position (4 positions; NS3-36, 54, 155, and 156) and for each patient (n=20) using a two-sided Fisher’s Exact test (R, v.2.8.1), for a total of 80 tests of hypothesis (4x20=80). Type I error was controlled using a Bonferonni correction.
Phylogenetic analysis
For one patient (patient 15) NS3 clonal analysis of the EOT and follow-up time point was performed. For clonal sequencing of the follow-up time point, viral RNA was extracted from plasma using the QIAamp BioRobot 9604 (Qiagen, Valencia, CA; Kit 965662). A cDNA fragment was synthesized from viral RNA and amplified by nested PCR. Agarose gel purified amplicons containing the entire NS3 protease coding region were cloned using the TOPO® XL PCR Cloning Kit (Invitrogen Corp). Cloning plates were sent to Beckman-Coulter (Agencourt® Biosciences; Danvers, MA), where 96 clones were amplified and sequenced.

For this patient the evolutionary history of resistant variants detected at follow-up was reconstructed through time using the Bayesian inference framework implemented in the program BEAST 1.6.1.15 Given an alignment of sequences sampled at different points in time, the rate of viral evolution and the phylogenetic history of infection were estimated on the observed time scale.26,27 Sequences were analysed using the Hasegawa, Kishino & Yano substitution model with gamma distribution under a relaxed molecular clock. A constant-size coalescent model was applied. Using this model structure, the dates of the most common recent ancestor (tMRCA) of the resistant variants present at follow-up were estimated using Bayesian Bayesian Markov Chain Monte Carlos (MCMC) sampling. The MCMC algorithm was run for 5 x 10⁷ states sampling every 5 x 10³ states. Seven independent runs were combined using Logcombiner v1.6.1. Chain convergence and posterior distributions were investigated using Tracer v1.5.

RESULTS
UDPS results
Amplification of fragments NS3-I and NS3-II succeeded in 13 out of 15 patients at both baseline and follow-up. For the 2 remaining patients (patient 9 and patient 10) amplification of fragment NS3-I failed at both baseline and follow-up. UDPS of fragment NS3-I succeeded in 12 out of 13 amplicons at both baseline and follow-up and in 14 out of 15 amplicons for fragment NS3-II. UDPS of one patient (patient 6) failed in both fragments at both baseline and follow-up.

UDPS of fragment NS3-I, spanning positions V36 and T54, resulted in a median of 14840 sequence reads (range 8687-20588) and 13717 sequence reads (range 8687-19968), per position in baseline samples. UDPS of fragment NS3-II, spanning positions R155 and A156, resulted in a median of 4017 (range 545-7363) and 3994 (range 545-7361) sequence reads, respectively, per position as shown in table 3A and 3B.

In follow-up samples, UDPS of fragment NS3-I, resulted in a median of 9628 (range 3927-88567) and 10009 (range 3869-86402) sequence reads at positions V36 and T54 respectively. A median of 4930 reads (range 1253-20478) and 6074 reads (range 1253-20466) for positions R155 and A156 respectively were analyzed for fragment NS3-II.

Frequency of resistant variants
Resistant variants, if present at either the baseline or follow-up time points, constituted a small fraction of the viral population (figure 2, table 3). Resistant variants were detected at baseline in 5 out of 12 patients. In 4 of these 5 patients, the baseline resistant variants were present at 0.04% of the population or less. In the remaining patient (patient 12) the baseline variant T54A was present at 0.54%. Together, resistant variants were detected at ~0.5% or less of the viral population in 12 out of 14 patients.

Figure 2. Prevalence of TVR resistance mutations at baseline and long-term follow-up.
See page 285 for full colour figure.
Persistence of hepatitis C resistant variants after telaprevir treatment

Genetic diversity at baseline and follow-up

Both APD and ASE values were used to study changes in viral diversity between follow-up and baseline. No significant difference in the APD and ASE values were observed between the two time points as seen in figure 3A and 3B. Subanalysis per genotype also did not indicate a differential diversity of the virus population between genotype 1a and 1b (data not shown).

In figure 4 the Shannon entropy per position is plotted for both amplicons and time points averaged for all patients. No statistical significant difference was observed comparing baseline Shannon entropies to follow up.

Figure 3. Genetic diversity at baseline and long-term follow-up.

APD and ASE values are plotted in graph 3A and 3B respectively. No significant difference in the APD and ASE values were observed between baseline and follow-up. P-values are depicted in the graphs.

Figure 4. Shannon entropy per nucleotide position at baseline and follow-up.

Shannon entropy per nucleotide position (averaged for all patients) is plotted for both amplicons and time points. Higher Shannon entropy values per position were observed for NS3-I compared to NS3-II, but no difference was observed comparing baseline to follow-up. Resistance associated amino acid positions are indicated on the X-axis.

Test for resistant variant enrichment: Baseline vs. Follow-up

The null-hypothesis of equivalent proportions of resistant variants between baseline and follow-up was evaluated independently at NS3 amino acid positions 36, 54, 155, and 156. Results suggested that, across patients, there was no difference in the frequency of resistant variants at baseline and follow-up. P-values were 0.53, 0.80, and 0.74 for NS3-36, 54, and 156.

A comparison between time points in the case of NS3-155 variants was not possible, as no resistant variants were observed at this position at either time point (indicating equivalence between the time points).
To evaluate the same hypothesis individually (i.e., to test for enrichment in the proportion of resistant variants independently for each patient), a Fisher Exact Test was performed for each patient and at each position. For 13 out of 14 patients, there was no suggestion of a significant difference between time points. For patient 12, there was a statistically greater prevalence of T54A at baseline (baseline: 0.54%) than at follow-up (0%; \( p = 4.21 \times 10^{-4} \)). This mutation was also found at the EOT time point in 67% of clones.\(^{25}\) For patient 15, a statistically significant enrichment of both V36M and T54S (follow-up: 4.53% and 0.35%) variants at follow-up relative to baseline (both 0%; \( p < 2.2 \times 10^{-16} \)) was observed. Neither V36M nor T54S were detected at baseline in this patient but were present as 4.53% and 0.35% of the viral population at follow-up, respectively.

**Figure 5.** Molecular clock phylogeny from patient 15.

The tree represents the maximum clade credibility tree from the Bayesian MCMC analysis. The bullets at the nodes indicate the tMRCA estimates for the V36M (●=126 days, 95% HPD 1 - 360) and T54A/S (○= 63 days, 95% HPD 1 - 195) resistant variants. The V36M, T54A and T54S mutations are indicated in green, blue and pink respectively. The vertical grey shaded bar indicates the TVR-treatment period. Time scale in years relative to the EOT period is indicated on the X-axis.

**Phylogenetic analysis of clonal sequences of patient 15.**

At the EOT time point, the majority of clones sequenced from patient 15 were resistant, with V36M+R155K present in 57% of clones.\(^{27}\) If the clones sequenced at the long-term follow-up time point had persisted for 4 years as a remnant of the resistant clones present immediately after dosing, it would be expected that in the phylogeny these resistant clones would cluster with the resistant clones present at the EOT. Instead, these clones formed part of the monophyletic clade that comprises the long-term follow-up viral population (figure 5). In addition, calibrating the tree using BEAST, the MCMC analysis yielded tMRCA estimates for the resistant variants present at long term follow-up of 126 (95% highest posterior density (HPD) interval 1 - 360) and 63 (95% HPD 1 - 195) days for the V36M and T54A/S mutants respectively, suggesting *de novo* generation, rather than persistence, of the V36M and T54A/S clones observed at long-term follow-up.

**DISCUSSION**

In early phase 1 studies of TVR, it has been shown that resistant variants are rapidly selected in patients who received 14 days of TVR monotherapy. Assessment of the viral population 3-7 months after the end of TVR-dosing by clonal sequencing showed the predominance of WT virus in the majority of patients.\(^{17}\) However, whether the viral population in these patients eventually returned to baseline state or whether resistant variants persisted at low levels is unknown.

This study was designed to investigate whether the selection of resistant variants after short-term TVR monotherapy results in long-term persistence of these variants. To address this question, a highly sensitive UDPS analysis of resistance was carried out on plasma samples taken after a median follow-up of 4 years after participation in the clinical phase 1 trial of 14-day TVR monotherapy.\(^{18,19}\) At this follow-up time point, frequency of resistance mutations was low and in general not increased compared to baseline frequencies. In addition, no significant overall change in quasispecies diversity, expressed by genetic distance or Shannon entropy, was present comparing the follow-up time point to baseline.

To our knowledge, this is the first study that investigated the frequency of protease inhibitor-resistant variants at baseline and after treatment using UDPS. Using UDPS, clonal and population sequencing, the sporadic presence of naturally occurring resistance mutations at low frequencies have been reported by others.\(^{17,18-20}\) In the present study, mutations associated with resistance were detected in baseline samples of naïve patients in 6 out of 12 patients, with frequencies of less than 0.1% in 4 of these 6 patients. Of note, the observed baseline resistant variants were not predictive of the presence of resistance at the end of the 14 days dosing period as in all but one patient resistant variants were detected at a level exceeding 10% post-dosing. Furthermore, the low level presence of resistance mutations at baseline did not necessarily result in selection of that variant during treatment as shown by the baseline A156T mutation in patient 5. Interestingly, mutations R155K or R155T, which are key mutations for resistance to both linear and macrocyclic protease inhibitors in genotype 1a, were not detected in any of the baseline or follow-up samples. At the follow-up time point, frequency of resistant variants was in general not increased.
Only patient 15 had a small but statistically significant increase in the low-level resistant variants, V36M and T54S. Interestingly, the T54S mutant, that was considered enriched in patient 15 relative to baseline, was not observed by clonal sequencing of 88 clones at EOT. In addition, the phylogenetic analysis of clonal sequences of this patient suggests that the most recent common ancestors of the two clusters with resistant variants present at the follow-up time point are estimated to have an origin of 126 and 63 days before the long-term follow-up time point for the V36M and the T54S respectively. This suggests that in this patient the variants with the T54S and V36M mutations sequenced at follow-up are naturally occurring variants that arose after treatment. Using conventional population or clonal sequencing others have reported a gradual decline to WT virus population after treatment discontinuation of either short term monotherapy or combination treatment with interferon for longer treatment periods. In other viral infections treated with DAAst, such as human immunodeficiency virus or hepatitis B virus infections, mechanisms to improve the fitness of resistant variants, such as selection of compensatory mutations, enable the resistant variants to persist. The short dosing period of 14 days was perhaps insufficient for the development of adaptive mutations that may restore fitness to WT levels. It is possible that with longer treatment durations, the fitness of resistant variants could be compensated by additional mutations that enhance the replication efficiency. However, the evolution of resistant variants may be limited by the implementation of stopping rules that instruct to discontinue use of TVR in patients who are likely to have virologic failure. Furthermore, the currently approved TVR combination regimen includes peg-IFN and RBV, which synergistically suppress virus replication thereby reducing the likelihood of occurrence and persistence of mutations. There are some limitations to this study. First, there is a theoretical possibility of oversampling but as viral loads of all samples exceeded 10^5 IU/mL (or 5 x 10^5 copies/mL), viral RNA input was at least 10^6 virus copies per test, demonstrating that redundancy or oversampling was not a problem in the UDPS test set up. Second, while at EOT resistant variants were detected in all patients, at follow-up the results from three patients (patient 6, 9 and 10) were missing due to unsuccessful amplification or UDPS. However it is unlikely that this has affected the conclusion of our study, as these sequence failures were random. Third, the intrinsic error rate of the UDPS technique may have caused some of the variability that was observed. A cut off of 0.1% or even 0.5% is often used for reliable detection of mutants based on plasmid controls. If we would have implemented such a cut off in this study, observed variation at resistant sites would have been even less than the limited variation already present, as most of the observed variation at resistance associated sites was present at a level of less than 0.5%. In stead, sequencing errors in our system set up seem to occur at a much lower level than 0.5%. This can be inferred from the fact that observed variation at the resistance associated sites was very limited with 100% WT amino acid residues and nucleotide conservation in most samples, as shown in table 3. The little variation that was observed resulted in amino acid changes that have been described as polymorphisms of resistance associated mutations, indicating that these mutations do not result in non-viable virus and could well be true variation. Results from a previous study by Susser et al. who used clonal sequencing indicate that at long-term follow-up after initial TVR-monotherapy the majority of the viral population consisted of wild-type variants. Our study confirms and extends the results from this study as we demonstrate that in most patients, frequencies of resistant NS3 variants after 4 years of a 14 day monotherapy course measured by an extremely sensitive sequence analysis technique are comparable to baseline. Since HCV is not known to be archived, patients could potentially be retreated in the future with more expanded combination therapy regimens that still contain TVR or other protease inhibitors from the same class. Indeed, in a recent study, such quadruple combination regimens, consisting of peg-IFN, RBV, a protease- and a polymerase inhibitor was very powerful. However, re-treatment clinical trials are necessary to fully understand the implications of resistance.
REFERENCES


