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# Nondetection of Helium in the Hot Jupiter WASP-48b

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## Abstract

Hot Jupiters orbiting extremely close to their host star may experience atmospheric escape due to the large amounts of high-energy radiation they receive. Understanding the conditions under which this occurs is critical, as atmospheric escape is believed to be a driving factor in sculpting planetary populations. In recent years, the near-infrared 10833 Å helium feature has been found to be a promising spectral signature of atmospheric escape. We use transmission spectroscopy to search for excess helium absorption in the extended atmosphere of WASP-48b, a hot Jupiter orbiting a slightly evolved, rapidly rotating F star. The data were collected using the Habitable-zone Planet Finder spectrograph on the Hobby–Eberly Telescope. Observations were taken over the course of seven nights, from which we obtain three transits. No detectable helium absorption is seen, as absorption depth is measured to  $-0.0025 \pm 0.0021$ , or  $1.2\sigma$  from a null detection. This nondetection follows our current understanding of decreasing stellar activity (and thus high-energy radiation) with age. We use a 1D isothermal Parker wind model to compare with our observations and find that our nondetection can best be explained with a low planetary mass-loss rate and high thermosphere temperature. We explore our results within the context of the full sample of helium detections and nondetections to date. Surprisingly, comparing helium absorption with the stellar activity index  $\log R'_{\text{HK}}$  reveals a large spread in the correlation between these two factors, suggesting that there are additional parameters influencing the helium absorption strength.

*Unified Astronomy Thesaurus concepts:* Exoplanet astronomy (486); Exoplanet atmospheres (487); Hot Jupiters (753); High resolution spectroscopy (2096); Transmission spectroscopy (2133)

*Supporting material:* machine-readable table

## 1. Introduction

With the explosion of exoplanet detections in the last decade, an increasing focus has been on understanding planetary demographics and evolution. Atmospheric escape of close-in exoplanets is a phenomenon that can help us answer both of these questions. It is thought to be a partial explanation for the dearth of planets between  $1.5\text{--}2 R_{\oplus}$ , known as the radius valley (Fulton et al. 2017), because it may drive enough atmospheric mass loss on planets of a certain size threshold to significantly affect how a planet evolves (e.g., Owen & Wu 2013). Additionally, quantifying mass-loss rates through studies of atmospheric escape provides insight into atmospheric durability over a planet’s lifetime, which in turn is important for understanding habitability (Lammer et al. 2014).

Thought to be driven primarily by high-energy ultraviolet (UV) and X-ray stellar radiation (e.g., Lammer et al. 2003; Murray-Clay et al. 2009), atmospheric escape was first directly observed in the atmosphere of HD 209458b (Vidal-Madjar et al. 2003) via the detection of the Ly $\alpha$  hydrogen transition in the planetary atmosphere using UV transmission spectroscopy. However, to date, only a handful of detections using this marker have been made (e.g., Ehrenreich et al. 2012; Lecavelier des Etangs et al. 2012; Kulow et al. 2014). Though

the line has a large cross section (Owen 2019), the lack of ease of detection is attributable to the fact that the line is in the UV regime (at 1215 Å) and thus cannot be observed using high-resolution ground-based facilities. In addition, the core of the line is altered by heavy absorption by the interstellar medium (ISM; Wood et al. 2005; Edelman et al. 2019) and Earth’s own geocoronal emission (e.g., Vidal-Madjar et al. 2003).

In addition to Ly $\alpha$ , the H $\alpha$  line of the Balmer series has also been observed in a handful of exoplanetary atmospheres (e.g., Jensen et al. 2012; Yan & Henning 2018). However, there have been controversies over whether some detections of H $\alpha$  are due to stellar activity or planetary absorption (e.g., Barnes et al. 2016; Cauley et al. 2017).

Metals, including O I (Vidal-Madjar et al. 2004; Ben-Jaffel & Ballester 2013), C II (Vidal-Madjar et al. 2004; Linsky et al. 2010), Mg I (Vidal-Madjar et al. 2013), and Mg II and Fe II (Sing et al. 2019) have also been used as indicators of atmospheric escape. Additionally, broadband X-ray transit observations of HD 189733b have shown a discrepancy between the X-ray and optical transit depths, supporting the existence of escaping metals (which absorb at X-ray wavelengths) in planetary exospheres (Poppenhaeger et al. 2013).

The metastable helium feature at 10833 Å has also emerged in recent years as a marker of atmospheric escape. It is less susceptible to stellar activity than H $\alpha$  and is not affected by absorption from the ISM like Ly $\alpha$ . In addition, a huge advantage of using this feature over Ly $\alpha$  is that it is in the

infrared regime, meaning it can be observed using ground-based telescopes.

While it was first predicted to be a strong absorption feature of transmission spectroscopy in 2000 (Seager & Sasselov 2000), this triplet feature was not detected in an exoplanetary atmosphere until 2018, when it was observed in the atmosphere of WASP-107b using narrowband photometry with the Wide Field Camera 3 on board the Hubble Space Telescope (Spake et al. 2018). Since then, the number of helium detections has exploded. To date, more than 30 planets have been investigated for the 10833 Å helium line. Of these, most have been nondetections (e.g., Kasper et al. 2020; Krishnamurthy et al. 2021; Vissapragada et al. 2021; Zhang et al. 2021; Kawauchi et al. 2022), but there have been many detections as well (e.g., Allart et al. 2018; Nortmann et al. 2018; Salz et al. 2018; Ninan et al. 2020; Paragas et al. 2021).

The helium absorption feature at 10833 Å is due to resonance scattering of neutral helium from the  $2^3S$  to the  $2^3P$  state (Oklopčić & Hirata 2018). There are two main pathways to populate the  $2^3S$  metastable state: photoionization–recombination and collisional excitation (Oklopčić & Hirata 2018). In the photoionization–recombination pathway, extreme-UV (EUV) photons are responsible for ionizing neutral helium, which then recombines to the metastable  $2^3S$  state. In exoplanets, this is the dominant pathway populating the metastable helium state. Therefore, the population of this state (and thus helium absorption at 10833 Å) is thought to be driven primarily by the amount of EUV flux received from the host star (Oklopčić 2019). Accordingly, an intense amount of focus has been placed on determining a correlation between EUV flux and helium absorption depth.

On the other hand, the metastable  $2^3S$  state is ionized and depopulated by mid-UV flux (Oklopčić 2019). This suggests that larger helium absorption features may be expected from planets orbiting stars with high amounts of EUV radiation, which originates from the stellar corona (Nortmann et al. 2018), but low amounts of mid-UV blackbody radiation. The optimal ratio of EUV to mid-UV flux was found by Oklopčić (2019) to exist around K-type stars, and this finding has largely skewed the sample of helium studies toward K-type stars.

Additionally, because EUV flux originates from stellar magnetic activity in the corona, and stars are most active in their younger years (Ribas et al. 2005), emphasis has also been placed on helium searches for planets orbiting young, active stars. While it is important to continue to study atmospheric escape in these types of environments, in order to fully comprehend the relationship between high-energy radiation and helium absorption, environments other than planets orbiting young K-type stars must be considered. Only with a more complete sample can we begin to sketch the story of how atmospheric escape drives planetary evolution across all stellar types and ages.

In this paper, we use transmission spectroscopy to examine the 10833 Å line in the atmosphere of a hot Jupiter orbiting a slightly evolved star. WASP-48 is an F-type star with an age of approximately 7.9 Gyr (Enoch et al. 2011), and its sole known planet is a hot Jupiter with a period of 2.14 days. Stellar and planetary parameters are given in Table 1. This system is very similar to that of HAT-P-32, which has one of the strongest helium signals detected to date (Czesla et al. 2022). Though the HAT-P-32 system is likely younger than the WASP-48 system,

**Table 1**  
Parameters of WASP-48b and Its Host Star

Parameter	Value
Distance (pc)	460 ± 5
Stellar radius ( $R_{\odot}$ )	1.75 ± 0.09
Stellar mass ( $M_{\odot}$ )	1.19 ± 0.05
Stellar $T_{\text{eff}}$ (K)	5920 ± 150
Stellar age (Gyr)	7.9 $^{+2.0}_{-1.6}$
Spectral type	F
$V$ magnitude	11.72 ± 0.14
log $g_{\odot}$ ( $\text{cm s}^{-2}$ )	4.03 ± 0.04
[Fe/H]	−0.12 ± 0.12
$v \sin i$ ( $\text{km s}^{-1}$ )	12.2 ± 0.7
Planet radius ( $R_p$ )	1.67 ± 0.10
Planet mass ( $M_p$ )	0.984 ± 0.085
Planet density ( $\rho_p$ )	0.21 ± 0.04
Planetary $T_{\text{eff}}$ (K)	2035 ± 52
$a$ (au)	0.0344 ± 0.0026
$P$ (days)	2.14363592 ± 0.0000046
log $g_p$ ( $\text{cm s}^{-2}$ )	2.91 ± 0.06
Transit duration (minutes)	192.20 ± 1.73
$T_c(0)$ (BJD <sub>TDB</sub> )	2455364.55217 ± 0.00020
Inclination (deg)	80.09 ± 0.55

**Note.** Values taken from Enoch et al. (2011) and Turner et al. (2016).

both consist of hot Jupiters with similar planet properties orbiting an F star at approximately 0.034 au (see Table 5).

By investigating a non-K-type star that is off the main sequence, we hope to contribute to a more complete sample of helium observations, which is important in order to uncover the full picture of how EUV flux impacts atmospheric escape over the course of a planet’s lifetime. To the best of our knowledge, this is only the second time a star off the main sequence has been targeted in the metastable helium search. The first was WASP-12b (Kriedberg & Oklopčić 2018), in which helium was not detected.

While the host star has a low stellar activity index (log  $R'_{\text{HK}} = -5.135$ ), it is rotating at  $v \sin i \sim 12.2 \text{ km s}^{-1}$ , a rapid rate for a star of its age. This makes it an intriguing candidate for a metastable helium study, as a higher rotation rate is suggestive of greater stellar activity. Therefore, a search for helium in this exoplanet will provide insight into whether evolved stars can indeed show high levels of EUV flux and thus drive atmospheric escape beyond the time frame accepted in our current models.

We detail the observations and analysis in Section 2. In Section 3, we examine how our observations compare to the model derived by Oklopčić & Hirata (2018) and perform a more robust statistical examination of the result. We examine our findings in the context of the complete sample of helium literature in Section 4 and work toward uncovering a relationship between helium absorption and measures of stellar activity.

## 2. Observations and Data Analysis

### 2.1. Observations and Data Reduction

Observations were taken using the Habitable-zone Planet Finder (HPF), a fiber-fed near-IR echelle spectrograph on the 10 m Hobby–Eberly Telescope (HET). Though HPF was originally designed to detect low-mass planets around M dwarfs using precision radial velocity techniques (Mahadevan et al. 2012), it has become widely used in the search for helium in

**Table 2**  
HPF Spectrographic Observations of WASP-48b

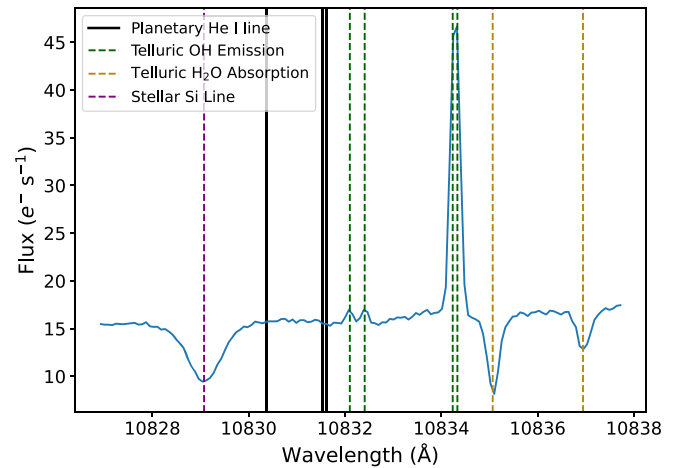
Date (UT)	Time (UT)	In vs. Out of Transit	Average S/N
2019 May 16	08:06:44	Out	112.3
2019 May 16	08:22:33	Out	112.9
2019 May 16	08:38:21	Out	105.4
2019 May 17	07:55:23	Out	66.2
2019 May 17	08:11:11	Out	84.0
2019 May 17	08:27:00	Out	90.0
2019 May 19	07:21:18	Out	92.8
2019 May 19	07:37:07	In	110.2
2019 May 19	07:52:56	In	121.8
2019 May 19	08:08:45	In	120.5
2019 May 19	08:24:33	In	108.1
2019 May 19	08:40:22	In	105.0
2019 Jun 16	05:44:02	In	59.1
2019 Jun 16	05:59:50	In	61.1
2019 Jun 16	06:15:39	In	98.3
2019 Jun 16	06:31:28	In	92.0
2019 Jun 16	06:47:17	In	88.0
2019 Jun 16	07:04:31	In	74.1
2019 Jun 18	05:56:08	Out	94.3
2019 Jun 18	06:11:57	Out	91.9
2019 Jun 18	06:27:46	Out	79.8
2019 Jun 18	06:43:34	Out	73.4
2019 Jun 18	10:20:41	In	78.6
2019 Jun 18	10:36:30	In	92.2
2019 Jun 18	10:52:19	In	31.7
2019 Jun 18	11:08:08	Out	49.5
2019 Jun 19	05:38:12	Out	62.2
2019 Jun 19	05:54:01	Out	75.6
2019 Jun 19	06:09:50	Out	82.2
2019 Jun 19	06:25:39	Out	76.2
2019 Jun 29	09:56:16	Out	105.1
2019 Jun 29	10:12:05	Out	98.2
2019 Jun 29	10:27:54	Out	90.1
2019 Jun 29	10:43:43	Out	86.6

exoplanets (e.g., Ninan et al. 2020; Krishnamurthy et al. 2021; Vissapragada et al. 2021). The HPF has a wavelength range coverage of 8079–12786 Å and resolving power of  $R \sim 55,000$  (Ninan et al. 2020).

Observations were taken on seven nights between 2019 May 16 UT and 2019 June 29 UT. These are detailed in Table 2. Due to the design of the HET, observations can only take place over a limited time span, so observing a full transit from ingress to egress in one night is not possible. Instead, observations are taken on multiple nights to piece together as much of the transit as possible. Across these seven nights of observations, three transits were observed: on 2019 May 19 UT, 2019 June 16 UT, and 2019 June 18 UT.

In our analysis, we include exposures with an average signal-to-noise ratio (S/N) of greater than 50, which excludes the exposures from 2019 June 18 10:52 UT and 2019 June 18 11:08 UT. This decision was supported by the fact that a strong stellar silicon feature occurring just blueward of the helium triplet (see Figure 1) was absent in these two exposures but present in all other exposures, suggesting that WASP-48 was not successfully observed in these two cases.

Two more exposures, those from 2019 June 16 05:44 UT and 2019 June 16 05:59 UT, were also eventually discarded due to an imperfect data analysis process that proved to be



**Figure 1.** Example spectrum from 2019 May 19 08:08 UT in the topocentric rest frame. The rest wavelengths of the HITRAN-derived OH and H<sub>2</sub>O features are shown with vertical green and yellow dashed lines, respectively. These coincide with the emission lines seen in the spectrum, confirming that they are telluric features originating in the Earth’s atmosphere. The expected location of the stellar silicon feature and any planetary helium feature is also plotted. Note that the location of the predicted helium feature varies across exposures due to changing barycentric and planetary velocity corrections.

particularly errant for these two exposures. More details on this realization and justification are provided in Section 3.

The data were reduced using the HPF extraction pipeline (Ninan et al. 2018). After accounting for bias removal, nonlinearity correction, and cosmic-ray correction, this algorithm nondestructively measures the rate of charge accumulation per pixel in an “up-the-ramp” fashion. These 3D data are then collapsed to a 2D flux image, which is flat-fielded and rectified (Kaplan et al. 2019). Finally, an optimal extraction algorithm (Horne 1986) is used to weight the data by their uncertainty and cross-dispersion profile and collapse them into a 1D spectrum.

Each resulting exposure contains a science, sky, and calibration fiber spectrum, with all wavelengths being measured in vacuum. The metastable helium feature is actually a triplet with rest vacuum wavelengths of 10832.07, 10833.22, and 10833.31 Å. We calculate these values by converting the air wavelengths of the helium triplet, given in the NIST Atomic Spectra Database,<sup>7</sup> into vacuum wavelengths. A first glimpse of the spectrum around 10833 Å can be seen in Figure 1. A stellar silicon line and several telluric features are visible. These telluric features include an OH emission doublet at 10832.10 and 10832.41 Å, another strong but blended OH emission doublet at 10834.24 and 10834.33 Å, and two water vapor absorption lines at 10835.07 and 10836.94 Å. The identities of these features were uncovered using the high-resolution transmission molecular absorption (HITRAN) database.<sup>8</sup>

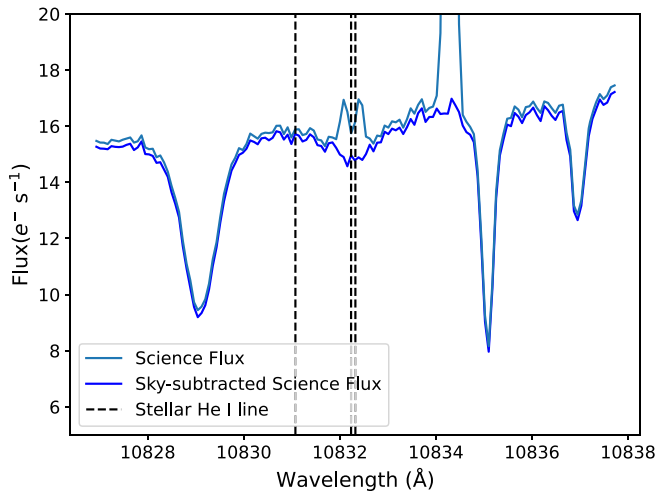
## 2.2. Analysis

Telluric lines pepper our observations and must be removed before proceeding. In particular, we focus on the OH telluric emission lines closest to the 10833 Å line. When shifting the spectra into a stellar rest frame, the bluest OH emission

<sup>7</sup> <https://www.nist.gov/pml/atomic-spectra-database>

<sup>8</sup> <https://hitran.org>





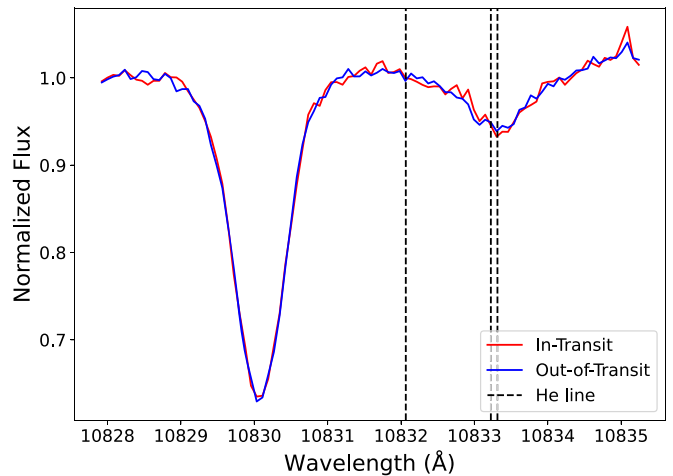
**Figure 2.** Science fiber in the topocentric rest frame, both before (light blue line) and after (dark blue line) sky flux subtraction. This exposure is from 2019 May 19 08:08 UT. We have zoomed in to see that the sky subtraction has successfully removed the OH emission lines and revealed a stellar helium line underneath the small OH doublet.

doublet overlays the redward components of the helium triplet (10833.22 and 10833.31 Å), which will interfere with our ability to detect any planetary helium in exposures close to mid-transit, where the planetary velocity shifts are relatively small.

To remove these telluric emission lines, we subtract the sky fiber from the science fiber. For each spectrum, we first remove the sky flux continuum and interpolate the sky fiber to the science fiber. We calculate a scaling ratio for the sky spectrum to correct for the varying intensity of the OH peaks between the sky and science fibers. We apply this scaling ratio to the sky spectrum between 10831 and 10835 Å. Though the scaling ratio does have a chromatic dependence, the two OH peaks are very close in wavelength, and one scaling factor should suffice. Once the scaling factor is applied, we subtract the interpolated sky spectrum from the science spectrum. This technique reveals a shallow stellar helium feature underneath the OH emission lines, as shown in Figure 2.

By examining Figure 2, we can see that the closest telluric water absorption line falls about 2 Å from the stellar helium feature. We calculate that the maximum planetary radial velocity in transit is  $32.7 \text{ km s}^{-1}$ , which translates into a 1.2 Å shift at 10833 Å. Because this is smaller than the wavelength difference between helium and the telluric water lines, we are justified in disregarding those telluric absorption lines. (We also conducted a visual examination of each in-transit spectrum in the planet rest frame to confirm that the expected planetary helium feature location does not overlap in any instance with the telluric water lines.)

Once the telluric features have been accounted for, we create a master out-of-transit spectrum. First, the spectra are normalized by dividing each science spectrum by a third-order polynomial fitted to the stellar continuum, following Salz et al. (2018). Next, each out-of-transit spectrum is shifted from a topocentric rest frame into the stellar rest frame. To do this, the spectra are first shifted into a barycentric rest frame using the `barycorrpy` Python package developed by Kanodia & Wright (2018), which is based on the IDL code by Wright & Eastman (2014). We then immediately shift each spectrum into



**Figure 3.** In-versus-out of transit spectrum in the stellar rest frame. The individual spectra have been interpolated and undergone a weighted sum with their inverse variances used as weights. No planetary helium signal is visible.

WASP-48’s stellar rest frame by accounting for the systemic radial velocity of WASP-48 ( $-19.740 \text{ km s}^{-1}$ , taken from the SIMBAD Astronomical Database<sup>9</sup>). We ignore the reflex stellar radial velocity from the motion of the planet, because we calculate the radial velocity semiamplitude of the star to be only  $0.14 \text{ km s}^{-1}$ . At 10833 Å, this translates to a shift of 0.0050 Å, which is less than the spectral resolution of HPF at this wavelength ( $\sim 0.2 \text{ Å}$ ).

Next, we interpolate each individual out-of-transit spectrum to a single reference wavelength grid using the `scipy` cubic interpolation function. We sum the spectra together, with each spectrum weighted by the inverse of its variance following Salz et al. (2018) and Ninan et al. (2020), to arrive at our master out-of-transit spectrum.

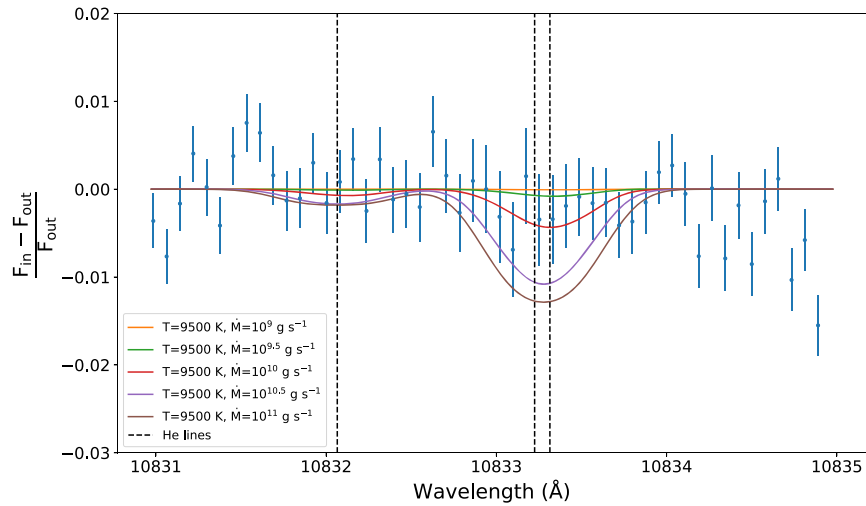
Before shifting the in-transit spectra into their appropriate planetary rest frames, we can create an analogous master in-transit spectrum in the stellar rest frame to compare with the out-of-transit spectrum. This provides a quick visual inspection of the helium feature to see if there is any hint of planetary helium. As shown in Figure 3, no visible planetary helium is present when examining the master in-versus-out spectrum.

To create the transmission spectrum, we interpolate the master out-of-transit spectrum to each individual in-transit spectrum and calculate

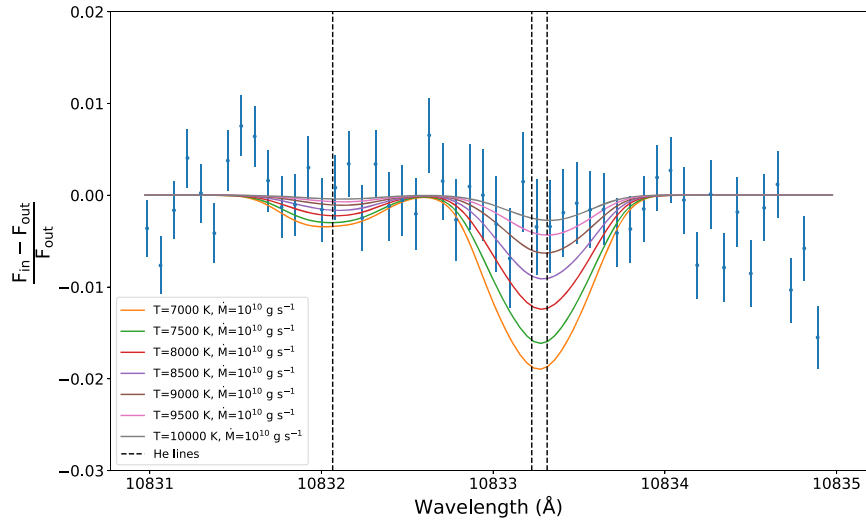
$$\frac{F_{\text{in}} - F_{\text{out}}}{F_{\text{out}}} = \frac{F_{\text{in}}}{F_{\text{out}}} - 1 \quad (1)$$

to create a series of “ratio spectra.” We then shift these spectra into their planetary rest frames by using the `radvel` package (Fulton et al. 2018) to calculate the planetary radial velocity for each in-transit exposure, which is then converted into a wavelength shift. We interpolate the ratio spectra to a single reference grid and sum them using their inverse variances as weights. This brings us to the final transmission spectrum, shown in Figures 4 and 5. The spectrum is quite flat, demonstrating that there is no obvious planetary helium absorption in the atmosphere of WASP-48b. We additionally

<sup>9</sup> <http://simbad.u-strasbg.fr/simbad/>



**Figure 4.** Final transmission spectrum in the planetary rest frame centered on the 10831–10835 Å range. Planetary absorption would be seen as a negative value, so this flat spectrum shows no indication of helium absorption. One example of the 1D Parker wind model is overlotted with the spectrum. This example depicts various mass-loss rates ( $\dot{M} = 10^9$ – $10^{11}$  g s $^{-1}$ ) with a thermosphere temperature of 9500 K. The absorption signature increases with the mass-loss rate at this thermosphere temperature.



**Figure 5.** Final transmission spectrum in the planetary rest frame. Same as Figure 4 but with varying thermosphere temperatures ( $T = 7000$ – $10,000$  K) at a constant mass-loss rate of  $\dot{M} = 10^{10}$  g s $^{-1}$ . At this mass-loss rate, helium absorption increases with decreasing temperature.

examine the transmission spectra per night and find that they are also flat.

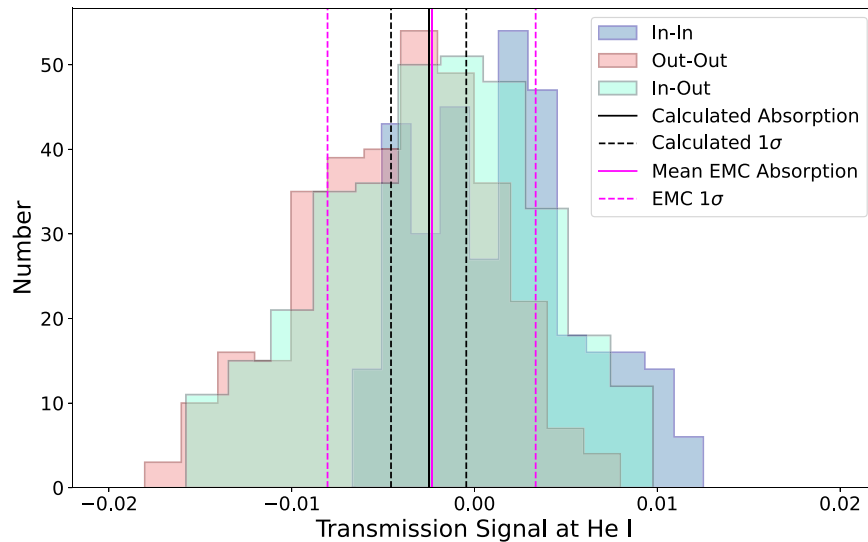
### 3. Results

In the formulation in Equation (1), planetary absorption is expressed as a negative value and emission as a positive value, while a value of zero indicates no planetary absorption or emission. To calculate the average absorption depth, we take the average of the absorption depth over a narrow range of wavelengths (10833.10–10833.49 Å) centered on the two red components of the helium triplet, following Alonso-Floriano et al. (2019) and Kirk et al. (2020). Because the bluemost helium line (at 10832.07 Å) is much weaker than the two redder lines (e.g., Oklopčić & Hirata 2018), we exclude this portion of the wavelength range. We calculate the average absorption to be  $-0.0025 \pm 0.0021$  with a significance of  $1.2\sigma$ . Therefore, this is a nondetection of metastable helium in the atmosphere of WASP-48b.

#### 3.1. Empirical Monte Carlo

To examine the impact individual exposures taken over the course of many nights have on the final transmission spectrum, we turn to the empirical Monte Carlo (EMC) diagnostic (Redfield et al. 2008). This is a technique that aims to assess any underlying systematic errors in our analysis, including those arising from the data analysis itself, as well as from astrophysical sources including stellar variability.

The EMC applies our data analysis pipeline to a random subset of observations to arrive at a final absorption depth. It then conducts this random selection many times. Assuming no subset of exposures is skewing our overall result, the resulting histogram of absorption values should be centered around the absorption depth of  $-0.0025 \pm 0.0021$ . To preserve the integrity of our analysis, a random selection of five in-transit and eight out-of-transit exposures is selected for each iteration, so that the ratio of in-transit to out-of-transit exposures in the EMC most closely matches the true ratio of all of the in-transit exposures (11) to out-of-transit exposures (19).



**Figure 6.** Final version of EMC showing absorption depth at the 10833 Å helium line across randomly selected subsets of in-transit and out-of-transit exposures. The solid and dotted black lines depict the calculated absorption depth and error from the transmission spectrum. The corresponding magenta lines show the average absorption and standard deviation calculated in the EMC. The lines are within  $0.1\sigma$  of each other, suggesting that we have correctly accounted for systematic errors in the analysis.

In addition to conducting the EMC for in-transit versus out-of-transit exposures (“in-out”), we also apply the EMC to compare a random subset of in-transit exposures with the rest of the in-transit exposures (“in-in”). We do the same for the out-of-transit exposures (“out-out”). These comparisons are done to ensure there is no systematic deviation within the in-transit or out-of-transit data. The absorption depth for both of these comparisons should be zero, signifying that there is no difference between various in-transit exposures (and the same for out-of-transit exposures). As in the “in-out” comparison, we preserve the in/out ratio for these two cases as closely as possible.

The EMC was run for 330 iterations in all three scenarios: “in-out,” “out-out,” and “in-in.” This number of iterations is the maximal possible number of combinations for the “in-in” scenario and thus became the limiting factor.

At this stage, two more exposures were excluded in the analysis: 2019 June 16 05:44 UT and 2019 June 16 05:59 UT. When running the EMC with these two exposures included, instead of a Gaussian shape centered around the calculated absorption value, there is a clear bimodal distribution in the “in-out” scenarios. This indicates that a small subset of exposures is largely skewing the data. When these two exposures are removed, the bimodal nature of the “in-out” distribution disappears. These two exposures also had the lowest S/N of our sample and were causing errant emission in our transmission spectrum.

The final EMC is seen in Figure 6, and the calculated absorption and standard deviation for the three scenarios are shown in Table 3. From Figure 6, though the distributions in the three scenarios do not perfectly align, there is no indication that the “in-out” data are significantly different from the “in-in” or “out-out” scenarios. This is supported by Table 3, which demonstrates that all three scenarios are within  $1\sigma$  of zero absorption (and within  $2\sigma$  of each other), further supporting our conclusion. We can also compare the calculated absorption and standard deviation from the transmission spectrum (black lines in Figure 6) to the mean and standard deviation of the “in-out” scenario of the EMC (magenta lines in Figure 6; see also Table 3). From the transmission spectrum, we measure the

**Table 3**  
EMC Distribution Properties

	$\mu$	$\sigma$
In-In	0.0014	0.0044
Out-Out	-0.0043	0.0050
In-Out	-0.0023	0.0057

absorption to be  $-0.0025 \pm 0.0021$ , and in the EMC, we measure  $-0.0023 \pm 0.0057$ . This is within  $0.1\sigma$  of the calculated absorption value, so we can confirm that we sufficiently accounted for systematic errors in our analysis.

### 3.2. Modeling

We use the 1D isothermal Parker wind model developed by Oklopčić & Hirata (2018) to constrain the mass-loss rate of WASP-48b based on helium absorption. Briefly, the model uses the stellar spectrum, planetary mass and radius, planetary atmospheric composition, temperature of the thermosphere, and mass-loss rate as input parameters to derive the density and velocity profiles of the atmosphere as a function of altitude. These profiles are used to determine the population levels of helium atoms as a function of radius, which are then used to ultimately calculate the column density of the metastable  $2^3S$  state as a function of radius. From the column density profile, the predicted metastable helium absorption is calculated by integrating the optical depth from the planetary radius to the planetary Hill radius.

The input parameters of planetary mass and radius are given in Table 1. Solar composition (9:1 hydrogen-to-helium ratio) and a solar input spectrum are assumed. As described in Oklopčić (2019), the solar spectrum is derived from the Solar Radiation and Climate Experiment solar spectral irradiance data from the Laboratory for Atmospheric and Space Physics Interactive Solar Irradiance Data Center.<sup>10</sup> This spectrum includes the regions of 5–395 and  $\sim 1150$ –23700 Å. To

<sup>10</sup> <http://lasp.colorado.edu/lisird/>

account for the EUV irradiance between  $\sim 400$  and  $1150 \text{ \AA}$ , the  $\text{Ly}\alpha$  scaling relation described in Linsky et al. (2014) is applied. The complete input solar spectrum for this work can be viewed as the G2 model in Figure 1 of Oklopčić (2019).

Unfortunately, it is difficult to a priori estimate the planetary thermosphere temperature and mass-loss rate without information about the high-energy spectrum of the star. The X-ray and UV (XUV) spectrum of WASP-48b is virtually unknown, but we can estimate a range of predicted mass-loss rates using the energy-limited formula (e.g., Murray-Clay et al. 2009)

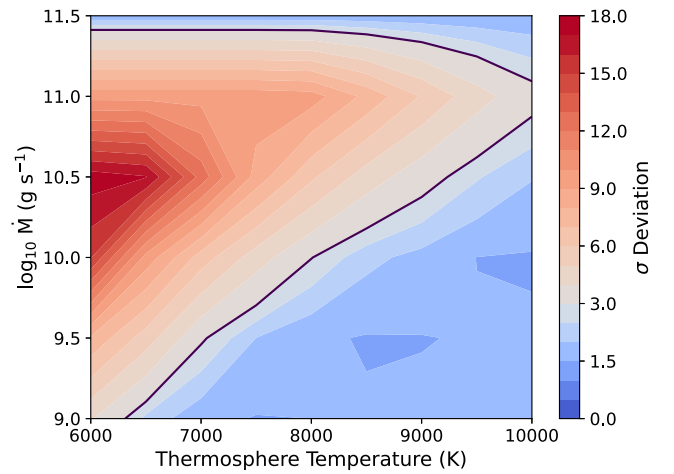
$$\dot{M} \approx \frac{\epsilon \pi R_p^3 F_{\text{XUV}}}{GM_p}. \quad (2)$$

Using solar XUV luminosity from the input solar spectrum, we calculate  $\dot{M} \approx 9 \times 10^9 \text{ g s}^{-1}$ . We can also take the XUV luminosity for HAT-P-32 reported in Czesla et al. (2022) and calculate  $\dot{M} \approx 2 \times 10^{12} \text{ g s}^{-1}$ . (Recall that HAT-P-32 is the system very similar to the WASP-48 system.) We therefore expect the mass-loss rate to be on an order of magnitude between  $10^9$  and  $10^{12} \text{ g s}^{-1}$ . We know that HAT-P-32 is likely younger than WASP-48, and we can therefore expect the XUV luminosity of WASP-48 to be slightly lower than that of HAT-P-32. Because of this, helium absorption for WASP-48b has been modeled over  $10^9$ – $10^{11.5} \text{ g s}^{-1}$  for the mass-loss rate. We also model the thermosphere temperature between 6000 and 10,000 K, which is a typical prediction for close-in, highly irradiated planets.

Helium absorption predicted by the isothermal model at a thermosphere temperature of 9500 K across a range of mass-loss rates is shown in Figure 4. While keeping all stellar parameters constant, as the mass-loss rate increases, so does the absorption depth of the helium feature. We can compare this to Figure 4 in Lampón et al. (2020), which demonstrates how the density of the metastable state increases with increasing mass-loss rate. This may occur because an increasing mass-loss rate corresponds to an increase in atmospheric density and thus free electron density (Oklopčić 2019; also see Figure 6 in Lampón et al. 2020). Because free electrons are responsible for recombining ionized helium to the metastable triplet state, the helium absorption signature is strengthened.

Likewise, we can examine how thermosphere temperature drives the absorption feature by plotting a range of temperatures across a single mass-loss rate ( $\dot{M} = 10^{10} \text{ g s}^{-1}$ ). This is shown in Figure 5. From the figure, there is an inverse relationship between helium absorption and thermosphere temperature. We again compare this with Figure 4 in Lampón et al. (2020), which shows a decrease in the density of the metastable state with increasing thermosphere temperature. This may be due to the fact that lower temperatures lead to higher atmospheric and electron density by slowing the rate of outflow (Spake et al. 2022). Higher levels of helium ionization due to higher temperatures may also lead to a lower metastable helium abundance.

To more fully constrain the parameters of WASP-48b’s atmosphere, we create a contour plot depicting the predicted helium absorption signature across the full range of thermosphere temperature and mass-loss rate space. We calculate how well different combinations of thermosphere temperatures and mass-loss rates agree with our observations. This is seen in Figure 7, which measures the number of  $\sigma$  deviations between the transmission spectrum and model across a range of parameter space. The  $\chi^2_\nu$  value between the data and model is



**Figure 7.** Number of standard deviations between the transmission spectrum and model in the range 10831–10835  $\text{\AA}$ , measured across the full range of parameter space. A line is drawn around the  $3\sigma$  contour to show that anything higher than this value (red on the plot) can be rejected. The apparent decrease in absorption at high mass-loss rates may be a model artifact due to the fact that our model does not take into account helium that exists beyond the Hill radius.

calculated for the range 10831–10835  $\text{\AA}$ , and this is converted into a sigma value. Blue contours represent a sigma deviation of less than  $3\sigma$ , while contours in red represent a sigma deviation of greater than  $3\sigma$ . In other words, a larger signal is expected in the red regions. Since we do not see evidence of a signal in our data, the areas in red can be rejected.

We can safely reject low thermosphere temperatures ( $\sim 6000$  K) in the range  $\dot{M} \approx 10^9$ – $10^{11.4} \text{ g s}^{-1}$ . However, increasing the thermosphere temperature decreases the range of mass-loss rates that can be rejected. As discussed above, low mass-loss rates and high thermosphere temperatures both decrease the atmospheric density, thereby decreasing the metastable helium population. At low thermosphere temperatures but moderate mass-loss rates ( $\dot{M} = 10^{10}$ – $10^{11} \text{ g s}^{-1}$ ), the metastable helium population is maximized (Oklopčić 2019); we see that a smaller signal is expected as the thermosphere temperature increases in this mass-loss range. At high mass-loss rates, the atmospheric density can become too high for the EUV radiation to ionize helium atoms low in the thermosphere, meaning that metastable helium only forms in a detached shell that gets thinner and thinner as it approaches the Hill radius. At the highest mass-loss rates, helium mostly forms outside the Hill radius. This is beyond the range considered by our model, which relies on spherical symmetry and therefore breaks down outside the Hill radius. The apparent decrease in absorption at high mass-loss rates therefore may not be entirely physical.

From Figure 7, we conclude that our nondetection is most likely in agreement with a low mass-loss rate and high thermosphere temperature. In reality, these parameters are correlated with the incident stellar flux (Oklopčić 2019). Further observational and theoretical work is needed to tease out the interplay between them.

#### 4. Discussion

Our nondetection of planetary helium in WASP-48b can be explained through low levels of EUV radiation and atmospheric escape, low helium abundances, or stellar winds and other sources of stellar variability. The most straightforward explanation is the first, but other explanations should be



considered. There could still be ongoing atmospheric escape, but the thermosphere temperature may be high enough to ionize a majority of the helium population (Owen 2019). Another possibility is that there is stellar variability due to XUV luminosity variability, stellar winds, shear instability, or stellar flares (Zhang et al. 2022a). This variability would lead to varying planetary outflows and thus a time-dependent absorption feature that is only detectable during certain epochs.

However, though stellar winds could induce a variable helium feature, they are unlikely to suppress it entirely (Zhang et al. 2021). Additionally, while it is possible that high thermosphere temperatures are attenuating the population of metastable helium, the most plausible explanation is that the amount of EUV irradiation by the star is insufficient to support ongoing atmospheric escape. This is supported by the fact that the stellar helium feature seen in Figure 2 appears weaker than in HAT-P-32 (see Figures C.1 and C.2 in Czesla et al. 2022), suggesting that stellar radiation is the main culprit. (Recall that HAT-P-32b, which is very similar to WASP-48b, has a strong helium detection.) Because the same photoionization–recombination pathway that populates the  $2^3S$  metastable state in planetary atmospheres also populates the metastable state in stellar chromospheres, the fact that the stellar signal is weaker in WASP-48 may be an indicator that WASP-48’s stellar radiation field is less optimal for the excitation of helium atoms to the metastable state compared to HAT-P-32.

Because EUV radiation decreases with stellar age (e.g., Ribas et al. 2005; Sanz-Forcada et al. 2011), this conclusion also makes sense in light of the fact that WASP-48 is an old, slightly evolved star. Indeed, the only other helium paper examining a planet orbiting an evolved star (WASP-12b) was also a nondetection (Kriedberg & Oklopčić 2018). Though WASP-48 is rotating rapidly, which would hint at higher stellar activity, we do not see any indication that activity is driving atmospheric escape in WASP-48b.

#### 4.1. Helium and EUV Flux

EUV flux is thought to be the main driver behind metastable helium absorption, but EUV stellar radiation is difficult to observe due to its high absorption by the ISM (Sanz-Forcada et al. 2011). To date, only one space mission, the Extreme Ultraviolet Explorer, has been commissioned for the purpose of studying stellar EUV emission. This leaves astronomers to predict stellar EUV flux by deriving scaling relationships between EUV flux and observable parameters such as age (Sanz-Forcada et al. 2011), the stellar activity index  $\log R'_{HK}$  (Sreejith et al. 2020), and stellar rotation rate (Wright et al. 2011).

Oklopčić (2019) also found that it is not simply EUV flux that should correlate with helium absorption but also the ratio of EUV flux to mid-UV flux. While EUV flux populates the  $2^3S$  state by ionizing neutral helium, thereby initializing the photoionization–recombination pathway, the mid-UV flux directly ionizes the  $2^3S$  state and depopulates it. Thus, stars with low mid-UV flux (due to lower effective temperatures) but high EUV flux (due to stellar activity) should optimize helium absorption. Oklopčić (2019) found that planets orbiting K-type stars are the most promising candidates given these constraints.

Recall that WASP-48b orbits an old ( $\sim 7.9$  Gyr), slightly evolved F star. According to the discussion above, neither F-type stars nor old stars are ideal for the detection of helium. WASP-48’s low  $\log R'_{HK}$  value ( $-5.135$ ) further supports the

**Table 4**  
Distribution of Helium Detections and Nondetections in the Literature by Spectral Type

Spectral Type	Detections	Nondetections
A	0	1
F	1	3
G	1	4
K	12	6
M	1	6
T Tauri	1	1
Total	16	21

notion that this is an inactive star and thus has low amounts of high-energy radiation being emitted from the corona. However, its high rotation rate ( $v \sin i \sim 12.2 \text{ km s}^{-1}$ ), particularly for a star of its age, suggests that perhaps its activity level could be higher than anticipated. Our nondetection in spite of this high rotation rate hints that perhaps rotation rate is not the best proxy for stellar activity or that age is a more dominant factor.

Though the nondetection of helium in WASP-48b seems not to raise any questions in light of current understandings of EUV flux, stellar activity, and age, to more robustly investigate these relationships, the full suite of helium detections and nondetections should be considered. Only then can we draw conclusions about the observational veracity of these theoretical assumptions.

#### 4.2. Comparison with Helium Literature

In order to tease out the influence of various stellar and planetary parameters, we examine our nondetection in the context of all helium detections and nondetections to date. To the best of our knowledge, WASP-48b is the 37th planet to be investigated for the detection of helium. Table 4 gives an overview of all of the helium detections and nondetections by spectral type. (We utilized both the NASA Astrophysics Data System<sup>11</sup> and the IAC ExoAtmospheres database<sup>12</sup> to conduct our search.) One can see that there have been more nondetections (21) than detections (16), and for spectral types F, G, and M, the majority of investigations have been nondetections. Only one planet orbiting a hot A-type star has been investigated (KELT-9b), and this was a nondetection (Nortmann et al. 2018). Notably, 18 out of the 37 planets investigated orbit K stars, and of these, more than half have been detections. While this supports the finding from Oklopčić (2019) that K stars are the most promising candidates, the sample is still relatively small and skewed toward K stars to draw any final conclusion. In addition, there have been several nondetections around K stars, as well as detections around other spectral types.

Still, the majority of the findings around F, G, and M stars have thus far been nondetections. The sole detection around an F star was for the hot Jupiter HAT-P-32b (Czesla et al. 2022), which, as noted, is very similar to the WASP-48 system, albeit likely younger.

All of the stellar and planetary parameters for each planet are found in Table 5. These parameters have been taken from the literature. To the best of our knowledge, this is the most complete sample of helium literature to date. While there are

<sup>11</sup> <https://ui.adsabs.harvard.edu>

<sup>12</sup> <http://research.iac.es/proyecto/exoatmospheres/>

**Table 5**  
Stellar Parameters for Exoplanets with Published Helium Results

Planet	Distance (pc)	Spectral Type	$T_{\text{eff}}$ (K)	Age (Gyr)	Radius ( $R_{\odot}$ )	Mass ( $M_{\odot}$ )	[Fe/H]	$v \sin i$ (km s $^{-1}$ )	$\log R'_{\text{HK}}$
WASP-107b	$64.7414^{+0.2617}_{-0.2596}$	K6V (1)	$4425 \pm 70$ (2)	$6.9^{+3.7}_{-3.4}$ (2)	$0.67 \pm 0.02$ (2)	$0.683^{+0.017}_{-0.016}$ (2)	$+0.02 \pm 0.09$ (2)	$2.5 \pm 0.8$ (1)	–
WASP-69b	$49.9605^{+0.1320}_{-0.1313}$	K5V (4)	$4700 \pm 50$ (4)	$1.10 \pm 0.15$ (4)	$0.813 \pm 0.028$ (4)	$0.826 \pm 0.029$ (4)	$+0.15 \pm 0.08$ (4)	$2.2 \pm 0.4$ (4)	$-4.54$ (4)
HAT-P-11b	$37.7647^{+0.0337}_{-0.0336}$	K4V (6)	$4850 \pm 50$ (6)	$6.5^{+5.9}_{-4.1}$	$0.75 \pm 0.02$ (6)	$0.81^{+0.02}_{-0.03}$ (6)	$+0.31 \pm 0.05$ (6)	$1.5 \pm 1.5$ (6)	$-4.584$ (6)
HD 189733b	$19.7638^{+0.0128}_{-0.0127}$	K2V (8)	$5050 \pm 50$ (8)	$5.2 \pm 3.5$ (9)	$0.76 \pm 0.01$ (8)	$0.82 \pm 0.03$ (8)	$-0.03 \pm 0.04$ (8)	$3.5 \pm 1.0$ (8)	$-4.5 \pm 0.007$ (75)
WASP-12b	$427.246^{+6.068}_{-5.903}$	F (13)	$6300 \pm 200$	$2 \pm 1$ (13)	$1.57 \pm 0.07$ (13)	$1.35 \pm 0.14$ (13)	$+0.30$ (14)	$2.2 \pm 1.5$ (13)	$-5.500$ (14)
HAT-P-18b	$161.400^{+0.610}_{-0.605}$	K2V (16)	$4803 \pm 80$ (16)	$12.4^{+4.4}_{-6.4}$ (16)	$0.749 \pm 0.037$ (16)	$0.770 \pm 0.031$ (16)	$+0.10 \pm 0.08$ (16)	$0.5 \pm 0.5$ (16)	$-4.73$ (77)
HD 209458b	$48.3016^{+0.1240}_{-0.1234}$	G0V (18)	$6071 \pm 20$ (18)	$3.5 \pm 1.4$ (18)	$1.20 \pm 0.05$ (18)	$1.26 \pm 0.15$ (18)	$+0.02 \pm 0.03$ (20)	$3.75 \pm 1.25$ (21)	$4.92 \pm 0.029$ (75)
55 Cnc e	$12.5855^{+0.0124}_{-0.0123}$	G8V (25)	$5172 \pm 18$ (26)	$8.6 \pm 1.0$ (27)	$0.943 \pm 0.010$ (27)	$0.905 \pm 0.015$ (27)	$+0.35 \pm 0.1$	$<1.23 \pm 0.01$ (27)	$5.03$ (27)
GJ 1214b	$14.6427 \pm 0.0372$	M4.5V (29)	$3250 \pm 100$ (29)	$5 - 10$ (30)	$0.2213 \pm 0.0043$ (29)	$0.176 \pm 0.009$ (29)	$+0.1 \pm 0.1$ (29)	$<2.0$ (31)	$-5.149$ (85)
GJ 9827d	$29.6610^{+0.0543}_{-0.0541}$	K6V (34)	$4255 \pm 110$ (34)	$10$ (49)	$0.651 \pm 0.065$ (34)	$0.659 \pm 0.060$ (34)	$-0.28 \pm 0.12$ (34)	$2 \pm 1$ (34)	–
HD 97658b	$21.5618^{+0.0254}_{-0.0253}$	K1V (36)	$5192 \pm 122$ (36)	$3.9 \pm 2.6$ (37)	$0.746 \pm 0.034$ (36)	$0.77 \pm 0.05$ (36)	$-0.23 \pm 0.03$ (38)	$0.5 \pm 0.5$ (38)	$-4.975 \pm 0.025$ (38)
GJ 436b	$9.75321^{+0.00898}_{-0.00896}$	M2.5V (39)	$3479 \pm 60$ (40)	$6.5$ (39)	$0.449 \pm 0.019$ (40)	$0.445 \pm 0.044$ (40)	$-0.03 \pm 0.20$ (23)	$0.33 \pm 0.091$ (40)	$-5.09 \pm 0.001$ (75)
V1298b	$108.199^{+0.704}_{-0.696}$	T Tauri (42)	$4970 \pm 120$ (42)	$0.023 \pm 0.004$ (42)	$1.345^{+0.056}_{-0.051}$ (42)	$1.101^{+0.049}_{-0.051}$ (42)	–	–	–
V1298d	$108.199^{+0.704}_{-0.696}$	T Tauri (42)	$4970 \pm 120$ (42)	$0.023 \pm 0.004$ (42)	$1.345^{+0.056}_{-0.051}$ (42)	$1.101^{+0.049}_{-0.051}$ (42)	–	–	–
GJ 3470b	$29.4214^{+0.0508}_{-0.0507}$	M1.5V (44)	$3652 \pm 50$ (44)	$0.3 - 3$ (44)	$0.48 \pm 0.04$ (44)	$0.51 \pm 0.06$ (44)	$+0.20 \pm 0.10$ (44)	–	$-4.86 \pm 0.0038$ (75)
KELT-9b	$204.455^{+1.582}_{-1.558}$	A0V (47)	$10170 \pm 450$ (47)	$0.3$ (47)	$2.362^{+0.075}_{-0.063}$ (42)	$2.52^{+0.25}_{-0.20}$ (47)	$-0.030 \pm 0.200$ (47)	$111.4 \pm 1.3$ (47)	–
GJ 9827b	$29.6610^{+0.0543}_{-0.0541}$	K6V (34)	$4255 \pm 110$ (34)	$10$ (49)	$0.651 \pm 0.065$ (34)	$0.659 \pm 0.060$ (34)	$-0.28 \pm 0.12$ (34)	$2 \pm 1$ (34)	–
WASP-80b	$49.78760 \pm 0.11605$	K7V (51)	$4150 \pm 100$ (10)	$1.601 \pm 0.202$ (52)	$0.571 \pm 0.016$ (10)	$0.570 \pm 0.050$ (10)	$-0.14 \pm 0.16$ (51)	$3.46 \pm 0.35$ (51)	$-4.04$ (54)
WASP-76b	$194.459^{+6.206}_{-5.839}$	F7V (55)	$6250 \pm 100$ (55)	$5.3 \pm 2.9$ (55)	$1.73 \pm 0.04$ (55)	$1.46 \pm 0.07$ (55)	$+0.23 \pm 0.10$ (55)	$3.3 \pm 0.6$ (55)	–
TRAPPIST-1b	$12.47 \pm 0.01$	M8V (57)	$2566 \pm 26$ (58)	$7.6 \pm 2.2$ (59)	$0.1192 \pm 0.0013$ (58)	$0.0898 \pm 0.0023$ (58)	$+0.040 \pm 0.080$ (57)	$6 \pm 2$ (57)	–
TRAPPIST-1e	$12.47 \pm 0.01$	M8V (57)	$2566 \pm 26$ (58)	$7.6 \pm 2.2$ (59)	$0.1192 \pm 0.0013$ (58)	$0.0898 \pm 0.0023$ (58)	$+0.040 \pm 0.080$ (57)	$6 \pm 2$ (57)	–
TRAPPIST-1f	$12.47 \pm 0.01$	M8V (57)	$2566 \pm 26$ (58)	$7.6 \pm 2.2$ (59)	$0.1192 \pm 0.0013$ (58)	$0.0898 \pm 0.0023$ (58)	$+0.040 \pm 0.080$ (57)	$6 \pm 2$ (57)	–
HD 63433b	$22.4035 \pm 0.0225$	G2V (62)	$5640 \pm 74$ (62)	$0.414 \pm 0.023$ (62)	$0.912 \pm 0.034$ (62)	$0.990 \pm 0.030$ (62)	$+0.04 \pm 0.05$ (62)	$7.3 \pm 0.3$ (62)	$-4.39 \pm 0.05$ (62)

6

**Table 5**  
(Continued)

Planet	Distance (pc)	Spectral Type	$T_{\text{eff}}$ (K)	Age (Gyr)	Radius ( $R_{\odot}$ )	Mass ( $M_{\odot}$ )	[Fe/H]	$v \sin i$ (km s $^{-1}$ )	$\log R'_{\text{HK}}$
HD 63433c	$22.4035 \pm 0.0225$	G2V (62)	$5640 \pm 74$ (62)	$0.414 \pm 0.023$ (62)	$0.912 \pm 0.034$ (62)	$0.990 \pm 0.030$ (62)	$+0.04 \pm 0.05$ (62)	$7.3 \pm 0.3$ (62)	$-4.39 \pm 0.05$ (62)
HAT-P-32b	$289.205^{+5.355}_{-5.167}$	F (64)	$6207 \pm 88$ (10)	$3.8 \pm 1.5$ (64)	$1.219 \pm 0.016$ (64)	$1.160 \pm 0.041$ (64)	$-0.04 \pm 0.08$ (64)	$20.7 \pm 0.5$ (64)	$-4.62$ (64)
HD 73583b	$31.5666^{+0.0321}_{-0.0320}$	K4V (66)	$4511 \pm 110$ (66)	$0.48 \pm 0.19$ (66)	$0.65 \pm 0.02$ (66)	$0.73 \pm 0.02$ (66)	$0.00 \pm 0.09$ (66)	$3.5 \pm 0.5$ (66)	$-4.465 \pm 0.015$ (66)
TOI-2136b	$33.36310 \pm 0.06425$	M4.5V	$3373 \pm 108$ (68)	$4.6 \pm 1.0$ (69)	$0.3440 \pm 0.0099$ (68)	$0.3272 \pm 0.0082$ (68)	$+0.02 \pm 0.14$ (68)	$0.21 \pm 0.012$ (68)	–
WASP-52b	$174.818^{+1.343}_{-1.323}$	K2V (70)	$5000 \pm 100$ (70)	$0.4 \pm 0.3$ (70)	$0.79 \pm 0.02$ (70)	$0.87 \pm 0.03$ (70)	$+0.03 \pm 0.12$ (70)	$3.6 \pm 0.9$ (70)	$-4.4 \pm 0.2$ (70)
WASP-127b	$159.507^{+1.210}_{-1.191}$	G5V (72)	$5620 \pm 85$ (72)	$11.41 \pm 1.80$ (72)	$1.39 \pm 0.03$ (72)	$1.08 \pm 0.03$ (72)	$-0.18 \pm 0.06$ (72)	$0.3 \pm 0.2$ (72)	–
WASP-177b	$176.818^{+2.428}_{-2.364}$	K2V (74)	$5017 \pm 70$ (74)	$2.5 \pm 1.7$ (74)	$0.885 \pm 0.046$ (74)	$0.876 \pm 0.038$ (74)	$0.25 \pm 0.04$ (74)	$2.9 \pm 0.2$ (74)	–
HAT-P-26b	$141.837^{+1.152}_{-1.133}$	K1V (76)	$5079 \pm 88$ (76)	$9.0^{+3.0}_{-4.9}$ (76)	$0.788^{+0.098}_{-0.043}$ (76)	$0.816 \pm 0.033$ (76)	$-0.04 \pm 0.08$ (76)	$1.8 \pm 0.5$ (76)	$-4.992$ (76)
NGTS-5b	$306.779^{+2.601}_{-2.558}$	K2V (78)	$4987 \pm 41$ (78)	–	$0.739^{+0.014}_{-0.012}$ (78)	$0.661^{+0.068}_{-0.061}$ (78)	$0.12 \pm 0.10$ (78)	–	$-4.63$ (77)
TOI-1807b	$42.5775^{+0.0622}_{-0.0620}$	K3V (79)	$4730 \pm 75$ (80)	$0.3 \pm 0.08$ (80)	$0.690 \pm 0.036$ (80)	$0.76 \pm 0.03$ (80)	$-0.04 \pm 0.02$ (80)	$4.2 \pm 0.5$ (80)	$-4.363 \pm 0.002$ (80)
TOI-2076b	$41.9091^{+0.0528}_{-0.0526}$	K0V (79)	$5187^{+54}_{-53}$ (81)	$0.2 \pm 0.05$ (81)	$0.7622^{+0.0157}_{-0.0159}$ (81)	$0.850^{+0.025}_{-0.026}$ (81)	$-0.032^{+0.048}_{-0.047}$ (81)	$4.3 \pm 0.5$ (81)	$-4.271 \pm 0.056$ (81)
TOI-1430.01	$41.17 \pm 0.04$	K1V (82)	$5067 \pm 60$ (82)	$0.165 \pm 0.03$ (82)	$0.784^{+0.018}_{-0.014}$	$0.85 \pm 0.10$ (82)	–	$6.9$ (82)	–
TOI-1683.01	$51.19 \pm 0.14$ (82)	K4V (82)	$4539 \pm 100$ (82)	$0.5 \pm 0.15$ (82)	$0.636^{+0.031}_{-0.017}$ (82)	$0.69 \pm 0.09$ (82)	–	$2.8$ (82)	–
WASP-48b	$454.144^{+4.465}_{-4.381}$	F (83)	$5920 \pm 150$ (83)	$7.9^{+2.0}_{-1.6}$ (83)	$1.75 \pm 0.09$ (83)	$1.19 \pm 0.05$ (83)	$-0.12 \pm 0.12$ (83)	$12.2 \pm 0.7$ (83)	$-5.135$ (84)

Planetary parameters for exoplanets with published helium results.

Planet	Radius ( $R_J$ )	Mass ( $M_J$ )	$a$ (au)	$T_{\text{eq}}$ (K)	$\log g_P$ (cm s $^{-2}$ )	$\delta_{RP}$	$\delta_{RP}/H_{\text{eq}}$	Detection?
WASP-107b	$0.94 \pm 0.02$ (1)	$0.096 \pm 0.005$ (2)	$0.055 \pm 0.001$ (1)	$770 \pm 60$ (1)	$2.49 \pm 0.05$ (1)	$1.12 \pm 0.10$ (3)	$84.2 \pm 6.6$ (3)	Yes
WASP-69b	$1.057 \pm 0.047$ (4)	$0.260 \pm 0.017$ (4)	$0.04525 \pm 0.00053$	$963 \pm 18$	$2.726 \pm 0.046$ (4)	$0.74 \pm 0.13$ (5)	$85.6 \pm 1.6$ (5)	Yes
HAT-P-11b	$0.422 \pm 0.014$ (6)	$0.081 \pm 0.009$ (6)	$0.0530^{+0.0002}_{-0.0008}$	$878 \pm 15$	$3.05 \pm 0.06$ (6)	$1.06 \pm 0.11$ (7)	$113.6 \pm 1.9$ (7)	Yes
HD 189733b	$1.138 \pm 0.027$ (10)	$1.123 \pm 0.045$ (10)	$0.0313 \pm 0.0004$ (8)	$1201 \pm 13$ (23)	$3.3 \pm 0.03$ (10)	$0.17 \pm 0.06$ (12)	$69.5 \pm 0.8$ (12)	Yes
WASP-12b	$1.825 \pm 0.091$ (10)	$1.39 \pm 0.12$ (10)	$0.02312^{+0.00094}_{-0.00100}$ (10)	$2516 \pm 36$ (13)	$2.99 \pm 0.03$ (13)	$0.002 \pm 0.134$ (15)	$0.29 \pm 0.004$ (15)	No
HAT-P-18b	$0.995 \pm 0.052$ (16)	$0.197 \pm 0.013$ (16)	$0.0559 \pm 0.0007$ (16)	$852 \pm 28$ (16)	$2.69 \pm 0.05$ (16)	$0.12 \pm 0.15$ (17) <sup>a</sup>	$13.3 \pm 0.4$ (17) <sup>a</sup>	Yes
HD 209458b	$1.359^{+0.016}_{-0.019}$ (10)	$0.682^{+0.014}_{-0.015}$ (10)	$0.0490 \pm 0.0020$ (18)	$1459 \pm 12$ (22)	$2.963 \pm 0.005$ (23)	$0.29 \pm 0.10$ (24)	$50.0 \pm 0.4$ (24)	Yes
55 Cnc e	$0.1673 \pm 0.00287$ (27)	$0.0251 \pm 0.00104$ (27)	$0.01544 \pm 0.00005$ (27)	$1990$ (28)	$3.35 \pm 2.00$	$0.32 \pm 0.10$ (28)	$12.1 \pm 0.6$ (28)	No
GJ 1214b	$0.254 \pm 0.018$ (32)	$0.0197 \pm 0.0027$ (32)	$0.01411 \pm 0.00032$ (32)	$604 \pm 19$ (29)	$2.88 \pm 2.07$	$0.046 \pm 0.148$ (33)	$2.9 \pm 0.5$ (33)	No
GJ 9827d	$0.185 \pm 0.0125$ (35)	$0.016^{+0.006}_{-0.004}$	$0.05615 \pm 0.00091$ (35)	$680 \pm 25$ (35)	$3.07 \pm 0.12$ (35)	$0.34 \pm 0.27$ (33)	$21.4 \pm 0.8$ (33)	No
HD 97658b	$0.2055 \pm 0.009814$ (36)	$0.0246 \pm 0.00173$ (36)	$0.0831 \pm 0.0011$ (38)	$751 \pm 12$ (37)	$3.16 \pm 2.09$	$0.90 \pm 0.26$ (33)	$71.1 \pm 6.1$ (33)	No
GJ 436b	$0.366 \pm 0.014$ (41)	$0.0799^{+0.0066}_{-0.0063}$ (40)	$0.0308 \pm 0.0013$ (41)	$649 \pm 60$ (23)	$3.17 \pm 2.13$	$0.26 \pm 0.14$ (5)	$43.0 \pm 5.6$ (5)	No
V1298b	$0.916^{+0.052}_{-0.047}$ (42)	–	$0.1688 \pm 0.0026$ (42)	$677 \pm 22$ (42)	–	$0.036 \pm 0.218$ (43)	–	No
V1298d	$0.572^{+0.040}_{-0.035}$ (42)	–	$0.1083 \pm 0.0017$ (42)	$845 \pm 27$ (42)	–	$0.10 \pm 12$ (43)	–	Yes

**Table 5**  
(Continued)

Planetary parameters for exoplanets with published helium results.								
Planet	Radius ( $R_J$ )	Mass ( $M_J$ )	$a$ (au)	$T_{\text{eq}}$ (K)	$\log g_P$ ( $\text{cm s}^{-2}$ )	$\delta_{RP}$	$\delta_{RP}/H_{\text{eq}}$	Detection?
GJ 3470b	$0.346 \pm 0.029$ (44)	$0.03958^{+0.00412}_{-0.00403}$ (44)	$0.0348 \pm 0.0014$ (45)	$615 \pm 16$ (45)	$2.91 \pm 2.04$	$0.93 \pm 0.32$ (46)	$85.7 \pm 11.7$ (46)	Yes
KELT-9b	$1.891^{+0.061}_{-0.053}$ (47)	$2.88 \pm 0.84$ (47)	$0.03462 \pm 0.00110$ (47)	$4050 \pm 180$ (47)	$3.30 \pm 0.11$ (47)	$0.22 \pm 0.11$ (5)	$40.8 \pm 1.8$ (5)	No
GJ 9827b	$0.1407^{+0.0024}_{-0.0028}$ (48)	$0.0154 \pm 0.0015$ (48)	$0.01880^{+0.00020}_{-0.00014}$ (48)	$1114 \pm 46$ (49)	$3.29 \pm 2.12$	$1.66 \pm 0.82$ (50)	$81.5 \pm 6.5$ (50)	No
WASP-80b	$0.952^{+0.026}_{-0.027}$	$0.540^{+0.036}_{-0.035}$ (10)	$0.03427^{+0.00096}_{-0.00100}$ (48)	$825 \pm 19$ (53)	$3.178 \pm 0.013$ (51)	$0.11 \pm 0.08$ (54)	$39.1 \pm 0.9$ (54)	No
WASP-76b	$1.83 \pm 0.06$ (53)	$0.92 \pm 0.03$ (53)	$0.0330 \pm 0.0005$ (53)	$2160 \pm 40$ (53)	$2.80 \pm 0.02$ (53)	$0.32 \pm 0.10$ (56)	$34.2 \pm 0.6$ (56)	No
TRAPPIST-1b	$0.09956^{+0.00125}_{-0.00107}$ (58)	$0.004323 \pm 0.000217$ (58)	$0.01154 \pm 0.00010$ (58)	$400 \pm 9$ (57)	$3.03 \pm 1.71$ (58)	$0.040 \pm 0.115$ (60)	$2.1 \pm 0.1$ (60)	No
TRAPPIST-1e	$0.0821^{+0.0012}_{-0.0011}$ (58)	$0.00218 \pm 0.00007$ (58)	$0.02925 \pm 0.00250$ (58)	$251.3 \pm 4.9$ (61)	$2.90 \pm 1.38$ (58)	$0.070 \pm 0.161$ (60)	$3.6 \pm 0.1$ (60)	No
TRAPPIST-1f	$0.09323^{+0.00116}_{-0.00107}$ (58)	$0.003269 \pm 0.000098$ (58)	$0.03849 \pm 0.00033$ (58)	$219.0 \pm 4.2$ (61)	$2.97 \pm 1.38$ (58)	$0.020 \pm 0.132$ (60)	$1.6 \pm 0.1$ (60)	No
HD 63433b	$0.192 \pm 0.009$ (62)	–	$0.0719^{+0.0031}_{-0.0044}$ (62)	$969 \pm 13$ (54)	–	$2.42 \pm 0.57$ (63)	–	No
HD 63433c	$0.238 \pm 0.011$ (62)	–	$0.1458^{+0.0062}_{-0.0101}$ (62)	$680 \pm 9$ (54)	–	$1.82 \pm 0.46$ (63)	–	No
HAT-P-32b	$1.789 \pm 0.025$ (10)	$0.75 \pm 0.13$ (10)	$0.03427^{+0.00040}_{-0.00042}$ (10)	$1786 \pm 26$ (64)	$2.82 \pm 0.10$ (64)	$0.83 \pm 0.05$ (65)	$108.8 \pm 1.6$ (65)	Yes
HD 73583b	$0.249 \pm 0.009$ (66)	$0.0321^{+0.0107}_{-0.0098}$ (66)	$0.0604^{+0.0027}_{-0.0026}$ (66)	$714 \pm 21$ (66)	$3.11 \pm 2.66$ (66)	$1.32 \pm 0.17$ (67)	$118.3 \pm 42.1$ (67)	Yes
TOI-2136b	$0.20 \pm 0.0062$ (68)	$0.015 \pm 0.0098$ (68)	$0.0533 \pm 0.0015$ (68)	$378 \pm 13$ (68)	$2.98 \pm 2.8$ (68)	$1.25 \pm 0.89$ (68)	$125.3 \pm 82.9$ (68)	No
WASP-52b	$1.27 \pm 0.03$ (70)	$0.46 \pm 0.02$ (70)	$0.0272 \pm 0.0003$ (70)	$1315 \pm 35$ (70)	$2.81 \pm 0.03$ (70)	$0.50 \pm 0.08$ (71)	$62.6 \pm 1.7$ (71)	Yes
WASP-127b	$1.37 \pm 0.04$ (72)	$0.18 \pm 0.02$ (72)	$0.0520 \pm 0.0005$ (72)	$1400 \pm 24$ (72)	$2.33 \pm 0.06$ (72)	$0.19 \pm 0.17$ (73)	$7.8 \pm 0.1$ (73)	No
WASP-177b	$1.58^{+0.66}_{-0.36}$ (74)	$0.508 \pm 0.038$ (74)	$0.03957 \pm 0.00058$ (74)	$1142 \pm 32$ (74)	$2.67 \pm 0.31$ (74)	$0.17 \pm 0.85$ (71)	$22.6 \pm 0.6$ (71)	No
HAT-P-26b	$0.565^{+0.072}_{-0.032}$ (76)	$0.059 \pm 0.007$ (76)	$0.0479 \pm 0.0006$ (76)	$1001^{+66}_{-37}$ (76)	$2.65^{+0.08}_{-0.10}$ (76)	$0.25 \pm 0.37$ (77) <sup>a</sup>	$12.7 \pm 0.8$ (77) <sup>a</sup>	Yes
NGTS-5b	$1.136 \pm 0.023$ (78)	$0.229 \pm 0.037$ (78)	$0.0382 \pm 0.0013$ (78)	$952 \pm 24$ (78)	$2.643^{+0.066}_{-0.078}$ (78)	$0.19 \pm 0.11$ (77) <sup>a</sup>	$19.5 \pm 0.5$ (77) <sup>a</sup>	Yes
TOI-1807b	$0.122 \pm 0.008$ (80)	$0.00809 \pm 0.00157$ (80)	$0.0120 \pm 0.0003$ (80)	$2100^{+39}_{-40}$ (81)	$3.13 \pm 2.20$	$7.58 \pm 25.52$ (79)	$118.3 \pm 14.1$ (79)	No
TOI-2076b	$0.223 \pm 0.005$ (81)	–	$0.0631 \pm 0.0027$ (81)	$870 \pm 13$ (81)	–	$2.50 \pm 0.13$ (82)	–	Yes
TOI-1430.01	$0.188 \pm 0.018$ (82)	–	$0.0705$ (82)	$813$ (82)	–	$2.41 \pm 0.33$ (82)	–	Yes
TOI-1683.01	$0.205 \pm 0.027$ (82)	–	$0.036$ (82)	$927$ (82)	–	$1.94 \pm 0.45$ (82)	–	Yes
WASP-48b	$1.67 \pm 0.1$ (83)	$0.984 \pm 0.085$ (83)	$0.0344 \pm 0.0026$ (83)	$2035 \pm 52$ (83)	$2.91 \pm 0.06$ (83)	$0.15 \pm 0.28$	$16.3 \pm 0.4$	No

**Notes.** Values taken from the NASA Exoplanet Archive<sup>b</sup> unless otherwise noted. Error bars are taken from the literature or, if missing, estimated by taking the average error from the remaining data.

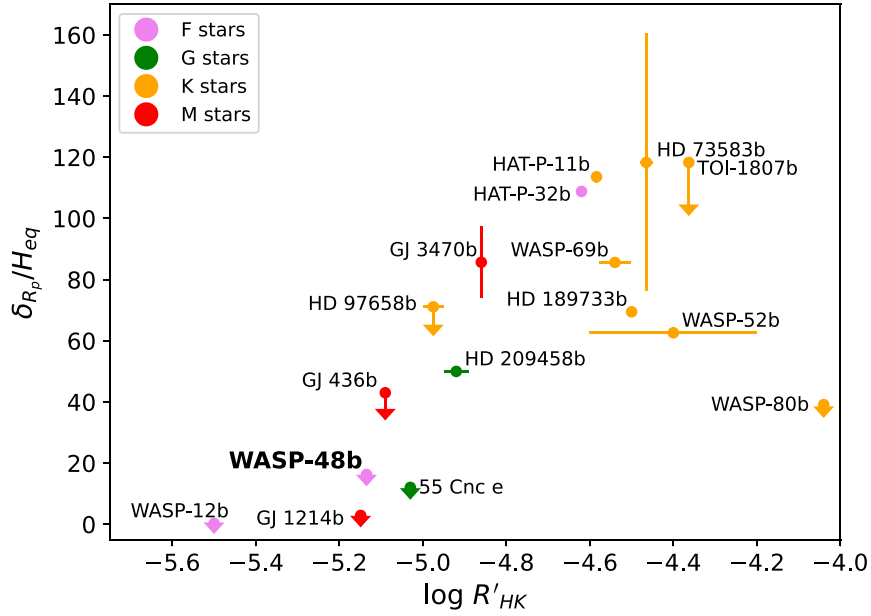
<sup>a</sup> Denotes photometric measurement, which dilutes  $\delta_{RP}$ .

<sup>b</sup> <https://exoplanetarchive.ipac.caltech.edu>

**References for Table 5:** (1). Anderson et al. (2017); (2). Piaulet et al. (2021); (3). Kirk et al. (2020); (4). Anderson et al. (2014); (5). Nortmann et al. (2018); (6). Bakos et al. (2010); (7). Allart et al. (2018); (8). Bouchy et al. (2005); (9). Boyajian et al. (2015); (10). Bonomo et al. (2017); (11). Barstow et al. (2017); (12). Salz et al. (2018); (13). Hebb et al. (2009); (14). Turner et al. (2016); (15). Kriedberg & Oklopčić (2018); (16). Hartman et al. 2011a; (17). Paragas et al. (2021); (18). del Burgo & Allende Prieto (2016); (19). Melo et al. (2006); (20). Santos et al. (2004); (21). Queloz et al. (2000); (22). Southworth (2010); (23). Torres et al. (2008); (24). Alonso-Floriano et al. (2019); (25). von Braun et al. (2011); (26). Yee et al. (2017); (27). Bourrier et al. (2018a); (28). Zhang et al. (2021); (29). Gillon et al. (2014); (30). Lalitha et al. (2014); (31). Charbonneau et al. (2009); (32). Harpsøe et al. (2013); (33). Kasper et al. (2020); (34). Niraula et al. (2017); (35). Rodriguez et al. (2018); (36). Guo et al. (2020); (37). Ellis et al. (2021); (38). Howard et al. (2011); (39). Salz et al. (2015); (40). Bourrier et al. (2018b); (41). Lanotte et al. (2014); (42). David et al. (2019); (43). Vissapragada et al. (2021); (44). Kosiarek et al. (2019); (45). Bonfils et al. (2012); (46). Palte et al. (2020); (47). Gaudi et al. (2017); (48). Rice et al. (2019); (49). Prieto-Arranz et al. (2018); (50). Carleo et al. (2021); (51). Triaud et al. (2013); (52). Gallet (2020); (53). Triaud et al. (2015); (54). Fossati et al. 2022; (55). West et al. (2016); (56). Casasayas-Barris et al. (2021); (57). Gillon et al. (2016); (58). Agol et al. (2021); (59). Burgasser & Mamajek (2017); (60). Krishnamurthy et al. (2021); (61). Gillon et al. (2017); (62). Mann et al. (2020); (63). Zhang et al. (2022b); (64). Hartman et al. (2011b); (65). Czesla et al. (2022); (66). Barragán et al. (2022); (67). Zhang et al. (2022c); (68). Kawauchi et al. (2022); (69). Gan et al. (2022); (70). Hébrard et al. (2013); (71). Kirk et al. (2022); (72). Lam et al. (2017); (73). dos Santos et al. (2020); (74). Turner et al. (2019); (75). Sreejith et al. (2020); (76). Hartman et al. (2011a); (77). Vissapragada et al. (2022); (78). Eigmüller et al. (2019); (79). Gaidos et al. (2023); (80). Nardiello et al. (2022); (81). Hedges et al. (2021); (82). Zhang et al. (2023); (83). Enoch et al. (2011); (84). O’Rourke et al. (2014); (85). Boro Saikia et al. (2018).

(A machine-readable version of the table is available.)





**Figure 8.** Normalized helium absorption vs.  $\log R'_{HK}$ , with spectral type designated by color. Vertical error bars are depicted for all data points, though some are quite small and are not visible. Error bars on  $\log R'_{HK}$  are included where available. Nondetections (upper limits on helium absorption) are depicted with vertical downward arrows. There appears to be a slight positive correlation between  $\delta_{R_p}/H_{eq}$  and  $\log R'_{HK}$ , hinting at a relationship between helium absorption and stellar activity. WASP-48b is in the lower left corner at a  $\delta_{R_p}/H_{eq}$  value of  $\sim 16.3$  and  $\log R'_{HK}$  value of  $-5.135$ .

inhomogeneities in the way that the data are derived (e.g., some stellar ages are derived through isochrone fitting, while others are derived using gyrochronology), this can be used as a starting point to compare various parameters with helium absorption.

To compare helium findings across the literature, we measure the height of the planetary atmosphere following Fossati et al. (2022), in which the effective planet radius ( $R_{\text{eff}}$ ) at 10833 Å (in units of  $R_p$ ) is calculated from

$$\frac{R_{\text{eff}}}{R_p} = \sqrt{\frac{\delta + c}{\delta}}, \quad (3)$$

where  $R_p$  is the planet radius,  $\delta$  is the transit depth, and  $c$  is the helium absorption depth or upper limit. From here, we calculate a change in transit depth,  $\delta_{R_p}$ , which represents the height of an opaque atmosphere that causes the inflated planetary effective radius at 10833 Å and produces the absorption signature in the transmission spectrum (Nortmann et al. 2018). The  $\delta_{R_p}$  is given by

$$\delta_{R_p} = \frac{R_{\text{eff}}}{R_p} - 1, \quad (4)$$

and is then normalized to the scale height,  $H_{\text{eq}}$ , following Nortmann et al. (2018). To calculate  $H_{\text{eq}}$ , we use the planetary equilibrium temperature,  $T_{\text{eq}}$ , and set the atmospheric mean molecular weight to 2.3 times the mass of hydrogen, assuming H/He planetary atmospheres with solar abundances.

We examine the correlation between the normalized atmospheric height of the helium signature ( $\delta_{R_p}/H_{\text{eq}}$ ) and several stellar and planetary parameters, including the stellar activity index  $\log R'_{HK}$ , stellar age, stellar rotation rate, metallicity, planetary surface gravity, and semimajor axis. We exclude directly comparing  $\delta_{R_p}/H_{\text{eq}}$  with high-energy EUV or XUV flux, as has been done in several other helium papers (e.g.,

Nortmann et al. 2018; Alonso-Floriano et al. 2019; Kasper et al. 2020; Casasayas-Barris et al. 2021; Fossati et al. 2022; Orell-Miquel et al. 2022), because the X-ray luminosity for WASP-48 is not available. Instead of moving through multiple layers of analytic scaling relations to estimate the X-ray luminosity and, in turn, the EUV flux onto the planet, we instead elect to compare  $\delta_{R_p}/H_{\text{eq}}$  with only directly measured parameters found in the literature.

We do not see any correlation with the stellar and planetary parameters listed above, with the exception of the stellar activity index  $\log R'_{HK}$ . The  $\log R'_{HK}$  index was first described in Noyes et al. (1984) and measures the ratio of the emission of Ca II H and K lines (3933 and 3968 Å) originating in the chromosphere compared to the total stellar bolometric luminosity. The correlation between  $\log R'_{HK}$  and  $\delta_{R_p}/H_{\text{eq}}$  was first noted in Nortmann et al. (2018). We find that using  $\log R'_{HK}$  is advantageous because it is easily found in the literature and involves optical emission lines that can be measured from the ground (Sreejith et al. 2020). However, because the Ca II lines originate in the chromosphere, they probe a spatially independent region from the corona and transition region, where EUV radiation originates (Nortmann et al. 2018; Sreejith et al. 2020). Additionally, this measurement is not available for all stellar types, as late-type stars have very low luminosity in the optical region. Still,  $\log R'_{HK}$  is widely used as a method to quantify the stellar magnetic activity.

We plot  $\delta_{R_p}/H_{\text{eq}}$  versus  $\log R'_{HK}$  for the stars in our sample with available  $\log R'_{HK}$  values in the literature in Figure 8. We include only planets for which helium absorption is derived spectroscopically, as photometric measurements typically have a diluted  $\delta_{R_p}$  due to the narrowband filter’s response function. They therefore require a scaling factor in order to be accurately compared with spectroscopic measurements.

In Figure 8, spectral types are delineated by color, and nondetections are marked by a vertical downward arrow. At first glance, there does appear to be some positive correlation between these two parameters. Using a Pearson correlation coefficient to measure the linear correlation between these parameters for detections only, we find a correlation coefficient of +0.29, indicating a weak to moderate positive correlation.

Still, Figure 8 must be interpreted with a grain of skepticism. Because we calculate  $\delta_{R_p}/H_{\text{eq}}$  using values taken from various literature sources, this is in no way a homogeneous sample. Helium absorption depths are measured differently using different telescopes, and several assumptions go into the predicted scale height of an atmosphere. Additionally, applying a scale height normalization may actually obscure the relationship between helium absorption and  $R'_{\text{HK}}$  if the scale height, which is related to the lower hydrostatic atmosphere, is uncorrelated to the height of the thermosphere. Both detections and nondetections have been reported for the same planet (e.g., helium in WASP-52b was not detected in Vissapragada et al. 2020 but was detected in Kirk et al. 2022), and absorption values are constantly updated. We must keep these factors in the back of our mind when interpreting such a plot. A greater sample size with more diversity in spectral type will help us uncover whether there is truly a relationship between  $\log R'_{\text{HK}}$  values and helium absorption.

Indeed, while many papers report a positive trend between helium absorption and EUV or XUV flux (e.g., Nortmann et al. 2018; Poppenhaeger 2022), others are beginning to question whether this simple correlation is the only factor or whether the relationship is shallower than previously assumed (e.g., Alonso-Floriano et al. 2019; Fossati et al. 2022; Kirk et al. 2022). Next steps should consider comparing the “hardness” of the high-energy stellar spectra, i.e., the ratio between the EUV and mid-UV flux as described in Oklopčić (2019).

## 5. Conclusion

In this paper, we search for metastable helium absorption in the extended atmosphere of WASP-48b, a hot Jupiter orbiting a slightly evolved, rapidly rotating F-type star. We use high-resolution ground-based transmission spectroscopy using the Habitable-zone Planet Finder. Our resulting transmission spectrum is flat. No planetary helium appears to be present in the extended atmosphere of WASP-48b, suggesting that there is no ongoing atmospheric escape occurring on this planet.

We compare our findings with a 1D isothermal Parker wind model (Oklopčić 2019), which allows us to constrain the expected thermosphere temperature and mass-loss rate of the planet. We find that our nondetection can best be explained by a high thermosphere temperature and low mass-loss rate.

To understand this nondetection to the fullest extent, we compare our findings to all other published helium works. We normalize helium absorption to the planetary atmospheric scale height,  $H_{\text{eq}}$ , and plot these values against a variety of stellar and planetary parameters. We find that only the  $\log R'_{\text{HK}}$  index shows any correlation with helium absorption.

Oklopčić (2019) predicted that close-in planets orbiting K stars are the most likely to experience high levels of atmospheric escape and provide the most promising candidates for helium absorption. While there has certainly been the largest number of detections around K stars, there have also been detections around other spectral types (F, G, M, and T Tauri stars), as well as several nondetections around K stars. More investigations of planets around a variety of stellar types

and ages need to be done to observationally validate the prediction that K-type stars are optimal for helium detections.

To strengthen the veracity of atmospheric escape studies, we should couple helium observations with Ly $\alpha$  (for stars closer than 50 pc) and/or H $\alpha$  studies to corroborate the findings when possible. This has been done for some planets, including HD 189773b (Vidal-Madjar et al. 2003; Jensen et al. 2012; Salz et al. 2018), 55 Cnc e (Ehrenreich et al. 2012; Zhang et al. 2021), and GJ 9827b and d (Carleo et al. 2021). Additionally, multiple transits should be observed when possible, because it has become increasingly apparent that stellar variability plays a meaningful role in fluctuating mass loss and helium absorption over short timescales. For example, HD 189733b has been shown to exhibit XUV variability of up to 33% (Pillitteri et al. 2022; Zhang et al. 2022a), which greatly impacts the amount of helium absorption detected.

As more planets are investigated and comparative studies expand, one of the fundamental goals of the exoplanet atmospheric research community must be to fully elucidate the timeline of atmospheric escape, the stellar and planetary environment in which it occurs, and its impact on atmospheric evolution over a planet’s lifetime. This is just one small piece of the exoplanet characterization puzzle, but it will bring us closer to understanding the architecture and habitability of planetary systems within our Galaxy.

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*Software:* astropy (Astropy Collaboration et al. 2013, 2018, 2022), barycorrpy (Wright & Eastman 2014; Kanodia & Wright 2018), matplotlib (Hunter 2007), numpy (Harris et al. 2020), pandas (McKinney 2010), radvel (Fulton et al. 2018), scipy (Virtanen et al. 2020).

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