Sparseness of the trabecular pattern on dental radiographs: visual assessment compared with semi-automated measurements

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Sparseness of the Trabecular Pattern on Dental Radiographs: Visual Assessment compared with Semi-Automated Measurements

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Short title: Sparseness of the Trabecular Pattern on Dental Radiographs

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Sparseness of the Trabecular Pattern on Dental Radiographs:
Visual Assessment compared with Semi-Automated Measurements

Abstract

Objective: In diagnostic imaging the human perception is the most prominent yet least studied source of error. Better understanding of image perception will help to improve diagnostic performance. This study focusses on the perception of coarseness of trabecular patterns on dental radiographs. Comparison of human vision with machine vision should yield knowledge on human perception.

Material and Method: In a study on identifying osteoporotic patients dental radiographs were made from 505 postmenopausal women 45 to 70 years of age. Intraoral radiographs of the lower and upper jaws were made. Five observers graded the trabecular pattern in categories dense, sparse or mixed. The 5 gradings were combined into a single averaged observer score per jaw. The radiographs were scanned and a region of interest (ROI) was indicated on each. The ROI’s were processed with image analysis software measuring 25 image features. Pearson correlation and multiple linear regression were used to compare the averaged observer score with the image features.

Results: Fourteen image features correlated significantly with the observer judgement for both jaws. The strongest correlation was found for the average gray value in the ROI. Other features describing that osteoporotic patients have less but bigger marrow spaces than controls correlated less with the sparseness of the trabecular pattern than a rather crude measure for structure such as the average gray value.

Conclusion: Human perception of the sparseness of trabecular patterns is based more on average gray value of the ROI than on geometric details within the ROI.

Keywords:
Dental radiographs, trabecular pattern, psychophysics, sparseness, observer grading, image processing.
Introduction

Image perception is an important aspect of diagnostic imaging [1, 2]. According to the UNSCEAR 2000 report (Annex D) the average number of diagnostic radiological examinations in countries with level I healthcare is about 1,000 per year per 1,000 population. Therefore it can be estimated that each European has about one radiological examination per year.

The interpretation of radiographs is complicated by the variations in human anatomy and the spatial information that is lost while projecting the patient body on a 2D plane [3]. Visual clues are overlooked or misinterpreted [4-6]. The diagnostic process of radiologists can be improved by the use of computers [7-11]. Pattern-recognition techniques have been designed to draw the attention of the radiologist to regions in mammograms that need careful scrutiny and interpretation [12]. Fully automated methods can screen chest radiographs for features of tuberculosis [13]. Although the results compete with human performance, the automated methods do not outperform the radiologists. It is expected that some day computers may replace human observers in the analysis of the data, however, complete replacement of the human observer is yet a remote possibility [11]. For the foreseeable future, human interpretation will continue to be an inseparable element of medical imaging [14]. We need to understand the images and the technologies used to acquire and display them, but since patient treatment and care depend a lot on radiologists interpreting images, we also need to understand human perception and cognition. In the process of image acquisition, image processing and image display many parameters are involved and it is largely unknown how they should be optimized for human interpretation. Understanding the perceptual and cognitive processes involved in reading medical images will help to enhance the most useful properties of the images to improve diagnostic performance and reduce error rates [2, 3, 6, 14-17].

In dental radiography many radiographs show bone with radiographic trabecular pattern, an irregular meshwork of vague bright lines with fuzzy dark meshes (Figure 1). Visual assessment of the trabecular pattern in intraoral radiographs is a method to identify women at risk of having
osteoporosis. Dense trabeculation is a strong indicator of healthy bone whereas sparse trabeculation is a sign of osteoporosis [18-20].

At the Oral Radiology department of the Academic Centre for Dentistry Amsterdam methods were developed for semi-automatic analysis of the trabecular pattern of radiographs. Measurements on the trabecular pattern of intraoral radiographs were found to predict bone mineral density and osteoporosis [21, 22].

When both the visual assessment and the semi-automatic analysis had been applied to the same set of radiographs there rose an opportunity to compare the two and to gain more insight in the human perception of the coarseness of the radiographic trabecular pattern.

**Materials and Methods**

In 2003 the European Union granted a research project, named OSTEODENT, to five European Universities at Manchester, Amsterdam, Athens, Leuven, and Malmö.

**Subjects and radiographs**

In the project women from Manchester, Athens, Leuven and Malmö were recruited [20, 23]. Local ethical approval for the study was obtained in each recruiting centre and informed consent was obtained from all subjects. From each subject intraoral radiographs were made from the upper right and lower right premolar region using one of three Planmeca Prostyle Intra devices (60-63 kV; Planmeca Oy, Helsinki, Finland) or with a Siemens Heliodent MD (60 kV; Sirona, Bensheim, Germany). The radiographic trabecular pattern was graded by 3 experienced radiologists and 2 general practitioners [20].

They were given 3 reference images from the upper and the lower jaw and they were asked to classify the trabecular pattern between the roots of the premolars as dense, alternating dense and sparse, or sparse. Additional instructions to observers described dense trabeculation as
having many trabeculae connected to each other and small or few marrow spaces. Sparse trabeculation was described as having less trabeculae, larger marrow spaces, and darker. Any trabecular pattern that was ambiguous had to be assigned to the intermediate category. Lamina dura, mandibular cortex and maxillary sinus as well as diseased areas were excluded from the assessment.

Subjects that had not been graded by all the observers were excluded from the study [20]. Complete sets of data including BMD of hip and spine, two intraoral radiographs and 5 observer gradings were obtained from 505 subjects of which 21% was diagnosed as osteoporotic.

**Image processing**

The intraoral radiographs were scanned with a flatbed scanner (Agfa Duoscan T1200, Agfa Gevaert, Mortsel, Belgium; fixed sensitivity settings) at a resolution of 118 pixels cm$^{-1}$ (300 dpi). Most radiographs displayed three interdental regions of which the widest was used by an observer to select a region of interest (ROI) containing trabecular pattern only (Figure 1). The ROI was subjected to automated image analysis procedures measuring various image features that have proven their relevance for bone structure and osteoporosis extensively [21-27]. First the mean (MEAN) and standard deviation (SD) of the gray values were determined on the raw unfiltered ROI (Figure 1).

Isolated pixels with deviating gray values were adjusted with a 3x3 median filter. Large scale variations in gray value caused by varying thickness of cortex and soft tissues were removed with an unsharp self-masking filter. Then the ROI was segmented using the mode of the histogram as threshold value. This resulted in a version of the ROI consisting of black and white segments (Figure 2). The segments were used to measure the fractal dimension according to the caliper method (FRACT), the number of black segments ($N_{\text{black}}$), the number, area and the perimeter of
the white segments (N\textsubscript{white}, BV/TV, BS/TV) and an index of orientation in horizontal direction (0\(^\circ\)) up to 165\(^\circ\) in steps of 15\(^\circ\) (LFD 0, LFD 15, ... LFD165).

Next the white segments were eroded to a wire frame that was used to measure length of the frame, number of terminal points and number of furcations (TSL\textsubscript{white}, N.Tm\textsubscript{white}, N.Nd\textsubscript{white}). Similarly the black segments were eroded to a wire frame that was used to measure the length, number of terminal points and number of furcations (TSL\textsubscript{black}, N.Tm\textsubscript{black}, N.Nd\textsubscript{black}). Various methods for filtering and measuring image features have been described before [21, 23-32]. Similar image features are current in studies on osteoporosis and bone structure [33-39].

**Statistics**

To reduce the variations between the individual gradings and to simplify the analysis the gradings of the five observers were combined by equating the gradings dense, alternating, and sparse with numbers 1, 2, and 3. For each subject and each jaw the five numbers were combined into a single averaged observer score, resulting in 1010 averaged observer scores pertaining to 505 subjects.

For the interobserver agreement values of the kappa index ranged from 0.32 (fair) to 0.55 (moderate) [20]. Since kappa is the agreement it can be seen that the disagreement, or noise, in the individual observer is 0.45 to 0.68. To estimate the noise in the averaged observer score the factor \(1/\sqrt{5}\) is used leading to a noise level of 0.20 to 0.30. Obviously 30\% of the variation in the averaged observer judgement must be considered noise and 70\% of the variation in the averaged observer score is the maximum that can be accounted for by any set of features.

With respect to the image features it can be said that the semi-automatic measurements were very reproducible since most of the associated values of Cronbach's alpha exceeded 0.8 and even 0.9 [27].
To test the relation between the averaged observer score and the image features the Pearson correlation was calculated. In addition stepwise multiple linear regression was applied to calculate the multiple correlation between the averaged observer score and the image features. Single and multiple correlations were computed with the SPSS package (version 18, SPSS inc., Chicago, USA). To define significance $\alpha=0.05$ was used. Additional computations of confidence intervals were done in accordance with Hayes [40].
**Results**

Table 1 summarizes the correlations of the image features on the lower and upper jaws with the averaged observer score. Of the 25 features that were investigated 14 correlated significantly for both jaws and 6 correlated significantly for only one jaw. The difference between the correlation coefficients for upper jaw and the lower jaw was less than the critical value 0.124 for all features except BS/TV. Allowing 1 in 20 features to differ this implies that the correlations for upper and lower jaws correspond.

The highest correspondence is found for the average grayvalue (MEAN) in the lower jaw (-0.39), as well as in the upper jaw (-0.37). This implies that MEAN accounts for 15% of the variance in the averaged observer score in the lower jaw and 14% in the upper jaw.

Using stepwise multiple linear regression the percentage variation accounted for increased to 19% (R=0.43) for the upper jaw and 27% (R=0.52) for the lower jaw. The analysis started with predictor MEAN and then one by one predictors were added until the prediction improved insignificantly. Table 2 shows the predictors and the order in which they entered the regression equation. For the lower jaw 6 predictors were entered and for the upper jaw 4. The three most important features in lower and upper jaw corresponded; they were MEAN, BS/TV and LFD 75.
**Discussion**

The assessments of the trabecular pattern by the observers were similar for the upper and lower jaw [20]. In addition the semi-automatic measurements of upper and lower jaws correspond to a large extent [29]. This may explain the correspondence of upper and lower jaws in Table 1.

In a previous study several features discriminated significantly between osteoporotic patients and healthy controls of which the strongest was the number of terminal points (N.Tm \text{black}) [29]. To a large extent this is confirmed by the correlations provided in Table 1. It can be seen that the trabecular patterns of osteoporotic patients have less geometrical details than the patterns of the controls. Obviously osteoporotic patients have less but bigger marrow spaces than controls. This is consistent with the finding that sparse trabeculation is a sign of osteoporosis.

The negative value of the correlation between MEAN and the observer score implies that low values of MEAN are associated with sparse trabecular patterns which is consistent with the loss of bone mineral and increased sparseness of the radiographic trabecular pattern of osteoporotic patients [20,41]. Considering that MEAN represents the average gray value of the pixels in the ROI one might say that MEAN is a crude measure for structure. Therefore it is striking that in this study MEAN has a stronger correlation with the observer grading than the other features such as N.Nd \text{black} and TSL \text{white} that reflect relevant structural aspects of trabecular microarchitecture. MEAN even surpasses features N \text{black} and BV/TBV which are closely related with the concept of sparse and dense trabeculation. Part of a possible explanation can be found in the instructions to the observers stating that sparse trabeculation associates with darker images. Our main conclusion is that the human perception of the sparseness of trabecular patterns is based more on average gray value of the ROI than on other structural aspects of the ROI.
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Figure 1: Radiograph of the right side of the lower jaw with region of interest 3.7 mm x 5.8 mm between first and second premolar. This is used to measure mean and standard deviation of the gray value (MEAN, SD).
Figure 2: The region of interest in fig.1 has been filtered and segmented into black and white segments. This is used to measure fractal dimension (FRACT), numbers of black and white segments (N\text{\_black}, N\text{\_white}), area and perimeter of the white segments (BV/TV, BS/TV) and orientation (LFD 0, LFD 15, ..., LFD 165).
Figure 3: The white segments in fig.2 have been eroded. The eroded parts are displayed in gray. The remaining wire structure is displayed in white. Each white pixel contributes to the length of the white frame (TSL \textsubscript{white}). Each white pixel with 1 (or 0) white neighbours is an endpoint and contributes to \( N.\text{Tn}_{\text{white}} \). Each white pixel with 3 (or 4) white neighbours is a furcation point and contributes to \( N.\text{Nd}_{\text{white}} \).
### Table 1: Correlations between observer grading and image features.

<table>
<thead>
<tr>
<th>Feature</th>
<th>Codename</th>
<th>Upper jaw</th>
<th>Lower jaw</th>
</tr>
</thead>
<tbody>
<tr>
<td>average grayvalue</td>
<td>MEAN</td>
<td>-0.37</td>
<td>-0.39</td>
</tr>
<tr>
<td>standard dev of gray value</td>
<td>SD</td>
<td>-0.10</td>
<td>-0.13</td>
</tr>
<tr>
<td>fractal dimension</td>
<td>FRACT</td>
<td>+0.16</td>
<td>+0.09</td>
</tr>
<tr>
<td>number of white segments</td>
<td>N_white</td>
<td>+0.15</td>
<td>+0.11</td>
</tr>
<tr>
<td>number of black segments</td>
<td>N_black</td>
<td>-0.18</td>
<td>-0.18</td>
</tr>
<tr>
<td>area of white segments</td>
<td>BV/TV</td>
<td>-0.19</td>
<td>-0.26</td>
</tr>
<tr>
<td>perimeter white segments</td>
<td>BS/TV</td>
<td>-0.16</td>
<td>-0.32</td>
</tr>
<tr>
<td>orientation horizontal</td>
<td>LFD 0</td>
<td>ns</td>
<td>+0.12</td>
</tr>
<tr>
<td>orientation along 15°</td>
<td>LFD 15</td>
<td>ns</td>
<td>ns</td>
</tr>
<tr>
<td>orientation along 30°</td>
<td>LFD 30</td>
<td>ns</td>
<td>ns</td>
</tr>
<tr>
<td>orientation along 45°</td>
<td>LFD 45</td>
<td>ns</td>
<td>-0.13</td>
</tr>
<tr>
<td>orientation along 60°</td>
<td>LFD 60</td>
<td>-0.14</td>
<td>-0.18</td>
</tr>
<tr>
<td>orientation along 75°</td>
<td>LFD 75</td>
<td>-0.15</td>
<td>-0.19</td>
</tr>
<tr>
<td>orientation vertical</td>
<td>LFD 90</td>
<td>-0.13</td>
<td>-0.16</td>
</tr>
<tr>
<td>orientation along 105°</td>
<td>LFD105</td>
<td>-0.10</td>
<td>-0.15</td>
</tr>
<tr>
<td>orientation along 120°</td>
<td>LFD120</td>
<td>-0.11</td>
<td>ns</td>
</tr>
<tr>
<td>orientation along 135°</td>
<td>LFD135</td>
<td>ns</td>
<td>ns</td>
</tr>
<tr>
<td>orientation along 150°</td>
<td>LFD150</td>
<td>ns</td>
<td>+0.11</td>
</tr>
<tr>
<td>orientation along 165°</td>
<td>LFD165</td>
<td>ns</td>
<td>+0.11</td>
</tr>
<tr>
<td>length white wire</td>
<td>TSL white</td>
<td>-0.21</td>
<td>-0.32</td>
</tr>
<tr>
<td>endpoints white wire</td>
<td>N.Tn white</td>
<td>ns</td>
<td>ns</td>
</tr>
<tr>
<td>fURcations white wire</td>
<td>N.Nd white</td>
<td>-0.14</td>
<td>-0.19</td>
</tr>
<tr>
<td>length black wire</td>
<td>TSL black</td>
<td>ns</td>
<td>ns</td>
</tr>
<tr>
<td>endpoints black wire</td>
<td>N.Tn black</td>
<td>-0.19</td>
<td>-0.22</td>
</tr>
<tr>
<td>fURcations black wire</td>
<td>N.Nd black</td>
<td>-0.09</td>
<td>ns</td>
</tr>
</tbody>
</table>

ns = not significant.
Table 2: Results of stepwise multiple linear regression.

Upper jaw

<table>
<thead>
<tr>
<th>Order in regression</th>
<th>Feature in upper jaw</th>
<th>Codename</th>
<th>Variance accounted for</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>average grayvalue</td>
<td>MEAN</td>
<td>14%</td>
</tr>
<tr>
<td>2</td>
<td>perimeter white segments</td>
<td>BS/TV</td>
<td>16%</td>
</tr>
<tr>
<td>3</td>
<td>orientation along 75°</td>
<td>LFD 75</td>
<td>18%</td>
</tr>
<tr>
<td>4</td>
<td>standard dev of gray value</td>
<td>SD</td>
<td>19%</td>
</tr>
</tbody>
</table>

Lower jaw

<table>
<thead>
<tr>
<th>Order in regression</th>
<th>Feature in lower jaw</th>
<th>Codename</th>
<th>Variance accounted for</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>average grayvalue</td>
<td>MEAN</td>
<td>15%</td>
</tr>
<tr>
<td>2</td>
<td>perimeter white segments</td>
<td>BS/TV</td>
<td>21%</td>
</tr>
<tr>
<td>3</td>
<td>orientation along 75°</td>
<td>LFD 75</td>
<td>23%</td>
</tr>
<tr>
<td>4</td>
<td>length of white wire</td>
<td>TSL white</td>
<td>25%</td>
</tr>
<tr>
<td>5</td>
<td>orientation horizontal</td>
<td>LFD 0</td>
<td>26%</td>
</tr>
<tr>
<td>6</td>
<td>furcations white wire</td>
<td>N.Nd white</td>
<td>27%</td>
</tr>
</tbody>
</table>

Stepwise multiple linear regression first selects the single feature describing the observer grading best. The second feature is selected to increase descriptive power the most. This is continued as long as significant improvement can be achieved.