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Stress fractures

Solutions towards better treatment and patient reported outcome measures

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Stellingen behorende bij het proefschrift

STRESS FRACTURES

solutions towards better treatment and patient reported outcome measures

1. High risk stress fractures of the lower leg are situated in the anterior tibial cortex, the os naviculare and the fifth metatarsal base, and do have a prolonged healing time (*this thesis*)
2. Although orthopaedic surgeons report to use PROMs with high reliability and validity, still a notorious number of different PROMs for the same purpose are used (*this thesis*)
3. High risk stress fractures of the lower leg show faster return to sports in surgically treated patients (*this thesis*)
4. Pre-operative high BMI and experiencing more mental distress are predictors for lower functional outcome one year after foot and ankle arthroscopy (*this thesis*)
5. The FAAM is an accurate PROM to follow-up athletes with foot and ankle injuries (*this thesis*)
6. In the Netherlands at this moment, the Foot and Ankle Outcome Score (FAOS) is the most appropriate PROM to use in patients with general foot and ankle problems (*this thesis*)
7. Het meest uitdagende onderzoek, is dat naar de juiste behandelstrategie voor elke individuele patiënt
8. Gezondheid is noodzaak voor topsport; topsport is geen noodzaak voor gezondheid
9. Vakwijsheid: Wie kan bijzagen, komt in de krant (*Pé Weel*)
10. The art of medicine consists in amusing the patient while nature cures the disease (*it is thought this was said by Voltaire; it can definitely help you in clinical practise*)
11. The world begins where the road ends (*Eddie Vedder, Far Behind –Into the Wild*)

Hanneke Weel
15 December 2017, Amsterdam