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Exploring teachers' daily emotional stress experiences in secondary education

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Publication date

2024

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Citation for published version (APA):

van Alphen, T. (2024). *Yesterday, today, tomorrow: Exploring teachers' daily emotional stress experiences in secondary education*. [Thesis, fully internal, Universiteit van Amsterdam].

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YESTERDAY, TODAY, TOMORROW

Exploring teachers' daily emotional stress
experiences in secondary education

Thijmen van Alphen

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and Education

Cover painting: Marianne Roodenburg
Design and Layout: Jeroen Schuiten
Printing: Ridderprint, www.ridderprint.nl

ISBN: 978-94-6506-213-6

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The research reported in this dissertation was funded by the Netherlands Initiative for Education Research [Under grant 40.5.18300.042].

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in secondary education

ACADEMISCH PROEFSCHRIFT

Ter verkrijging van de graad van doctor
aan de Universiteit van Amsterdam
op gezag van Rector Magnificus
Prof. dr. ir. P.P.C.C. Verbeek
ten overstaan van een door het College van Promoties ingestelde commissie,
in het openbaar te verdedigen in de Agenietenkapel
op vrijdag 4 oktober 2024, te 13.00 uur

door Thijmen van Alphen
geboren te Amsterdam

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“Just, take a deep breath...”