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Coming on strong: Is Responsive Aggression Regulation Therapy (Re-ART) a promising intervention?

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About the Author



Larissa Hoogsteder born and raised in Castricum (the Netherlands). Once she completed her high school diploma at the Montessori Lyceum in Amsterdam, it quickly became apparent to her that she would like to work in music and drama, as well as with adolescents displaying severe externalising behavior problems. Ultimately this led to her acquiring a wealth of experience as a therapist providing treatment to adolescents with psychiatric and/or externalising behavior problems in an ambulant setting or a young offenders establishment. These treatments consisted primarily of drama therapy, cognitive and dialectical behavior therapy in combination with system-directed approaches. Larissa has a masters in mentoring and human & organizational behavior and is a registered supervisor. In addition to her employment as a therapist she has also worked as Head of treatment at the R.I.J. Doggershoek (a secure juvenile justice institution). Currently she is employed as program manager at *de Waag*: a specialist institution providing care in a forensic setting. Larissa specialises in forensic child and youth care, change management, implementation trajectories and developing (in collaboration) various care programs / treatment interventions. She is the developer and license holder of four accredited behavioral interventions of the Accreditation Panel for Behavioral Programs for offenders; that is Responsive Social Skills Therapy, Re-ART for you adults in an Intramural setting, Re-ART young adults Ambulant and Re-ART Youth (12 to 16 years) Ambulant (also held by *de Waag*). She started her Ph.D. project in 2012.