Online parenting support: Guiding parents towards empowerment through single session email consultation
Nieuwboer, C.C.

Citation for published version (APA):
Nieuwboer, C. C. (2014). Online parenting support: Guiding parents towards empowerment through single session email consultation

General rights
It is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), other than for strictly personal, individual use, unless the work is under an open content license (like Creative Commons).

Disclaimer/Complaints regulations
If you believe that digital publication of certain material infringes any of your rights or (privacy) interests, please let the Library know, stating your reasons. In case of a legitimate complaint, the Library will make the material inaccessible and/or remove it from the website. Please Ask the Library: http://uba.uva.nl/en/contact, or a letter to: Library of the University of Amsterdam, Secretariat, Singel 425, 1012 WP Amsterdam, The Netherlands. You will be contacted as soon as possible.
Online Parenting Support
Guiding parents towards empowerment through single session email consultation

Table of Contents

Introduction ................................................................................................................................. 9

Chapter 1. Peer and professional parenting support on the Internet:
A systematic review. .................................................................................................................. 19

Chapter 2. Online programs as tools to improve parenting:
A meta-analytic review. ............................................................................................................. 41

Chapter 3. Practitioner response to parental need in email consultation: how do they match?
A content analysis. .................................................................................................................... 63

Chapter 4. Analyzing empowerment oriented email consultation for parents:
Development of the Guiding the Empowerment Process model. ........................................... 85

Chapter 5. Single session email consultation for parents:
An evaluation of its effect on empowerment ........................................................................... 107

Conclusions ............................................................................................................................. 125

Summary .................................................................................................................................. 156

Biographical note (in English and Dutch) ............................................................................. 158

Dankwoord (in Dutch) ........................................................................................................... 160

Overview of publications and presentations ......................................................................... 164

List of organizations (in Dutch) ........................................................................................... 167