Annual bone loss and success rates of dental implants based on radiographic measurements
Geraets, W.G.M.; Zhang, L.; Liu, Y.; Wismeijer, D.

Published in:
Dentomaxillofacial Radiology

DOI:
10.1259/dmfr.20140007

Citation for published version (APA):
Annual bone loss and success rates of dental implants based on radiographic measurements

W Geraets, L Zhang, Y Liu and D Wismeijer

Department of Oral and Maxillofacial Radiology, Academic Centre for Dentistry Amsterdam (ACTA), University of Amsterdam and VU University, Amsterdam, Netherlands; Department of Prosthodontics, Peking University School and Hospital of Stomatology, Beijing, China; Department of Oral Implantology and Prosthetics, Research Institute MOVE, Academic Centre for Dentistry Amsterdam (ACTA), University of Amsterdam and VU University, Amsterdam, Netherlands

Objectives: Bone loss around dental implants is generally measured by monitoring changes in marginal bone level using radiographs. After the first year of implantation, an implant should have <0.2 mm annual loss of marginal bone level to satisfy the criteria of success. However, the process of measuring marginal bone level on radiographs has a precision of 0.2 mm (or more) owing to variations in exposure geometry, exposure time and observer perception. Therefore, the value of the annual loss may vary considerably, especially when short intervals are considered. This study investigates how the success rate of dental implants depends on the way annual bone loss is calculated.

Methods: Panoramic radiographs of 82 implant patients with an average follow-up of 10.4 years were analysed. Marginal bone levels near the implants were indicated by one observer. The annual loss of marginal bone level was determined according to four different calculation methods.

Results: The methods yielded success rates of 9%, 45%, 81% and 89%.

Conclusions: The success rate of dental implants measured on radiographs greatly depends on the details of the calculation method. Without rigorous standardization, annual bone loss and implant success rate are not well defined.


Keywords: marginal distance; radiographs; noise; criteria; success rate

Introduction

After extraction of all the teeth, dentures are commonly fitted to enable eating and to restore facial appearance. Owing to mandibular bone resorption, the lower denture may lose retention and cause problems with eating, speech and appearance. In the past five decades, titanium dental implant systems have been widely used to support dentures and improve eating and speech. In spite of their popularity, implants do not solve all problems related with bone loss. Success of dental implants is a concern for patients, dentists, industries, insurance companies and healthcare systems. To be successful, an implant has to meet criteria with respect to function (chewing), tissue physiology (osseointegration), the absence of pain and user satisfaction. There has been much debate about objective criteria for implant success. In 1986, an extensive review of the literature on the best-known implants was published. In the following decades more review articles on the criteria for determining implant success were published.

The criteria proposed by Albrektsson et al included immobility, absence of peri-implant radiolucencies, absence of pain, absence of infections and <0.2 mm vertical bone loss per year (except the first year). Some authors define alternative criteria for success that may involve
directly after implant surgery, the first panoramic radiograph was made. Subsequent follow-up radiographs were made with the same machine at intervals of 10–25 months. The average radiographic follow-up consisted of 7.0 radiographs during 10.4 years. At an 8-year follow-up almost all patients were satisfied with their overdenture. There were 8 patients with 15 failing implants that had to be removed. In total, 578 radiographs were scanned using a flatbed scanner (Mikrotek ScanMaker 9800XL; Mikrotek International Inc., Hsinchu, Taiwan) with a resolution of 118 pixels per centimetre (300 dpi) on an 8-bit greyscale. For ease of evaluation, the digitized images were cropped around the part of the mandible containing the implants and the abutments.

The 578 cropped radiographs were presented in random order to an observer who was a prosthodontist with 11 years of experience in interpreting dental radiographs. Distal and mesial of each implant, the observer indicated the marginal bone level. Also, the top of the implant neck and the apex of the implant body were indicated. To increase the precision of the indicated points, all images were presented four times and the corresponding coordinates were averaged (Figure 1).

In contrast with the smooth neck of the implant, the surface of the implant body had been roughened for better osseointegration. Therefore, it was decided to determine the marginal distance with respect to the top of the implant body. Knowing the length of neck and body, the top of the implant body was located. Each marginal bone level point was projected orthogonally on the central axis. Then the distance from the projected point to the top of the implant body was calculated in pixels and converted to millimetres with the help of the known length of the implant body (Figure 2).

The criteria for successful implants allow a loss of 0.2 mm per year; only in the first year after implantation, a loss of 1.0–1.5 mm is allowed. Four methods were devised to calculate the annual bone loss according to these criteria. The first method measured the momentary rate of bone loss as the difference in bone levels...
at two consecutive visits divided by the time between the visits. If the momentary rate (mesial and distal) was 1.0 mm per year (or less) during the first year and 0.2 mm per year (or less) during all the following years, the implant was classified successful. The second method compared every follow-up visit with the first visit. It checked if the bone loss was less than the maximum loss allowed for successful implants. For example, after 5 years, the maximum bone loss allowed was $1.0 + 4 \times 0.2 = 1.8$ mm. In Figures 4 and 5, the grey-shaded area indicates allowed losses. An implant was classified successful if at all visits the amount of loss (mesial and distal) was allowed.

The third method considered only the long-term bone loss. It used the bone level at the first and last visit and ignored all visits in-between. It classified an implant successful if the amount of loss (mesial and distal) between the first and the last visit was less than the maximum loss allowed. Similarly, the fourth method considered the first and last visits only, but it ignored the mesial side of the implants and it allowed $1.5$ mm loss during the first year (and $0.2$ mm in every following year).

The statistical tests considered only the distal side of one implant per patient. The average rate of marginal bone loss was estimated by taking the difference between the first and last measured level divided by the length of the corresponding time interval. To test the dependence of marginal bone level with time, the one sample t-test was applied to test if the average speed was zero or non-zero. To compare failing implants with surviving implants, the Behrens–Fisher two sampled t-test was used to test the corresponding average speeds. Both tests were performed with SPSS v. 21 (SPSS Inc., Chicago, IL).

Results

For each implant, the marginal distance of the mesial and distal sides were plotted vs the time since insertion. Figure 3 gives an overview of the $224 \times 2$ plots. The plots of failing implants were drawn in dark colour over the plots of the surviving implants that were drawn in grey. One patient had two implants of $12$ mm with bone loss all along the implants ($10.9, 11.9$ and $12.0$ mm). The three plots running off the scale correspond to these two implants. Negative values of the marginal distance correspond to pockets coronal to the implant body and the bone touching the smooth implant neck. The lowest value was $-1.58$ mm, 11 years after surgery, corresponding to the marginal bone level of $1.58$ mm coronal of the reference point. The changes in the marginal distance were calculated using the first measurement as baseline value (Figure 4). Changes were calculated mesial and distal, and the highest value was plotted.

From the 224 implants in this study, only 21 implants met the strictest criteria for success as measured by
Method 1. Methods 2, 3 and 4 yielded 101, 181 and 200 successful implants, respectively. The corresponding success rates are 9%, 45%, 81% and 89%.

In Figure 4, the plots marked “method 1” represent implants that are successful according to Methods 1 and 2. The plots marked “method 2” represent implants that are successful according to Method 2 but not according to Method 1.

The results of the first statistical tests are presented in Table 1. The average speed of bone loss was $0.19 \pm 0.39$ mm per year. The average speed was significantly non-zero, which implies a significant increase of the marginal distance with time ($p < 0.001$). Failing and surviving implants did not differ significantly.

Discussion

Figure 5 shows an implant that is successful according to Methods 3 and 4 but not according to Methods 1 and 2 because of the spike in the plot, which was caused by the radiograph made 0.7 years after surgery. In the chain of events from patient anatomy to radiographic projection and the observer measuring marginal bone distance, there are several sources of variation (noise) that affect the outcome distance. Differences in exposure geometry and exposure time affect the marginal bone levels that are perceived by the observer. The scanner that is used to digitize radiographs may impede the perception of small contrasts. Special purpose scanners, aiming devices and exposure protocols can be applied to suppress these sources of variations, however, radiographs are often made and processed in a non-standardized way. Furthermore, the perception of radiolucencies is so complex that different observers may yield different marginal distances when interpreting the same radiograph. Even when a radiograph is interpreted by the same observer, the resulting marginal distances can vary.

The different results of Methods 1–4 to a large extent can be attributed to noise. When parallelism between implant and film is not guaranteed, the errors (noise) in measuring peri-implant bone level exceeds 0.5 mm. These errors (noise) are more than twice the annual loss of 0.2 mm permitted for successful implants. The essential difference between Methods 1–4 is the length of the time interval that is used to calculate the annual loss. Method 1 uses the shortest possible time interval; Methods 3 and 4 use the longest possible time interval. When calculating the rate of bone loss or the annual loss of bone, the difference in bone level is divided by the length of the interval; similarly, the precision must also be divided by the length of the interval. Therefore, it is understandable that noise on the measurements of the marginal bone levels affects Method 1 the most and Method 4 the least.

Using intraoral periapical radiographs instead of panoramic radiographs reduces the level of noise.

![Figure 5](image-url) Changes in marginal distance (mm) vs year after implantation. Example of a successful implant according to Methods 3 and 4 but not according to Methods 1 and 2. Owing to one single radiograph, made 0.7 years after implantation, the marginal distance rises 3.5 mm and then falls 3.9 mm during the next year. The region of bone loss allowed by Methods 2 and 3 is shaded grey.

### Table 1 Annual marginal bone loss

<table>
<thead>
<tr>
<th>Implants</th>
<th>n</th>
<th>Speed ± SD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Failing</td>
<td>8</td>
<td>0.81 ± 0.95 mm per year</td>
</tr>
<tr>
<td>Surviving</td>
<td>72</td>
<td>0.12 ± 0.17 mm per year</td>
</tr>
<tr>
<td>All</td>
<td>80</td>
<td>0.19 ± 0.39 mm per year</td>
</tr>
</tbody>
</table>

SD, standard deviation.

For testing the rate of bone loss and for comparing failing with surviving implants, one site per patient was taken into consideration. The annual loss was determined as the difference between the first and last bone level divided by the corresponding time interval. Speed was significantly non-zero ($p < 0.001$). Failing and surviving implants did not differ significantly.
Standardizing imaging geometry reduces the noise even more but a precision of <0.2 mm cannot be obtained. The probability of wrong classification can be estimated by assuming that the noise is gaussian. If the most precise method finds a bone loss of 0.1 mm in 1 year, then there is still a probability of 30% that the actual loss exceeds 0.2 mm and the implant should be disqualified. Similarly, if a loss of 0.1 mm in 3 years is found, then there is still a probability of 7% that the actual loss exceeds 0.2 mm. Obviously, it is difficult to prove the success of a particular implant even by means of intraoral periapical radiographs. A drawback of the present study is the absence of a determination of the noise level in the determination of marginal bone changes. Such a determination would require repeated measurements on 15–30 patients by the same individual using the same equipment. Based on the root-mean-square standard deviation, the least significant change can be calculated that gives 95% confidence that a true biological change has been measured. However, because of radiation hygiene, only few such studies can be carried out. Studies on corpses with artificial bone lesions may also provide estimations of noise levels assuming that the lesions are sufficiently realistic. The present study took the measurements at their face value to demonstrate different outcomes of various counting methods. Because of the relative high level of noise, it can be taken for granted that many changes are noise rather than biological changes. Discussions on success rates of dental implants should consider how to deal with the uncertainties that are inherent to the measuring methods.

Albrektsson and Isidor define the radiographic criteria for success using the term “average marginal bone loss”. But the length of the time interval over which the marginal bone loss is to be averaged is not mentioned. The present study shows that many implants are successful only if the time interval is sufficiently long. When the level of noise exceeds the rate of annual bone loss that is permitted for successful implants, it takes several years to prove the success of an implant with acceptable levels of certainty. As long as success rates depend on the details of the calculation procedure for the annual bone loss, it can be said that the radiographic criteria for successful dental implants are ambiguous. It is concluded that the radiographic criteria for success of dental implants lack standardization.

References


