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A state change in the low-mass X-ray binary XSS J12270−4859

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ABSTRACT
Millisecond radio pulsars acquire their rapid rotation rates through mass and angular momentum transfer in a low-mass X-ray binary system. Recent studies of PSR J1824−2452I and PSR J1023+0038 have observationally demonstrated this link, and they have also shown that such systems can repeatedly transition back-and-forth between the radio millisecond pulsar and low-mass X-ray binary states. This also suggests that a fraction of such systems are not newly born radio millisecond pulsars but are rather suspended in a back-and-forth, state-switching phase, perhaps for gigayears. XSS J12270−4859 has been previously suggested to be a low-mass X-ray binary, and until recently the only such system to be seen at MeV–GeV energies. We present radio, optical and X-ray observations that offer compelling evidence that XSS J12270−4859 is a low-mass X-ray binary which transitioned to a radio millisecond pulsar state between 2012 November 14 and December 21. We use optical and X-ray photometry/spectroscopy to show that the system has undergone a sudden dimming and no longer shows evidence for an accretion disc. The optical observations constrain the orbital period to 6.913 ± 0.002 h.

Key words: binaries: general – stars: individual: XSS J12270−4859 – stars: neutron – X-rays: binaries.

1 INTRODUCTION
Low-mass X-ray binaries (LMXBs) are systems in which a neutron star or black hole is orbited by a Roche lobe-filling, main-sequence companion with a mass ≤ 1 M⊙. In systems with neutron star primaries, the accretion disc can transfer both matter and angular momentum to the neutron star, thereby spinning it up and eventually producing a ‘recycled’ millisecond radio pulsar (MSP; Alpar et al. 1982; Radhakrishnan & Srinivasan 1982). The LMXB–MSP evolutionary link has been demonstrated by, e.g. (i) the observation of accretion-powered pulsations in SAX J1808.4−3658 (Wijnands & van der Klis 1998); (ii) the discovery of the MSP PSR J1023+0038, a system in which an accretion disc was previously observed (Archibald et al. 2009); and (iii) the transition of PSR J1824−2452I/IGR J18245−2452 from an MSP to an accreting X-ray millisecond pulsar (AMXP) and back (Papitto et al. 2013). More recently, PSR J1023+0038 has re-entered a radio-quiet, accretion-disc state which shows much of the same X-ray and optical phenomenology observed in PSR J1824−2452I (Stappers et al. 2013; Takata et al. 2014; Patruno et al. 2014) – though the system has not (yet) entered a state of full accretion on to the neutron star surface. As such, we have witnessed a growing number of systems that straddle the classical definitions of LMXB and MSP, and which are helping us map this interesting evolutionary phase.

In addition to the aforementioned systems, recent radio pulsar searches have identified dozens of new ‘black widow’ and ‘redback’ systems (Roberts 2013). These are compact radio pulsar binary systems...
systems in which eclipsing of the pulsed signal is normally observed around superior conjunction of the neutron star, indicating that material is actively being ablated from the companion by the pulsar wind. The black widow systems are those in which the companion is very low mass (∼0.01 M⊙) and likely degenerate. The redbacks have likely non-degenerate companions that are significantly more massive (about 0.1–0.7 M⊙). The rapid growth in the known population of such sources has come from deep, targeted radio pulsation searches towards Galactic globular clusters (e.g.ansom et al. 2005; Hessels et al. 2007) as well as towards unidentified γ-ray sources found with the Fermi Gamma-ray Space Telescope (Ray et al. 2012). Since SAX J1808.4−3658, PSR J1023+0038 and PSR J1824−2452I can all arguably be classified as belonging to the black widow or redback families (though SAX J1808.4−3658 has never been seen to pulse in radio, it has shown evidence that a radio pulsar is active during the X-ray quiescent phase, see Burderi et al. 2003 and Campana et al. 2004), it seems likely that in the coming decade some of these other, newly found MSPs will also be seen to transition to an X-ray active phase and back. In fact, one may ponder whether these systems are gradually making a definitive transition from an LMXB to an MSP, or whether they are stuck transitioning back-and-forth for many gigayears (see Chen et al. 2013 for evolutionary modelling of such systems).

PSR J1023+0038’s recent transition back to an LMXB-like state – in which an accretion disc has returned (Patruno et al. 2014) – has been accompanied by an additional observational surprise: namely that the MeV–GeV brightness of the system has quintupled – has been accompanied by an additional observational surprise: namely that the MeV–GeV brightness of the system has quintupled in concert with the disappearance of the radio pulsar (Stappers et al. 2013). During the review of this paper, our prediction that a radio MSP would be present in XSS J12270−4859 was confirmed (Roy, Bhattacharyya & Ray 2014). Likewise, recent X-ray observations of XSS J12270−4859 were also reported, presenting evidence that there is currently an intra-binary shock driven by the pulsar wind (Bogdanov et al. 2014). This is also consistent with the state transition we propose.

2 OBSERVATIONS AND ANALYSIS

2.1 Optical

XSS J12270−4859 has been monitored at optical wavelengths with a roughly monthly cadence or better since 2007. Observations were carried out at the Bronberg (2007–2010) and Kleinkaroo Observatories (2011–2013) in South Africa. Unfiltered magnitudes were obtained with Meade RCX 400 telescopes, having apertures of 30 and 35 cm and working at f/8, and an SBIG ST8-XME CCD camera, using 2 × 2 spatial binning and averages of 3–5 exposures of 13 s each. The CCD camera has a quantum efficiency of 50–90 per cent over the 4500–8000 Å wavelength range, roughly covering the Johnson V- and R-band filters. The light curve is shown in Fig. 1.

We obtained optical spectroscopy of XSS J12270−4859 with EFOSC2, the ESO Faint Object Spectrograph and Camera, at the
The average optical spectrum of XSS J12270−4859 obtained with EFOSC2 at the NTT on 2013 November 8 (orbital phase of \( \phi = 0.66 \)). Obvious spectral lines are indicated. The spectral type is consistent with late-G/early-K.

Figure 2.

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NTT on La Silla in Chile on 2013 November 8. The sky was clear with 1.0 arcsec seeing. Two 900-s exposures were obtained with a 1 arcsec slit in combination with grism #18, giving a wavelength coverage of 4720–6730 Å. With 2 × 2 binning, this is sampled at 2.0 Å pix\(^{-1}\) and provides a resolution of 8.4 Å. The observations were corrected for bias offsets and the sky background was subtracted using clean regions offset from the spectral trace. The spectra were extracted using the optimal extraction method of Horne (1986) and wavelength calibrated using arc lamp exposures. Flux calibration was performed against the Feige 110 spectrophotometric flux standards. The calibration is approximate as no attempt was made to correct for slit losses. Fig. 2 shows the average of the two 900-s spectra.

These ground-based optical data were complemented by 11 pointed observations made with the Swift/Ultra-Violet and Optical Telescope (UVOT; Roming et al. 2005). The first observation was taken on 2013 January 26, whereas the next 10 were collected between 2013 December 10 and 2014 January 8. Each of the latter 10 observations consists of one to three exposures, all taken with the \( U \)-band filter (central wavelength of 3465 Å). The 2013 January observation instead comprises six short snapshots recorded with each of the six optical and UV filters. A visual inspection of the images reveals a dim counterpart in all the \( U \)-band filter observations and a lack of counterpart in five of the six short snapshots of January 26 (only the \( B \)-band filter counterpart is clearly seen).

We extracted the source magnitude using the standard UVOT pipeline and selected the photons coming from regions centred on the pixel with the highest count rate (and compatible, within uncertainties, with the known source position of Masetti et al. 2006). The radius of the region was optimized for obtaining the best signal-to-noise, giving radii in the range of 3−4 arcsec. The background is extracted from a circular region with radius of 20 arcsec, positioned in a location free from bright sources. We extracted the magnitudes with two methods: in the first method, we summed all the single exposures comprised in each observation with the \texttt{uvotsource} tool to obtain the highest possible signal-to-noise ratio and extracted the magnitudes with the \texttt{uvotmaghist} tool (distributed with the HEASOFT v.6.14). The second method uses the tool \texttt{uvotmaghist} to extract the magnitudes from each single exposure and follow the source brightness variations on a time-scale of hours.

We also make use of recently acquired data using the \textit{XMM-Newton} Optical Monitor (OM); the corresponding EPIC X-ray data set is presented in Bogdanov et al. (2014). \textit{XMM-Newton} observed XSS J12270−4859 as a target of opportunity starting on 2013 December 29 for a total duration of 38 ks. The OM was configured in fast mode to permit rapid photometry using the \( U \)-band filter. 10 exposures of 3 ks were acquired. The data were processed using the \texttt{omfchain} pipeline in \texttt{sas}\(^1\) version xmmmsas_20130501_1901-13.0.0 using the default parameters.

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2.2 X-ray

The same 11 \textit{Swift} observations, plus 5 additional ones, were used to extract the data recorded with the X-Ray Telescope (XRT). The additional observations refer to the period from 2012 August to September. Each of the 17 observations lasted for 0.5–2.5 ks and the XRT operated exclusively in PC mode with a time resolution of approximately 2.5 s. A number of additional \textit{Swift}/XRT observations were collected between 2005 and 2011; their analysis was previously reported in de Martino et al. (2013a) and Tam, Kong & Li (2013).

The data were analysed using the XRT pipeline and by applying standard screening criteria. We extracted all photons with an energy between 0.3 and 10 keV that fall within optimized extraction regions of 15–40 arcsec. The centre of the extraction region is centred on the pixel with the highest count rate and is compatible with the best astrometric position available (Masetti et al. 2006). We then extracted the background by selecting a region with a radius two times the source extraction region size, randomly placed but in locations far from known X-ray sources. The count rate was corrected for the presence of bad pixels, vignetting and dead columns, and normalized to match the source region area. We then repeated the entire procedure by using the \texttt{detect} and \texttt{sasr ftools}\(^2\) under the \texttt{XMIMAGE} package (v.4.5.1) and obtained consistent results. For the non-detections, 95 percent upper limits are given, calculated according to the prescription given in Gehrels (1986). The small number of photons prevented the fit of the X-ray spectrum but the count rate is consistently below, at least by an order of magnitude, that reported in de Martino et al. (2010, 2013a) in all 11 observations recorded after 2012 December.

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2.3 Radio

A faint, continuum radio source has previously been associated with XSS J12270−4859 (Hill et al. 2011). In order to probe its variability,

\(^1\) The \textit{XMM-Newton} \texttt{sas} is developed and maintained by the Science Operations Centre at the European Space Astronomy Centre and the Survey Science Centre at the University of Leicester.

\(^2\) \texttt{http://heasarc.gsfc.nasa.gov/ftools/}
we conducted a new radio observation with the Australia Compact Array Telescope (ATCA) located near Narrabri (Australia), on 2013 December 17. The observations were conducted at 5.5 and 9 GHz in the 750B array configuration with the upgraded and sensitive CABB backend (Wilson et al. 2011) for a total time on source of 5.48 h. The amplitude and band-pass calibrator was PKS 1934–638, and the antennas’ gain and phase calibration, as well as the polarization leakage, were derived from regular observations of the nearby calibrator PMN J1326–5256. The editing, calibration, Fourier transformation with multifrequency algorithms, deconvolution and image analysis were performed using the MIRIAD software package (Sault & Killeen 1998).

Furthermore, we searched for radio pulsations using the 64-m Parkes radio telescope. Observations were acquired at 1.4 GHz using the central beam of the multibeam receiver (pointing position: $\alpha_{2000} = 12^h27^m58^s68.6$, $\delta_{2000} = -48^\circ53'42.0''$). Summed polarization, filterbank data were recorded as 2-bit samples over a 400-MHz bandwidth, of which 340 MHz is usable, using the BPSR backend (Keith et al. 2010), which provided 0.39-MHz channels and 64-µs time resolution. XSS J12270–4859 was observed for 5 h on 2013 November 13 and for 1 h on 2013 November 17.

Using the PRESTO pulsar search suite, we excised radio frequency interference and performed an acceleration search (Ransom, Eikenberry & Middleton 2002) for spectral drifts within $-500 < z < 500$ bins, as well as trial dispersion measures (DMs) between 0 and 300 pc cm$^{-3}$ (in steps of 0.1 pc cm$^{-3}$). The highest trial DM was chosen to be 2 times larger than the maximum expected DM along this line of sight, according to the NE2001 model of the Galactic free electron density (Cordes & Lazio 2002). If XSS J12270–4859 is at 1.4–3.6 kpc, as estimated by de Martino et al. (2013a), then the model predicts a DM in the range of 30–100 pc cm$^{-3}$. For DM = 100 pc cm$^{-3}$, the intra-channel dispersion smearing at the lowest observed frequency is 200 µs. Acceleration search processing gives improved sensitivity to periodic signals that are Doppler shifted by orbital motion, but it assumes a linear drift of the signal in the power spectrum and thus is only valid when the observation time, $T_{obs}$, is $\lesssim 0.1 T_{orb}$, the orbital period (Ransom et al. 2002). Given the proposed 6.91-h orbital period (see Section 3), we searched the data in 10- and 32-min chunks, in order to remain in the constant acceleration regime. The resulting candidates were sifted to look for signals that showed a peak in signal-to-noise ratio with DM. Promising candidates were folded at the candidate rotational period and DM, in order to create a full diagnostic plot. The likelihood that the resulting signals were astrophysical in origin was then judged based on a range of standard criteria (Hessels et al. 2007).

3 RESULTS

The optical and X-ray observations presented here allow us to study the behaviour of XSS J12270–4859 on long as well as short time-scales. Fig. 1 shows the long-term optical and X-ray light curves of XSS J12270–4859. Both light curves show a sudden decrease in brightness, where the decrease appears to have occurred between 2012 November 14 and December 21. A decrease of 1.5–2 mag is seen in the optical, while the X-ray light curve shows that the Swift/XRT count rate decreased by at least a factor of 10 over that same time period.

On shorter time-scales, the 10-h $U$-band light curve obtained by XMM–Newton/OM shows sinusoidal variations at the 6.91-h orbital period reported by de Martino et al. (2013b). The variability is also present in the $U$-band observations obtained with Swift/UVOT over the 29-d interval. By approximating the light curves of both instruments with a sine and fitting for six parameters: period, phase and, to allow for differences between the $U$-band filters, mean $U$-band magnitude and variability amplitude separately for each instrument, we obtain an orbital period of 6.913 ± 0.002 h, with zero phase occurring at HJD 245 6651.026 ± 0.002. The $\chi^2$ of the fit is 19.2 for 21 degrees of freedom. Fig. 3 shows the $U$-band observations folded on this ephemeris. This orbital period is consistent, though an order of magnitude more accurate, with that reported by de Martino et al. (2013a,b).

The optical spectrum of XSS J12270–4859 obtained in 2013 November is presented in Fig. 2 and shows weak absorption lines of hydrogen, as well as the sodium doublet. The spectrum does not have the signal-to-noise, nor covers a large enough spectral range, to determine accurate spectral parameters, but a comparison with template spectra from the library of de Martino et al. (2003) constrains the spectral type to late-G/early-K.

To estimate the X-ray luminosity, we assume an absorbed power-law with a very low absorption column ($N_{HI} \sim 10^{21}$ cm$^{-2}$), compatible with that estimated by de Martino et al. (2010), and spectral index $\Gamma = 1 - 2$. Given the source distance (1.4–3.6 kpc; de Martino et al. 2013a), this corresponds to an unabsorbed luminosity between $7 \times 10^{31}$ and $4 \times 10^{32}$ erg s$^{-1}$. With the correspondingly low count rates, we cannot explore time-scales shorter than the length of each observation (~1 ks). Furthermore, the small number of detections and low count rate are insufficient to study X-ray orbital modulation.

The 2013 December ATCA observations lead to no detection of the radio source that was previously found (Hill et al. 2011) at the location of XSS J12270–4859 with 3$\sigma$ upper limits of 30 µJy at 5.5 GHz and 33 µJy at 9 GHz. A re-analysis of the 2010 radio flux densities presented in Hill et al. (2011), taking into account the primary beam correction, yields detections of 190 ± 30 µJy at 5.5 GHz and 180 ± 40 µJy at 9 GHz. This clearly indicates a significant reduction (by at least a factor of 6) of radio emission from XSS J12270–4859, coincident with its recent optical/X-ray state change.

The Parkes searches have thus far failed to identify a radio pulsar signal. In our 32-min searches, we can infer a flux density upper limit of 0.2 mJy at 1.4 GHz, assuming a minimum detectable
signal-to-noise $S/N_{\text{min}} = 10$ and a 20 per cent duty cycle. This is comparable to the flux density limit reported during XSS J12270–4859’s previous state (Hill et al. 2011). In Section 4, we further discuss our radio pulsation non-detection in light of the MSP discovery by Roy et al. (2014).

4 DISCUSSION AND CONCLUSIONS

Our radio, optical and X-ray observations show that, sometime between 2012 November 14 and 2012 December 21, XSS J12270–4859 transitioned to a new state where it is consistently and considerably fainter in these bands, and where the previous signs of an accretion disc (i.e. double-peaked optical emission lines) have disappeared. Subsequent to our report of this transition in Bassa et al. (2013), Tam et al. (2013) reported a similar decrease in brightness of XSS J12270–4859 in $\gamma$-rays, while Casares Velazquez et al. (2014) confirm the absence of emission lines at all orbital phases. Furthermore, while this paper was in review, Bogdanov et al. (2014) presented evidence that there is currently an intra-binary shock driven by the pulsar wind in XSS J12270–4859, while Roy et al. (2014) reported the discovery of a 1.69-ms radio pulsar in the system.

This phenomenon shows many parallels with PSR J1023+0038, which has recently transitioned from being a radio MSP to an LMXB-like state with an accretion disc (Archibald et al. 2009; Wang et al. 2009; Stappers et al. 2013; Takata et al. 2014; Patruno et al. 2014). Compared with PSR J1023+0038’s recent behaviour, however, the observations presented here strongly suggest the reverse transition, i.e. from an LMXB-like state in 2012 to one where the accretion disc is absent in 2013. Besides the presence of an accretion disc during the LMXB-like state, the XSS J12270–4859 X-ray light curve presented by de Martino et al. (2013a) displays frequent low-flux states in brightness, similar to what is seen in the recent LMXB-like state of PSR J1023+0038 (Patruno et al. 2014) as well as during PSR J1824–2452I’s X-ray active phase (Papitto et al. 2013). The cause of the low X-ray flux states in both systems is presently unknown. The sinusoidal $U$-band light curve that is seen in the present state of XSS J12270–4859 is comparable to the light curves presented in Woudt, Warner & Pretorius (2004) and Thorstensen & Armstrong (2005) and can be understood as irradiation of the companion by the neutron star.

A radio source coincident with XSS J12270–4859 was detected by Hill et al. (2011) in ATCA observations obtained in 2009 when the source was in the LMXB-like state. Our follow-up ATCA observations, obtained after the transition, show that it has decreased in brightness by at least a factor of 6. Recent Very Large Array observations of PSR J1023+0038 after it returned to the LMXB-like state show a flat-spectrum radio source (Deller et al. in preparation). All of these parallels between XSS J12270–4859 and PSR J1023+0038 lead to the prediction that XSS J12270–4859 harbours an active rotation-powered millisecond pulsar (see also Papitto et al. 2014), and, based on the present information, one could classify XSS J12270–4859 as a ‘redback’ system in its current state (see also Bogdanov et al. 2014).

The lack of detection of radio pulsations in our initial searches in part due to obscuration of the signal by intra-binary material. In analogy with other redback systems, we expect the pulsar to be eclipsed for $\sim$50 per cent of the time at $\sim$1.4 GHz, and it is very likely that the system is enshrouded a much larger fraction of the time. Indeed, the recent examples of PSR J2339–0533 (Romani & Shaw 2011) and PSR J1311–3430 (Ray et al. 2013) show that the radio detectability of such pulsars may be exceedingly poor, even though the radio pulsar mechanism is clearly active. Now that the 1.69-ms MSP has been identified with the Giant Metrewave Radio Telescope (Roy et al. 2014), we also know that it is slightly too weak to be blindly discovered with the Parkes telescope.

PSR J1023+0038’s transition from MSP to the LMXB-like state was accompanied by a fivefold increase in $\gamma$-ray flux (Stappers et al. 2013). Assuming that XSS J12270–4859 is mirroring such a transition, we would thus expect a marked decrease in $\gamma$-ray brightness. Using the optically and X-ray-derived epoch of the state change, Tam et al. (2013) report that the $\gamma$-ray brightness has indeed decreased by a factor of 1.5–2, but note that the decrease appears more gradual than what was seen in PSR J1023+0038.

PSR J1023+0038’s transition from radio MSP to the LMXB-like state is constrained to have happened within a two-week window (Stappers et al. 2013), and may well have happened even more abruptly. XSS J12270–4859’s recent transition from accreting X-ray MSP to an observable radio MSP, within a period of less than three weeks. It thus appears that the back-and-forth transitioning of such systems between MSP and LMXB is a rapid process which high-cadence radio and X-ray monitoring can constrain further. In particular, though practically difficult to achieve, near-daily, joint radio and X-ray monitoring would either detect or strongly constrain whether there is a lag between the X-ray brightening and disappearance of the radio MSP.

Besides the similarities with PSR J1023+0038, there are also differences. XSS J12270–4859’s high reported mass ratio $q = 0.53$ (de Martino et al. 2013b) suggests a significantly more massive companion compared with PSR J1023+0038 ($M_c = 0.2 M_\odot$) and the majority of the other observed redbacks (see Roberts 2013 for a review). Such a high companion mass is not unprecedented, however; PSR J1723–2837 (Crawford et al. 2013) has an inferred $M_{c, \text{min}} = 0.7 M_\odot$ companion and PSR J2129–0428 (Hessels et al. in preparation) has an $M_{c, \text{min}} = 0.5 M_\odot$ companion. A much larger number of LMXB/MSP transition systems will have to be characterized before it is possible to determine the role that companion mass has on the frequency of state switches.

Thus far, we have observed similar back-and-forth transitioning from three redbacks: PSR J1023+0038, PSR J1824–2452I and now also in XSS J12270–4859. Should we expect the same from the black widows? For the AMXPs, roughly half have black-widow-like companions and half have redback-like companions (Patruno & Watts 2012). There is no obvious correlation between the recurrence time-scales in such system and the companion mass. Thus, why have such systems not been observed as radio pulsars? Possibly simply because they are mostly very distant, which is problematic both because radio MSPs are intrinsically quite faint and because distant sources at low Galactic latitudes will be scattered.

The observations and analysis presented in this paper show that XSS J12270–4859 has undergone a state transition similar to those observed in PSR J1023+0038 and PSR J1824–2452I. Continued multiwavelength observations are warranted. For example, the present absence of the accretion disc allows for optical spectroscopy of the main-sequence companion. This will provide constraints on the masses of the companion and the neutron star. Finally, regular optical and X-ray will help identify future transitions, constraining the time-scales involved in the transitions and possibly trigger detailed investigations during the transitions.

While this paper was in review with the journal, Bogdanov et al. (2014) have presented XMM–Newton and Chandra X-ray
observations of XSS J12270−4859 in its present state where the accretion disc is absent. These observations show large amplitude X-ray modulations indicative of an intra-binary shock driven by a pulsar wind, similar to what is seen in PSR J1023+0038 while it is in the same state (Bogdanov et al. 2011, 2014). Furthermore, Roy et al. (2014) report the discovery of a 1.69 ms radio pulsar in XSS J12270−4859 in radio observations obtained at 607 MHz with the Giant Metrewave Radio Telescope. The MSP was seen in only a fraction of the 3-h observation, suggesting the presence of enshrouding material. Roy et al. (2014) note that for a typical spectral index of $-1.7$, the measured flux density of 0.7 mJy at 607 MHz is consistent with our 0.2-mJy flux density upper limit at 1.4 GHz.

The observations we present here, in addition to those of Bogdanov et al. (2014) and Roy et al. (2014), present a fully consistent picture of XSS J12270−4859’s recent state change, which shows that it has performed the mirror transition to PSR J1023+0038’s recent transition. Whereas PSR J1023+0038 has transitioned from an LMXB-like state, XSS J12270−4859 has done the opposite.

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