Motion-induced blindness and Troxler fading: common and different mechanisms
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Introduction

When a global moving pattern surrounds a high-contrast stationary or slowly moving pattern, this pattern disappears and reappears periodically, a phenomenon called ‘motion-induced blindness’ (MIB) [1]. MIB thus belongs to a class of multistable phenomena in which an unchanging stimulus generates alternating perceptual states, such as the Necker cube, ambiguous structure from motion and binocular-rivalry [2]. However, MIB is also a “visual disappearance” or fading phenomena, in which otherwise salient visible stimuli disappear from awareness, as if erased in front of the observer’s eyes. These include binocular rivalry [2], “generalized flash suppression” [3], artificial scotoma [4], Troxler fading [5] and the related “scene fading” effect [6].

The interest in MIB and the other disappearance effects stems from the all-or-none nature of the illusory disappearance, which could be useful for identifying the neural correlates of consciousness [7] and the intrinsic mechanisms underlying perceptual organization [2,8].

Current evidence shows that MIB is not solely determined by low-level sensory suppression or adaptation and is not caused by a shutdown of retinal input to the cortex, e.g. by suppression of fixational eye movements [1,9]. This is indicated by the residual sub-conscious processing of invisible stimuli, including the capacity to produce orientation-selective adaptation [10], negative after-images [11], and Gestalt grouping [12]. Instead, MIB could be caused by a combination of low level mechanisms that trigger disappearance (such as adaptation [13], filling-in [14] and motion streak suppression [15]) with higher-level perceptual interpretation mechanisms that discard functionally inappropriate stimuli (such as depth ordering and surface completion [16]), or interpret transient activity changes as evidence for disappearance. Indirect physiological evidence was found for such a scheme [17] and for a related functional account of MIB [18].

In considering the processing underlying MIB it is useful to compare it with the simplest of the fading phenomena, Troxler fading [5]. In Troxler, a pattern of low contrast in the visual periphery disappears spontaneously with stable gaze, and its area filled-in by the surround. This filling-in property links Troxler fading to other types of filling-in phenomena [19,20], although filling-in usually refers to a surrounding texture pattern, while Troxler fading refers to a uniform background. Troxler fading has been typically explained as the result of relative retinal stabilization leading to retinal and cortical adaptation [21], similar to that
suggested for artificially stabilized images [22] and recently also for the monocular fading in binocular-rivalry (e.g. [23]).

There are notable phenomenological similarities between Troxler and MIB. Both do not occur at fixation, require steady gaze, increase with target eccentricity [20,24,25], decrease with target size [1], and tend to terminate with saccades or microsaccades [9,26]. However, in all of the above dimensions, MIB is a stronger effect, showing disappearance even for high contrast, relatively large and salient patterns just off-fixation (1 deg) that do not disappear in Troxler (e.g. see Bonneh et al. 2001, results with static mask). These phenomenological similarities may lead to the idea that MIB is an enhanced form of the Troxler effect, possibly sharing common processes.

Gorica and Caetta [13] compared MIB and Troxler fading under the same conditions and proposed a low-level explanation and approach to the understanding of MIB. They suggested that MIB is (primarily) a combined effect of two well-known mechanisms: adaptation (of the local cortical response to the disappearing target) and prolonged inhibition of static by moving stimuli [27]. Adaptation was demonstrated by a reduction of perceived brightness of the target (which later disappears), and by increased suppression rates and durations in the first 10–15 sec of inspection. These were found to be similar in MIB and Troxler. Prolonged inhibition was indicated by threshold elevation in MIB relative to Troxler in a detection experiment (although this could also reflect a difficulty of detecting a temporal transient under the temporal clutter produced by the mask in their experiment). Based on these findings, these authors suggested that disappearance in both MIB and Troxler is determined by gain mechanisms that shift response relative to perceptual threshold, increasing or decreasing the probability of going below threshold. By a simple interpretation, this suggests that manipulations that shift this gain, such as changes in target contrast and mask speed should increase invisibility periods as well as decrease visibility periods or vice versa, with similar pattern of results for MIB and Troxler, despite the different amount of disappearance.

A very different pattern of results is predicted by the similarity of MIB to other types of perceptual bi-stability. In binocular rivalry and ambiguous motion for example, strengthening one stimulus, only shortens the dominance duration of the alternative percept, with a parallel increase of the alternation rate [28,29]. This finding is well explained by a combined effect of local adaptation of stimulus-specific neuronal populations, competition between them, and noise [20,30,31]. The main difference between the two accounts is thus in the neural competition component.

A full and detailed comparison of the effect of stimulus strength on MIB and Troxler fading under the same conditions has not been reported till now, but there are some partial data, with somewhat contradicting results. In Troxler fading and other types of filling-in phenomena, an increased saliency of a target relative to its background is (usually) associated with increased time to fade [24,32,33] (but see [20] for no such effect). In MIB on the other hand, higher proportion of disappearance was found with increased brightness of the targets in one study [1]. This effect was much smaller and variable and reversed at very low luminance in another study [20], possibly due to a difficulty in judging visibility of very dim targets. Interestingly, Hsu et al. [20] found a very similar pattern of results with a static mask (similar to Troxler, with additional random dot surround that may induce filling-in), with much lower disappearance values as expected and with large variability. Unfortunately, none of these studies reported the rate of disappearance events, which is a critical parameter in studies of bi-stability. Rate data were reported for MIB only [34] showing a slight increase in rate and decrease of percentage with target luminance contrast.

In the current study we conducted a straight forward comparison of the effect of stimulus strength on MIB and Troxler fading under the same conditions, to isolate common and different processes in these two phenomena. We found that both MIB and Troxler behave in a very lawful way as a function of target stimulus strength, but in a surprisingly opposite and different manner. We use this qualitative difference to interpret MIB as a combined effect of low-level adaptation mechanisms as in Troxler and cortical competition mechanisms analogous to the ones that are thought to underlie other bi-stable phenomena [28,30,31].

Methods

Subjects

Ten observers (5 females, ages 25–50) with normal or corrected-to-normal vision including two of the authors (YSB, THD) participated in the experiments. Most participants were experienced observers from previous MIB experiments.

The study and informed consent procedure were approved by the Weizmann Institute of Science Human Research Ethics Committee and a written informed consent was obtained from all participants.

Apparatus

Stimuli were displayed on a 19” CRT monitor controlled by dedicated software developed by the first author running on a Windows PC. The video format was true color (RGB), 100-Hz refresh rate, 1280×1024 pixels resolution, and 25 ×20° field of view. Luminance values were gamma-corrected to obtain linear luminance response with a range of 6.6–110 cd/m². The viewing distance was 70 cm. All experiments were conducted in the dark.

Stimuli

Stimuli consisted of a single Gaussian luminance patch (the target, σ = 0.3") and a rotating mask (see example in Figure 1). The target was presented in the upper left quadrant (3.45” of eccentricity) on a gray background (30 cd/m²) with one of seven different luminance contrasts, starting with 25% above background (peak luminance of 39.1 cd/m²) with increments of 0.15 log units. We use the term “contrast” to denote “luminance contrast” throughout the paper. The mask (when present) consisted of a square grid of 11×11 gray “+” patterns (luminance of 13.3 cd/m², width of 0.8", spacing of 1.5 widths, total grid width of 12”). The mask rotated at one of 3 speeds: static (0), slow (0.023 cycle/sec equal to 43s cycles) and fast (0.37 cycle/sec equal to 2.7 s cycles). Both speeds were chosen with pilot experiments by the authors that verified high percentage of disappearance with the fast speed mask, similar to previous studies, and a clearly visible movement of the slow mask. There was a small black circle (0.27” diameter) as a fixation point. Both the fixation point and the target were surrounded by a “protection zone” of background space (diameter:1.8") to avoid local interaction with the mask.

Procedure

All experiments consisted of several trials (duration: 1 min) involving continuous viewing of one of the above-mentioned stimulus configurations, which remained constant throughout the trial. Observers were instructed to fixate the central dot and depress and release a button to report disappearance and reappearance respectively of the target. Trials were initiated by the observer with a minimum of 5 sec period between trials.
Stimuli varied between trials in target contrast and mask type (different speeds and no mask).

We performed two experiments. In experiment 1, five observers were tested only on the comparison between MIB (at fixed mask speed) and Troxler (no mask), with various different target contrasts. Each session (lasting for about half an hour) consisted of 2 repetitions of each of 28 trial types (7 contrast levels × 2 stimulus conditions [MIB, Troxler]). The trial types were presented in random order. Each observer performed 2–4 sessions on different days, making each result the average of 4–8 samples per observer per trial type.

In experiment 2, the other five observers were tested in two further stimulus conditions in addition to MIB and Troxler. The four stimulus conditions were: fast mask (MIB), slow mask, static mask, and no-mask (Troxler), which were tested in separate blocks of trials in random order. Each block had the same 7 levels of contrast randomly presented in 1 minute trials, making 28 trials per session (about 30 minutes). Observers participated in 2–8 sessions (average of 5 per observer, only one observer with 2 sessions); to avoid sampling bias, results were first averaged across sessions individually for each observer, and then averaged across observers with equal weighting. The two sets of experiments differed in the order of presentation (mixed vs. blocked) and in the two additional stimulus conditions (static and slow mask).

Data Analysis

Four parameters were computed for each trial: (1) percentage of total viewing time that the target was invisible (henceforth termed “percentage of time invisible”); (2) the average duration of target-invisible states (henceforth termed “mean invisible period”), (3) the average duration of target-visible states (henceforth termed “mean visible period”); (4) the number of disappearance events per minute (henceforth termed “transition rate”). These four parameters are inter-dependent, with two free parameters (i.e., two of the parameters are sufficient to derive the others, but one is insufficient). For example, the same percentage of time invisible can be produced by a few long invisible periods (at a low rate) or by many (high rate) short invisible periods.

Each of the four parameters was first averaged across trials, individually for each observer. A baseline value for each parameter and each observer was computed by averaging across contrast levels. The baseline values were subtracted from the values for each contrast to normalize the single-observer parameters. The normalized parameter values were then averaged across observers, and adjusted by adding the average (across observers) of the baseline values.

Statistical significance was verified by a two-way, repeated-measures within-observer analysis of variance (ANOVA). The two factors were contrast (7 levels) and mask condition (2 types in experiment 1, and 4 in experiment 2), both measured in the same observers.

Results

In the two experiments, we manipulated the “strength” of the target (and the mask, experiment 2) and studied the effects on the dynamics of MIB and Troxler fading. There was no significant difference in the dependence on target contrast between experiments. Therefore, the data from both experiments (all 10 observers) were pooled for the common conditions of MIB and Troxler.

There was a strong dissociation between Troxler and MIB (Figure 2). The mean visible period was largely independent of contrast in MIB, but increased with contrast in Troxler (Figure 2a). The transition rate increased with contrast in MIB and decreased in Troxler (Figure 2b). The percentage of time invisible (Figure 2d) decreased with contrast for both MIB and Troxler, with higher values for MIB, and an insignificant difference between the slopes. Mean invisible period also decreased with contrast for both Troxler and MIB (Figure 2c), with no significant difference between them.

These findings were verified using a two-way (contrast, mask) repeated measures within-observer ANOVA, which showed (a) mean visible periods: a significant main effect of contrast, F(6, 54) = 22.8, p = 0.0000, and mask (MIB vs Troxler), F(1, 9) = 36.0, p = 0.0002, and a significant contrast × mask interaction, F(6, 54) = 17.8, p = 0.0000; (b) rate: insignificant effect of contrast, F(6, 54) = 0.63, n.s., a significant effect of mask, F(1, 9) = 37.1, p = 0.0002, and a significant contrast × mask interaction, F(6, 54) = 25.9, p = 0.0000; (c) mean invisible period: a significant main effect of contrast, F(6, 54) = 8.0, p = 0.0000, a small effect of mask, F(1, 9) = 7.4, p = 0.023, and insignificant contrast × mask interaction, F(6, 54) = 1.71, n.s.; (d) percentage of time invisible: a significant main effect of contrast, F(6, 54) = 25.4, p = 0.0000, and mask, F(1, 9) = 54.6, p = 0.0000, and insignificant contrast × mask interaction, F(6, 54) = 1.06, n.s.

In experiment 2, we also manipulated the speed of the MIB mask (Figure 3). The results showed that the dependence on target contrast for the static mask was similar to Troxler (no mask), whereas slow mask yielded results in between no mask and fast mask. This was most notable for the transition rate, which increased with contrast for the fast mask, decreased with Troxler and static mask, and remained constant for the slow mask (Figure 3b). It was also clear for the visible period (Figure 3a), which increased with contrast, with a slope for the slow mask that was in between the slopes for Troxler (steep) and fast mask (approximately zero).

A two-way (contrast, mask) repeated measures within-observers ANOVA on the results of experiment 2 showed (a) mean visible periods: a significant main effect of contrast, F(6, 24) = 21.5, p = 0.0000, and mask, F(3, 12) = 8.62, p = 0.0025, and contrast × mask interaction, F(18, 72) = 2.7, p = 0.0015; (b) rate: insignificant
effect of contrast, F(6,24) = 0.69, n.s., a significant effect of mask, F(3,12) = 13.73, p = 0.0003, and contrast x mask interaction, F(18,72) = 3.73, p = 0.0000; (c) mean invisible period: a significant main effect of contrast, F(6,24) = 4.96, p = 0.002, insignificant effect of mask, F(3,12) = 1.91, n.s., and insignificant contrast x mask interaction, F(18,72) = 1.79, p = 0.06; (d) percentage of time invisible: a significant main effect of contrast, F(6,24) = 17.3, p = 0.0000, and mask, F(3,12) = 7.3, p = 0.0048, and insignificant contrast x mask interaction, F(18,72) = 1.72, p = 0.055.

We also computed two additional parameters related to the effect of inspection time (Figure 4). Figure 4a plots the time-to-fade (first disappearance in a trial). This measure is typically used to quantify the strength of the Troxler effect, although it does not take into account the dynamic bi-stable process. The time-to-fade showed a small effect of contrast in MIB, and a large effect (4–5 fold) in all other conditions (data for all 10 observers in MIB and Troxler, and for 5 observers for slow and static mask are superimposed). Figure 4b compares the transition rate during the first and last 15 sec of inspection. No significant difference was found, which implies that the transition rate does not change with inspection time. Similar results were found for the other parameters of visible and invisible periods and the percentage of time invisible (data not shown).

**Discussion**

The current parametric manipulation of the “strength” (luminance contrast) of the disappearing target revealed qualitatively different effects on the dynamics of MIB and Troxler fading. The most striking difference (Figure 2a) was that the rate of Troxler fading events decreased with target contrast whereas the opposite was true for MIB (there were more MIB disappearance events with higher target contrasts). Another striking difference was that the mean visibility periods were largely independent of
Invisible and visible periods vs. transition rate

The effects of contrast on mean invisible period (Figure 2c), mean visible period (Figure 2a), and transition rate (Figure 2b) are related as expected by their definition. For example, if the typical visible period does not change with contrast while the typical invisible period decreases, then the rate must increase.

The contrast dependence of the mean invisible period was similar for MIB and Troxler (Figure 2c), suggesting that the time it takes for a target to reappear is determined by processes not affected by the moving mask, thus common to MIB and Troxler. This can be (at least in part) a consequence of reappearances being triggered by small fixational eye movements (e.g., microsaccades), which do not depend on mask presence and speed [9,26].

Mean visible periods were roughly constant with contrast for MIB (Figure 2a) but increased for Troxler, suggesting that MIB may involve an additional process that is largely independent of target contrast. The constant level of visible periods found in MIB could not reflect a “floor effect”, since measures much below this level were obtained in the same experiment for the invisible duration, and since the perceptual effect itself did not saturate as reflected in the changes of rate and invisible periods. The additional contrast-invariant component in MIB might be related to competition between the neuronal populations in visual cortex processing the target and the moving mask [35,36].

Relation to previous studies of MIB

In a previous study of MIB [1] the percentage of time invisible was found to increase with the luminance contrast of the target. Our current results (Figure 2d) show a different pattern, with a small decrease in the percentage of time invisible rather than increase. Among the main methodological differences we note the small eccentricity (1 deg) in the original study, which was not possible to repeat here to compare with a measurable Troxler effect (at 5.45°). Other differences include the presentation of 3
contrast dependence (more MIB with higher contrast) is due to the perceptual filling-in. Hsu et al. [20] proposed that the non-intuitive nature of the Hsu et al study, which adds an additional component of filling-in, is due to the different mask we used, as well as the larger variability in the Hsu et al data: standard errors 10-fold larger than our data, possibly due to a smaller target and the random dot mask in comparison to the moderate decrease of the percentage of time invisible with contrast we observed (Figure 2d), they found a slight increase for brighter targets as well as for very dim targets (1 cd/m² on a black background), possibly due to a difficulty in judging their visibility. In addition, they found the initial time-to-fade in MIB to be largely invariant to contrast (except from the very low luminance target) at around 3 sec, as compared to our moderate increase around 5 sec (Figure 4a). These moderate differences could be accounted for by our larger (~3-fold) target size at roughly the same eccentricity, the different mask we used, as well as the larger variability in the Hsu et al data: standard errors 10-fold larger than our data, possibly due to a smaller sample \( N = 5 \), half our sample size) and a larger inter-subject variability, which was minimized in our study by normalization (i.e., subtracting a baseline for each observer before averaging across observers), and by including observers experienced in MIB (see Methods, last paragraph).

More significant and striking is the discrepancy between the two studies in the static mask condition. While our static mask results were almost identical to the Troxler (no-mask) condition, showing decrease from 50% to almost zero invisibility with contrast, as well as increase from 5 sec to 20 sec in the initial time to fade, the Hsu et al study found around 30% invisibility and around 5 sec time-to-fade, largely independent of contrast. These differences are most likely due to the smaller target and the random dot mask in the Hsu et al study, which adds an additional component of perceptual filling-in. Hsu et al. [20] proposed that the non-intuitive contrast dependence (more MIB with higher contrast) is due to the effect of target-mask grouping: the more dissimilar the target is to the mask (e.g., differs in brightness), the less it groups with the mask, and the more it disappears. This explanation cannot account for the opposite pattern of results we obtained with a static mask and MIB (Figure 3b), and is inconsistent with the Bonneh et al. [1] results, where high luminance mask induced the strongest invisibility effect with high luminance targets. Given these discrepancies, the similarities between the effects of contrast in MIB and perceptual filling-in [20] cannot be used to make a strong claim about common mechanisms causing both effects. Instead, we propose that filling-in by a surrounding pattern (e.g. a proper static mask, but not Troxler) is an additional mechanism that affects disappearance. Taken together, the discrepancies between the current results and those from previous studies do not undermine our conclusions. The stimuli in the previous studies appear to have induced additional interactions beyond those processes revealed by our study.

The idea of two components involved in MIB was previously suggested by Gorea and Caetta [13] and is further supported by a detailed study of contrast detection and discrimination under invisible periods in MIB [37]. This study found both a sensitivity reduction indicative of inhibition and decisional criterion elevation indicative of an additional factor operating in MIB during invisibility [37]. In a following study, Gorea and Caetta [13] further specified these two components in terms of two gain modulation mechanisms: adaptation (of the neural population responding to the target), which causes a known response-gain change over time during continuous stimulation, and transient-to-sustained inhibition (of the response to the static target by the response to the moving mask), which causes a contrast-gain. These two components, together, can cause responses to the target to fall below perceptual threshold.

As discussed in the introduction, a simple implementation of this proposal implies a symmetric change of visible and invisible periods with changes in stimulus strength that alter these gains, for both MIB and Troxler fading. Our findings well match this pattern of results for Troxler but strongly deviate from it in MIB. This deviation is not related to adaptation over time, as we obtained a similar pattern of results when discarding the initial part of inspection (see Results), and thus should be explained by the reduction in the static mask condition.
the dynamical properties of the proposed inhibition mechanism. In order to produce time-to-fade (or visibility period), which is (almost) invariant to contrast, one should assume inhibition which is proportional to contrast with a time course to reach full inhibition effect which is largely independent of contrast. Physiological evidence for contrast-dependent inhibition exists [38]. An alternative explanation, which is indicated by the similarity of the results to other types of bi-stable phenomena is related to competition and is discussed below.

Relation between MIB and other bi-stable visual phenomena

Our findings link MIB (and Troxler fading) to two other bi-stable visual phenomena, for which parametric manipulations of the strength of the competing stimulus components produced analogous effects on the dynamics of perception: binocular rivalry (BR), [20] and a rotating structure-from-motion (SFM) sphere [29]. The perceptual dynamics in both phenomena are thought to emerge from the interplay between local adaptation of stimulus-specific neuronal populations, competition between them, and noise [28,30,31], with additional local spatial interactions in BR, not present in MIB due to the “protection zones” surrounding the target (see Methods). The analogy can be summarized in terms of Levelt’s propositions for binocular rivalry (BR) and the deviations from these propositions at extreme values of stimulus strength [28,29]. Unlike in BR, where stimulus dominance is quantified as visibility of one of the two stimuli, in MIB and Troxler we quantify the two (asymmetric) dominance states as target visibility and invisibility.

For MIB, the visible and invisible periods match Levelt’s proposition 2: strengthening only one stimulus (target contrast) does not affect the duration of the corresponding percept (target visible period), but shortens the dominance duration of the alternative percept (target invisible period). By contrast, Troxler fading does not match that proposition. Exactly the same deviation as in Troxler also occurs in BR, when the contrast of the other (fixed-contrast) image is close to detection threshold [28]. Further, the results of our experiment 2 (manipulation of the “strength”, i.e., speed, of the mask) revealed that Levelt’s proposition 2 also holds for the mask in MIB. Within the target contrast range (twofold increase), the mask speed does not affect the duration of the corresponding percept (invisible period), butshortens the duration of the alternative percept (visible period). Again, this symmetry of the effects of target and mask strength is analogous to BR [20] and SFM [29]. Finally, the effects of mask speed and target strength on the transition rate are analogous to SFM [28,29]. This is true with respect to both matches and mismatches with Levelt’s proposition 4: strengthening both stimuli will increase the alternation rate. In particular, when the strength of one of the two stimulus components is close to zero (i.e., static or absent mask: Troxler fading), the transition rate decreases with the strength of the other stimulus component (i.e., target contrast, Figure 2a, Troxler fading). The same is evident in SFM (Figure 5 of Klink et al., 2008).

Taken together, this comparison of results establishes common principles underlying MIB on the one hand and BR and SFM on the other hand. Such common principles are often suggested (e.g., [2], but direct evidence is scarcer. Most authors have pointed to the similar (asymmetric) shapes of the distributions of the perceptual state durations in these phenomena (e.g., [2]. Measuring the perceptual dynamics under a full parametric manipulation of the relevant stimulus parameters, like the ones performed here, is more sensitive to establish such links, and our results are consistent with those for BR and SFM.

Conclusion

In a detailed comparison of MIB and Troxler fading with respect to target contrast we found a lawful pattern of results with marked qualitative differences. Increasing target contrast increased (doubled) the rate of disappearance events in MIB, but shortened it to half in Troxler. On the other hand, MIB and Troxler did not differ in the mean invisibility periods which decreased with contrast. We interpret the results in terms of two processes involved in perceptual suppression: contrast adaptation, which is common to both MIB and Troxler, and neuronal competition, which is dominant in MIB, as well as in other bistable phenomena such as binocular rivalry.

Author Contributions

Conceived and designed the experiments: YB THD DS DJH. Performed the experiments: AC YB. Analyzed the data: YB. Wrote the paper: YB THD.

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