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The low or retrograde spin of the first extragalactic microquasar: implications for Blandford–Znajek powering of jets

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ABSTRACT
Transitions to high mass accretion rates in black hole X-ray binaries are associated with the ejection of powerful, relativistically moving jets. The mechanism that powers such events is thought to be linked to tapping of the angular momentum (spin) of the black hole, the rate of accretion through the disc or some combination of the two. We can attempt to discriminate between these different possibilities by comparing proxies for jet power with spin estimates. Because of the small number of sources that reach Eddington mass accretion rates and have therefore been suggested to act as ‘standard candles’, there has been much recent debate as to whether a significant correlation exists between jet power and black hole spin. We perform continuum fitting to the high-quality, disc-dominated XMM–Newton spectra of the extragalactic microquasar discovered in M31. Assuming prograde spin, we find that for sensible constraints the spin is always very low ($a_* \leq 0.15$ at 3σ). When combined with a proxy for jet power derived from the maximum 5 GHz radio luminosity during a bright flaring event, we find that the source sits well above the previously reported, rising correlation that would indicate that spin tapping is the dominant mechanism for powering the jets, i.e. it is too ‘radio loud’ for such a low spin. The notable exceptions require the inclination to be improbably small or the jet to be very fast. We investigate whether this could be a byproduct of selecting prograde-only spin, finding that the data statistically favour a substantially retrograde spin for the same constraints ($a_* \leq -0.17$ at 3σ). Although theoretically improbable, this remarkable finding could be confirmation that retrograde spin can power such jets via spin-tapping, as has been suggested for certain radio quasars. In either case this work demonstrates the value of studying local extragalactic microquasars as a means to better understand the physics of jet launching.

Key words: accretion, accretion discs – black hole physics – X-rays: binaries.

1 INTRODUCTION
Extensive X-ray observations of the few dozen Galactic transient black hole X-ray binaries (BHBs; see the review of Remillard & McClintock 2006) have shown similar patterns of spectral evolution over the course of an outburst, with sources tracing a characteristic shape in hardness and intensity (Homan et al. 2001; Fender, Belloni & Gallo 2004). The latter is generally parametrized as a ratio of bolometric luminosity to the Eddington luminosity, $L_{\text{bol}}/L_{\text{Edd}}$. At low Eddington fractions (below $\sim 0.5$ per cent $L_{\text{Edd}}$; Dunn et al. 2010), and at higher Eddington fractions when in the hard X-ray spectral state, the X-ray spectrum is dominated by a hard component of emission potentially arising from Compton up-scattering of photons from a weak accretion disc in an optically thin plasma of hot, thermal electrons (see Done, Gierliński & Kubota 2007, for a review). An alternative suggestion is that this component is the high-energy extension of the non-thermal synchrotron emission seen from the lowest observable frequencies up to at least the infrared (IR) band, where it breaks to become optically thin (e.g. Markoff, Falcke & Fender 2001; Gandhi et al. 2011). Although there is good evidence for the extension of the synchrotron emission to X-ray energies at low-mass accretion rates ($\sim 0.1$ per cent $L_{\text{Edd}}$; see Russell & Shabab 2013), it is unlikely to make a dominant contribution to the X-ray bandpass at higher accretion rates (e.g. Malzac, Belmont & Fabian 2009). X-ray emission aside, the low (radio-IR) frequency emission is well accepted to arise from synchrotron radiation from highly relativistic electrons.

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moving at what are assumed to be relatively low bulk Lorentz factors ($\Gamma$; Casella et al. 2010) in a steady, compact, collimated outflow, or jet; BHBs showing such jets (thought to be ubiquitous) are often termed ‘microquasars’. The details of the jet launching and particle acceleration are still uncertain, however, it is clear that the properties of the jet and inflow are causally connected, with the radio and X-ray emission being well correlated (e.g. Corbel et al. 2003, 2013; Merloni, Heinz & Di Matteo 2003; Falcke, Körding & Markoff 2004; Plotkin et al. 2012). At high mass accretion rates, the X-ray spectral state changes, with the emission becoming dominated by thermal disc emission. During this spectral state transition, the properties of the outflow change dramatically, with discrete, ballistically moving ejecta launched at high bulk Lorentz factors (assumed to be $\Gamma \sim 2$–5; Fender et al. 2004, although see Fender 2003, for a discussion on constraining $\Gamma$). The compact jets become quenched, and are not re-established until the reverse transition (at lower luminosities due to the spectral hysteresis), when the hard power-law X-ray emission is re-established.

The ‘ballistic jets’ seen at the peak of the outburst are typically much brighter at GHz frequencies than the ‘persistent jets’ associated with hard X-ray emission (see Fender, Homan & Belloni 2009, and references therein for details), and are the likely analogues of discrete ejecta seen from radio-loud quasars, also thought to accrete at very high rates.

As powerful jet events appear during state transitions at high mass accretion rates, understanding their properties and how they are launched has cosmological relevance, since accretion rates approaching (or exceeding) Eddington are invoked for the growth of supermassive black holes (SMBHs) in quasars (QSOs; Fan et al. 2003). Whilst there is still uncertainty as to whether this growth was steady or chaotic (see Fanidakis et al. 2011 for a discussion on the modes), the latter growth path would give rise to many epochs of outburst and associated ballistic jet ejections. Besides the obvious implications such accretion rates have for providing ionizing flux at the epoch of reionization, the outflows associated with each outburst will have removed matter, energy and angular momentum from the accretion flow, with the expelled, hot material interacting with the developing local environment [see Fabian 2012, for a recent review of active galactic nuclei (AGN) feedback].

A strict determination of how these ejecta are launched, and the relative amounts of matter and energy extracted from the accretion flow, requires simultaneous observations of both inflow and outflow. The time-scales for such studies are impractical for even the low-redshift analogues of QSOs, the narrow line Seyfert 1 galaxies, for which the viscous time-scales in the disc are of order decades to millennia. However, the disc–jet coupling has been well studied in Galactic BHBs, although observations are often hampered by the distorting effects of soft X-ray absorption. The recently confirmed class of extragalactic microquasars (Middleton et al. 2013, hereafter M+13) provides an avenue by which the disc and jet can be studied simultaneously, with the prospect of lower absorption allowing a clearer view of the accretion disc (Middleton et al. 2012; M+13) as well as a small fractional uncertainty in the distance. However, investigations into such sources are in their infancy and, as a result of these complicating issues, the physics behind the launching of these jets remains to be fully understood.

An indirect test of the launching mechanism can be performed by measuring and comparing proxies for the jet power and the angular momentum (usually parametrized by the dimensionless spin) of the black hole (BH; Fender, Gallo & Russell 2010; Narayan & McClintock 2012, hereafter NM12; Russell, Gallo & Fender 2013; Steiner, McClintock & Narayan 2013, hereafter S13). These two quantities are linked in the Blandford–Znajek (BZ) model for jets (Blandford & Znajek 1977), in which the jet power is proportional to the square of the spin (in the low spin limit). Although it is still debated as to how to measure either quantity unambiguously, the jet power, $P_{\text{jet}}$, has previously been estimated for BHBs using e.g. the synchrotron minimum energy (Russell et al. 2013), the normalization of the radio/X-ray correlation (Fender et al. 2010) or the peak luminosity in a particular radio band (NM12; S13). The latter proxy assumes a broad-band synchrotron spectral shape, predictable evolution of jet brightness, impulsive injection of jet power and a linear relationship between radiative and kinetic energies (see appendix B of S13 for a derivation of this and associated caveats), without which the scaling would be flawed.

Measuring the spin ($a_*$) has also been contentious. It is usually determined (however, see Abramowicz & Kluzniak 2001; Kluzniak & Abramowicz 2001 for a different approach as applied by Motta et al. 2014) either by modelling the reflection spectrum around the Fe K line, taking into account relativistic broadening (Fabian et al. 1989), or else by modelling the continuum in cases when the X-ray emission is dominated by the accretion disc (Ebisawa, Mitsuda & Hanawa 1991). Both techniques rely on emission originating from the innermost stable circular orbit (ISCO), which moves from $6g_r$ for a non-spinning, Schwarzschild BH ($a_*=0$, down to $1.24g_r$ when the spin is maximal prograde ($a_*=0.998$) and out to $9g_r$ for maximal retrograde spin ($a_*=-0.998$). Although retrograde spin can result from chaotic accretion in the growth of SMBHs (Fanidakis et al. 2011), creating such an alignment of the accretion flow is much harder in BHBs requiring either wind fed accretion or a secondary capture scenario in a dense stellar environment. Although the existence of retrograde spins is therefore theoretically challenging and has never been unambiguously confirmed (though suspected in some FRII QSOs such as 3C 120: Kataoka et al. 2007; the Galactic BHBs, GRS 1124–68: Zhang, Cui & Chen 1997; Swift J1910.2–0546; Reis et al. 2013), it has been speculated that such spins could lead to extremely powerful jet events by sweeping the magnetic flux in the plunging region on to the BH. As the ‘gap’ between the ISCO and BH is larger for retrograde spin, the magnetic flux trapped on the BH can therefore be enhanced (Garofalo 2009; Garofalo, Evans & Sambruna 2010). However, simulations incorporating the effect of magnetic field saturation (Tchekhovskoy & McKinney 2012) dispute this ‘gap model’. Instead it is proposed that where a large magnetic flux density is present in the disc, the flow is arrested [i.e. a magnetically arrested disc (MAD); e.g. Bisnovatyi-Kogan & Ruzmaikin 1974; Igumenshchev, Narayan & Abramowicz 2003; Narayan, Igumenshchev & Abramowicz 2003; Tchekhovskoy, Narayan & McKinney 2011], with a common feature of such systems being that the BH magnetic flux builds to a saturation point. As a result, the plunging region is predicted to fill with magnetic flux where the inflow and outflow rates are matched, and therefore no gap is produced in the simulations. This model predicts that the BZ effect produces jets with a moderately lower efficiency at retrograde spins than at prograde spins (Tchekhovskoy & McKinney 2012).

Initial studies combining estimated $P_{\text{jet}}$ and spin values showed no evidence for spin-powering of jets (Fender et al. 2010). More recently, NM12 claimed evidence for a correlation between $P_{\text{jet}}$ and spin in transient jets, implying they were powered by the BZ effect. However, this work remains controversial (see e.g. King et al. 2013; Russell et al. 2013), as it relies on taking only those sources which approach their Eddington limit and act as ‘standard candles’ (see appendix A of S13).
Since there are so few microquasars known in our Galaxy, the sample size is small, leaving the issue of jet powering open to debate. To improve the statistics we include a new source by modelling the disc-dominated spectra of the microquasar recently discovered in M31, whose 2012 outburst reached the Eddington luminosity and was well studied in both the radio and X-ray bands (M+13).

2 THE 2012 OUTBURST

The M31 source, XMMU J004243.6+412519, was discovered in 2012 during the rise phase of an X-ray outburst, reaching a peak (0.3–10 keV) luminosity of \( \sim 1.3 \times 10^{39} \text{ erg s}^{-1} \). It was subsequently monitored in the X-rays by Swift and in the radio by the Karl G. Jansky Very Large Array (VLBA), the Very Long Baseline Array (VLBA) and the Arcminute MicroKelvin Imager-Large Array (AMi-LA). The latter revealed a sequence of radio flaring events, persisting for a few months after the peak of the outburst. This is very similar to the behaviour seen in the 1993 December–1994 April outburst of GRS 1915+105 (Harmon et al. 1997); multiple radio flares over the course of several months during a single X-ray outburst.

2.1 Black hole mass

When brightest (at a 0.3–10 keV luminosity of \( \sim 1.3 \times 10^{39} \text{ erg s}^{-1} \)), the X-ray spectrum of the microquasar in M31 appeared to require a two-component model with a ‘cold’, optically thick electron plasma reprocessing photons from a quasi-thermal accretion disc, as seen in X-ray binaries (XRBs) accreting close to the Eddington rate (e.g. Ueda, Yamaoka & Remillard 2009). At this time, the peak disc temperature deviated strongly from the \( L \propto T^4 \) relation expected for a thin disc (Shakura & Sunyaev 1973), likely indicating a change in structure (e.g. Poutanen et al. 2007) that would only be expected close to Eddington rates. Therefore we are confident that the source was accreting at or very close to Eddington rates and the associated radio emission was associated with ballistic jet ejection (rather than a persistent jet, which should be much less luminous). Based on the X-ray and radio phenomenology, M+13 identified the source as a microquasar accreting at the Eddington rate with a BH mass close to \( 10 M_{\odot} \).

Following the peak of the outburst, the X-ray emission appeared disc dominated, decaying over the course of \( \sim 200 \) d and demonstrating the typical \( L \propto T^{-4} \) behaviour seen in outbursting Galactic BHBs, and implying a constant, emitting area (e.g. Done et al. 2007). Over this period, three pointed \( XMM–Newton \) observations were taken (ObsID: 0690600401 taken on 2012 June 26, 0700380501 taken on 2012 July 28 and 0700380601 taken on 2012 August 08), yielding high-quality, disc-dominated X-ray spectra.

By comparing the luminosity of the source in its dimmest observed soft state (\( 7 \times 10^{37} \text{ erg s}^{-1} \)) to the Eddington fraction at which Galactic BHBs are seen to transit from the soft to the hard state (Dunn et al. 2010), an estimate for the upper limit on the BH mass can be obtained. This limit corresponds to the end of our X-ray monitoring; the source may well have continued in a disc-dominated state down to lower luminosities. Whilst observed transitions have been reported as low as 0.5 per cent of Eddington (implying a mass limit close to \( 100 M_{\odot} \)), the combination of poor population statistics, uncertainty in mass and distance determination for Galactic BHBs and the different bandpasses used for the analysis, led M+13 to use the most representative value for the transition of \( \approx 3 \) per cent (Dunn et al. 2010). M+13 consequently placed an upper limit on the BH mass of \( 17 M_{\odot} \). We note that should we take this upper limit to be representative of the mass then it becomes hard to explain the unusual source phenomenology (both radio and X-ray), which seems to match only GRS 1915+105 when at Eddington (we note the recently discovered BHB: IGR 17091—3624 may also show such behaviour, although the distance and mass are unknown at present; Altamirano et al. 2011). In addition, we might expect that M31, having a similar accreting source population to our own Galaxy should have a similar BH mass distribution (Ozel et al. 2010), which would suggest that a mass well above \( 10 M_{\odot} \) is relatively improbable (though observationally not excluded). We are therefore satisfied that the lower value of \( 10 M_{\odot} \) is more plausible and use this throughout.

2.2 Inclination angle

Although we cannot determine the inclination to the source directly, the lack of strong absorption in the X-ray spectrum implies a line of sight that does not intercept the large columns of equatorial wind expected in such a state (Ponti et al. 2012), i.e. \(<60°\) (based on the inclination and winds of GRO J1655—40; e.g. Neilson & Homan 2012). We can obtain a more constraining, although indirect, estimate by comparing the variability brightness temperature of the short-time-scale (10s of minutes) variability in the M31 microquasar to similar flaring events (the half-hour ‘oscillations’) in GRS 1915+105 (Pooley & Fender 1997). In doing so M+13 found a factor of \( \approx 15 \) amplification in the M31 source (explicitly assuming that spin does not affect the brightness of such events). The variability brightness temperature scales as \( \delta^3 \), where \( \delta = (\Gamma(1-\beta \cos \dot{\Omega}))^{-1} \) is the Doppler factor. Given a fixed jet speed and the inclination angle of GRS 1915+105, the ratio of the variability brightness temperature of the M31 source to that of the oscillation events in GRS 1915+105 (i.e. \( \delta(M31)/\delta(191513) \)) can be used to solve for the inclination. Taking the inclination of GRS 1915+105 to be 66° (Fender et al. 1999), this corresponds to an inclination of the M31 source of 32° for \( \Gamma = 2 \) (Fender et al. 2004; NM12) and 39° for \( \Gamma = 5 \) (Fender et al. 2004; S13). If instead we compare to the maximum measured brightness temperatures in other BHBs, the beaming factor could be as high as 70 (M+13), and the inclination would be considerably smaller. However, given the rather unique phenomenology shared by GRS 1915+105 and the M31 source, it seems most appropriate to use the former boosting factor.

3 CONTINUUM FITTING

As the distance to M31 is extremely well constrained \( (d = 772 \pm 44 \text{ kpc}; \text{Ribas et al. 2005}) \) and the BH mass can be inferred, we were able to apply the best disc models to the \( XMM–Newton \) spectra of the decay phase and place constraints on the BH spin (e.g. Steiner, McClintock & Reid 2012). We note that the X-ray luminosities from the three observations correspond to Eddington ratios <30 per cent, so they should be unaffected by uncertainties in the disc behaviour that affect observations at high Eddington ratios (McClintock et al. 2006). In addition, the low column density along the line of sight to the source has allowed the spectra to be modelled more accurately than for many Galactic sources, where high columns of intervening material in the plane of the Galaxy can obscure emission below 2 keV (e.g. Zimmermann et al. 2001).

For completeness, we re-extracted the European Photon Imaging Camera (EPIC)-pn spectra (the MOS data add little in terms of statistics) using \textsc{sas} v12 to reproduce raw event files. We filtered the high-energy (10–15 keV) light curves for periods of soft proton flares and used standard flags (=0) and patterns (=4) to produce spectra from source and background regions of 35 arcsec radius (avoiding read-out node directions for the background).
Spectra were extracted using XSELECT and grouped to 25 counts bin^{-1} for chi-squared fitting in XSPEC v12 (Arnaud 1996). We find that a basic disc model (diskbb) convolved with neutral absorption by the Galactic and host interstellar medium (ISM; tbabs, with abundances set by Wilms, Allen & McCray 2000 and the lower limit set to the Galactic column along the line-of-sight to M31: 7 × 10^{20} cm^{-2}; Dickey & Lockman 1990) can fully describe the data and we do not find a statistical requirement for any higher energy component as seen when the source was brightest (M+13). As a result we proceeded to use the disc model for prograde spin, bhspec (Davis et al. 2005), to simultaneously model the three spectra and thereby obtain tighter constraints. This model includes full radiative transfer, vertical transport and relativistic broadening and takes BH mass, Eddington ratio, spin, inclination and normalization as input model parameters. The normalization is dependent on the distance (norm = (10/d_{mpc})^2) and so is well constrained for this source and the mass is well reasoned to be ≈ 10 M⊙ (see Section 2.1). By taking the inclinations discussed in Section 2.2 we therefore have the requisite inputs for bhspec, leaving only Eddington ratio and spin as unknowns in the model fitting.

The absorption column was tied between observations, bhspec normalizations fixed to 1.68 × 10^{−4}, mass fixed at 10 M⊙ and inclination fixed initially to be 32° (for Γ = 2). We fit the three spectra simultaneously with spin tied between data sets (thereby implying a fixed inner edge, assumed to be at the ISCO as expected for a source in the soft state). The results of the spectral fitting and parameters are given in Table 1, with a best-fitting value for the spin, α < 0, constrained to be < 0.004 (90 per cent error). We then changed the inclination to 39° (Γ = 5) and re-fitted the data, finding the spin to reduce to α < 0.002. However, in both cases the fit qualities are statistically very poor, implying that one or more of our assumptions about the model parameters is incorrect. This is somewhat unsurprising in light of the caveats involved with estimating the inclination via Doppler boosting (e.g. our assumption that the oscillation events should have a standard brightness temperature).

### 3.1 Free inclination fits

In the preceding analysis, we used the inclination angle derived from our comparison of the short-time-scale flaring to the analogous oscillation events in GRS 1915+105. This implicitly assumed that the short time-scale radio variability seen in the M31 source was intrinsic; if this was instead due to interstellar scintillation (M<sub>13</sub>), then it cannot be used to constrain the inclination angle. To account for this possibility, we repeated the model fitting allowing both the spin and inclination to be free, finding the best fit shown in Fig. 1 (along with the spin/inclination γ^<−1> contours) and parameters given in Table 1. The now considerably better (and statistically acceptable) best fit implies a spin of 0 at an inclination angle of 15°, and a 3σ upper limit to the spin of 0.15, which occurs for an inclination angle of 0°. Although we may expect radio-selected sources to be at low inclinations (and therefore brightest), it is worth noting that the source was in fact X-ray selected (our observations were triggered by the X-ray outburst reported by Henze, Pietsch & Haberl 2012) and if we assume a uniform distribution of inclinations for the population of microquasars in M31, such a low inclination is highly improbable.

Although we are confident that our identification of Eddington behaviour and therefore mass estimate is reliable, we also investigate the effect of a representative 10 per cent error in the flux estimate at the peak of the outburst which would lead to a 10 per cent error in the mass, i.e. an upper limit of 11 M⊙. We once again find that in all cases the best-fitting spin is 0 with the largest 3σ upper limit being 0.23, obtained when fitting with free inclination (with a best-fitting value of 24°<sup>14</sup> <sup>−4</sup>).

### 3.2 A retrograde spin?

In all cases the best-fitting value of the spin is zero and constrained to be extremely low. As the value tends to the limits of the model this is a likely sign that the model we have used is simply incorrect in this case. Indeed, we had not considered whether the spin could be retrograde (α < 0), as such values have not been reliably reported (although we note the recent paper by Reis et al. 2013, whose iron line fitting leads them to claim a truncated disc or retrograde spin in a Galactic BHB – see also Kolehmainen, Done & Díaz-Trigo 2014 for possible caveats). We used an extended version of the bhspec model<sup>1</sup> that expands the spin parameter space down to ~0.998, and re-fitted the data as before for the fixed inclinations and mass of 10 M⊙. The resulting fits are a highly significant improvement over the prograde fits and are given in Table 2. These remarkably imply well-constrained retrograde spin in all cases. Given the aforementioned caveats on deriving the inclination, we also fitted the data with both inclination and spin free to vary. The resulting best fit is shown in Fig. 2 (with parameters and 90 per cent errors given in Table 2) and implies maximal retrograde spin, constrained to be < 6.3 × 0.57 (90 per cent) although we caution that once again the best fit tends to the limit of the model.

Retrograde spin appears to be statistically favoured in all cases (up to Δχ^<−1> = 342 for a fixed inclination of 39°). However, from studying the residuals in Fig. 3, we can see that the subtle changes in excess χ^<−1> between the prograde and retrograde fits with free inclination occur in an energy range where the ratio between the models corresponds to only a ~5 per cent difference, of the order of the systematic uncertainties in the model (Fig. 3). So whilst retrograde spin is statistically favoured, we cannot rule out the spin being extremely low (or zero) when the inclination is left free.

### 4 BLANDFORD–ZNAJEK POWERING OF JETS

Given the extreme low spins resulting from the model fitting, the derived values for the peak jet power are extremely useful, since they can constrain whether the BZ effect is the dominant mechanism for launching such ballistic jets.

Using the approach of NM12 we can estimate the maximum jet power from the brightest radio flare of the few-month long flaring sequence that was seen after the initial rise to Eddington and transition to the disc-dominated state. In the M31 microquasar, this brightest flare was detected > 60 d after the state transition by AMI-LA at 15 GHz, at a flux density of 0.96 ± 0.09 mJy (M+13). Such a bright radio flare could only have been produced by the ballistic jets, or via interactions with the surrounding medium. Although the latter can result in external shock acceleration and therefore bright radio emission downstream in the jets, such flares are seen to occur several months to years after the original outburst and tend to be long-lived (e.g. Corbel et al. 2002), whereas the flares we observed decayed on time-scales of days. Furthermore, the lack of resolved emission in the VLBA image taken only 3 d later rules out bright external shocks further than ~10<sup>10</sup> cm downstream, significantly closer to the source than external shocks have previously been observed to form in Galactic sources (e.g. Corbel et al. 2002, 2005).

<sup>1</sup>bhspec_spin_0.01.fits, available from http://www.cita.utoronto.ca/~swd/xspec.html
an error of 0.3 dex (i.e. a factor of 2) on PMNRAS 439, fitting) to the logarithmic points (i.e. log
the jet/ISM interaction and
Table 3.

<table>
<thead>
<tr>
<th>$N_{H}$ ($\times 10^{22}$ cm$^{-2}$)</th>
<th>$L_{\text{jet}}/L_{\text{edd}}$ Obs1</th>
<th>$L_{\text{jet}}/L_{\text{edd}}$ Obs2</th>
<th>$L_{\text{jet}}/L_{\text{edd}}$ Obs3</th>
<th>$i$ (°)</th>
<th>$a_*$</th>
<th>$\chi^2$/dof</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.41 ± 0.01</td>
<td>0.199 ± 0.002</td>
<td>0.077 ± 0.002</td>
<td>0.041 ± 0.001</td>
<td>32</td>
<td>0 (&lt;0.004)</td>
<td>910/764</td>
</tr>
<tr>
<td>0.39 ± 0.01</td>
<td>0.209 ± 0.002</td>
<td>0.079 ± 0.002</td>
<td>0.042 ± 0.001</td>
<td>39</td>
<td>0 (&lt;0.002)</td>
<td>1109/764</td>
</tr>
<tr>
<td>0.45 ± 0.01</td>
<td>0.187 $^{+0.002}_{-0.003}$</td>
<td>0.074 ± 0.002</td>
<td>0.041 ± 0.001</td>
<td>14.6 $^{+3.5}_{-5.7}$</td>
<td>0 (&lt;0.056)</td>
<td>781/763</td>
</tr>
</tbody>
</table>

Notes. Top: best-fitting spectral parameters (and 90 per cent errors) across the three tied XMM–Newton data sets (denoted by Obs 1–3) using the xspec model mamunupec. In each case the inclination has been determined by comparing the brightness temperature of the minute-time-scale radio variability with the analogous oscillation events seen in GRS 1915+105, assuming a boosting factor of $\sim$15 and a mass of 10 M⊙ for the M31 source. The normalization is fixed at $1.68 \times 10^{-1}$ as the distance to M31 is well constrained. Bottom: best-fitting model parameters with both inclination and spin as free parameters.

Table 1. XSPEC fitting results for prograde spin.

Figure 1. Left: XMM–Newton EPIC-pn spectra from three observations taken during the decay phase (Barnard, Garcia & Murray 2013, M+13). We fit these simultaneously using a model in XSPEC comprising neutral absorption (TBABS with column density tied between data sets) and disc emission that incorporates vertical and radiative transport together with relativistic smearing (BHSPEC). We find that for an inferred mass of 10 M⊙ we obtain $a_* < 0.06$ (90 per cent) with the spin and inclination free. Right: as we have allowed inclination to be free in our fitting we also show the 1σ, 2σ and 3σ contours (black, red and green, respectively) for this parameter space as well (the star corresponds to the best-fitting value).

In order to make a direct comparison to NM12, we scale the flux of the AMI-LA flare to 5 GHz assuming a spectral index $\alpha$ (where $S_\nu \propto \nu^\alpha$) and use the representative value of −0.4 (based on the analysis of other BHBs undergoing these events: NM12), giving a scaled 5 GHz flux of 1.49 mJy. The jet power is then determined using the proxy outlined in NM12: $P_{\text{jet}} = \nu S_\nu d^2 M^{-1}$, where $S_\nu$ (Jy) is the beaming-corrected flux density, $d$ is the distance in kpc and $M$ is the mass in units of M⊙. From the aforementioned values for the mass and inclination, we obtain the jet power values (with units of GHz Jy kpc$^2$ M$^{-1}$) given in Table 3. To compare to the five BHBs presented in S13 we also re-derive their de-boosted jet powers using the flux densities, inclinations, distances, masses and $\alpha$ values given in NM12 and S13; these jet powers are also given in Table 3.

As $P_{\text{jet}} \propto a_*^2$ is only valid in the low-spin regime, we follow S13 and derive the best-fitting, BZ relation for the five Galactic BHBs using $P_{\text{jet}} \propto (\Omega_{H})^2$ (Tchekhovskoy, Narayan & McKinney 2010), where $\Omega_{H}$ is the angular frequency of the event horizon in natural units, $\Omega_{H} = a_{\text{c}}/2(M(1 + \sqrt{1 - a_{\text{c}}^2}))$. Following NM12 we assume an error of 0.3 dex (i.e. a factor of 2) on $P_{\text{jet}}$ due to uncertainties in the jet/ISM interaction and $\alpha$, and assume symmetric errors on $\Omega_{H}$. We determine the coefficients of the linear fits (using least-squares fitting) to the logarithmic points (i.e. $\log P_{\text{jet}} = \log (\Omega_{H})^2 + \log A$, thereby avoiding the fit being dominated by the point with the lowest power and therefore lowest error). We find best-fitting values for the correlation ($\log A$) of 2.94 ± 0.22 (90 per cent) and 4.19 ± 0.22 (90 per cent) for $\Gamma = 2$ and 5, respectively.

We plot the prograde spin and associated jet power values for all six sources, and for $\Gamma = 2$ and 5, in Fig. 4 with the best-fitting relations provided above. The plot shows that all points derived using the fixed inclinations calculated from Doppler boosting of the variability brightness temperature sit well above the relation. When the inclination is left free to vary, the points are consistent with the best-fitting BZ relation to the Galactic BHBs, however, for $\Gamma = 2$, an improbably small inclination is required ($0^\circ < \theta < 3\sigma$). For the source to sit on the BZ correlation, the much faster, $\Gamma = 5$ jet at more moderate inclinations of $<20^\circ$ (at $3\sigma$ from inspection of Fig. 1) would be required.

In Fig. 5 we plot the best-fitting retrograde spins and corresponding jet powers with the extrapolated relation for prograde spin. Unlike for prograde spin, the points appear broadly consistent with BZ powering and do not appear to require larger amounts of magnetic flux (Garofalo 2009).

5 DISCUSSION

The proximity of the microquasar in M31 is such that the observed data quality is high during outburst (even during the decay phase),
Table 2. XSPEC fitting results for retrograde spin.

<table>
<thead>
<tr>
<th>$N_H \times 10^{22}$ cm$^{-2}$</th>
<th>$L/L_{Edd}$ Obs1</th>
<th>$L/L_{Edd}$ Obs2</th>
<th>$L/L_{Edd}$ Obs3</th>
<th>$i$ (°)</th>
<th>$a_*$</th>
<th>$\chi^2$/dof</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.46 ± 0.01</td>
<td>0.214 ± 0.003</td>
<td>0.085 ± 0.002</td>
<td>0.047 ± 0.001</td>
<td>32</td>
<td>-0.44 ± 0.07</td>
<td>770/764</td>
</tr>
<tr>
<td>0.46 ± 0.01</td>
<td>0.237 ± 0.004</td>
<td>0.094 ± 0.003</td>
<td>0.052 ± 0.002</td>
<td>39</td>
<td>-0.72 ± 0.08</td>
<td>767/764</td>
</tr>
<tr>
<td>0.46 ± 0.01</td>
<td>0.264$^{+0.005}_{-0.009}$</td>
<td>0.105$^{+0.003}_{-0.015}$</td>
<td>0.058 ± 0.001</td>
<td>44.8$^{+0.9}_{-0.9}$</td>
<td>-0.998 (&lt; -0.566)</td>
<td>766/763</td>
</tr>
</tbody>
</table>

Note: Top: as for Table 1 using the extended XSPEC model allowing retrograde spins to be tested.

Figure 2. As for Fig. 1, showing the best fits with the expanded XSPEC model, allowing a test for retrograde spin. When both spin and inclination are allowed to be free, we find the spin to be constrained (at 90 per cent) to $< -0.57$. As before, the spectral fits are shown in the left-hand plot and contours (with 1σ, 2σ and 3σ levels shown in black, red and green, respectively) for inclination and spin parameter space on the right (again the star corresponds to the best-fitting value).

Figure 3. Left: $\Delta \chi^2$ plots corresponding to the spectra in Figs 1 and 2 (green: 0690600401; red: 0700380501 and blue: 0700380601), re-binned for inspection purposes. Right: ratio of the best-fitting retrograde and prograde models with inclination and spin as free parameters. Although there are major discrepancies in the models at high energies, the data quality above 3 keV in the two dimmer observations is poor and so the effect on $\chi^2$ is only weak. Instead it is clear that the major changes in $\Delta \chi^2$ correspond to the energy range where changes in the best-fitting models are $\leq 5$ per cent (horizontal dashed lines), of the order of the model systematics. Therefore, whilst the retrograde model is statistically favoured, we cannot yet robustly confirm its validity; although if the spin is not retrograde, the large jet power would then imply that the BZ mechanism is not operating as expected in this source.
whilst the fractional error on the distance (∼6 per cent) is considerably smaller than for most Galactic sources (usually a factor of ∼2; Jonker & Nelemans 2004). Using the best available constraints on the inclination and mass, we can confidently fit the three XMM–Newton spectra obtained in the decay phase using an accretion disc model that incorporates the effect of spin (Davis et al. 2005). For the mass inferred for the source, we find the spin to be extremely low at \( a_\ast < 0.01 \) (90 per cent) if we assume only prograde spin to be allowed. This is much lower than the majority of BHBs and is the lowest yet of the ‘standard candle’, Eddington BHBs (S13). However, given the poor quality of the spectral fits, it is clear that at least one of our assumptions is incorrect. By allowing the inclination to be a free parameter in the model we obtain a considerably better fit and still find the spin to be very low: \( a_\ast < 0.06 \) (90 per cent).

Taking the brightest flare after the source reached outburst maximum (to be consistent with the approaches of NM12 and S13), seen by AMI-LA at 15 GHz, we infer that the source sits above the best-fitting BZ correlation – inferred from \( P_{\text{jet}} \) and \( M_{\Omega_1} \) for the Galactic BHBs (S13) – for all points resulting from fixed inclinations in the spectral fitting (Fig. 4). For free inclinations, the resulting jet power and spin are consistent with the relation for \( \Gamma = 2 \) but only at the 3σ limit of the permitted values and only for an improbably small inclination. At \( \Gamma = 5 \), the values are consistent with the relation for more moderate inclinations (<20°) but whether such fast jets could be launched through BZ powering remains uncertain (see e.g. Barkov & Komissarov 2008 who find \( \Gamma \) rarely exceeds 3 for simulations with \( a_\ast = 0.9 \)). The lack of radio coverage during the rise to X-ray outburst prevented observation of a potentially brighter radio flare associated with the state transition. As a result we caution that the inferred jet powers may be lower limits which would enhance the deviation from the reported correlation. Taken as a whole, the evidence implies that the BZ effect may not be the dominant mechanism for powering these events for such low-spin BHBs, consistent with the analysis of Russell et al. (2013) and AGN studies of Sikora et al. (2013) and Sikora & Begelman (2013). Alternatively the topology of the magnetic field in the vicinity of the BH may differ in this source, resulting in a different scaling of \( P_{\text{jet}} \) with \( a_\ast \) (Beckwith, Hawley & Krolik 2008; McKinney & Blandford 2009).

**Table 3.** Jet power proxy values.

<table>
<thead>
<tr>
<th>Source</th>
<th>( \Gamma = 2, P_{\text{jet}} )</th>
<th>( \Gamma = 5, P_{\text{jet}} )</th>
</tr>
</thead>
<tbody>
<tr>
<td>Galactic BHBs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A0620–00</td>
<td>0.13</td>
<td>1.6</td>
</tr>
<tr>
<td>XTE J1550–564</td>
<td>11</td>
<td>180</td>
</tr>
<tr>
<td>GRO J1655–40</td>
<td>70</td>
<td>1600</td>
</tr>
<tr>
<td>GRS 1915+105</td>
<td>95</td>
<td>1700</td>
</tr>
<tr>
<td>H1743–322</td>
<td>7.0</td>
<td>140</td>
</tr>
<tr>
<td>M31 microquasar</td>
<td></td>
<td></td>
</tr>
<tr>
<td>( \Gamma )</td>
<td>( P_{\text{jet}} )</td>
<td></td>
</tr>
<tr>
<td>Fixed inclination</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>32</td>
<td>52</td>
</tr>
<tr>
<td>5</td>
<td>39</td>
<td>810</td>
</tr>
<tr>
<td>3σ upper limits (prograde spin)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>0</td>
<td>5.0</td>
</tr>
<tr>
<td>5</td>
<td>0</td>
<td>0.18</td>
</tr>
<tr>
<td>Best fitting (retrograde spin)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>45</td>
<td>180</td>
</tr>
<tr>
<td>5</td>
<td>45</td>
<td>1900</td>
</tr>
</tbody>
</table>

**Notes.** Upper: \( P_{\text{jet}} \) values (with units of GHz Jy kpc\(^2\) M\(_{\odot}\)) and given to 2 s.f.) for the five BHBs of S13, derived using the inclinations, masses, flux densities, \( a_\ast \) values and distances given in NM12 and S13. Lower: bulk Lorentz factors (\( \Gamma \)) and inclinations (\( i \)) used to derive the jet power proxies (\( P_{\text{jet}} \) to 2 s.f.) for the M31 microquasar, following the method of NM12. Top: the inclination is derived from scaling of the variability brightness temperature to the analogous events in GRS 1915+105 (i.e. ‘fixed inclination’). Middle: the inclination of 0° is the 3σ upper limit to the fit using prograde spin. Bottom: the inclination of 45° is the best-fitting value where the spin is allowed to be retrograde.

**Figure 4.** Left: \( P_{\text{jet}} \) (with units of GHz Jy kpc\(^2\) M\(_{\odot}\)) versus prograde spin, plotted for five BHBs (S13) and the microquasar in M31 (red lines). For the latter we have assumed a boosting factor (i.e. \( \delta \)) of ∼15 (M13+13; \( \Gamma = 2 \)) and we have obtained \( P_{\text{jet}} \) values for \( a_\ast = -0.4 \), as appropriate for ballistic ejections (NM12). The best fit to the five Galactic BHBs is shown (dotted line; \( P_{\text{jet}} \propto (M_{\Omega_1})^2 \)). As there is some uncertainty over the inclination we also plot the 3σ upper limit from the model fits with both spin and inclination left free (dot–dashed line). To be consistent with the best-fitting BZ relation, the inclination is required to be improbably low (∼0°). Right: colours and lines as for the left-hand plot but with values derived using \( \Gamma = 5 \). We note that, whilst the best-fitting spin value is still 0, the points with free inclination are consistent with the best-fitting relation of S13 within 3σ limits.
formed whilst in a globular cluster (GC), with the natal kick velocity carrying the system out of the GC to its present location. The initial capture can produce a retrograde orbit and, as the time-scales for alignment of the secondary are very long (e.g. Maccarone 2002) such systems will remain retrograde for much of their lifetimes. The nearest bright GC to our source is approximately 1.4 kpc away in projected distance (Bol D091; e.g. Rey et al. 2009). Given standard natal supernova kicks (e.g. Fabian et al. 1975; Mirabel et al. 2001; González Hernández et al. 2006; see also Miller-Jones 2014) of a few tens to hundreds of km s$^{-1}$ this would imply only a few million years of travel post-capture, which is entirely consistent with typical low-mass X-ray binary (LMXB) lifetimes of a few Gyr. While this scenario is plausible (although of low probability), we cannot establish its likelihood in the absence of any constraints on the space velocity of the system.

6 CONCLUSION

We find ourselves with three possibilities to explain the bright jet events seen from this source. The first is that the spin is prograde and the BZ effect does not seem to power the events unless the inclination is (improbably) low, the jet is remarkably fast for such a low spin or the magnetic field topology in this source is unusual. The second possibility is that, whilst of low probability, the spin is significantly retrograde and that the BZ effect may be responsible, with the suggestion that, if we truly observed the brightest radio flare then a magnetically arrested disc may be present. The third possibility is that our assumed mass is incorrect and the Eddington phenomenology can occur at lower mass accretion rates (i.e. for a higher BH mass). Whilst we cannot rule out this last possibility it would seem remarkable that the same, distinct behaviour is seen in both this source at sub-Eddington rates and in the most extreme Galactic BHB, GRS 1915+105, widely accepted to accrete at its Eddington limit when brightest. The latter issue will be resolved should a dynamical mass measurement be made for the BH, yet this will require the next generation of extremely sensitive 40-m class telescopes, i.e. Extremely Large Telescope (ELT).

Given the uncertainties inherent in comparing such extreme sources, it is imperative that we both study the varied flaring properties of known (and new) Galactic sources and discover more microquasars by searching in nearby galaxies (Middleton et al., in preparation). Once discovered, such sources will allow increasingly unique sources, it is imperative that we both study the varied flaring properties of known (and new) Galactic sources and discover more microquasars by searching in nearby galaxies (Middleton et al., in preparation). Once discovered, such sources will allow increasingly sensitive 40-m class telescopes, i.e. Extremely Large Telescope (ELT).

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Figure 5. $P_{\text{jet}}$ (with units of GHz Jy kpc$^2$ M$_\odot^{-1}$) versus $|\text{spin}|$, where we use the results of the spectral fitting which infer a retrograde spin (Table 2). The solid error bars and dashed lines (the latter being the best-fitting relations derived for prograde spin) are $\Gamma = 2$ and dot-dashed are $\Gamma = 5$. Red lines are jet powers inferred assuming a scaling of brightness temperature in the flares to those of GRS 1915+105. We also show the best-fitting spin value and inferred jet power where the inclination and spin are free to vary (blue lines). We note that, in the event that the scaling (and inferred boosting) is inaccurate, this is the most reliable measure. In all cases the points appear broadly consistent with the BZ effect producing similar jet powers in the retrograde regime as the prograde regime, without the need to invoke larger amounts of magnetic flux (Garofalo 2009).

If we allow the spin to be retrograde, then we find that the spectral data statistically favour this scenario, although when the inclination is a free parameter, the difference between prograde and retrograde best-fitting models ($a_c = 0$ versus $-0.998$) is of the order of the model systematic uncertainties. Should the spin be truly retrograde then we find that the jet power is broadly consistent with the best-fitting relations for prograde spin, making it plausible (although not conclusively demonstrating) that the BZ effect may be producing these events. This does not appear to require an order of magnitude increase in jet power (Garofalo 2009) and could feasibly be supporting a scenario where the disc is arrested by magnetic fields (Tchekhovskoy & McKinney 2012, and references therein). Once again, should there have been a larger, unobserved, flare at the hard-to-soft state transition then this may not be a valid supposition and, whilst a compelling result, the model systematics currently prevent a fully robust identification of retrograde spin.

Although it is uncertain how such retrograde spins could occur in close binary systems, it has been suggested that wind-fed accretion can produce counter-aligned inflows (e.g. GX 1+4: Chakrabarty et al. 1997; Cygnus X-1: Shapiro & Lightman 1976; Zhang et al. 1997). We effectively rule this out here as the very low optical luminosity limit (M+13) precludes a giant companion star. It is plausible that a highly anisotropic supernova kick could displace the BH relative to the secondary although it is not clear how this would then stabilize and lead to the required system geometry. A third possibility, presented by Reis et al. (2013) to explain the potentially retrograde spin of the BH in Swift J1910.2−0546, is the tidal capture of a star (Fabian, Pringle & Rees 1975) after the BH has
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