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Fermi–Bose mixture in mixed dimensions

M A Caracanhas$^{1,2}$, F Schreck$^3$ and C Morais Smith$^1$

1 Institute for Theoretical Physics, Center for Extreme Matter and Emergent Phenomena, Utrecht University, Prinicipolein 5, 3584 CC Utrecht, The Netherlands
2 Instituto de Física de São Carlos, Universidade de São Paulo, C.P. 369, São Carlos, SP, 13560-970, Brazil
3 Van der Waals–Zeeman Institute, Institute of Physics, University of Amsterdam, Science Park 904, 1098 XH Amsterdam, The Netherlands

E-mail: caracanhas@ifsc.usp.br

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Abstract

One of the challenging goals in the studies of many-body physics with ultracold atoms is the creation of a topological $p_x + ip_y$ superfluid for identical fermions in two dimensions (2D). The expectations of reaching the critical temperature $T_c$ through $p$-wave Feshbach resonance in spin-polarized fermionic gases have soon faded away because on approaching the resonance, the system becomes unstable due to inelastic-collision processes. Here, we consider an alternative scenario in which a single-component degenerate gas of fermions in 2D is paired via phonon-mediated interactions provided by a 3D BEC background. Within the weak-coupling regime, we calculate the critical temperature $T_c$ for the fermionic pair formation using the Bethe–Salpeter formalism, and show that it is significantly boosted by higher-order diagrammatic terms, such as phonon dressing and vertex corrections. We describe in detail an experimental scheme to implement our proposal, and show that the long-sought $p$-wave superfluid is at reach with state-of-the-art experiments.

1. Introduction

The quest for the experimental realization of a chiral $p_x + ip_y$ superconductor in two dimensions (2D) is gathering increasing attention because this phase exhibits Majorana modes, which are relevant for constructing fault-tolerant topological quantum computers [1, 2]. Although a chiral $p$-wave superfluid has been shown to occur in the $\Lambda$-phase of $^3$He at high pressure [3] and experiments have revealed that Strontium ruthenate ($\text{Sr}_2\text{RuO}_4$) is a $p$-wave superconductor [4], the manipulation of the Majorana modes in these systems remains difficult. Therefore, the prospect to create a $p$-wave superfluid using ultracold atoms is very appealing because these systems allow for great control of the degrees of freedom.

Several possibilities to generate chiral superfluids have been proposed in the context of ultracold atoms in optical lattices: by using orbital degrees of freedom [5, 6], spin–orbit coupling [7, 8] or dipolar interaction [9, 10]. However, these methods either bring new problems to the experimental implementation, such as heating and ultracold chemical-reactions, or require a sophisticated optical-lattice setup and further manipulations to populate the $p$-orbitals.

Here, we adopt a completely different, but feasible route to produce $p$-wave superfluids, which consists of inducing the pairing among the 2D polarized fermionic atoms through a 3D bath of bosonic excitations. The dimensional mismatch between the fermions and the excitations that mediate their interaction leads to a huge increase of the superconducting gap, and consequently of the critical temperature for the observation of the chiral superfluid. The main advantage of our proposal is that it avoids three-body losses and dynamical instabilities (phase separation), which constitute major problems in a strongly-interacting Fermi–Bose mixture.

Mixed-dimension mixtures of two-species fermions with weak interaction were investigated previously [11, 12], with the coupling between polarized fermions in 2D mediated by the particle-hole excitations of a 3D Fermi-sea background. In spite of the high stability of the Fermi–Fermi mixture, the Fermi–Bose mixture, with phonon excitations, provides much higher magnitude for the $p$-wave coupling between fermions. Recently, a 2D-3D mixture of fermions and bosons was considered, and the Berezinskii–Kosterlitz–Thouless critical
temperature was determined accounting for effects of retardation [13]. However, many-body effects were neglected. We argue here that the proximity between the Fermi and sound velocities requires the inclusion of many-body corrections, namely the vertex ladder-diagrams and the RPA dressing of the phonon propagator [14, 15].

We calculate these higher-order contributions, which are usually disregarded in the BCS treatment of conventional superconductors, and show that they significantly contribute to increase the magnitude of the anomalous \( p \)-wave gap in the Fermi–Bose mixture in mixed dimensions. In this calculation, however, we do not consider the renormalization of the pole of the Green’s function, nor take into account retardation effects (the influence of the frequency of the irreducible vertex). The fermions self-energy due to the scattering of the background excitations can be neglected due to the small value of the Fermi–Bose coupling \( g_{FB} \), and retardation effects should not provide a relevant contribution to the vertex [16] because the singularity for pair formation must come from scattering in the Fermi–surface (Cooper instability [14, 17]). The simultaneous analysis of both these effects, i.e., retardation and high-order vertex correction, is a tremendous task. Since our calculations are performed in the small momentum limit, if we would consider retardation, it should enhance the positive region of the vertex because correlation between the fermions leads to an even higher prediction to the critical temperature for \( p \)-wave superfluid formation (\( T^*_c \)) [18]. Hence, the very high value of \( T^*_c \) that we found due to the vertex correction is actually a lower bound, given the approximations performed.

This paper is structured as follows: section 2 presents the system Hamiltonian for bosonic and fermionic species, whereas in section 3 the interaction between the fermions, mediated by the bosonic excitations, is characterized. In sections 4 and 5, we build the BCS Hamiltonian for the 2D system and solve the associated gap equation, respectively. Higher-order corrections for the gap magnitude are evaluated in section 6, and the experimental feasibility, conclusions and implications of this work are discussed respectively in sections 7 and 8.

2. System Hamiltonian

We start by defining the Hamiltonian \( \hat{H} = \hat{H}_B + \hat{H}_F + \hat{H}_{FB} \), where the boson-field operators \( \hat{\phi} \) live in 3D, whereas the polarized fermions \( \hat{\psi} \) live in 2D, (assuming \( \hbar = 1 \))

\[
\hat{H}_{B} = \int dz \int d^2x \hat{\phi}^\dagger(t, x, z) \left[ -\frac{\nabla^2}{2m_B} + \frac{g_B}{2} \hat{\phi}^\dagger(t, x, z) \hat{\phi}(t, x, z) - \mu_B \right] \hat{\phi}(t, x, z),
\]

\[
\hat{H}_{F} = \int d^2x \hat{\psi}^\dagger(t, x) \left[ -\frac{\nabla^2}{2m_F} - \mu_F \right] \hat{\psi}(t, x),
\]

\[
\hat{H}_{FB} = g_{FB} \int dz \int d^2x \delta(z) \hat{\psi}^\dagger(t, x) \hat{\phi}^\dagger(t, x, z) \hat{\phi}(t, x, z) \hat{\psi}(t, x),
\]

with the mass of the bosonic and fermionic species given by \( m_B \) and \( m_F \), and their chemical potentials by \( \mu_B \) and \( \mu_F \), respectively. The intra- and inter-species contact repulsive interactions are characterized by the coupling constants \( g_B \) and \( g_{FB} \), respectively. We can express the boson-field operators in terms of a discrete set of bosonic modes \( \hat{b}_q \), with \( V \) the volume of the 3D space,

\[
\hat{\phi}(t, x, z) = \frac{1}{\sqrt{V}} \sum_q e^{i q \cdot x} \hat{b}_q(t),
\]

which allows us to rewrite the bosonic part of the Hamiltonian in momentum space,

\[
\hat{H}_B(t) = \sum_q \left( \frac{\hat{p}_q^2}{2m_B} - \mu_B \right) \hat{b}_q(t) \hat{b}_q^\dagger(t) + \frac{g_B}{2V} \sum_{q', q''} \hat{b}_{q'}^\dagger(t) \hat{b}_{q''}^\dagger(t) \hat{b}_{q''}^{-\dagger}(t) \hat{b}_q(t).
\]

To characterize the Bose–Einstein condensate, we now use Bogoliubov theory to deal with the macroscopic occupation of the zero-momentum state, that is \( \hat{b}_0 = \hat{b}_0^\dagger = \sqrt{N_0} \). Neglecting higher-order fluctuations, we obtain

\[
\hat{H}_B(t) = g_B N_0^2 \frac{2}{2V} + \sum_q \left( \frac{\hat{p}_q^2}{2m_B} + n_B g_B \right) \hat{b}_q^{-\dagger}(t) \hat{b}_q(t) + \frac{g_B n_B}{2} \sum_q \left[ \hat{b}_q^\dagger(t) \hat{b}_{-q}^\dagger(t) + \hat{b}_q(t) \hat{b}_{-q}(t) \right].
\]

After symmetrizing the above expression, with a sum covering half of the momentum space, and performing a Bogoliubov canonical transformation \( \hat{b}_q = u_q \hat{\beta}_q - v_q \hat{\beta}_q^\dagger \) and \( \hat{b}_{-q} = u_q \hat{\beta}_{-q} - v_q \hat{\beta}_{-q}^\dagger \), where we select the real
parameters \( \nu_q, v_q \) in order to have diagonal-base operators \( \hat{\beta}_q, \hat{\beta}^\dagger_q \) for \( H_B \), we find

\[
\hat{H}_B(t) = \frac{g_B n_B N_0}{2} + \sum_{q \neq q=0} \omega_q \hat{\beta}^\dagger_q(t) \hat{\beta}_q(t) - \frac{1}{2} \sum_{q \neq q=0} (\xi_q - \omega_q),
\]

with the energy spectrum for the free Bogoliubov-modes excitation \( \omega_q = \sqrt{\xi_q^2 - (g_B n_B)^2} \), where

\[
\xi_q = \frac{q^2}{2m_B} + g_B n_B.
\]

Applying the same set of transformations for the interspecies-interaction Hamiltonian \( \hat{H}_{FB} \), and considering \( u_{12} \) and \( v_{12} \), with \( t_{12} \), we get

\[
\hat{H}_{FB}(t) = \frac{g_{FB} n_B N_F}{V} \sum_{p,q,q',q} V_{pq,qp,q'} \hat{a}_p^\dagger(t) [\hat{\beta}_q^\dagger(t) + \hat{\beta}_{q'}^\dagger(t)] \hat{a}_{p-q}(t),
\]

with

\[
V_{pq} = \left( \frac{q^2}{q^2 + 4m_B g_B n_B} \right)^{1/4}.
\]

In equation (9), the prime symbol in the sum indicates that \( q_0 \neq 0 \), and we separate the components of \( q = (q_x, q_y) \), to account for momentum conservation in the plane.

### 3. Effective Interaction

As expressed in equation (2), there is no direct interaction between the polarized fermions in \( H_B \) due to the Pauli exclusion principle. We show here, however, how an indirect interaction between fermions arises from \( H_{FB} \). For that, we define the effective coupling constant \( \lambda_{eff} \) from the four-point function

\[
\Gamma = \int_0^1 \cdots \int_0^1 \frac{d^4 t}{(2\pi)^4} \langle \hat{a}^\dagger_{p_1}(t_1) \hat{a}_{p_2}(t_2) \hat{a}^\dagger_{p_3}(t_3) \hat{a}_{p_4}(t_4) e^{-i \int dt \hat{h}_{FB}(t)} \rangle
\]

\[
= \frac{1}{S} \lambda_{eff} \delta_{p+k,p'+k'} \delta(\varepsilon + \nu - \varepsilon' - \nu') G_0(p, \varepsilon) G_0(p', \varepsilon - \omega) G_0(k, \nu) G_0(k', \nu + \omega),
\]

with \( G_0 \) corresponding to the free-fermion propagator and \( \omega = \varepsilon - \varepsilon' = \nu' - \nu \). Considering the weak-coupling regime, to second order in the interaction (see figure 1), we obtain

\[
\Gamma^{(2)} = \frac{g_{FB}^2 n_B}{V} \delta_{p+k,p'+k'} \delta(\varepsilon + \nu - \varepsilon' - \nu') \sum_{q_0} V_{q_0}^2 D_0(q, \omega)
\]

\[
\times G_0(p, \varepsilon) G_0(p', \varepsilon - \omega) G_0(k, \nu) G_0(k', \nu + \omega),
\]

where \( D_0(q, \omega) \) denotes the free-phonon propagator and \( q_0 = p - p' = k' - k \). Comparing equations (11) and (12), we find

\[
\lambda_{eff} = \frac{g_{FB}^2 n_B}{2} \int_{-\infty}^{\infty} \frac{dq}{2\pi} \left( \frac{s_{\omega_0}}{2m_B} + \frac{2g_B n_B}{\omega^2 - \omega_0^2 + i\delta} \right)^{1/2}
\]

For low-energy processes, where the scattered fermions are kept around the 2D Fermi surface, we can assume \( \omega \sim 0 \), and equation (13) can be simplified as

\[
\lambda_{eff} = \frac{g_{FB}^2 n_B}{2} \int_{-\infty}^{\infty} \frac{dq}{2\pi} \left( \frac{s_{\omega_0}}{2m_B} \right)^{1/2}.
\]
Hence, an effective potential \( V_{\text{eff}}(q) \) is generated between the fermions, as a function of the momentum exchange \( Q \) between the scattered particles. In 2D real space, with coordinate \( R \), this yields an attractive Yukawa potential between the fermionic particles in the plane,

\[
V_{\text{eff}}(R) = \int d^2Q e^{iQ \cdot R} V_{\text{eff}}(Q) = -2 \frac{\xi^2}{g_B} \frac{1}{\sqrt{q^2 + 4m_B g_B n_B}} e^{-\frac{\pi}{\xi^2} R},
\]

with the range given by the healing length \( \xi = 1/\sqrt{2m_B g_B n_B} \) of the BEC.

4. BCS Hamiltonian

We consider the generalized BCS-type Hamiltonian in momentum space for the fermions in the plane,

\[
\hat{H}_F = \int \frac{d^2p}{(2\pi)^2} \left\{ \left( \frac{p^2}{2m_F} - \mu \right) \hat{a}^\dagger(p) \hat{a}(p) + \frac{1}{2} \int \frac{d^2k d^2k'}{(2\pi)^4} V_{\text{eff}}(p, k) \right. \\
\times \left. \hat{a}^\dagger(k/2 + p) \hat{a}^\dagger(k' - k) \hat{a}(k'/2 - p) \hat{a}(k/2 + p) \right\},
\]

with a momentum-dependent mediated interaction \( V_{\text{eff}}(p, k) \) and \( \mu = \mu_F - n_B g_F a_B \). According to equation (14), we consider the interaction potential

\[
V_{\text{eff}}(p, k) = -V_0 \frac{1}{\sqrt{|p| + |k|} + 2\xi^2},
\]

with \( V_0 = 2\xi^2 n_B m_B \). After symmetrizing the BCS Hamiltonian properly, we apply the Bogoliubov transformation and find a new basis of operators (see appendix A for details) to build the diagonal form

\[
\hat{H}_F^{\text{BCS}} = \sum_p E_p \hat{\Delta}_p \hat{\Delta}_p^\dagger + \frac{1}{2} \sum_p \left\{ \frac{\Delta_p^2}{E_p} [1 - 2n_F(E_p)] + (\epsilon_p - E_p) \right\},
\]

with the energy dispersion \( E_p = \sqrt{\epsilon_p^2 + \Delta_p^2} \) and the occupation function \( n_F(E_p) = [\exp(\beta E_p) + 1]^{-1} \) of the Bogoliubov modes, where \( \beta = (k_B T)^{-1} \). As shown in appendix A, now we can also write the gap in terms of the mean value over this new basis, to obtain

\[
\Delta_p = -\int \frac{d^2k}{(2\pi)^2} V_{\text{eff}}(p, k) \frac{\Delta_k}{2E_k} [1 - 2n_F(E_k)],
\]

5. GAP equation

To solve the integral equation for a momentum-dependent pairing gap in equation (19), it is convenient to use the 2D partial-wave expansion of the effective potential [19, 20],

\[
V_{\text{eff}}(p, k) = \sum_{\ell} V_{\text{eff}}^{(\ell)}(p, k) \cos(\ell(\theta - \varphi)),
\]

with \( \ell \) integer, \( p = |p|, k = |k| \), and where we associated the angles \( \theta_p = \theta \) and \( \theta_k = \varphi \). Because we are assuming low-energy processes, with the scattered momentum close to the Fermi surface, it is reasonable to consider \( p \sim k = k_F \) in the coefficients of equation (20). For \( \ell = 1 \), considering the even parity of the potential, we have
to obtain $V_{\text{eff}}(k_F) = \frac{1}{\pi^2} \int \int \frac{-V_0 \cos \phi \cos \theta}{\sqrt{2\xi^2 + 2k_F^2[1 - \cos(\theta - \phi)]}} d\theta d\phi$

$$= \frac{2\sqrt{2}}{\pi} V_0 \xi \mathcal{F}(k_F \xi),$$

where

$$\mathcal{F}(X) = \frac{E[-2X^2] - (1 + X^2) K[-2X^2]}{X^2},$$

with $E[X]$ the complete elliptic integral, $K[X]$ the complete elliptic integral of the first kind, and $X = k_F \xi$ (see the inset of figure 2). Since in the weak-coupling limit one expects that the mixing of different angular momentum $\ell$ will be small, we are in a position to solve the gap equation by applying the pure $\ell$-type ansatz $\Delta_{\ell} = \ell^{\ell} e^{i\ell\theta}$ in equation (19). That gives

$$\Delta^{(\ell)} e^{i\ell\theta} = -\int \frac{d^k k}{(2\pi)^2} V_{\text{eff}}(p, k) \ell^{\ell} e^{i\ell \theta} \left[1 - 2n_F(E_k)\right]$$

$$= -\int \frac{kdkd\varphi}{(2\pi)^2} \sum_{\ell'} V_{\text{eff}}^{(\ell')}(k_F) \cos[\ell' \theta - \varphi]\frac{\ell^{\ell'} e^{i(\ell' - \ell)\theta}}{2E_k} \left[1 - 2n_F(E_k)\right].$$

Analytical solutions for $\Delta_{\text{Max}}$ and $T_c$ can be obtained in two limiting cases: (1) $T \to 0$, where we have the maximum gap value, and (2) $T \to T_c$, where the gap goes to zero. For the first limit, we find $E_k = \sqrt{\xi^2 + |\ell^{\ell'}|^2}$ and $n_F(E_k) \to 0$. Then, applying the orthogonality condition given by the angular integral of equation (23), we eliminate the sum in $\ell'$ to obtain

$$1 = -\frac{1}{(2\pi)^2} \frac{\pi}{4} V_{\text{eff}}^{(\ell)}(k_F) \int kdk \frac{1}{\sqrt{\xi^2 + |\ell^{\ell'}|^2}}$$

$$= -\frac{1}{2\pi} V_{\text{eff}}^{(\ell)}(k_F) \frac{\pi m_F}{4} \int_0^{\Lambda} d\epsilon \frac{1}{\sqrt{\epsilon^2 + |\ell^{\ell'}|^2}},$$

where we can identify the density of states in the Fermi surface $\rho_{2D} = m_F / 2\pi$ and the cut-off energy scale given by the Fermi energy of the 2D system $\Lambda \sim k_F^2 / 2m_F$. Since we consider the small-momentum regime, the fermions are scattered to states around the Fermi level. As can be seen from table 1 in the experimental section, $k_F$ is very close to the healing length $\xi^{-1}$, which characterizes the range of the interaction potential.

One can show that the induced attraction equation (17) is strongest in the $p$-wave channel. That means that the dominant pairing instability is in the channel with orbital angular momentum $\ell = 1$, and the most stable low-temperature phase, or with highest critical temperature, has $p_x + ip_y$ symmetry $[11, 19]$. We can then solve equation (24) for the maximum gap

$$\Delta_{\text{Max}} = \Delta^{(1)} = 2\Lambda \exp\left(-\frac{1}{\rho_{2D} V_{\text{eff}}^{(1)}(k_F) / 8}\right),$$

with $V_{\text{eff}}^{(1)}(k_F) = V_{\text{eff}}^{(1)}(k_F) / 8$.

The vertex renormalization for two particles in vacuum allows us to express the bare coupling parameter as $g_{\text{FB}} \to -2\pi a_{\text{eff}} / \sqrt{m_F m_{FB}}$ $[23]$, with the reduced mass $m_{FB} = m_F / (m_B + m_F)$ and the effective two-body scattering length $a_{\text{eff}}$ for a 2D–3D scattering. The latter will be a function of the original 3D scattering length $a_{3D}$ and of the axial confinement. That gives

![Figure 2. Profile of the function $\mathcal{F}(X)/X$ used to estimate the maximum gap in equation (25). Inset: harmonic $\ell = 1$ of the effective potential, i.e. $\mathcal{F}(X)$ in equation (21), as a function of $X = k_F \xi$.](image-url)
\[ V_{\text{eff}}^{(1)}(k_F) = 2 \sqrt{2} \pi \frac{m_B a^2_{\text{eff}} \xi}{m_B} F(k_F \xi). \]  

(26)

Considering \( k_F = \sqrt{4\pi n_F} \) and \( \xi = 1 / \sqrt{8\pi n_B a_B} \), we get the variable

\[ \xi k_F = \frac{1}{\sqrt{2}} \sqrt{a_B n_B}. \]  

(27)

Thus, we estimate the gap in equation (25) using

\[ \rho^{(1)}_{2D}(k_F) = \frac{2}{\sqrt{2}} \frac{m_F a^2_{\text{eff}} k_F}{8\pi m_B a_B} F(k_F \xi). \]  

(28)

For \( a_B n_B^{1/3} \sim 0.01 \) and \( a_{\text{eff}} k_F \sim 0.1 \), we consider the maximum value for \( \rho^{(1)}_{2D}(k_F) \) with \( F(X)/X \sim -0.15 \), restricting \( X \) in the interval [0.5–1.5] (see figure 2), to determine

\[ \Delta_{\text{Max}} \sim 0.01 \Lambda_c. \]  

(29)

6. Higher order correction to the effective 2D–3D interaction

The previous section shows how to optimize the gap value by manipulating the condensate density, which controls the magnitude and range of the induced potential. In addition, the importance of choosing an appropriate combination of the fermion and boson atomic masses (lighter bosonic species) to maximize the gap became clear. This issue will be further explored in section 7.

By choosing the Fermi wavelength and the healing length such that \( \xi k_F \sim 1 \), the Bogoliubov-sound \((c_0)\) and the Fermi velocities \((v_F)\) will also have close values. That requires the inclusion of higher-order diagrammatic terms in our ultracold-atoms model, which are usually disregarded in BCS studies.

In the following, we calculate the four-point function to 4th order in the interaction constant \( g_{FB} \)

\[ \Gamma\left(\{k_i, \tau_i\}\right) = -\left\{ T_r \hat{a}_{k_1}(\tau_1) \hat{a}_{k_2}(\tau_2) \hat{a}_{k_3}^\dagger(\tau_3) \hat{a}_{k_4}^\dagger(\tau_4) e^{-\int_0^\beta d\tau_i \mathcal{H}^{(\tau_i)}} \right\}. \]  

(30)

We start with the interaction between the fermions in 2D and the ‘phonons’ of the BEC in 3D as given by equations (9) and (10). Using the finite temperature formalism with the Matsubara Green’s functions, the effective interaction between the fermions in 2D is given by

\[ \Gamma_{\text{eff}}\left(\{k_i, \nu_i\}\right) = \lambda_{\text{eff}} \frac{\beta}{S} \delta_{k_1+k_2+k_3+k_4} \delta_{\nu_1+\nu_2+\nu_3+\nu_4} \prod_{i=1...4} G_0(k_i, \nu_i), \]  

(31)

with the free-fermion propagator \( G_0 \). As seen before, the second-order expansion in the coupling \( g_{FB} \) provides

\[ \Gamma^{(2)}(\{k_i, \nu_i\}) = \frac{\beta}{g_{FB}^2} \delta_{k_1+k_2+k_3+k_4} \delta_{\nu_1+\nu_2+\nu_3+\nu_4} \times \sum_{q_i} V_{q_i}^2 D_0(q_i, \nu_i - \nu_i) \prod_{i=1...4} G_0(k_i, \nu_i) = \frac{\beta}{S} \frac{g_{FB}^2 m_B}{\sqrt{|k_1 - k_4|} + 2\xi^2} \delta_{k_1+k_2+k_3+k_4} \delta_{\nu_1+\nu_2+\nu_3+\nu_4} \prod_{i=1...4} G_0(k_i, \nu_i) \]  

(32)

where \( q_i = (k_i - k_4, q_i) \) and we applied the static limit to the Bogoliubov-mode propagator \( D_0 \).

Within a higher-order expansion, we obtain the self-energy bubble diagram (see the details of the calculation in appendix B)

\[ \Gamma^{(4)}_{\text{RPA}}(\{k_i, \nu_i\}) = \frac{4g_{FB}^4 m_B^2}{|k_1 - k_4| + 2\xi^2} \sum_p \frac{n_p(\epsilon_p) - n_p(\epsilon_p + k_{1} - k_{4})}{\epsilon_q - \nu_i + \epsilon_p - \epsilon_{p+k_{1}-k_{4}} \delta_{k_1+k_2+k_3+k_4} \delta_{\nu_1+\nu_2+\nu_3+\nu_4} \prod_{i=1...4} G_0(k_i, \nu_i)} \]  

(33)

where we identify the static polarization-bubble diagram in 2D

\[ P_0(k_1, k_2) = \frac{1}{S} \sum_p \frac{n_p(\epsilon_p) - n_p(\epsilon_p + k_1 - k_2)}{\epsilon_p - \epsilon_{p+k_1-k_2}}. \]  

(34)

For \( |k_1 - k_4| < 2k_F \), i.e., the external momenta in the Fermi surface, we can easily calculate the RPA series, which yields

\footnote{We considered the Fermi–Bose mixtures $^{87}\text{Sr} – ^{7}\text{Li}$ and $^{171}\text{Yb} – ^{7}\text{Li}$, assuming $a_{\text{eff}} \sim 20a_0$ and with the density of $^7\text{Li}$ limited to $n_{\text{B}} \sim 10^{14}$ atoms cm$^{-2}$.}
where we defined $\lambda_0 = -V_0 / \sqrt{|k_1 - k_d|^2 + 2\xi^{-2}}$ and $P_0 = -m_F / 2\pi = -\rho_{2D}$. For $\lambda_0 P_0 < 1$, we find
\[
\lambda_{\text{eff}}^{\text{RPA}} = \frac{\lambda_0}{1 - \lambda_0 P_0} = \frac{-V_0}{\sqrt{|k_1 - k_d|^2 + 2\xi^{-2}} - V_0 \rho_{2D}}.
\]
Replacing equation (17) by the effective potential coming from the RPA correction in equation (36), we obtain an increase in the gap magnitude, as predicted by equation (25) (see also appendix B and figure 3). Since we consider $\lambda_0 P_0$ smaller than one, we do not expect any phase instability driven by a divergence of $\lambda_{\text{eff}}^{\text{RPA}}$ caused by the vanishing of the denominator of equation (36).

The critical condition given by equation (25) can be obtained alternatively through the singularity in the effective interaction, which appears when the total vertex function is calculated in the Fermi surface, considering small total momentum of the colliding particles [17, 20, 24]. In this case, the $\ell'$th harmonic in the exponent of equation (25) will be associated with the irreducible part of the vertex. Here, we determined its $\ell' = 1$ projection solving the Bethe–Salpeter integral equation for the ladder-series contribution. To build the series, we start with the 4th-order vertex-correction, which reads
\[
\Gamma^{(4)}(k_i, \nu_i) = \frac{2q_F^4 m_F^2 m_B}{\sqrt{|k_1 - k_d|^2 + 2\xi^{-2}}} \frac{1}{2\pi q_F} \int_{q_F} q \frac{v_F (\omega_q)}{\omega_q^2} \left(\omega_q + \epsilon_p + \epsilon_{p+k_1-k_i}\right) \prod_{j=1}^{7} G_0(k_i, \nu_i),
\]
with $\omega_q = \frac{q}{2m_F} \sqrt{q^2 + 2\xi^{-2}}$ and $\omega_q \equiv (k_1 - p, q_z)$. The first term of equation (37) is related to single-particle behavior, i.e., the scattering of real phonons, whereas the second term corresponds to virtual phonon processes. Only the latter will be relevant in our calculation, which deals with the many-body effects with the 2D momentum integration performed near the Fermi surface.

To evaluate the irreducible-vertex part around the Fermi surface, perturbation theory turns out to be insufficient and we must sum the whole ladder series of diagrams, with terms proportional to the ratio $c_i/v_F$. The resulting self-consistent vertex equation is presented and solved in the appendix B, after performing a partial expansion of the effective interaction $\chi^{\text{eff}}$ in terms of the angular components $\lambda(k_1, k_2) = \sum_{\ell} \lambda^{(\ell)}(k_F) \cos(\ell (\theta_i - \theta_i))$ [20, 24], which breaks the integral equation for the total pairing vertex to a set of decoupled algebraic equations for its partial components. Finally, we obtain the vertex correction for the component $\ell' = 1$
\[
\lambda_{\text{eff}}^{(1)}(k_F) = \frac{V^{(1)}(k_F)}{1 + \frac{1}{4} V^{(1)}(k_F) \rho_{2D} \frac{\partial X}{\partial X} \frac{1}{1 + 2X^2}},
\]
where we defined $\partial X = (1 + 2X^2) \left[1 - \frac{1}{1 + 2X^2}\right] - (1 + X^2) K \left[1 - \frac{1}{1 + 2X^2}\right]$. Remarkably, $\frac{\partial X}{\partial X} = 1$! Including the correction given by equation (38) into the gap equation, according to equation (25), we get
\[
\Delta_{\text{Max}}^{\ell'} = 2 \Lambda_{\ell'} \exp\left(\frac{8}{\rho_{2D} V^{(1)}(k_F)} + 2\right) \sim 7.4 \Delta_{\text{Max}}^{\ell'}.
\]
This is the main result of this paper: the inclusion of higher-order diagrams, usually neglected due to their complexity, actually increases the $p$-wave gap by one order of magnitude and brings it to the verge of experimental possibilities.

7. Experimental implementation

We now discuss the experimental feasibility of our proposal. We first examine which quantum gas mixtures are suitable to implement it, then present a scheme for a mixed-dimensional trap, and finally we summarize the experimental proposals to detect a $p$-wave superfluid.
The most important criterion to choose the mixture is that the critical temperature for \( p \)-wave superfluidity \( T_{c}^{p} \) has to be experimentally reachable [25]. As guidance, we note that BECs have been evaporatively cooled to \( T \approx 0.027 \) nK [26] and Fermi gases with \( T / T_{c} \leq 0.05 \) have been reached [27]. We maximize \( T_{c}^{p} / T_{c} = \gamma_{\text{eff}} V_{\text{Max}} / T_{c} \) [14] under constraints imposed by the validity of our theory and experimental constraints (\( \gamma \): Euler’s constant \( \approx 0.57 \)). The static approximation requires that \( \alpha = v_{f} / c_{l} < 1 \) [15, 28]. In addition, since the effective potential has been obtained within a perturbative treatment, it is necessary that \( \gamma_{\text{eff}}^{2} < (8 \pi \mu \gamma_{\text{BEC}})^{1/2} \).

Hence, the boundaries of validity of our theoretical studies request \( \gamma_{\text{BEC}} = a_{B} \eta_{B}^{1/3} > 3 \times 10^{-3} \) and \( \gamma_{\text{eff}} = a_{\text{eff}} \eta_{B}^{1/3} < (8 \pi \gamma_{\text{BEC}})^{1/4} \approx 0.4 \). To be in the superfluid regime we finally require \( T_{c}^{p} < T_{KT} \), where \( T_{KT} \) is the Kosterlitz-Thouless transition temperature [29, 30]. Since \( T_{c}^{p} / T_{c} = 8.42 \exp(-1/|\mu_{2D} V_{\text{BEC}}^{(1)}|) \) increases monotonically with \( Y = |\mu_{2D} V_{\text{BEC}}^{(1)}| \) it is sufficient to maximize \( Y \), which can be expressed as

\[
Y = \frac{1}{\sqrt{4 \pi}} \left( 1 + \frac{m_{B}^{3/2}}{m_{c}^{3/2}} \right) \frac{\gamma_{\text{eff}}^{2}}{\sqrt{\gamma_{\text{BEC}}}} |F(X)|, \tag{40}
\]

with \( X = \alpha (m_{c} / m_{B}) / \sqrt{2} \). For large \( Y \), a high mass ratio \( m_{c} / m_{B} \) should be selected, provided that \( \alpha \) is chosen close to \( \alpha_{\text{max}} = 3.56 \). Finally, a low value of \( \gamma_{\text{BEC}} \) is desired and we choose a value close to its minimum.
high value of $\gamma_{\text{eff}}$ has to be achieved. In order to increase $\gamma_{\text{eff}}$, we opt for the rather high value of $n_B = 6 \times 10^{14}$ atoms cm$^{-3}$ and the relatively low value of $a_{\text{eff}} = 204 a_0$, where $a_0$ is the Bohr radius. The motivation for choosing a large density is that $T_F$ increases with $n_B$. On the other hand, low values of $a_{\text{eff}}$ are more likely available in experiments than large values, and they can be reached without Feshbach or confinement induced resonances. Far from the resonances, the scattering length is given approximately by $a_{\text{eff}} \sim \sqrt{m_B/m_B} a_{FB}$ [23, 31, 32].

Further limitations arise from experimental constraints. In our scheme, a few thousand fermions will be sympathetically cooled by a much larger bath of evaporatively cooled bosons. To effectively implement evaporative and sympathetic cooling, a sufficient rate of elastic collisions and low rates of heating and loss are required. These conditions limit the range of suitable interaction properties, the gas densities, and the trap designs. An upper limit on $n_B$ is imposed by the requirement to keep the BEC in the 3D regime for the finite number of bosons available. A lower limit on $a_B$ is imposed by the requirement of a sufficient elastic collision rate between bosons $\Gamma_B \propto n_B a_B^2$. Together, these requirements lead to an additional, experimental, lower limit on $\gamma_{\text{BE}}$. Attention has also to be given to the rate of 3-body losses involving one fermion and two bosons ($\Gamma_{3BF} \propto n_B^2 a_B^3$ [33, 34]), even considering the important role played by the mixed dimensionality in inhibiting the interspecies molecular formation [11].

We now discuss possible choices of elements for the mixture. Since $m_F/m_B$ should be large, we limit our choice of bosons to the lightweight isotopes that have been Bose condensed, $^3\text{He}$, $^7\text{Li}$, and $^{23}\text{Na}$. Among those, $^7\text{Li}$ has the great advantage of possessing a broad Feshbach resonance, with which $a_B$ can be tuned [21, 22, 35, 36]. Feshbach resonances in $^3\text{He}$ and $^{23}\text{Na}$ are expected or known to be accompanied by strong losses [37–41]. In the following, we use the triplet-scattering length for $^4\text{He}$ and $^{23}\text{Na}$ [42, 43]. Considering BEC densities for which inelastic collisions limit the BEC lifetime to 10$s$ [44–46], fermion masses up to the mass of the heaviest naturally occurring fermionic isotope ($^{23}\text{U}$) and $a_{\text{eff}} = 600 a_0$ we find that $T_F^c/T_F < 10^{-2}$ for these bosons. Only larger values of $a_{\text{eff}}$ might make them suitable for our purposes.

We therefore limit our considerations to $^7\text{Li}$. This choice makes it possible to decrease $a_B$ and thereby increase $T_F^c/T_F$. To choose the fermionic element we plot in figure 4(a) $T_F^c/T_F$ and $T_F^c$ as a function of $m_F$. Fermionic isotopes that have been cooled to quantum degeneracy and for which the experimentally relevant regime $T_F^c/T_F > 0.05$ can be reached are $^{173,174}\text{Yb}$, $^{164}\text{Dy}$, and $^{166}\text{Er}$ [47–52]. A drawback of having to choose such heavy elements could be that they are not well sympathetically cooled by the lightweight Li because during each elastic collision, the energy transfer from the fermion to the boson is suppressed by $4m_F m_B/(m_F + m_B)^2 \sim 0.15$ [53]. A benefit of Dy and Er compared to Yb is that several interspecies Feshbach resonances will likely be available across the broad $^7\text{Li}$ Feshbach resonance, making it possible to tune $a_B$ and $a_{FB}$ somewhat independently and to access large values of $a_{FB}$ which would also make tuning of $a_{\text{eff}}$ by confinement induced resonances possible.

Nevertheless, since $^{173,174}\text{Yb}–^4\text{Li}$ mixtures are already available in the lab [54, 55], we concentrate our discussion now on $^{171,173}\text{Yb}–^7\text{Li}$. Adapting the existing machines to operate with $^7\text{Li}$ instead of $^6\text{Li}$ should be straightforward. There are two fermionic Yb isotopes readily available, each providing a chance of possessing suitable interspecies interaction properties with $^7\text{Li}$. Figure 4(b) shows the dependence of $T_F^c/T_F$ and $T_F^c$ on $n_B$ and $a_{\text{eff}}$. Choosing $a_B = 8a_0$, leads to the system parameters given in table 1. The dotted lines in figure 4 are an estimation of the Kosterlitz–Thouless transition temperature, which is given by [29, 36]

$$T_{KT} = 4\pi \frac{\hbar^2}{2m} n \ln^{-1} \left[ \ln \left( \frac{1}{n a^2} \right) \right]$$

(41)

where $m$ and $n$ are the mass and density of the superfluid species, while $a$ characterizes the range of the interaction. In particular, for our case of fermionic–pair formation, the interaction between fermions that will form the Cooper pairs is proportional to $a_{FB}^2$, with $m = 2m_B$ and $n \sim n_F/2$. Equation (41) is valid for small interaction parameters $a_B$ and $a_{FB}$—the first makes the range of the potential long enough, such that the superfluid fraction achieves its maximum value [12, 13].

The critical temperature $T_F^c = 0.07 T_F = 9.5$ nK is in the regime of temperatures that have already been achieved experimentally, albeit in systems with larger elastic scattering length. However, $T_F^c/T_F^{\text{FTC}} = 5 \times 10^{-4}$ is more than one order of magnitude lower than what has been reached so far. To enhance evaporative cooling, it might be useful to first evaporate at a scattering length above 100 $a_0$ and to tune the scattering length to a lower value only when approaching the required low temperature, while compressing the gas at the same time. In doing so, one could even profit from a Li 3-body recombination minimum at $a_B = 119 a_0$ [22].

7.2. Trap configuration

Next, we consider suitable trap configurations for the mixture. Whereas the bosons explore a 3D trap, the fermions have to be effectively confined in 2D by a harmonic trap of frequency $\nu_{\perp,F}$, which requires $h\nu_{\perp,F} - E_F \gg k_B T$. The sample should be as homogeneous as possible to avoid inhomogeneous broadening of $p$-wave superfluidity signals, especially because the number of fermions will be low. Efficient evaporative cooling
of the bosons should be possible in order to reach low temperatures. We now take these requirements into account to design an optical dipole trap for the mixture, where we orient the 2D plane of the fermions in the horizontal direction, see figure 5(a).

The bosonic lithium surrounds the fermions and can be confined by a Gauss-beam dipole trap using a wavelength of 1064 nm. To reach a temperature $T$ by evaporation, the trap depth in the vertical direction $U_{\perp,B}$ should be $\mu_{\text{BEC}} + \eta k_B T$, where $\mu_{\text{BEC}}$ is the chemical potential of the BEC, and $\eta \sim 5$ [59]. In order to provide a homogeneous vertical trap frequency across the cloud, the horizontal waist should be much larger than the cloud and the vertical Rayleigh length $2\lambda_R$ much longer than the horizontal sample size. The latter requirement and the additional requirement $\hbar \omega_{\perp,B} \ll \mu_{\text{BEC}}$ are only fulfilled if the vertical waist is larger than a minimum size. At the same time, the vertical waist should not be too large in order to limit the size of the $^7\text{Li}$ sample in the vertical direction, thereby reducing the required number of $^7\text{Li}$ atoms. Gravitational sag of the bosonic cloud is compensated by placing the focus of the Gauss beam slightly above the plane of the fermions. The Gaussian-beam trap creates a nearly constant potential on the fermions, since they explore only a small region in the center of the trap. A constant potential offset is irrelevant and we can therefore ignore the influence of the Gauss-beam dipole trap on the fermions.

To provide homogeneous confinement for bosons and fermions in the horizontal plane, repulsive dipole trap walls can be erected around the sample using vertically propagating Gauss beams [60, 61]. Four such beams can form a rectangular box with a size of $\sim 10 \mu m$ around the sample, if the waist of the beams is elongated along the sides of the rectangle ($w_{\perp,B}$ of a few $\mu m$) and is narrow orthogonal to that direction ($w_{\parallel,B} \sim 2 \mu m$). This rectangular potential box also serves to select the most homogeneous central region of the traps that are used to confine bosons and fermions vertically. The sample density can easily be changed by moving the vertical walls towards each other, which is useful to do while $a_B$ is reduced to a low value. If in further studies a cylindrically symmetric system is required, for example to enable the creation of vortices [62], a Laguerre–Gaussian beam can be used to confine the atoms horizontally [61, 63, 64].

The confinement of the fermions in quasi-2D is most conveniently done using optical lattices. In comparison to other trap configurations, such as a Hermite–Gaussian beam [60, 65], it is easier to create a more homogeneous confinement in the 2D plane by increasing the diameter of the lattice beams. In order to populate only a single plane of the lattice with fermions, one can use the techniques of [66–69].

The deep dipole potential used to confine the fermions in 2D may only have a negligible effect on the bosons. The parasitic potential on the bosons $U_{\text{lattice},B}$ must be much smaller than $\mu_{\text{BEC}}$. This challenge has been met by species-specific dipole traps using a ‘tune-out’ wavelength, for which the AC polarizability of one species is zero [31, 32, 70, 71]. Unfortunately, this technique does not work for $^7\text{Li}$ because its ‘tune-out’ wavelength is too close to an atomic transition, leading to detrimental off-resonant scattering for the required trap depths [70]. Another option is to use a ‘tune-in’ wavelength, close to an Yb transition and far detuned from any Li transition [70].
this situation, the potential on Yb $U_{\text{lattice,Yb}}$ can exceed the potential on Li many times. This technique is suitable for our situation, but will limit the lifetime of the fermionic cloud to a few seconds by off-resonant scattering. If this limit is significant depends on the other factors limiting the lifetime of the system, especially the unknown 3-body loss rate $\Gamma_{BB}$. If the lifetime limit imposed by a ‘tune-in’ lattice is too severe, a bichromatic dipole trap can be used, consisting of two optical lattices that both confine Yb, but compensate each other for Li. This technique overcomes the possibly excessive off-resonant scattering and replaces it by the technical challenge of creating two lattices with very well controlled intensity profiles. We will explore this scheme in the following. We chose optical lattices with wavelengths of 470 and 1064 nm, which are both attractive for Yb. In contrast, for Li only the 1064 nm lattice is attractive, the other is repulsive, see figure 5(b). In order for the lattice potentials to add up for Yb and cancel sufficiently for Li, the intensity profile of both lattices need to be nearly identical in the region of the atomic clouds. The lattice-well spacing must be the same, and the intensity maxima need to overlap. The lattice spacing can be adjusted by the angle between the two lattice beams of each wavelength. Using an angle of 60° between the two beams forming the 1064 nm lattice leads to a lattice spacing of 1064 nm. The same spacing is reached for the 470 nm lattice if the two corresponding beams intersect at an angle of 25.5°, see figure 5(a). The position of the intensity maxima along the lattice direction (the vertical direction) depends on the phase difference between the two beams forming a lattice. This phase difference has to be stabilized interferometrically for each lattice to a common reference, combining methods from [72, 73]. In order for the two lattice potentials to cancel for the bosons, the intensity of the 470 nm lattice beams has to be 1.8 times the intensity of the 1064 nm lattice beams. For Yb the two lattice potentials add up, giving a total potential that is 1.2 times larger than the potential of the 470 nm lattice alone. This total potential needs to confine Yb in quasi-2D and be also deep enough to suppress tunneling of Yb to neighboring lattice planes, see figure 6. The cancelation of the lattice potential for the bosons will not be perfect because of intensity and phase fluctuations leading to deviations from the ideal configuration. Phase fluctuations of 90 mrad or intensity imbalances of 9% lead to a residual potential on the order of 10% of $\mu_{\text{BEC}}$. This parasitic potential would be tolerable if the timescale of fluctuations is large enough to avoid heating of the sample. In principle, we could have chosen a wavelength for L2 that is further away from the Yb transition, e.g. 532 nm, which would reduce off-resonant scattering and simplify phase locking of the laser sources used for L1 and L2. All the same, we chose 470 nm because at that wavelength we are profiting from less parasitic potential of L2 on Li, reducing the amount of compensation needed from L1. As a result, the overall parasitic potential created for a given intensity or phase mismatch between L1 and L2 is reduced.

Example parameters for the bichromatic dipole trap and important results of using this trap for the Li–Yb mixture are given in table 2. The $^7$Li atom number available in current experiments ($3 \times 10^4$ atoms [36]) is sufficient for a square sample of 10 $\mu$m size. A sample of this size contains about 700 fermions. If this proposal is
realizable depends to a large extend on the unknown elastic and inelastic scattering properties of Li–Yb. Similar schemes can be applied to other mixtures, such as Li–Dy or Li–Er, for which some interspecies interaction tuning should be possible.

7.3. Detection of \( p \)-wave superfluidity

There are some predictable signatures for the experimental detection of the \( p_\pm + iq_\parallel \) superfluid phase. Particularly, the density of state (rf absorption spectrum) of a rotating weak pairing \( p_\pm + iq_\parallel \) phase is expected to exhibit a set of gapless modes [76], which are a direct consequence of the zero-energy Majorana modes on the vortices. The rf-spectroscopy can be also applied to detect Majorana edge states of the topological superfluid in a 2D square lattice [77]. On the other hand, the time-reversal symmetry broken signature of the chiral \( p_\pm + iq_\parallel \) fermionic superfluid can be detected with time-of-flight image of the atomic density distribution: an external effective electric field (i.e., dipole interaction between the neutral atoms in the superfluid and the laser field) brings a nonzero antisymmetric transverse mass current in the velocity distribution of the atoms [78].

8. Conclusion

In the present work, we explored the feasibility of a \( p \)-wave superfluid by using a Fermi–Bose mixture in a mixed-dimension configuration, where \( p \)-wave interaction between spin-polarized degenerate fermions in 2D is
induced indirectly, through the scattering of the Bogoliubov modes of condensed bosons moving in 3D. We have shown that, even in the weak-coupling regime, the appropriate renormalization of the phonon propagator (BEC modes) with particle-hole fluctuations and the vertex correction significantly increase the gap and the predicted critical temperature for the fermion–pair formation.

It is important to remark that we adopt a minimum value for $\gamma_{\text{BEC}} \sim a_B n_B^{1/3}$, which yields $v_F / c_s \leq 1$, thus allowing to disregard retardation effects. According to Wu and Bruun [13], who performed calculations including retardation but no vertex correction to determine $T_{\text{MF}}$, in the limit $v_F / c_s \leq 1$, it holds that $T_{\text{MF}} \sim T_{\text{BCS}}$ (see figure 2 in the cited reference), which confirms the validity of our approximation.

We neglected decay of the BEC phonons, like the Beliaev damping and the lifetime due to the scattered particle–hole pairs of the degenerate fermionic sample. The Beliaev damping is given by the boson–boson scattering potential, resulting in a phonon lifetime proportional to $g_B$ [79, 80]. In the small-momentum regime, however, the Beliaev decay mechanism is strongly suppressed [79]. On the other hand, if we consider the phonon dressed by particle-hole fluctuations of the Fermi sea, it will have a lifetime proportional to $g_B^2$. In the static limit considered in the paper, however, the lifetime is infinite (see appendix B for details). Hence, we conclude that there is no damping mechanism that could hamper the stability of the BEC in the chosen regime of parameters.

Exploiting the difference in polarizability and mass of the atomic species, and by optimizing the density $n_B$ and the scattering length $a_B$ of the bosons, our work sets the boundary for the experimental realization of a $p$-wave superfluid within the reachable limit of $T_F = 0.05 T_F$. It identifies a realistic route and provides the details to the accomplishment and manipulation of this long-sought fascinating chiral-superfluid phase in the realm of ultracold atoms in optical lattices.

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Appendix A. Bogoliubov transformation in the BCS Hamiltonian

Starting with the definition
\[
\hat{A}(k, p) = \hat{a}(k/2 - p)\hat{a}(k/2 + p),
\] (A1)
we can apply a mean-field approach in equation (16) and replace the pair operator $\hat{A}(k, p)$ by $\hat{A}(k, p) = \hat{\alpha}(k, p)$ (similar expression for its conjugate), with $\langle \hat{A}(k, p) \rangle = \hat{\delta}_{k, 0} \langle \hat{a}(-p)\hat{a}(p) \rangle$ and $\langle \hat{A}^\dagger(k, p) \rangle = \hat{\delta}_{k, 0} \langle \hat{a}^\dagger(p)\hat{a}^\dagger(-p) \rangle$. Holding terms up to the first order in the fluctuations of this field (neglecting $O((\hat{\delta}\hat{A})^n)$, $n > 1$), we find
\[
H^{\text{BCS}}_F = \int \frac{d^3p}{(2\pi)^3} \left\{ \epsilon_p \hat{a}^\dagger(p)\hat{a}(p) + \frac{1}{2} \Delta_p^\dagger \hat{a}(-p)\hat{a}(p) \right\} - \frac{1}{2} \left[ \Delta_p^\dagger \hat{a}(-p)\hat{a}(p) + \Delta_p \hat{a}^\dagger(p)\hat{a}^\dagger(-p) \right],
\] (A2)
with $\epsilon_p = p^2 / 2m_F - \mu$ and the order parameter (or momentum-dependent gap) expressed as
\[
\Delta_p = -\int \frac{d^3k}{(2\pi)^3} V_{\text{eff}}(p, k) \langle \hat{a}(-k)\hat{a}(k) \rangle,
\] (A3)
where we consider the interaction potential
\[
V_{\text{eff}}(p, k) = -V_0 \frac{1}{\sqrt{|p| - |k|}^2 + 2\zeta^{-2}},
\] (A4)
with $V_0 = 2g_B^2 n_B m_B B$. Before applying the Bogoliubov transformation, let us first symmetrize this BCS Hamiltonian properly. It is easier to go further with this process in the discrete-momentum space, summing over half of the $k$-space $\sum_k \rightarrow \frac{1}{2} \sum_k$.
\[ \hat{H}_F^{\text{BCS}} = \sum_p \left[ \epsilon_p \hat{a}_p^+ \hat{a}_p - \frac{1}{2} \left( \Delta_p^* \hat{a}_{-p} \hat{a}_p + \Delta_p \hat{a}_p^+ \hat{a}_{-p}^+ \right) + \frac{1}{2} \Delta_p^* \langle \hat{a}_{-p} \hat{a}_p \rangle \right] \]

\[ = \sum_p \left[ \epsilon_p (\hat{a}_p^+ \hat{a}_p + \hat{a}_p \hat{a}_{-p}^+) - (\Delta_p^* \hat{a}_{-p} \hat{a}_p + \Delta_p \hat{a}_p^+ \hat{a}_{-p}^+) + \frac{1}{2} \Delta_p^* \langle \hat{a}_{-p} \hat{a}_p \rangle, \right. \]

(A5)

where we used the property \( \Delta_{-p} = -\Delta_p \), which is simple to prove if we consider that \( V_{\text{eff}}(-p, -k) = V_{\text{eff}}(p, k) \) and \( V_{\text{eff}}(-p, -k) = V_{\text{eff}}(p, k) \), as can be promptly verified from equation (A4).

Now, we apply the canonical transformation

\[ \hat{a}_p = u_p \hat{a}_p + v_p \hat{a}_{-p}^+, \]
\[ \hat{a}_p^+ = -v_p \hat{a}_p + u_p \hat{a}_{-p}^+, \]

(A6)

with \( |u_p|^2 + |v_p|^2 = 1 \). To diagonalize the transformed Hamiltonian, we set the coefficients of the off-diagonal terms to zero, \( 2 \epsilon_p u_p v_p - \Delta_p^2 u_p^2 + \Delta_p v_p^2 = 0 \). Multiplying this equation by \( \Delta_p / u_p^2 \), we get

\[ 2 \epsilon_p \frac{\Delta_p v_p}{u_p} = |\Delta_p|^2 - \left( \frac{\Delta_p v_p}{u_p} \right)^2 = 0 \]

(A7)

and then

\[ \frac{\Delta_p v_p}{u_p} = E_p - \epsilon_p \]

(A8)

with the energy dispersion \( E_p = \sqrt{\epsilon_p^2 + |\Delta_p|^2} \). Using the conjugate of equation (A8), we can prove that \( \frac{|v_p|}{|u_p|} = E_p - \epsilon_p \). Now, with the previous relation for the parameters \( u_p \) and \( v_p \), we find

\[ |u_p|^2 = 1 - |v_p|^2 = \frac{1}{2} \left[ 1 - \frac{\epsilon_p}{E_p} \right] \]

(A9)

Finally, we can build the diagonal form

\[ \hat{H}_F^{\text{BCS}} = \sum_p E_p (\hat{a}_p^+ \hat{a}_p + \hat{a}_p \hat{a}_{-p}^+) + \sum_p \left[ \frac{\Delta_p^2}{u_p^2} \left( \hat{a}_{-p}^+ \hat{a}_p + \langle \hat{a}_{-p} \hat{a}_p \rangle \right) + (\epsilon_p - E_p) \right]. \]

(A10)

Considering \( \langle \hat{a}_{-p} \hat{a}_p \rangle = -u_p v_p \langle \hat{a}_p^+ \hat{a}_p \hat{a}_{-p}^+ \rangle + u_p v_p \langle \hat{a}_p \hat{a}_{-p}^+ \rangle \), with \( \langle \hat{a}_p^+ \hat{a}_p \rangle = n_p(E_p) = [\exp(\beta E_p) + 1]^{-1} \), where \( \beta = (k_B T)^{-1} \), we obtain the final result

\[ \hat{H}_F^{\text{BCS}} = \sum_p E_p \hat{a}_p^+ \hat{a}_p + \frac{1}{2} \sum_p \left\{ \frac{|\Delta_p|^2}{E_p} \left[ 1 - 2n_p(E_p) \right] + (\epsilon_p - E_p) \right\}. \]

(A11)

### Appendix B. Higher-order correction to the effective 2D–3D interaction

Starting with the interaction between the fermions in 2D and the 'phonons' of the BEC in 3D (see the main text)

\[ \hat{H}_{\text{int}}(\tau) = g_{FB} \sqrt{\frac{\pi}{\xi^3}} \sum_{p_p p_r q_i} V_q \left[ \hat{\beta}_q(\tau) + \hat{\beta}_{-q}(\tau) \right] \hat{\beta}_p(\tau) \hat{a}_{p}(\tau), \]

(B1)

where \( q \equiv (p_1 - p_2, q_2) \) and

\[ V_q = \frac{q^2}{q^2 + 2\xi^2} \]

(B2)

In the following we calculate the four-point function to 4th order in the interaction constant \( g_{FB} \)

\[ \Gamma((k_i, \tau_1)) = -\left\{ T_{\tau} \hat{a}_{k_i}(\tau_1) \hat{a}_{k_j}(\tau_2) \hat{a}_{k_j}^+ \hat{a}_{k_i}^+ e^{-i \int_0^\tau \hat{H}_\text{int}(\tau)} \right\}, \]

(B3)

which corresponds to the Feynman diagrams shown in figure B1. We consider the effective interaction between the fermions in 2D, with the free-fermion propagator given by \( G_0 \)

\[ \Gamma_{\text{eff}}((k_i, \nu_1)) = \lambda_{\text{eff}} \frac{1}{S} \delta_{k_{i} + k_{j} + k_{i} + k_{j}} \beta \delta_{\nu_{1} + \nu_{2} + \nu_{3} + \nu_{4}} \prod_{i=1}^{4} G_0(k_i, \nu_i). \]

(B4)
The second-order expansion in the coupling $g_{FB}$ provides

\[ q \equiv (k_1 - k_4, q_z) \]

\[
\Gamma^{(2)}(\{k_i, \nu_i\}) = \frac{1}{V g_{FB}^2 n_B^2} \sum_{q_i} V_q^2 D_0(q, \nu_1 - \nu_4) \delta_{k_1+k_3+k_4} \beta_{\nu_1+\nu_2+\nu_3+\nu_4} \prod_{i=1}^{4} G_0(k_i, \nu_i)
\]

\[ = -2 g_{FB}^2 n_B m_P \frac{1}{\sqrt{|k_1 - k_4|^2 + 2 \xi^2}} \sum_{p} \delta_{k_1+k_3+k_4} \beta_{\nu_1+\nu_2+\nu_3+\nu_4} \prod_{i=1}^{4} G_0(k_i, \nu_i), \]  

(B5)

where we used static approximation to the Bogoliubov-mode propagator $D_0$.

**B.1. RPA correction**

At higher-order expansion, we obtain for the diagram in figure B1 (b)

\[
\Gamma^{(4)}_{\text{RPA}}(\{k_i, \nu_i\}) = \frac{g_{FB}^4 n_B^4 m_P^2}{V^2} \sum_{q_2, q_3} V_{q_2}^2 V_{q_3}^2 D_0(q_2, i \nu_2 - i \nu_3) D_0(q_3, i \nu_4 - i \nu_3) \prod_{n} \delta_{n} G_0(p + k_4 - k_1, \nu_4 - \nu_1 + \nu_2) G_0(p, \nu_3), \]  

(B6)

with $q_2 = (k_2 - k_3, q_{z2})$ and $q_3 = (k_4 - k_1, q_{z3})$, which eventually leads to

\[
\Gamma^{(4)}_{\text{RPA}}(\{k_i, \nu_i\}) = \frac{4 g_{FB}^4 n_B^4 m_P^2}{\sqrt{|k_1 - k_4|^2 + 2 \xi^2}} \sum_{p} \frac{n_f(\epsilon_p) - n_f(\epsilon_{p+k_4-k_1})}{\nu_4 - \nu_1 + \epsilon_p - \epsilon_{p+k_4-k_1}} \prod_{i=1}^{4} G_0(k_i, \nu_i), \]  

(B7)

Now we will solve the ‘polarization bubble’ in 2D

\[ P(k, i \nu) = \int \frac{d^2p}{(2\pi)^2} \frac{n_f(\epsilon_p) - n_f(\epsilon_{p+k})}{i \nu + \epsilon_p - \epsilon_{p+k}} \]  

(B8)

Before we integrate in momentum space, we simplify the above expression by changing the variable in the second term to $p' = p + k$. We then obtain

\[ P(k, i \nu) = \int \frac{d^2p}{(2\pi)^2} \frac{n_f(\epsilon_p)}{(i \nu + \epsilon_p - \epsilon_{p+k}) - (i \nu + \epsilon_{p-k} - \epsilon_p)} \]  

(B9)

Since we are interested in the zero-temperature limit, we consider the analytic continuation $i \nu \rightarrow \nu + i \delta$, with $n_f(\epsilon_p) \rightarrow \Theta(\mu - \epsilon_p)$. Then, we focus on the real part of equation (B9)

\[ \text{Re} P(k, \nu) = -\int_0^{k_F} \frac{dp}{2\pi} \int_{-\pi}^{\pi} \frac{d\theta}{2\pi} \frac{2\xi_k}{\epsilon_k^2} \left( \frac{2k}{m_f \cos \theta} - \nu \right)^2. \]  

(B10)

Starting with the angular integral in equation (B10) (for $|k/2k_F| > m_f/k_B > 1$), after changing the variable $p \rightarrow \varepsilon = p^2/2m_f$ in the resulting integral, we obtain (see [81])
\begin{align*}
\text{Re } P(k, \nu) &= -\frac{m_F}{2\pi} \int_0^\mu \, dx \left\{ \frac{1}{(\epsilon_k + \nu)^2 - \frac{2k^2\mu}{m_F}} + \frac{1}{(\epsilon_k - \nu)^2 - \frac{2k^2\mu}{m_F}} \right\} \\
&= -\frac{m_F^2}{2\pi} \frac{1}{k^2} \left\{ \frac{1}{(\epsilon_k + \nu)^2} + \frac{1}{(\epsilon_k - \nu)^2} \right\} \\
&\text{for } k < 2k_F, \quad \text{(B11)}
\end{align*}

remembering that \( \mu = k_F^2/2m_F \). Particularly, in the static limit \( \nu = 0 \), we will have
\begin{align*}
\text{Re } P(k) &= -\frac{m_F}{2\pi} \quad \text{for } k < 2k_F,
\end{align*}
and
\begin{align*}
\text{Re } P(k) &= -\frac{m_F^2}{2\pi} \left( 1 - \sqrt{1 - \frac{4k^2}{k_F^2}} \right) \quad \text{for } k > 2k_F.
\end{align*}

Assuming \( |k_1 - k_d| < 2k_F \), we can easily calculate the RPA series, which gives
\begin{align*}
\lambda_{\text{RPA}} &= \lambda_0 + \lambda_0^2 P_0 + \lambda_0^3 P_0^2 + \ldots \\
&= \lambda_0 \left[ 1 + \lambda_0 P_0 + \lambda_0^2 P_0^2 + \ldots \right],
\end{align*}
where we defined \( \lambda_0 = -2g_{q\bar{n}d}^2 n_B m_B \sqrt{|k_1 - k_d|^2 + 2\xi^2 - 2} \) and \( P_0 = -m_F/2\pi \). For \( \lambda_0 P_0 < 1 \), we find
\begin{align*}
\lambda_{\text{RPA}} &= \frac{\lambda_0}{1 - \lambda_0 P_0} = -\frac{2g_{q\bar{n}d}^2 n_B m_B}{\sqrt{|k_1 - k_d|^2 + 2\xi^2 - 2} - \frac{\xi^2 n_B m_B}{\pi}}. \quad \text{(B15)}
\end{align*}

Now, we consider the RPA correction to calculate the projected component \( \ell' = 1 \) of the potential \( V_{\text{eff}}^{(1)} \), i.e.,
\begin{align*}
\lambda_{\text{RPA}(1)}(k_F) &= \frac{1}{\pi^2} \int_0^\pi \int_\pi^0 \, -V_0 \cos \varphi \cos \theta \, d\theta \, d\varphi, \quad \text{(B16)}
\end{align*}
and then
\begin{align*}
\lambda_{\text{RPA}(1)} &= \frac{2\sqrt{2}}{\pi} V_0 \xi I(X, Y), \quad \text{(B17)}
\end{align*}
with \( Y = V_0 \rho_{2D} \xi / \sqrt{2} \), and
\begin{align*}
I(X, Y) &= \left\{ (1 + 2X^2 - Y^2)^{1/2} K \left[ \frac{2X^2}{1 + 2X^2} \right] + Y \left[ 2 \sqrt{\frac{1 + 2X^2}{1 + 2X^2}} \right] \right\} \\
&\quad \cdot \sqrt{1 + 2X^2 (1 + 2X^2 - Y^2)^{1/2}} \\
&+ \sqrt{(1 + 2X^2)(1 + 2X^2 - Y^2)(1 - Y^2)} E \left[ \frac{2X^2}{1 + 2X^2} \right] - \frac{(1 + 2X^2)^{1/2}}{\left( \frac{1 + 2X^2}{1 + 2X^2} \right)} K \left[ \frac{2X^2}{1 + 2X^2} \right] \\
&\quad \cdot \frac{X^2}{\sqrt{(1 - Y^2)(1 + 2X^2 - Y^2)}} \\
&+ Y \left[ 2 \left( 1 + 2X^2 - Y^2 - \sqrt{(1 - Y^2)(1 + 2X^2 - Y^2)} \right) - \frac{1 + 2X^2 - Y^2}{1 + 2X^2 - Y^2} \right] \\
&\quad \cdot \sqrt{(1 - Y^2)(1 + 2X^2 - Y^2)} \right\}. \quad \text{(B18)}
\end{align*}

where \( \Pi[X, Y] \) is the complete elliptic integral of the third kind. One can estimate the RPA gap correction comparing the minima in figure 3, which shows the profile of \( \mathcal{F}(X) \) and \( I(X, Y) \) in a broad range of \( X \) (\( Y \approx 0.05 / X \), since we consider \( n_B \) as the only tunable parameter).

**B.2. Phonon lifetime**

The phonon lifetime (\( \tau \)) due to particle-hole excitation is
\begin{align*}
\frac{1}{\tau} &= -2 \Im \Sigma(q, \nu), \quad \text{(B19)}
\end{align*}
where
\begin{align*}
\Sigma(q, \nu) &= g_{\bar{n}q}^2 n_0 V_q^2 \rho_{q\bar{n}}(q, \nu) P(q, \nu), \quad \text{(B20)}
\end{align*}
as shown in figure B2, with the polarization bubble

\[ P(q, \nu) = \frac{1}{\beta S} \sum_{n,p} G_0(p, i\omega_n) G_0(p + q, i\omega_n + \nu). \]  

(B21)

Since we have

\[ \mathcal{I} \text{m} \ P(q, \nu) = -\frac{m^2}{\pi k_F^2} \left\{ \Theta \left( 1 - \left| \frac{q}{2k_F} + \frac{m_F \nu}{qk_F} \right| \right) \right\} \sqrt{\frac{2q^2 \mu}{m_F} - (\varepsilon_q + \nu)^2} \]

\[ - \Theta \left( 1 - \left| \frac{q}{2k_F} - \frac{m_F \nu}{qk_F} \right| \right) \sqrt{\frac{2q^2 \mu}{m_F} - (\varepsilon_q - \nu)^2}, \]  

(B22)

with the Fermi energy \( \mu = k_F^2/2m_F \), then \( \tau = \infty \) for \( \nu = 0 \) (static limit considered in the paper).

**B.3. Vertex correction**

We still have to deal with the 4th-order vertex-correction in figure B1 (c)

\[ \Gamma^{(4)}(\{k_i, \nu_i\}) = -\frac{g_{AB}^4 m_B^2}{V^2} \delta_{k_1 + k_2, k_3 + k_4} \beta S \prod_{i=1}^{4} G_0(k_i, \nu_i) \]

\[ \times \sum_{p, q} V_{q_{ij}}^2 V_{k_{ij}}^2 \mathcal{D}_0(q_{ij}, \nu_{ij} - i\nu_i) \mathcal{D}_0(p + k_4 - k_1, \nu_4 - \nu_1) \mathcal{D}_0(p, \nu_0), \]  

(B23)

with \( q_{ij} = (k_2 - k_3, q_{23}) \) and \( q_4 = (k_3 - p, q_{34}). \)

That leads to

\[ \Gamma^{(4)}(\{k_i, \nu_i\}) = \frac{2g_{AB}^4 m_B^2}{\sqrt{|k_1 - k_4|^2 + 2\xi^2}} \frac{1}{V S} \beta \prod_{i=1}^{4} G_0(k_i, \nu_i) \]

\[ \times \sum_{p, q} \frac{q}{\sqrt{q^2 + 2\xi^2}} \left[ \frac{1}{(\omega_q + \epsilon_p)(\omega_q + \epsilon_p + \xi)} \right] + \frac{4m_F(\epsilon_p + \xi)}{(\epsilon_p + \xi)(\omega_q - \epsilon_p^2)}, \]  

(B24)

with \( \omega_q = \frac{q}{2m_B \sqrt{q^2 + 2\xi^2}} \) and \( q \equiv (k_3 - p, q_{34}). \)

**B.4. Self-consistent vertex equation**

Summing the ladder series as shown in figure B3, we derive the self-consistent vertex equation

\[ \lambda(k_3 - k_4, \nu_{ij}) = \lambda_0(k_3 - k_4, \nu_{ij}) - g_{AB}^2 m_B \frac{\beta}{\sqrt{S}} \sum_{p, q} V_{q_{ij}}^2 \mathcal{D}_0(q_{ij}, \nu_{ij}) \mathcal{G}_0(p, \nu_0) \mathcal{G}_0(p + k_4 - k_1, \nu_4 - \nu_1) \lambda(p, k_4 - k_1, \nu_4 - \nu_1), \]  

(B25)

After considering \( \epsilon_p = \epsilon_p + \mu \sim 0 \) and \( \lambda = \lambda(\{k_4 - k_1\}) \), again for zero external frequencies \( \nu_i = 0 \), we can deal with the remaining sum.
\[ \hat{\Pi}(k_4, k_1) = \frac{1}{V^2} \sum_{p, q} \sum_n V^2 D_0(q, -i\hbar \omega_n) G_0(p, i\hbar \omega_n) G_0(p + k_4 - k_1, i\hbar \omega_n) \]

\[ = \frac{1}{V} \sum_{p, q} \frac{\sqrt{q^2 + 2\xi^2}}{\epsilon_p^2} \frac{4\pi \epsilon_p^2}{\epsilon_p^2 + \epsilon_{p+k_4-k_1}^2} \frac{1}{\omega_q} \]

\[ = -16 m_H m_F \int \frac{d^2 p}{(2\pi)^2} \int \frac{d\theta_1}{2\pi} \frac{1}{k_F^2 + p^2 - 2k_F p \cos(\theta - \theta_1) + q^2 + 2\xi^2} \]

\[ \times \frac{1}{|k_4 - k_1|^2 + 2k_F p [\cos(\theta - \theta_1) - \cos(\theta - \theta_1)]} \]

\[ = -2m_H m_F \int \frac{d\theta_1}{2\pi} \int_0^{2\pi} d\theta d\theta_1 \frac{1}{\sqrt{k_F^2 + p^2 - 2k_F p \cos(\theta - \theta_1) + 2\xi^2}} \]

\[ \times \frac{1}{|k_4 - k_1|^2 + 2k_F p [\cos(\theta - \theta_1) - \cos(\theta - \theta_1)]}, \quad (B26) \]

with the additional external momenta constraint \( \theta_2 - \theta_1 = \pi \) and \( \theta_4 - \theta_3 = \pi \), and \( |k_4 - k_1|^2 = 2k_F^2 [1 - \cos(\theta_1 - \theta_2)] \).

We finally obtain the vertex correction after substituting the angular momentum expansion

\[ \lambda(|k_4 - k_1|) = \sum_{\ell} \lambda^{(\ell)}(k_F) \cos(\ell(\theta_1 - \theta_2)) \quad (B27) \]

in equation (B25), to obtain the decoupled equation for the projection \( \ell' = 1 \)

\[ \lambda^{(1)}(k_F) = \lambda^{(1)}_0(k_F) - g_{EF}^2 n_{\ell} \lambda^{(1)}(k_F) \Pi^{(1)}(k_F), \quad (B28) \]

where \( \lambda^{(1)}_0 = V_{\text{eff}}^{(1)} \), as calculated in the main text, and

\[ \Pi^{(1)}(k_F) = \frac{1}{\pi^2} \int_{-\pi}^\pi d\theta_1 \cos \theta_1 \int_{-\pi}^\pi d\theta_4 \cos \theta_4 \hat{\Pi}(k_4, k_1) \cos(\theta_4 - \theta_2). \quad (B29) \]

After considering \( \rho = k_F \) in the integrant of equation (B29), we have to deal with the angular integrals

\[ \Pi^{(1)}(k_F) = - \frac{m_H m_F}{2\sqrt{2} \pi k_F^2} \int_{-\pi}^\pi d\theta_1 \cos \theta_1 \int_{-\pi}^\pi d\theta_4 \cos \theta_4 \int_0^{2\pi} d\theta \frac{\cos(\theta_4 - \theta_1)}{\sqrt{1 + \cos(\theta_4 - \theta_1) + (\xi k_F)^2}} \]

\[ \times \frac{1}{\sqrt{2} \pi^2 \xi k_F^2} \quad (B30) \]

with

\[ \mathcal{J}[X] = (1 + 2X^2) \mathcal{E} \left[ 1 - \frac{1}{1 + 2X^2} \right] - (1 + X^2) \mathcal{K} \left[ 1 - \frac{1}{1 + 2X^2} \right]. \quad (B31) \]

Then, from equation (B28) we finally get

\[ \lambda^{(1)}(k_F) = \frac{4\sqrt{\pi}}{\pi} g_{EF}^2 n_{\ell} \xi \mathcal{F}(k_F \xi) \frac{\mathcal{J}[k_F \xi]}{1 + g_{EF}^2 n_{\ell} \frac{1}{\sqrt{2} \pi^2 \xi^2} \mathcal{K}[k_F \xi]} \quad (B32) \]
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