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Competition between surface adsorption and folding of fibril-forming polypeptides

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I. INTRODUCTION

The interest in spontaneous fibril formation by structural proteins derives not only from the link with neurodegenerative diseases such as Alzheimer’s and Parkinson’s, which have been traced to undesired amyloid fibril formation [1], but also from the fact that many natural and synthetic proteins form fibrils and hold promise for application as novel biomaterials [2–6]. In particular, the stimuli-responsive properties of fibrils have generated a strong interest in biomedical application [7]. Fibril formation is usually kinetically controlled and occurs via a nucleation-growth mechanism. While this mechanism is often believed to involve homogeneous nucleation, fibril formation can also be surface-induced. Such a mechanism has practical applications in industrial biosensors, in biotechnology, and in nanotechnology [3,8]. Surface-mediated fibril formation occurs in oligopeptides (typically around 20 residues long) [9–12] and amyloid beta peptide [13–16], but also for silk-elastin-like polymers [17,18]. The surface-induced fibril self-assembly process can occur via several routes. One involves a nucleation-and-growth process in solution, after which the preformed seed adsorbs on the surface and continues to grow [9–14,16,18]. Another is by direct adsorption of the single molecules on the surface [9,15,17,18]. The morphology of surface-induced fibers depends on the protein concentration, the physicochemical surface properties, and environmental conditions such as temperature, pH, and ionic strength [8,9,11,12,16–18].

We focus here on an example of designed biosynthetic peptide polymers based on silklike and collagenlike sequences [5]. These polypeptides consist of three connected blocks, with the central one, inspired by sequences occurring in natural silk, a repeated octapeptide GAGAGAX, where G and A are glycine and alanine, respectively, and X is a polar residue such as glutamate or histidine. This middle block carries at either end a proline-rich and rather hydrophilic sequence inspired by natural collagen, which does not form any secondary structures but stays a random coil in aqueous solution. The silklike block can fold into a β-roll structure as soon as the charge on the polar residue is removed [19,20]. Such β-rolls have hydrophobic alanine-rich faces, by which they self-assemble into long and filamentous stacks [19,20]. At sufficiently high concentrations, these filament form dilute hydrogels, which are promising candidates as a matrix for artificial tissue [5,6]. The question that concerns us here is how this process starts. Kinetic experiments indicated that individual molecules in solution do not readily fold under the conditions of the experiments [6,18], and that fibril formation is governed by a nucleation-and-growth mechanism. In some cases (e.g., for X = histidine), homogeneous nucleation seems to occur, but in others (e.g., when X = glutamate) this does not happen [5]. Recent experiments have shown that, in line with this, the presence of a surface that is weakly attractive to certain residues in the peptide sequence can promote the formation of fibril structures, but the effect is rather subtle and the underlying physics remains unclear [18]. We have shown earlier that the formation of these fibrils is mainly triggered by the presence of a folded polypeptide, which then serves as a seed for the further growth of the long fibril [21]. The purpose of this work is to elucidate, by using computer simulations, whether or not a flat surface can indeed take the role of the seed, and how the interactions between surface and polypeptide residues influence this. Since the experiments [18] suggested that the polar residue X is attracted toward the surface, we pay specific attention to this residue. To have an explicit model, we choose X here to be glutamate (E), but our conclusions should mutatis mutandis be valid for other choices.

II. MODEL

Although in principle atomistic models can provide insights into the folding of polypeptides, such all-atom simulations...
are prohibitively expensive for the polymers considered here. Therefore, coarse-grained modeling is the method of choice for making progress in understanding the physics of protein folding [20,22–27]. Here, we employ a coarse-grained polypeptide model in which each residue occupies a single site on a three-dimensional (3D) cubic lattice, with all other sites considered as solvent [21,28]. In contrast to implicit solvent protein models, this model has been shown to be able to prevent artificial aggregation of proteins in their native state. Each residue has a unit vector indicating the direction of its side chain. Two essential features for describing folding, i.e., the formation of hydrogen bonds and the directionality of side chains, are correctly captured in this highly efficient model. The total potential energy of the system is given by $E = E_{aa} + E_{solvent} + E_{hb} + E_{steric}$, where $E_{aa}$ and $E_{solvent}$ are interaction potentials between residues and between a residue and solvent, respectively; the values of these have been obtained by comparison with experimental data, as shown in Table I (all interaction potentials in this work are in reduced units). $E_{hb}$ is the potential energy of formed hydrogen bonds, and $E_{steric}$ represents the steric hindrance between consecutive residues in a polypeptide chain [29]. Two amino acids in contact interact only when their side chains are either in parallel or pointing toward each other. Similarly, interaction between a residue and solvent only exists when the side chain points to a solvent site. When a residue is not part of a turn in the backbone, it can adopt a strand conformation depending on the side chains. Two residues in contact and both in the strand state can form a hydrogen bond with an energy $\epsilon_{hb} = -0.5$, when their side chains are aligned. An energy penalty of $\epsilon_s = 0.55$ is employed to prevent the side chains of consecutive residues pointing in the same direction, thereby mimicking steric hindrance and restrictions in bond rotation. Due to its small size, alanine in a β-strand environment behaves as a considerably more hydrophobic residue than it actually is; this effect is not well captured by the original parametrization of the potential. To compensate for this shortcoming, we vary the alanine-water interaction parameter to investigate its influence. Configuration space is explored using a lattice Monte Carlo scheme with a classical set of moves [29].

As lattice models in general are not expected to fold natural sequences, we designed a sequence to fold into the desired β-roll structure. As explained in Ref. [21], proper folding of a β-roll on a cubic lattice demands a palindromic sequence and an antiparallel sheet topology. We restrict the silk part to 80 residues to make the calculation tractable, for which the design procedure yielded the optimal sequence $[E(AI)_3RE(IA)_3R]_6$. The replacement of glycine with isoleucine is not unrealistic, as glycines in β-sheets are more hydrophobic than the average glycine [21]. The extra (arginine) residue has been introduced to fit the β-roll structure on the lattice.

We performed replica exchange Monte Carlo (REMC) simulations for one polypeptide chain with sequence $[E(AI)_3RE(IA)_3R]_6$ in a simulation box of $100 \times 100 \times 100$ lattice sites with periodic boundary conditions in the $x$ and $y$ directions. To mimic the experimental situation, in which the $X$ (here, $E$) residue is electrostatically attracted to the surface, we put two parallel walls on opposite sides of the box in the $z$ direction consisting of sites that exclusively attract $E$ with a variable strength $\epsilon_{E,wall}$ (see Table I). We ensure that the size of the simulation box is large enough not to influence the folding of the polypeptide. Each REMC simulation consisted of 48 replicas with a (reduced) temperature distribution around the transition temperature, which is optimized by a feedback-optimization algorithm [30]. For each replica, we performed $6 \times 10^{10}$ MC cycles with an exchange attempt every 1000 cycles. The first $10^{10}$ moves were for equilibration. Employing the virtual-move parallel tempering method during the production [31] ensured optimal use of the simulation data.

### III. RESULTS

We first simulate the folding of the polypeptide with a relatively strong alanine hydrophobicity $\epsilon_{A,w} = 0.6$, which is close to the experimental situation [21]. The heat capacity $C_v$ calculated from the energy fluctuations as a function of the reduced temperature $T^*$ is shown in Fig. 1 for different

![Image](https://example.com/figure1.png)

**FIG. 1.** (Color online) Heat capacity $C_v = \langle E^2 \rangle - \langle E \rangle^2$ as a function of reduced temperature $T^*$ for various strengths of attraction between the wall and glutamate $\epsilon_{E,wall}$ around the folding temperature for a single polypeptide with alanine hydrophobicity $\epsilon_{A,w} = 0.6$. Inset: (Top) Heat capacity $C_v$ as a function of $T^*$ for the whole temperature range including both folding and adsorption of the polypeptide. (Bottom) The free-energy barrier height of peptide folding, $\Delta F^*/k_BT$, as a function of surface attraction strength $|\epsilon_{E,wall}|$ at a constant temperature $T^* = 0.43$.

<table>
<thead>
<tr>
<th>$E$</th>
<th>$A$</th>
<th>$R$</th>
<th>$\epsilon_{A,w}$</th>
<th>$\epsilon_{E,wall}$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\langle E^2 \rangle - \langle E \rangle^2$</td>
<td>$T^*$</td>
<td>$\Delta F^*/k_BT$</td>
<td>$\epsilon_{E,wall}$</td>
<td></td>
</tr>
<tr>
<td>$0.3$</td>
<td>$0.35$</td>
<td>$0.4$</td>
<td>$0.45$</td>
<td>$0.5$</td>
</tr>
</tbody>
</table>

TABLE I. Interaction matrix (in reduced units) for the residues in the used sequence [28]. Amino acids are denoted by their one-letter code ($I$ = isoleucine, $A =$ alanine, $R =$ arginine, $E =$ glutamate), and $w$ and $wall$ denote the solvent (water) and the residues on the surface. The hydrophobicity of alanine is varied via the $A-w$ interaction ($\epsilon_{A,w}$) as indicated.
surface attraction strengths. Even when the surface is not attractive at all, i.e., at $\epsilon_{E,\text{wall}} = 0$, the folding temperature is somewhat higher than the bulk value, implying that the surface stabilizes the folded structure. This stability follows from the hydrophobicity of the outside surface of the folded $\beta$-roll structure (exposing mostly alanine), which prefers the surface. With increasing attraction strength, from $|\epsilon_{E,\text{wall}}| = 0$ to 2.0, the folding temperature rises. The corresponding folding free-energy barrier height is shown in the inset of Fig. 1 for a temperature $T^* = 0.43$ at which the polypeptide cannot spontaneously fold in the bulk solution. The barrier dramatically decreases with attraction to the wall, indicating the attraction promotes the folding of the polypeptide.

Figure 2 top shows typical free-energy landscapes for $\epsilon_{E,\text{wall}} = -0.6$ at different temperatures as a function of the distance between the mass center of the polypeptide and the surface, $R_{wc}$, and the total number of hydrogen bonds, $H_{tot}$, for a single polypeptide with the alanine hydrophobicity $\epsilon_{A,w} = 0.6$, and wall attraction $\epsilon_{E,\text{wall}} = -0.6$ at different temperatures. Insets: Snapshots of a typical configuration corresponding to the local minima on the free-energy landscapes indicated by the arrows (from left to right): an unfolded molecule, a folded molecule at the surface, and a folded one in solution. Residue color coding: alanine ($R_{wc}$) at attractive at all, i.e., at the surface, distance between the mass center of the polypeptide and the total number of hydrogen bonds, $H_{tot}$, for a single polypeptide with the alanine hydrophobicity $\epsilon_{A,w} = 0.6$, and wall attraction $\epsilon_{E,\text{wall}} = -0.6$ at different temperatures. Insets: Snapshots of a typical configuration corresponding to the local minima on the free-energy landscapes indicated by the arrows (from left to right): an unfolded molecule, a folded molecule at the surface, and a folded one in solution. Residue color coding: alanine ($R_{wc}$) at attractive at all, i.e., at the surface, distance between the mass center of the polypeptide and the total number of hydrogen bonds, $H_{tot}$, for a single polypeptide with the alanine hydrophobicity $\epsilon_{A,w} = 0.6$, and wall attraction $\epsilon_{E,\text{wall}} = -0.6$ at different temperatures. Insets: Snapshots of a typical configuration corresponding to the local minima on the free-energy landscapes indicated by the arrows (from left to right): an unfolded molecule, a folded molecule at the surface, and a folded one in solution. Residue color coding: alanine ($R_{wc}$) at attractive at all, i.e., at the surface, distance between the mass center of the polypeptide and the total number of hydrogen bonds, $H_{tot}$, for a single polypeptide with the alanine hydrophobicity $\epsilon_{A,w} = 0.6$, and wall attraction $\epsilon_{E,\text{wall}} = -0.6$ at different temperatures. Insets: Snapshots of a typical configuration corresponding to the local minima on the free-energy landscapes indicated by the arrows (from left to right): an unfolded molecule, a folded molecule at the surface, and a folded one in solution.
temperature \((T^* = 0.451)\) above the folding transition for varying surface attractions from \([\epsilon_{E,\text{wall}}] = 2.0\) to \(3.0\). In these diagrams, the two local minima, located at \((R_{wc} \approx 1.5, H_{tot} \approx 20)\) and \((R_{wc} \approx 2, H_{tot} \approx 0)\), correspond to the adsorbed folded and disordered state, respectively. The dissolved, nonadsorbed state is now completely suppressed. While at \(\epsilon_{E,\text{wall}} = -2.0\) the two states differ only slightly in free energy, increasing the attraction stabilizes the disordered state and enlarges this difference to as much as \(10k_BT\) for \(\epsilon_{E,\text{wall}} = -3.0\). Along with this change, the average peptide-wall distance \(R_{wc}\) decreases as the chain flattens out on the surface. As in the folded structure, only one-half of the glutamate residues are in direct contact with the surface. The remaining glutamate residues also tend to stick to the surface when the attraction becomes too strong, but this can only happen if the \(\beta\)-roll structure is destroyed. Such behavior is also observed in simulations of small proteins next to an attractive wall [32–36]. Hence, the effect of attraction on the efficiency of surface-induced folding is nonmonotonic because of the specific topology of the folded structure. We note that as the surface-adsorbed \(\beta\)-roll exposes one alanine-rich face toward the solution, it likely will act as a nucleus for fibril growth by favorable interaction between two such faces [21].

The folding mechanism of the polypeptide on an attractive surface is explained with schematic plots of the free energy versus temperature in Figs. 3(a)–3(d). For low surface attraction, the polypeptide folds in the bulk solution when decreasing the temperature of the system, which occurs as a direct transition from the disordered state to the folded state at \(T_f\) [Fig. 3(a)]. With increasing surface attraction, the folded state is stabilized, the free energy of the folded state decreases, and the folding temperature decreases [Fig. 3(b)]. A strong surface attraction also stabilizes a disordered polypeptide on the surface, which splits the folding of the polypeptide into two steps: with decreasing temperature, the disordered polypeptide first adsorbs onto the surface at temperature \(T_a\) before folding on the surface at \(T_f\) [Fig. 3(c)]. Stronger surface attraction increases the adsorption temperature \(T_a\) and lowers the folding temperature \(T_f\) [Fig. 3(d)]. Figure 3(e) plots the two transition temperatures \(T_a\) and \(T_f\) as a function of surface attraction at various alanine hydrophobicities \(\epsilon_{A,w}\). For all three cases, the surface effect is nonmonotonic, with \(T_f\) showing a maximum around \(\epsilon_{E,\text{wall}} = -2\) (lower curves) while the adsorption temperatures increase monotonically (upper curves). The mechanism seems to be independent of the hydrophobicity of the outer face, which is crucial for the stacking of the \(\beta\)-roll [21]. We note that this explanation implies that there is a certain value for \(\epsilon_{A,w}\) at which the disordered polypeptide just barely becomes stable. This is similar to the situation in which a liquid phase becomes stable as a function of the pressure in a simple liquid phase diagram. While in principle this special value for \(\epsilon_{A,w}\) does exist, it is hard to measure, even in our lattice model, due to the large error bars connected to estimating the transition temperature.

**IV. CONCLUSIONS**

In conclusion, by performing computer simulations of a coarse-grained lattice model polypeptide, we obtain mechanistic insights into the effect of surface attraction on the folding of a single disordered polypeptide with a silklke sequence. We find that increasing attraction between surface and polar residue stabilizes folding, i.e., the folding temperature increases, and the free-energy barrier for the folding of polypeptide decreases. A pathway for surface-induced folding opens up along which the surface first captures the disordered chain, which then can pass over to the folded state, even above the bulk folding temperature. In contrast, at lower temperature, folding can first occur in solution, after which the folded structure adsorbs to the wall. At strong surface attraction, the polypeptide tends to flatten out entirely, rendering the folded structure unstable with respect to the disordered state, with a higher folding barrier.

Our results suggest, therefore, that in order to promote surface-induced folding to seed the hierarchical self-assembly of protein fibrils, one should experimentally operate in a window of relatively weak binding where the chain flattening does not occur. We stress that these findings are generic and should translate to other protein systems.
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