Disclosing the persuasive nature of advergames: moderation effects of mood on brand responses via persuasion knowledge

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Disclosing Brand Placements in Movies: Effects of Disclosure Type and Movie Involvement on Attitudes

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ABSTRACT
The aim of this study was to investigate whether the effects of advergame disclosures were moderated by gamers’ moods. More specifically, we tested whether the effects of disclosures on brand recall, game attitude, and brand attitude via activated persuasion knowledge were different for people in positive moods than in negative moods. An experiment (n = 127) showed a moderated mediation effect: advergame disclosures activated persuasion knowledge, which resulted in higher brand recall, but also in more negative game and brand attitudes. This mediated effect was only significant for people in positive moods: a disclosure raised awareness of the advergame’s persuasive nature which subsequently led to more critical processing. People in negative moods already processed the advergame in a critical manner. These findings have important implications for theory, legislation, and the advertising practice.

KEYWORDS: Advertising, advergames, disclosure, mood, persuasion knowledge
Disclosing the Persuasive Nature of Advergames:

The Effects of Disclosure on Brand Responses via Persuasion Knowledge

Advergames, free online games that are created to promote a brand or brands from a specific advertiser, are becoming increasingly popular (An & Kang 2013; M. Lee & Youn 2008; Redondo 2012). In these games, persuasive messages are embedded into entertaining and oftentimes immersive content masking their persuasive nature. This is deemed deceptive and can cause persuasion without gamers being aware (Livingstone 2009; Nairn & Hang 2012).

Research on the effects of advergames and in-game advertising has indeed demonstrated that these games can be very persuasive because the persuasive message is embedded in entertaining and involving content: advergames and in-game advertising have been found to increase memory of the embedded brand (Cauberghe & De Pelsmacker 2010; Gross 2010; Herrewijn & Poels 2013; Schneider & Cornwell 2005; Van Reijmersdal, Rozendaal & Buijzen 2012), positive brand attitudes (Cauberghe & De Pelsmacker 2010; Mau, Silberer & Constien 2008; Redondo 2012; Van Reijmersdal et al. 2012; Wise, Bolls, Kim, Venkataraman & Meyer 2008) behavioral intentions (Mallinckrodt & Mizerski 2007), and actual behavior (Folkvord, Anschütz, Buijzen & Valkenburg 2013).

To inform the audience about the persuasive nature of advergames and to mitigate persuasion effects, there is an increasing call for better disclosure of the persuasive intent of advergames (Nairn & Hang 2012; Quilliam, Lee, Cole & Mikyoung 2011; Wright, Friestad & Boush 2005). Recently, several websites of well-known brands that contain advergames, including M&M’s, Krafts, and McDonalds, introduced disclosures (An & Kang 2013; Quilliam et al. 2011), for example ‘you are viewing an advertising message that is designed to sell you something’ on the website of Campbell’s Soup. But advergames are not only present on corporate websites, but also on gaming websites and in app stores (Nairn & Hang 2012), in which the
commercial context of the company’s website is lacking. On these websites and in these stores, advergames are placed among non-commercial games, which makes it even less obvious that these games have a persuasive nature.

Although the number of advergames and disclosures are increasing, hardly any research exists on the effects of advergame disclosures (see An & Stern, 2011 for an exception). Research on brand placements in traditional media shows that disclosures affect information processing and can attenuate persuasion by activating persuasion knowledge and making people more critical (Boerman, Reijmersdal & Neijens 2012; Campbell, Mohr & Verlegh 2013; Dekker & Van Reijmersdal 2013; Tessitore & Geuens 2013; Van Reijmersdal, Tutaj & Boerman 2013; Wei, Fischer & Main 2008). However, previous studies have not focused on individual susceptibility to disclosure effects due to mood.

Mood is an important factor in studying advergames, because previous research has shown that these games can improve moods and regulate stress (Russoniello, O’Brien & Parks 2009). Moreover, mood is expected to have strong influence on disclosure effects, because the literature has demonstrated that mood determines advertising processing (Hullett 2005; Kuykendall & Keating 1990; Mackie & Worth 1989). Just as disclosures, people’s mood can determine whether they process information elaborately or more superficially, which has consequences for brand effects (Hullett 2005). Therefore, it is important to take mood into account when studying the effects of disclosures. Insights into the moderating effects of mood are crucial for our theoretical understanding of how disclosure effects may vary for different people. Hence, this study aims to examine whether the effects of advergame disclosures on persuasion are moderated by people’s moods.

As indicators of persuasion, we focus on brand recall and brand attitudes, because these are considered first and important steps in the persuasion process (McGuire 1976). In addition, this
study focuses on the effects of disclosure on game attitudes and on the activation of persuasion knowledge as a mechanism that explains disclosure effects. Persuasion knowledge refers to consumers’ theories about persuasion and includes beliefs about marketers’ motives, strategies and tactics (Campbell & Kirmani 2000; Friestad & Wright 1994, p. 10). It is assumed that disclosures can mitigate persuasion because they activate aspects of persuasion knowledge, such as persuasive intentions (Friestad & Wright 1994; Kirmani & Zhu 2007; Wood & Quinn 2003).

**Disclosing Advergames**

Advergame disclosures are expected to affect processing, because they activate people's persuasion knowledge (An & Stern 2011; Nairn & Hang 2012). Disclosures are used to inform the audience or to make complete information known so people can make informed decisions (Kozup, Taylor, Capella & Kees 2012). Disclosures can thus help people understand the commercial nature of advergames: when a disclosure is provided, people may realize that the advertiser created the advergame with the intention to persuade (Wright et al. 2005).

This process is referred to as the ‘change-of-meaning’ principle: when people realize that someone is trying to persuade them, the meaning of the communication is redefined and their responses change. The message will not only be understood differently, people will also disengage from the persuasion, leading to ‘detachment’ (Friestad & Wright 1994). This process detaches viewers from the ongoing communication, and they will be conscious that an advergame is used as a tactic to persuade them. The realization that the game is not there to entertain, but rather that is created to benefit the advertiser which can make the gamer wary (Nebenzahl & Jaffe 1998). Therefore, this realization may motivate people to process the advergame on a more systematic and critical level (Buijzen, Van Reijmersdal & Owen 2010; Wood & Quinn 2003).

Systematic processing is based on extensive, deliberate, and effortful cognitive elaboration (Petty & Cacioppo 1986). On this level, people must show high attention to and
awareness of the message, and be highly motivated and able to process the information (Petty & Cacioppo 1986). Critical systematic processing also involves awareness of the persuasive nature of the message (Buijzen et al. 2010).

More specifically, with a disclosure people are expected to become more critical toward the game and the embedded message and may use strategies to resist the persuasion attempt (Boerman et al. 2012), for example counter arguing or derogating the source (Friestad & Wright 1994; Zuwerink & Cameron 2003). Without a disclosure people may think that they will play a simple online game, which has no ulterior motive. Therefore, without a disclosure they are expected to play the game without any defenses against possible persuasion raised.

Research has indeed shown that when an ulterior motive is made more accessible in people’s minds, it is easier to use persuasion knowledge when evaluating the persuasive attempt (Campbell & Kirmani 2000). Studies have also found that disclosures of brand placement in television programs resulted in better memory of the placed brands, indicating higher levels of message elaboration (Boerman et al. 2012; Van Reijmersdal et al. 2013). In addition, Boerman et al. (2012) showed that disclosures for brand placements in television programs resulted in more negative brand attitudes. Similarly, Dekker and Van Reijmersdal (2013) showed that disclosures for TV brand placements resulted in less acceptance of the product claims made in the program. Also, Wei, Fischer, and Main (2008) showed that telling participants that an advertiser paid for a radio show that included brand placement resulted in more negative brand attitudes.

Thus, disclosures may activate gamers’ persuasion knowledge, which in turn may increase brand recall and lead to more negative game and brand attitudes. However, it is uncertain whether these effects also hold for advergames. Research has shown that cognitive capacity is not only needed to process the disclosure and the persuasive elements in the game, but also to activate persuasion knowledge (Boerman et al. 2012; Campbell & Kirmani 2000).
However, game play also demands cognitive capacity. When the capacity needed to activate persuasion knowledge is already taken up by playing the game, advergame disclosures may have less strong effects than disclosures for brand placements in media that require less cognitive resources.

**Mood as a Moderator of Disclosure Effects**

Persuasion and information processing theories suggest that mood is an important moderator of persuasion processing (Batra & Stayman 1990; Bower 1981; Hullett 2005; Kuykendall & Keating 1990; A. Lee & Sternthal 1999; Mackie & Worth 1989). Mood is defined as an affective state that is enduring and subjectively perceived by individuals (Bronner, Bronner & Faasse 2007). The position of mood on a single continuum ranging from positive to negative affect is considered to be the most relevant conceptualization of mood when considering its impact on persuasion (for a meta analysis, see Hullett 2005) . In research, positive moods are typically seen as happy and negative moods as sad. This conceptualization is used in the present study.

Although effects of mood on persuasion processing are complicated and depend on the type of message (Wegener & Petty 1994), research has shown that people in positive moods are generally inclined to process information on a less systematic level. According to the hedonic contingency principle, people are motivated to maintain or achieve positive mood states and do not want to be distracted by processing other information (Hullett 2005). Another explanation comes from the affect-as-information theory (Forgas & East 2008; Schwarz & Clore 1983). This theory states that people use their mood to determine the current situation they are in. A positive mood indicates that the situation is benign. This implies that there is no need to pay attention to details or to evaluate information critically (Bless et al. 1996; Sar 2013).
People in negative moods are likely to process information on a systematic and critical level (Hullett 2005; Kuykendall & Keating 1990): according to the hedonic contingency principle, systematical processing of a message can help to attenuate negative moods, because it distracts resources from the negative state. As such, elaborate message processing can help to escape a negative mood state. The affect-as-information theory posits that a negative mood makes people think they are in a problematic situation. To adapt to this situation, people need to pay close attention to the situation and the information around them. Their mood system tells them they may be in danger, thus systematic and critical processing of information is needed to survive the situation (Forgas 1998; Sar 2013).

Because moods are such strong predictors of people’s information processing and persuasion in particular (Hullett 2005), mood is expected to play a role in the effects of disclosures as well. On the one hand, people in positive moods process information less elaborately (Batra & Stayman 1990; Kuykendall & Keating 1990; A. Lee & Sternthal 1999). However, disclosures stimulate systematic processing. A disclosure may thus alert people that the current situation is not as benign as they thought and cause people in positive moods to switch to a more systematic and critical level of processing and activation of persuasion knowledge.

In sum, we expect a moderated mediation effect. This means that we expect the effects of advergame disclosures on brand recall, game attitude, and brand attitude are mediated by activated persuasion knowledge, but that this effect is conditional, that is, dependent upon mood (see Figure 2). For people in a positive mood, effects of disclosures on activation of persuasion knowledge are expected to be strong. For these people disclosures may serve as a cue to increase their level of elaboration to critical systematic processing. For people in positive moods, disclosure are expected to result in higher persuasion knowledge which in turn results in more brand recall and more negative game and brand attitudes.
For people in a negative mood, disclosures may have little effect on their activation of persuasion knowledge. These people already process persuasive messages in a systematic way (Buijzen et al. 2010; Campbell & Kirmani 2000; Wood & Quinn 2003). To test this moderated mediation effect, the following hypothesis is formulated:

H1: The effect of advergame disclosures on brand recall and attitudes via the activation of persuasion knowledge is moderated by mood such that disclosures have a stronger positive effect on persuasion knowledge of people in a positive mood than of people in a negative mood, which in turn results in (a) higher brand recall, (b) more negative game attitudes and (c) more negative brand attitudes.

Method

Participants, Procedure, and Pretest

This study employed a 2(disclosure) x 2(mood) between-subjects design. A total of 127 Dutch people between 17 and 79 years old participated in the experiment ($M = 29.80$, $SD = 10.28$, 45% male, 65% higher educated). About one third of the participants indicated to never play games similar the one in the experiment (34%), whereas 41% indicated they play these kind of games three to four times a week. Participants were connections of the second author and were recruited online by e-mail and social media. They were asked to forward the invitation to participate in the study to people in their network (snowballing) and got a reminder two times. It took two weeks to get enough participants. In the e-mail, participants could click on a direct link to the online survey. The participants were randomly assigned to one of the four experimental conditions. Participants were told they participated in a study on television viewing and gaming, and were not informed about the real aim of the study. First, the participants were exposed to a short video fragment to induce either a positive or a negative mood. Then, they were instructed to play the advergame for five minutes. After that, they filled out the questionnaire which started
with questions about their mood, background, and demographics, followed by measures of game
attitude, brand recall, brand attitude, and persuasion knowledge. Finally, they were debriefed and
thanked for their participation.

Following the extensive literature on mood and persuasion processing (see Hullett 2005, for a review), our experiment was designed to manipulate moods preceding exposure to the
advergame. Thus people would enter the advergame with a preexisting mood that is unrelated to
the advergame or its source to avoid confound effects. For the mood manipulation, we selected
two types of video fragments based on a pretest among 13 people. Wong and Householder (2008)
showed that short video fragments are very effective to manipulate mood.

To induce a positive mood participants watched a fragment of the Dutch version of *Kids
Say the Darndest Things*, which is called *Praatjesmakers* (45 seconds). In this fragment children
were shown a picture of Osama Bin Laden and were asked who they thought it was. They gave
funny answers, like 'it think this is Santa, before he became fat', and 'this man looks just like my
grandfather.' To induce a negative mood, people were exposed to a fragment of the movie
'Sophie's Choice' about World War II (79 seconds). A mother was shown, who had to choose
between her two children. The one she chose would live, whereas the other would directly be sent
to the gas chamber. The mother was in despair and cried because she was unable to choose
between her children.

In the pretest, participants were asked to evaluate their mood after viewing the fragment
on a five-point scale ranging from, *bad mood- good mood, negative- positive, unbalanced-
balanced, depressed- happy, and down- uplifted* (Bronner et al. 2007; Kuykendall & Keating
1990; Cronbach's Alpha = .90). Averages were calculated and analyses showed that the
fragments differed significantly with respect to the moods they evoked (negative fragment: *M* =
2.12, \(SD = 0.91\) vs. positive fragment: \(M = 4.25, SD = 0.61, t(12) = 12.64, p < .001\). Therefore, these fragments were used in the main study to manipulate mood.

**Stimulus Materials**

Participants played an advergame called *Office Escape* of the American brand *Batchelors, Super Noodles*, which is not on the market in the Netherlands. The game shows a man eating noodles in an office. The player needs to help the man to find a way out of the office passed obstacles. While doing that the man needs to collect as many cups of Batchelors noodles as possible to raise his energy level. A cup of Batchelors noodles is also constantly visible at the left side of the screen.

Half of the participants were exposed to a disclosure before they started the advergame. Based on research by Dekker and Van Reijmersdal (2013) on disclosures in television programs, we used a disclosure stating that ‘This game contains advertising for Batchelors Noodles to influence you’. This disclosure informs the gamers about both the source and the intent of the game. Under the disclosure, there was a button that directed the participants to the advergame.

**Measures**

**Mood.** To see whether the video fragments were successful in manipulating mood, we used the same measure as in the pretest on a seven-point scale. Item scores were averaged to create a single measure of mood (Cronbach's Alpha = .99, \(M = 4.71, SD = 1.66\)). This measure was used as a manipulation check.

**Persuasion knowledge.** To measure the activation of persuasion knowledge, we asked the participants about the source and intent of the advergame. First, they were asked who they thought had created the game with the answering options ‘the researcher,’ ‘a gaming site,’ or ‘Batchelors Noodles’ (An & Stern 2011; van Reijmersdal et al. 2012). If participants chose the last option, they showed knowledge of the commercial source of the game, therefore this was
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coded as 1, all other answering options were codes as 0. Second, they were asked whether they thought the game was created to ‘inform,’ ‘entertain,’ or ‘persuade’ (Van Reijmersdal, Neijens & Smit 2010; Wright et al. 2005). If participants chose the last option they showed knowledge of the persuasive intent of the advergame, therefore, this answer was coded as 1, the other answers as 0. The scores on these two questions were summed to create a single measure of activation of persuasion knowledge ($r = .57, M = 1.32, SD = 0.83$).

**Brand recall, game attitude, and brand attitude.** Brand recall was measured by asking participants which brands they recalled seeing in the advergame (Gross 2010). If they mentioned Batchelors noodles this was coded as 1, if they did not mention Batchelors noodles, this was coded as 0 (76% yes). Participants were asked for their attitude toward the game with seven items on a seven-point semantic differential (bad-good, negative-positive, unappealing-appealing, uninteresting-interesting, unattractive-attractive, difficult-easy, and boring-exciting) with the question ‘To me the game is ...’ (Chung & Zhao 2004; Gross 2010). Scores were averaged to create a single measure of game attitude (Cronbach’s Alpha = .97, M = 3.66, SD = 1.54)

Brand attitude was measured with five items on a seven-point semantic differential (bad-good, negative-positive, unfavourable-favourable, uninteresting-interesting, unappealing-appealing) with the question ‘To me Batchelors noodles is ...’ (Chung & Zhao 2004). Scores were averaged to create one measure of brand attitude (Cronbach’s alpha = .98, M = 3.86, SD = 1.59).

**Results**

**Manipulation and Confound Checks**

The manipulation check showed that participants who had watched the negative fragment, experienced significantly more negative moods ($M = 3.70, SD = 1.68$), than participants who had watched the positive fragment ($M = 5.81, SD = 0.61$), $F(1, 215) = 86.62, p < .01, \eta^2 = .04$. Therefore, the manipulation of mood was successful.
Further analyses showed that the people in the experimental groups did not significantly differ with respect to their average age and sex. However, the disclosure conditions differed with respect to participants’ level of education, $F(1,125) = 3.93, p = .05$, $\eta^2 = .03$; $M_{\text{disclosure}} = 4.16$, $SD = 1.03$; $M_{\text{no disclosure}} = 4.50$, $SD = 0.85$). In addition, level of education was significantly correlated with the dependent variables (all $p’s < .05$). Therefore, level of education was included in all analyses as a covariate.

**Testing the Hypotheses**

Before we test the hypotheses, we provide an overview of the main and interaction effects of disclosures and mood, see Table 1 for the means. Then we test the complete moderated mediation model.

For the activation of persuasion knowledge, ANCOVA analysis with disclosure, mood and their interaction as the predictors and level of education as covariate showed significant main effects of disclosure, $F(1,122) = 53.55, p < .001$, $\eta^2 = .31$, and mood, $F(1,122) = 23.80, p < .001$, $\eta^2 = .16$, which were qualified by a significant interaction effect, $F(1,122) = 20.62, p < .001$, $\eta^2 = .15$. As Table 1 and Figure 1 show, without a disclosure people in a negative mood showed significantly higher activated persuasion knowledge than people in a positive mood. With a disclosure this difference is no longer significant: the disclosure has activated the persuasion knowledge of people in a positive mood to the same level as people in a negative mood (with or without a disclosure). The disclosure had no effect on the activation of people’s persuasion knowledge in negative mood. The analysis showed no significant effect of the covariate level of education, $F(1,122) = 2.88, p = .09$, $\eta^2 = .02$.

With respect to brand recall, logistic regression analysis with disclosure, mood and their interaction as the factors and level of education as covariate showed no main effect of disclosure ($OR = 6.98, p = .15$) and no interaction effect between mood and disclosure ($OR = 0.23, p = .34$).
There was a significant main effect of mood (OR = 0.15,  \( p = .02 \)): People in a positive mood showed significantly lower brand recall (5%) than people in a negative mood (38%). The analysis also showed a significant effect of the covariate level of education, (OR = 2.12,  \( p = 0.1 \)) indicating that recall increased with the level of education.

With respect to game attitude, ANCOVA analysis with disclosure, mood, and their interaction as the predictors and level of education as covariate showed no significant main effect of disclosure, \( F(1, 122) = 1.44, p = .23, \) eta\(^2\) = .01 nor an interaction effect between mood and disclosure \( F(1, 122) = 0.09, p = .76, \) eta\(^2\) = .001. The analysis showed a significant main effect of mood, \( F(1, 122) = 129.51, p < .001, \) eta\(^2\) = .52. People in a positive mood showed significantly more positive game attitudes (M = 4.80; SD = 1.57) than people in a negative mood (M = 2.61; SD = 0.99). The analysis showed no significant effect of the covariate level of education, \( F(1,122) = 1.63, p = .20, \) eta\(^2\) = .01.

For brand attitude, the analyses showed main effects of disclosure, \( F(1, 122) = 12.93, p < .001, \) eta\(^2\) = .10 and mood, \( F(1, 122) = 123.85, p < .001, \) eta\(^2\) = .50, which were qualified by a significant interaction effect between disclosure and mood, \( F(1, 122) = 6.73, p = .01, \) eta\(^2\) = .05. As shown in Table 1, the disclosure had no effect on brand attitude of people in a negative mood, whereas, the disclosure significantly decreased the brand attitude of people in a negative mood. The analysis showed no significant effect of the covariate level of education, \( F(1,122) = 0.92, p = .34, \) eta\(^2\) < .01.

To test the hypotheses, moderated mediation analyses were conducted using the PROCESS macro (Hayes 2013, Model 7). This macro also offers the possibility to test conditional indirect effects and provides confidence intervals based on bootstrapping for the mediated effect at the two levels of the moderator. The analyses showed three moderated mediation effects.
With respect to brand recall (H1a), the indirect effect of advergame disclosure via activation of persuasion knowledge was positive and significant for people in a positive mood (b = 3.41, SE = 6.29; BCBI [1.15; 22.90]), but not significant for people in a negative mood (b = 0.59, SE = 1.70; [-0.24; 6.89]). This means that for people in a positive mood disclosure activated persuasion knowledge, which in turn resulted in more brand recall. For people in a negative mood, the disclosure did not increase persuasion knowledge, resulting in a non-significant indirect effect on recall. This means that H1a is supported by the data.

With respect to game attitude and brand attitude, the indirect effect of disclosure via activation of persuasion knowledge was negative and significant for people in a positive mood (b = -0.94, SE = 0.32; [-1.66; -0.40] and b = -1.42, SE = 0.36; [-2.25; -0.82] respectively), but not significant for people in a negative mood (b = -0.16, SE = 0.14; [-0.55; 0.47] and b = -0.25, SE = 0.20; [-0.73; 0.08] respectively, see Table 2). As expected, for people in a positive mood, the disclosure activated persuasion knowledge, which in turn resulted in more negative game and brand attitudes. For people in a negative mood, the disclosure did not increase persuasion knowledge, resulting in a non-significant indirect effect on both game and brand attitude.

In sum, the results showed a moderated mediation effect of advergame disclosure on brand recall, game attitude, and brand attitude: as expected for people in a positive mood, advergame disclosures increased persuasion knowledge which in turn led to increased brand recall, but at the same time to more negative game attitudes and brand attitudes. This effect did not hold for people in a negative mood. They already had high levels of persuasion knowledge, which were not increased by the disclosure.

**Discussion**

The aim of this study was to investigate whether the effects of advergame disclosures were moderated by gamers’ moods. More specifically, we tested whether the effects of
disclosures on brand recall, game attitude and brand attitude via the activation of persuasion knowledge were moderated by mood.

This leads to an important conclusion. Our results show that the effects of advergame disclosures depend on an individual’s mood. As expected, our results showed that disclosures only affected people in a positive mood: The disclosure made them more aware of the persuasive nature of the advergame as indicated by higher persuasion knowledge, which in turn led to more brand recall and more negative game and brand attitudes than without a disclosure. These results seem to indicate that, with a disclosure, people in a positive mood process the advergame on a more elaborate and critical level than without a disclosure. In this situation disclosures activate people’s persuasion knowledge, that is their knowledge about the commercial source and persuasive intent of the advergame.

Without a disclosure, people in a negative mood already process the advergame on a more elaborate and critical level (as indicated by their levels of persuasion knowledge, brand recall scores and more negative brand and game attitudes) than people in a positive mood and, therefore, do not need a disclosure. For these people there seems to be a ceiling effect.

Interestingly, the results for brand recall and brand and game attitudes show that disclosures and mood have dissociative effects, that is the effects were in opposite directions (Balasubramanian, Karrh & Patwardhan 2006). Advertising is intended to increase recall and to lead to more positive attitudes. Disclosures, however, seem to evoke more elaborate processing among people in positive moods as indicated by increased brand recall, but because these people become aware of the persuasive nature of the advergame, this also seems to result in more critical processing as indicated by less positive attitudes. As intended by regulators, our study shows that disclosures can offset these effects by raising the awareness of the persuasive nature of the game (Cain 2011).
Implications

Our findings have important theoretical and practical implications. Our study was the first to underline that disclosure effects depend on moods. Mood is an important factor that can help explain individual’s differential susceptibility to advergame disclosure effects. Therefore, it is crucial to include mood in theoretical models on the effects of advergame disclosures.

Moreover, this study adds to the persuasion knowledge literature as it shows that mood is an important determinant of the activation of persuasion knowledge next to cognitive resources, accessibility of attitudes, persuasion expertise, and regulatory focus (Campbell & Kirmani 2000; Kirmani & Zhu 2007).

Our findings also extend our knowledge about the hedonic contingency principle and affect-as-information theory. Advergame disclosures seem able to steer information processing in such a way that people in positive moods process information in advergames more thoroughly as indicated by their activated persuasion knowledge and brand recall and their negative attitudes. Whereas, without a disclosure people in positive mood are inclined to process on a less elaborate level. This was indicated by their relatively low levels of activation of persuasion knowledge and brand recall and relatively positive attitudes, compared to people in a positive mood that saw a disclosure but also compared to people in negative moods.

These findings also imply that disclosures have a stronger effect than mood. Whereas positive moods would induce less elaborate processing, the disclosure seems to be able to overrule this process and stimulate more elaborate processing, as indicated by the recall and attitude scores in this study. More research is needed to further explore the relative influence of moods and disclosures on people’s level of information processing.

For public policy, our findings show that disclosures preceding advergames effectively inform audiences about the persuasive nature of these games. Moreover, disclosures can mitigate
the persuasive effects of advergames among people in positive moods. Our findings show that without a disclosure, these people are most susceptible to advergames’ effects and most likely to be unaware of the games persuasive nature. Moreover, advergames are designed to work via low elaborate, affective mechanisms that generate positive affect and moods (Buijzen et al. 2012; Russoniello, et al. 2009). People in negative moods seem to process the advergame more critically and are more aware of the persuasive nature. Disclosures do not affect these gamers, but they do not need to be informed, they already are. Therefore, disclosures are most needed, but also most effective in contexts which are designed to evoke positive moods, including advergames. These results are very promising for future policies on disclosing advergames.

Although existing advertising legislation and regulations do not prescribe how advergame disclosures should be designed and implemented (beyond the general criteria laid down in the Unfair Commercial Practices Directive (Directive 2005/29) that a commercial practice shall not be unfair, and in particular shall not be misleading or aggressive to consumers), advertisers are increasingly disclosing the persuasive nature of these games on their websites (Quilliam et al. 2011). One may argue that the branded context of advergames on corporate websites can function as a disclosure of the advergames persuasive nature. However, advergames offered on gaming sites and in app stores lack this context. Especially for these situations advergame disclosures can be effective and should be encouraged. Our study shows that disclosures for advergames without any context are effective: they can have the desired effects of informing the audience about advergames’ persuasive nature and, moreover, they attenuate persuasion effects.

For advertisers, our results show that disclosures increase awareness of advergames’ persuasive nature among people in positive moods, resulting in more brand recall, but at the same time in more negative brand attitudes. Therefore, advergame disclosures do not necessarily seem
to benefit advertisers, although increased transparency about the practice may eventually be appreciated by the audience (Cain 2011; Nebenzahl & Jaffe 1998).

**Limitations and Future Research**

There are four limitations of the present study that call for future research. First, our study was the first to test the effects of advergame disclosures and mood on adults' brand recall, game attitude, brand attitude, and activation of persuasion knowledge. However, more research is needed to further deepen our insights into the effects of the recently introduced advergame disclosures. Future research may show whether the effects of advergame disclosures also hold for other effects, such as behavioral outcome variables.

Second, our study focused on the moderation effects of disclosures and mood on persuasion knowledge and how this in turn affects persuasive outcomes. Exploration of the main effects also showed direct effects of mood on brand recall, brand attitude and game attitude. Although these were mediated by persuasion knowledge, these direct effects findings are interesting in itself. Future research may further explore how mood affects people’s responses to advergames, in particular the persuasive outcomes of these games.

Third, based on extensive literature on mood effects on persuasion, we manipulated mood independently from the persuasive stimulus, that is the advergame (Hullett 2005). This gave us the opportunity to examine the effects of mood on processing of an advergame without confounds between mood and the game content or individual characteristics. Our results showed that a mood evoked before playing the advergame can be so strong that the mood is maintained while playing the game and moreover, affects processing of the game. However, this is only one way of evoking moods; importantly, they may also be induced by an advergame itself (Redondo, 2012). Future research can show whether effects of moods induced by the advergame also moderate disclosure effects.
Fourth, our study used an advergame without a context. Future research is needed to show whether our results also hold for advergames that are presented within an online context, for example a corporate website. This website may provide cues to the gamers, that make a disclosure redundant.

In conclusion, this study adds to the literature as it is the first to examine the differences in individual susceptibility to the effects of advergame disclosures and the underlying mechanism. As such, it forms a significant basis for future research on the effects of advergame disclosures and mood on individuals processing of persuasive content.
References


Table 1

*Effects of Disclosure and Mood on Persuasion Knowledge, Brand Recall, Game Attitude and Brand Attitude*

<table>
<thead>
<tr>
<th></th>
<th>No Disclosure</th>
<th>Disclosure</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mood</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Negative</td>
<td>Positive</td>
</tr>
<tr>
<td>Persuasion Knowledge</td>
<td>1.50 (0.68)(^a)</td>
<td>0.31 (0.64)(^b)</td>
</tr>
<tr>
<td>Brand Recall(^1)</td>
<td>27(^a)</td>
<td>3(^b)</td>
</tr>
<tr>
<td>Game Attitude(^2)</td>
<td>2.75 (0.96)(^a)</td>
<td>4.85 (0.84)(^b)</td>
</tr>
<tr>
<td>Brand Attitude(^2)</td>
<td>2.92 (0.94)(^a)</td>
<td>5.54 (1.19)(^b)</td>
</tr>
</tbody>
</table>

*Note.*\(^1\) Percentages brand recall

\(^2\) Mean scores are portrayed with standard deviations between parentheses.

\(^{ab}\) Means with different superscripts in the same row differ significantly at \(p < .05\).
Table 2

Effects of Disclosure on Brand Recall, Game Attitude, and Brand Attitude via Persuasion

Knowledge for Positive and Negative Moods (Moderated Mediation)

<table>
<thead>
<tr>
<th>Path in the moderated mediation model (fig. 2)</th>
<th>Mood</th>
</tr>
</thead>
<tbody>
<tr>
<td>a1 a2 a3 b c1</td>
<td></td>
</tr>
<tr>
<td>Brand recall</td>
<td></td>
</tr>
<tr>
<td>0.23 -1.07* 1.10* 2.55* -0.62</td>
<td>0.59 (1.70) 3.41 (6.29)</td>
</tr>
<tr>
<td>(0.15) (0.17) (0.24) (0.61) (0.60)</td>
<td>[-0.24;6.89] [1.15;22.90]</td>
</tr>
<tr>
<td>Game Attitude</td>
<td></td>
</tr>
<tr>
<td>0.23 -1.07* 1.10* -0.70* 0.17</td>
<td>-0.16 (0.14) -0.94 (0.32)</td>
</tr>
<tr>
<td>(0.15) (0.17) (0.24) (0.20) (0.30)</td>
<td>[-0.55;0.47] [-1.66; -0.40]</td>
</tr>
<tr>
<td>Brand attitude</td>
<td></td>
</tr>
<tr>
<td>0.23 -1.07* 1.10* -1.06* 0.03</td>
<td>-0.25 (0.20) -1.42 (0.36)</td>
</tr>
<tr>
<td>(0.15) (0.17) (0.24) (0.18) (0.28)</td>
<td>[-0.73; 0.08] [-2.25; -0.82]</td>
</tr>
</tbody>
</table>

Note. Unstandardized b-coefficients (with boot SE between parentheses) are presented. In the right part of the table the total indirect effects for two types of mood and [Bias corrected 10,000 bootstrap confidence intervals between brackets] are presented. Significant indirect effects are bold.

* p < .01
Figure 1: Interaction Effect between Disclosure and Mood on the Activation of Persuasion Knowledge
Figure 2. Conceptual moderated mediation model of advergame disclosures on brand recall, game attitude, and brand attitude. A3 is the interaction effect between mood and disclosure on persuasion knowledge. c1 is the direct effect of disclosure on brand recall, game attitude, or brand attitude (that is, controlled for the mediator).