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Cohn, A.; Engelmann, J.B.; Fehr, E.; Maréchal, M.A.

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Evidence for Countercyclical Risk Aversion: An Experiment with Financial Professionals

By Alain Cohn, Jan Engelmann, Ernst Fehr, and Michel André Maréchal

Countercyclical risk aversion can explain major puzzles such as the high volatility of asset prices. Evidence for its existence is, however, scarce because of the host of factors that simultaneously change during financial cycles. We circumvent these problems by priming financial professionals with either a boom or a bust scenario. Subjects primed with a financial bust were substantially more fearful and risk averse than those primed with a boom, suggesting that fear may play an important role in countercyclical risk aversion. The mechanism described here is relevant for theory and may explain self-reinforcing processes that amplify market dynamics. (JEL E32, E44, G01, G11, G12)

One of the major puzzles in financial economics is the fact that risk premiums of many asset classes vary strongly and systematically over time. In particular, the equity risk premium seems to be higher during recessions than in business cycle peaks. Over the past decades a high price-dividend ratio of US stocks preceded several years of low returns and vice versa (Shiller 1981; Campbell and Shiller 1988a, b; Cochrane 2011). To account for this pervasive pattern, asset pricing models have evolved that assume that investors exhibit countercyclical risk aversion. In these models, investors are less risk averse during financial booms compared to busts. Investors in consumption-based asset pricing models derive utility from consumption relative to a habit or subsistence level of consumption (e.g., Campbell and Cochrane 1999) and become more risk averse as asset prices decline and consumption approaches the habit level. In the model of Barberis, Huang, and Santos (2001),

* Cohn: Department of Economics, University of Zurich, Bluemlisalpstrasse 10, CH-8006 Zurich (e-mail: alain.cohn@econ.uzh.ch); Engelmann: Department of Economics, University of Zurich, Bluemlisalpstrasse 10, CH-8006 Zurich (e-mail: jan.engelmann@econ.uzh.ch); Fehr: Department of Economics, University of Zurich, Bluemlisalpstrasse 10, CH-8006 Zurich (e-mail: ernst.fehr@econ.uzh.ch); Maréchal: Department of Economics, University of Zurich, Bluemlisalpstrasse 10, CH-8006 Zurich (e-mail: michel.marechal@econ.uzh.ch). We thank Dominic Bigliel, Milena Brunner, Matthias Fehlmann, Suzan Hacisalihzade, Stefan Ott, Deborah Sutter and Sophia Zügel for excellent research assistance. We are grateful to Eduardo Andrade, Daniel Baker, Uri Gneezy, Luigi Guiso, Brian Knutson, Jan Potters, Alex Wagner, Roberto Weber, Frans Van Winden, the seminar audiences at UC Berkeley, ESA World Meetings in Zurich, and University of Zurich, as well as four anonymous referees for very helpful comments. We owe special thanks to Nick Barberis for extensive feedback on an earlier version of this paper. Ernst Fehr gratefully acknowledges support from the European Research Council (ERC) for the project on “Foundations of Economic Preferences.” The authors declare that they have no relevant or material financial interests that relate to the research described in this paper.

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utility depends not only on consumption, but also on recent investment performance relative to some historical benchmark. They assume that future losses are psychologically more painful if recent investments yielded a relatively poor performance. As Mehra (2012) recently pointed out, however, the question whether investors actually exhibit countercyclical risk aversion as postulated in these models remains open. We address this gap in empirical knowledge by providing evidence in favor of countercyclical risk aversion. Our evidence is based on the risk taking behavior of financial market professionals in a controlled experimental environment that provides a measure of subjects’ risk aversion.

In view of the difficulties in identifying countercyclical risk aversion, it is not surprising that only limited evidence exists to date. A key issue is finding ceteris paribus variation in financial market trends. Using actual market data can be problematic because behavior in booms and busts is simultaneously affected by many factors that are often difficult to measure. For example, a decline in asset prices is generally associated with changes in subjective expected asset returns, asset price volatility, overall financial wealth, changes in habits, and background risks that may or may not be correlated with asset prices (Calvet and Sodini 2014; Beaud and Willinger 2014). This makes inferring risk aversion from actual asset holdings extremely challenging. For example, in the absence of good expectations data, holding a low share of risky assets may reflect investors’ high risk aversion or their pessimistic expectations for future returns (e.g., Malmendier and Nagel 2011). In addition, there is evidence suggesting that inertia governs household asset allocation, i.e., households re-balance their portfolios only slowly in response to capital gains and losses, implying that their portfolio contains too many or too few risky assets for a given level of risk aversion (e.g., Agnew, Balduzzi, and Sunden 2003; Brunnermeier and Nagel 2008).

We circumvent these measurement and identification problems in this paper by directly measuring the willingness to take financial risks in a controlled task—adapted from Gneezy and Potters (1997)—with real financial stakes: subjects received an initial endowment of 200 Swiss francs (about 220 USD) and decided how much to invest in a risky asset with a positive expected return, and how much to put on a risk-free account with a zero interest rate. Our subjects are financial professionals who trade assets privately and professionally. One of our investment tasks serves as a measurement tool for risk aversion—the risk task—where we have perfect control over subjects’ expected returns and the risks they face because we determine (and subjects know) the probabilities and payoffs in the task. In contrast, in the other investment task—the ambiguity task—subjects do not know the precise probabilities, but we control for their expectations by explicitly measuring them.

Instead of measuring subjects’ risk taking in a real financial boom and bust, which is associated with all the measurement and identification problems mentioned above, we primed half of the subjects with a stock market boom and the other half with a stock market bust. We primed subjects by asking them to fill out a survey

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1 We define countercyclical risk aversion as a lower willingness to buy identical risky assets (i.e., assets with an identical price, identical objective asset returns, and identical subjective expectation about these asset returns) in a bust relative to a boom. Subjects who behave in this way apply a higher risk discount to the same assets (i.e., they exhibit higher risk aversion) in a financial bust compared to a boom.
before they participated in the investment tasks and they were shown a fictive graph of asset prices in one part of the survey that resembled a stock market boom or a bust, respectively. We then asked them group-specific general questions about their investment strategy during either a boom or a bust, depending on which group they were in. In this way, we mentally activated the concept of a financial boom or bust, i.e., we rendered it mentally salient.

Priming is a well-established and frequently used method in psychology and refers to the mental activation of the primed concepts (Bargh and Chartrand 2000). In recent years, priming has also been increasingly used in economics and finance.\(^2\) Priming enables the measurement of the pure psychological impact of the primed concepts on behavior (and emotions and cognition) in subsequent tasks. This technique allows us to measure the psychological impact of booms and busts on risk preferences without the confounding influence of background risk, wealth effects, changing habits, experienced gains or losses, unknown returns, and volatility expectations, because all these variables remain unchanged across conditions. In other words, subjects in the boom and bust condition face exactly identical choice problems, and random assignment to conditions ensures that the two treatment groups are statistically identical. Thus, any behavioral difference in average risk taking across conditions identifies the psychological impact of boom versus bust on subjects’ risk preferences.

Our results show that financial professionals take substantially fewer risks when they are primed with a financial bust as opposed to a boom. When the probabilities with which different payoffs arose are perfectly known (risk task), they invest on average 22 percent less into the risky asset in the bust condition (45 percent of the endowment) than in the boom condition (58 percent of the endowment). When subjects do not have perfect information about probabilities (ambiguity task), we observe a similar 17 percent reduction in the amount allocated to the risky asset in the bust treatment. Because the priming could, in principle, also affect subjects’ expectations about the probability of the good state of the world in the ambiguity task, we also measured these expectations. However, the priming did not affect expectations. We thus unambiguously observe a countercyclical willingness to take risks, i.e., priming subjects with a bust condition increases their risk aversion relative to the boom prime.\(^3\)

In view of previous studies (e.g., List and Haigh 2005; Cipriani and Guarino 2009) suggesting that psychological forces are attenuated in more experienced market participants, we further examined whether participants with less market experience drive the priming effect. We find no statistically significant differences between subjects with different market experience. If anything, market experience tends to increase the susceptibility to booms and busts.\(^4\) Further analysis suggests that the

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\(^2\)For example, Gilad and Kliger (2008) primed financial professionals using a fictive story about a person gambling in the casino. See also Benjamin, Choi, and Strickland (2010); Cohn, Fehr, and Maréchal (2014); Cohn, Maréchal, and Noll (2014); and Callen et al. (2014) for recent priming studies examining the respective influence of social identity or violent trauma on economic preferences.

\(^3\)The prime could also affect subjects’ ambiguity aversion in the ambiguity task. However, as an increase in ambiguity aversion also represents a reduction in the willingness to invest in the risky asset, we use the term risk aversion for both for convenience.

\(^4\)In a similar vein, Haigh and List (2005) find that professional traders exhibit more myopic loss aversion than students.
specific emotion of fear may play a critical role in countercyclical risk aversion. Subjects in the bust condition exhibited a significantly higher level of fear than those in the boom condition. We also find that higher levels of fear predict a significantly lower investment in the risky asset.

The idea that fear may be related to risk taking has been recognized previously in the psychological literature. For example, Lerner and Keltner (2001) found in a correlation study that more fearful individuals are less willing to take risks in a hypothetical choice situation (i.e., in the Asian disease problem). However, evidence for a causal relationship between fear and risk preferences when decisions have real monetary consequences remains scarce. In order to study the causal impact of fear on financial risk taking, we conducted a further experiment in which we exposed experimental subjects to fear from random electric shocks during an investment task. All subjects faced low and high fear trials, enabling us to control for individual differences in risk taking and fear perception. A high (low) fear level was implemented by informing subjects that they would receive painful (mild and painless) random electric shocks during the next three investment trials. When participants were exposed to low levels of fear, they were willing to take significantly higher risks than when they were subject to high levels of fear. Interestingly, not the actual shock itself but the expectation of receiving a painful shock during the task diminished risk taking in this study. Taken together, the combined evidence from the priming and the fear induction experiment thus suggests that the emotion of fear may play an important role in countercyclical risk aversion.

Our findings contribute to several strands of the literature. Most importantly, we provide direct support for countercyclical risk aversion, which is a key ingredient of asset pricing models that aim to explain the high volatility of asset prices and the countercyclical risk premium for equity (Campbell and Cochrane 1999; Barberis, Huang, and Santos 2001). Higher risk aversion during a bust directly implies that households demand a high equity risk premium, while the required risk premium is lower during a boom. In addition, our findings provide a rationale for self-reinforcing feedback loops that amplify market dynamics and generate excess volatility. For example, a decline in stock prices could evoke feelings of fear among investors, rendering them more risk averse. This may lead to the sale of stocks (i.e., panic sales), which then creates additional downward momentum for the prices. Likewise, a stock market boom could be amplified through a reduction in fear and risk aversion.

The fact that booms and busts affect subjects’ fear differently and that fear may directly affect their risk preferences has potentially intriguing implications for how economists should model the individual. In standard theory, expectations typically

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5 See, for example, Lee and Andrade (2011) and Lin, Odean, and Andrade (2012). In these papers fear is induced exogenously in a market setting where it can affect both subjects’ risk preferences and their beliefs about others’ behavior. Thus, if fear induces behavioral changes, this can be due to changes in subjects’ risk preferences or changes in their expectations about other market participants’ behavior.

6 We also measured ex ante each subject’s individual pain threshold in order to be able to calibrate painless and painful electric shocks for each individual.

7 There have been several attempts in the literature to validate the consumption based habit model by testing one particular prediction of the model. In this model, habits imply that lower wealth is associated with higher risk aversion. Existing studies produced mixed evidence (Brunnermeier and Nagel 2008; Calvet, Campbell, and Sodini 2009; Chiappori and Piauella 2011). These studies typically rely on the assumption that risky asset holdings are a good proxy of risk aversion, making it necessary to control for many other factors for which good proxies may be difficult to find.
do not affect preferences. If, however, price expectations affect fear levels, they may also directly affect risk preferences. In this context, we would like to emphasize that nothing in our findings rules out that expectations may also have a direct amplifying effect on market dynamics. If, for example, a substantial share of traders has optimistic price expectations during a boom, this may not only increase their investments in risky assets through a decrease in risk aversion but also because they expect higher returns.

Our evidence for time varying risk aversion may also have implications that go beyond providing an explanation for countercyclical risk premiums and excess volatility in asset prices. Cochrane (2011) pointed out that time varying risk premiums have implications for finance applications, accounting, cost of capital, capital structure, compensation, and macroeconomics.

Our study is also related to an interesting paper by Guiso, Sapienza, and Zingales (2013) who examined time varying risk aversion. They administered a questionnaire to customers of an Italian bank before the financial crisis in 2007 and after the crisis in 2009. They find that customers reported a lower certainty equivalent for a hypothetical lottery following the 2008 financial crisis. Due to the fact that many variables (e.g., wealth, expectations of returns and volatility, experienced losses and gains, etc.) could have changed simultaneously between 2007 and 2009, the authors face the difficult task of controlling for them by finding appropriate proxies. Our study differs from theirs by randomly assigning financial professionals to a boom or bust condition. While our priming approach ensures that there are no observable or unobservable differences between the subjects in the two conditions, it also comes with the potential drawback that behavior and emotions are not measured during an actual boom and bust. Instead, we merely rendered the state of a boom or a bust salient in subjects’ minds. However, actual booms and busts are likely to constitute much more powerful primes (i.e., they are emotionally more salient). It seems therefore plausible that the influence of real booms and busts may be even stronger. Our study further differs from Guiso, Sapienza, and Zingales (2013) because we measure risk aversion in an incentive compatible way, i.e., subjects’ decisions implied sizable financial consequences for them. We are aware of the concern that the size of preference parameters estimated in laboratory experiments cannot be extrapolated to field settings without caveats (Harrison, List, and Towe 2007; Charness, Gneezy, and Imas 2013). However, because we are interested in the comparative static effects of booms versus busts rather than the absolute levels of risk aversion, we feel confident that our results are generalizable to field settings. Finally, a notable feature of our experiment is that, unlike in most laboratory experiments, we analyze the

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8 The findings in Malmendier and Nagel (2011) suggest that historical experiences may also play a role in investment behavior. They show that individuals who experienced low stock returns in their early lives report more pessimistic expectations of future returns and exhibit a lower willingness to take risks even after decades. See Dillenberger and Rozen (2014) for a formal model of history-dependent risk taking behavior.

9 Cochrane (2011) uses the term time varying discount rate which includes time discounting and the discounting of the value of risky assets because of risk aversion. In this view, time varying risk aversion is a key cause of time varying discount rates.

10 Many studies found significant correlations between lottery choices and field behavior, including health-related behaviors (Anderson and Mellor 2008; Sutter et al. 2013), career choices (Masclet et al. 2009; Bellemare and Shearer 2010), and financial decisions (Dohmen et al. 2011; Guiso, Sapienza, and Zingales 2013; Vieider et al. 2014).
behavior of financial professionals who actively participate in financial markets. Overall, it is reassuring that both studies, Guiso, Sapienza, and Zingales (2013) and ours, arrive at the same conclusion: the subjective willingness to take risks is lower during a recession. The fact that this conclusion emerges from different studies with different research designs, subject pools, and methods strengthens the evidence for countercyclical risk aversion.

Finally, our study is also related to the small but growing literature on the effects of emotional or traumatic events on risk taking and other economic behaviors (e.g., Saunders 1993; Hirshleifer and Shumway 2003; Knutson et al. 2008; Kuhnlen and Knutson 2011; Lin, Odean, and Andrade 2012; Bassi, Colacito, and Fulghieri 2013; Cameron and Shah 2013; Callen et al. 2014). This literature generally suggests that emotional and/or traumatic events can have considerable effects on preferences and behavior. Although these studies suggest that emotionally significant events can affect preferences, none of them examines countercyclical risk aversion, i.e., how booms and busts affect risk preferences.

The remainder of this paper is organized as follows. Section I outlines the experimental design. Section II describes the sample and presents a randomization check. Section III summarizes the empirical findings, and Section IV concludes the paper.

I. Experimental Design

We conducted the experiment at a large financial trade fair where exhibitors presented their financial products and services. We installed a mobile laboratory in a quiet corner of the fairground, ensuring that the experiment was run under controlled conditions. To investigate the behavior of real financial market participants, we recruited our subjects on the day when the trade fair was only open to financial professionals. Subjects were asked to fill out a short computerized financial market survey in which they could earn money (see the online Appendix). The computer stations were separated by partition walls to guarantee privacy (see Figure A1 in the Appendix).

The first part of the survey contained a few icebreaker questions. The second part comprised our key experimental manipulation. The computer randomly assigned subjects to one of two treatments. In treatment “Boom,” subjects first saw an animated, fictive chart of a booming stock market (see panel A of Figure 1). They subsequently answered five questions about their investment strategy during a stock market boom (e.g., “Imagine you find yourself in a continuing stock market boom and you expect the development to continue as indicated by the arrow in the picture. Would you buy or sell particular stocks? Explain your answer briefly.”). In treatment “Bust,” subjects faced the opposite situation, i.e., a stock market bust (see panel B of Figure 1), and answered an analogous set of questions about their investment behavior during a bust. Following these questions, subjects reported their current emotional state. We elicited their general affective state and fear as a more specific emotion. General affect was elicited with a widely used and validated non-verbal measure, where subjects have to select one out of nine manikins which best expresses their current affective state ranging from very negative (encoded as “−4”) to very positive (encoded as “4”) (Bradley and Lang 1994). Fear was measured by
Asking subjects to report the intensity of fear on a 7-point Likert scale (Bosman and Van Winden 2002). \[\text{Subjects could subsequently earn up to 500 Swiss francs (or 546 US dollars at the time of the experiment) in an investment task (adapted from Gneezy and Potters 1997). They were endowed with 200 Swiss francs and decided how much to invest in a risky asset. If the good state of the world occurred, subjects won two and a half times the invested amount. If the bad state occurred, subjects lost the invested amount. The remaining amount that was not invested in the risky asset was automatically credited to a safe account with a zero interest rate. We implemented two variants of the investment task, which differed only by the extent to which subjects knew the probability of success for the risky asset. In the risk task, subjects knew the probability of success. They saw a picture of a plastic box on their computer screens which contained one red and one yellow ball (see panel A of Figure A2 in the Appendix). The real box was visibly placed on the instructor’s table and used to determine whether the good or the bad state occurred for each subject. At the end of the experiment, the instructor drew one of the two balls blindly. If the yellow ball was drawn, the good state occurred, i.e., the risky investment was successful. In the ambiguity task, the probability of success for the risky asset was uncertain for the subjects. We introduced uncertainty using a second plastic box filled with a large, unknown number of blue, red, and yellow balls (see panel B of Figure A2 in the Appendix). Analogous to the risk task, the good state occurred if a yellow ball was drawn at the end of the experiment. We set the share of yellow balls at 50 percent, i.e., at the same level as in the risk task. After the ambiguity task, subjects guessed the share of yellow balls, which provides a measure of their expectations.}

\[\text{11 Self-reported measures, such as emotional experiences, have been shown to be consistently correlated with different physiological measures such as heart rate and facial muscle contraction (Bradley and Lang 2000).}\]
The final part of the survey included a question on general optimism borrowed from the standard Life Orientation Test, a commonly used test in psychology (Scheier, Carver, and Bridges 1994). Subjects indicated the extent to which they agreed with the statement “Overall, I expect more good things to happen to me than bad” on a 7-point Likert scale. We used this question as a second, more general measure of expectations. Subjects next completed a financial literacy test. We created our own test because existing financial literacy tests were primarily developed for the general population (e.g., van Rooij, Lusardi, and Alessie 2011). Our financial literacy test is a multiple choice test and asked subjects to rank order different financial products according to their volatility, identify the advantages of traded funds, select the correct term for purchasing a put option, and finally, to recognize which companies are currently listed on the Swiss Market Index. The survey concluded with questions collecting information on subjects’ socio-economic backgrounds.

Several features of the experimental design are noteworthy. First, the risk task, where subjects knew the exact probability of success, was always presented after the ambiguity task. This prevented them from using the probability of success in the risk task as an anchor for their decisions in the ambiguity task (e.g., Tversky and Kahneman 1974). Second, it was common knowledge that only one of the two investment decisions would become payoff relevant. The instructor drew a ball from the small or the large box for each subject. Which box was used was determined randomly by the computer at the end of the survey. This prevented subjects from pursuing hedging strategies across decisions (e.g., Blanco et al. 2010). Finally, due to budget constraints, we randomly selected 20 percent of the subjects for actual payment at the end of the survey. The payment modality was common knowledge. Considering that the survey took only about 15 minutes to complete, the stake size was nevertheless quite sizable.

II. Descriptive Statistics and Randomization Check

A. Descriptive Statistics

Table A1 presents the summary statistics of our sample consisting of 162 financial professionals. Their average age was 36.4 years. Seventy-five percent were male. Their average monthly income was 11,041 Swiss francs, which is representative for Switzerland’s financial industry (Swiss Federal Statistical Office 2010). Fifty-four percent of the participants owned liquid assets worth 100,000 Swiss francs or more. Many worked as financial advisors, but the sample also covers other typical professional functions in the financial industry, such as traders, analysts, and product managers. More than half of the participants indicated that they trade assets at least once per month. We find individual heterogeneity in financial literacy, but overall, the level of financial knowledge was rather high. Sixty-four percent correctly solved three or all four problems in the financial literacy test, while only 11 percent ended

12 Payment schemes with random components are commonly used in experiments on individual decision-making and there is solid evidence showing that these schemes do not change behavior (Starmer and Sugden 1991; Cubitt, Starmer, and Sugden 1998; Hey and Lee 2005; March et al. 2014).

13 The job function question was asked in open format and therefore does not permit a precise classification of professional functions in some cases.
up with a score of one or zero. This heterogeneity in financial literacy is related to market participation: subjects who reported trading assets frequently achieved a higher test score compared to those who indicated they were less active in financial markets ($p = 0.013$, $t$-test).14

\section*{B. Randomization Check}

We tested whether the computerized randomization successfully resulted in a balanced sample using rank-sum tests, or $\chi^2$-tests in case of binary variables. With the exception of male subjects being slightly over-represented in treatment Boom ($p = 0.069$, $\chi^2$-test), we cannot reject the null hypothesis that the socio-economic and financial background of the subjects is balanced between treatments based on conventional significance levels (see Table A1 in the Appendix). We always control for gender in our regression analysis.

\section*{III. Experimental Results}

\subsection*{A. Investment Decisions}

Figure 2 displays the average investment share in the risky asset by treatment. In both variants of the investment task, subjects made considerably more conservative investment decisions in treatment Bust compared to treatment Boom.

\footnote{14 We report two-sided $p$-values throughout the entire paper.}
Panel A presents the treatment effect in the risk task. Investments into the risky asset decreased on average by 22 percent from an investment share of 57.7 percent in treatment Boom down to 45.2 percent in treatment Bust. The treatment effect is similar in the ambiguity task, as shown in panel B. The share invested in the risky asset is on average 50.3 percent in treatment Boom compared to 41.9 percent in treatment Bust, which corresponds to a 17 percent reduction in risk taking.

In order to underpin the treatment differences statistically and to control for individual differences in socio-economic and financial background, we conducted a regression analysis. Our regression model is specified as follows:

\[
y_{ik} = \beta_0 + \beta_1 \text{Bust}_i + \beta_2 \text{Ambiguity} + \beta_3 X_i + \epsilon_{ik},
\]

where the dependent variable \(y_{ik}\) is the share individual \(i\) invested in the risky asset (in percent of the endowment) in investment task \(k\). \(\text{Bust}_i\) is a dummy for treatment Bust, and \(\text{Ambiguity}\) is a dummy for decisions made in the ambiguity task. We estimate an alternative model where we include the interaction term \(\text{Bust}_i \times \text{Ambiguity}\). This allows us to examine whether treatment Bust had a differential impact on investments in the two variants of the task. \(X_i\) is the set of control variables for subjects’ socio-economic and financial backgrounds. We control for age, gender, financial literacy, and trading frequency. Finally, \(\epsilon_{ik}\) is the idiosyncratic error term. We estimate our regression model using OLS and correct the standard errors for clustering at the individual level. The results are the same if we use a Tobit model instead.

The estimation results reported in Table 1 corroborate our main finding. Column 1 reveals that investments are significantly lower in treatment Bust than in treatment Boom \((p = 0.020, t\)-test\). This difference also holds if we include the interaction term between treatment Bust and the ambiguity task, as shown in column 2. According to this model, in the risk task, subjects invested on average 12 percentage points less in the risky asset in treatment Bust compared to treatment Boom \((p = 0.012, t\)-test\). The interaction term between treatment Bust and the ambiguity task is not significantly different from zero \((p = 0.368, t\)-test\). This means that we cannot reject the null hypothesis that the treatment effect is similar in both variants of the task. We further find that subjects invested significantly less in the risky asset when its success probability was uncertain \((p = 0.018 in column 1 and p = 0.012 in column 2, t\)-tests\). This is consistent with the notion that ambiguous prospects are valued less because of ambiguity aversion. Reduced risk taking in the ambiguity task (i.e., ambiguity aversion) could be due to pessimistic expectations or to an aversion to ambiguous success probabilities. Subjects guessed that the share of winning balls in the ambiguous lottery is 43.3 percent on average \((95\%\) confidence interval: \([41.2\%\, 45.4\%]\)). Thus, they were more pessimistic in the ambiguity task than in the risk task where they knew they would win with a probability of 50 percent. We ran an additional regression where the within-subject difference of the investment share between the risk and the ambiguity task is regressed on subjects’ beliefs about the success probability of the ambiguous lottery (and other control variables). We find a negative yet insignificant \((p = 0.238, t\)-test\) correlation between investment differences across risk and ambiguity task and the expected number of winning balls in the ambiguity task. This suggests that while pessimistic expectations in the ambiguity task may have lowered investments in this task, an aversion to ambiguous success probabilities may also have played a role.

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knowledge and trading frequency have no significant correlation with investment decisions.\footnote{17}

Given that some studies (e.g., List and Haigh 2005; Cipriani and Guarino 2009) report that market experience diminishes the importance of psychological forces in financial decisions, we further examined whether the observed change in risk aversion is stronger in subjects with less market experience. We used subjects’ financial knowledge and trading frequency as a proxy for their market experience. Panel A of Figure 3 presents average investments in the risk task by treatment and level of financial literacy. We divided the sample into two equally sized groups: subjects with below-median financial literacy and those above-median. The picture shows that both groups responded similarly to our manipulation. If anything, the treatment effect seems to be even slightly stronger in subjects who scored higher on the financial literacy test. We make a similar comparison based on trading frequency in panel B of Figure 3. We divided the sample into two groups of roughly the same size: subjects who trade assets at least on a monthly basis and those who trade assets less frequently. The more active market participants exhibited a slightly more pronounced

\footnote{17}We also find that male participants tended to invest more than their female counterparts, but not significantly so ($p = 0.214$ in column 1 and $p = 0.215$ in column 2, $t$-tests).
reaction, but the difference is again not very large. A similar pattern emerges in the ambiguity task (see Figure A3 in the Appendix). We also ran OLS regressions based on model (1), where we additionally include an interaction term between the priming condition and financial literacy, respectively trading frequency. The estimation results indicate that market experience tends to enhance the treatment effect, but none of the coefficients on the interaction terms reaches statistical significance.\footnote{The $t$-statistics and $p$-values for trading frequency are $t = -1.02$, $p = 0.310$, and $t = -0.01$, $p = 0.989$ for financial literacy. The interaction term “Bust $\times$ Ambiguity” was excluded from the regression model.}

\section*{B. Expectations}

In addition to risk aversion, expectations may be another important determinant of peoples’ risk taking behavior. We designed the risk task in such a way that expectations should not matter. Subjects knew all parameters of this task, which eliminated any kind of uncertainty. In contrast, the ambiguity task involved some uncertainty because subjects did not know the share of winning balls. This enables us to study the role of expectations in an environment that is comparable to the risk task.

The fact that we find a similar effect in both variants of the investment task is a preliminary indication of a change in risk preferences, rather than a change in expectations. If the mental saliency of booms and busts had an impact on subjective expectations, we should observe a stronger treatment effect in the ambiguity task because the absence of perfect certainty about the share of winning balls leaves
more room for expectations to play a role in that task (e.g., Klibanoff, Marinacci, and Mukerji 2005).

In order to directly test whether our manipulation affected expectations, we estimated an OLS regression model in which we regressed the subjects’ guessed share of winning balls in the ambiguity task on a dummy for treatment Bust, and our set of control variables. Column 1 of Table 2 shows that while subjects were slightly more pessimistic concerning the probability of success in treatment Bust than in treatment Boom, the difference is rather small and statistically insignificant \((p = 0.209, t\text{-test})\). We additionally considered the subjects’ general levels of optimism as an alternative measure of expectations. The results in column 2 show that subjects were slightly more optimistic in treatment Bust than in treatment Boom, although the coefficient is small and statistically insignificant \((p = 0.346, t\text{-test})\). Thus, regardless of which measure of expectations one refers to, the findings support the key result that increasing the mental saliency of booms and busts causes a change in risk aversion rather than a change in the expectation of a successful outcome from the investment. The reduced willingness to invest in the risky asset in the bust treatment indicates an increase in risk aversion, i.e., a lower valuation of the risky asset for given subjective expectations about the state of the world (the share of winning balls).

C. Emotions

Our final piece of evidence sheds light on the possible mechanism underlying countercyclical risk aversion. Most economic theories do not explicitly model emotions such as fear. However, this does not mean that these theories are necessarily inconsistent with emotion-driven mechanisms. For example, the mechanism underlying countercyclical risk aversion in Barberis, Huang, and Santos (2001) can be easily reconciled with the notion of fear. In this theory, investors have a mental cushion that regulates their psychological capacity to deal with investment losses. A decline in asset prices reduces this mental cushion and renders investors more fearful, which translates into a higher degree of risk aversion. Likewise, the theory of Campbell and Cochrane (1999) is, in principle, also consistent with a fear based explanation. In this theory, individuals’ increase in risk aversion after a fall in financial wealth may arise because they fear being unable to maintain their habitual level of consumption. The association of risk taking with fear is also in accordance with recent brain imaging and hormone studies, which suggest a link between a key fear processing unit of the brain (i.e., the amygdala) and risk taking (e.g., Bossaerts 2009). Moreover, studies with professional traders indicate that even highly trained market participants exhibit strong psychophysiological reactions typically associated with

\[19\] We also asked subjects whether they believed the Swiss Market Index (SMI) would tend to rise or fall in the following two years and whether they thought they would lose their jobs within the next six months. Our conclusion that the mental saliency of booms and busts did not influence expectations remains the same if we use these alternative measures instead.

\[20\] See also Kandasamy et al. (2013) who show that exogenously administrating the stress hormone cortisol increases risk aversion. Furthermore, the results from Knutson et al. (2008) suggest that activity in the nucleus accumbens (a neuronal marker for positive arousal) mediates the influence of incidental positive emotions on subsequent risk taking. See also Apicella, Dreber, and Mollerstrom (2014) on the role of testosterone in financial risk taking.
strong emotions (e.g., variations in the heart rate and the blood volume pressure) in response to price fluctuations, and that these emotional responses are related to trading performance (Lo and Repin 2002; Lo, Repin, and Steenbarger 2005).

We therefore examined whether our treatments evoked different emotional reactions, and, in addition, whether emotions are related to investment decisions. Figure 4 visualizes treatment differences in general affect and the specific emotion of fear. The figure reveals that subjects felt generally worse (panel A) and they also reported a higher level of fear (panel B) in treatment Bust compared to treatment Boom. To examine the statistical significance of these treatment differences, we estimated an OLS regression model in which we separately regressed our two measures of emotions on a dummy for treatment Bust, and our set of control variables. The estimation results are reported in the first two columns of Table 3. Column 1 shows that while the treatment variable Bust is only marginally significant in the equation for general affect ($p = 0.070$, $t$-test), the second column shows that treatment Bust caused a significant increase in fear ($p = 0.023$, $t$-test). This indicates that the priming of financial market trends has a causal effect on the specific emotion of fear.

We also find a stronger relationship between investment decisions and fear than with the general affective state, as columns 3 and 4 of Table 3 indicate. In these columns, we report OLS regressions in the spirit of model (1) in Table 1, with the difference that one of our emotion measures replaces the treatment dummy. Column 3 shows that the coefficient for general affect has the expected positive sign—i.e., a generally more positive emotional state is associated with larger investments—but
the estimate is statistically insignificant \((p = 0.147, \text{\(t\)-test})\). In contrast, column 4 shows that the relation between fear and investments is highly significant \((p = 0.017, \text{\(t\)-test})\), indicating that higher levels of fear predict lower investments in the risky asset. Thus, taken together, we have shown that the mere priming of financial market trends causes significant changes in fear and that higher levels of fear are associated with less risk taking. To study the extent to which the treatment effect is mediated by fear we also estimated a model where we simultaneously control for treatment Bust and our measure of fear (column 5 in Table 3). The results of this regression show that fear reduces the share invested in the risky asset by roughly 2.7 percentage points per “unit of fear” \((p = 0.054, \text{\(t\)-test})\) and that the effect of Bust is reduced relative to regression (1) in Table 1 in which we do not control for fear. Moving from “no fear at all” to the average level of fear reduces investments by 4.4 percentage points, which corresponds to 44.5 percent of the treatment effect. Yet, the treatment variable is still positive which could mean that fear does not fully mediate the treatment effect, or that there is measurement error in the fear variable. In our view, it is likely that there is measurement error in the fear variable because emotions are notoriously difficult to measure in a precise way. Nevertheless, our measure of fear at least partly explains the effect of the bust treatment.

In order to test whether fear has a causal impact on the willingness to take financial risks, we conducted an additional experiment in which we exogenously induced fear during an investment task. In psychology and neuroscience, a reliable and frequently used method for inducing fear is to expose subjects to the threat of painful electric shocks (Schmitz and Grillon 2012).
In our experiment, 41 university students participated in an investment task in which they could invest between 0 and 24 Swiss francs. The experiment had two parts, each consisting of 42 investment trials (see Appendix B for details). In part 1 the subjects knew that on average the lotteries offered a 40 to 60 percent chance of winning an equal or greater amount than the investment. The maximum amount a lottery could return was 24 Swiss francs plus three times the invested amount. Coarse information about the expected payoff frequencies was given at the end of part 1, where subjects were told how often they could earn a positive return rate at the various investment levels. This means that in part 2 subjects were much better informed about the expected distribution of returns, implying that the ambiguity concerning the probability of success was substantially reduced. At the end of the experiment two randomly chosen trials were paid out.

During both parts of this investment task each subject faced randomly ordered blocks of low and high fear trials, where one block consisted of three investment trials. A high (low) fear level was implemented by informing subjects that they would receive painful (painless) electric shocks that would arrive unpredictably during the next three trials. Before the experiment, we measured individual pain thresholds so
that we could ensure that each subject received both painful and painless shocks. Subjects received written information on their computer screens at the beginning of each block of three trials about whether they were in a low or high pain block. In addition, they received a reminder shock (either low or high) at the beginning of a block in order to ensure that they were absolutely certain about the treatment condition.

The results show that in part 1 (part 2) average investment shares decreased by 7 (10) percent from 54.5 (48.7) to 50.8 (44.0) percent when subjects were exposed to a high level of fear than when they were subject to low fear. Table A3 in the Appendix reports the OLS-regression results. We regressed the investment shares (measured in percent of CHF 24) on the treatment condition (“Threat of shock”) and a dummy variable “Information” indicating whether the decisions were made in part 2 after coarse distributional information about payoffs was provided. In order to control for the actual experience of electric shocks, we also included dummies for the experience of either painful or non-painful electrical stimulation (“Painful shock” and “Non-painful shock”) shortly before individuals made the decision in a given trial. In addition, we control for age and gender. The regression results show that the threat of painful shocks significantly reduced investments (p < 0.001, t-test). Interestingly, however, it is only the threat of a random shock, i.e., the expectation of an adverse event, and not the previous experience of painful shocks that reduces risk taking.

These results highlight that fear per se, even if it is completely unrelated to economic events, decreases the willingness to take risks. Thus, taken together, the facts (i) that the priming of a bust causes fear, (ii) that this fear negatively predicts a lower investment in risky assets, and (iii) that exogenously induced fear directly causes a reduction in risky investments, lend coherent support to the hypothesis that fear is one of the key mechanisms behind the changes in risk aversion during a financial cycle.

IV. Conclusion

This paper presents experimental evidence on countercyclical risk aversion. We primed financial professionals either with the scenario of a financial boom or a bust and then measured their risk aversion using incentivized investment tasks. We show that thinking of busts, as opposed to booms, substantially reduces risk taking. Because we have perfect control over expectations about probabilities and payoffs in the risk task—and good measures of expectations in the ambiguity task—we can attribute the behavioral change induced by the boom and bust scenarios to a change in risk preferences. Finally, we find evidence that fear is a plausible explanation for why risk aversion is higher during a bust than a boom. In fact, if we exogenously induce fear in subjects during an investment task by exposing them to the threat of an aversive electric shock, we observe a significant reduction in risk taking. This suggests that fear directly causes a lower willingness to take risks even if fear is completely unrelated to economic events. Together, these findings support a critical component of asset pricing models that assume countercyclical risk aversion in order to fit empirical observations of aggregate market behavior.
Our evidence further suggests that countercyclical risk aversion might produce feedback loops that amplify market trends. For example, a decline in stock prices that renders investors more fearful, and consequently, more risk averse, could lead to an increased number of sales which pushes the prices further down. Several factors might exacerbate this amplification mechanism. For example, analogous to a contagious disease, emotions may rapidly spread within investors’ social networks and amplify emotional responses to market trends (de Gelder et al. 2004). Moreover, social projection bias—people’s tendency to project their own emotions onto others—might have a similar reinforcing effect (Lee and Andrade 2011). We believe that improving our understanding of how institutional and behavioral factors moderate such an amplification mechanism provides a promising avenue for future research.

APPENDIX

A. Figures and Tables

Figure A1. Mobile Laboratory

Note: This picture shows the mobile laboratory at the financial trade fair.
**Figure A2. Plastic Boxes for the Investment Task**

*Notes:* The pictures show the plastic boxes filled with colored balls that were used in the risk and the ambiguity task to determine whether the good state of the world prevails. At the end of the study, the instructors fully covered the boxes. Then one of the instructors (who could not see inside the box) randomly picked a ball.

**Figure A3. The Role of Market Experience in the Presence of Uncertainty**

*Notes:* This figure displays the impact of booms and busts on average investments made in the ambiguity task as a function of the level of financial literacy (panel A) and trading frequency (panel B). Error bars indicate standard errors of the mean.
Table A1—Summary Statistics and Randomization Check

<table>
<thead>
<tr>
<th>Variable</th>
<th>Total sample (N = 162)</th>
<th>Boom (N = 85)</th>
<th>Bust (N = 77)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>36.395</td>
<td>36.447</td>
<td>36.338</td>
<td>0.971</td>
</tr>
<tr>
<td></td>
<td>(10.232)</td>
<td>(11.274)</td>
<td>(9.015)</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>0.753</td>
<td>0.812</td>
<td>0.688</td>
<td>0.069</td>
</tr>
<tr>
<td></td>
<td>(0.433)</td>
<td>(0.393)</td>
<td>(0.466)</td>
<td></td>
</tr>
<tr>
<td>Monthly income</td>
<td>11,041.267</td>
<td>10,576.429</td>
<td>11,560,000</td>
<td>0.977</td>
</tr>
<tr>
<td></td>
<td>(13,899.983)</td>
<td>(10,582.771)</td>
<td>(16,920.469)</td>
<td></td>
</tr>
<tr>
<td>Wealth (&gt; CHF 100,000)</td>
<td>0.541</td>
<td>0.566</td>
<td>0.514</td>
<td>0.508</td>
</tr>
<tr>
<td></td>
<td>(0.500)</td>
<td>(0.499)</td>
<td>(0.503)</td>
<td></td>
</tr>
<tr>
<td>Financial literacy</td>
<td>2.673</td>
<td>2.729</td>
<td>2.610</td>
<td>0.536</td>
</tr>
<tr>
<td></td>
<td>(0.918)</td>
<td>(0.793)</td>
<td>(1.041)</td>
<td></td>
</tr>
<tr>
<td>High trading frequency</td>
<td>0.519</td>
<td>0.541</td>
<td>0.494</td>
<td>0.544</td>
</tr>
<tr>
<td></td>
<td>(0.501)</td>
<td>(0.501)</td>
<td>(0.503)</td>
<td></td>
</tr>
</tbody>
</table>

Notes: This table reports means and standard deviations (in parenthesis) in the total sample and in treatments Boom and Bust. The last column displays p-values for the null hypothesis of perfect randomization ($X^2$ tests in case of binary variables and Mann-Whitney tests in case of interval variables). “Age” is the individual’s age in years. “Male,” “Wealth,” and “High trading frequency” are dummy variables indicating male subjects, asset ownership of 100,000 Swiss francs or more, and asset trading at a monthly or more frequent rate. “Monthly income” is the monthly income in Swiss francs. “Financial literacy” is the financial literacy test score, ranging from 0 to 4. Due to item non-response for the income and the wealth question, 16 observations are missing for monthly income, and five for wealth.

***Significant at the 1 percent level.
**Significant at the 5 percent level.
*Significant at the 10 percent level.

Table A2—Lottery Payoff Table

<table>
<thead>
<tr>
<th>If you invest:</th>
<th>the lottery returns a payoff in the range of:</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>4</td>
<td>0–36</td>
</tr>
<tr>
<td>6</td>
<td>0–42</td>
</tr>
<tr>
<td>8</td>
<td>0–48</td>
</tr>
<tr>
<td>10</td>
<td>0–54</td>
</tr>
<tr>
<td>12</td>
<td>0–60</td>
</tr>
<tr>
<td>14</td>
<td>0–66</td>
</tr>
<tr>
<td>16</td>
<td>0–72</td>
</tr>
<tr>
<td>18</td>
<td>0–78</td>
</tr>
<tr>
<td>20</td>
<td>0–84</td>
</tr>
<tr>
<td>24</td>
<td>0–96</td>
</tr>
</tbody>
</table>
B. Fear Induction Experiment

The purpose of the additional experiment was to measure the causal impact of fear on financial risk taking. Forty-one university students participated in the experiment. We induced different levels of fear by informing subjects that they would receive both mild (i.e., painless) and strong (i.e., painful) electric shocks (see Schmitz and Grillon 2012). Electrical stimulation was applied to the dorsum of the left hand in order to deliver a maximally focused and centered tactile stimulus. Prior to the experiment, we determined each subject’s pain threshold using standard procedures (Brooks et al. 2010). Once individual stimulation thresholds were identified the experiment started.

The computerized experiment consisted of 84 investment trials, divided into blocks of three trials. In each block, subjects continuously expected to receive mild (strong) electric shocks that were administered at random points in time during the block. The experimental condition (i.e., the threat of mild or strong shocks) was

<table>
<thead>
<tr>
<th>Table A3—Regression Analysis of Fear Induction Experiment</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td>Share invested in risky asset</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>(1)</td>
</tr>
<tr>
<td>(2)</td>
</tr>
<tr>
<td>Threat of shock</td>
</tr>
<tr>
<td>-4.273***</td>
</tr>
<tr>
<td>(1.234)</td>
</tr>
<tr>
<td>Information</td>
</tr>
<tr>
<td>-6.353***</td>
</tr>
<tr>
<td>(2.459)</td>
</tr>
<tr>
<td>Threat of shock × Information</td>
</tr>
<tr>
<td>-0.967</td>
</tr>
<tr>
<td>(1.376)</td>
</tr>
<tr>
<td>Painful shock</td>
</tr>
<tr>
<td>0.577</td>
</tr>
<tr>
<td>(1.843)</td>
</tr>
<tr>
<td>Non-painful shock</td>
</tr>
<tr>
<td>0.061</td>
</tr>
<tr>
<td>(1.762)</td>
</tr>
<tr>
<td>Age</td>
</tr>
<tr>
<td>1.720</td>
</tr>
<tr>
<td>(1.382)</td>
</tr>
<tr>
<td>Male</td>
</tr>
<tr>
<td>4.628</td>
</tr>
<tr>
<td>(6.540)</td>
</tr>
<tr>
<td>Constant</td>
</tr>
<tr>
<td>14.319</td>
</tr>
<tr>
<td>(29.118)</td>
</tr>
<tr>
<td>Observations</td>
</tr>
<tr>
<td>3,399</td>
</tr>
</tbody>
</table>

Notes: This table reports OLS coefficient estimates (robust standard errors corrected for clustering on the individual level in parentheses). The dependent variable in both columns is the share invested in a lottery (in percent of the endowment). “Threat of shock” is a dummy for the painful treat-of-shock treatment, i.e., the condition we implemented to induce fear by exposing subjects to the threat of unpredictable, randomly administered painful electric shocks. “Information” is a dummy for decisions made in the second part of the experiment, i.e., after subjects received coarse information about the expected payoff frequencies. “Painful shock” and “Non-painful shock” are dummy variables for the actual experience of either painful or non-painful electrical stimulation within an interval of four seconds prior to the display of the choice scenario and until subjects made a choice. “Age” is a subject’s age in years, and “Male” is a gender dummy. The number of observations is less than the total number of choice scenarios (3444) because some subjects did not respond within the allotted 5.5 second time limit and one subject ended the experiment early.

*** Significant at the 1 percent level.
**  Significant at the 5 percent level.
*   Significant at the 10 percent level.
announced prior to a block in three ways: (i) via a text cue on the computer screen indicating “strong” for the threat-of-shock condition, and “mild” for the control condition, (ii) via a reminder shock that reflected the exact intensity of the shock(s) that could occur throughout the block, and (iii) via a specific background color on the screen that was maintained during the block and that was consistently associated with either mild or strong shocks (the color was counterbalanced across subjects). Thus, before each block subjects knew exactly whether they would receive mild or strong electric shocks. The frequency and time points of electric shocks were determined stochastically, and thus were completely unpredictable to subjects. This strengthened the fear manipulation (see Schmitz and Grillon 2012). Subjects knew that they could neither influence the frequency nor the timing of the electric shocks. The length of each trial was fixed at exactly 5.5 seconds, meaning that subjects could not avoid painful shocks by making faster decisions. We explained this in detail to the subjects in written and in oral instructions.

In each trial, subjects could invest between 0 and 24 Swiss francs in a lottery. They could choose among five options: invest nothing (i.e., 0 Swiss francs), invest all (i.e., 24 Swiss francs), or invest one out of three intermediate amounts. The part of the endowment that was not invested was put on a safe account with a zero interest rate. Intermediate amounts varied stochastically from trial to trial in order to keep subjects focused on the task. In each trial, the intermediate amounts were randomly and independently drawn from three categories (low, medium, high), i.e., one amount was selected from each category. The low category consisted of the amounts 4, 6, and 8 Swiss francs, the medium category included the amounts 10, 12, and 14 Swiss francs, and the high category consisted of the amounts 16, 18, and 20 Swiss francs. So, for example, in a given trial a subject might have been facing the following five options: 0, 4, 10, 20, or 24 Swiss francs.

The lotteries returned any integer payoff between 0 Swiss francs and three times the invested amount plus 24 Swiss francs. Subjects were presented a table illustrating the minimum and maximum lottery payoff for each possible investment level (see Table A2).

The experiment was split into two parts (i.e., 42 trials each) which differed in the extent of ambiguity of the lotteries. In the first part of the experiment (the first 42 trials), subjects only knew that they had an ambiguous 40 to 60 percent chance to receive at least the amount invested. In addition, they knew the minimum and maximum payoffs for any feasible investment level (see Table A2). At the end of the first part, subjects were informed how often they chose a positive investment level in the previous 42 rounds. In addition, the degree of ambiguity was reduced by giving subjects the following coarse information on the payoff distributions for positive investment levels:

(i) the previously realized frequency and the expected relative frequency (0.54) of a payoff that is lower than their investment;

(ii) the previously realized frequency and the expected relative frequency (0.35) of a payoff that is zero;
(iii) the previously realized frequency and the expected relative frequency (0.33) of a payoff that is larger than their investment;

(iv) the previously realized frequency and the expected relative frequency (0.16) of a payoff that is larger than $1.5 \times$ investment.

This information was presented to the subjects both numerically and with bar charts at the end of the first part. After they received this information, they faced another 42 trials (second part). Recall that the information given at the end of part 1 lowered the overall investment level but did not affect the impact of fear on investment levels. The impact remained constant across part 1 and part 2. Thus, the additional information did not have an impact on the fear effect.

To identify the impact of the threat-of-shock treatment on investment decisions, we estimated the following regression model using OLS:

$$y_{it} = \beta_0 + \beta_1 \text{Threat}_{it} + \beta_2 \text{PS}_{it} + \beta_3 \text{NP}_{it} + \beta_4 I_{it} + \beta_5 X_{it} + \epsilon_{it},$$

where the dependent variable is the share invested (in percent of the endowment) into a lottery by individual $i$ in trial $t$. $\text{Threat}_{it}$ is a dummy for the threat-of-shock treatment, i.e., the condition we implemented to induce fear. $I_{it}$ is a dummy for decisions made in the second part, i.e., after providing coarse information about the expected payoff frequencies. $\text{PS}_{it}$ and $\text{NP}_{it}$ are dummy variables for the actual experience of either painful or non-painful electrical stimulation within an interval of four seconds prior to the display of the choice scenario and until subjects made a choice. We examined shorter and longer intervals ranging from two to ten seconds; the results remain unchanged. $X_{it}$ is a vector that controls for age and gender. Standard errors are corrected for clustering at the individual level. The estimation results are reported in Table A3 and indicate that the threat of painful shocks significantly reduced investments ($p < 0.001$, $t$-test). Interestingly, it is only the threat of random shocks that affects risk taking because the actual experience of electric shocks had no impact on subsequent behavior ($\text{PS}: p = 0.754$ and $\text{NP}: p = 0.972$, $t$-tests). Finally, revealing coarse information about the expected payoff frequencies decreased investments ($p < 0.001$, $t$-test), but column 2 shows that the interaction term between the treatment and information dummy is insignificant ($p = 0.482$, $t$-test), which means that the fear-of-pain effect does not depend on the degree of ambiguity.

REFERENCES


21 The results remain the same if we use a Tobit model instead.


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