

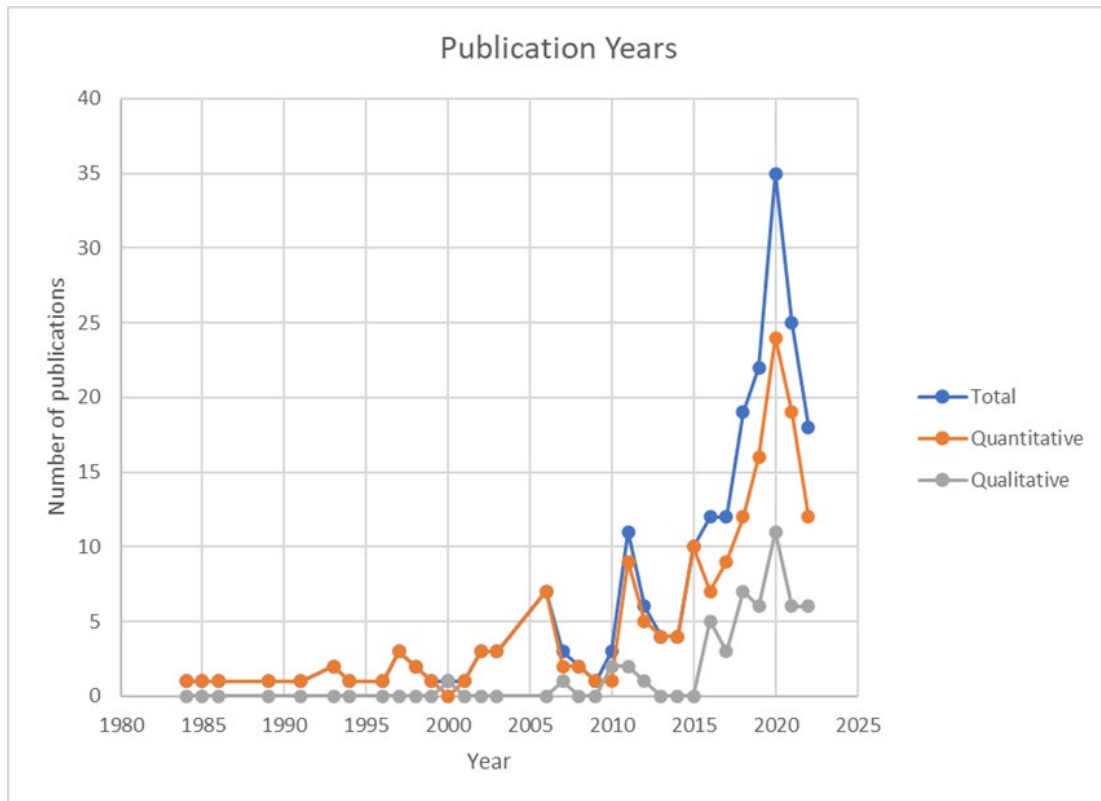
### Supplemental Material 3

*Consistency of Factors from Quantitative Studies. Factors are grouped by the socio-ecological level. Raw number followed by percentage in bracket are displayed per column for total number of studies reported significant results, total number of studies that tested the factors the directions of the results.*

Level	Factor	Number of studies that reported significant results for the factor	Number of studies that tested the factor	Results				
				Positive correlation with mental health problems	Positive correlation with resilience	Negative correlation with mental health problems	Negative correlation with resilience	No correlation
Individual	Traumatic experiences	98 (98%)	100	98 (98%)	-	-	-	2 (2%)
	Gender	55 (62%)	89	46 (52%)	-	9 (10%)	-	34 (38%)
	Being female			43 (48%)	-	4 (4%)	-	-
	Being male			2 (2%)	1 (1%)	3 (3%)	-	-
	Age (being older)	35 (44%)	80	28 (35%)	-	7 (9%)	-	45 (56%)
	Chronic mental health issues	19 (100%)	19	18 (95%)	-	-	1 (5%)	-
	Chronic health issues	18 (100%)	18	18 (100%)	-	-	-	-
	Language difficulty	19 (70%)	27	19 (70%)	-	-	-	8 (30%)
	Low SES	13 (87%)	15	9 (60%)	-	3 (20%)	1 (7%)	2 (13%)
	Coping strategy	16 (80%)	20	10 (50%)	-	6 (30%)	-	4 (20%)
	Positive coping			2 (10%)	-	6 (30%)	-	-
	Maladaptive coping			8 (40%)	-	-	-	-
	Higher Education	21 (40%)	52	3 (6%)	3 (6%)	15 (29%)	-	31 (60%)
	Religiosity	6 (75%)	8	1 (13%)	-	5 (63%)	-	2 (25%)
Family	Self-efficacy	4 (57%)	7	-	2 (29%)	2 (29%)	-	3 (43%)
	Living conditions	9 (100%)	9	9 (100%)	-	-	-	-
	Financial strain	5 (100%)	5	5 (100%)	-	-	-	-
	Health or trauma experienced by loved ones	4 (100%)	4	4 (100%)	-	-	-	-
	Social support	27 (90%)	30	1 (3%)	2 (7%)	24 (80%)	-	3 (10%)
	Marital status (being married)	17 (50%)	34	5 (15%)	-	12 (35%)	-	17 (50%)
Community	Social isolations	4 (100%)	4	4 (100%)	-	-	-	-
	Social relations	6 (100%)	6	-	1 (17%)	5 (83%)	-	-
Society	Postmigration stress	36 (100%)	36	36 (100%)	-	-	-	-
	Unemployment	19 (63%)	30	17 (57%)	-	1 (3%)	1 (3%)	11 (37%)
	Perceived discrimination	14 (93%)	15	14 (93%)	-	-	-	1 (7%)
	Non-permanent legal status	12 (92%)	13	12 (92%)	-	-	-	1 (8%)
	Cultural identity	11 (79%)	14	5 (36%)	-	6 (43%)	-	3 (21%)
	Integration/acclimation	9 (82%)	11	-	-	9 (82%)	-	2 (18%)
	Length of stay in the host country	9 (100%)	9	6 (67%)	-	3 (33%)	-	-
Length of stay in refugee camps	7 (100%)	7	7 (100%)	-	-	-	-	

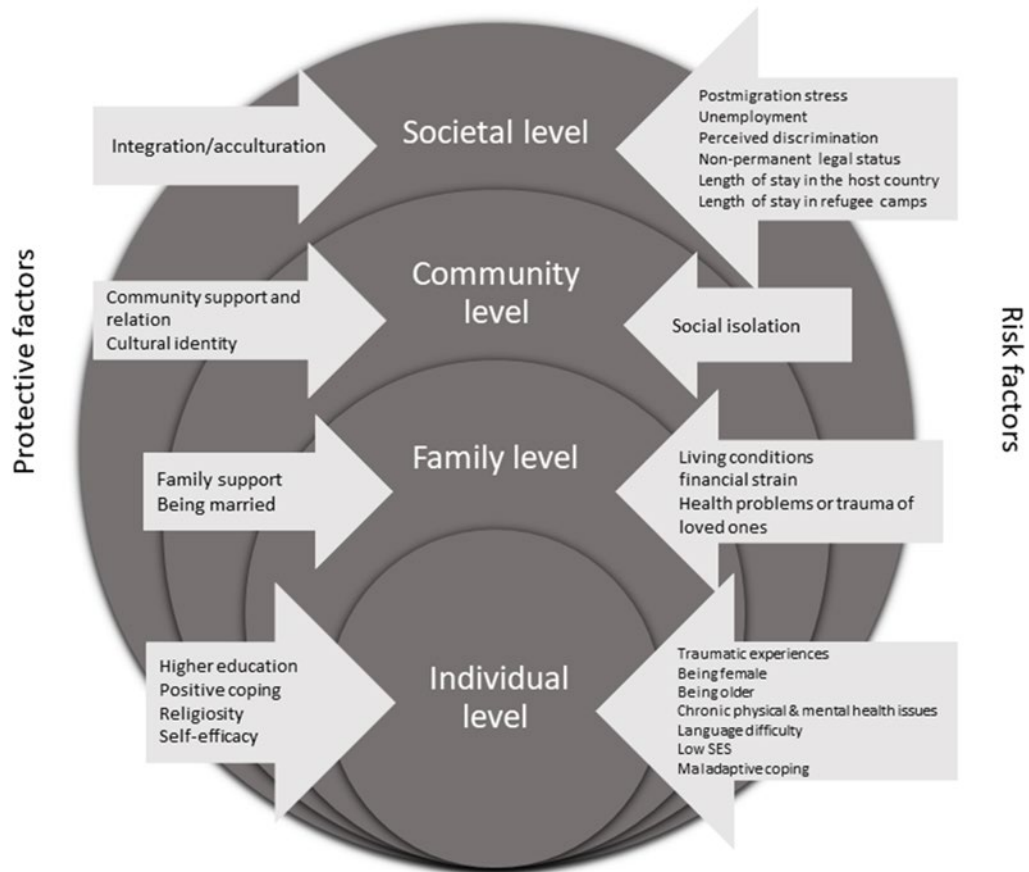
**Fig1. S3**

*Publication Years of Included Papers from 1984 to 2022*



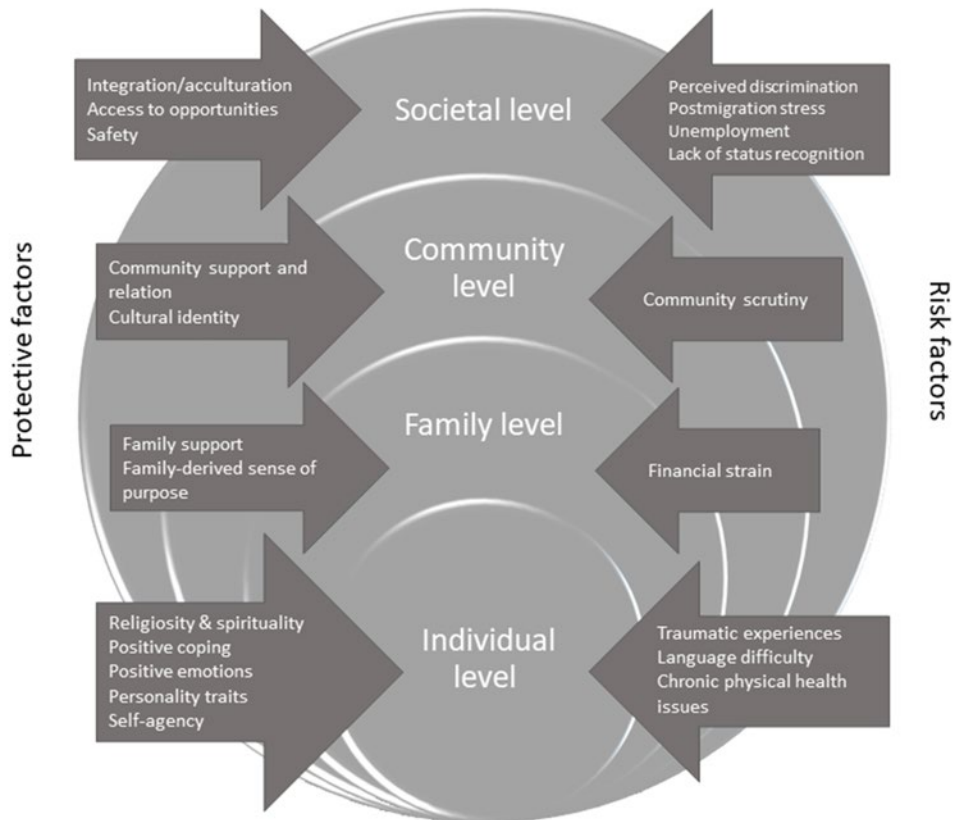
**Fig2. S3**

*Risk and Protective Factors influencing refugees' resilience. Results based on a systematic review of 171 Quantitative Studies, presented in a Socio-Ecological Framework*



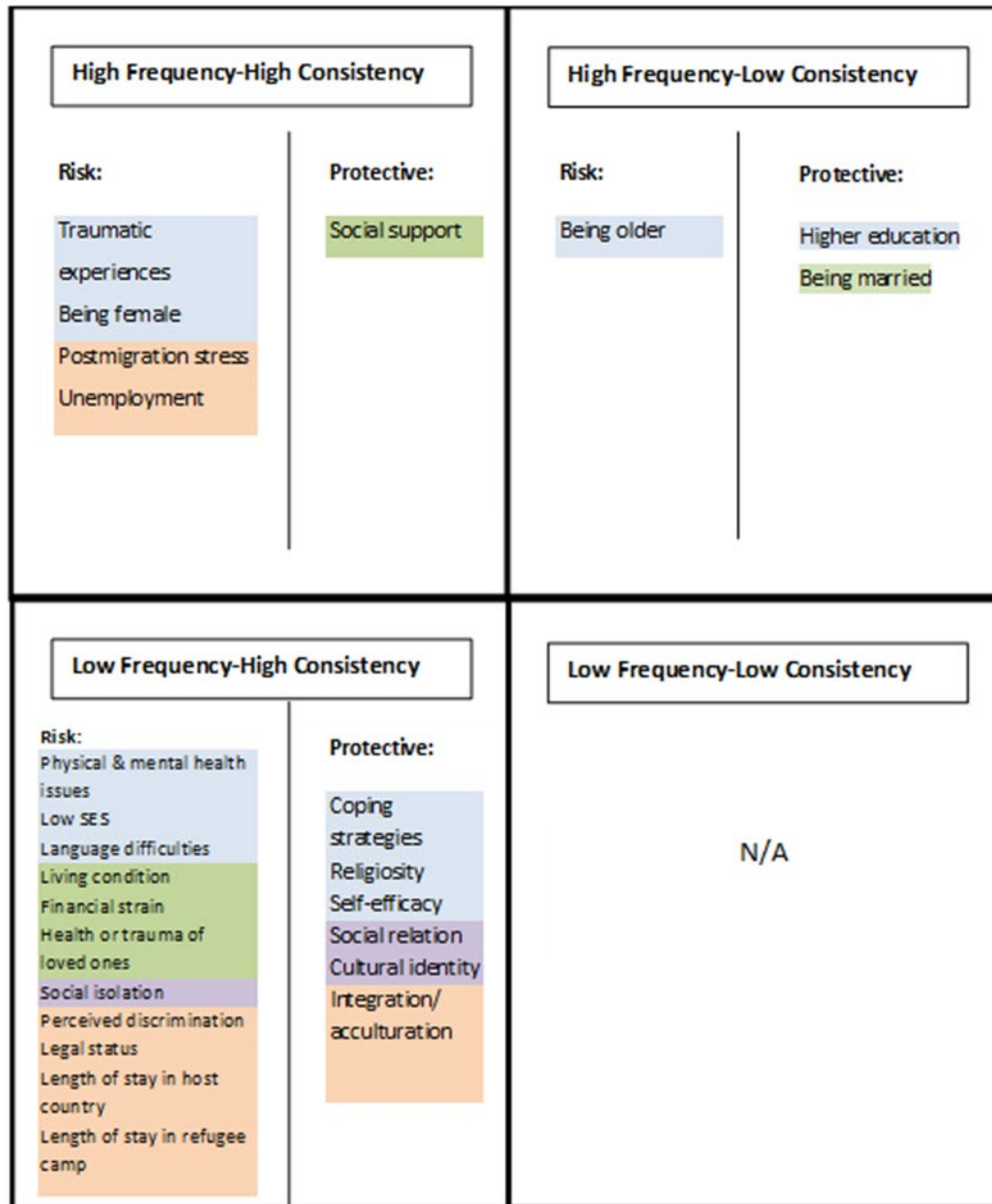
**Fig3. S3**

*Risk and Protective Factors influencing refugees' resilience. Results based on a systematic review of 52 Qualitative Studies, presented in a Socio-Ecological Framework*



**Fig4. S3**

*Factor Clusters from Quantitative Studies Synthesis Based on the Frequency and Consistency of the Results*



Individual-level factors

Family-level factors

Community-level factors

Societal-level factors