Chapter 5

Older adults using a patient portal: registration and experiences, one year after implementation

Gaby Anne Wildenbos
Karim Maasri
Monique Jaspers
Linda Peute

*Digital Health. 2018, Sep 2:4*
DOI: 10.1177/2055207618797883
Abstract

Background and Objectives: The interest of older adults in using patient portals is rising, yet subject to functional and usability barriers. This study aims to gain insight into registration rates and experiences of older adult patients using a patient portal, one year after implementation in an academic hospital.

Methods: Registration rates for one year were collected via automated data extraction. Older adult patients’ experiences were collected through a survey, available via the portal in the last three months of the year.

Results: Older adults were a large user group of the patient portal, and appreciated its functionalities. In one year, 10,679 older adult patients (aged 56+) registered, which constituted 47% of total portal registrations in one year’s time. The 131 older adult survey respondents had a mean age of 64.5 years and 40% indicated that they like to review their medical information and appointments via the portal. Yet, older adults experienced user interaction issues and had higher expectations of content within the portal and patient/provider communication through the portal. Of the survey respondents, 22% experienced usability issues at login and in viewing test results, 15% commented on late or no response by providers on patients’ sent messages and 24% expected the portal to provide medical history information.

Implications: Patient portal designs should be optimized to usability needs of older adults. Portals preferably include medical history information, physicians’ notes and require prompt responses of providers.

Keywords: patient portal; technology acceptance; usability; user interaction; patient provider communication; elderly
1. Introduction

Over the past few decades, there has been a significant proliferation in the implementation and use of electronic health records (EHRs) creating vast opportunities for improvement in the efficiency and quality of patient care as well as reduction in healthcare costs [1]. Driven by a multitude of social and economic factors, most notably financially-overstretched healthcare systems and patients’ wishes for a more active role in the management of their disease, patient portals are increasingly being seen as powerful tools for health promotion. A patient portal is often tethered to the EHR of the hospital and most portals offer the same set of basic functions to patients, such as a secure means to schedule appointments, view laboratory results, request medication prescriptions and send secure messages to a healthcare team [2-4]. Older adults, aged 50 years and above, typically need healthcare services related to multi and comorbidity problems and for this reason can benefit in particular from the use of a portal. Access to their medical record content and interaction with their providers via a portal can support them specifically in maintaining wellness and independence during the management of their medical condition(s) [5].

Despite the potential benefits of patient portals, previous research has identified several factors as barriers that thus far hampered their use, including privacy concerns [6-8], unresponsiveness to messages sent to physicians [8], a mismatch between patients’ expectations and the actual functionalities of a portal [6] as well as health literacy and usability problems [9]. Further, examples of specific barriers mentioned by older adults are that they have limited access to technology or internet, are not aware that their hospital offers a portal and they are satisfied with the current, face-to-face, care communication [2, 9-12]. These reported barriers suggest that older adult patients use portals less often compared to middle aged or younger adults. However, a number of studies have indicated that there is a rise in older adults’ interest in using portals to manage personal health information [5, 9]. A recent systematic review by Sakaguchi-Tang et. al. indicates that older adults perceive portals as useful and have an intention to use these portals [13]. A 2016 study by Walker et. al. likewise reported the growing interest of older people (aged 75+) and their families in online resources such as medication lists, provider rosters, clinicians’ encounter notes and guides to community resources [9].

Yet, most studies in the review by Sakaguchi-Tang et. al. focused on older adults’ intention to use portals, instead of actual activation rates and use of portals by older adults. Four of the included studies evaluated the older patients’ use experience, and only one study reported on actual activation rates of portals among the older adult patient population [13]. Our study contributes to these previous studies on older adults and patient portals by examining actual registration rates of older adult patients one year after a portal’s implementation in a large
academic hospital in The Netherlands. It further explores positive or negative experiences of this portal’s use amongst older adult patients with an activated account. A deeper understanding of older adults’ portal usage could be helpful to physicians and other care givers in using portals while providing care for older adults. These insights could likewise enable policy makers to adjust portals to better suit the needs of older adults. Therefore, this study aims to expand the knowledge on 1) enrollment to patient portals amongst the older adult patient population and on 2) experienced factors that contribute to or inhibit portal use by older adults.

2. Design and Methods

2.1 Context: Patient portal ‘Mijn Dossier’
As part of the implementation of a new EHR system, the Academic Medical Center (AMC) in Amsterdam launched a tethered patient portal, named ‘Mijn Dossier’ (MyChart) on the 25th of October 2015. The portal provided the following main functionalities to patients at the time of implementation: 1) patient/provider communication through secure messaging; 2) viewing of medical correspondence; 3) viewing and editing of medical conditions, over the counter medication and allergies list; 4) requesting medication prescriptions; 5) viewing test results, which were automatically shown in the portal 7 days after being recorded in the EHR; pathology, radiology and sexual transmitted diseases test results were automatically shown in the portal 21 days after being recorded in the EHR; 6) viewing and cancelling appointments, or requesting a new appointment. From the date of launch and onwards, information on these 6 aspects, if registered in the EHR, was visible in MyChart; information prior to that date, such as a patient’s historical medical record, was not visible. Patients were informed on MyChart by means of flyers distributed amongst the outpatient clinics and a ‘MyChart page’ at the website of the hospital, including a short video on MyChart and a ‘questions and answers’ section. At the first two weeks of the implementation, MyChart was promoted by the implementation team at the entrance of the outpatient clinics. Patients received a letter with an activation code within the hospital to register to MyChart, which was provided by hospital staff (administration or physicians). Once the activation code was given, the patient could activate his/her account at home. After activation, patients could login by means of a two-factor-authentication method, using a username and password as well as a login code that was sent via a mobile text message. A continuous web support team for patients was available to answer questions from patients regarding the use of the portal. Researcher GW coordinated the implementation and web support activities.
2.2 Data collection

2.2.1 Older adults’ patient portal registration rates
Registrations rates were collected from the EHR database. The vendor of the EHR system provided a report on the MyChart ‘status type’ of patients who had had a hospital visit between the 25th of October 2015 and the 25th of October 2016. Descriptions of status types are explained in Table 1. Due to the report settings of the EHR vendor, the age clusters in the report ranged from 56 to 105 years, with increments of 10 years. For this reason the age range of the registration rates differs from the survey respondents’ age range (50+).

Table 1: Status types of MyChart, including description

<table>
<thead>
<tr>
<th>Status type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active</td>
<td>Patient has activated his/her MyChart account</td>
</tr>
<tr>
<td>Expired</td>
<td>Patient received activation code, but has not activated his/her MyChart account (code has expired)</td>
</tr>
<tr>
<td>Declined</td>
<td>Patient has indicated he/she does not want to use MyChart</td>
</tr>
</tbody>
</table>

2.2.2 Survey on older adults’ patient portal experiences
The MyChart web support team created an online survey in Dutch with open-ended questions (Supplementary file A). Patients could provide compliments and/or suggestions on main functionalities of MyChart, including the registration and login process, the messaging feature and viewing/editing of medical information. The survey served to gain insight in how MyChart’s functionalities could be improved. The management team of MyChart in the AMC set the survey’s requirements: it had to be non-obtrusive regarding a patient’s regular MyChart use, thus short in length and not excessively present or marketed while a patient used MyChart. A patient communication advisor and two eHealth specialists of the AMC pre-tested and approved the survey. Consent by patients for scientific research was included in the terms and conditions of MyChart and this study was approved by the Medical Ethical Committee of the AMC.

From the beginning of October 2016 until the end of December 2016, the survey was accessible via a message on the homepage of MyChart after a patient had logged in. Patients could only answer the questions if they had had experiences with (basic) functionalities and could choose to complete the survey anonymously or with their patient ID. Blank returned surveys and anonymous survey data not providing demographics were excluded. We included data from patients with a patient ID to obtain data on gender and age of the patients. Data from patients aged 50 years old and above was anonymized for identity and used for data analysis.
2.3 Data analysis

A coding frame was inductively constructed from the data [14]. Researcher KM carried out an initial reading of the data and identified specific text segments related to the research objectives. He labeled the text segments to create themes that constituted the preliminary findings and performed an initial coding of the data with those themes. Researcher GW was given the evaluation objectives, the coding themes and the raw data. GW performed an independent parallel session of coding of the raw data. KM and GW conferred to compare, discuss, refine and reduce overlap and redundancy among the themes to develop a more robust coding frame. GW and KM then performed a second round of coding the data. When any disagreement about the coding occurred, researcher LP was involved to discuss the coding to ensure data integrity. The process continued until 100% agreement was reached. In subsequent analysis, it was examined whether both positive and negative aspects regarding MyChart use were reported in individual responses.

3. Results

3.1 Registration rates of older adults

Figure 1 and Supplementary file B show the registration rates of MyChart of older adult patients per age cluster; in total 10,679 older adults activated their MyChart account in one year’s time, this is 47% of all 22,724 patients who activated patient portal account and 20% of all 53,215 older adults who had a visit in the hospital between the 25th of October 2015 and the 25th of October 2016. In the age clusters 56-65 years and 66-75 years, the activated accounts (9,347) outnumber the number of patients who declined to create an account (4,813). However, in the categories above 76 years of age, the number of patients who have declined to create an account (1,858) moderately outnumber the activated accounts (1,332).
3.2 Survey demographics
Between October 2016 and December 2016, 406 MyChart users responded to the survey (response rate is approximately 15%), of which 203 responded with a patient ID. Forty returned surveys were excluded due to either being blank on all questions or containing special request texts such as questions directed to the treatment team. Of the remaining 163 responses, 32 were excluded as they were replies from patients younger than 50 years old. The remaining 131 responses were used for data analysis. Demographics of these respondents are shown in Table 2.

Table 2: Demographics of older adult AMC survey respondents (n=131)

<table>
<thead>
<tr>
<th>Age (years)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean (±SD)</td>
<td>64.5 (±8.4)</td>
</tr>
<tr>
<td>Min-Max</td>
<td>50 - 90</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gender</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>50</td>
</tr>
<tr>
<td>Male</td>
<td>81</td>
</tr>
</tbody>
</table>

3.3 Older adult patient experiences
Six themes were identified: 1) usefulness of the portal (positive / negative); 2) usability of the portal (positive / negative); 3) attitude and beliefs towards patient portals in general (positive / negative); 4) mismatch of portal terminology with health literacy level of the patient; 5) mismatch of portal content with prior knowledge of the patient on the portal and 6) coordination of care communication between the patient and the provider (no problem / problem). Figure 2 and Supplementary file C indicate the number of times a theme was mentioned in the responses by patients.

3.4 Usefulness
Fifty-three respondents (40%) pointed out that MyChart was useful to them. For example, respondents appreciated that they could review their laboratory results and retrieve information about their health condition.

“Nice to have a look at home or elsewhere, safe feeling up till now” (female, 52y).

They also stated the relevance of MyChart in the follow-up and planning of their health condition, most notably concerning their upcoming appointments. Eleven respondents (8%) expressed dissatisfaction with the usefulness of MyChart. Main complaints revolved around incompleteness of the information presented in the portal or the considerable time it takes before the test results are shown in the portal once the results are issued from the laboratory.

“It takes much too long before the results are shown in MyChart” (male, 61y)
3.5 Usability

Nineteen respondents (15%) expressed positive comments on usability, mainly using expressions as ‘user friendly’, ‘use is easy’ and ‘clear’. However, usability problems were reported by 29 respondents (22%). For example, respondents were dissatisfied that they could not review all test results on one page; instead each result had to be opened on a different page, rendering it impossible to have an overview of the pattern of test values over time.

"Is it possible to put all lab results in one overview, then you would not need to click on each single result" (male, 55y)

The two-factor-authentication login system generated praise and criticism. Some respondents were explicitly asking for a simpler mode of access so as to minimize the numbers of passwords and codes to be remembered and entered on a (mobile) device.

"Now this is too much to remember or type and then there is also an extra notification per telephone all double double" (female, 55y)

Of the respondents who reported usability problems, 9 respondents (35%) still assessed MyChart as useful.
3.6 Attitude & beliefs
Out of 15 respondents (11%) who had a negative attitude towards patient portals in general, only 1 acknowledged the usefulness of MyChart, while 9 were clear in their disinterest; reporting that MyChart was not useful to them.

“Records are not well maintained. This has absolutely no use!!!!!” (male, 73y)

In contrast, only 1 respondent of the 35 respondents (27%) with a positive view of patient portals in general, was still skeptical as to the use of MyChart in its current development stage.

“It is very good that a start has been made with providing information to patients on their own treatment. However, much more information can be provided in MyChart, so that eventually it will become a full record to consult as a patient” (male, 61y)

3.7 Mismatch portal terminology with patient’s health literacy and content to prior knowledge
Seventeen respondents (13%) indicated their inability to fully understand the terminology used in MyChart. Some deemed the use of terminology too medical. Others had difficulties with the abbreviations that were used in medical correspondence or with understanding the laboratory test values in the absence of normal range values as a reference.

“The terminology used in the results of blood tests is difficult to understand for a regular patient” (male, 70y)

Of these 17 respondents who had difficulties in understanding the terminology used in MyChart, five had a positive attitude towards MyChart, compared to 35 of total respondents with a positive overall attitude.

Insufficient prior knowledge of what MyChart entailed was a problem for 31 respondents (24%). They had higher expectations of MyChart based on their idea of what functionalities a patient portal should provide. For example, they expected their physicians’ notes and historical medical information to be available in MyChart; as well as their medical images.

“My doctor always makes extensive notes in the system during a consult. Unfortunately I cannot see those” (male, 68y)
Chapter 5

3.8 Coordination of care communication
Twenty-two respondents (17%) had explicit comments on communication with the medical staff, with 19 (15%) of them indicating a negative experience. Physicians’ unresponsiveness to respondents’ messages sent via MyChart was a clear source of dissatisfaction.

“Not every doctor looks at the record and it sometimes takes days or even longer before a message is answered or sometimes there is no answer at all” (female, 73y)

Nevertheless, this unresponsiveness did not seem to alter the perception of the usefulness of MyChart, since 12 (9%) of the 19 (15%) respondents still considered MyChart to be useful. Three respondents (2%) reported receiving timely replies to their questions and being satisfied with this.

“Contact with specialists is good” (female, 51y)

4. Discussion

4.1 Discussion
Over 10,600 older adult patients activated their account one year after the implementation of MyChart, 20% of all older adult patients with a hospital visit in that year. An important finding was that older adult patients with an activated account constituted 47% of all patients with a registered MyChart account. Compared to the overall Dutch population of people aged 50+ (39%) [15-16], the percentage of registered older users for MyChart seems to indicate that older adults are particularly interested in the patient portal. Other studies on patient portal registration by older adults are scarce, yet they do report that older adults currently form a large user group of patient portals. For example, a Dutch study on the usage of patient portals of 22 hospitals reports that patients aged 60-79 years account for 31-40% of users [17]. MyChart offered similar functionalities compared to the portals of these other hospitals in The Netherlands [17]. An American database study by Gordon et.al. reports that 77% of all patients aged 65-79 years of Kaiser Permanente Northern California health plan registered to their patient portal [18].

The results of the survey indicate that main contributors to patient portal use by older adults were the experienced usefulness of the portal in question as well as a positive attitude and belief towards patient portals in general. Main inhibitors were that patients had higher expectations of MyChart based on their idea of what functionalities a patient portal should provide, unresponsiveness of physicians to messages sent by patients via MyChart and experienced usability problems. Regarding the latter, consistent with previous literature this study
Older adults using a patient portal, a case study

acknowledges the importance of usability in relation to adoption of technology, especially for older adult target groups [19-21]. A main usability problem of MyChart concerned the two-factor-authentication method. Most respondents reported that it was difficult to use this method to login and suggested simpler means. An interesting finding is that about one third of patients with login problems still reported the portal to be useful to them. Lower registration rates of MyChart from 76 years and onwards might likewise relate to login usability problems experienced by this group. The rate of patients with an expired activation code (those who received an activation code, but did not activate their account in time) is higher in relation to the rate of activated accounts from 76 years and onwards. A possible explanation is that this population might find the activation and login process too difficult and thus do not attempt to register or discard their registration attempt, which leads to their code being expired.

A patient’s health literacy level is an aspect that is considered to be a strong influential factor as to the patient’s interest and ability to use a patient portal [22-23]. A literature review on portals and engagement confirms that patients with higher health literacy were more likely to adopt the patient portal, while those with low health (and computer) literacy would either lack the interest to use it or would use it ineffectively [23]. Another finding was that patients interacted better with the patient portal if medical abbreviations and terminology were replaced by lay language [23]. Most studies on health literacy and patient portal use do not examine specific age groups. The exceptions are a study by Taha et.al. that reported that numeracy (dis)abilities of older adults impact their (mis)understanding of medical content, for example of test results, and a study by Walker et. al. explaining that difficulties in older adults portal usage can be related to health literacy issues [24], [9]. Some older adult patients in our study mentioned that they experienced difficulties in understanding the medical terminology used in MyChart. Nevertheless, almost one-third of these patients had a positive perception of the usefulness of the portal. A possible explanation for this could be that respondents were mostly health (and computer) literate, since they were users of the portal. Patients with lower health literacy levels might not have used the portal and as such could not have responded to the survey.

The majority of respondents in our study were adamant in pointing out their discontent regarding the absence of replies of their physician to their questions asked via MyChart, yet most of them still valued the usefulness of the portal on the whole. In other words, although the portal did not facilitate or strengthen patient/provider communication, older adult patients still valued MyChart since they could review their medical data and check appointments. The previous review on patient portals and patient engagement reports that a provider’s endorsement and continued engagement with the portal is of importance to encourage patients into adopting a portal [23]. Of the eight articles reviewed on this matter, none addressed the older adult patient population specifically. The principal findings of
our study suggest that the experienced usefulness of the portal seems to provide enough reason for older adult patients to use the patient portal, despite the current lack of provider endorsement and engagement for the portal we investigated.

Trends are showing that patient portals and digital health tools are increasingly being used in continuing care and communication with patients with chronic diseases. For example, a growth of patient-reported outcome measures (PROMs) linked to EHRs is seen; to gather these PROMs it is preferred that patients report their health outcomes via a tethered portal [25]. Consequently, patient portals are transforming from a tool used mainly as a reference for patients to review their medical data and check appointments to an interactive tool in which patients need to actively register data on their medical health status in the portal. As this study shows, such interactive use of portals by older adults, a population in which the prevalence of chronic diseases is higher compared to younger adults, could yet be jeopardized by non-engagement of portal use at the provider side or by experienced usability problems of older adults. Future research directions should therefore concentrate on how to incorporate the benefits of patient portal functionalities as experienced by patients into the work processes of healthcare delivery teams. In addition, future research should focus on which designs, including presentation and visualization of medical data, and training efforts support older adults in their user interactions with portals. They can focus as well on training efforts to support healthcare providers in interaction with patients via patient portals.

4.2 Limitations

In this study, patient registration rates are based on quantitative reports of the EHR system. Yet, hospital staff had to provide an activation code before a patient could activate an account. At the introduction of the portal this process might have been imperfect, as the staff was still getting acquainted with how to operate the system, which might have negatively influenced the registration rates. Similar to previous studies, our study uses registration data to report on initial usage rates of the portal; frequency of use is not measured.

Using a monthly average of unique users of MyChart, we estimated the response rate of the survey at 15%. This might cause bias in our study regarding representativeness of our sample for the total older adult user population of MyChart [26]. Nevertheless, 80% of the survey respondents were older adult patients, compared to 47% of older adult patients registered at the portal.

We did not analyze the anonymous data and for this reason we might have missed relevant insights mentioned in this dataset. However, since this data did not include the age of the patient, we were not able to use this data set. We chose to use the data set in which we were
certain the patients were aged 50 years and above, in order to give detailed insight on the experiences of these older adult patients' current use of a patient portal.

4.3 Conclusion
Activation rates of a patient portal amongst the older adult patient population were high; patients aged 56 to 75 years old form a large user population of this patient portal. The main factor that contributes to older adult patients’ portal use, experienced by all age groups, is the opportunity to review medical record information and check the planning of upcoming appointments. Factors that inhibit portal use by older adult patients are difficulties in user interaction, annoyances regarding the difference in EHR data versus medical record data presented in the portal, and a lack a timely response from providers on patients’ questions asked via the portal.

4.4 Implications
To increase adoption of patient portals by older adult patients, usability needs of these patients should be addressed in patient portal designs to further optimize user friendliness of portals for this apparently large user group. Ensuring privacy and security by means of the two-factor authentication standard is essential; yet to avoid non-adoption by older adults due to login issues they might experience, we encourage investigating new secure and user-friendly authentication options that may better suit an older population, for example by using biometrics during authentication (i.e. a photo of a patient’s face, a record of a patient’s voice or an image of a patient’s fingerprint). As an addition to current standard functionalities and content of patient portals, additional content should preferably include medical history data and physicians’ notes to meet the older adult patients’ expectations. Effective patient/provider communication via a patient portal requires prompt responses of providers on questions asked by patients via the portal. Since there might be a lack of time for the physician to do so and the physician might prefer to speak to and/or see the patient in responding to questions, physicians and patients can discuss preferred communication means and response time regarding questions asked via the portal by patients during a first consult.
References


Supplementary file A

Survey in English (for original Dutch version see text below the English version)
The questions were asked via the tool ‘SurveyMonkey’

Introduction
We would like to hear your opinion regarding the service MyChart offers to you. Therefore we invite you to participate in this evaluation of MyChart. We shall collect and use your suggestions and/or compliments to improve MyChart.

It will take approximately 5 minutes to complete this survey. Your data will be confidential and we will not share this with third parties. Your identity is solely known at the MyChart team, in order to contact you in case we would like to gain more details on your given suggestions. It is an option as well to complete the survey anonymously, if you prefer so.

In case you have any questions or remarks on this evaluation, please contact us at support@amc-vumc.nl.

Thank you in advance for your help in improving MyChart.

Best,
MyChart support team

Suggestions
Please provide us with your suggestion(s). In case you do not have any suggestions, please click 'next' to provide your compliments.

My suggestions for MyChart are regarding:

- Registration / log-in
- Messages
- Appointments
- Test results
- Health summary
- Notifications
- MyChart app
- Other

My suggestion(s) for MyChart are:

.......
Compliments
Please provide us with your compliments. In case you do not have any compliments, please click ‘next’ to provide us with your personal information.

My compliment(s) for MyChart are regarding:

- Registration / log-in
- Messages
- Appointments
- Test results
- Health summary
- Notifications
- MyChart app
- Other

My compliment(s) for MyChart are:

...

General information
It is optional to share your personal information with the MyChart team. If you provide us with your personal information, we can contact you regarding your suggestion(s) or compliment(s). Another option is to complete the survey anonymously.

* Do you want to share your personal information with the MyChart team (yes/no)

If yes:
We might contact you regarding your suggestion(s) and/or compliment(s). If you have provide use with the dates and times you are available, we will take that into account.

- Patient number
- In which hospital are you treated? (AMC/VUMC)
- Telephone number to reach you during the day (fixed number and/or mobile number)
- Available day / time

This is the end of the survey. Thank you for your participation in this evaluation of MyChart.

Best regards,

MyChart team
Introductie
Beste meneer/mevrouw,

Wij horen graag uw mening over de service die Mijn Dossier u biedt. We nodigen u daarom uit deel te nemen aan deze evaluatie van Mijn Dossier. Wij zullen uw suggesties en/of complimenten verzamelen en gebruiken om Mijn Dossier te verbeteren.

Het invullen van deze vragenlijst duurt ongeveer 5 minuten. Wij gaan vertrouwelijk om met uw gegevens en zullen deze niet delen met derden. Uw identiteit is enkel bekend bij het Mijn Dossier team, zodat wij eventueel contact met u kunnen opnemen om details over uw suggestie na te vragen. Als u liever anoniem suggesties doorgeeft, dan kan dit ook via de vragenlijst.

Mocht u vragen of opmerkingen hebben over de evaluatie, neem dan contact met ons op via support@amc-vumc.nl.

Alvast hartelijk dank voor uw hulp bij het verbeteren van Mijn Dossier.

Met vriendelijke groet,

Mijn Dossier-team

Suggesties
Vul uw suggestie(s) in. Heeft u geen suggesties? Klik dan op volgende om uw compliment(en) in te vullen.

Mijn suggestie(s) voor Mijn Dossier gaat over:

- Aanmelden/inloggen
- Berichten
- Afspraken
- Uitslagen
- Gezondheidssamenvatting
- Notificaties
- MyChart app
- Anders
Mijn suggestie(s) voor Mijn Dossier zijn:

......

**Complimenten**
Vul uw compliment(en) in. Heeft u geen compliment(en)? Klik dan op volgende om uw persoonlijke informatie in te vullen.

Mijn compliment(en) voor Mijn Dossier gaat over:

- Aanmelden/inloggen
- Berichten
- Afspraken
- Uitslagen
- Gezondheidssamenvatting
- Notificaties
- MyChart app
- Anders

Mijn compliment(en) voor Mijn Dossier zijn:

........

**Algemene informatie**
U kunt er voor kiezen uw persoonlijke informatie met het Mijn Dossier-team te delen. Dan kunnen wij contact met u opnemen in verband met uw suggestie(s) of compliment(en). Of u kiest ervoor de vragenlijst anoniem in te sturen.

* Wilt u uw persoonlijke gegevens met het Mijn Dossier-team delen? Ja/Nee

Bij optie ‘ja’:

In verband met uw suggestie(s) en/of compliment(en) kunnen wij contact met u opnemen. Wij zullen hierbij zo veel mogelijk rekening houden met de beschikbaarheid die u opgeeft.

- Patiëntnummer
- In welk ziekenhuis bent u onder behandeling (AMC/VUmc)
- Telefoonnummer waarop u overdag bereikbaar bent (Thuistelefoon en/of mobiele telefoonnummer)
- Geschikte dag / tijd waarop u bereikbaar bent (Dag/Tijd)
Chapter 5

U heeft het einde van de vragenlijst bereikt. Wij danken u hartelijk voor uw deelname aan deze evaluatie van Mijn Dossier.

Met vriendelijke groet,

Mijn Dossier-team

Supplementary file B


<table>
<thead>
<tr>
<th>Age (years)</th>
<th>56-65</th>
<th>66-75</th>
<th>76-85</th>
<th>86-95</th>
<th>95-105</th>
<th>Total</th>
</tr>
</thead>
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<td>MyChart status type</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Active</td>
<td>5,015</td>
<td>4,332</td>
<td>1,172</td>
<td>158</td>
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<td>10,679</td>
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<td>Expired</td>
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<td>2,609</td>
<td>1,029</td>
<td>160</td>
<td>12</td>
<td>7,351</td>
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<tr>
<td>Declined</td>
<td>2,298</td>
<td>2,515</td>
<td>1,450</td>
<td>393</td>
<td>15</td>
<td>6,671</td>
</tr>
</tbody>
</table>
### Supplementary file C

Number of times of reported patient experiences per theme, per age cluster

<table>
<thead>
<tr>
<th>Age cluster</th>
<th>Usefulness Pos.</th>
<th>Usefulness Neg.</th>
<th>Usability Pos.</th>
<th>Usability Neg.</th>
<th>Attitude &amp; beliefs Pos.</th>
<th>Attitude &amp; beliefs Neg.</th>
<th>Mis-match health literacy</th>
<th>Mis-match prior knowledge</th>
<th>Coordination of care communication no problem</th>
<th>Coordination of care communication problem</th>
</tr>
</thead>
<tbody>
<tr>
<td>50-64 (n=64)</td>
<td>27</td>
<td>11</td>
<td>8</td>
<td>17</td>
<td>17</td>
<td>9</td>
<td>6</td>
<td>21</td>
<td>2</td>
<td>9</td>
</tr>
<tr>
<td>65-79 (n=62)</td>
<td>24</td>
<td>8</td>
<td>11</td>
<td>10</td>
<td>16</td>
<td>6</td>
<td>11</td>
<td>10</td>
<td>1</td>
<td>9</td>
</tr>
<tr>
<td>80+ (n=5)</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Total (n=131)</td>
<td>53</td>
<td>19</td>
<td>19</td>
<td>29</td>
<td>35</td>
<td>15</td>
<td>17</td>
<td>31</td>
<td>3</td>
<td>19</td>
</tr>
</tbody>
</table>
## Supplementary file D

**Quotes per theme - original quote in Dutch and English translation of quote**

<table>
<thead>
<tr>
<th>Theme</th>
<th>Original quote in Dutch</th>
<th>English translation of quote</th>
</tr>
</thead>
<tbody>
<tr>
<td>Usefulness (positive)</td>
<td>“Prettig om thuis of elders ernaar te kijken, tot nu toe een veilig gevoel.” Vrouw, 52 jo</td>
<td>“Nice to have a look at home or elsewhere, safe feeling up till now.” Female, 52 yo</td>
</tr>
<tr>
<td></td>
<td>“Ben blij met de afspraken. Ik hoef ze niet meer te onthouden.” Vrouw, 76 jo</td>
<td>“Am happy with the appointments. I don’t need to remember them anymore.” Female, 76 yo</td>
</tr>
<tr>
<td>Usefulness (negative)</td>
<td>“Uitslagen niet duidelijk en onvolledig.” Man, 66 jo</td>
<td>“Results are unclear and incomplete.” Male, 66 yo</td>
</tr>
<tr>
<td></td>
<td>“Het duurt veel te lang voordat de uitslagen in Mijn Dossier terecht komen.” Man, 61 jo</td>
<td>“It takes much too long before the results are shown in MyChart” Male, 61 yo</td>
</tr>
<tr>
<td>Usability (positive)</td>
<td>“Gemakkelijk bruikbaar, helder.” Man, 70 jo</td>
<td>“Easy to use, clear” Male, 70 yo</td>
</tr>
<tr>
<td></td>
<td>“Uitstekend, gebruikersvriendelijk en zelfs de service desk reageert snel.” Man, 67 jo</td>
<td>“Perfect, user friendly and even the service desk replies fast.” Male, 67 yo</td>
</tr>
<tr>
<td>Usability (negative)</td>
<td>“Is het mogelijk om alle LAB-uitslagen in een overzicht te tonen, dan hoef je niet steeds alle losse resultaten open te klikken.” Man, 55 yo</td>
<td>“Is it possible to put all lab results in one overview, then you would not need to click on each single result.” Man, 55 yo</td>
</tr>
<tr>
<td></td>
<td>“Ik kan alle uitslagen van het bloedonderzoek niet in een keer uitprinten.” Man, 72 jo</td>
<td>“I cannot print all results from the blood tests at once.” Man, 72 yo</td>
</tr>
<tr>
<td></td>
<td>“Waarom niet inloggen met digid code? nu is het nog teveel onthouden of te typen en nog eens melding via telefoon allemaal zo dubbel dubbel.” Vrouw, 55 jo</td>
<td>“Why is login via DigiD not enabled? No it is too much to remember or type and then there is also an extra notification per telephone all double double.” Female, 55 yo</td>
</tr>
<tr>
<td>Attitude &amp; beliefs (positive)</td>
<td>“Het is heel goed dat er een begin is gemaakt met het doorgeven van informatie aan de patiënt over de eigen behandeling. Maar er kan nog veel meer informatie in Mijn Dossier, zodat het uiteindelijk een volwaardig te raadplegen patiëntendossier wordt.” Man, 61 jo</td>
<td>“It is very good that a start has been made with providing information to a patient on their own treatment. However, much more information can be provided in MyChart, so that eventually it will become a full patient record to consult as a patient.” Male, 61 yo</td>
</tr>
<tr>
<td>Theme</td>
<td>Original quote in Dutch</td>
<td>English translation of quote</td>
</tr>
<tr>
<td>--------------------------------------------</td>
<td>----------------------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| Attitude & beliefs (negative)              | “Dacht eerst dat dit een vooruitgang was. Echter, het maakt ‘t al met al alleen maar ingewikkelder omdat er toch geen reactie komt op mijn vragen.” Vrouw, 72 jo  
“Waardeloze materie tot op heden.” Man, 66 jo  
“Dossiers zijn niet goed bij gehouden. Dit heeft totaal geen zin!!!!” Man, 73 jo | “Thought this would be an improvement. However, it only makes it more complicated, because there is no response to my messages.” Female, 72 yo  
“It is worth nothing up till now.” Male, 66 yo  
“Records are not well maintained. This has absolutely no use!!!!!” male, 73 yo |
| Mismatch with health literacy             | “De gebruikte terminologie in de uitslagen van het bloedonderzoek is voor de doorsnee patiënt moeilijk te begrijpen.” Man, 70 jo  
“Er worden erg veel afkortingen gebruikt waar totaal geen wijs uit te worden is.” Man, 63 jo | “The terminology used in the results of blood tests is difficult to understand for a regular patient.” Male, 70 yo  
“My doctor always make extensive notes in the system during a consult. Unfortunately I cannot see those.” Male, 68 yo  
“Also place x-rays, MRI and CT scans in MyChart.” Male, 58 yo |
| Mismatch with prior knowledge on portals   | “Bij een consult maakt de arts altijd uitgebreide aantekeningen in het systeem. Ik kan daar helaas niet in meekijken.” Man, 68 jo  
“Stop ook de röntgenfoto’s, MRI, CT scan ook in mijn dossier.” Man 58 jo | “Works fine! Quick action of doctor and clear communication!” Female, 50 yo  
“Contact with specialists is good.” Female, 51 yo |
| Coordination of care communication (no problem) | “Werk prima! Snelle actie van arts en duidelijke communicatie!” Vrouw, 50 jo  
“Contact met specialisten is goed.” Vrouw, 51 jo | “Not every doctor looks at the record and it sometimes takes days or even longer before a message is answered or sometimes there is no answer at all.” Female, 73 yo |
| Coordination of care communication (problem) | “Niet elke arts kijkt in dossier en het duurt soms dagen zo niet langer voordat er antwoord komt of soms helemaal niet.” Vrouw, 73 jo |                                                                                           |