Borderline personality disorder, substance abuse, and dialectical behavior therapy
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'BPD is a fascinating psychiatric disorder because it is uniquely difficult to understand, tolerate, treat, suffer from, recover from, and write about. That difficult does not mean impossible is the reason this book exists.'

J.M. Cauwels, 'Imbroglio'

'Who speaks of conquering difficulties; to stand the test is what it is about.'

Wie spreekt van overwinnen, doorstaan is alles.'

Rainer Maria Rilke

To/Aan:

my mother/mijn moeder

Gabje

Sanne