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**Secret strategies: Women and abortion in Yoruba society, Nigeria**

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## APPENDICES

### Appendix A: Profile of study populations

Table A.1. Profile of women in community survey, by location

<i>characteristic</i>	<i>Lagos (N=283)</i>	<i>Epe (N=369)</i>	<i>total (N=652)</i>	
Age group	15-19	10%	8%	9%
	20-24	31%	26%	18%
	25-29	24%	24%	24%
	30-34	15%	14%	15%
	35-39	8%	14%	11%
	40-44	7%	10%	9%
	45-49	6%	4%	5%
Religion	Muslim	58%	45%	50%
	Christian	41%	55%	49%
	<i>Aladura</i>	(12%)	(23%)	(18%)
	Pentecostal	(16%)	(18%)	(17%)
	Mission	(9%)	(12%)	(11%)
	Catholic	(5%)	(2%)	(3%)
	Traditional	1%	1%	1%
Education level	Post-secondary	11%	9%	10%
	Secondary completed	46%	26%	35%
	Secondary not completed	19%	20%	20%
	Primary completed	17%	29%	24%
	Primary not completed/none	6%	16%	12%
Occupation	Petty trader	47%	41%	43%
	Fashion design/ hairdresser/craft	19%	19%	19%
	Student/apprentice	9%	9%	9%
	Big trader	9%	4%	6%
	None/housewife	6%	5%	6%
	High level education job	6%	5%	6%
	Educated, but lower job	4%	4%	4%
	Other (artist, farmer, applicant)	1%	13%	8%
Marital status	Married	60%	81%	72%
	Single	27%	16%	21%
	Engaged to be married	9%	1%	4%
	Other	4%	2%	3%
Husband has more than one wife*	Yes	29%	33%	32%
	No	71%	67%	68%

\* Married women only

Table A.2. Profile of women in infertility survey

<i>characteristic</i>		<i>percent (N=69)</i>
Age group	15-19	1%
	20-24	9%
	25-29	46%
	30-34	22%
	35-39	13%
	40-44	7%
	45-49	1%
Religion	Muslim	51%
	Pentecostal	26%
	<i>Aladura</i>	16%
	Catholic	4%
	Mission	3%
Education level	Post-secondary	26%
	Secondary completed	41%
	Secondary not completed	12%
	Primary completed	12%
	Primary not completed/none	10%
Occupation	Petty trader	44%
	Fashion designer / hairdresser/craft	20%
	High level education job	17%
	Educated, but lower job	7%
	Big trader	6%
	None/housewife	3%
	Other (artist, farmer, applicant)	3%

Table A.3. Profile of women in ANC survey, by location

<i>characteristic</i>		<i>Lagos (N=179)</i>	<i>Epe (N=188)</i>	<i>total (N=367)</i>
Age group	15-19	4%	9%	7%
	20-24	22%	33%	27%
	25-29	44%	33%	38%
	30-34	23%	18%	20%
	35-39	7%	5%	6%
	40-49	1%	3%	1%
Religion	Moslem	60%	67%	63%
	Christian	38%	31%	35%
	Pentecostal	(22%)	(6%)	(14%)
	<i>Aladura</i>	(5%)	(14%)	(9%)
	Mission	(10%)	(6%)	(8%)
	Catholic	(2%)	(5%)	(4%)
	Traditional	2%	2%	2%
Education level	Post-secondary	24%	6%	15%
	Secondary completed	50%	39%	44%
	Secondary not completed	13%	24%	19%
	Primary completed	9%	26%	18%
	Primary not completed/none	3%	5%	4%
Occupation	Petty trader	43%	45%	44%
	Fashion design/ hairdresser/craf	20%	25%	22%
	High level education job	16%	6%	10%
	Educated, but lower job	9%	11%	10%
	big trader	5%	2%	3%
	None/housewife	4%	3%	3%
	Other (artist, farmer)	2%	3%	2%
	Student/apprentice	1%	3%	2%
	Unemployed/applicant	2%	3%	2%
Marital status	Married	86%	86%	86%
	Engaged to be married	10%	6%	8%
	Single	4%	8%	6%
Husband has more than one wife*	Yes	15%	26%	21%
	No	85%	74%	79%

\* Married women only

Table A.4. Profile of women with complications of induced abortion, interviewed in the hospital

<i>characteristic</i>		<i>percent (N=41)</i>
Marital status	Single (never married)	59%
	Married	24%
	Engaged, living with partner	7%
	Engaged, not living with partner	5%
	Divorced/separated	5%
'Plan to marry' status of single women (N=22, 2 missing)	Planned to get married	55%
	Did not discuss marriage	46%
Age group	15-19	29%
	20-24	39%
	25-29	20%
	30-34	10%
	35-39	2%
Present schooling status	Not studying or apprenticed, no plans for further education	51%
	Wants to further education/gained admission	17%
	Apprentice	15%
	Student secondary school	10%
	Student post-secondary education	7%
Educational level of women presently not schooling (N=34)	Post-secondary	3%
	Secondary school completed	56%
	Secondary school not completed	18%
	Primary school	12%
	None	3%
Religion (N=37)	Muslim	46%
	Pentecostal	41%
	<i>Aladura</i>	8%
	Roman Catholic and Mission	5%
Occupation	Trader (1 among them was a bigger trader)	32%
	None/housewife/staying at home	20%
	Professional (fashion designer, hairdresser, secretary)	12%
	House-girl	5%
	Student/apprentice	32%

Table A.5. Profile of women who died from abortion

<i>characteristics</i>		<i>percent</i>	<i>number</i>
Age group	14	3%	3
(N=104)	15-19	49%	51
	20-24	26%	27
	25-29	11%	11
	30-34	6%	6
	35-40	4%	4
	41-44	2%	2
Marital status	Single/engaged *	75%	79
(N=106)	Married	23%	24
	Divorced	3%	3
Schooling status	Student secondary school	47%	50
(N=106)	University student	3%	3
	Apprentice	18%	19
	Not schooling or apprenticed	32%	34
Occupation	Student or apprentice	69%	72
(N=105)	Small trader	20%	21
	Other **	11%	12

*Source:* women in community survey who recounted a history of a woman who died from abortion

\* Only one woman was engaged

\*\* Fashion design/ hairdresser (4), none/staying at home (3), bigger trader (2), and higher educated job (3)

Table A.6. Profile of interviewed TBAs, by location (in numbers)

variable		Epe (N=25)	Lagos (N=17)	total (N=42)
Sex	Male	21	11	32
	Female	4	6	10
Age group	Below 30	2	0	2
	30-39	3	3	6
	40-49	5	8	13
	50-59	8	3	11
	60-69	3	2	5
	70 and over	4	1	5
	Age range	22 to 85	38 to 70	22 to 85
Mean age	52.0	48.6	50.6	
Religion (Lagos missing =1)	Muslim	18	11	29
	Christian	4	2	6
	Traditionalist	2	3	5
	Muslim/traditionalist	1	0	1
Formal education (Lagos missing=4)	No formal education	10	1	11
	School leaving certificate	8	2	10
	Secondary and other	0	5	5
	Secondary not completed	3	2	5
	Primary	1	3	4
Primary not completed	3	0	3	
From whom they learned the profession (Lagos missing=1)	Father	15	8	23
	Other TBA (non-family)	6	4	10
	Grandfather	0	2	2
	Father and cousin	1	0	1
	Father and husband (TBA)	1	0	1
	Mother	1	0	1
	A prophet	1	0	1
	Husband	0	1	1
	Father + grandfather+ Ifa priest	0	1	1
Had additional training *	Yes	23	14	37
	No	2	3	5

\* Various training has been organised for traditional birth attendants by international organisations such as WHO and UNICEF, local governments and the Board of Traditional Medicine.

**Appendix B: Data collection tools****TOPIC GUIDE/REPORTING FORMAT***Interviews with women who came to the hospital with abortion complications*

Date(s) interview(s)  
 Name(s) interviewer(s)  
 Location(s) interview

**PERSONAL INFORMATION**

Name woman  
 Age  
 Marital status / stable partner  
 Student, class, university ..... / Apprentice, in what .....  
 Not studying or apprenticed  
 Profession  
 Education  
 Area where she lives  
 Religion (type of church)  
 Any children (nr)  
 Any other pregnancies (nr)  
 Outcome other pregnancies (abortion, miscarriage)

**COMING TO THE HOSPITAL**

Date and time she came to hospital  
 Who came with her  
 What are the complications (from hospital files)  
 What is the treatment in the hospital / which unit(s)  
 What does she pay  
 Who pays the bill

**THE UNWANTED PREGNANCY**

Which month of pregnancy did she find out she was pregnant  
 How did she find out  
 How did she feel when she found out  
 Who did she confide in, if anybody  
 Who was the father  
 What sort of relationship did she have with the father  
 For how long had she been going out with this man  
 Did she regularly have sex – with the same man – how regular  
 Did they intend to marry  
 Did she tell him she was pregnant YES/NO  
 If no, why not  
 If yes, how was his reaction



Why did she not want a baby  
 Did she consider keeping the baby YES/NO  
 What were her considerations

#### THE ABORTION

Which month of pregnancy did she abort  
 If a delay between finding out and aborting, why did she wait  
 When she had decided to abort, how did she decide to use what she used  
 Who did she ask for help  
 Where did she do the abortion  
 What was the method used for abortion  
 How did she know about this provider / method  
 Who went with her  
 How much did she pay  
 Who paid  
 Did she try something herself first – what did she use

#### COMPLICATIONS

How long after the abortion did she start noticing complications  
 What were the complications she noticed  
 How did she feel when she had the complications  
 Did she know what to do  
 What did she consider doing / how did she feel  
 Did anybody help her in this considering what to do – who  
 What did she do (first herself, next, and next till she came here)  
 Why did she choose to do what she did  
 Did anybody influence her choice  
 Who did she confide in/if anybody/who went with her  
 At what point in time did her parents know what happened to her  
 What is the reaction of her mother  
 What is the reaction of her father  
 Could she not ask her parents for help earlier  
 Why not  
 What are her feelings now

#### CONTRACEPTION

Was she using any method to prevent pregnancy when she got pregnant YES/NO  
 If yes, what method was she using  
 What happened to the methods  
 If no, why was she not using anything  
 Has she ever had sexuality education – where

#### INTENTIONS

Is she going to change things after this experience  
 Any questions she has

#### FROM FILE

Notes on condition, complications and prospects (from hospital file)

## QUESTIONNAIRE: INFORMATION ON INDUCED ABORTIONS

Date : ..... Interviewer ..... Place: ..... Name: ..... Age: .....  
 Religion: ..... Marital status: ..... Education: ..... Occupation: .....  
 No. Pregnancies: ..... Pregn. now: Yes / No Children alive: ... Their ages: ..... Ectopic: .....  
 Children died: ..... Miscarried: ..... Stillbirths: ..... Abortions: ..... Year & outcome first pregn: .....

1	Year of abortion / Age		
2	Marital status then	1.Marr. 2.Single 3.Widow 4.Divorc.	1.Marr. 2.Single 3.Widow 4.Divorc.
3	Studying / apprentice	Prm / Sec / Uni / App / No	Prm / Sec / Uni / App / No
4	Place where she lived		
5	Month found out pregnancy		
6	Month pregnancy aborted *		
7	Methods for abortion ** <i>PROBE FULLY (tried something herself first?)</i>		
8	Type Provider(s) ***		
9	Name hospital / staff		
10	How know this provider/ this method / why this choice?		
11	Who influenced your decision to abort?		
12	Who went with you		
13	Costs		
14	Who paid		
15	Reason for abortion		
16	Complications	Yes / No	Yes / No
16A	<i>If yes, type complications</i>		
16B	<i>If compl. referral / help?</i>	Yes / No	Yes / No
16C	<i>If yes referral, to where and what happened</i>		
17	Contr. when got pregnant	Yes / No	Yes / No
17A	<i>If yes, type &amp; what happened</i>		
18	Contr. use after abortion	Yes / No	Yes / No
18A	<i>If yes, type &amp; how to use (before or after sex)</i>		
18B	<i>If no: Why not</i>		
19	Got FP info. after abortion?	Yes / No <i>Explain:</i>	Yes / No <i>Explain:</i>

\* Explain if there is a difference between '5' and '6', and if there is time between 1st and 2nd abort. methods

\*\* 1 = D&C, 2 = Vacuum, (*anaesthesia?*) 3 = Swallow drugs (*specify*), 4 = Injection (*specify*), others.....

\*\*\* 1 = private, 2 = government, 3 = chemist, 4 = traditional healer, 5 = in a 'room', 6 = self, 7 = other (*specify*)

## FERTILITY REGULATION AMONG THE YORUBA OF NIGERIA

## COMMUNITY SURVEY

Place: ..... Interviewer: ..... Date: .....

**A. PERSONAL**

1. Age: ..... 2. Education: ..... 3. Profession: .....
4. Religion: 1. Muslim 2. RC 3. Mission 4. Aladura 5. Pentecostal 6. Other .....
5. Marital status: 1. Married, in 19.... 2. Single 3. Engaged, in 19.... 4. Other .....
- If married:* 5A. Only wife of your husband? YES / NO *If YES → Q.5C*
- 5B. How many? ..... Which number are you? .....
- 5C. Have you been married before? YES / NO *If NO → Q.6*
- 5D. Years other marriage(s).....

**B. REPRODUCTIVE HISTORY**

6. Do you have any children? YES / NO *If NO → Q.8*
7. How many children do you have alive? ..... Their ages: .....
8. Are you pregnant now? YES / NO
9. Miscarriage: ... Which year(s) ..... How many months pregnant were you? .....
- Did you do 'washing' after? YES / NO *If YES Specify* .....
10. Stillbirth: ... year(s) ..... 11. Children died: ... Year(s)..... At age(s).....
12. Ectopic: ... year..... 13. Abortion(s): ... Year(s): .....
- Calculate and confirm Q14-16* 14. Total nr. pregnancies: .... 15. Year 1st pregnancy: 19....
16. Outcome 1st pregn.: 1. Life birth 2. Miscarriage 3. Stillbirth 4. Ectopic 5. Abortion
17. Where did you deliver? (*Circle and fill number of children delivered by the provider*)
1. Private .... 2. Government. .... 3. TBA .... 4. Home \* .... 5. Others.....
18. Did you ever have problems to get pregnant when you wanted? YES / NO *If NO → Q.22*
19. When was that? (period & years & marital status) .....
20. Did you visit any providers for infertility treatment? YES / NO *If NO → Q.22*
21. Where did you go to? (*Probe for multiple response*)
1. Private hospital 2. Government hospital 3. Church *specify*.....
4. TBA 5. Babalawo 6. Other *specify* .....

**C. PRESENT (WISH FOR) PREGNANCY STATUS**

22. (*Confirm, because already asked*) Are you pregnant now? YES / NO *If NO → Q.27*
23. How many months pregnant are you? ..... months
24. Are you going for ANC? YES / NO *If NO → Q.26*
25. Which ANC providers - which month did you start? (*probe for multiple response and fill the number of the pregnancy month that she started ANC*)
1. Private .... 2. Government GH ... / clinic ... 3. Church *specify type*.....
4. TBA ..... 5. Other *specify* ..... → Q.38
26. Why are you not going? ..... → Q.38
27. Would you like to get pregnant now? YES / NO *If NO → Q.29*
28. How long have you been wanting to get pregnant? ..... (*Check with Q.18*) → Q.38

**D. PRESENT CONTRACEPTIVE USE**

29. Do you presently use any method to prevent pregnancy? (*Probe for modern, traditional and local methods, used before or after intercourse*) YES / NO If NO → Q.36
30. Which method(s) do you use? (*Probe for multiple response*)
- 1. Contraceptive pills
  - 2. IUCD
  - 3. Safe period
  - 5. Diaphragm
  - 6. Condom
  - 4. Traditional (*specify type and how to use*) .....
  - 7. Inappropriate (*specify brand, dose, how to use*) .....
  - 8. Postinor (*how many, how often per month*) .....
  - 9. Injectables
  - 10. Spermicide
  - 11. Others *specify* .....
31. Since when have you been using this method(s)? .....
32. Are you satisfied with the method(s)? YES / NO *Comments* .....
33. Where do you buy (or from whom do you get) the method(s)? .....
34. *If applicable*: Do you always use it when you have intercourse? YES / NO If YES → Q.37
35. Why are you not always using? ..... → Q.37
36. Why are you not using any contraception? .....
37. What would you do if you would find yourself pregnant tomorrow?
- 1. Nothing, have the baby
  - 2. Induce abortion
  - 3. Other .....
  - 4. Don't know

**E. EVER CONTRACEPTIVE USE**

38. Did you ever use any method to prevent pregnancy? (*Probe for modern, traditional and local methods, used before or after intercourse*) YES / NO If NO → Q.40
39. What methods did you use? (*For present users, only fill others than mentioned in Q.30*)

Method	Provider	Period of use*	Marital then	Reason stopped using

\* Period in nr. of months / years, which years, in relation to the children she has, reproductive history

If the woman used any modern method → Q.42  
 If she never used any modern method → Q.40 and stress 'modern'

40. Why did you never use (modern) methods to prevent pregnancy? .....
- Only for women who never used any contraceptive method: ask Q.41*
41. How did you take care of that you were not getting pregnant if you did not wanted to? .....

**F. UNPLANNED PREGNANCY**

42. Did you ever have a pregnancy you were not ready for? YES / NO If NO → END
43. How many times did this happen to you? ..... (*Compare with the number of reported abortions. For unplanned pregnancies that were not successfully aborted, fill FORM A. For succeeded abortions, fill FORM B - before asking section (i)*) → Attach forms

**G. STORIES ON ABORTION**

**INTRODUCTION:** What is your opinion on abortion .....

- 44. Do you know a woman / girl who aborted a pregnancy? YES / NO *If NO → Q 49*
- 45. How many women do you know who aborted a pregnancy? .....
- 46. How many of them were: 1. Schoolgirl: .. 2. University stud:.... 3. Apprent: .. 4. Other: ...
- 47. How many of them were: 1. Single: .... 2. Married: .... 3. Other: .....
- 48. What is your relationship to these women? *Circle, and write the numbers*  
1. Sister ... 2. Friend ... 3. Neighbour ... 4. Relation, type ..... 5. Other.....
- 49. Have you known a woman who *has died* of abortion? YES / NO *If NO → END*
- 50. How many women who died of abortion have you known? .....
- 51. How many of them were: 1. Schoolgirl: ... 2. University stud:.... 3. Apprent: .. 4. Other: ...
- 52. How many of them were: 1. Single: .... 2. Married: .... 3. Other: .....
- 53. What is your relationship to these women? *Circle, and write the numbers*  
1. Sister ... 2. Friend ... 3. Neighbour ... 4. Relation, type ..... 5. Other.....

*I would like to ask some questions on the one whom you know most about. Don't worry if you do not know all the answers.* 54. What was your relationship to the woman: .....

- 55. Her age when she died: ... 56. In which year: 19... 57. Her marital status: .....
- 58. Was she: 1. Schoolgirl 2. University student 3. Apprentice 4. None of the three
- 59. Her profession: ..... 60. Her education: .....
- 61. In which area did she live: ..... 62. Her religion (*which church*): .....
- 63. Did she have any children (Nr): ..... 64. Been pregnant before: YES / NO (Nr): .....
- 65. What was the outcome of the other pregnancies: .....
- 66. Why did she not want this pregnancy: .....

- 67. Which month of pregnancy did she abort: .....
- 68. Where did she do the abortion \* : ..... Name provider: .....
- 69. What was the method used \*\*: .....
- 70. How did she know about this provider / method: .....
- 71. Who went with her: ..... 72. Who was the father: .....
- 73. What was the type of relationship she had with him: .....
- 74. Did he know she was pregnant: YES / NO *If NO → Q 76*
- 75. What was his reaction: .....
- 76. What were the complications: .....

- 77. How long after the abortion did she start noticing complications: .....
- 78. What did she do / how long time after / who went with her: .....
- 79. What happened / how did she die: .....

80. Can you understand why the woman aborted the pregnancy, *comments* .....

\* 1 = private, 2 = government, 3 = chemist, 4 = traditional healer, 5 = in a 'room', 6 = self, 7 = other (specify)  
 \*\* 1 = D&C, 2 = Vacuum, 3 = Swallow drugs (specify), 4 = Injection (specify), others.....

## FORM A: INFORMATION ON UNPLANNED AND UNWANTED PREGNANCIES

(for each pregnancy which was unplanned and not aborted successfully, fill one column)

1	Year			
2	Marit. status then			
3	Study	secretary / Uni / App / No	secretary / Uni / App / No	secretary / Uni / App / No
4	Month notice pregn.			
5	Why not ready			
6	Using contrac. then	Yes / No	Yes / No	Yes / No
6A	If yes, method(s)			
6B	If yes, what happened			
7	Try to abort pregn.	Yes / No	Yes / No	Yes / No
7A1	If no try, why not			
7A2	If no try, Had baby?	Yes / No* / Still pregn	Yes / No* / Still pregn	Yes / No* / Still pregn
7B	If yes try, Succeeded?	Yes / No	Yes / No	Yes / No
* What happened if not 'still pregnant': .....				

If never tried to abort, END, If tried to abort and 'NO' succeeded, continue below  
If tried to abort and 'YES' succeeded, fill 'FORM B';

8	Which month try **			
9	What did you use? Probe for all methods)			
10	Which provider and / or self ?			
11	How did you know the method/ provider			
12	What happened after you used the method - effects?			
13	What did you do next?			
14	Had the baby?	Yes / No* / Still pregn	Yes / No* / Still pregn	Yes / No* / Still pregn
** If a difference between the months in Q 4 and Q 8, explain why: .....				
.....				
* Explain what happened if not 'still pregnant': .....				
.....				

**FORM B: INFORMATION ON INDUCED ABORTIONS**

1	Year of abortion			
2	Marital status then	1.Marr. 2.Single 3.Widow 4.Divorce	1.Marr. 2.Single 3.Widow 4.Divorce	
3	Studying / apprentice	secretary / Uni / App / No	secretary / Uni / App / No	
4	Place where she lived			
5	Month found out pregnancy			
6	Month pregnancy aborted *			
7	Method for abortion **			
8	Type Provider(s) ***			
7/8A	Tried something herself first? <i>If yes, method ** and provider ***</i>			
9	Name hospital / staff			
10	How know the providers / the methods			
	Anybody influenced decision to abort - who			
11	Who went with you			
12	Costs			
13	Who paid			
14	Reason for abortion			
15	Complications	Yes / No	Yes / No	
15A	<i>If yes, type complications</i>			
15B	<i>If yes compl. Referral/help</i>	Yes / No	Yes / No	
15C	<i>If yes referral, to where and what happened</i>			
16	Contr. when got pregnant	Yes / No	Yes / No	
16A	<i>If yes, type &amp; what happened</i>			
16B	<i>If no: Why not</i>			
17	Contr. use after abortion	Yes / No	Yes / No	
17A	<i>If yes, type &amp; how to use before or after sex</i>			
17B	<i>If no: Why not</i>			
18	Got FP info after abortion?			
<p>* Explain below if a difference between '5' and '6', or if time between 1st and 2nd abort. methods                  ** 1 - D&amp;C, 2 - Vacuum, 3 - Swallow drugs (<i>specify</i>), 4 - Injection (<i>specify</i>), others.....                  *** 1 - private, 2 - government, 3 - chemist, 4 - traditional healer, 5 - in a 'room', 6 - self, 7 - other (<i>specify</i>)</p>				

Other / additional info: .....

.....

.....

## FOCUS GROUP DISCUSSION GUIDE: SCHOOLGIRLS

**Pregnancy in school**

What do you think of a schoolgirl who gets pregnant when she is still in school

*How can it happen. Do you understand that the girl finds herself in this position. Sympathise/condemn?*

Have you known such girls / has it happened in your school.

*Any true (not from video or magazine) stories to tell? What happened before she got pregnant?*

What do schoolgirls usually do when they find themselves pregnant

Are men / boys / teachers bothering schoolgirls for sex?

**Abortion**

What do you think of girls who do induced abortion

*Can you understand that a girl is in such a position, that the only alternative seems to be induced abortion? In which situations? Do you have stories to tell?*

What are the methods for abortion that you have heard schoolgirls using

Do you think abortion it is dangerous, what are the most dangerous methods, what can happen? Why would schoolgirls use the more dangerous methods instead of the safer ones?

**Contraception**

What do school youths use to prevent pregnancy (probe for all methods, pre- and post-coital)

Where do they get the methods – if you want to buy a condom where do you go?

**Marriage**

You think men would want to marry a girl who has a child already? Comments why “No” or “Yes”

**Information and needs**

Do you feel you have enough information on issues related to prevention of pregnancy?

*Probe: What is missing, how would you like to know about it? Who should tell you? Role parents?*

What are the needs / wishes of schoolgirls related to contraceptive services.

## FOCUS GROUP DISCUSSION GUIDE: SCHOOLBOYS

**Pregnancy in school**

What do you think of a schoolgirl who gets pregnant when she is still in school

*How can it happen. Do you understand that the girl finds herself in this position. Sympathise/condemn?.*

Have you known such girls / has it happened in your school.

*Any true (not from video or magazine) stories to tell? What happened before she got pregnant?*

What do schoolgirls usually do when they find themselves pregnant



**Opinion on abortion**

What do you think of girls who do induced abortion

*Can you understand that a girl is in such a position, that the only alternative seems to be induced abortion?*

*In which situations? Do you have stories to tell?*

What are the methods for abortion that you have heard schoolgirls using

Do you think abortion it is dangerous, what are the most dangerous methods, what can happen? Why would schoolgirls use the more dangerous methods instead of the safer ones?

**Contraception**

How can schoolgirls and boys prevent getting pregnant

*Ask for all methods and how they use them. Probe for all methods, pre- and post-coital. Ask if they think the methods are affective (especially the inappropriate ones)*

Do schoolboys usually use condoms

*If "Yes" why they feel it is important, and if "No" why they do not use it*

Where can youths get contraceptive methods in this place / where do you buy condoms in this place?

**Marriage**

Would you marry a girl who has a child already? Comments why "No" or "Yes"

**Information**

Do you feel you have enough information on issues related to prevention of pregnancy and sexuality – what is missing?

**Needs**

What are the needs / wishes of schoolboys related to information and contraceptive services

From whom would you like to get information and where would you like to get the services

**FOCUS GROUP DISCUSSION GUIDE: WOMEN OF REPRODUCTIVE AGE****Opinions on child bearing**

What is a good age for a woman to start bearing children. Give reasons why

*Why do many women not follow the ideal?*

What is the normal age for a woman to stop bearing children? Give reasons why

*Probe for: if a woman has children who could bear children themselves, is it good for her to still bear children or not? Is the husband still sexually attracted to a woman who has stopped bearing children?*

What is a good number of children to have? Give reasons why

**Opinion and practices of child spacing**

What is ideal spacing of children, how many years should be in-between children (Give reasons why)

Do couples practise post partum abstinence?

*For how long? Is there any change from in olden days? What do they think of the husband having affairs outside during this period? Can they refuse sex from their husband?*

Many women use safe period only – how do they calculate safe period?

Opinion on modern and traditional methods of contraception:

**Your and community opinion and what do people commonly say to / call them.**

A woman who has children too close?

A schoolgirl / unmarried woman using contraception

A schoolgirl who gets pregnant when in school

*What should she do. If your daughter or niece or younger sister would get pregnant, when still a schoolgirl, what do you advice her to do. Does it happen, stories.*

A woman who gets pregnant when she is not married?

*How are her chances of a good marriage when she has a child already. Examples*

Infertile: 1. Couple 2. Woman 3. Man *Probe: Reaction of in-laws. Is the woman considered a witch?*

### **Opinion on induced abortion**

Under which circumstances would it be allowed, if at all

*Probe for: rape, husband died, children too close, still in school, no money, just started a job, not married*

Which abortion methods are the most dangerous methods, which methods are safer, is it safer when done early? Why would women go for the unsafe methods? Probe for methods of TBAs. Have women died in their village?

### **Services and needs**

Which services are in the village, nearest to the village, what is their quality, costs, where do they mostly go?

*Probe: Government, private, TBAs, chemist, churches etc.? How far. Do they come to your homes if needed?*

By whom are women assisted when they have to deliver at home? (In the community survey it was found that there is a woman in the village who assists).

What are the needs and wishes of women in this community related to fertility regulation services?

### **FOCUS GROUP DISCUSSION GUIDE: OLDER WOMEN**

*Especially ask how things were before and how they have changed (and their opinion on the change)*

#### **Opinions on child bearing**

What is a good age for a woman to start bearing children. Give reasons why  
(*One third of the women got pregnant when they were below 20 years of age and most have been pregnant*

*before they are 25 years old, why do many women not follow the ideal?)*

What is the normal age for a woman to stop bearing children? Give reasons why

*(Most women in the survey stopped when they are over 40) Probe for: if a woman has children who could bear children themselves, is it good for her to still bear children or not? Is the husband still sexually attracted to a woman who has stopped bearing children?*

What is a good number of children to have (Give reasons why)

#### **Opinion and practices of child spacing**

What is ideal spacing of children, how many years should be in-between children (Give reasons why)

Do couples practise postpartum abstinence?

*For how long? Is there any change from in olden days? What do they think of the husband having affairs outside during this period? Easier when more than one wife? Can they refuse sex from their husband?*

What are traditional ways besides abstinence that women and men used in olden days to space their children? Pre and post-coital. Probe for TBA methods

#### **Your and community opinion and what do people commonly say to / call them.**

A woman who has children too close?

A schoolgirl / unmarried woman using contraception

A woman who gets pregnant when she is not married?

*How are her chances of a good marriage when she has a child already. Examples*

Infertile: 1. Couple 2. Woman 3. Man

*Probe: Reaction of in-laws. Is the woman considered a witch?*

#### **Opinion on induced abortion.**

Under which circumstances would it be allowed, if at all

*Probe for: rape, husband died, children too close, still in school, no money, just started a job, not married*

Did women in olden days have methods to terminate an unwanted pregnancy?

Which abortion methods are the most dangerous methods, which methods are safer, is it safer when done early? Why would women go for the more dangerous methods?

Have women died in their village? Stories.

#### **Services and needs**

Which services are in the village, nearest to the village, what is their quality, costs, where do they mostly go?

*Probe: Government, private, TBAs, chemist, churches etc.? How far. Do they come to your homes if needed?*

By whom are women assisted when they have to deliver at home?

What are the needs and wishes of women in this community related to fertility regulation services?

## FOCUS GROUP DISCUSSION GUIDE: MEN

*(Ask if any of them had his wife interviewed – Probe: what did the wife say about the interview)*

Who in the family is the one deciding on where a woman goes for fertility regulation services such as 1. ANC, 2. for delivery, 3. Infertility treatment *What are their considerations when choosing? Nearness, costs?*

**Child spacing / family planning and contraception**

It happens that married women get pregnant when it is not planned for and that it is not convenient to have (another) child, because of various reasons: 1) the other baby is still small, 2) there is no money, 3) she had many children already or 4) the husband just got another job. Do you recognize these problems? How do you want to prevent this from happening and what can the man / woman / couple do?

Do you think women should stop child-bearing at a certain age? And what about men?

*Probe: Is a woman who has stopped childbearing still sexually attractive to a man? Is it dangerous to have sex with her (because of dirt or what?). Would all men want to marry more than one wife – what are the advantages and disadvantages?*

Do you allow your wife to use contraception? Who decides what she uses? *Pose the question: What would you do if you found out your wife is using contraception without you knowing?*

*Which types do you like, which types do you not like? Reasons why Do men use one condom more than once? (We heard about this in another village) Do couple use post partum abstinence? How do men deal with this period?*

**Problems with schoolgirls**

If your daughter or niece or younger sister would get pregnant, when still a schoolgirl, what do you advice her to do?

You know there are problems with schoolgirls getting pregnant and dying of induced abortion: What can be done about it? What can you men do about it? *Can you understand that a schoolgirl would not like to tell her parents what happened to her? Would you allow your daughter / and would you advice your son to use condoms, to prevent these problems?*

Do men like to marry a woman who already has a child from someone else? *Discuss pro's and con's*

**Problems, needs and solutions**

What do you see as the problems and needs of women related to contraception, pregnancy and infertility. What should be done about it, and by whom?

