Women striving for self-reliance. Diversity of female-headed households in Tanzania and the livelihood strategies they employ
van Vuuren, J.A.

Citation for published version (APA):

General rights
It is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), other than for strictly personal, individual use, unless the work is under an open content license (like Creative Commons).

Disclaimer/Complaints regulations
If you believe that digital publication of certain material infringes any of your rights or (privacy) interests, please let the Library know, stating your reasons. In case of a legitimate complaint, the Library will make the material inaccessible and/or remove it from the website. Please Ask the Library: http://uba.uva.nl/en/contact, or a letter to: Library of the University of Amsterdam, Secretariat, Singel 425, 1012 WP Amsterdam, The Netherlands. You will be contacted as soon as possible.
List of tables

2.1 Headship and household composition in Ndala village in 1994 27
2.2 Items included in the calculation of the possession score 50
3.1 Population density in Unyamwezi in 1957 56
3.2 Population densities in Tabora Region in 1988 58
3.3 Populations in Ndala ward in 1988 62
3.4 Size and composition of male-headed households (n=70) and female-headed households (n=50) in Ndala village in 1994 63
3.5 Destinations of migrant family members from 80 households in Ndala village (1994) 72
4.1 Rainfall in Ndala village 80
4.2 Land tenure of households in Ndala village (1994) (n=120) 84
4.3 Labour use during cultivation in Ndala village in 1994 86
4.4 Cultivation of crops in Ndala village (1994/95) 87
4.5 Mean values and amounts of harvest in Ndala village (1994) 89
4.6 Food purchases by households in Ndala village (1994) 90
4.7 Sowing and harvesting time of crops in Ndala village 92
4.8 Numbers of livestock-owning households in Ndala village (1994) (n=120) 93
4.9 Salaries based on full time jobs in Ndala village (1994) 95
4.10 Salaries related to household income in cash for male-headed and female-headed households in Ndala village (1994) 95
4.11 Non-wage income sources of the inhabitants of Ndala village (1994) 97
4.12 Importance of agricultural and non-agricultural activities to household income for female-headed households and male-headed households in Ndala village (1994) 98
4.13 Kin gifts received by female-headed households and male-headed households in Ndala village (1994) 102
4.14 Money gifts between children (C), parents (P), relatives (R) and others (O) in Ndala village (1994) 105
4.15 Relative importance of different destinations of kin gifts to households in Ndala village (1994) 105
4.16 Value of kin gifts in Tsh for households in Ndala village (1994) 105
4.17 Relative importance of the various cash income sources as part of the total household income in cash for Ndala village in 1994 108
4.18 Total household income (in cash) and total household income (in cash and kind) of female-headed and male-headed households in Ndala village (1994) 108
5.1 Status of female heads of households in Ndala village (1994) 112
5.2 Household size and composition in Ndala village (1994) 121
5.3 Number of born, deceased and living children in Ndala’s households (1994) 122
5.4 Field acreage per household in Ndala village (1994) 124
5.5 Ways of obtaining land by households in Ndala village (1994) 125
5.6 Internal labour input of households in Ndala village (1994) 127
5.7 Internal labour input differentiated to the family life cycle of households in Ndala village (1994) 129
5.8 Use of hired labour by households in Ndala village (1994) 130
5.9 Use of plough and oxcart by households in Ndala village in 1994 131
5.10 Way of using a plough by households in Ndala village (1994) 132
5.11 Use of fertilisers and insecticides by households in Ndala village (1994) 134
5.12 Average costs of inputs paid by households in Ndala village (1994) 134
5.13 Quantities of maize harvested by households in Ndala village in 1994 and 1995 136
5.14 Value of harvest of crops of households in Ndala village in 1994 (in Tsh) 137
5.15 Maize bought in addition to the harvest by households in Ndala village (1994) 139
5.16 Value of purchases of additional maize and food by households in Ndala village (1994) 139
5.17 Standard deviations in the average purchases of maize and other food crops by households in Ndala village in 1994 140
5.18 Sources of cash income of all households in Ndala village in 1994 142
5.19 Households in Ndala village receiving money from their children (1994) 143
5.20 Average amount of kin gifts received by households in Ndala village (1994) 144
5.21 Salary of inhabitants of Ndala village (1994) 145
5.22 Salaries as proportion of the total household income in Ndala village (1994) 147
5.23 Proportion of households in Ndala village with non-wage income-generating activities (1994) 147
5.24 Non-agricultural sources of cash income as a proportion (%) of the total household income in cash (1994) for households in Ndala village 148
5.25 Agricultural sources of cash income as a proportion (%) of the total household income in cash (1994) for Households in Ndala village 150
5.26 Average amounts of money derived by income-generating activities by households in Ndala village (1994) 151
5.27 Proportion of income sources for the total household income (in cash) of households in Ndala village (1994) 152
5.28 Total household cash income and total household cash and non-cash income of different types of households in Ndala village (1994) 155
6.1 Items included in the calculation of the possession score 160
6.2 Prices of items in cash (Tsh) (1994) 161
6.3 Households in Ndala village (n=120) possessing luxury items (1994) 161
6.4 Households in Ndala village (n=120) possessing furniture items (1994) 162
6.5 Average number of items possessed by households in Ndala village (1994) 163
6.6 Households in Ndala village possessing shoes and sweaters (1994) 163
6.7 Number of houses per dwelling unit of households in Ndala village (1994) 164
6.8 Households (n=120) in Ndala village with or without a house with a corrugated iron roof (1994) 164
6.9 Households in Ndala village with a separate kitchen (n=120) (1994) 165
6.10 Luxury scores for households in Ndala village (1994) 166
6.11 Average number of items possessed by households in Ndala village (1994) (% 166
6.12 The furniture scores for households in Ndala village (1994) 168
6.13 Average numbers of furniture items for households in Ndala village (1994) 169
6.14 The garment scores of households in Ndala village (1994) 171
6.15 Household possessing sweaters and shoes in Ndala village (1994) 172
6.16 Average number of sweaters and shoes of households in