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CASE REPORTS

Multiple Hyperplastic Polyps in the Stomach: Evidence for Clonality and Neoplastic Potential

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The origin and neoplastic potential of gastric epithelial polyps remains an area of great interest, and treatment choices are a topic of controversy. This report describes a patient diagnosed with three concurrent hyperplastic gastric polyps that were studied for genetic alterations. The polyps were investigated for alterations in the K-ras oncogene and the p53 tumor suppressor gene and for p21WAF1/Cip1 and MDM2 protein overexpression. In addition, loss of heterozygosity at several loci that are frequently involved in human cancer was analyzed, microsatellite instability, a hallmark of the "mutator" phenotype, was determined, and Epstein–Barr virus infection was investigated. All separate areas from the three independent polyps harbored the same activating point mutation in codon 12 of the K-ras oncogene, indicating a clonal origin. DNA sequence alterations in p53 were not found, although high p53 protein levels could be shown by immunohistochemistry in areas of carcinoma within the largest polyp. No alterations in any of the other molecular markers were observed. The results strongly favor a clonal origin of the three independent gastric polyps and support the notion that these hyperplastic polyps may carry a risk for malignancy.

Gastric epithelial polyps can be subdivided in adenomatous, hamartomatous, and hyperplastic polyps.1,2 Adenomatous polyps, which form a minority, are by definition neoplastic.3 Hamartomatous polyps are most often encountered in patients with Peutz–Jeghers syndrome, juvenile polyposis, or Cronkhite–Canada syndrome. The neoplastic potential of these hamartomatous polyps is not clear. The neoplastic risk of hyperplastic polyps is not known, and their proper management remains a topic of controversy. Especially when multiple hyperplastic polyps are present, they may harbor areas of carcinoma.4 It is believed that carcinogenesis in the stomach follows a multistep progression model that is comparable with the adenoma–carcinoma sequence in the colorectum.7 In the intestinal type of stomach cancer, an accumulation of genetic mutations leading to oncogene activation and loss of tumor suppressor gene function may be associated with a gastric dysplasia–carcinoma sequence. However, the specific genetic changes accompanying this sequence are less well defined.8

Activation of ras oncogenes, a frequent finding in colorectal neoplasms, is rare in the stomach, although it was reported in a subset of patients at high risk for stomach cancer.9 Activation of the K-ras oncogene by codon 12 point mutations is a common and relatively early event in colorectal neoplasms. Alterations in the p53 tumor suppressor gene, frequently associated with the transition of an in situ lesion into an invasive neoplasm in the colorectum, most likely play a similar role in the stomach.10,12 Mechanisms to disrupt p53 protein function include missense mutations in exons 5 through 8, often accompanied by allelic loss of the remaining functional p53 allele.13 The normal (wild-type) p53 protein, but not the altered p53 protein, binds specifically to DNA and acts as a transcription factor for several genes.14 One of these genes, called WAF1 or Cip1, encodes a 21-kilodalton protein (p21WAF1/Cip1) that is a potent inhibitor for several cyclin-dependent kinases that control progression through the cell cycle.15 Expression of the p21WAF1/Cip1 protein can easily be detected by immunohistochemistry but does not always reflect p53 status accurately.16,17 In addition to p53 gene mutation, accompanied by loss of the wild-type p53 allele, other mechanisms by which p53 function can be compromised have been described. One of these mechanisms is inactivation through binding

Abbreviations used in this paper: EBV, Epstein–Barr virus; LI, labeling index; LOH, loss of heterozygosity; PCR, polymerase chain reaction.

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to the MDM2 protein.\textsuperscript{18} MDM2 is a nuclear protein whose overexpression leads to the inhibition of p53, a mechanism mostly found in sarcomas.\textsuperscript{19} Loss of p53 function may also occur through binding to viral proteins of which the SV40 Large-T protein is the prototype.\textsuperscript{20} In the stomach, cytomegalovirus or the Epstein–Barr virus (EBV) may be present, and binding of one of the virally encoded proteins (cytomegalovirus immediate early antigen and EBNA-5) to p53 was reported previously.\textsuperscript{21–23}

Similar to observations regarding the colorectum, alterations in the adenomatous polyposis coli (APC) gene on the long arm of chromosome 5 and in the deleted colorectal cancer (DCC) gene on the long arm of chromosome 18 have been described in the stomach.\textsuperscript{8} The phenomenon of microsatellite instability has also been reported for the stomach as well as for the large bowel.\textsuperscript{24}

We describe a patient with multiple hyperplastic polyps harboring dysplasia and carcinoma in the stomach who was negative for \textit{Helicobacter pylori}. The different areas of these polyps were analyzed for alterations using well-established molecular markers. Our study indicates that clonality rather than independent growth underlies this case of multiple gastric polyps, further supporting a dysplasia-carcinoma sequence in gastric carcinogenesis.

\section*{Materials and Methods}

\section*{Patient Information and Samples}

The patient was a 67-year old white woman with dyspepsia from whom three gastric polyps were removed by endoscopy. The polyps were located in the corpus of the stomach; they were macroscopically visible as separate lesions with normal-looking mucosa in between and had diameters of 6.5, 3.5, and 2.5 cm, respectively. The patient had no prior medical history and no family history of polyposis or gastrointestinal cancer. After routine procedures of formalin fixing and paraffin embedding during which the polyps were completely enclosed, tissue blocks were cut into 4-\mu m sections for immunohistochemistry, in situ hybridization, and H&E staining. At histopathologic examination, all three polyps were diagnosed as hyperplastic.\textsuperscript{2} The largest polyp had a heterogeneous constitution, showed scattered foci of high-grade dysplasia,\textsuperscript{25} and contained a small carcinoma that was confined to the mucosa (intramucosal cancer) (Figure 1). The stalk consisted of normal preexistent oxyntic mucosa. The smaller two polyps also showed areas of high-grade dysplasia. There was mild chronic nonspecific inflammation in the antral and fundic mucosa.

The \textit{ras} mutational analysis and p53 immunohistochemistry were also performed in 10 additional sporadic hyperplastic stomach polyps (8 white women and 2 white men; age, 34–86 years; mean age, 69 years) from the archives; these polyps were negative for dysplasia or carcinoma.

\section*{Immunohistochemistry and Quantification}

Immunohistochemistry for p53, p21\textsuperscript{WAF1/Cip1}, and MDM2 was performed as described previously.\textsuperscript{17,26} The following antibodies were used: DO-7 (DAKO, Glostrup, Denmark) to detect the p53 protein; Ab-1 (Oncogene Science, Cambridge, MA) to detect p21\textsuperscript{WAF1/Cip1}; and MDM2 (SMP14, Santa Cruz Biotechnology, Santa Cruz, CA) to detect the MDM2 protein. The presence of cytomegalovirus was investigated with an antibody (E13; Argene, Vairilhes, France) against the immediate early antigen. For immunoquantification, counterstaining of the nuclei was performed with methyl green. This enables quantification of the immunostaining by an automated analysis system as described by us previously.\textsuperscript{27} For this study, the PRODIT (professional digitizing interobserver tool) system was used. This system enables the calculation of the number...

\begin{figure}[h]
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\includegraphics[width=\textwidth]{Figure1.png}
\caption{H&E-stained sections from the three stomach polyps and immunohistochemistry for p53 and p21\textsuperscript{WAF1/Cip1}. (A–C) Overview of the large and smaller polyps, (D) nonneoplastic polyp mucosa, (E) focus of high-grade dysplasia, (F) area of intramucosal carcinoma, (G) diffuse p53 positivity in intramucosal carcinoma, and (H) p21\textsuperscript{WAF1/Cip1} positivity in high-grade dysplasia.}
\end{figure}
of positive cells as a percentage of the total number of cells that are hit in a random fashion within a depicted area and therefore avoids selection bias.\textsuperscript{28}

**In Situ Hybridization for EBV**

EBV infection was detected with a detection kit (DAKO) against EBER-1 and EBER-2 nuclear RNA molecules, followed by rabbit anti–fluorescein isothiocyanate and swine anti-rabbit conjugated with biotin as recommended by the manufacturer. Hybridization was visualized with avidin-biotinylated horseradish peroxidase and 3,3'-'diaminobenzidine tetrahydrochloride as chromogen.

**Detection of Point Mutations in K-ras Codon 12**

For the analysis of codon 12 of the K-ras oncogene, the different areas of interest were accurately microdissected from the H&E-stained tissue sections, omitting the deparaffinization step. From the largest polyp, areas of hyperplastic, dysplastic, and cancerous mucosa in addition to the normal preexistent mucosa surrounding the stalk were separately collected. From the two smaller polyps, the dysplastic mucosa was also microdissected. Duplicate sections for each area were separately collected and used for DNA isolation. Areas around K-ras codon 12 were then amplified by the polymerase chain reaction (PCR) and tested with biotin-labeled allele-specific oligodeoxynucleotide hybridization to identify possible mutant sequences. Specific signals were detected with an enhanced chemiluminescence system (Amersham, Buckinghamshire, England). The DNA isolation, PCR, and hybridization conditions have been described previously.\textsuperscript{29}

**p53 Sequence Analysis**

Because the area with carcinoma in the largest polyp was positive for p53 immunohistochemistry, DNA from this area was used for mutational analysis for exons 5 through 8. Amplified PCR products were molecularly cloned in a plasmid vector, and DNA isolated from pooled clones was subjected to bidirectional sequence analysis using conditions described previously.\textsuperscript{17,30} Because no gene mutations were found using this approach, we extended our analysis to exons 2, 3, and 9 using the same protocol. (The oligodeoxynucleotide primers used for this analysis are made available by the authors on request.)

**Analysis of Microsatellite Markers**

Loss of heterozygosity (LOH) was analyzed using microsatellite markers for loci on chromosomes 5, 17, and 18.\textsuperscript{31,32} These markers were IL9 to detect LOH for APC, D17S513 to detect LOH for p53, and D18S38 to detect LOH for DCC. In addition, sequences from the markers D5S208 on 5p, D5S107 on 5q, D9S51 on 9q, and D12S60 on 12q were tested for possible microsatellite instability. PCR and analysis of the amplified products were performed as described previously.\textsuperscript{33}

**Results**

When the different areas of the three polyps were analyzed for activating K-ras codon 12 point mutations, all showed hybridization to one mutant-specific probe, indicating the presence of an activated K-ras oncogene. This mutation was present in the different microdissected areas of hyperplasia, high-grade dysplasia, and carcinoma, whereas the normal mucosa was negative. The mutation involved a transition of a guanine into an adenine in position 2 of codon 12, resulting in the substitution of the normal glycine by aspartic acid in the protein (Figure 2A).

The p53 immunohistochemistry was negative in the normal and hyperplastic mucosa. The dysplastic areas
showed focal positivity (labeling index [LI], 0%), whereas
in the intramucosal carcinoma, almost half of the nuclei
(LI, 40%) were positive (Figure 1) and MDM2 staining
was negative. Immunohistochemistry for p21^{WAF1/Cip1}
was positive in the dysplastic (LI, 8%) and cancerous (LI,
18%) mucosa. Interestingly, the terminally differentiated
foveolar cells of the preexistent oxyntic mucosa were also
positive for p21^{WAF1/Cip1}.

Sequence analysis of exons 5 through 8 showed no
alterations in the normal DNA sequence of the p53 gene.
Because inactivating mutations in other protein-encoding
exons have been described, although with lower inci-
dence, we extended our analysis to exons 2, 3, and 9 of
p53. Again, this additional analysis did not show any
sequence alterations in the p53 gene. We then
analyzed LOH at 17p, where the p53 gene is located and
which frequently accompanies p53 gene mutations, but
no LOH was observed (Figure 2B). Analysis of the chro-
mosomal areas of the APC gene (at 5q) and of the DCC
gene (at 18q) did not show any alterations, although
the marker at DCC was not informative. No shifts were
observed with any of the used polymorphic microsatellite
markers, precluding microsatellite instability at these
sites, thus excluding a mutator phenotype in this patient.
None of the analyses for the presence of cytomegalovirus
or the EBV was positive.

In 1 of the 10 hyperplastic gastric polyps that served
as controls, a mutation was found that also resulted in
aspartic acid (GGT \rightarrow GAT) substitution; the p53 immu-
nohistochemistry was negative, except for a few scattered
positive nuclei occurring in the neck zone in 3 of the
polyps.

Discussion

When multiple neoplastic lesions are present
within the same organ, their possible clonal origin is
often difficult to determine and may be impossible using
conventional techniques. The use of newly developed mo-
lecular markers identifying well-established cancer-
related genetic alterations in such cases may address this
question with more accuracy. Our results in the present
case of multiple gastric hyperplastic polyps indicates a
clonal origin rather than an independent growth of the
three removed stomach polyps. Although ras mutations
comprise one of the most frequent oncogenic mutations
observed in human malignancies, they are rare in neo-
plasms of the stomach. It is therefore unlikely that the
same K-ras mutations in these three polyps occurred by
chance. A possible explanation to account for this
phenomenon is that the same and very specific carcino-
genec hit resulted in a simultaneous outgrowth of the
polyps. Although this scenario has been reported in other
organs, such as specific p53 gene mutations associated
with aflatoxin exposure in liver tumors, there are pres-
ently no indications that this is the case in the stomach.
Therefore, we favor the hypothesis that the progeny of a
simple transformed cell has spread throughout the stom-
ach and has established the different polyps at different
sites of the stomach. The same clonal expansion underly-
ing the presence of multiple tumors at the same time
has been described in other organ systems, such as in the
bladder and head and neck region. It is not difficult to
envison how cells in the stomach can migrate to and
attach at other sites. It is known that shedding of (nor-
mal) cells occurs in large quantities in the stomach. The
similarity of the molecular makeup of the three
polyps in other regards lends support to this postulated
clonal origin. Apparently, ras mutations can be encoun-
tered in hyperplastic polyps of the stomach without neo-
plastic change on rare occasions; the meaning of this
finding is unclear. Similar observations in the colo-
rectum, in aberrant crypt foci without dysplasia, seem
to indicate that ras mutations per se are not sufficient
to provide a dysplastic phenotype. The trend in p53
immunohistochemistry positivity with increasing degree of malignancy (negative in the hyperplastic mucosa, focally positive in high-grade dys-
plasia, and almost half positive in intramucosal carci-
noma) was initially interpreted as an indication for the
inactivation of the p53 tumor suppressor gene because
mutated p53 can be shown by increased protein levels.
However, we were unable to show the specific event
leading to disruption of the p53 gene: no p53 gene muta-
tions were found after extensive analysis of the full pro-
tein-encoding DNA sequence, no LOH was present at
17p, MDM2 protein expression could not be shown by
immunohistochemistry, and no cytomegalovirus or EBV
infection was found. The absence of LOH at 17p, in
conjunction with the increasing p21^{WAF1/Cip1} protein
expression that accompanied the p53 positivity, is in fact
a relative argument in favor of overexpression of a func-
tional (wild-type) p53 protein. The mechanism of such
high p53 protein levels remains puzzling, but it has been
proposed that alterations outside the protein-encoding
domains of p53 may account for the Li–Fraumeni pheno-
type, which depends on inactivation of p53, in some
families. Truncating mutations in APC have been de-
scribed as a determinant of dysplasia in the colorectum
when it occurs in addition to ras-induced hyperplasia-
aberrant crypt foci, but LOH of 5q, the locus of APC,
was not observed. Furthermore, a study of other polymor-
phic markers at different sites throughout the genome
did not show a mutator phenotype. From a practical point of view, the current case supports the idea that multiple hyperplastic polyps may carry a risk for malignancy.

The observations are consistent with a dysplasia-carcinoma sequence in the stomach and therefore favor prophylactic surgical treatment of severe gastric dysplasia. Finally, our data suggest that clonal expansion of transformed epithelial cells cause multifocal lesions in the stomach; the stomach should be therefore scrutinized when a single neoplastic lesion is encountered.

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