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Sex differences in emotion expression

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Appendix B

(Belief items are translated from the original Dutch)

Prescriptive beliefs

Intolerance of display of power: (Wo)men should not be aggressive.

(Wo)men should not show their anger.

Intolerance of display of powerlessness:

(Wo)men should not show their sadness.

(Wo)men should not show their fear.

(Wo)men should not show their disappointment.

(Wo)men who express their anger are weak

(Wo)men who express their fear are weak.

(Wo)men who express their sadness are weak.

(Wo)men who express their disappointment are weak.

(Wo)men who express their emotions are weak.

(Wo)men should not cry.

(Wo)men should control their feelings.

Remaining:

Emotional (wo)men are no real (wo)men.

Aggressive (wo)men are no real (wo)men.

Descriptive beliefs

Display of Powerful Emotional Behavior:

(Wo)men are more direct in expressing anger than (wo)men.

(Wo)men show their pride in their accomplishments more than (wo)men.

(Wo)men are better able to hide their fear than (wo)men.

(Wo)men hide their fear by acting tough.

Display of Powerless Emotional Behavior:

(Wo)men are more fearful by nature than (wo)men.

(Wo)men need more support when they are sad than (wo)men.

(Wo)men do not dare to show their anger because they take other people's feelings into account.

(Wo)men are more sensitive than (wo)men.

(Wo)men are warmer than (wo)men.

Displaying Emotions is not Functional in Working Life:

Emotional (wo)men are not functional in working life.

(Wo)men who show their emotions at work are hard to take seriously.

It is better that (wo)men who have a management position do not show their feelings.

Occupations in which it is necessary to keep a cool head, like police officer, neurosurgeon or jet-fighter pilot, are less suitable for (wo)men because they are not able to do this.

Because (wo)men get emotional so easy, they are not suitable for management positions.

It is not professional when a (wo)man cries at work.

Sharing Emotions:

When (wo)men are together, all they talk about is their feelings.

(Wo)men talk about their emotions more often than (wo)men do.

Aggressiveness leads to a Preference for Particular Activities:

(Wo)men like action movies more than women, because they are more able to identify with that kind of movie.

Martial arts are more suitable for (wo)men than for (wo)men, because they can express their aggression.

Negative Feelings towards Emotional Behavior:

I do not like emotional (wo)men.

I do not like (wo)men who cry easily, because I think it is manipulative behavior.

I do not like to discuss my feelings with a (wo)men.

I do not like (wo)men who respond with excessive enthusiasm, because it is too much.

When confronted with a crying (wo)men, I feel uncomfortable.

(Wo)men bother other people with their feelings.

I do not like (wo)men who show their pride, because it is boastful.

I do not like (wo)men who want to discuss their feelings.

(Wo)men who show that they are in love are too sentimental

I do not like jealous (wo)men.

Experience and Express Emotions:

(Wo)men get angry more easily than (wo)men.

(Wo)men are offended more easily than (wo)men.

(Wo)men stay angry longer than (wo)men.

(Wo)men get jealous more easily than (wo)men.

(Wo)men are emotionally more unstable than (wo)men.

(Wo)men respond more enthusiastically than (wo)men when you talk about something you like yourself.

(Wo)men are more curious about other people's feelings than (wo)men.

(Wo)men are less complicated than (wo)men in their feelings.

(Wo)men fall in love more easily than (wo)men.

Being Sensitive leads to Stereotypically Feminine Abilities:

Because (wo)men are more sensitive than (wo)men, they are more suitable for nursing jobs.

It is easier to talk with (wo)men about your feelings than with (wo)men.

Because (wo)men are sensitive, they are capable of raising children.

It is functional to have a (wo)men in the board of directors, because (wo)men are sensitive for the needs of employers.

Remaining:

The difference between men and women in their emotionality is an invariable fact.

(Wo)men who become angry quit often, better not choose a nursing job.

It is hard to discuss with (wo)men because they get emotional so quickly.

When (wo)men are together they speak about almost everything, except for their feelings.

(Wo)men are more emotional than men.

(Wo)men are less able than (wo)men to distinguish emotional arguments from rational arguments.

(Wo)men love tearjerkers (movies).

(Wo)men who cry watching a movie are sympathetic.

When (wo)men are together they speak about almost everything, except for their feelings.

Women are more sensitive than men.

