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Downing, L.J.; Hamann, S.

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The phonetics of NCh in Tumbuka and its implications for diachronic change

LAURA J. DOWNING  
*University of Gothenburg*  

SILKE HAMANN  
*University of Amsterdam*

Abstract
The phonetic motivation for the synchronic and diachronic development of post-nasal voicing (*NT > ND*) is well understood. Less well understood is the phonetic motivation for other common synchronic and diachronic developments from *NT*, widely attested in Bantu languages, such as aspiration of the voiceless plosive and subsequent loss of either the nasal or the plosive portion of the sequence: *NT > NTh > Th, Nh*. In this paper we first review the existing (scarce) phonetic literature on these developments. Then we present the results of a phonetic study of NC sequences in Tumbuka, a Bantu language where NT > NTh, as a way of exploring how the acoustic and perceptual properties of NTh sequences could motivate the development, found in other Bantu languages, of Th or Nh from NTh. We conclude by proposing that a perceptual cue approach, rather than a gestural or other articulatory approach, provides the most persuasive phonetic account, not only of the motivation for post-nasal aspiration of voiceless stops, but also for the instability of nasals and of voiceless stops in the NTh context which leads to other sound changes.

1 Introduction
As Kerremans’ (1980) thorough survey shows, a wide range of reflexes of Proto-Bantu *NT* are found in modern Bantu languages. While voicing of the post-nasal obstruent (*NT > ND*) might be the most well-known (see, e.g., Pater 1999), it is also extremely common for the post-nasal obstruent to undergo aspiration: *NT > NTh* (see Hamann & Downing 2017 for detailed discussion).

In a number of Bantu languages, we find other developments from *NT*: either the nasal or the stop portion of the *NT* sequence is deleted, as illustrated in (1).
Both cases, (1a) and (1b), leave behind an aspirated or breathy voiced consonant. Table 1 illustrates these outcomes by providing a cross-Bantu sample of the synchronic cognates of Proto-Bantu stems when a nasal noun class prefix (class 9/10) creates an NT sequence. (See Katamba 2003 for an overview of Bantu noun classes.)

<table>
<thead>
<tr>
<th>Proto-Bantu</th>
<th>Chichewa</th>
<th>Central Shona</th>
<th>Venda</th>
<th>English translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>*-pada</td>
<td>m-phalapala</td>
<td>m-fiara</td>
<td>phala</td>
<td>gazelle</td>
</tr>
<tr>
<td>*-peni</td>
<td>m-phe(n)zi</td>
<td>m-feni</td>
<td>phenyo</td>
<td>lightning</td>
</tr>
<tr>
<td>*-pepo</td>
<td>m-phepo</td>
<td>m-fepe</td>
<td>phepho</td>
<td>wind (Venda: cold)</td>
</tr>
<tr>
<td>*-paka</td>
<td>m-phaka</td>
<td>—</td>
<td>phaha</td>
<td>wild cat</td>
</tr>
<tr>
<td>*-tanga</td>
<td>n-thanga</td>
<td>n-fanga</td>
<td>(dzi-)thanga</td>
<td>pumpkin (seed); other gourd</td>
</tr>
<tr>
<td>*-ntu</td>
<td>mu-nthu</td>
<td>mu-nfu</td>
<td>mu-thu</td>
<td>person</td>
</tr>
<tr>
<td>—</td>
<td>n-thomba</td>
<td>n-fomba</td>
<td>thomba</td>
<td>small pox</td>
</tr>
<tr>
<td>*-tanda</td>
<td>n-thanda</td>
<td>n-fanda</td>
<td>thanda</td>
<td>(morning) star; rudder</td>
</tr>
<tr>
<td>—</td>
<td>n-thata</td>
<td>n-fata</td>
<td>thatha</td>
<td>flea</td>
</tr>
<tr>
<td>*-koko</td>
<td>ṅ-khuku</td>
<td>fuku</td>
<td>khuhu</td>
<td>chicken</td>
</tr>
<tr>
<td>*-kanga</td>
<td>ṅ-khanga</td>
<td>ṅ-fa(n)</td>
<td>khanga</td>
<td>guinea fowl</td>
</tr>
<tr>
<td>*-kuni</td>
<td>ṅ-khuni</td>
<td>fiuni</td>
<td>khuni</td>
<td>(piece of) firewood</td>
</tr>
</tbody>
</table>

**Table 1:** Synchronic outcomes of Proto-Bantu *NT in words in Class 9/10

Work like Givón (1974), Hinnebusch (1973, 1975), and Kerremans (1980) has argued that the developments in (1) motivate the historical phonologisation scenario in (2).

---

1 Aspirated stops are abbreviated as ‘Th’ and aspirated nasals as ‘Nh’, throughout.

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(2)  *NT > ÑT > ÑTh > Nh / Th

Note first that neither *NT > Nh nor *NT > Th is considered to result from a one-step change. Rather, these outcomes have developed from a phonologisation ‘seriation.’ (See Hyman 1976, 2013, Barnes 2006 for detailed discussion of the role of phonologisation in sound change.) Note further that these proposals crucially assume that the nasal in the intermediate ÑTh sequence is voiceless, in order to motivate the further developments to Nh or Th.

In this paper, we evaluate the plausibility of this historical scenario, based on a careful phonetic study of NC sequences in Tumbuka, a Bantu language (N.21, Malawi) where NT > NTh (both diachronically and synchronically). After surveying previous work on the topic in section 2, we go on to present the results of our phonetic study in section 3 and, in section 4, we discuss how the acoustic and perceptual properties of NTh sequences could motivate the development, found in other Bantu languages, of Th or Nh from NTh sequences.

2  Background to our study

While the basic path of diachronic development of the modern reflexes of *NT is uncontroversial — it could be a Historical Phonology 101 problem, if Table 1 included cognates from languages where *NT > NT — more controversial is the motivation for each step in the seriation.

It is commonly agreed that natural sound changes should have a phonetic basis (see, e.g., Barnes 2006, Kiparsky 2003). Therefore, each step in the phonologisation seriation given in (2), from *NT to its modern reflexes, should be grounded in phonetics. In this section, we critically review the phonetic motivations that have been offered in the literature.

2.1  Accounting for the phonetic naturalness of *NT > ÑTh

The first step in the seriation is for a voiceless stop following a nasal to become aspirated. Givón (1974, 110) suggests the following phonetic hypothesis (which he ascribes to John Ohala, via Leon Jacobson, via Tom Hinnebusch); the underlining is found in the original:

Natural assimilation would de-voice the nasal before a voiceless homorganic stop [.] Since voiceless stops tend to be universally aspirated [...], the presence of a 'breath' effect before the voiceless consonant creates a rather understandable perceptual confusion. This in turn gives rise to a perceptually motivated metathesis, whereby the speaker interprets the voiceless nasal as an aspiration on the following voiceless stop.
In short, aspiration is the result of two natural processes, first, \textit{assimilation} of the nasal to the voiceless stop, then \textit{metathesis} (or \textit{assimilation}) of the stop and the ‘breathiness’ of the nasal.

This interesting proposal cries out for phonetic investigations, and we do find a few. Huffman & Hinnebusch (1998), Ladefoged & Maddieson (1996), and Maddieson (1991) carried out phonetic studies of Bantu languages with either aspirated post-nasal voiceless stops (NTh) or aspirated nasals (Nh). They found that the nasal in these contexts is not (systematically) devoiced. Indeed, Maddieson (1991, 152) concludes that the “diachronic development of aspirated nasals did not involve any stage in which the nasal portion became devoiced.” This implies that postnasal aspiration cannot be conditioned by breathiness (or voicelessness) of the nasal.

Maddieson and others following him, like Huffman & Hinnebusch (1998) and Halpert (2010, 2012), argue instead for a gestural alignment account of postnasal aspiration, schematised in Figure 1 (from Hamann & Downing, Figure 3).

\begin{figure}[h]
\centering
\begin{tabular}{c|c|c}
\textbf{Input: N+p} & \textbf{Output: mp} & \\
\hline
\textbf{Velum} & down & up \\
\hline
\textbf{Lips} & closed & closed \\
\hline
\textbf{Glottis} & open & open \\
\end{tabular}
\caption{Gestural misalignment leads to aspiration (based on Halpert 2010)}
\end{figure}

That is, in the unmarked case, all of the gestures in an NC sequence should be aligned. To avoid a marked voiceless nasal, the open glottis gesture is misaligned with the sequence and is instead left-aligned only with the voiceless stop. As a result, the open glottis gesture (its duration determined by the original sequence) spills over beyond the release of the stop, resulting in aspiration.

As Huffman & Hinnebusch (1998) point out, one problem with this misalignment account is that aspiration requires an additional aspiration gesture. Gestural (mis-)alignment alone is not enough to lead to post-NT aspiration. Hamann & Downing (2017) provide a detailed critique of the gestural alignment account and argue in favor of a perceptual cue account of postnasal aspiration. In brief, they propose that the postnasal NT vs. ND contrast is hard to perceive without enhancement of the voiceless consonant. Aspiration enhances the
phonetic cues to the laryngeal quality of NT. (See Hamann & Downing for the complete analysis.)

These observations lead to our research question 1: The critiques of the alignment account assume that aspiration in NTh is distinctive and comparable to that found in Th: but is it?

2.2 Accounting for the phonetic naturalness of NTh > Th

If the nasal in NTh sequences is not voiceless, though, what other phonetic quality of the nasal could make it susceptible to deletion? We review some possibilities which emerge from previous work on NC sequences in this section.

Note first, that there appears to be no articulatory motivation for deleting the nasal. The gestural alignment approach cannot account for loss of a gesture (e.g., complete loss of velum raising gesture), as gesture deletion is not a legitimate ‘move’ in this approach. Cohn & Riehl’s (2012) study of internal duration of the nasal and stop portion of NC sequences shows that the nasal portion typically is quite long, in some languages even longer than a plain nasal. Short duration of the nasal therefore is not a factor that could make it unstable.

Turning to possible perceptual accounts, Stanton’s (2016) cross-linguistic survey of the distribution of NC sequences proposes that NC is best perceived intervocally. It follows from this that nasals would be most susceptible to deletion in utterance-initial or utterance-final position. Could position explain the loss of the nasal? The problem with this potential perceptual motivation for deletion is that the NTh sequences in the Bantu language data often occur intervocally. In none of the languages with NTh > Th is the nasal only deleted in word-initial position. Rather, deletion is across-the-board (or at least, position in the word is not a factor).

These observations lead to our research question 2: What phonetic quality does the nasal in NTh have (compared to ND or N) that could make it susceptible to deletion?

2.3 Accounting for the phonetic naturalness of NTh > Nh

Maddieson (1991) also proposes to account for NTh > Nh in terms of gestural alignment. This is illustrated in Figure 2, where we can see that the duration of the wide velic gesture is not perfectly right-aligned with the lip closure gesture in (a), while the two gestures are aligned in (b).
That is, the velar raising gesture expands to align itself with the closure gesture, eliminating the non-nasal stop and release portion of the original NC sequence.

There are a couple of problems with this account of the loss of the non-nasal stop closure. First, it provides no motivation or explanation for why only NTh loses closure, not ND. As we can see in Table 2, *ND sequences in words in class 9/10 do not undergo any change in the languages where we found changes in *NT sequences — cf. Table 1.

<table>
<thead>
<tr>
<th>Proto-Bantu</th>
<th>Chichewa</th>
<th>Central Shona</th>
<th>Venda</th>
<th>English translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>*-budi</td>
<td>m-buzi</td>
<td>m-budzi</td>
<td>m-budzi</td>
<td>goat</td>
</tr>
<tr>
<td>*-gudube</td>
<td>n-guluwe</td>
<td>n-guruve</td>
<td>n-guluvhe</td>
<td>pig</td>
</tr>
<tr>
<td>*-dege</td>
<td>n-dege</td>
<td>n-dege</td>
<td>-</td>
<td>bird, airplane</td>
</tr>
<tr>
<td>*-jogu</td>
<td>n-jovu</td>
<td>n-zou</td>
<td>n-джou</td>
<td>elephant</td>
</tr>
</tbody>
</table>

Table 2: Synchronic outcomes of Proto-Bantu *ND for words in Class 9/10

Secondly, Stanton’s (2016) survey of phonetic studies of NC shows that the stop portion of ND is usually very short compared to the stop portion of NT, cf. Figure 3.

<table>
<thead>
<tr>
<th></th>
<th>a. Internal timing of ND: N &gt; D</th>
<th>b. Internal timing of NT: N ≈ T</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><img src="image" alt="Diagram" /></td>
<td><img src="image" alt="Diagram" /></td>
</tr>
</tbody>
</table>

Figure 3: Internal timing of NCs (from Stanton 2016, 1092)
One would, then, expect the non-nasal portion of the stop closure to be more susceptible to deletion in ND sequences than in NT(h). This is the opposite of what we find.

A final problem with a gestural realignment account like that schematized in Figure 2 is that the ‘aspirated nasal’ (Nh) is often breathy voiced or acts like a depressor consonant. As phonetic studies like Traill & Jackson’s (1988) investigation of breathy voiced nasals in Tsonga show, Nh (< *NT) is not a simple aspirated nasal (a rare sort of consonant in any case), as implied by the gestural alignment account.

These observations lead to our research question 3: What makes the non-nasal portion of the closure in NTh vulnerable to deletion, especially compared to ND?

In the remainder of this paper, we first present the results of our phonetic study of NC sequences in Tumbuka, and then discuss why a perceptual cue account, rather than gestural realignment, is the most promising approach to account for diachronic reductions of NTh > Nh/Th. Our three research questions structure the investigation.

Tumbuka provides an ideal testing ground for a possible phonetic support of a phonologisation seriation, because it has a three-way laryngeal contrast in plosives, but (synchronously and diachronically) NT is realized as NTh. Thus, this language has already undergone the initial part of the development in the seriation scenario.

3 Experimental support

In order to test whether present-day Tumbuka provides phonetic support for any of the three proposed diachronic developments described in section 2, we performed an acoustic study. The three hypothetical diachronic developments and the resulting research questions are summarized in (3).

(3) Diachronic development | Research questions
---|---
*NT > NTh | RQ1: Is there acoustic evidence that the aspiration in NTh is due to misalignment and therefore less strong than the one in Th?
NTh > Th | RQ2: Is there acoustic evidence that the nasal in NTh is weaker and therefore more likely to be deleted than in ND?
NTh > Nh | RQ3: Is there acoustic evidence that the plosive in NTh is weaker and therefore more likely to be deleted than in ND?
In this section, we first give some background information on the relevant phoneme inventory and co-occurrence restrictions in Tumbuka (section 3.1), describe the acoustic study we performed (section 3.2), and then provide the results of this study (section 3.3) and a discussion thereof with respect to the research questions (section 3.4).

3.1 Tumbuka nasal plosive sequences

Table 3 provides an overview of the portion of the Tumbuka consonant inventory that we are interested in. (See Vail 1972 for the complete phoneme inventory.) Note that there is a three-way laryngeal contrast for plosives, but only a two-way contrast if a nasal precedes the plosive.³

<table>
<thead>
<tr>
<th>plosive</th>
<th>voicing</th>
<th>labial</th>
<th>alveolar</th>
<th>velar</th>
<th>abbreviated as</th>
</tr>
</thead>
<tbody>
<tr>
<td>voiced</td>
<td>voiced</td>
<td>b</td>
<td>d</td>
<td>g</td>
<td>D</td>
</tr>
<tr>
<td>'plain'</td>
<td></td>
<td>p</td>
<td>t</td>
<td>k</td>
<td>T</td>
</tr>
<tr>
<td>aspirated</td>
<td></td>
<td>pʰ</td>
<td>tʰ</td>
<td>kʰ</td>
<td>Th</td>
</tr>
<tr>
<td>nasal +</td>
<td>voiced</td>
<td>mb</td>
<td>nd</td>
<td>ηg</td>
<td>ND</td>
</tr>
<tr>
<td>plosive</td>
<td>aspirated</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>aspirated</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>nasal +</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>plosive</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 3: Tumbuka inventory of plosives and nasal+plosive sequences

Example (4) illustrates the three-way laryngeal contrast for the velar plosives.

(4) ku-kama ‘to squeeze, to milk’
ku-kʰala ‘to dwell, to sit’
ku-ganda ‘to bump’

T and Th only robustly contrast in root-initial position, elsewhere only T occurs. NT does not occur: an underlying N+T is obligatorily realized as NTh. This is illustrated by the data in (5), where the tense-aspect marker /-ka-/ is realized as aspirated if it follows a nasal prefix, cf. (5b).

(5a) wa-ka-ndi-tumila ‘s/he sent me for’
(5b) η-kʰa-tumikila ‘I was sent for’

³ For discussion of whether NC is phonologically a cluster or a complex single segment, see Downing (2005). And see Downing & Hamann (2017), Hyman (2001), Kerremans (1980) and Odden (2015) for other Bantu languages where voiceless stops aspirate in the post-nasal context.
Because root-initial position realizes all phonemic contrasts, we consider it a position of prominence, following work like Beckman (1997). Tumbuka is a phrasal stress language, with the correlates of stress being lengthening of the phrase-penult syllable and association of a High tone with the penult syllable (Downing 2006, to appear). The penult is, then, also considered a position of prominence when it realizes these stress correlates. (Vowel length is not contrastive in Tumbuka.) As work like Hubbard (1994) has shown for other Bantu languages, both root-initial consonants and consonants in the onset of syllables with phrasal stress are commonly longer in duration than other consonants in the word, as one would expect if they are in prominent positions.

3.2 Acoustic study

3.2.1 Participants and stimuli

We recorded 7 native speakers of Tumbuka (3 male, 4 female) reading sentences that contained D, T, Th, ND, NTh and N at the beginning of prominent syllables (mostly stressed, often root-initial). These segments or segment sequences were preceded and followed by a vowel. An example sentence is given in (6); the prominent syllable is bolded.

(6) [ŋₖ₄ᵗₕ₅u₃ₙ₅ ˈmₕ₅₄ₐ₃ₚ₇ₐ] ‘I sewed the mats’

There was a total of 108 sentences in the set that the speakers read, and they were asked to produce at least four repetitions of each sentence. The recordings were made in Malawi (in Zomba and Mzuzu) under fieldwork conditions, hence several of the tokens had to be excluded due to background noise.

In the following, we present the analysis of the data of four speakers.

3.2.2 What we measured and why

We used harmonics-to-noise ratio (HNR) as a way to evaluate the degrees of voicing/aspiration of the nasals in our data. HNR is the ratio between periodicity (or voicing) and friction in the signal. A vowel has a very high HNR with values above 20 dB because it is only periodic, while a voiced fricative has a HNR around 5 dB, since it is periodic and noisy. A voiceless fricative has negative HNR values around -2 dB because it has only aperiodic noise. Nasals are not noisy but voiced, and therefore have vowel-like, high HNR values (see Boersma 1993). Preaspiration in nasal-plosive sequences is expected to lower the HNR of the nasal considerably due to its frication noise. Since HNR combines
voicing and noisiness, we preferred it to the more common measure of periodicity, which only considers voicing.

In order to answer research question 1 — whether present-day Tumbuka supports a misalignment account — we compared the duration and the HNR of aspiration in NTh sequences to the aspiration in Th. Misalignment predicts shorter and less intense aspiration for NTh sequences than for Th.

To answer research question 2 — whether there is support for the development NTh > Th in Tumbuka — we compared HNR and duration of the nasals in three contexts: before T, before D, and without a preceding plosive. The nasal in NTh is expected to be weaker (i.e. less voiced and possibly preaspirated) than in ND or plain nasals and so be more likely to get deleted.

In order to test research question 3 — whether there is support in Tumbuka for the development NTh > Nh — we compared the duration of the closure phase in NTh with that in the plain plosives and in ND. The oral closure phase in NTh is expected to be shorter than in ND and in the plosives without a preceding nasal (Th/T/D) to account for why a later loss of the plosive occurs only in NTh sequences.

3.2.3 How we measured HNR and duration

Figure 4 is an illustration of the three acoustic events of a nasal-plosive sequence, i.e. nasal closure, oral closure, and burst with possible aspiration. These events are labeled in Praat (Boersma & Weenink 2017). The preceding and following vowels (V) are also labeled.

![Figure 4: Sound wave, spectrogram and text grid of /mpʰasi/]
Burst and aspiration noise, though usually easily distinguishable, were not labeled or measured separately in our study.

In Figure 4, the nasal /m/ is clearly distinct from the preceding vowel (by its lower amplitude and weaker formants) and from the following closure phase of the plosive /p/ (where the amplitude is even lower). However, our data contained some instances where the nasal and the closure phase were indistinguishable, as illustrated in Figure 5.

![Figure 5: Illustration of /ŋkhi/ without visible closure phase](image)

In the example in Figure 5, no oral plosive is discernible. Instead, voicing and nasal formants spread throughout the whole closure phase, while friction noise already starts before the release of the plosive. The latter could be an instance of preaspiration. Items like these without visible closure phase were excluded from the analysis.

Several items showed vowel nasalisation, and in such instances we employed amplitude and change in formant visibility to determine the boundary between vowel and nasal segment.

For the nasal, plosive closure and, if present, the aspiration, the duration was measured. For the nasal and the aspiration noise, the HNR was calculated (in Praat) with time steps of 0.01 s, a minimum pitch of 75 Hz, a silence threshold of 0.1 and 1 period per window. This calculation could only be performed if the duration of the nasal/aspiration noise was at least 0.026 s.

### 3.3 Results

Figure 6 summarizes the duration measurements of all segments.
Figure 6: Results of duration measurements: green = nasal stops, white = oral stops, lavender = aspiration

As is obvious from Figure 6, the duration of the nasals in ND and NTh is almost the same, while both are shorter than the duration of N. The oral stop in both nasal-stop sequences, on the other hand, is extremely short compared to Th, T and D.

The following results are not statistically analysed, as they are preliminary results, of only four of the seven speakers. We added standard deviations for each measure to give an impression of the variation and possible overlap in values.

Table 4 gives the results of the comparison of the nasals in NTh, ND and N with respect to duration and HNR. These results show that the nasal in NTh is minimally shorter than nasals in the other positions, while its HNR of 16 dB indicates that it is less voiced and noisier than the nasals in ND and N.

<table>
<thead>
<tr>
<th></th>
<th>mean duration (ms)</th>
<th>standard deviation (ms)</th>
<th>mean HNR (dB)</th>
<th>standard deviation (dB)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTh</td>
<td>71</td>
<td>24</td>
<td>16</td>
<td>4.5</td>
</tr>
<tr>
<td>ND</td>
<td>77</td>
<td>22</td>
<td>19</td>
<td>3.8</td>
</tr>
<tr>
<td>N</td>
<td>87</td>
<td>23</td>
<td>20</td>
<td>4.1</td>
</tr>
</tbody>
</table>

Table 4: Comparison of duration and HNR of nasals in different contexts

Table 5 gives the closure duration of the plosives in the different contexts.
The phonetics of NCh in Tumbuka and its implications for diachronic change

<table>
<thead>
<tr>
<th></th>
<th>mean duration (ms)</th>
<th>standard deviation (ms)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTh</td>
<td>33</td>
<td>17</td>
</tr>
<tr>
<td>ND</td>
<td>28</td>
<td>10</td>
</tr>
<tr>
<td>Th</td>
<td>81</td>
<td>21</td>
</tr>
<tr>
<td>T</td>
<td>84</td>
<td>24</td>
</tr>
<tr>
<td>D</td>
<td>90</td>
<td>18</td>
</tr>
</tbody>
</table>

Table 5: Comparison of closure duration across plosives

We saw already in Figure 6 that there is a considerable difference between the closure phase in nasal-plosive sequences and that in plain plosives. This is attested by the values in Table 5: the difference in closure duration between nasal-plosive sequences and plosives without preceding nasal is considerable, while the difference between NTh and ND is minimal (5 ms, and thus below the perceptual threshold).

When comparing the duration of the nasal and the oral closure part for the nasal-stop sequences, one can observe that the nasal is about four times longer than the oral closure in Tumbuka. Similar relations have been reported for other Bantu languages such as Ikala (S.10, Botswana: Beddor & Onuswan, 2003) or Sukuma (F.21, Tanzania: Maddieson 1993, Maddieson & Ladefoged 1993).

The duration and HNR measures for aspiration are given in Table 6. Note that we averaged across all following vowel contexts and therefore ignored the factor that following high vowels cause longer aspiration noise.

<table>
<thead>
<tr>
<th></th>
<th>mean duration (ms)</th>
<th>standard deviation (ms)</th>
<th>mean HNR (dB)</th>
<th>standard deviation (dB)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTh</td>
<td>56</td>
<td>29</td>
<td>5</td>
<td>5.1</td>
</tr>
<tr>
<td>Th</td>
<td>71</td>
<td>24</td>
<td>0.9</td>
<td>2.6</td>
</tr>
<tr>
<td>T</td>
<td>20</td>
<td>11</td>
<td>—</td>
<td>—</td>
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Table 6: Comparison of burst plus aspiration across voiceless plosives

4 These findings for Tumbuka differ from Stanton’s (2016) findings in her survey of phonetic studies, where the stop portion of ND was usually very short compared to the stop portion of NT (recall Figure 3). One would expect Tumbuka NTh to behave similar to what Stanton reports for NT sequences. This is however, not what we found.
As we can see from the mean values in Table 6, the aspiration in NTh is shorter than that in Th (by 15 ms), and there is a considerable difference in HNR between the two: aspiration in NTh has a mean HNR of 5 dB, indicating less noise than expected for voiceless friction,\(^5\) cf. the mean value of 0.9 dB for the aspiration in Th.

Note that we found strong individual differences in aspiration duration: for one speaker the aspiration in NTh was longer than in Th, thus showing the reverse pattern to all other speakers.

Table 6 also includes the mean burst duration for the non-aspirated voiceless T of 20 ms, showing that this burst duration is quite long. For 53 of the 223 tokens of ND we could also measure distinct burst durations of a mean of 10 ms, and for 70 of the 257 D tokens we measured a mean burst duration of 13 ms.

### 3.4 Discussion

Let us consider our findings in the light of the research questions, repeated in (7) for convenience, with the outcome added:

\[
\text{(7) Research questions and outcome}
\]

\[
\begin{array}{ll}
\text{*NT > NTh} & \text{RQ1: Is there acoustic evidence that the aspiration in NTh is due to misalignment and therefore less strong than the one in Th?} \\
& \text{YES} \\
\text{NTh > Th} & \text{RQ2: Is there acoustic evidence that the nasal in NTh is weaker and therefore more likely to be deleted than in ND?} \\
& \text{YES} \\
\text{NTh > Nh} & \text{RQ3: Is there acoustic evidence that the plosive in NTh is weaker and therefore more likely to be deleted than in ND?} \\
& \text{NO} \\
\end{array}
\]

With respect to research question 1, the aspiration in NTh showed a shorter duration and higher HNR values indicating less friction, and therefore providing acoustic support to a possible misalignment account.

With respect to research question 2, acoustic support for weakness of the nasal in NTh, which would make it more prone to deletion in this

---

\(^5\) Note that the higher HNR value in the aspiration of NTh cannot be due to more voicing, since the boundary for the end of aspiration was set at the point where voicing started. Possible reasons for this higher HNR in NTh could be the shortness of the preceding closure phase (and thus the short time to build up air pressure), and the shortness of the aspiration phase itself (the shorter the aspiration is, the less strong it is).
context, could also be found: the nasal in NTh has a mean HNR of 16 dB, indicating that it is less voiced and/or noisier than the nasal in ND or the nasal without following plosive. Furthermore, the nasal in NTh was shorter (though minimally) than the other two nasals.

With respect to research question 3, whether the plosive in NTh is weaker/shorter than in ND, the closure durations measured in this study did not provide evidence for this: the closure in NTh and ND are both very short compared to that of plosives without preceding nasal.

4 Conclusion

Our acoustic measurements of the present-day Tumbuka laryngeal contrast in plosives provide partial support for the historical phonologisation scenario proposed by Givón (1974), Hinnebusch (1973, 1975), and Kerremans (1980), presented in (2). We split and adjust this scenario in (8) by not including a step of nasal devoicing because previous experimental studies did not support this assumption (see the discussion in section 2.1), and because the nasal in Tumbuka NTh shows no devoicing.

(8a) \( NT > NTh > Nh \)

(8b) \( NT > NTh > Th \)

With respect to the motivation of the first development common to both (8a) and (8b), we found that aspiration in NTh is on average weaker (shorter and with lower HNR values) than in Th, though one speaker showed the reverse pattern. Weakness of aspiration in NTh could support a misalignment account, but then we would not expect such speaker-specific variation. We prefer a perceptual account of the development of aspiration as proposed by Hamann & Downing (2017): the plosives in NT and ND are difficult to distinguish, especially given their short duration, and therefore languages prolong the burst and employ aspiration to perceptually enhance this contrast.

Our acoustic study furthermore showed that the oral stop in Tumbuka NTh is similar to that in ND, hence we found no acoustic support for claiming that the stop in NTh is more prone to deletion than the stop in ND, cf. the second step in (8a). We follow again Hamann & Downing (2017) in proposing that there are perceptual reasons why the stop in NTh can disappear. The presence of aspiration as a perceptual cue keeps NTh and N distinct, while the deletion of D in ND would render ND and N perceptually indistinguishable.

Our acoustic study further showed that the nasal in NTh is weaker than any other nasal in Tumbuka, and it is therefore more likely to be
deleted than the nasal in ND, cf. the second step in (8b). As we argued in section 2.2, there is no articulatory explanation that could account for this development. Future studies will have to show whether the loss of the nasal in (8b) is due to the aspiration of the stop or whether it is also observable in NT sequences. Ideally, this would be tested by comparing ND, NT and NTh within a language, though no language with this three-way contrast exist, as far as we know. However, comparisons of ND - NT sequences e.g. in languages like Zulu could shed light on this question.

In sum, we need more phonetic studies of NC sequences in languages representing different points in the phonologization seriation to arrive at a better understanding of the development of the range of attested synchronic correlates of Proto-Bantu *NT.

Comments invited

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https://10.2218/pihph.3.2018.2825

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Author contact details

<table>
<thead>
<tr>
<th>Laura Downing</th>
<th>Silke Hamann</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of Gothenburg</td>
<td>University of Amsterdam</td>
</tr>
<tr>
<td>Renströmsgatan 6</td>
<td>Spuistraat 134</td>
</tr>
<tr>
<td>40530 Gothenburg</td>
<td>1012VB Amsterdam</td>
</tr>
<tr>
<td>Sweden</td>
<td>The Netherlands</td>
</tr>
<tr>
<td><a href="mailto:laura.downing@sprak.gu.se">laura.downing@sprak.gu.se</a></td>
<td><a href="mailto:silke.hamann@uva.nl">silke.hamann@uva.nl</a></td>
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