UvA-DARE (Digital Academic Repository)

Dynamical constraints on RG flows and cosmology

Baumann, D.; Green, D.; Hartman, T.

Dynamical constraints on RG flows and cosmology

Daniel Baumann,[a] **Daniel Green**[b] **and Thomas Hartman**[c]

[a]*Institute of Physics, University of Amsterdam,*
Amsterdam, 1098 XH, The Netherlands

[b]*Department of Physics, University of California, San Diego,*
La Jolla, CA 92093, U.S.A.

[c]*Department of Physics, Cornell University,*
Ithaca, New York, U.S.A.

E-mail: D.D.Baumann@uva.nl, drgreen@physics.ucsd.edu,
hartman@cornell.edu

Abstract: Sum rules connecting low-energy observables to high-energy physics are an interesting way to probe the mechanism of inflation and its ultraviolet origin. Unfortunately, such sum rules have proven difficult to study in a cosmological setting. Motivated by this problem, we investigate a precise analogue of inflation in anti-de Sitter spacetime, where it becomes dual to a slow renormalization group flow in the boundary quantum field theory. This dual description provides a firm footing for exploring the constraints of unitarity, analyticity, and causality on the bulk effective field theory. We derive a sum rule that constrains the bulk coupling constants in this theory. In the bulk, the sum rule is related to the speed of radial propagation, while on the boundary, it governs the spreading of nonlocal operators. When the spreading speed approaches the speed of light, the sum rule is saturated, suggesting that the theory becomes free in this limit. We also discuss whether similar results apply to inflation, where an analogous sum rule exists for the propagation speed of inflationary fluctuations.

Contents

1 Introduction

Effective field theories (EFTs) underlie our understanding of virtually every physical phenomenon. However, not every effective theory has a short-distance (or high-energy) completion satisfying basic physical principles such as locality and causality [1], and it is important to find precise ways of separating the landscape of consistent low-energy effective theories from the swampland of inconsistent theories [2]. Identifying the boundaries in the space

of EFT parameters can strongly shape our interpretation of current and future measurements of these parameters. Moreover, the relation between low-energy (IR) observables and the associated high-energy (UV) description can define clear experimental targets or even suggest new types of measurements altogether.

Cosmology is a domain where understanding the validity of our effective descriptions is particularly crucial. An important feature of inflationary correlation functions is that they probe physics at a fixed energy scale set by the expansion rate during inflation. We cannot rerun the history of the universe with a larger value of that expansion rate to learn about the UV completion of inflation. A central challenge of modern cosmology is to extract the microscopic origin of inflation from the data available, i.e. from precision measurements of low-energy observables.

A conservative way of assessing the validity of an EFT is by studying the analytic structure of the associated scattering amplitudes [1, 3–17]. This allows certain low-energy parameters to be written as sums over high-energy contributions. These so-called "sum rules" provide powerful relations between IR observables and UV degrees of freedom. Unitarity often constrains the UV contributions to be positive, leading to interesting positivity constraints on parameters of the EFT. Unfortunately, these type of arguments are challenging to apply in a cosmological setting, because Lorentz invariance is broken by the time-dependent background. Nevertheless, nontrivial constraints can be derived from causality on subhorizon scales. These types of constraints, while less stringent than the related sum rules in flat space, hint at deeper structures in the space of EFTs. Since these causality arguments apply equally in a variety of background geometries, they suggest that more rigorous bounds might not be limited by the spacetime geometry in which they were originally derived. While such results can be compelling and useful, it remains an important challenge to derive these constraints rigorously in cosmological backgrounds (see e.g. [5, 18, 19]).

Interestingly, inflation has a direct analogue in anti-de Sitter (AdS) spacetime, where it becomes dual to a renormalization group flow in the boundary QFT [20–25]. The problem of finding consistent cosmologies is therefore analogous, though not exactly equivalent, to mapping out the space of possible RG flows. The latter is of course an important problem in its own right. RG flows between unitary QFTs are highly constrained, most famously by the array of C-theorems in two [26], three [27], four [28, 29], and possibly higher (e.g. [30]) dimensions. These constraints are linked to the role of quantum information in quantum field theory [31, 32] and, in holographic theories, the C-theorems are realized as constraints on the emergent geometry [33].

The AdS/CFT dictionary ties the RG flow of a holographic QFT to the breaking of radial translations in the AdS background. The Goldstone boson associated with this symmetry breaking can be described by an effective theory [34]. This EFT is in one-to-one correspondence with the EFT of inflation [35, 36], after interchanging time in dS with the radial coordinate in AdS. The problem of finding constraints on the EFT of inflation therefore has an analogous problem in AdS. Since the boundary dual of the EFT of holographic RG is Lorentz invariant and unitary, the usual constraints on the boundary QFT still apply.

In this paper, we will derive new constraints on holographic RG flows and explore their relation to inflationary models. We will study a special class of 'slow' holographic RG flows, in which the C-function changes slowly along the flow, and the β-function is constant (though not necessarily small) over a large range of scales. While leading to unconventional RG flows, this is a natural limit to consider because it is analogous to the canonical inflationary evolution, where the Hubble scale changes slowly and the couplings in the EFT of inflation are approximately constant. The constraints on such RG flows, and their derivation, are reminiscent of the four-dimensional a-theorem of Komargodski and Schwimmer [28, 29].

Our main result will be a sum rule related to the speed at which objects fall along the radial direction of AdS, which we will denote by c_r. This sum rule relates the deviation of this "infall speed" from the speed of light to an integral of the four-point amplitude of the trace of the stress tensor, T^μ_μ, in the dual QFT. When c_r approaches the speed of light, the sum rule forces an infinite number of operators in the bulk EFT to vanish, suggesting that the theory becomes free in this limit, as conjectured for inflation in [5]. Our derivation relies on the fact that the EFT of holographic RG flows contains interactions that induce an anomalous dimension for a spin-2 operator in the dual QFT. It is well known that in a CFT, such anomalous dimensions obey positive sum rules [37–40], and we will show that similar techniques carry over to slow RG flows despite the breaking of conformal invariance.

On the boundary, the parameter c_r is the speed at which a local wavepacket of T^μ_μ spreads under time evolution, analogous to the butterfly velocity v_B in quantum chaos [41, 42]. The operator T^μ_μ is a dynamical probe of the RG flow that explores different scales as a function of time. At early times, the wavepacket is localized to a small region, so it is an operator in the UV theory. As the operator spreads, it explores larger distance scales. The rate of spreading depends on the details of the RG flow, until eventually it becomes large enough to be an operator in the IR theory. Throughout this process, the operator must, of course, spread no faster than the speed of light, so it is natural to find a positive sum rule involving $1 - c_r^2$.

Returning to inflation, the analogue of the infall speed c_r is the propagation speed of inflationary fluctuations, c_s, which is often referred to as the inflationary "speed of sound". This speed is directly related to the leading non-Gaussianities in single-field inflation [43]. As we will show, the same techniques used to derive the sum rule for holographic RG flows can be applied to obtain a sum rule relating inflationary couplings, including c_s, to properties of the UV completion. However, in this case, the UV behavior of the corresponding four-point function is poorly understood and there is no known positivity condition like that used to derive the RG constraints. The interpretation of the inflationary sum rule is therefore unclear. If our constraints on c_r can be translated to c_s, this would imply that the limit $c_s \approx 1$ is necessarily (canonical) slow-roll inflation with only perturbative higher-derivative interactions.

Our approach, using AdS holography to motivate constraints in de Sitter, is connected to the dS/CFT correspondence [23, 44–46]. However, we use only a very weak form of the correspondence, in mapping kinematics from AdS to dS. In the end, our results do not rely on dS/CFT, or require quantum gravity in de Sitter to be holographic.

While our specific derivation will depend crucially on AdS holography, holography itself demands that our constraint on c_r also has a purely bulk description. Moreover, one might suspect that the argument in the bulk does not depend on the global properties of the spacetime, as for similar sum rules in pure AdS that match known constraints in Minkowski space. Indeed, we will show that there are equivalent causality constraints for both the EFT of holographic RG flow and the EFT inflation, though they are not precisely equivalent to the constraints implied by our sum rule. These results are suggestive of an inflationary analogue of our constraints, but a rigorous derivation remains an interesting direction for future work.

Outline. The paper is organized as follows: in section 2, we review the EFT of inflation and its relation to the EFT of holographic RG flows. In section 3, we derive a sum rule for the infall speed of the holographic RG flow, using known analyticity properties of deep inelastic scattering. In section 4, we speculate about the relevance of these results for inflation. We present our conclusions in section 5. Three appendices contain additional material: in appendix A, we provide details of the computations described in section 3. In appendix B, we prove that the (indirect) calculation of the anomalous dimension using deep inelastic scattering necessarily agrees with the result of a more direct one-loop calculation. In appendix C, we study the specific effective theory arising from the DBI action and show how, in this case, all EFT parameters are fixed in terms of the propagation speeds c_s and c_r.

Notation and conventions. We will use the following notation for the coordinates on the (A)dS spacetimes:

dS_4	bulk	x^μ	$\mu = 0, 1, 2, 3$	$(\nabla\phi)^2 \equiv g^{\mu\nu}\partial_\mu\phi\partial_\nu\phi$
	boundary	x^i	$i = 1, 2, 3$	$(\partial\phi)^2 \equiv \delta^{ij}\partial_i\phi\partial_j\phi$
AdS_{d+1}	bulk	x^M	$M = 0, \ldots, d$	$(\nabla\phi)^2 \equiv g^{MN}\partial_M\phi\partial_N\phi$
	boundary	x^α	$\alpha = 0, \ldots, d-1$	$(\partial\phi)^2 \equiv \eta^{\alpha\beta}\partial_\alpha\phi\partial_\beta\phi$

We use the first few letters of the greek alphabet $(\alpha, \beta, \ldots)$ for the indices of the AdS boundary coordinates to distinguish them from the dS bulk coordinates $(\mu, \nu, \ldots)$. The dS boundary indices are raised/lowered/contracted with δ_{ij}. The AdS spacetime is in Lorentzian signature, with boundary indices raised/lowered/contracted using $\eta_{\alpha\beta}$ in mostly-plus signature. Bulk and boundary derivatives are denoted by ∇ and ∂, respectively. We set $\hbar = c = 1$.

2 From inflation to RG flow

Inflation can be understood as the spontaneous breaking of microscopic time translations[1] in a quasi-de Sitter spacetime (see figure 1). In particular, ending inflation requires a physical clock (often a rolling scalar field) that defines a preferred time-slicing. A powerful way to describe the low-energy dynamics of this symmetry breaking phenomenon is in terms of

---

[1]By the breaking of "time translations" we really mean the breaking of the *global part* of time reparameterizations. For a careful discussion of this point, see [47, 48].
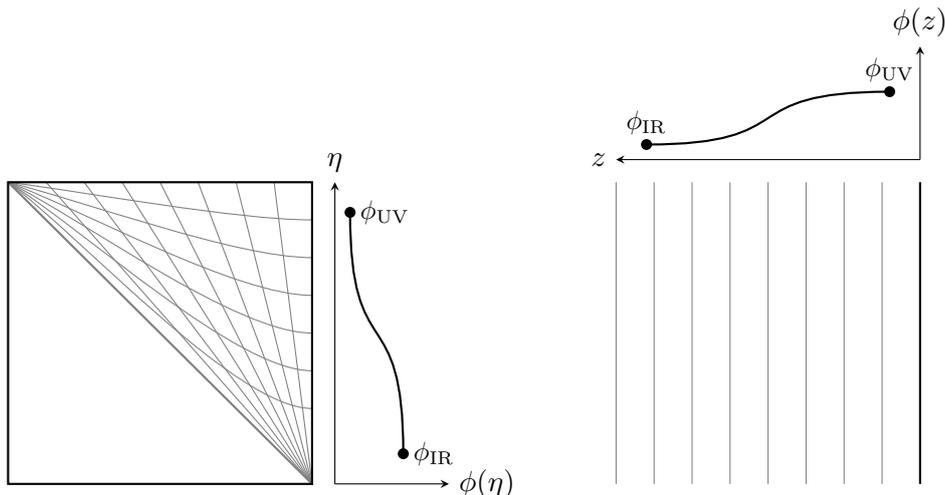
Figure 1. During inflation (*left*), the time dependence of a matter field $\phi(\eta)$ induces a preferred time slicing of the quasi-de Sitter background. The analog in AdS is a slow RG flow (*right*) induced by the radial profile $\phi(z)$ of a bulk field. In both cases, the low-energy dynamics can be described by Goldstone fluctuations around the homogeneous background.

the Goldstone boson associated with the broken symmetry. The "effective field theory of inflation" is the most general effective theory of this Goldstone mode, allowing all terms consistent with the nonlinearly realized symmetry [35, 36]. From the bottom up, the couplings in this EFT are free parameters, constrained only by naturalness considerations and cosmological observations. An important question is which Goldstone couplings are allowed from the top down. Are there sum rules and sign constraints imposed by consistency of the UV completion of inflation?

In this section, we will introduce the analogue of inflation in AdS, where the breaking of radial diffeomorphisms induces a "slow RG flow" in the boundary field theory (see figure 1). As for inflation, this RG flow can be described by the Goldstone boson associated with the symmetry breaking [34]. In section 3, we will adopt recent CFT/bootstrap methods to derive new constraints on this RG flow.

2.1 Effective theory of inflation

We begin with a lightning review of the EFT of inflation [35, 36] (see also [47, 48]). Let us write the line element during inflation as

$$\mathrm{d}s^2 = -\mathrm{d}t^2 + a^2(t)\,\mathrm{d}x_i\mathrm{d}x^i\,, \tag{2.1}$$

where the Hubble rate $H \equiv \partial_t \ln a$ is approximately, but not exactly, constant. Fluctuations around this background can be described by the Goldstone boson $\pi(t, x^i)$ associated with the broken time translations. To construct the Goldstone action, it is useful to define a variable that transforms linearly under the symmetry:

$$U \equiv t + \pi(t, x^i)\,. \tag{2.2}$$

Under a diffeomorphism $t \to t + \delta t$, the Goldstone transforms as $\pi \to \pi - \delta t$, so that U transforms as a scalar. To leading order in derivatives, the most general action of the Goldstone boson is [35]

$$S = \int \mathrm{d}t\,\mathrm{d}^3x\,a^3 \left[M_{\mathrm{pl}}^2 \left(\frac{1}{2}R - (3H^2 + \dot{H}) + \dot{H}g^{\mu\nu}\partial_\mu U \partial_\nu U \right) \right.$$
$$\left. + \sum_{n=2}^{\infty} \frac{1}{n!} M_n(U) \left[g^{\mu\nu}\partial_\mu U \partial_\nu U + 1 \right]^n + \cdots \right], \qquad (2.3)$$

where the structure in the first line is enforced by tadpole cancellation. Taking the so-called *decoupling limit* $M_{\mathrm{pl}}^2 \to \infty$ and $\dot{H} \to 0$, while keeping $M_{\mathrm{pl}}^2 \dot{H}$ fixed, leads to a *non-relativistic* QFT in a fixed background [49]. In this limit, dynamical gravity decouples and the Goldstone boson description becomes exact.[2] In the following, we will assume this limit and set $M_{\mathrm{pl}} \equiv 1$.

We will take the parameters of the EFT to be time independent. This choice is technically natural, since the theory of the fluctuations inherits an additional global shift symmetry, $U \to U + c$, in this limit. The resulting action then has an effective time-translation symmetry in the IR, with a corresponding conserved current that can be written as

$$t^\mu = T^{0\mu} + j^\mu, \qquad (2.4)$$

where $T^{0\mu}$ and j^μ are the currents associated with time translations in the UV and with the additional shift symmetry, respectively. An important consequence of this effective time-translation symmetry is the scale invariance of cosmological correlators.

While scale invariance is an approximate symmetry in all inflationary models, conformal invariance is generically broken and only re-emerges in slow-roll inflation. To see this, note that Lorentz boosts are generated by the currents $K^{\mu\nu\lambda} = x^\mu T^{\nu\lambda} - x^\nu T^{\mu\lambda}$. This time the shift symmetry cannot be used to restore the broken boosts, since it does not transform as a tensor. As a result, the de Sitter isometries, $\mathrm{SO}(d,1)$, are broken down to spatial rotations and time translations (i.e. scale transformations), $\mathrm{SO}(d) \times \mathrm{U}(1)$. Cosmological correlators then exhibit scale invariance, but are not conformally invariant. An exception occurs in the slow-roll limit ($M_{n>1} \to 0$), where the theory reduces to a free relativistic scalar in the decoupling limit. Since the theory becomes free, it contains approximately conserved higher-spin currents which allow for an emergent Lorentz symmetry as a diagonal combination of the UV Lorentz group and these global higher-spin symmetries. The interactions of slow-roll inflation beyond the decoupling limit are then controlled by the weakly broken conformal symmetry [50–52].

Expanding (2.3) to quadratic order in π, we find

$$\mathcal{L}_0 = -\dot{H} \left[c_s^{-2}\dot{\pi}^2 - a^{-2}(\partial\pi)^2 \right], \qquad (2.5)$$

---

[2]Using the Goldstone boson description while neglecting dynamical gravity is accurate up to corrections of the order of H^2/M_{pl}^2 and $\dot{H}/H^2$.

where $(\partial\pi)^2 \equiv \delta^{ij}\partial_i\pi\partial_j\pi$ and we have introduced the *sound speed*

$$c_s^2 \equiv \frac{\dot{H}}{\dot{H} - 2M_2}\,, \tag{2.6}$$

which describes the speed of propagation of the inflationary fluctuations. In canonical slow-roll inflation, with $M_2 = 0$, it equals the speed of light, $c_s = 1$, but more generally the broken Lorentz symmetry of the background allows for $c_s \neq 1$. Up to quartic order, and at leading order in derivatives, the Goldstone Lagrangian has the following interactions

$$\mathcal{L}_{\text{int}} = (1 - c_s^{-2})\dot{H}\left[-\dot{\pi}(\nabla\pi)^2 + \frac{1}{4}(\nabla\pi)^4\right] - 2M_3\left[\frac{2}{3}\dot{\pi}^3 - \dot{\pi}^2(\nabla\pi)^2\right] + \frac{2}{3}M_4\,\dot{\pi}^4\,, \tag{2.7}$$

where $(\nabla\pi)^2 \equiv g^{\mu\nu}\partial_\mu\pi\partial_\nu\pi$. Additional higher-derivative operators should also be included in the EFT [35], but they often give suppressed contributions to cosmological correlators.

Because Lorentz symmetry is broken, time and space derivatives cannot be treated on an equal footing. To avoid this complication, we rescale the spatial coordinates as $x \to \tilde{x} = c_s^{-1}x$. This rescaling restores a fake Lorentz symmetry in the quadratic Lagrangian

$$\tilde{\mathcal{L}}_0 = c_s^3\mathcal{L}_0 = \frac{1}{2}f_\pi^4\left[\dot{\pi}^2 - a^{-2}(\tilde{\partial}\pi)^2\right] \equiv -\frac{1}{2}(\tilde{\nabla}\pi_c)^2\,, \tag{2.8}$$

where $f_\pi^4 = 2|\dot{H}|c_s$ is the symmetry breaking scale and $\pi_c \equiv f_\pi^2\pi$ is the canonically-normalized Goldstone mode. The dimensionless power spectrum of primordial curvature perturbations, $\zeta = -H\pi$, is given by $2\pi\Delta_\zeta = (H/f_\pi)^2$, and the observed size of ζ-fluctuations, $\Delta_\zeta \approx 4.5 \times 10^{-5}$, implies the hierarchy $f_\pi = 59H$. In terms of the rescaled coordinates, time and space are again on an equal footing, at least perturbatively, and the relative impact of each operator can be read off from the couplings alone.

It is useful to measure the parameters of the EFT of inflation in terms of the symmetry breaking scale:

$$M_n \equiv c_n\frac{f_\pi^4}{c_s^{2n-1}}\,, \tag{2.9}$$

where $c_2 \equiv \frac{1}{4}(1 - c_s^2)$ and the factors of c_s were introduced to ensure that $c_n \sim O(1)$ is natural even for small values of c_s [5]. In DBI inflation (see appendix C), all EFT parameters c_n are fixed in terms of the sound speed c_s (or equivalently c_2); in particular, $c_3 = -6c_2^2$ and $c_4 = 60c_2^3$. The interaction Lagrangian (2.7) then becomes

$$\tilde{\mathcal{L}}_{\text{int}} = -\frac{2}{\Lambda^2}\left[c_2\dot{\pi}_c(\tilde{\nabla}\pi_c)^2 + \left((1 - c_s^2)c_2 + \frac{2}{3}c_3\right)\dot{\pi}_c^3\right] \tag{2.10}$$

$$+ \frac{1}{2\Lambda^4}\left[c_2(\tilde{\nabla}\pi_c)^4 + 2\left((1 - c_s^2)c_2 + 2c_3\right)\dot{\pi}_c^2(\tilde{\nabla}\pi_c)^2 + \left((1 - c_s^2)^2c_2 + 4(1 - c_s^2)c_3 + \frac{4}{3}c_4\right)\dot{\pi}_c^4\right]\,,$$

where $\Lambda \equiv f_\pi c_s$. We see that a small sound speed, $c_s \ll 1$, implies large interactions because of the reduced cutoff scale Λ in (2.10). The corresponding non-Gaussianity of the initial conditions is [48]

$$f_{\text{NL}} \approx \left[-\frac{85}{81}c_2 + \frac{40}{243}c_3\right]\left(\frac{f_\pi}{\Lambda}\right)^2\,, \tag{2.11}$$

where $f_{\mathrm{NL}}\Delta_\zeta$ measures the deviation from Gaussianity. Constraints on the CMB bispectrum [53] translate into $f_{\mathrm{NL}} = -26 \pm 47$ (68% CL), which means that the universe is Gaussian at the 10^{-3} level. Marginalizing over c_3, this implies the following bound on the inflationary sound speed

$$c_s > 0.021 \quad (95\%\,\mathrm{CL})\,. \tag{2.12}$$

For comparison, canonical single-field slow-roll inflation requires $c_s > 0.34$ [5] to be consistent with a single weakly coupled scalar at the scale f_π. Deviations from $c_s = 1$ in that case only arise from perturbative higher-derivative interactions, such as $(\nabla\phi)^4$.

2.2 EFT of holographic RG flows

A holographic RG flow is a deformation of AdS/CFT in which a relevant operator is added to the boundary action,

$$S = S_{\mathrm{CFT}} + \lambda \int \mathrm{d}^d x\, \Phi(x)\,. \tag{2.13}$$

The scalar operator Φ has scaling dimension $\Delta < d$, which breaks conformal invariance and triggers an RG flow to the infrared. The trace of the stress tensor, $T \equiv T^\mu_\mu$, is related to the operator Φ via the beta function, $T = \beta\,\Phi$. Poincaré invariance in preserved. The geometry dual to the perturbed field theory is

$$\mathrm{d}s^2 = \mathrm{d}r^2 + a^2(r)\,\mathrm{d}x_\alpha \mathrm{d}x^\alpha\,, \tag{2.14}$$

where the scale factor asymptotically takes the AdS form $a(r) \to e^{r/\ell}$ as $r \to \infty$, but differs in the interior. We take the boundary metric to be d-dimensional Minkowski spacetime. The solution is supported by nontrivial matter fields. We focus on single-field flows, in which the only fields that participate are the metric and the bulk scalar ϕ dual to the operator Φ, with background profile $\phi = \phi_0(r)$. According to the usual AdS/CFT dictionary, the asymptotic behavior of $\phi_0(r)$ is related to the QFT coupling constant λ.

The analogue of inflation is a quasi-AdS RG flow, where the "Hubble parameter" $H \equiv \partial_r \ln a$ is approximately, but not exactly, constant. This is equivalent to the assumption that the holographic C-function [33],

$$C(r) = \frac{\pi^{d/2}}{\Gamma[d/2]} \left(\frac{M_{\mathrm{pl}}}{H}\right)^{d-1}\,, \tag{2.15}$$

is nearly constant. Fluctuations around the "slow-flow" background can be organized into an effective field theory [34]. In fact, it is easy to see that there is a one-to-one map between the EFT of inflation described above and the EFT of holographic RG flow. As before, we introduce the Goldstone boson via $U \equiv r + \pi(r, x^\alpha)$ and write its effective action as

$$S \supset \int \mathrm{d}r\,\mathrm{d}^d x\, \sqrt{g} \left[H'(\nabla U)^2 + \sum_{n=2}^{\infty} \frac{1}{n!} M_n(U) \left[(\nabla U)^2 - 1\right]^n + \cdots \right], \tag{2.16}$$

where $(\nabla U)^2 \equiv g^{MN} \partial_M U \partial_N U$. Like in the EFT of inflation, we will take the parameters of the Goldstone action to be nearly constant, in the sense that $\partial_r M_n / M_n \ll H$. This choice is again protected by the shift symmetry[3] $U \to U + c$.

At quadratic order in π, we get

$$\mathcal{L}_0 = H' \Big[c_r^2 (\pi')^2 + a^{-2} (\partial \pi)^2 \Big] , \tag{2.17}$$

where we have introduced[4]

$$c_r^2 \equiv \frac{H' + 2M_2}{H'} . \tag{2.18}$$

Note that $H' < 0$, so that $c_r < 1$ requires $M_2 > 0$. In the bulk, the parameter c_r is the speed at which particles fall into the AdS spacetime. We will therefore call it the *infall speed*. In the dual boundary QFT, the parameter c_r is the speed at which certain smeared operators spread as a function of time. We will discuss this further in section 2.4.

Up to quartic order, the Goldstone interactions are

$$\mathcal{L}_{\text{int}} = -(1-c_r^2)H' \left[\pi'(\nabla\pi)^2 + \frac{1}{4}(\nabla\pi)^4 \right] + 2M_3 \left[\frac{2}{3}(\pi')^3 + (\pi')^2(\nabla\pi)^2 \right] + \frac{2}{3} M_4 (\pi')^4 . \tag{2.19}$$

Defining the rescaled radial coordinate $\tilde{r} = c_r^{-1} r$, a fake AdS invariance can be restored in the quadratic Lagrangian

$$\tilde{\mathcal{L}}_0 = c_r \mathcal{L}_0 = -\frac{1}{2} f_\pi^{d+1} \Big[(\partial_{\tilde{r}} \pi)^2 + a^{-2} (\partial \pi)^2 \Big] \equiv -\frac{1}{2} (\tilde{\nabla} \pi_c)^2 , \tag{2.20}$$

where $f_\pi^{d+1} \equiv 2|H'| c_r$ is the symmetry breaking scale and $\pi_c^2 \equiv f_\pi^{d+1} \pi^2$ is the canonically-normalized Goldstone mode. After the rescaling, the scale factor is $a(\tilde{r}) \approx e^{\tilde{H}\tilde{r}}$, where

$$\tilde{H} \equiv c_r H . \tag{2.21}$$

The interaction Lagrangian (2.19) becomes

$$\tilde{\mathcal{L}}_{\text{int}} = \frac{2}{f_\pi^{(d+1)/2}} \left[\frac{c_2}{c_r} a^{-2} \partial_{\tilde{r}} \pi_c (\partial \pi_c)^2 + \left(\frac{c_2 + \frac{2}{3}c_3}{c_r^3} \right) (\partial_{\tilde{r}} \pi_c)^3 \right] \tag{2.22}$$

$$+ \frac{1}{2 f_\pi^{d+1}} \left[c_2 a^{-4} (\partial \pi_c)^4 + \frac{2(c_2 + 2c_3)}{c_r^2} a^{-2} (\partial_{\tilde{r}} \pi_c)^2 (\partial \pi_c)^2 + \left(\frac{c_2 + 4c_3 + \frac{4}{3}c_4}{c_r^4} \right) (\partial_{\tilde{r}} \pi_c)^4 \right] ,$$

where we have defined

$$M_n \equiv f_\pi^{d+1} \frac{c_n}{c_r} = -2H' c_n . \tag{2.23}$$

Notice that the scaling with c_r in (2.23) is different from the scaling with c_s in (2.9). With this choice of scalings, we have $c_n \sim \mathcal{O}(1)$ in both cases. In appendix C, we demonstrate this for the DBI action.

---

[3]Global symmetries in the bulk act on the boundary QFT, but do not have an associated conserved current, which would require an additional gauge field in the bulk. This is particularly unusual for a shift symmetry, since $\phi \to \phi + c$ implies the existence of an exactly marginal operator, such that every CFT along the conformal manifold is equivalent, i.e. shifting the coupling by a constant returns the same CFT. See [54] for a recent discussion.

[4]Note that our definition of the propagation speed is different from that used in [34].

A crucial feature of the Goldstone Lagrangian is that the infall speed c_r controls not only the kinetic term, but also the $(\partial\pi)^4$ interaction, according to the relation

$$c_2 = \frac{1}{4}(1 - c_r^2)\,. \tag{2.24}$$

Note that c_r measures the propagation speed in the radial direction of AdS, while fluctuations in the transverse directions always move at the speed of light. However, the $(\partial\pi)^4$ interaction does affects the transverse speed of propagation if we deform the background by a gradient in the transverse directions [1]. The relation (2.24) therefore connects the propagation speed in the radial direction to the transverse propagation speed around nontrivial backgrounds.

2.3 Scale-but-not-conformal QFT

Inflationary correlators typically exhibit approximate scale invariance, consistent with cosmological observations. On the other hand, the inflationary background generically breaks conformal invariance. By construction, the bulk description of slow RG flows exhibits the same phenomenon. It is natural to wonder how this manifests itself on the boundary QFT, especially because scale-but-not-conformal invariance is highly constrained in relativistic QFTs [55–57].

The breaking of conformal invariance on the boundary is captured by the trace of the stress tensor T. To normalize the two-point function of T, we recall that it is dual to the curvature perturbation in the bulk, $\zeta \approx -H\pi = -\tilde{H}\pi/c_r$. Using (2.20), we then have

$$\langle T(\vec{k})T(-\vec{k})\rangle' = \beta^2 \langle \Phi(\vec{k})\Phi(-\vec{k})\rangle' \approx c_r^2 \left(\frac{f_\pi}{\tilde{H}}\right)^{d+1} k^d\,, \tag{2.25}$$

for odd dimensions d. Letting $\langle \Phi(\vec{k})\Phi(-\vec{k})\rangle' \equiv k^d$, this implies

$$|\beta| = c_r \left(\frac{f_\pi}{\tilde{H}}\right)^{(d+1)/2} \gg c_r^{-2} \geq 1\,, \tag{2.26}$$

where we imposed $f_\pi^{(d+1)/2} c_r^3 \gg \tilde{H}^{(d+1)/2}$, in order for the bulk EFT (2.22) to be weakly coupled and under control. In addition, the decoupling of gravity in the bulk corresponds to taking $N \to \infty$ on the boundary. In the boundary QFT, we are therefore working in the limit

$$N^2 \gg |\beta| \gg 1\,. \tag{2.27}$$

As we will now discuss, the fluctuations are still scale-invariant, despite the large β-function.

For concreteness, let us consider a slow RG flow that is triggered by turning on a slightly relevant operator with a large coupling. Specifically, we take the operator Φ in (2.13) to have dimension $\Delta = d - \epsilon$. The decoupling limit in the bulk then corresponds to taking the coefficient $\lambda \to \infty$, while holding $\beta = -\lambda\epsilon \gg 1$ fixed and much smaller than N^2. In this limit, the boundary correlators become exactly scale invariant, i.e. although $|\beta| \gg 1$, scale invariance is only broken at $\mathcal{O}(\epsilon)$. Conformal invariance, on the other hand, can be
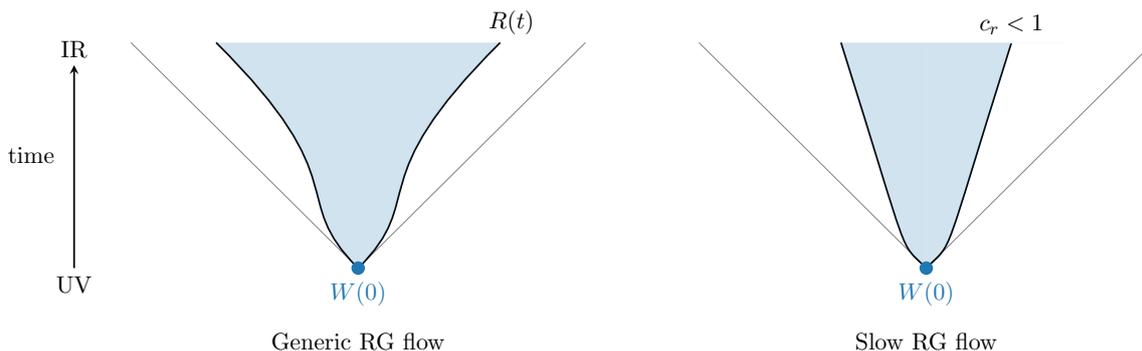
Figure 2. Illustration of the growth of an operator in the vacuum state of a QFT for a generic RG flow (*left*) and the slow RG flow (*right*). The operator W is smeared within a small region near the origin. As the operator spreads in space, it probes larger scales, and effectively transitions from the UV CFT at early times to the IR CFT at late times. The growth curve $R(t)$ depends on the UV operator and the details of the RG flow. In the slow RG limit, the operator grows linearly over a large range of scales. The speed of operator growth dR/dt is then equal to the AdS infall speed c_r.

broken by much larger amounts. This does not violate existing constraints on scale-but-not-conformal theories (e.g. [55–57]), because of the unusual limit that is being taken.[5] Had we fixed λ, while taking the limit $\epsilon \to 0$, we would have recovered scale and conformal invariance as expected. What is more remarkable is that in the decoupling limit scale invariance and conformal invariance are broken[6] at different orders of λ.

2.4 Operator growth in RG flows

The infall speed c_r introduced in section 2.2 has an interesting interpretation in the dual QFT on the boundary: it is the speed at which certain non-local operators spread in space, as a function of time (see figure 2). It is also a probe of the physics along the RG flow. As we will now explain, this connection between operator growth and RG flow is relevant also in non-holographic QFTs.

A relativistic QFT flows to scale-invariant fixed points in the UV and IR. It is widely believed, and in many cases proven, that the fixed points are also conformally invariant [58]. Typically, the RG flow between the fixed points is viewed as an abstract flow in the space of Lagrangians, or as a change in the effective description of a given theory as a function of scale. It can also be probed dynamically. To illustrate the latter point of view, let us consider the thought experiment pictured in figure 2. We assume that the QFT has a characteristic mass scale M, which can be viewed as the UV cutoff of the infrared theory or the scale of the operator deforming the CFT in the UV. Suppose an operator $W(0)$

---

[5]It remains a possibility that even the behavior in the decoupling limit is inconsistent. After all, scale invariance of the boundary correlators originates from a global shift symmetry in the bulk, which is generally thought to be forbidden in a theory of quantum gravity. We are assuming that the breaking of this symmetry decouples as $M_{\rm pl} \to \infty$, but it is conceivable that there is some fundamental obstacle to taking the limit in this way.

[6]Given that the metric is still approximately AdS, the graviton and any spectator fields are approximately scale and conformally invariant. In this sense, the unusual breaking pattern is isolated to a sub-sector of the full QFT.

is localized in a small region of size $R(0) \ll M^{-1}$ near the origin. Effectively, $W(0)$ is an operator in the UV CFT. Under time evolution, $W(t)$ spreads out in space, exploring different scales along the RG flow. Eventually, when it becomes of size $R(t) \gg M^{-1}$, it is an operator in the IR CFT. The growth curve $R(t)$ depends on the choice of UV operator $W(0)$ and on the details of the RG flow.

Note that we are discussing the size of the Heisenberg operator,

$$W(t) = e^{iHt} W(0) e^{-iHt}, \qquad (2.28)$$

where $W(0)$ is the operator at $t = 0$. This can be measured, for example, by the size of its commutators with local operators, $[W(t), \mathcal{O}(t = 0, \vec{x})]$, as a function of $\vec{x}$. (See [59, 60] for recent discussions in the condensed matter context.) Roughly speaking, $R(t)$ is the region where these commutators are large. In a relativistic theory, this is obviously constrained to be within the lightcone, so $R(t) \leq t$ and $R'(t) \leq 1$, and in a free theory, $R(t) = t$. Similarly, if W is a local operator in an undeformed CFT, then it spreads at the speed of light, so the growth curve $R(t)$ is just the usual lightcone. More general operators, and even local operators in interacting non-conformal theories, may not spread at the speed of light, so $R(t)$ can be nontrivial. It should be possible to define $R(t)$ in general, but we will only give a precise definition in holographic theories, where this experiment is interpreted as dropping a particle into the bulk and letting it fall in the radial direction.

To interpret the infall speed c_r, we choose the operator $W(0)$ to be a wavepacket localized near the origin, with timelike momentum, built by smearing the trace of the stress tensor:

$$W(0) \equiv \int d^d x' \, e^{-i\omega t'} e^{-(t'^2 + \vec{x}'^2)/\sigma^2} \, T_\mu^\mu(t', \vec{x}'). \qquad (2.29)$$

The width and frequency of the wavepacket satisfy $\sigma M \ll 1$ and $\omega \sigma \gg 1$, so that at early times, the evolution of W is controlled by the UV CFT. For $t \ll M^{-1}$, the growth is linear at the speed of light. In the bulk theory, W creates a π particle that starts near the conformal boundary at $x = z = 0$, and then falls radially inward (see for example [61]). The purpose of the wavepacket is to localize this particle on a worldline, rather than sending a wave of π in all directions into the bulk.

We can now give the precise definition of the operator growth curve $R(t)$: it is the size of the boundary region necessary to reconstruct the infalling π-particle at time t. In empty AdS, a radially falling particle would travel on a null geodesic, with $dr/dt = -e^{r/\ell}$. At time t, it can be reconstructed on the boundary in a region of size $R(t) = t$, so the dual operator on the boundary spreads at the speed of light. This is a special feature of a CFT, and once conformal invariance is broken, we should not expect this operator to spread at the speed of light. Indeed, in a background corresponding to a nontrivial RG flow, it spreads more slowly. The full curve $R(t)$ can be calculated by entanglement wedge reconstruction, along the lines of [42]. It is the size of the boundary region whose holographic entanglement surface reaches to the point $r(t)$ in the bulk. There are generally three effects from the RG flow that need to be accounted for: the change in radial null geodesics, the change in the shape of the entanglement wedge, and the interactions of the field π with the background $\phi_0(r)$. Having said that, we will not need this full machinery,

because in the slow-RG limit, the metric is very close to AdS. Only the last effect, self interactions, modifies the infall speed of the Goldstone particle, $c_r = -a^{-1}dr/dt$. The reconstruction region on the boundary is simply $R = a^{-1}$, as in empty AdS. The rate of operator spreading is therefore equal to the infall speed:

$$\frac{dR}{dt} = c_r\,. \tag{2.30}$$

Another assumption of the slow-RG limit is that c_r is constant over a large range of scales. This leads to linear operator growth, inside an effective lightcone of slope c_r^{-1}, as in the right panel of figure 2.

There is an interesting parallel between this picture and the spread of quantum chaos at finite temperature [41, 62]. Chaos spreads linearly at the butterfly velocity v_B. In holographic theories, the butterfly velocity can also be calculated from the speed of radial infall, but the experiment is done in a black hole geometry rather than an RG flow [42, 63]. The picture of operator growth that we have just described is very similar to the spread of chaos, but it is in the vacuum state of a non-conformal QFT, rather than a thermal state, and the butterfly velocity v_B is replaced by the RG velocity c_r. It would be interesting to explore this parallel more deeply.

3 Bounds from deep inelastic scattering

Deep inelastic scattering (DIS) is an interesting way to study strongly coupled theories (see figure 3). While the target may not have a small parameter in which to explore the system, DIS introduces an additional weakly coupled probe that provides a new degree of control. Not only has DIS proved essential for the discovery of asymptotic freedom in QCD, but it has also been a valuable tool for understanding the structure of more general QFTs (including CFTs). Moreover, the DIS amplitude is also a natural object to compute using holography, as it is essentially a bulk four-point function in momentum space. In this section, we will explore how constraints on the DIS amplitude in the boundary QFT will lead to sum rules for bulk couplings.

We begin, in section 3.1, with a brief review of deep inelastic scattering and derive a sum rule for the spin-s moments of the DIS amplitude. In section 3.2, we specialize to QFTs with holographic duals. We first relate the DIS amplitude to a four-point function of a scalar operator $\mathcal{O}$ and then show that the spin-2 moment of the amplitude is related to the spin-2 anomalous dimension of $\mathcal{O}$ [37, 38]. In section 3.3, we compute this anomalous dimension holographically in terms of the bulk interactions of the Goldstone EFT. There are various approaches in the literature to calculate these anomalous dimensions holographically [64–66], but they typically rely on conformal invariance. Instead, we will calculate the DIS amplitude directly using momentum-space Witten diagrams, and extract the anomalous dimension from the result. We then present a sum rule for the EFT parameters c_r and c_3. Finally, we discuss the theoretical implications of our result, first for $c_r \approx 1$ (section 3.4) and then for $c_r \ll 1$ (section 3.5).
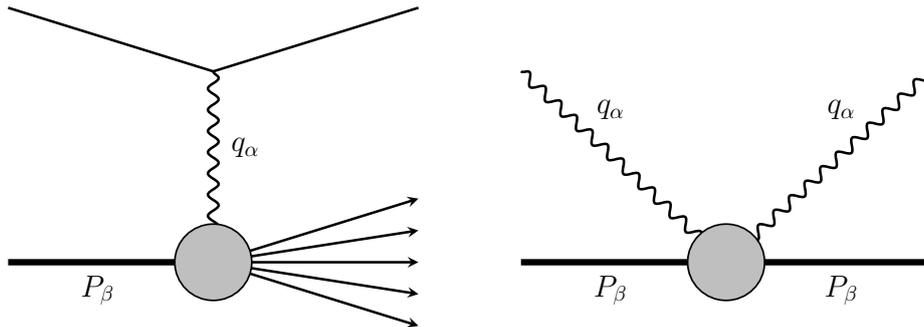
Figure 3. Illustration of deep inelastic scattering (*left*) and the DIS amplitude (*right*).

3.1 Review of deep inelastic scattering

In any DIS calculation, the probe couples to the QFT of interest through a specific operator, which, in the context of QCD, is usually the electromagnetic current. We will denote the probe particle by ϕ and couple it to a scalar operator $\mathcal{O}$ via the interaction $g\phi\mathcal{O}$, where the coupling g can be chosen to be arbitrarily weak. Our analysis will hold for any scalar operator $\mathcal{O}$, but we will eventually specialize to the case $\mathcal{O} = T$, where T is the trace of the stress tensor.

The probe particle scatters off a state in the strongly coupled theory by exchanging $\mathcal{O}$ with momentum q (see figure 3). The amplitude for the elastic scattering $\phi P \to \phi P$ is related by unitarity to the inelastic cross section via

$$2\mathrm{Im}\mathcal{M}(\phi P \to \phi P) = \sum_f \int \mathrm{d}\Pi_f \left|\mathcal{M}(\phi P \to f)\right|^2 , \qquad (3.1)$$

where f is any possible final state of phase space density $\mathrm{d}\Pi_f$. At leading order in g, these amplitudes are given by

$$i\mathcal{M}(\phi P \to f) = ig \int \mathrm{d}^d y \, e^{iq\cdot y} \langle f|\mathcal{O}(y)|P\rangle , \qquad (3.2)$$

$$i\mathcal{M}(\phi P \to \phi P) = (ig)^2 \int \mathrm{d}^d y \, e^{iq\cdot y} \langle P| \, \mathbb{T}(\mathcal{O}(y)\mathcal{O}(0))|P\rangle , \qquad (3.3)$$

where $\mathbb{T}$ denotes time ordering. The elastic amplitude is a particularly useful object for two reasons: *i*) at sufficiently low center-of-mass energies, the scattering is controlled by the operator product expansion (OPE) and *ii*) the imaginary part is related to the total inelastic cross section and is necessarily positive. Combining these insights with analyticity of the amplitudes has led to interesting constraints on the low-energy description, including sign and convexity constraints on anomalous dimensions of minimum-twist operators [37, 38, 67].

The use of the DIS amplitude is natural in holographic theories, because bulk interactions control the anomalous dimensions and OPE coefficients in the boundary QFT [64, 65]. When the bulk theory is Lorentz invariant and the boundary theory is a CFT, sign constraints on the anomalous dimensions of boundary operators [40] reproduce known sign

constraints on the bulk EFT, derived from the positivity of scattering amplitudes [1]. When the bulk breaks AdS invariance, the bulk scattering methods are less effective [5], but we still expect the bounds from the DIS amplitudes on the boundary to apply.

In the following, we will study the DIS amplitude defined in (3.3):

$$A(q, P) \equiv i \int \mathrm{d}^d y \, e^{iq \cdot y} \, \langle P| \, \mathbb{T}(\mathcal{O}(y)\mathcal{O}(0)) |P \rangle \,, \tag{3.4}$$

which, in the limit of large q^2, can be simplified by using the OPE. For real operators $\mathcal{O}$, the OPE only gets contributions from even spins. Moreover, only "primary" operators[7] need to be considered, since operators that can be expressed as a total derivative do not contribute to the relevant correlation function because of momentum conservation. We can therefore write

$$\mathcal{O}(y)\mathcal{O}(0) \sim \sum_{s=0,2,\cdots} \sum_{n \in \mathcal{I}_s} f_s^{(n)}(y) \, y^{\alpha_1} \cdots y^{\alpha_s} \, \mathcal{O}_{\alpha_1 \ldots \alpha_s}^{(n)}(0) \,, \tag{3.5}$$

where $\mathcal{I}_s$ denotes the set of primary operators of spin s. Imposing scale invariance, the coefficient functions in (3.5) are constrained to take the form

$$f_s^{(n)}(y) \equiv c_s^{(n)} \, y^{\tau_s^{(n)} - 2\Delta} \,, \tag{3.6}$$

where $\tau_s^{(n)} \equiv \Delta_s^{(n)} - s$ is the twist of the operator. Using

$$\langle P|\mathcal{O}_{\alpha_1 \ldots \alpha_s}^{(n)}(0)|P \rangle = d_s^{(n)}[P_{\alpha_1} \ldots P_{\alpha_s} - \text{traces}] \,, \tag{3.7}$$

where $d_s^{(n)}$ are dimensionful coefficients, we can write the DIS amplitude as

$$A(q, P) = \sum_{s=0,2,\cdots} \sum_n \tilde{c}_s^{(n)} d_s^{(n)} \Big([P \cdot \partial_q]^s - \text{traces} \Big) q^{2\Delta - \tau_s^{(n)} - d} \,, \tag{3.8}$$

with the momentum-space OPE coefficients

$$\tilde{c}_s^{(n)} = 2^{d+\tau_s^{(n)} - 2\Delta} \pi^{d/2} \frac{\Gamma(d/2 - \Delta + \tau_s^{(n)}/2)}{\Gamma(\Delta - \tau_s^{(n)}/2)} \, c_s^{(n)} \,. \tag{3.9}$$

It is convenient to switch to an alternative parameterization in terms of

$$x \equiv \frac{q^2}{2P \cdot q} \,. \tag{3.10}$$

High-energy scattering then corresponds to the limit $x \to 0$. Keeping only the leading terms for large q^2, we find

$$A(x, q^2) \approx \sum_{s=0,2,\cdots} \tilde{c}_s^{(*)} d_s^{(*)} \, x^{-s} (q^2)^{\Delta - d/2 - \tau_s^{(*)}/2} \,, \tag{3.11}$$

where the asterisks denote quantities associated with minimal-twist operators.

---

[7]For the lack of a better term, we call operators that cannot be expressed as derivatives of other operators "primary", in analogy with primaries in a CFT. However, it is important that our analysis does not assume conformal invariance at any point.
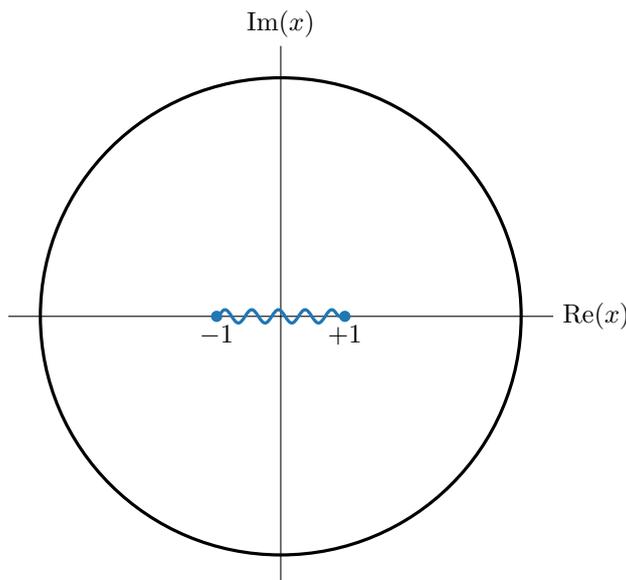
Figure 4. Illustration of the analytic structure of the DIS amplitude.

We have just seen that the OPE is useful for large x, while the physically relevant regime is $|x| \in [0, 1]$. The OPE limit and the small-x regime can be related by a contour deformation in the complex x-plane. Note that kinematics requires $-(P + q)^2 \geq 0$ and the DIS amplitude has a branch cut $x \in [-x_c, x_c]$, with $x_c = (1 + P^2/q^2)^{-1}$. Since we work at large q^2 and fixed P^2, we can set $x_c = 1$. Let us consider the s-th moment of the amplitude, $a_s(q^2)$, defined as the integral of $x^{s-1}A(x, q^2)$ around the closed contour shown in figure 4. This moment is determined by the discontinuity across the branch cut:

$$a_s(q^2) \equiv \frac{1}{2\pi i} \oint \mathrm{d}x \, x^{s-1} A(x, q^2) = \frac{2}{\pi} \int_0^1 \mathrm{d}x \, x^{s-1} \mathrm{Im}[A(x, q^2)] \,. \tag{3.12}$$

To write this sum rule, we have assumed polynomial boundedness of the amplitude for small values of x, i.e. $\lim_{x \to 0} A(x, q^2) \leq x^{-M+1}$, for some integer M. (Below, we will assume that the bound is strong enough to permit a spin-2 sum rule.) For large q^2, the DIS amplitude (3.11) then implies

$$\begin{aligned} a_s(q^2) &\to \tilde{c}_s^{(*)} d_s^{(*)} (q^2)^{\Delta - d/2 - \tau_s^{(*)}/2} \\ &= \frac{2}{\pi} \int_0^1 \mathrm{d}x \, x^{s-1} \mathrm{Im}[A(x, q^2 \to \infty)] \,, \end{aligned} \tag{3.13}$$

which relates the OPE coefficients to an integral of the DIS amplitude. By unitarity, we have $\mathrm{Im}[A(x, q^2)] \geq 0$, so that the moments a_s are positive and $\tilde{c}_s^{(*)} d_s^{(*)} \geq 0$. Moreover, we must have $a_s > a_{s+2}$, which implies

$$\tau_s^{(*)} < \tau_{s+2}^{(*)} \,, \tag{3.14}$$

i.e. the minimum twist is a non-decreasing function of spin.

3.2 Sum rule in holographic QFTs

So far, our discussion has been valid for general QFTs. We will now specialize to QFTs with holographic duals. In particular, we consider a general scalar operator $\mathcal{O}$ of dimension Δ in a large-N theory. The $N = \infty$ limit is a mean-field theory, where we can use conformal invariance, but the interactions may break conformal symmetry. Following Komargodski et al. [67], we now construct the DIS amplitude for a such a QFT using the momentum state:

$$|P\rangle = \int \mathrm{d}^d y \, e^{iP \cdot y} \, \mathcal{O}(y)|0\rangle \equiv \mathcal{O}(P)|0\rangle \,. \tag{3.15}$$

The DIS amplitude (3.4) then reduces to a four-point function[8]

$$\begin{aligned} A(q, P) &= \int \mathrm{d}^d y \, e^{-iq \cdot y} \, \langle 0|\mathcal{O}(-P) \, \mathbb{T}(\mathcal{O}(y)\mathcal{O}(0)) \, \mathcal{O}(P)|0\rangle \\ &= \langle \mathcal{O}(-P)\mathcal{O}(q)\mathcal{O}(-q)\mathcal{O}(P)\rangle' \,. \end{aligned} \tag{3.16}$$

In this section, we first show how to extract the spin-2 anomalous dimension, γ_2, from this four-point function and then translate the sum rule for the spin-2 moment of the DIS amplitude into a sum rule for γ_2. In the next section, we will compute the four-point function holographically in terms of bulk interactions and use this to obtain a sum rule for certain parameters of the EFT of holographic RG flow.

First, we note that the operator $\mathcal{O}$ is normalized such that

$$\langle \mathcal{O}(x)\mathcal{O}(y)\rangle = C_\mathcal{O} \, |x - y|^{-2\Delta} \,, \tag{3.17}$$

$$\langle \mathcal{O}(p)\mathcal{O}(-p)\rangle' = A_\mathcal{O} \, p^{2\Delta - d} \,, \qquad \text{with} \quad A_\mathcal{O} = 2^{d-2\Delta}\pi^{d/2}\frac{\Gamma(d/2 - \Delta)}{\Gamma(\Delta)} \, C_\mathcal{O} \,. \tag{3.18}$$

We are interested in the contribution of the following spin-2 composite operator

$$\mathcal{O}_{\alpha\beta}^{(2)} \equiv P_{\alpha\beta}^{\gamma\delta}\big[\mathcal{O}\partial_\gamma\partial_\delta\mathcal{O} - b_\Delta\partial_\gamma\mathcal{O}\partial_\delta\mathcal{O}\big] \,, \tag{3.19}$$

where $P_{\alpha\beta}^{\gamma\delta} = \delta_\alpha^\gamma\delta_\beta^\delta - d^{-1}g_{\alpha\beta}g^{\gamma\delta}$ is the projector onto the traceless part. The relative coefficient in (3.19) is set by requiring $\mathcal{O}_{\alpha\beta}^{(2)}$ to be a conformal primary in the $N = \infty$ theory, which leads to[9]

$$b_\Delta = \frac{\Delta + 1}{\Delta} \,. \tag{3.20}$$

Assuming that the spin-2 operator has scaling dimension Δ_2, it appears in the OPE as

$$\mathcal{O}(y)\mathcal{O}(0) = \cdots + c_2^{(0)}|y|^{\Delta_2 - 2\Delta - 2}y^\alpha y^\beta \mathcal{O}_{\alpha\beta}^{(2)}(0) + \cdots \,. \tag{3.21}$$

---

[8]These correlators include only the connected piece. The disconnected term has zero imaginary part. Also, in this section and below, we perform the Fourier transform in Euclidean signature. Equation (3.4) was in Lorentzian signature, so it differs by a factor of i.

[9]The simplest way to derive this is to compute $\langle \mathcal{O}_{\alpha\beta}^{(2)}(x)\mathcal{O}^2(y)\rangle$ by Wick contractions and requiring it to vanish. Equivalently, (3.19) is the specific linear combination that is annihilated by the special conformal generator K_α.

At large N, composite operators have small anomalous dimensions, so $\Delta_2 = 2\Delta + 2 + \gamma_2$, with $\gamma_2 \ll 1$. The OPE coefficient $c_2^{(0)}$ is determined by comparison with the Taylor expansion,

$$\mathcal{O}(y) = y \cdot \partial \mathcal{O}(0) + \frac{1}{2}(y \cdot \partial)^2 \mathcal{O}(0) + \cdots \tag{3.22}$$

$$\mathcal{O}(y)\mathcal{O}(0) \supset \frac{1}{2}y^\alpha y^\beta \mathcal{O}\partial_\alpha\partial_\beta\mathcal{O} = c_2^{(0)}y^\alpha y^\beta \mathcal{O}_{\alpha\beta}^{(2)} + c'y^\alpha y^\beta \partial_\alpha\partial_\beta(\mathcal{O}^2), \tag{3.23}$$

where the last equality sets

$$c_2^{(0)} = [2(b_\Delta + 1)]^{-1} = \frac{\Delta}{2(2\Delta + 1)}. \tag{3.24}$$

Finally, Wick contractions using the Green's function (3.17) lead to

$$\langle P|\mathcal{O}_{\alpha\beta}^{(2)}(0)|P\rangle = -\frac{1}{c_2^{(0)}}A_\mathcal{O}^2\, P_{\alpha\beta}^{\gamma\delta}P_\gamma P_\delta P^{4\Delta-2d}. \tag{3.25}$$

The overall minus sign arises from the Fourier transform of the derivatives. This sign is ultimately responsible for connecting the positivity of amplitudes with negativity of anomalous dimensions. The bulk interactions are responsible for a number of $1/N$ corrections, but at leading order in $1/N$, only the anomalous dimension γ_2 contributes to the DIS amplitude

$$A(q, P) \supset -\gamma_2\, c(d)A_\mathcal{O}^2\, P^{4\Delta-2d}\, q^{-d-4}\left[(P \cdot q)^2 - \frac{1}{d}P^2 q^2\right], \tag{3.26}$$

with $c(d) \equiv 2^{d-1}d(d + 2)\pi^{d/2}\,\Gamma(d/2)$. Note that $\gamma_2 \ll 1$ appears as a prefactor in the amplitude after taking the Fourier transform of (3.21). One could have anticipated this from (3.21) as the OPE becomes analytic in y when $\gamma_2 = 0$. As a result, the Fourier transform must be a δ-function of q when $\gamma_2 = 0$ and the q^{-d-4} contribution in (3.26) must vanish as $\gamma_2 \to 0$. This can be seen directly from expanding denominator of (3.9) in $\gamma_2 \ll 1$. In appendix B, we show that the appearance of γ_2 in (3.26) is not a coincidence and follows from an explicit one-loop calculation of the anomalous dimension.

Starting from the amplitude, one finds that the spin-2 moment is given by

$$a_2(q^2) = -\frac{1}{4}\gamma_2\, c(d)A_\mathcal{O}^2\, P^{4\Delta-2d}\, q^{-d}. \tag{3.27}$$

This is the small-γ expansion of the general result for the second moment in (3.13). (There is no $\log q$ due to a cancellation with a gamma function from (3.9).) The result (3.12) then implies the following sum rule for the spin-2 anomalous dimension:

$$\gamma_2 = -\frac{8}{\pi}\frac{1}{c(d)A_\mathcal{O}^2}\frac{1}{P^{4\Delta-2d}}\lim_{q\to\infty}q^d\int_0^1 \mathrm{d}x\, x\, \mathrm{Im}[A(x, q^2)], \tag{3.28}$$

where the limit $q \to \infty$ has been applied to isolate the minimum-twist operator from the higher-twist operators. In practice, our effective description has a UV cutoff Λ and the limit $q^2 \to \infty$ means $q^2 \to \Lambda^2$.
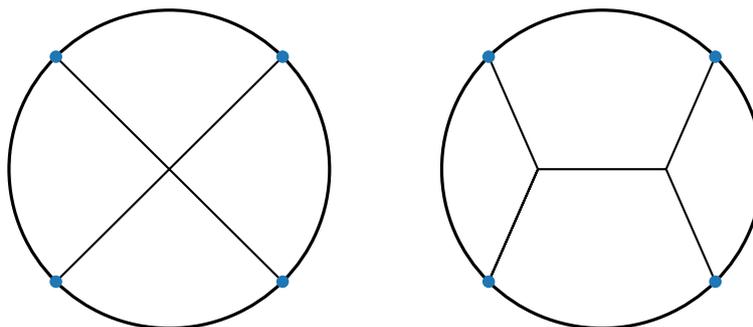
Figure 5. Witten diagrams associated with the contact interaction $(\partial \pi_c)^4$ and the exchange interactions arising from $\partial_r \pi_c (\partial \pi_c)^2$ and $(\partial_r \pi_c)^3$.

Of special interest will be the case where $\mathcal{O}$ is proportional to the trace of the stress tensor in $d = 3$ dimensions. Setting $\Delta = d = 3$, we have $c(3) = 30\pi^2$ and hence find

$$\gamma_2 = -\frac{4}{15\pi^3} \frac{1}{A_{\mathcal{O}}^2} \frac{1}{P^6} \lim_{q \to \infty} q^3 \int_0^1 \mathrm{d}x \, x \, \mathrm{Im}[A(x, q^2)] \,. \tag{3.29}$$

Because $\mathrm{Im}[A(x, q^2)] \geq 0$, must have $\gamma_2 \leq 0$. Moreover, in the limit $\gamma_2 \to 0$, we must have $\gamma_{s>2} = 0$, because of the twist is a convex function of the spin, cf. (3.14). We will explore this further in section 3.4.

3.3 Matching bulk and boundary

We will now translate (3.29) into a constraint on the EFT of holographic RG flow. The upshot of the previous section is that, for $d = 3$, we are looking for all contributions to the four-point function that behave as $(P \cdot q)^2 P^6 / q^7$. At tree level, there are two types of Witten diagrams to consider, contact and exchange diagrams (see figure 5). The contact diagrams are the easiest to understand, so we will consider these first.

For any contact interactions of the form shown in figure 5, all propagators carry a momentum P or q and thus do not depend on $P \cdot q$. Any nontrivial x-dependence must therefore arise from the interaction vertex itself, namely from derivatives acting on the external lines. It is easy to see that producing a spin-s moment of the DIS amplitude requires a vertex with at least $2s$ transverse derivatives. In any dimension, only a single contact interaction in the Lagrangian (2.22) contributes to the spin-2 DIS amplitude:

$$\mathcal{L}_{\mathrm{int}} \subset \frac{1}{4!} \lambda_4 \frac{1}{f_\pi^{d+1}} a^{-4} (\partial \pi_c)^4 \,, \tag{3.30}$$

where $\lambda_4 \equiv 3(1 - c_r^2)$. We are interested in the DIS amplitude for the trace of the stress tensor. Holographically, the operator dual to T is the scalar metric perturbation ζ, which is related to the canonically-normalized Goldstone mode by $\pi_c \approx -f_\pi^{(d+1)/2} \zeta / H$. The full calculation is presented in appendix A. For $d = 3$, the result is

$$A(q, P) \supset \frac{55}{24} \lambda_4 \frac{f_\pi^4}{H^4} \frac{(2P \cdot q)^2 P^6}{q^7} \,. \tag{3.31}$$

This contribution is not manifestly positive, but gives the same answer (up to factors of f_π/H) as the covariant $(\nabla\phi)^4$ interaction in pure AdS. The reason for the agreement is that the additional contact terms containing r-derivatives, which are needed to make the interaction covariant, do not contribute to the spin-2 moment. Demanding that this contribution alone is positive forces $\lambda_4 \geq 0$ [40], in agreement with the flat-space result [1].

The contributions to the DIS amplitude from exchange diagrams with cubic vertices are significantly more involved than the contact interaction. The reason is that the internal bulk-bulk propagator carries a momentum $q \pm P$, which leads to an infinite series in x^{-s} when expanded in $P \ll q$. As a result, the contribution to the spin-2 moment is not isolated to a particular combination of contractions of derivatives on the external lines.

It is well known that, for large twist, the spin-s anomalous dimensions computed in AdS are directly related to the corresponding spin-s partial waves of the flat-space scattering amplitude in the bulk (e.g. [65]). However, at finite twist, such a connection is not guaranteed and indeed the exchange diagrams that contribute to γ_2 do not appear in the spin-2 partial wave of the flat-space amplitude computed in [5]. The origin of this difference is that, in flat space, the spin-2 component of the amplitude from exchange diagrams cancels in the sum over contractions. These cancelations depend crucially on the flat-space propagator and do not arise for the AdS exchange diagrams. As a result, we find that the spin-2 contribution to the DIS amplitude in the dual QFT is related to a spin-0 amplitude of the flat-space S-matrix.

At leading order in derivatives, the EFT of slow RG flow contains only two cubic interactions

$$\mathcal{L}_{\text{int}} = \frac{1}{3!}\frac{1}{f_\pi^{(d+1)/2}}\left[\lambda_3\, a^{-2}\partial_{\tilde{r}}\pi_c\,(\partial\pi_c)^2 + \tilde{\lambda}_3\,(\partial_{\tilde{r}}\pi_c)^3\right], \tag{3.32}$$

where $\lambda_3 \equiv 12c_2/c_r$ and $\tilde{\lambda}_3 \equiv (12c_2 + 8c_3)/c_r^3$. This allows for three distinct exchange contributions to the DIS amplitude, which are computed explicitly in appendix A. For $d = 3$, the result is

$$A(q,P) \supset \left[\frac{495}{512}\tilde{\lambda}_3^2 - \frac{605}{256}\lambda_3\tilde{\lambda}_3 + \frac{6655}{4608}\lambda_3^2\right]\frac{f_\pi^4}{H^4}\frac{(2P\cdot q)^2 P^6}{q^7}. \tag{3.33}$$

The signs in this expression are nontrivial and important, given that $A(q,P)$ is required to be positive by unitarity. Furthermore, unlike for the contact contribution, the sign of the first and third terms cannot be absorbed into the signs of the couplings.

Adding (3.31) and (3.33), we find that the total DIS amplitude is

$$A(q,P) \supset \left[\frac{55}{24}\lambda_4 + \frac{495}{512}\tilde{\lambda}_3^2 - \frac{605}{256}\lambda_3\tilde{\lambda}_3 + \frac{6655}{4608}\lambda_3^2\right]\frac{f_\pi^4}{H^4}\frac{(2P\cdot q)^2 P^6}{q^7}. \tag{3.34}$$

Recalling from section 2.3 that T is normalized in $d = 3$ such that $A_{\mathcal{O}=T} = c_r^2 f_\pi^4/\tilde{H}^4$ [46], we use (3.26) to obtain

$$\begin{aligned}
\gamma_2 &= -\frac{1}{\pi^2}\left(\frac{\tilde{H}}{f_\pi}\right)^4\left(\frac{11}{36}\lambda_4 + \frac{33}{256}\tilde{\lambda}_3^2 - \frac{121}{384}\lambda_3\tilde{\lambda}_3 + \frac{1331}{6912}\lambda_3^2\right) \\
&= -\frac{1}{\pi^2}\left(\frac{\tilde{H}}{f_\pi}\right)^4\left[\frac{11}{12}(1-c_r^2) + \frac{33}{4c_r^6}\left(\frac{3}{2}c_2 + c_3\right)^2 - \frac{121}{4c_r^4}c_2\left(\frac{3}{2}c_2 + c_3\right) + \frac{1331}{48c_r^2}c_2^2\right],
\end{aligned} \tag{3.35}$$

where, in the second equality, we used the relations between λ_3, $\tilde{\lambda}_3$, λ_4 and c_r, c_2, c_3. Using (3.28) and $c_2 = \frac{1}{4}(1 - c_r^2)$, we arrive at the following sum rule

$$\left(1 - c_r^2\right) + f(c_r, c_3) = \frac{1}{55\pi} \left(\frac{f_\pi}{\tilde{H}}\right)^4 \lim_{q \to \infty} q^3 \int_0^1 dx \, x \, \text{Im}[A(x, q^2)], \qquad (3.36)$$

where $\tilde{H} = c_r H$ is the effective curvature scale and we have defined

$$f(c_r, c_3) \equiv \frac{1}{c_r^6} \left(3c_3 + \frac{1}{8}\left(9 - 20c_r^2 + 11c_r^4\right)\right)^2 \geq 0. \qquad (3.37)$$

The fact that this expression organizes into a single perfect square is nontrivial. We note that the left-hand side of (3.36) is manifestly positive for $0 < c_r \leq 1$. We therefore do not find any surprising constraints on the couplings of the EFT from positivity of the DIS amplitude. The power of the sum rule is twofold: first, given the IR quantities on the left, we can infer properties of the UV amplitude on the right. Second, the sum rule can be recycled to constrain an infinite tower of higher-derivative operators through (3.12).

3.4 Freedom at the speed of light

It is natural to expect our sum rule to be particularly illuminating when the propagation speed approaches the speed of light, $c_r \to 1$. Bulk causality forbids $c_r > 1$ and sum rules usually simplify when positivity constraints are saturated. In the context of inflation, this expectation motivated the conjecture in [5] that $c_s = 1$ should be a free theory (in the decoupling limit). We will now establish a similar result for the holographic RG flow.

Evaluating the sum rule (3.36) for $c_r = 1$, we get

$$9c_3^2 = \frac{1}{55\pi} \left(\frac{f_\pi}{\tilde{H}}\right)^4 \lim_{q \to \infty} q^3 \int_0^1 dx \, x \, \text{Im}[A(x, q^2)]. \qquad (3.38)$$

This constraint alone is still consistent with a wide range of interacting EFTs. However, bulk causality requires $c_3 = 0$ when $c_r = 1$. To see this, we change the background by writing $\pi = \alpha r + \tilde{\pi}$, for some $\alpha \ll 1$. The infall speed for $\tilde{\pi}$ then is $\tilde{c}_r = 1 - 8\alpha c_3$. Since α can have any sign this implies superluminal propagation[10] unless $c_3 = 0$. Expanding the action to order α^2, one would furthermore find that $c_4 \geq 0$. Imposing the additional constraint $c_3 = 0$ on (3.38) forces the integrated DIS amplitude to vanish at high energies,

$$\lim_{q \to \infty} q^3 \int_0^1 dx \, x \, \text{Im}[A(x, q^2)] = 0. \qquad (3.39)$$

This constraint on the UV behavior feeds back into the EFT through the higher-spin DIS amplitudes. Up to a power of x, the integrand in (3.39) controls all of the moments $a_s(q^2)$,

---

[10]In a relativistic theory, the commutator of two operators must vanish outside the light cone in any state of the theory. We can therefore test the consistency of the theory by expanding around nontrivial backgrounds [1], where the propagation speed is a direct reflection of the commutator and hence of causality.

for $s \geq 2$. Specifically, using (3.39) and positivity of the cross section $\text{Im}[A(x, q^2)] \geq 0$, for $c_r = 1$, we have

$$\lim_{q \to \infty} q^3 a_s(q^2) = \lim_{q \to 0} q^3 \frac{2}{\pi} \int_0^1 \mathrm{d}x \, x^{s-1} \text{Im}[A(x, q^2)] = 0 \,. \tag{3.40}$$

These higher-spin DIS amplitudes get non-zero contributions in the bulk EFT from contact interactions of the form

$$\mathcal{L}_{\text{int}} \supset \partial_{\alpha_1 \ldots \alpha_i} \pi_c \, \partial^{\alpha_1 \ldots \alpha_i} \pi_c \, \partial_{\alpha_{i+1} \ldots \alpha_s} \pi_c \, \partial^{\alpha_{i+1} \ldots \alpha_s} \pi_c \,. \tag{3.41}$$

By construction, the contractions in the Witten diagram give either $(P \cdot q)^s$ or $(P \cdot q)^0$ and therefore these interactions do not contribute to $a_2(q^2)$. This means that all such couplings must vanish if $c_r = 1$.

The argument for the vanishing of higher-derivative operators can be extended from $c_r = 1$ to the limit $c_r \to 1$. Causality constraints around nontrivial backgrounds can be applied when $0 < (1 - c_r^2) \ll 1$ if we impose that the gradient satisfies $\alpha \lesssim 1$, so that we are within the regime of validity of the EFT. Forbidding superluminal propagation in the radial direction then requires $|c_3| \lesssim (1 - c_r^2)$, so the sum rule becomes

$$\left(1 - c_r^2\right) + \mathcal{O}\left((1 - c_r^2)^2\right) = \frac{1}{55\pi} \left(\frac{f_\pi}{\tilde{H}}\right)^4 \lim_{q \to \infty} q^3 \int_0^1 \mathrm{d}x \, x \, \text{Im}[A(x, q^2)] \,, \tag{3.42}$$

as $c_r \to 1$. Furthermore, combining this constraint with (3.40) bounds the strength of an infinite tower of couplings in terms of $1 - c_r^2$.

The above results provide support for the conjecture that $c_r = 1$ is a free theory (in the decoupling limit). The sum rule and bulk causality force both an infinite number of operators in the EFT to vanish and the DIS amplitude to become trivial in the high-energy limit. However, not all operators of the EFT are constrained in this way. In particular, the operators associated with $M_{n>3}$ do not contribute to $a_{s \geq 2}(q^2)$ or $\text{Im}[A(P, q)]$ at this order in H/f_π and therefore are do not appear on either side of the sum rule. However, the presence of such operators would still produce nontrivial higher-point amplitudes in the QFT and thus would be indirectly constrained by the restrictions on the DIS amplitude. A similar situation arises in energy correlators for certain extremal limits. It was shown in [68] that such theories are free by bounding the size of $(n + 1)$-point energy correlators in terms of n-point correlators.

3.5 Implications for slow motion

It is also interesting to explore the meaning of the sum rule in the limit $c_r \ll 1$, where the interactions become large. For generic c_3, the sum rule in (3.36) then takes the form

$$f(c_2, c_3) = \frac{1}{c_r^6} \left(\frac{3}{2} c_2 + c_3\right)^2 + \mathcal{O}(c_r^{-2}) = \frac{1}{495\pi} \left(\frac{f_\pi}{\tilde{H}}\right)^4 \lim_{q \to \infty} q^3 \int_0^1 \mathrm{d}x \, x \, \text{Im}[A(x, q^2)] \,. \tag{3.43}$$

Self-consistency of this sum rule imposes a constraint on the DIS amplitude, including its high-energy behavior. In particular, the limit on the right-hand side of (3.43) should be

finite, so the integrated amplitude must scale as q^{-3} for $q \to \infty$. The precise meaning of this constraint is somewhat unclear. Curiously, the best known UV-complete model of small c_r, the DBI action, does not match the c_r^{-6} scaling displayed in (3.43). In this case, the parameters c_3 and c_2 are related as $\frac{3}{2}c_2 + c_3 = \frac{3}{8}c_r^2(1 - c_r^2)$ (see appendix C), so that

$$f(c_2, c_3) = \frac{1}{16}\frac{(1 - c_r^2)^2}{c_r^2} \qquad (\text{DBI}), \qquad (3.44)$$

which scales as c_r^{-2} rather than c_r^{-6}, for small c_r. This implies that the UV behavior of the DIS amplitude dual to a bulk DBI theory is weaker at high energies than for a generic higher-derivative theory. Presumably the origin of this cancelation has a deeper origin in the form of the UV-completeness of DBI.

Finally, at small c_r, the convexity of the minimum-twist anomalous dimensions bounds the higher-spin anomalous dimensions $\gamma_{s>2}$ in terms of γ_2. These higher-spin anomalous dimensions can be related to couplings in the bulk EFT in the same way as in the case of spin 2, the only difference being the number of q^α-derivatives that must appear for the contact diagrams. Exchange diagrams contribute to the entire tower of minimal-twist anomalous dimensions but, at least for c_2 and c_3, are consistent with $\gamma_s < \gamma_{s+2}$ in the absence of additional contact interactions. For small c_r, these higher-derivative operators may also modify the dispersion relation of the fluctuations with higher powers of momenta, $\omega = c_s k + k^2/\rho + \cdots$. Convexity in spin ensures that higher-derivative interactions cannot be parametrically larger than the interactions associated with c_2 and c_3. A similar statement for the parameters of the EFT of inflation would have important observational implications.

4 From RG flow to inflation

The sum rule derived in the previous section relied heavily on the dual QFT being relativistic and unitary. The absence of a similar dual field theory in de Sitter space might seem to imply that the constraints derived here have no counterpart in cosmology. On the other hand, holography demands that our sum rule has a bulk interpretation. Indeed, when the bulk is described by pure AdS, similar constraints on the dual CFT [19, 40, 69] are related to sub-horizon physics and can be derived from bulk causality [1, 18]. Since local causality arguments are relatively insensitive to the asymptotic structure of the spacetime, they translate more readily between AdS and dS. Hence, if our sum rule can be related to local causality constraints in the bulk, it may be easier to see what it could imply for inflation. This path from AdS to dS, illustrated in figure 6, is similar to the logic that gives rise to the "quasi-bounds" on graviton couplings obtained in [18, 19] and has also appeared in the connection between AdS and holographic cosmology in [25].

In this section, we will first show in what sense our sum rule is (and is not) a consequence of bulk causality. In particular, we will explain that the sign constraints implied by the sum rule are related to superluminal propagation in the transverse directions, but do not capture causality in the radial direction. We will then show that the bulk causality constraints found in AdS for both the transverse and radial directions apply equally to the equivalent couplings in the EFT of inflation.
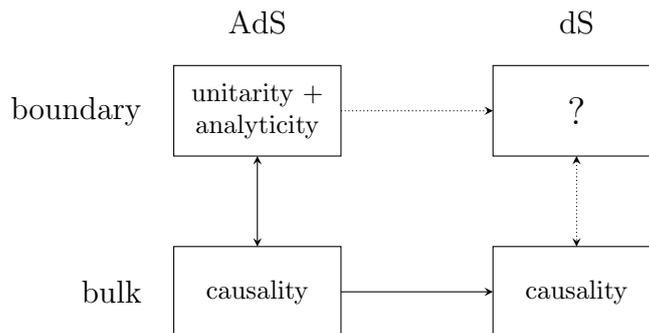
Figure 6. Connections between bulk causality and boundary unitarity in AdS and dS spacetimes. On the AdS side, unitarity and analyticity arguments can be formulated rigorously on the boundary and map to solid causality constraints in the bulk. On the dS side, on the other hand, the rules of the boundary QFT are much less well established. However, existing causality constraints in AdS can be mapped to equivalent constraints in dS. We therefore anticipate that boundary constraints derived in AdS will apply in dS without necessarily defining an equivalent boundary description.

4.1 Relation to bulk causality in AdS

It is natural to think that the sign constraint implied by our sum rule has an obvious interpretation from causality, namely $c_r \leq 1$. Certainly, if we impose causality in this way, the amplitude is always positive, as required by unitarity. On the other hand, the sum rule alone does not imply this constraint on c_r, nor does it capture causality constraints on other parameters. As explained in section 3.4, forbidding superluminal propagation around nontrivial backgrounds requires $c_3 = 0$ and $c_4 \geq 0$, when $c_r = 1$. Yet, in the DIS amplitude, the contribution to from c_3 is always positive and c_4 does not appear at all.

A likely explanation for this mismatch between the bulk causality constraints and the boundary DIS amplitude is that the missing bulk constraints arise from superluminal propagation in the *radial* direction, while the DIS amplitude is only sensitive to propagation in the *transverse* directions. A similar phenomenon has been observed in the context of the conformal collider bounds on stress-tensor OPE coefficients in CFTs [70]. In the bulk, the collider bounds are derived from causality in the transverse directions [71], while, on the boundary, they can be derived either by DIS [67] or by microcausality of local operators in the CFT [72, 73]. On the other hand, stronger causality bounds were derived in [18] from propagation in the radial direction. These bounds can also be derived using CFT techniques [69, 74], but only with more elaborate sum rules that take advantage of the special structure of holographic CFTs, including large N and a large gap in the spectrum of higher-spin operators.

There is a sharp connection between the positivity of our sum rule and propagation speeds in the transverse directions, even though the sum rule constrains the radial speed c_r. Recall that when $c_r \approx 1$, our sum rule simplified to (3.42), so that the positivity of the amplitude implies the constraint $c_r \leq 1$. This can also be derived from transverse causality alone. Recall that, for $c_r \approx 1$, only $\lambda_4 (\partial \pi)^4$ contributes to the sum rule. Expanding π around a gradient in any transverse direction, $\pi = \alpha_\beta x^\beta + \tilde{\pi}$, one then finds superluminal

propagation unless $\lambda_4 \geq 0$ [1]. Since $\lambda_4 \propto 1 - c_r^2$, this implies $c_r \leq 1$. Although this is a bound on the radial propagation speed, we see that it fundamentally came from causality in the transverse directions.

One additional complication of bulk causality constraints is controlling the impact of dynamical gravity [6, 8, 75–77]. This is particularly relevant in the forward limit where the gravitational contributions diverge [75]. Our holographic sum rule avoids these complications because there is no gravity on the boundary theory of AdS where our sum rule is derived. We did make use of the decoupling of gravity in the bulk to simplify our calculation of the DIS amplitude. On the boundary, the decoupling limit corresponds to dropping the stress tensor in the OPE, but this contribution can be included rigorously. While dynamical gravity remains part of the challenge to finding a purely bulk description of our sum rule, the successful match between bulk [18] and boundary constraints [69, 74] on the gravitational action suggests that this isn't a fundamental obstacle.

4.2 From bulk causality to inflation

We have seen that bulk causality in the EFT of RG flow plays a crucial role in the structure of the sum rule. In particular, the result that the theory becomes free when the propagation speed approaches the speed of light is only implied when the sum rule is combined with bulk causality constraints in the radial direction. The EFT of inflation is subject to precisely the same causality constraints derived from expanding around nontrivial backgrounds [5]. In particular, in the limit $c_s \to 1$, the Lagrangian takes the form

$$\tilde{\mathcal{L}} = -\frac{1}{2}(\partial \pi_c)^2 - \frac{2}{f_\pi^2}\left[\frac{2}{3}c_3\dot{\pi}_c^3\right] + \frac{1}{2f_\pi^4}\left[4c_3\dot{\pi}_c^2(\partial \pi_c)^2 + \frac{4}{3}c_4\dot{\pi}_c^4\right]. \tag{4.1}$$

Expanding around $\pi_c = -\alpha f_\pi^2 t + \tilde{\pi}_c$, the propagation speed for $\tilde{\pi}_c$ becomes $c_s^2 = 1 + 8\alpha c_3$ (to linear order in α). Since α can have either sign, subluminality then requires $c_3 = 0$. Setting $c_3 = 0$ and expanding to order α^2 gives $c_s^2 = 1 - 4\alpha^2 c_4$, which implies $c_4 \geq 0$. Furthermore, if we could add an interaction of the form $\lambda_4(\partial_i \pi)^4$, while keeping $c_s = 1$, expanding around a gradient in the transverse direction, $\pi = \alpha_i x^i + \tilde{\pi}$, would again require $\lambda_4 \geq 0$. The equivalence between the causality constraints in these two EFTs provides circumstantial evidence that freedom at the speed of light is also a property of the EFT of inflation, as originally conjectured in [5].

A critical difference between holographic RG and inflation is that for inflation there is no unitarity QFT dual in which to define the sum rule. Nevertheless, all quantities appearing in the AdS sum rule were calculated from a bulk four-point function. We can calculate an equivalent inflationary four-point function at the future boundary of dS using $\mathcal{A} \equiv \delta^4 \Psi/\delta \zeta^4$, where Ψ is the wavefunction of the universe [46]. Although this is not a typical (in-in) cosmological correlator, it is still a quantity we can calculate using the effective theory of inflation. Following the same procedure as in AdS, we are then led to the following sum rule

$$(c_s^{-2} - 1) + f(c_2, c_3) \propto \lim_{q \to \infty} q^3 \oint dx\, x\, \mathcal{A}(x, q^2), \tag{4.2}$$

where $(1 - c_r^2) \rightarrow (c_s^{-2} - 1)$ is just the map from $c_r \rightarrow c_s$ and $f(c_2, c_3)$ is the contribution from exchange diagrams in de Sitter. In principle, this relates observable quantities to the UV, but unfortunately, the analytic properties of the de Sitter four-point function, $\mathcal{A}(x, q^2)$, are not known, so that positivity is not guaranteed. Addressing these questions rigorously is further compounded by the lack of a rigorous observable in cosmological spacetimes in the presence of dynamical gravity.

A more direct approach, taken in [5], is to use bulk scattering to derive sum rules for the EFT parameters. This approach can be applied to either EFT, but in both cases positivity of the sum rule has not been established without Lorentz invariance. Nevertheless, using the two-to-two amplitude of the Goldstone boson in the forward limit, $\mathcal{A}(s)$, a sum rule can be derived for the couplings of the EFT of inflation [5]

$$(c_4 + 1) - \left[(2c_3 + 1) - a(c_s)\right]^2 - b(c_s) = \frac{\Lambda^4}{\pi} \int_{-\infty}^{\infty} \mathrm{d}s \, \frac{\mathrm{Im}[\mathcal{A}(s)]}{s^3} \,, \qquad (4.3)$$

where $a(c_s)$ and $b(c_s)$ are positive functions of $c_s < 1$ and vanish at $c_s = 1$. Unlike in relativistic theories, the right-hand side of (4.3) is not known to be positive, mainly because there is no non-relativistic analogue of crossing symmetry to constrain the integral for negative s. Despite this caveat, in specific examples the right-hand side is positive, in which case this expression puts constraints the amplitude and sign of c_4, in terms of c_3 and c_s.

5 Conclusions

Understanding the space of inflationary models and renormalization group flows are two central problems in fundamental physics. In both cases, the vast space of theories presents a serious challenge for organizing and classifying the possibilities. Inflation describes a time-dependent gravitational background, where dynamical effects such as particle production, thermalization and even eternal inflation may occur as part of the inflationary history. In contrast, RG flows can be nontrivial in the vacuum state and describing the range of possibilities remains an open problem even for relativistic theories in flat space. Nevertheless, we expect the space of viable inflationary models and RG flows to satisfy a common set of basic principles such as locality, causality and unitarity. In some cases, these principles can be distilled into sum rules which directly relate the long-distance phenomenology to the ultimate microscopic building blocks. Revealing new and unexpected connections in the properties of viable theories is a common goal for both fields.

Holography provides an interesting connection between inflation and special types of slow RG flow. Concretely, the EFT of Goldstone fluctuations during inflation [35] is in one-to-one correspondence with a similar EFT in AdS [34], where it maps to an RG flow in a relativistic and unitary QFT. In this paper, we explored the relationship between these effective field theories in more detail. We obtained new constraints on the parameters that controls the speed of propagation of scalar metric perturbations, called c_s and c_r in the two cases, respectively. The propagation speed c_r has a natural interpretation on the boundary as the speed at which an operator, initially localized in space, spreads under time evolution. Using deep inelastic scattering in the dual QFT, we derived the sum rule (3.36) for c_r

and one additional cubic interaction c_3, and showed that unitarity implies an interesting positivity constraint. This sum rule relates two parameters in the low-energy effective description to the UV behavior of the theory. In the limit $c_r \to 1$ causality requires c_3 to vanish and the sum rule requires an infinite number of higher-derivative operators to vanish as well. This suggests that the bulk theory becomes free as $c_r \to 1$. While an analogous sum rule for c_s has been obtained for inflation [5], it has (so far) not been possible to derive the same positivity properties. Such a positivity constraint would provide a valuable tool for interpreting the measurements of primordial non-Gaussianity from inflation, since it would turn any constraint on c_s into a bound on an infinite number of other operators.

More generally, the relation between the two EFTs studied in this paper suggests that a number of ideas developed in the context of inflation will have interesting analogues in RG flow. A deeper understanding of the allowed space of RG flows could therefore significantly impact our view on viable inflationary models, and vice versa. For example, we observed that fairly conventional inflationary models correspond in AdS to nearly scale-but-not-conformal field theories. Similarly, models like axion monodromy inflation [78, 79] would further motivate more exotic RG flows [80], including discrete scale invariance [81, 82], disorder [83] and Anderson localization [84, 85] along the RG flow. Our hope is that the flow of information works in both directions, such that our knowledge of relativistic QFT can be used to derive insights into inflation and our knowledge of the space of inflationary models can motivate new questions about the space of interesting RG flows.

Acknowledgments

A   Anomalous dimensions from holography

In this appendix, we compute the spin-2 moment of the DIS amplitude for the Goldstone action (2.22). The calculations will be performed in Poincaré coordinates, where the AdS metric takes the form

$$\mathrm{d}s^2 = \frac{\mathrm{d}z^2 + \ \mathrm{d}x_\alpha \mathrm{d}x^\alpha}{(\tilde{H}z)^2} \, . \tag{A.1}$$

The appearance of $\tilde{H} = c_r H$, rather than H, is a reminder that this is not the physical metric, but only the effective metric for the π-fluctuations in the $\tilde{r}$-coordinates introduced in section 2.2.

A.1 Contact diagrams

Whether or not a contact interaction contributes to a spin-s moment depends on the types of derivatives acting on the bulk-to-boundary propagators. It is easy to see that only a single interaction in (2.22), namely $\frac{1}{4!}\lambda_4(\partial\pi_c)^4$, contributes to the spin-2 moment. For this interaction, the DIS amplitude becomes

$$A(q,P) = \frac{16}{4!}\lambda_4\,c_r^4\left(\frac{f_\pi}{\tilde{H}}\right)^{d+1}\int\frac{\mathrm{d}z}{z^{d+1}}(P\cdot q)^2 z^4\frac{z^{2d}K_\nu(qz)^2 K_\nu(Pz)^2}{z_0^{2d}K_\nu(qz_0)^2 K_\nu(Pz_0)^2}\,, \qquad (A.2)$$

where $\nu\equiv\Delta-d/2$, the functions K_ν are Bessel functions arising from the bulk-to-boundary propagators, and z_0 is the regulator of the bulk AdS spacetime. Consistency of the amplitude requires that $qz_0 < 1$, but allows for $qz > 1$. Since the integral in (A.2) is exponentially suppressed for $qz > 1$, it has most of its support in the region $Pz \lesssim P/q \ll 1$. We can therefore expand the integrand in powers of $Pz \ll 1$, such that the amplitude becomes

$$A(q,P) \approx \frac{2}{3}\lambda_4\,c_r^4\left(\frac{f_\pi}{\tilde{H}}\right)^{d+1}\int\mathrm{d}z\,(P\cdot q)^2 z^{d+3}K_\nu(qz)^2\frac{1}{z_0^{2d}(a_\nu(qz_0)^{-\nu}+b_\nu(qz_0)^\nu)^2}\frac{z_0^{2\nu}}{z^{2\nu}}$$
$$\times\left[1+\cdots+\frac{b_\nu}{a_\nu}P^{4\nu}(z^{4\nu}-4z^{2\nu}z_0^{2\nu}+3z_0^6)\right], \qquad (A.3)$$

where $K_\nu(x\to 0) = a_\nu x^{-\nu}[1+\mathcal{O}(x^2)]+b_\nu x^\nu[1+\mathcal{O}(x^2)]$. To extract the spin-2 component, we isolate the piece scaling as $P^{4\nu}q^{-d-4}$, cf. (3.26). The relevant term in (A.3) is

$$A(q,P) \supset \frac{2}{3}\lambda_4\,c_r^4\left(\frac{f_\pi}{\tilde{H}}\right)^{d+1}(P\cdot q)^2 P^{4\nu}\int\mathrm{d}z\,z^{d+3}K_\nu(qz)^2\frac{(qz_0)^{2\nu}}{z_0^{2d}a_\nu^2}\frac{b_\nu^2}{a_\nu^2}z_0^{2\nu}z^{2\nu}\,,$$
$$= \frac{55}{24}\lambda_4\,\frac{f_\pi^4}{H^4}\frac{(2P\cdot q)^2 P^6}{q^7}\,, \qquad (A.4)$$

where, in the second line, we have evaluated the integral for $d = 3$. It is important that we calculated the coefficient of $P^{4\nu}$ in the limit $\nu\to 3/2$, to keep it distinct from semi-local terms that do not contribute to the anomalous dimension and scale as P^6 for general d and ν.

A.2 Exchange diagrams

Exchange diagrams involving two cubic vertices introduce an infinite series of terms containing powers of $P\cdot q$ arising from the momentum propagating in the internal line, namely $P\pm q$. This gives contributions to the DIS amplitude at all spins. The spin-2 component is again extracted by isolating the terms scaling as $P^{4\nu}q^{-d-4}$.

The Goldstone Lagrangian (2.22) has two cubic interactions

$$\mathcal{L}_{\mathrm{int}} = \frac{1}{3!}\frac{1}{f_\pi^{(d+1)/2}}\left[\lambda_3\,\partial_{\tilde{r}}\pi_c(\partial\pi_c)^2+\tilde{\lambda}_3\,(\partial_{\tilde{r}}\pi_c)^3\right], \qquad (A.5)$$

where $\lambda_3\equiv 12c_2/c_r$ and $\tilde{\lambda}_3\equiv(12c_2+8c_3)/c_r^3$. To compute the exchange contributions associated with these interactions, we need the following bulk-to-bulk and bulk-to-boundary

propagators

$$G_Q(z_1, z_2) = \mathcal{I}_Q(z_1)\mathcal{K}_Q(z_2)\,, \quad z_2 > z_1\,, \tag{A.6}$$

$$F_Q(z) = \frac{z^{d/2}K_\nu(Qz)}{z_0^{d/2}K_\nu(Qz_0)}\,, \tag{A.7}$$

where $\mathcal{I}_Q(z) = z^{d/2}I_\nu(Qz)$ and $\mathcal{K}_Q(z) = z^{d/2}K_\nu(Qz)$, with Q labelling the norm of the momentum in the transverse directions.

The contribution proportional to $\tilde{\lambda}_3^2$ is the most straightforward to calculate since all contractions are equivalent:

$$
\begin{aligned}
A(q,P)_{\tilde{\lambda}_3^2} = {}& 2\tilde{\lambda}_3^2\, c_r^4 \left(\frac{f_\pi}{\tilde{H}}\right)^{d+1} \int_0^\infty \frac{\mathrm{d}z_1}{(z_1)^{d+1}} \int_0^{z_1} \frac{\mathrm{d}z_2}{(z_2)^{d+1}} z_2^3 z_1^3 \\
& \times \left[F_P'(z_2)F_q'(z_1)\mathcal{I}_{Q_t}'(z_1)F_P'(z_2)F_q'(z_2)\mathcal{K}_{Q_t}'(z_2) + \{P \to -P\} \right],
\end{aligned}
\tag{A.8}
$$

where $' = z\partial_z$, $Q_t \equiv |P+q| = \sqrt{P^2+q^2+2P\cdot q}$. The contribution coming from $P \to -P$ is the u-channel exchange, while the t-channel vanishes for these momenta. Expanding in powers of $P\cdot q/q^2$, and extracting the term proportional to $P^{4\nu}q^{-d-4}$, we find

$$A(q,P)_{\tilde{\lambda}_3^2} \supset \frac{495}{512}\tilde{\lambda}_3^2 \frac{f_\pi^4}{H^4}\frac{(2P\cdot q)^2 P^6}{q^7}\,, \tag{A.9}$$

where we have set $d = 3$.

The amplitudes at order λ_3^2 and $\lambda_3\tilde{\lambda}_3$ are somewhat more involved as there are now contractions of the λ_3-vertex that are not equivalent. Dropping terms suppressed by powers of $(P/q)^2 \ll 1$, the contribution proportional to λ_3^2 is

$$
\begin{aligned}
A(q,P)_{\lambda_3^2} = {}& \frac{2}{9}\lambda_3^2\, c_r^4 \left(\frac{f_\pi}{\tilde{H}}\right)^{d+1} \int_0^\infty \frac{\mathrm{d}z_2}{(z_2)^{d+1}} \int_0^{z_2} \frac{\mathrm{d}z_1}{(z_1)^{d+1}} z_1^2 z_2^2 \\
& \Bigg(\Big[(P\cdot q)F_P(z_2)(F_q(z_1)\mathcal{I}_{Q_t}'(z_1) + F_q'(z_1)\mathcal{I}_{Q_t}(z_1)) - (q^2+P\cdot q)F_P'(z_2)F_q(z_1)\mathcal{I}_{Q_t}(z_1) \Big] \\
& \Big[(P\cdot q)F_P(z_2)(F_q(z_2)\mathcal{K}_{Q_t}'(z_2) + F_q'(z_2)\mathcal{K}_{Q_t}(z_2)) - (q^2+P\cdot q)F_P'(z_2)F_q(z_2)\mathcal{K}_{Q_t}(z_2) \Big] \\
& + \{P \to -P\} \Bigg)
\end{aligned}
\tag{A.10}
$$

$$\supset \frac{1045}{1536}\lambda_3^2 \frac{f_\pi^4}{H^4}\frac{(2P\cdot q)^2 P^6}{q^7}\,, \tag{A.11}$$

where, in the final line, we have evaluated the integrals for $d = 3$ and isolated the term with the correct scaling.

The computation of the $\lambda_3\tilde{\lambda}_3$ contribution is essentially a combination of the previous two. We take the integral in (A.10) and turn it into two new integrals: we first replace the z_1-integrand in (A.10) with the z_1-integrand from (A.8) (times 3 for combinatorics) and

then repeat the procedure, but with the z_2-integrand. Performing the integrals, for $d = 3$, we get

$$A(q, P)_{\lambda_3 \tilde{\lambda}_3} \supset -\frac{605}{256} \lambda_3 \tilde{\lambda}_3 \frac{f_\pi^4}{H^4} \frac{(2P \cdot q)^2 P^6}{q^7}. \tag{A.12}$$

The sign of this term is less significant than that of the other exchange diagrams, as it can be absorbed into the relative sign between the couplings λ_3 and $\tilde{\lambda}_3$.

The above results are still missing terms coming from derivatives acting on the step functions that implement the z-ordering of the full Green's function:

$$\mathcal{G}_Q(z_1, z_2) = \theta(z_2 - z_1) \, G_Q(z_1, z_2) + \theta(z_1 - z_2) \, G_Q(z_2, z_1). \tag{A.13}$$

Derivatives acting on $\theta(z_i - z_j)$ produce a delta function $\delta(z_i - z_j)$, which reduces the integral to a contact interaction. Because these terms are effectively contact terms, the internal propagator produces no additional $P \cdot q$ dependence. The only contributions to the spin-2 moment of the DIS amplitude can therefore arise from transverse derivatives acting on the external lines, which produces factors of $(P \cdot q)^2$. There is one such term coming from a specific contraction of the λ_3^2 diagram:

$$A(q, P)_{\lambda_3^2} \supset \frac{55}{72} \lambda_3^2 \frac{f_\pi^4}{H^4} \frac{(2P \cdot q)^2 P^6}{q^7}. \tag{A.14}$$

Had we calculated the spin-0 contribution to the amplitude, we would have had to include similar terms proportional to $\tilde{\lambda}_3^2$ and $\tilde{\lambda}_3 \lambda_3$.

Adding all the exchange contributions, we finally get

$$A(q, P) \supset \left[\frac{495}{512} \tilde{\lambda}_3^2 - \frac{605}{256} \lambda_3 \tilde{\lambda}_3 + \frac{6655}{4608} \lambda_3^2 \right] \frac{f_\pi^4}{H^4} \frac{(2P \cdot q)^2 P^6}{q^7}. \tag{A.15}$$

Despite the somewhat unusual numbers appearing in the coefficients, all of these terms are needed to make the contributions from the exchange diagrams manifestly positive.

B Relation to one-loop anomalous dimensions

Throughout our analysis in section 3, we have used constraints on the anomalous dimension γ_2 interchangeably with the positivity of the DIS amplitude itself. This connection appeared to arise accidentally in (3.26) after expanding to leading order in $\gamma_2 \ll 1$. What remains counterintuitive is that anomalous dimensions are usually associated with log-divergences and are therefore universal, while the DIS amplitude as a whole is not. In this appendix, we will explain this apparent coincidence by demonstrating that the anomalous dimension appearing in the DIS amplitude (3.26) necessarily agrees with the direct one-loop calculation.

Consider perturbing the boundary QFT by the spin-2 operator defined in (3.19),

$$S \to S + \lambda^{\alpha\beta} \int d^d x \, \mathcal{O}_{\alpha\beta}^{(2)}, \tag{B.1}$$

where $\lambda^{\alpha\beta}$ is a symmetric traceless tensor. The anomalous dimension of $\mathcal{O}^{(2)}_{\alpha\beta}$ can be extracted from the one-loop correction to the β-function via the relation

$$\beta^{\alpha\beta} = (d - \bar{\Delta} - \gamma_2)\lambda^{\alpha\beta}\,, \tag{B.2}$$

where $\bar{\Delta} = 2\Delta + 2$ for this spin-two operator and we have dropped terms beyond linear order in the coupling. To determine the β-function, we calculate the power spectrum of $\mathcal{O}$. Using (3.25), the tree level contribution, at linear order in $\lambda^{\alpha\beta}$, is

$$\langle\mathcal{O}(P)\mathcal{O}(-P)\rangle'_{\text{tree}} \supset 2(b_\Delta + 1)A_\mathcal{O}^2\lambda^{\alpha\beta}P_\alpha P_\beta P^{4\Delta-2d}\,, \tag{B.3}$$

where $A_\mathcal{O}$ and b_Δ were defined in (3.18) and (3.20), respectively. By writing the perturbation in momentum space, we see that the one-loop correction is obtained by gluing together two of the legs in the DIS amplitude,

$$\langle\mathcal{O}(P)\mathcal{O}(-P)\rangle'_{\text{1-loop}} = -(b_\Delta + 1)\int\frac{\mathrm{d}^d q}{(2\pi)^d}\lambda^{\alpha\beta}q_\alpha q_\beta\, A(q, P) \tag{B.4}$$

$$\supset \gamma_2(b_\Delta + 1)c(d)A_\mathcal{O}^2 P^{4\Delta-2d}\lambda^{\alpha\beta}P^\gamma P^\delta \int\frac{\mathrm{d}^d q}{(2\pi)^d}\, q^{-d-4}q_\alpha q_\beta q_\gamma q_\delta\,, \tag{B.5}$$

where, in the second line, we have substituted (3.26), as this leads to the only log-divergence relevant to the β-function. Using the symmetry of the integral and tracelessness of $\lambda^{\alpha\beta}$ to replace

$$\lambda^{\alpha\beta}P^\gamma P^\delta\, q_\alpha q_\beta q_\gamma q_\delta \to \frac{2}{d(d+2)}\lambda^{\alpha\beta}P_\alpha P_\beta q^4\,, \tag{B.6}$$

we find the following log-divergence:

$$2\gamma_2(b_\Delta + 1)A_\mathcal{O}^2 P^{4\Delta-2d}\lambda^{\alpha\beta}P_\alpha P_\beta \log\Lambda\,. \tag{B.7}$$

Comparing (B.3) to (B.7), we see that holding the power spectrum fixed requires

$$\beta^{\alpha\beta} = \frac{d\lambda^{\alpha\beta}}{d\log\Lambda} \supset -\gamma_2\lambda^{\alpha\beta}\,, \tag{B.8}$$

which proves that γ_2 is indeed the one-loop anomalous dimension; cf. (B.2).

C Propagation speeds for the DBI action

In this appendix, we study the specific effective theory arising from the DBI Lagrangian:

$$\mathcal{L} = -\Lambda^4\sqrt{1 + \frac{\partial_\mu\phi\partial^\mu\phi}{\Lambda^4}}\,. \tag{C.1}$$

This is the unique higher-derivative theory that is known to have a consistent UV completion. As we will see, in this case, all couplings of the EFT are determined in term of the propagation speeds c_s and c_r, for dS and AdS, respectively. We will determine the scaling of the EFT parameters in the limit $\{c_s, c_r\} \ll 1$.

C.1 Inflation

We first consider (C.1) in an inflationary background. We will take the flat-space limit, so that we can write $\phi = \dot{\phi}t + \varphi$, for $\dot{\phi} = const$. The Lagrangian then becomes

$$\mathcal{L} = -\Lambda^4 \sqrt{1 - \frac{\dot{\phi}^2}{\Lambda^4} - \frac{2\dot{\varphi}\dot{\phi}}{\Lambda^4} + \frac{\partial_\mu \varphi \partial^\mu \varphi}{\Lambda^4}} \tag{C.2}$$

$$= -\Lambda^4 c_s + \frac{1}{2c_s} \left[\frac{1}{c_s^2} \dot{\varphi}^2 - \partial_i \varphi \partial^i \varphi \right] + \mathcal{O}(\varphi^3), \tag{C.3}$$

where we have dropped a total derivative term proportional to $\dot{\varphi}$ and identified the sound speed as

$$c_s^2 \equiv 1 - \frac{\dot{\phi}^2}{\Lambda^4}. \tag{C.4}$$

We see that $c_s \to 0$ when $\dot{\phi}^2 \to \Lambda^4$.

To connect this to the Goldstone EFT of section 2.1, it is convenient to write the DBI action in terms of $U = t + \pi$, with $\pi \approx \varphi/\dot{\phi}$. In the limit $c_s \ll 1$, we then get

$$\mathcal{L} \approx -\Lambda^4 c_s \sqrt{1 + \frac{1}{c_s^2} (\partial_\mu U \partial^\mu U + 1)} \tag{C.5}$$

$$\approx -\Lambda^4 c_s \left[1 + \sum_{n=1}^{\infty} \frac{c_n}{n!} \frac{1}{c_s^{2n}} (\partial_\mu U \partial^\mu U + 1)^n \right], \tag{C.6}$$

where $c_n = \sqrt{\pi}/(2\,\Gamma[3/2 - n])$. We see that DBI naturally produces $M_n \propto c_s^{-2n+1}$, as anticipated with our choice of scaling in (2.9).

C.2 RG flow

Next, we repeat the exercise for the case of slow RG flow, where the evolution of ϕ is in the radial direction of the AdS background. We write $\phi = \phi' r + \varphi$, with $\phi' = const$, so that the DBI Lagrangian becomes

$$\mathcal{L} = -\Lambda^4 \sqrt{1 + \frac{\phi'^2}{\Lambda^4} + \frac{2\varphi'\phi'}{\Lambda^4} + \frac{\partial_\mu \varphi \partial^\mu \varphi}{\Lambda^4}} \tag{C.7}$$

$$= -\Lambda^4 c_r^{-1} + \frac{c_r}{2} \left[\dot{\varphi}^2 - \partial_i \varphi \partial^i \varphi - c_r^2 \varphi'^2 \right] + \mathcal{O}(\varphi^3), \tag{C.8}$$

where the infall speed is

$$c_r^{-2} = 1 + \frac{\phi'^2}{\Lambda^4}. \tag{C.9}$$

We see that $c_r \ll 1$ now requires $\phi'^2 \gg \Lambda^4$. Taking this limit, and ignoring potential concerns about the validity of the effective description,[11] the DBI Lagrangian becomes

$$\mathcal{L} \approx -f^4 \sqrt{1 + c_r^2 + (\partial_M U \partial^M U - 1)}, \tag{C.10}$$

---

[11]Naively, we might expect the description to break down at the scale Λ controlling the higher-derivative expansion in (C.1). However, the DBI action is UV-complete up to corrections that are proportional to the "acceleration" of the field. It is therefore reasonable to trust the theory even when $\phi' \gg \Lambda^2$, provided that ϕ'' is small.

where we have defined $f^4 \equiv \Lambda^2 |\phi'|$ and $U = r + \pi$, with $\pi = \varphi/\phi'$. Matching this to the expansion in (2.16), we find

$$M_2 = \left(\frac{1}{4} - \frac{3}{8} c_r^2 \right) f^4 , \tag{C.11}$$

$$M_3 = \left(-\frac{3}{8} + \frac{15}{16} c_r^2 \right) f^4 = -\frac{3}{2}(1 - c_r^2) M_2 . \tag{C.12}$$

In terms of the parameters c_2 and c_3 defined in (2.23), this becomes

$$c_3 = -\frac{3}{2}(1 - c_r^2) c_2 . \tag{C.13}$$

Using this in the sum rule (3.36), we find

$$(1 - c_r^2) + \frac{1}{16} \frac{(1 - c_r^2)^2}{c_r^2} = \frac{1}{55\pi} \left(\frac{f_\pi}{\tilde{H}} \right)^4 \lim_{q \to \infty} q^3 \int_0^1 \mathrm{d}x \, x \, \mathrm{Im}[A(x, q^2)] , \tag{C.14}$$

which relates the infall speed for DBI to an integral over the DIS amplitude. Notice that for $c_r \ll 1$, the left-hand side scales as c_r^{-2}, which is to be compared to the scaling c_r^{-6} for a generic higher-derivative theory. This cancelation calls for a deeper explanation.

References

[1] A. Adams, N. Arkani-Hamed, S. Dubovsky, A. Nicolis and R. Rattazzi, *Causality, analyticity and an IR obstruction to UV completion*, *JHEP* **10** (2006) 014 [hep-th/0602178] [INSPIRE].

[2] C. Vafa, *The String landscape and the swampland*, hep-th/0509212 [INSPIRE].

[3] J. Distler, B. Grinstein, R.A. Porto and I.Z. Rothstein, *Falsifying Models of New Physics via WW Scattering*, *Phys. Rev. Lett.* **98** (2007) 041601 [hep-ph/0604255] [INSPIRE].

[4] C. Cheung and G.N. Remmen, *Infrared Consistency and the Weak Gravity Conjecture*, *JHEP* **12** (2014) 087 [arXiv:1407.7865] [INSPIRE].

[5] D. Baumann, D. Green, H. Lee and R.A. Porto, *Signs of Analyticity in Single-Field Inflation*, *Phys. Rev.* **D 93** (2016) 023523 [arXiv:1502.07304] [INSPIRE].

[6] B. Bellazzini, M. Lewandowski and J. Serra, *Amplitudes' Positivity, Weak Gravity Conjecture and Modified Gravity*, arXiv:1902.03250 [INSPIRE].

[7] B. Bellazzini, F. Riva, J. Serra and F. Sgarlata, *Beyond Positivity Bounds and the Fate of Massive Gravity*, *Phys. Rev. Lett.* **120** (2018) 161101 [arXiv:1710.02539] [INSPIRE].

[8] B. Bellazzini, C. Cheung and G.N. Remmen, *Quantum Gravity Constraints from Unitarity and Analyticity*, *Phys. Rev.* **D 93** (2016) 064076 [arXiv:1509.00851] [INSPIRE].

[9] C. Cheung and G.N. Remmen, *Positivity of Curvature-Squared Corrections in Gravity*, *Phys. Rev. Lett.* **118** (2017) 051601 [arXiv:1608.02942] [INSPIRE].

[10] C. Cheung and G.N. Remmen, *Positive Signs in Massive Gravity*, *JHEP* **04** (2016) 002 [arXiv:1601.04068] [INSPIRE].

[11] C. de Rham, S. Melville, A.J. Tolley and S.-Y. Zhou, *Positivity Bounds for Massive Spin-1 and Spin-2 Fields*, *JHEP* **03** (2019) 182 [arXiv:1804.10624] [INSPIRE].

[12] C. de Rham, S. Melville and A.J. Tolley, *Improved Positivity Bounds and Massive Gravity*, *JHEP* **04** (2018) 083 [arXiv:1710.09611] [INSPIRE].

[13] C. de Rham, S. Melville, A.J. Tolley and S.-Y. Zhou, *UV complete me: Positivity Bounds for Particles with Spin*, *JHEP* **03** (2018) 011 [arXiv:1706.02712] [INSPIRE].

[14] C. de Rham, S. Melville, A.J. Tolley and S.-Y. Zhou, *Massive Galileon Positivity Bounds*, *JHEP* **09** (2017) 072 [arXiv:1702.08577] [INSPIRE].

[15] C. de Rham, S. Melville, A.J. Tolley and S.-Y. Zhou, *Positivity bounds for scalar field theories*, *Phys. Rev.* **D 96** (2017) 081702 [arXiv:1702.06134] [INSPIRE].

[16] Y. Hamada, T. Noumi and G. Shiu, *Weak Gravity Conjecture from Unitarity and Causality*, *Phys. Rev. Lett.* **123** (2019) 051601 [arXiv:1810.03637] [INSPIRE].

[17] W.-M. Chen, Y.-T. Huang, T. Noumi and C. Wen, *Unitarity bounds on charged/neutral state mass ratios*, *Phys. Rev.* **D 100** (2019) 025016 [arXiv:1901.11480] [INSPIRE].

[18] X.O. Camanho, J.D. Edelstein, J. Maldacena and A. Zhiboedov, *Causality Constraints on Corrections to the Graviton Three-Point Coupling*, *JHEP* **02** (2016) 020 [arXiv:1407.5597] [INSPIRE].

[19] C. Cordova, J. Maldacena and G.J. Turiaci, *Bounds on OPE Coefficients from Interference Effects in the Conformal Collider*, *JHEP* **11** (2017) 032 [arXiv:1710.03199] [INSPIRE].

[20] M. Henningson and K. Skenderis, *The Holographic Weyl anomaly*, *JHEP* **07** (1998) 023 [hep-th/9806087] [INSPIRE].

[21] M. Bianchi, D.Z. Freedman and K. Skenderis, *How to go with an RG flow*, *JHEP* **08** (2001) 041 [hep-th/0105276] [INSPIRE].

[22] M. Bianchi, D.Z. Freedman and K. Skenderis, *Holographic renormalization*, *Nucl. Phys.* **B 631** (2002) 159 [hep-th/0112119] [INSPIRE].

[23] A. Strominger, *The dS/CFT correspondence*, *JHEP* **10** (2001) 034 [hep-th/0106113] [INSPIRE].

[24] A. Strominger, *Inflation and the dS/CFT correspondence*, *JHEP* **11** (2001) 049 [hep-th/0110087] [INSPIRE].

[25] P. McFadden and K. Skenderis, *Holography for Cosmology*, *Phys. Rev.* **D 81** (2010) 021301 [arXiv:0907.5542] [INSPIRE].

[26] A.B. Zamolodchikov, *Irreversibility of the Flux of the Renormalization Group in a 2D Field Theory*, *JETP Lett.* **43** (1986) 730 [INSPIRE].

[27] H. Casini and M. Huerta, *On the RG running of the entanglement entropy of a circle*, *Phys. Rev.* **D 85** (2012) 125016 [arXiv:1202.5650] [INSPIRE].

[28] Z. Komargodski and A. Schwimmer, *On Renormalization Group Flows in Four Dimensions*, *JHEP* **12** (2011) 099 [arXiv:1107.3987] [INSPIRE].

[29] Z. Komargodski, *The Constraints of Conformal Symmetry on RG Flows*, *JHEP* **07** (2012) 069 [arXiv:1112.4538] [INSPIRE].

[30] C. Cordova, T.T. Dumitrescu and K. Intriligator, *Anomalies, renormalization group flows and the a-theorem in six-dimensional (1, 0) theories*, *JHEP* **10** (2016) 080 [arXiv:1506.03807] [INSPIRE].

[31] H. Casini and M. Huerta, *A c-theorem for the entanglement entropy*, *J. Phys.* **A 40** (2007) 7031 [cond-mat/0610375] [INSPIRE].

[32] H. Casini, E. Testé and G. Torroba, *Markov Property of the Conformal Field Theory Vacuum and the a Theorem*, *Phys. Rev. Lett.* **118** (2017) 261602 [arXiv:1704.01870] [INSPIRE].

[33] R.C. Myers and A. Sinha, *Holographic c-theorems in arbitrary dimensions*, *JHEP* **01** (2011) 125 [arXiv:1011.5819] [INSPIRE].

[34] J. Kaplan and J. Wang, *An Effective Theory for Holographic RG Flows*, *JHEP* **02** (2015) 056 [arXiv:1406.4152] [INSPIRE].

[35] C. Cheung, P. Creminelli, A.L. Fitzpatrick, J. Kaplan and L. Senatore, *The Effective Field Theory of Inflation*, *JHEP* **03** (2008) 014 [arXiv:0709.0293] [INSPIRE].

[36] P. Creminelli, M.A. Luty, A. Nicolis and L. Senatore, *Starting the Universe: Stable Violation of the Null Energy Condition and Non-standard Cosmologies*, *JHEP* **12** (2006) 080 [hep-th/0606090] [INSPIRE].

[37] O. Nachtmann, *Positivity constraints for anomalous dimensions*, *Nucl. Phys.* **B 63** (1973) 237 [INSPIRE].

[38] Z. Komargodski and A. Zhiboedov, *Convexity and Liberation at Large Spin*, *JHEP* **11** (2013) 140 [arXiv:1212.4103] [INSPIRE].

[39] A.L. Fitzpatrick, J. Kaplan, D. Poland and D. Simmons-Duffin, *The Analytic Bootstrap and AdS Superhorizon Locality*, *JHEP* **12** (2013) 004 [arXiv:1212.3616] [INSPIRE].

[40] T. Hartman, S. Jain and S. Kundu, *Causality Constraints in Conformal Field Theory*, *JHEP* **05** (2016) 099 [arXiv:1509.00014] [INSPIRE].

[41] S.H. Shenker and D. Stanford, *Black holes and the butterfly effect*, *JHEP* **03** (2014) 067 [arXiv:1306.0622] [INSPIRE].

[42] M. Mezei and D. Stanford, *On entanglement spreading in chaotic systems*, *JHEP* **05** (2017) 065 [arXiv:1608.05101] [INSPIRE].

[43] X. Chen, M.-x. Huang, S. Kachru and G. Shiu, *Observational signatures and non-Gaussianities of general single field inflation*, *JCAP* **01** (2007) 002 [hep-th/0605045] [INSPIRE].

[44] E. Witten, *Quantum gravity in de Sitter space*, in *Strings 2001: International Conference*, Mumbai, India, 5–10 January 2001 (2001) [hep-th/0106109] [INSPIRE].

[45] P.O. Mazur and E. Mottola, *Weyl cohomology and the effective action for conformal anomalies*, *Phys. Rev.* **D 64** (2001) 104022 [hep-th/0106151] [INSPIRE].

[46] J.M. Maldacena, *Non-Gaussian features of primordial fluctuations in single field inflationary models*, *JHEP* **05** (2003) 013 [astro-ph/0210603] [INSPIRE].

[47] F. Piazza and F. Vernizzi, *Effective Field Theory of Cosmological Perturbations*, *Class. Quant. Grav.* **30** (2013) 214007 [arXiv:1307.4350] [INSPIRE].

[48] D. Baumann and L. McAllister, *Inflation and String Theory*, Cambridge Monographs on Mathematical Physics, Cambridge University Press (2015) [arXiv:1404.2601] [INSPIRE].

[49] D. Baumann and D. Green, *Equilateral Non-Gaussianity and New Physics on the Horizon*, *JCAP* **09** (2011) 014 [arXiv:1102.5343] [ɪɴSPIRE].

[50] N. Arkani-Hamed and J. Maldacena, *Cosmological Collider Physics*, arXiv:1503.08043 [ɪɴSPIRE].

[51] N. Arkani-Hamed, D. Baumann, H. Lee and G.L. Pimentel, *The Cosmological Bootstrap: Inflationary Correlators from Symmetries and Singularities*, arXiv:1811.00024 [ɪɴSPIRE].

[52] I. Mata, S. Raju and S. Trivedi, *CMB from CFT*, *JHEP* **07** (2013) 015 [arXiv:1211.5482] [ɪɴSPIRE].

[53] PLANCK collaboration, *Planck 2018 results. IX. Constraints on primordial non-Gaussianity*, arXiv:1905.05697 [ɪɴSPIRE].

[54] D. Harlow and H. Ooguri, *Constraints on Symmetries from Holography*, *Phys. Rev. Lett.* **122** (2019) 191601 [arXiv:1810.05337] [ɪɴSPIRE].

[55] M.A. Luty, J. Polchinski and R. Rattazzi, *The a-theorem and the Asymptotics of 4D Quantum Field Theory*, *JHEP* **01** (2013) 152 [arXiv:1204.5221] [ɪɴSPIRE].

[56] A. Dymarsky, Z. Komargodski, A. Schwimmer and S. Theisen, *On Scale and Conformal Invariance in Four Dimensions*, *JHEP* **10** (2015) 171 [arXiv:1309.2921] [ɪɴSPIRE].

[57] A. Dymarsky, K. Farnsworth, Z. Komargodski, M.A. Luty and V. Prilepina, *Scale Invariance, Conformality and Generalized Free Fields*, *JHEP* **02** (2016) 099 [arXiv:1402.6322] [ɪɴSPIRE].

[58] Y. Nakayama, *Scale invariance vs conformal invariance*, *Phys. Rept.* **569** (2015) 1 [arXiv:1302.0884] [ɪɴSPIRE].

[59] X.-L. Qi, E.J. Davis, A. Periwal and M. Schleier-Smith, *Measuring operator size growth in quantum quench experiments*, arXiv:1906.00524 [ɪɴSPIRE].

[60] D.A. Roberts and B. Swingle, *Lieb-Robinson Bound and the Butterfly Effect in Quantum Field Theories*, *Phys. Rev. Lett.* **117** (2016) 091602 [arXiv:1603.09298] [ɪɴSPIRE].

[61] N. Afkhami-Jeddi, T. Hartman, S. Kundu and A. Tajdini, *Shockwaves from the Operator Product Expansion*, *JHEP* **03** (2019) 201 [arXiv:1709.03597] [ɪɴSPIRE].

[62] D.A. Roberts, D. Stanford and L. Susskind, *Localized shocks*, *JHEP* **03** (2015) 051 [arXiv:1409.8180] [ɪɴSPIRE].

[63] M. Mezei, *On entanglement spreading from holography*, *JHEP* **05** (2017) 064 [arXiv:1612.00082] [ɪɴSPIRE].

[64] I. Heemskerk, J. Penedones, J. Polchinski and J. Sully, *Holography from Conformal Field Theory*, *JHEP* **10** (2009) 079 [arXiv:0907.0151] [ɪɴSPIRE].

[65] A.L. Fitzpatrick, E. Katz, D. Poland and D. Simmons-Duffin, *Effective Conformal Theory and the Flat-Space Limit of AdS*, *JHEP* **07** (2011) 023 [arXiv:1007.2412] [ɪɴSPIRE].

[66] E. Hijano, P. Kraus, E. Perlmutter and R. Snively, *Witten Diagrams Revisited: The AdS Geometry of Conformal Blocks*, *JHEP* **01** (2016) 146 [arXiv:1508.00501] [ɪɴSPIRE].

[67] Z. Komargodski, M. Kulaxizi, A. Parnachev and A. Zhiboedov, *Conformal Field Theories and Deep Inelastic Scattering*, *Phys. Rev.* **D 95** (2017) 065011 [arXiv:1601.05453] [ɪɴSPIRE].

[68] A. Zhiboedov, *On Conformal Field Theories With Extremal a/c Values*, *JHEP* **04** (2014) 038 [arXiv:1304.6075] [INSPIRE].

[69] N. Afkhami-Jeddi, T. Hartman, S. Kundu and A. Tajdini, *Einstein gravity 3-point functions from conformal field theory*, *JHEP* **12** (2017) 049 [arXiv:1610.09378] [INSPIRE].

[70] D.M. Hofman and J. Maldacena, *Conformal collider physics: Energy and charge correlations*, *JHEP* **05** (2008) 012 [arXiv:0803.1467] [INSPIRE].

[71] D.M. Hofman, *Higher Derivative Gravity, Causality and Positivity of Energy in a UV complete QFT*, *Nucl. Phys.* **B 823** (2009) 174 [arXiv:0907.1625] [INSPIRE].

[72] T. Hartman, S. Jain and S. Kundu, *A New Spin on Causality Constraints*, *JHEP* **10** (2016) 141 [arXiv:1601.07904] [INSPIRE].

[73] D.M. Hofman, D. Li, D. Meltzer, D. Poland and F. Rejon-Barrera, *A Proof of the Conformal Collider Bounds*, *JHEP* **06** (2016) 111 [arXiv:1603.03771] [INSPIRE].

[74] M. Kulaxizi, A. Parnachev and A. Zhiboedov, *Bulk Phase Shift, CFT Regge Limit and Einstein Gravity*, *JHEP* **06** (2018) 121 [arXiv:1705.02934] [INSPIRE].

[75] S.B. Giddings and R.A. Porto, *The Gravitational S-matrix*, *Phys. Rev.* **D 81** (2010) 025002 [arXiv:0908.0004] [INSPIRE].

[76] J. Bonifacio, K. Hinterbichler, A. Joyce and R.A. Rosen, *Massive and Massless Spin-2 Scattering and Asymptotic Superluminality*, *JHEP* **06** (2018) 075 [arXiv:1712.10020] [INSPIRE].

[77] C. de Rham and A.J. Tolley, *The Speed of Gravity*, arXiv:1909.00881 [INSPIRE].

[78] R. Flauger, L. McAllister, E. Pajer, A. Westphal and G. Xu, *Oscillations in the CMB from Axion Monodromy Inflation*, *JCAP* **06** (2010) 009 [arXiv:0907.2916] [INSPIRE].

[79] A. Slosar et al., *Scratches from the Past: Inflationary Archaeology through Features in the Power Spectrum of Primordial Fluctuations*, arXiv:1903.09883 [INSPIRE].

[80] E. Kiritsis, F. Nitti and L. Silva Pimenta, *Exotic RG Flows from Holography*, *Fortsch. Phys.* **65** (2017) 1600120 [arXiv:1611.05493] [INSPIRE].

[81] S.R. Behbahani, A. Dymarsky, M. Mirbabayi and L. Senatore, *(Small) Resonant non-Gaussianities: Signatures of a Discrete Shift Symmetry in the Effective Field Theory of Inflation*, *JCAP* **12** (2012) 036 [arXiv:1111.3373] [INSPIRE].

[82] M. Flory, *Discrete scale invariance in holography revisited*, *Fortsch. Phys.* **66** (2018) 1700093 [arXiv:1711.03113] [INSPIRE].

[83] D. Green, *Disorder in the Early Universe*, *JCAP* **03** (2015) 020 [arXiv:1409.6698] [INSPIRE].

[84] M.A. Amin and D. Baumann, *From Wires to Cosmology*, *JCAP* **02** (2016) 045 [arXiv:1512.02637] [INSPIRE].

[85] M.A.G. Garcia, M.A. Amin, S.G. Carlsten and D. Green, *Stochastic Particle Production in a de Sitter Background*, *JCAP* **05** (2019) 012 [arXiv:1902.09598] [INSPIRE].