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Characterization of astrocytes throughout life in wildtype and APP/PS1 mice after early-life stress exposure

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Abstract

Background: Early-life stress (ES) is an emerging risk factor for later life development of Alzheimer’s disease (AD). We have previously shown that ES modulates amyloid-beta pathology and the microglial response to it in the APPswe/PS1dE9 mouse model. Because astrocytes are key players in the pathogenesis of AD, we studied here if and how ES affects astrocytes in wildtype (WT) and APP/PS1 mice and how these relate to the previously reported amyloid pathology and microglial profile.

Methods: We induced ES by limiting nesting and bedding material from postnatal days (P) 2–9. We studied in WT mice (at P9, P30, and 6 months) and in APP/PS1 mice (at 4 and 10 months) (i) GFAP coverage, cell density, and complexity in hippocampus (HPC) and entorhinal cortex (EC); (ii) hippocampal gene expression of astrocyte markers; and (iii) the relationship between astrocyte, microglia, and amyloid markers.

Results: In WT mice, ES increased GFAP coverage in HPC subregions at P9 and decreased it at 10 months. APP/PS1 mice at 10 months exhibited both individual cell as well as clustered GFAP signals. APP/PS1 mice when compared to WT exhibited reduced total GFAP coverage in HPC, which is increased in the EC, while coverage of the clustered GFAP signal in the HPC was increased and accompanied by increased expression of several astrocytic genes. While measured astrocytic parameters in APP/PS1 mice appear not be further modulated by ES, analyzing these in the context of ES-induced alterations to amyloid pathology and microglial shows alterations at both 4 and 10 months of age.

Conclusions: Our data suggest that ES leads to alterations to the astrocytic response to amyloid-β pathology.

Keywords: GFAP, Early stress, Aβ pathology, APP/PS1, Astrocytes, Glia

Background

Early-life stress (ES) has been associated with cognitive deficits in adulthood [1–4], and there is emerging evidence that ES also increases the risk for developing Alzheimer’s disease (AD) [5, 6]. For example, among children who have experienced physical neglect, mild cognitive impairment, considered a prodromal phase of AD, is more frequently observed [7]. Moreover, parental loss and stress during childhood have been associated with an increased risk of developing AD [8–10]. The use of pre-clinical ES models has provided important insights into some of the mechanisms that might mediate ES-induced increases in AD risk. For example, ES in different rodent models modulates the aggregation of amyloid beta (Aβ), one of the neuropathological hallmarks of
AD [11]. ES further triggers an earlier onset of Aβ plaques [12], and increases Aβ plaque load [12–14], which is accompanied by exacerbated cognitive impairment and shorter survival in AD mouse models [12, 13, 15, 16], but see [17], where ES did not further exacerbate cognitive impairments, indicative of floor effects, which highlights the importance of the specific tasks, timing, and protocols performed.

Astrocytes are one of the most studied cell types in the context of AD. In fact, in response to Aβ pathology, astrocytes acquire a reactive phenotype characterized by upregulation of glial fibrillary acidic protein (GFAP) (i.e., astrogliosis) [18, 19]. Such alterations in astrocyte reactivity have been consistently shown in both AD patients [18, 20–22] and rodent models of AD [23, 24]. Astrocytes are vital for synaptogenesis [25–27], which is highly disrupted by AD pathology [28–30] (for review see [31]), and is strongly correlated with cognitive decline [32].

Interestingly, there is emerging evidence that astrocytes are also implicated in effects of ES (reviewed in [33]). ES leads to immediate and permanent changes in astrocyte number and morphology [34–38] that may contribute to cognitive deficits. Furthermore, we have shown that ES leads to persistent alterations in microglia up to the age of 10 months. Microglia are essential in the immune response to Aβ [39] and exhibit an aggravated inflammatory response to Aβ pathology in AD mice previously exposed to ES [14]. However, astrocytes are also crucial in governing inflammatory responses, and astrocytes and microglia closely interact during AD-related neuroinflammation [40–43]. For example, both microglia and astrocytes cluster around accumulating Aβ in clinical and pre-clinical brains [11]. Furthermore, Aβ pathology in AD mice triggers cytokine release from both cell types [44], as well as a pro-inflammatory transcriptome, the latter effect being more pronounced in astrocytes [45].

We therefore set out to study the involvement of astrocytes in the ES-induced modulation of later AD pathology. We hypothesize that ES persistently affects astrocytes and may thereby contribute to the aggravation of AD pathology following ES exposure. We present here (i) effects of ES on astrocytes across different ages (P9, P30, and 6 months), (ii) effects of ES on the astrocytic response to Aβ accumulation during early (4 months) and advanced (10 months) pathological stages in the hippocampus (HPC) and entorhinal cortex (EC), and (iii) how these measures relate to the Aβ pathology and microglial markers previously reported in the same cohort [14].

Methods

Animals and breeding

C57Bl/6J and bigenic APPswe/PS1dE9 hemizygous animals on a C57Bl/6J background were used. APP/PS1 mice express mutated versions of the APP and PS1 proteins under the mouse prion promoters, containing a chimeric mouse/human amyloid precursor protein with the Swedish mutation (K595N/M596L) and the presenilin-1 protein with a deletion on exon 9 [46, 47]. Experimental animals were bred in house as described previously [48]. In total, three cohorts of male WT C57Bl/6 J mice of different ages (P9, P30, and 6 months) and two cohorts of male WT/APP/PS1 mice of different ages (4 months and 10 months) were used for experiments. All mice were kept under standard housing conditions (temperature 20–22 °C, 40–60% humidity level, chow/water ad libitum, 12/12 h light/dark schedule). Experiments were approved by the Animal Experiment Committee of the University of Amsterdam and performed in accordance with European Union (EU) directive 2010/63/EU.

Early-life stress paradigm

The ES paradigm consisted of limiting nesting and bedding material from P2 to P9 as described previously [48]. Briefly, at P2, litters were randomly assigned to control (CTL) or ES condition. CTL litters received standard nesting and bedding material. ES litters were placed on a fine-gauge stainless-steel mesh positioned 1 cm above the cage floor with half the amount of nesting material. At P9, pups were moved to standard cages or sacrificed (P9 cohort). This ES model has been shown to lead to decreased body weight gain, increased adrenal weights, and decreased dentate gyrus volume in pups at P9 [48]. We assessed all of these also in our current cohort to confirm the effectiveness of the ES exposure. Dentate gyrus volume was measured using the Cavalieri principle, by multiplying the total area measured in images with the thickness of the slice, as well as the number of parallel series created per brain.

Tissue preparation

Mice were sacrificed via transcardial perfusion (P9, P30, 4, 6, and 10 months) or rapid decapitation (P9, 4, and 10 months), and tissue was harvested for either immunohistochemical or gene expression analyses, respectively. To collect brain material for immunohistochemical purposes, mice (P9: WT-CTL n = 7, WT-ES n = 6; P30: WT-CTL n = 4, WT-ES n = 6; 4 months: WT-CTL n = 10, WT-ES n = 11, APP/PS1-CTL n = 7, APP/PS1-ES n = 7; 6 months: WT-CTL n = 4, WT-ES n = 8; 10 months: WT-CTL n = 7, WT-ES n = 8, APP/PS1-CTL n = 5, APP/PS1-ES n = 4) were anesthetized via an intraperitoneal injection of pentobarbital (120 mg/kg Euthasol®) and transcardially perfused with 0.9% saline followed by 4% paraformaldehyde in phosphate buffer (PB 0.1 M, pH 7.4). The brains were harvested as previously described [14], sliced in 40 μm thick coronal sections (4 parallel series for P9, 6
parallel series for adult) and stored in antifreeze solution (30% Ethylene glycol, 20% Glycerol, 50% 0.05 M PBS) at −20 °C until further processing. To collect the brain material for gene expression analyses, mice (P9: WT CTL n = 8, WT ES n = 5; 4 months: WT-CTL n = 7, WT-ES n = 6, APP/PS1-CTL n = 5, APP/PS1-ES n = 4; 10 months: WT-CTL n = 6, WT-ES n = 11, APP/PS1-CTL n = 6, APP/PS1-ES n = 6) were sacrificed via rapid decapitation and hippocampi were quickly dissected and snap-frozen on dry ice. RNA was extracted from hippocampi using the TRIzol method (TRIzol, Invitrogen). Reverse transcription of RNA to cDNA was performed using SuperScript® III Reverse Transcriptase (Invitrogen), and cDNA samples were stored at −20 °C until further processing.

Immunohistochemistry
Free-floating brain sections were incubated with primary (polyclonal rabbit anti-GFAP, 1:10000, Dako) and secondary antibody (goat anti-rabbit, 1:200, Vector biotinylated), followed by 90 min incubation with avidin-biotin complex (ABC elite kit, 1:800, Vectastain, Brunschwig Chemie). Subsequently, for chromogen development, sections were incubated with 0.5 mg/mL 3,3′-diaminobenzidine (DAB) with 0.01% H2O2 in 0.05 M TB. After DAB staining, sections were mounted on precoated glass slides (Superfrost Plus slides, Menzel) followed by coverslipping. Volume estimations of the P9 DG were obtained by measuring DG tracings of 6 bilateral sections to estimate the total surface area in square micrometers, which was multiplied by the number of series (4) and section thickness (40 μm).

RT-qPCR
Relative gene expression was assessed via PCR amplification of cDNA using the Hot FirePol Eva-green qPCR supermix (Solis Biodyne) and measured using the 7500 Real-time PCR system (Applied Biosystems). Primer sequences are listed in Table 1 and obtained 90–110% efficiency. Relative gene expression was calculated using the ΔΔCt method in qBASE (Biogazelle) after normalization to at least two stable (M < 0.5, CV < 0.25) reference genes (RPL13A, RPL0, SDHA) not altered by experimental conditions [49, 50]. These experiments were done in triplicate, with Ct values within 0.5 of each other being averaged for analyses.

GFAP quantification
GFAP+ astrocyte coverage (global and clustered GFAP), cell density, and individual cell complexity were analyzed in immunostained sections. For coverage and cell density analyses, sections were imaged with a 10x objective on a Nikon Eclipse light microscope. To ensure representative analyses of the whole hippocampus, we took rostro-caudal sections located between the bregma levels −1.34 to −3.80. We used 6 slices in the P9 samples and 7–8 slices in the P30, P180, and 10-month samples. In analyzing the EC in 4-month and 10-month samples, we took 2 sections between the bregma −3.64 to −4.16. Whole HPC and hippocampal subregions dentate gyrus (DG), stratum lacunosum-moleculare (SLM), and cornu ammonis (CA), (CA1, CA2, CA3 separately for P9 cohort) and the EC (4 months and 10 months WT/APP/PS1) were traced using ImageJ software. After tracing, images were converted to 8-bit black-and-white images in ImageJ. A fixed threshold was determined for each cohort to determine the percentage of immunoreactive stained area (coverage). The total thresholded signals and areas of interest across different bregma points analyzed were averaged, producing a single coverage data-point per animal. In order to measure clustered GFAP,

<table>
<thead>
<tr>
<th>Table 1 Primer sequences for RT-qPCR</th>
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<tr>
<td><strong>Target gene</strong></td>
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<tr>
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<td>Rpl0</td>
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<td><strong>Astrocyte genes</strong></td>
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<td>Gfap</td>
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<td>Glut1</td>
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<td>Glut5</td>
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<td>Vimentin</td>
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Abbink et al. Journal of Neuroinflammation (2020) 17:91
variable was analyzed with unpaired Student's t test. Data with both condition (CTL/ES) as predictor variables were analyzed using two-way ANOVA. In case of significant interaction effects, post hoc analyses were performed using Tukey's post hoc test. For data from the Sholl analyses, where multiple cells from one animal were analyzed, the contribution of animal was tested and corrected for as well. Differences between areas under the curve (AUC) and the number of primary processes were analyzed by fitting into a linear model while correcting for nested within animal effects using the nlme package in R [54]. Sholl analyses bar graphs and correlation matrices were generated using the ggcorrplot package [55] in R. Pearson correlations were calculated based on complete pairwise cases. Correlation coefficients were tested against critical values on a two-tailed distribution (alpha = 0.05) based on the number of complete cases per comparison. Correlation plots were generated via the ggplot2 package [56] in R.

**Results**

**ES increases GFAP expression at P9 in WT mice, which disappears at P30 and 6 months**

ES led to physiological signs of stress in the pups, including decreased body weight gain between P2 and P9 (t(7) = 4.596, p = 0.002), increased adrenal gland weight (t(9) = -3.591, p = 0.006), and decreased DG volume at P9 (t(11) = 2.368, p = 0.037) (data not shown).

The effect of ES on astrocyte GFAP coverage, GFAP+ cell density, and GFAP+ cell complexity in WT animals was analyzed across different ages. At P9, there was significantly increased GFAP coverage in the SLM, which was unaffected in the other hippocampal subregions (Fig. 1a (CTL) and Fig. 1b (ES); HPC: t(7.095) = -2.029, p = 0.082; DG: t(11) = -1.876, p = 0.087; CA: t(7.372) = -2.190, p = 0.063 Fig. 1c; SLM t(7) = -3.289, p = 0.007 Fig. 1d). No differences in GFAP+ cell numbers were found (hilus: t(11) = -1.158, p = 0.272; CA1: t(11) = -0.458, p = 0.656; SLM: t(11) = 0.869, p = 0.403 Fig. 1e), nor could differences in cell complexity be demonstrated (number of intersections AUC: t(10) = 0.099, p = 0.923 Fig. 1f; number of primary processes: t(10) = -0.6071, p = 0.557) in the SLM of P9 mice. Gene expression analyses revealed no changes in mRNA expression of any of the astrocyte markers between CTL and ES at P9 (see Table 2).

At P30, no differences in GFAP coverage were found in the whole HPC or hippocampal subregions (HPC: t(8) = -0.995, p = 0.349; DG: t(8) = -0.721, p = 0.492; CA: t(8) = -1.070, p = 0.316).

At 6 months, there were no differences in the HPC and its subregions in GFAP coverage (Fig. 1g (CTL) and Fig. 1h (ES) HPC: t(10) = 2.054, p = 0.067; DG: t(10) = 1.909, p = 0.085; CA: t(10) = 2.127, p = 0.059 Fig. 1i; SLM: t(10) = 2.128, p = 0.059 Fig. 1j). A decrease in GFAP+ cell density after ES was found in the hilus (t(10) = 3.169, p = 0.010) but not in other hippocampal subregions (CA1: t(10) = -0.956, p = 0.362; SLM: t(10) = 2.128, p = 0.059).
(10) = 1.472, \( p = 0.172 \) Fig. 1k; DG: \( t(10) = 0.773, \ p = 0.457 \). Furthermore, no alteration in cell complexity was found at 6 months (number of intersections AUC: \( t(9) = -0.711, \ p = 0.495 \) Fig. 1l; primary processes: \( t(9) = -1.753, \ p = 0.114 \)).

**ES and amyloid pathology do not affect expression of GFAP and astrocyte-related genes at 4 months**

In Fig. 2, example images of GFAP coverage of 4-month-old transgenic mice are shown for the HPC: APP/PS1-CTL (Fig. 2a), APP/PS1-ES (Fig. 2b), and the EC: APP/PS1-CTL (Fig. 2d), APP/PS1-ES (Fig. 2e). At 4 months, there was no difference in GFAP coverage induced by either ES or APP1/PS1 overexpression in hippocampal subregions or the EC (HPC: \( F_{\text{condition}}(1, 31) < 0.000, \ p = 0.986, F_{\text{genotype}}(1, 31) = 1.650, \ p = 0.208, F_{\text{condition*genotype}}(1, 31) = 1.700, \ p = 0.202 \) Fig. 2c; DG: \( F_{\text{condition}}(1, 31) = 0.094, \ p = 0.761, F_{\text{genotype}}(1, 31) = 0.967, \ p = 0.333, F_{\text{condition*genotype}}(1, 31) = 1.425, \ p = 0.242; CA: \( F_{\text{condition}}(1, 31) = 0.059, \ p = 0.810, F_{\text{genotype}}(1, 31) = 1.690, \ p = 0.203, F_{\text{condition*genotype}}(1, 31) = 1.879, \ p = 0.180 \); EC: \( F_{\text{condition}}(1, 28) = 0.807, \ p = 0.377, F_{\text{genotype}}(1, 28) = 0.982, \ p = 0.330, F_{\text{condition*genotype}}(1, 28) = 0.604, \ p = 0.444 \) Fig. 2f).
Gene expression analyses show that ES increased Fasn gene expression levels at 4 months without affecting the other genes that were analyzed (see Table 2).

The effects of amyloid pathology and ES in the EC and HPC of 10-month-old mice

**Amyloid pathology increases GFAP expression in the EC at 10 months, which is not further affected by ES**

In Fig. 3, example images of GFAP coverage of 10-month-old mice are shown for the EC of WT-CTL (Fig. 3a), WT-ES (Fig. 3b), APP/PS1-CTL (Fig. 3c), and APP/PS1-ES (Fig. 3d). Clustering of GFAP is observed in APP/PS1 but not WT mice. In the EC, APP/PS1 causes a global increase in GFAP coverage that is not further affected by ES (EC: $F_{condition}(1, 20) = 0.488$, $p = 0.493$, $F_{genotype}(1, 20) = 12.002$, $p = 0.002$, $F_{condition*genotype}(1, 20) = 3.447$, $p = 0.078$ Fig. 3e). Furthermore, APP/PS1 increased cytoskeletal complexity of GFAP+ cells in the EC, as measured by the area under the curve ($T_{condition(1, 19)} = 0.898$, $p = 0.3805$, $T_{genotype(1, 19)} = 5.425$, $p < 0.001$, $T_{condition*genotype(1, 20)} = −1.397$, $p = 0.179$ Fig. 3f, g), but did not change the number of primary processes ($T_{condition(1, 20)} = −0.649$, $p = 0.524$, $T_{genotype(1, 20)} = 1.690$, $p = 0.107$, $T_{condition*genotype(1, 20)} = 0.857$, $p = 0.401$ Fig. 3h).

**Effects of amyloid pathology and ES on global and clustered GFAP expression and astrocyte-related gene expression in the HPC at 10 months**

In Fig. 4, example images of GFAP coverage of 10-month-old mice are shown for the HPC of WT-CTL (Fig. 4a), WT-ES (Fig. 4b), APP/PS1-CTL (Fig. 4c), and APP/PS1-ES (Fig. 4d). Clustering of GFAP is observed in APP/PS1 but not WT mice. At 10mo, global GFAP expression in the HPC was affected by both APP/PS1

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**Table 2** Gene expression results. Each row is a tested gene; each column indicates the $p$ value for condition, genotype, and interaction effects, and direction of change when $p < 0.05$

<table>
<thead>
<tr>
<th>Gene</th>
<th>P9 gene expression</th>
<th>4-month gene expression</th>
<th>10-month gene expression</th>
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<tr>
<td></td>
<td>ES</td>
<td>APP/PS1</td>
<td>Interaction</td>
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<td>$p = 0.114$</td>
<td>$p = 0.708$</td>
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**Fig. 2** ES does not affect GFAP expression in the HPC or EC of 4-month-old-mice. Representative images of GFAP expression in the HPC of APP/PS1-CTL (a) and APP/PS1-ES (b) mice and the EC of APP/PS1-CTL (d) and APP/PS1-ES (e) mice. Both ES and APP/PS1 did not alter GFAP expression in either the HPC (c) or EC (f) of 4-month-old mice. Statistical analyses were performed using two-way ANOVA. Scale bars 250 μm.
overexpression and ES (HPC: $F_{\text{condition}(1, 20)} = 11.914$, $p = 0.003$, $F_{\text{genotype}(1, 20)} = 6.419$, $p = 0.020$, $F_{\text{condition} \times \text{genotype}(1, 20)} = 4.458$, $p = 0.048$ Fig. 4e). Post hoc analyses revealed a significant difference between CTL and ES in WT animals, with GFAP coverage being decreased after ES exposure (WT-CTL–WT-ES: $p = 0.001$ Fig. 4e) but not in APP/PS1 animals (APP/PS1-CTL–APP/PS1-ES: $p = 0.832$ Fig. 4e). APP/PS1-CTL mice had significantly decreased GFAP coverage compared to WT-CTL mice (WT-CTL–APP/PS1-CTL: $p = 0.015$ Fig. 4e), but this was not the case in ES mice (WT-ES–APP/PS1-ES: $p = 0.991$ Fig. 4e). As for the specific HPC subregions, in the DG, expression of global GFAP was differentially affected by APP/PS1 in ES animals as compared to CTL animals (DG: $F_{\text{condition}(1, 20)} = 12.830$, $p = 0.002$, $F_{\text{genotype}(1, 20)} = 10.874$, $p = 0.004$). While GFAP expression was unaltered by APP/PS1 in CTL animals (WT-CTL–APP/PS1-CTL: $p = 0.608$), it was increased after ES in transgenic mice (WT-ES–APP/PS1-ES: $p = 0.015$). Also here, ES decreased GFAP coverage in WT (WT-CTL–WT-ES: $p < 0.001$) but not APP/PS1 mice (APP/PS1-CTL–APP/PS1-ES: $p = 0.998$).

In the CA region of the HPC, both ES exposure and APP/PS1 overexpression decreased global GFAP coverage (CA: $F_{\text{condition}(1, 20)} = 10.030$, $p = 0.005$, $F_{\text{genotype}(1, 20)} = 21.457$, $p < 0.001$, $F_{\text{condition} \times \text{genotype}(1, 20)} = 1.893$, $p = 0.184$ Fig. 4f). Interestingly, when GFAP coverage was separately analyzed in the SLM region of the CA, APP/PS1 increased while ES decreased global GFAP expression (SLM: $F_{\text{condition}(1, 20)} = 20.190$, $p < 0.001$, $F_{\text{genotype}(1, 20)} = 13.812$, $p = 0.001$, $F_{\text{condition} \times \text{genotype}(1, 20)} = 0.786$, $p = 0.386$ Fig. 4g). Cell complexity analyses showed no differences in either the number of intersections (HPC AUC: $T_{\text{condition}(1, 20)} = 1.526$, $p = 0.143$, $T_{\text{genotype}(1, 20)} = 0.290$, $p = 0.775$, $T_{\text{condition} \times \text{genotype}(1, 20)} = 998$, $p = 0.330$ Fig. 4h) or primary processes (HPC: $T_{\text{condition}(1, 20)} = 0.001$, $p = 0.002$, $T_{\text{genotype}(1, 20)} = 0.608$, $p = 0.004$). While global GFAP coverage was decreased by APP/PS1, clustering of GFAP immuno-reactive signal was observed in the transgenic animals (Fig. 4a–c, d). For this reason, we performed an additional analysis aimed at unraveling the alterations in clustering of GFAP (see Methods). Example pictures of the masking are shown in Fig. 4i–l. We confirm the earlier found decrease in GFAP as induced by ES in the HPC (Fig. 4m).

Although global GFAP coverage was decreased by APP/PS1, clustering of GFAP immuno-reactive signal was observed in the transgenic animals (Fig. 4a–c, d). For this reason, we performed an additional analysis aimed at unraveling the alterations in clustering of GFAP (see Methods). Example pictures of the masking are shown in Fig. 4i–l. We confirm the earlier found decrease in GFAP as induced by ES in the HPC (Fig. 4m). However, clustered GFAP signal was increased in APP/PS1 mice (HPC: $F_{\text{condition}(1, 20)} = 19.972$, $p < 0.001$, $F_{\text{genotype}(1, 20)} = 33.749$, $p < 0.001$, $F_{\text{condition} \times \text{genotype}(1, 20)} = 4.288$, $p = 0.052$ Fig. 4m). Similar effects were found in the CA (CA: $F_{\text{condition}(1, 20)} = 13.734$, $p = 0.001$, $F_{\text{genotype}(1, 20)} = 5.970$, $p = 0.24$, $F_{\text{condition} \times \text{genotype}(1, 20)} = 2.451$, $p = 0.133$ Fig. 4n) and SLM (SLM: $F_{\text{condition}(1, 20)} = 19.974$, $p < 0.001$, $F_{\text{genotype}(1, 20)} = 31.041$, $p < 0.001$, $F_{\text{condition} \times \text{genotype}(1, 20)} = 0.127$, $p = 0.725$ Fig. 4o).

In the DG, expression of GFAP was differentially affected by APP/PS1 in ES animals as compared to CTL animals (DG: $F_{\text{condition}(1, 20)} = 12.375$, $p = 0.002$, $F_{\text{genotype}(1, 20)} = 77.601$, $p < 0.001$, $F_{\text{condition} \times \text{genotype}(1, 20)} = 6.695$, $p = 0.015$). Further post hoc testing revealed a significant difference between CTL and ES in WT animals, with GFAP coverage being decreased after ES exposure (WT-CTL–WT-ES: $p < 0.001$) but not in the APP/PS1 animals (APP/PS1-CTL–APP/PS1-ES: $p = 0.935$). APP/
PS1 significantly increased GFAP coverage in both CTL animals (WT-CTL–APP/PS1-CTL: $p = 0.001$) and ES animals (WT-ES–APP/PS1-ES: $p < 0.001$).

Gene expression levels at 10 months were affected by APP/PS1 overexpression but not by ES (see Table 2). In 10-month-old animals, APP/PS1 overexpression increased mRNA levels of Aqp4, Gfap, and Vimentin, and decreased Aldh1l1.

The interaction of astrocytes and microglia in ES and amyloid pathology

We have previously described microglial profile and amyloid load in the same cohort of mice used in this study (summarized in Fig. 5a). This allowed us to investigate the link between GFAP coverage and this current set of data. As Aβ protein in APP/PS1 mice is present as cell-associated amyloid at early stages of pathology, and as extracellular plaques at later stages of pathology, we used cell-associated amyloid for 4 months data and plaque load for 10 months data.

Normalized GFAP coverage to cell-associated amyloid in the DG but not in CA region in 4 months APP/PS1 mice (DG: Mann-Whitney $U = 5.0$, $p = 0.0221$, Fig. 5b, CA: $t (11) = 1.532$, $p = 0.1538$, not shown). In the 10 months APP/PS1 mice clustered, but not global, GFAP signal in the DG when normalized to extracellular amyloid plaque-load is decreased, (masked GFAP DG: $t (6) = 4.691$, $p = 0.0034$; masked GFAP CA: $t (6) = 0.4$, $p = 0.703$; global GFAP CA: $t (7) = 0.603$, $p = 0.566$; global GFAP DG: $t (7) = 2.096$, $p = 0.0743$). To further explore
interactions between the stainings for astrocytes (GFAP), microglia (Iba1, CD68) and Amyloid pathology (6E10), we created correlation matrices of the data derived from the stainings, shown in Fig. 5d (4-month-old APP/PS1 mice) and Fig. 5e (10-month-old APP/PS1 mice). Correlation coefficients and matrices were also calculated and created for WT mice (Supplementary Fig. 1).

**Interaction of GFAP, amyloid pathology, and microglia at 4 months**

Amyloid pathology did not correlate with GFAP (CA: $r = 0.211$, $p = 0.469$; DG: $r = 0.422$, $p = 0.133$) or Iba1 (CA: $r = 0.328$, $p = 0.215$; DG: $r = -0.055$, $p = 0.841$) expression in the HPC. In contrast, the number of Aβ-positive cells at 4 months was negatively correlated to expression of the microglial phagocytic marker CD68 (DG: $r = -0.561$, $p = 0.046$, Fig. 5f; CA: $r = -0.4594$, $p = 0.099$). When exploring the relationship between astrocyte and microglial markers in the HPC in WT and APP/PS1 mice, while we do not find significant correlations between astrocytes and microglial markers in the HPC, the magnitude of the correlation coefficients in WT mice (Supplementary Fig. 1) was much stronger than in APP/PS1 mice. This was the case for both the CA (WT GFAP vs Iba1: $r = 0.376$, $p = 0.124$; WT GFAP vs CD68: $r = 0.504$, $p = 0.056$; APP/PS1 GFAP vs Iba1: $r = 0.151$, $p = 0.606$; APP/PS1 GFAP vs CD68: $r = 0.022$, $p = 0.947$) and the DG (WT GFAP vs Iba1: $r = 0.391$, $p = 0.109$; WT GFAP vs CD68: $r = 0.311$, $p = 0.260$; APP/PS1 GFAP vs Iba1: $r = -0.116$, $p = 0.694$; APP/PS1 GFAP vs CD68: $r = 0.153$, $p = 0.655$).

**Interaction of GFAP, amyloid pathology, and microglia at 10 months**

Plaque load did not significantly correlate with Iba1 (CA: $r = 0.043$, $p = 0.906$; DG: $r = -0.283$, $p = 0.428$), CD68 (CA: $r = 0.170$, $p = 0.687$; DG: $r = -0.398$, $p = 0.329$), or GFAP (CA: $r = -0.599$, $p = 0.089$; DG: $r = -0.064$, $p = 0.870$). Similarly, there was no correlation at this age between total Aβ and either Iba1 (CA: $r = 0.073$, $p = 0.841$; DG: $r = -0.119$, $p = 0.743$), CD68 (CA: $r = 0.084$, $p = 0.843$; DG: $r = -0.166$, $p = 0.694$) or GFAP (CA: $r = -0.473$, $p = 0.198$; DG: $r = -0.085$, $p = 0.827$). Regarding the relationship between astrocytes and microglia, hippocampal GFAP expression was not significantly correlated with Iba1 expression in 10-month-old WT (CA: $r = 0.140$, $p = 0.620$; DG: $r = 0.311$, $p = 0.260$) or...
APP/PS1 animals (CA: $r = -0.184, p = 0.636$; DG: $0.080, p = 0.839$). There was similarly no correlation between GFAP expression and CD68 coverage in WT (CA: $r = 0.331, p = 0.248$; DG: $0.230, p = 0.428$) or APP/PS1 (CA: $r = 0.640, p = 0.122$; DG: $0.235, p = 0.612$) animals, although there was a significant correlation in the CA region of APP/PS1 animals between CD68 and masked GFAP coverage (CA: $r = 0.779, p = 0.039$, Fig. 5g; DG: $0.216, p = 0.642$).

Similar to the 4-month data, there were several strong positive correlations between these proteins between hippocampal subregions in both WT (not shown) and APP/PS1 (Fig. 5e) mice, although plaque load ($r = 0.218, p = 0.545$) and GFAP (GFAP: $r = 0.393, p = 0.296$; masked GFAP: $r = 0.320, p = 0.401$) of APP/PS1 mice were not correlated between the CA and DG. GFAP was correlated in WT animals between both subregions (GFAP: $r = 0.885, p < 0.001$; masked GFAP: $r = 0.860, p < 0.001$).

### Discussion

Here, we studied how ES affects astrocytes at different ages and whether ES alters the astrocytic response to Aβ neuropathology at early- and advanced-pathological stages in APP/PS1 mice. At P9, an increase in GFAP expression was found only in the SLM region of the HPC, without any further changes at the age of P30, 4, and 6 months. At 10 months however, we found that ES leads to a significant reduction of global hippocampal GFAP coverage. Morphologically, APP/PS1 10-month mice showed both “isolated” as well as “clustered” forms of GFAP, which were separable when processing by size. APP/PS1 mice at 10 months exhibited an increased global (isolated and clustered) coverage of GFAP in the EC, decreased global coverage of GFAP in the HPC, as well as increased clustered GFAP in both regions. APP/PS1 overexpression also led to altered expression of astrocyte-related genes in the HPC at this advanced pathological stage, which was not further modulated by ES exposure. Notably, when analyzed as a function of amyloid load, we find GFAP in ES-exposed mice increased at 4 months and reduced at 10 months. Finally, based on the correlation matrices, coverage of clustered GFAP expression correlated to CD68 expression in the CA of 10-month APP/PS1 mice, while no other correlations were detected between GFAP, microglial markers, or plaque pathology at 4 or 10 months. The findings related to the hippocampus are summarized in Fig. 6. We will discuss our findings first in the context of the ES exposure and wildtype mice and thereafter in the context of APP/PS1 mice.

### Modulation of astrocytes by ES in wildtype mice across lifespan

To our knowledge, this is the first study addressing effects of ES on GFAP expression ES at multiple different ages across the lifespan in the HPC using mice and the limited nesting model. The effects of ES on GFAP expression in WT mice are age and brain region dependent. At P9, a significant increase in GFAP immunoreactivity was present following ES exposure specifically in the SLM but not in other hippocampal subregions. Strikingly, the existing literature shows that ES in the form of maternal deprivation or separation leads to an acute reduction in GFAP [36, 37, 57, 58], followed by an increase in GFAP when a longer period (4–30 days) between the stressor and the analysis was applied [38, 59, 60]. This discrepancy with our current results could possibly be explained by the form of ES exposure. Notably, the limited nesting and bedding ES model applied in this study have a more chronic nature, as it is a continuous exposure to an impoverished environment for 7 days, versus a single episode or intermittent exposure in maternal deprivation and separation models respectively. Thus, the differences in intensity and length of exposure could determine the final effect on astrocytes.

When looking at more lasting effects of ES exposure, GFAP expression in the HPC appeared unaffected at 4 and 6 months of age, while reduced in 10-month-old mice exposed to ES. This finding is in line with the only other report showing that 12 months old rats exposed to maternal deprivation exhibit reduced GFAP [35]. Together, these results suggest that ES programming of astrocytes might only become apparent during aging. Intriguingly, our data suggest that the response of GFAP expression to ES exposure changes over time from an acute upregulation in a specific hippocampal subregion to a long-term downregulation. Such temporal dynamics of GFAP expression, even though on a shorter timescale, have also been observed previously in rats exposed to daily maternal deprivation from P1 to P10. In these rats, no initial changes were observed at P10, but a reduction in GFAP was observed at P20, followed by increased GFAP at P40 [60]. This direction of GFAP modulation at the different ages is not in line with the changes observed in the present study. This could be related to differences in frequency and intensity of the ES model, as well as potential species-specific effects, and further stresses the relevance of the specifics of the ES model. Despite the discussed discrepancies, both studies suggest complex temporal dynamics of GFAP expression in response to ES and show that the effect of ES on GFAP expression is not only lasting but also depends on the neurodevelopmental or lifetime stage.

When examining the specific characteristics of GFAP leading to the modulation of coverage, notably, no alterations in the number or complexity of GFAP+ cells were found as a consequence of ES in any of the age groups. This indicates that ES-induced alterations in GFAP result
from intracellular GFAP changes, rather than a change in general astrocyte numbers or complexity [52, 61]. For the full interpretation of our findings, it is important to note that GFAP does not label all astrocytes in the brain, although a large part of astrocytes in the hippocampus is GFAP-positive [62]. Additionally, ES-induced changes in astrocytes can also occur in the absence of GFAP alterations [63]. Next to GFAP protein levels, gene expression analyses showed that ES did not affect gene expression levels of astrocyte-related genes (i.e., Aldh1l1, Aqp4, Glast, Glt1, GluS, Gfap, Vimentin) at P9, 4, or 10 months, with the exception of Fasn mRNA levels, which were increased by ES at 4 months. Fasn is a key enzyme for de novo lipogenesis [64], a process in which astrocytes are highly active [27, 65, 66]. Changes in Fasn gene expression have been implicated in hippocampal changes in neurogenesis [67] and could indicate disrupted lipid metabolism as a result of ES, which might have implications for synapse development [27]. However, further investigations will need to clarify what the functional consequences of this change might be.

Modulation of astrocytes by Aβ overexpression in HPC and EC

APP/PS1 overexpression in mice did not lead to alterations in astrocytes at early-pathological stages but did alter GFAP expression in the HPC and EC, as well as the HPC expression of several astrocyte-related genes, in 10-month-old mice. In AD patients, GFAP+ reactive astrocytes are particularly associated with Aβ plaques (i.e., astrogliosis) [18, 20–22]. The lack of astrogliosis in the HPC and EC at 4 months is thus in line with the fact that only few Aβ plaques are present during this early-pathological stage [14].
The EC presents with the earliest signs of Aβ pathology in patients [68]. Here, we presented that GFAP immunoreactivity and GFAP cell complexity in the EC was increased in 10-month-old APP/PS1 mice. Similarly, injections with Aβ peptide in the EC caused increased GFAP intensity and larger GFAP cell somas [23], streptozotocin-induced AD in rats resulted in increased numbers of GFAP+ cells in the EC [24], and numbers of GFAP+ cells were increased in the EC of APP/Tau transgenic mice [69]. In contrast, it was reported that astrocytes in the EC appeared atrophied in a triple transgenic AD mouse model (3xTG), an effect that became less pronounced at a more advanced pathological stage (9 months) [70]. In this study, the use of a different transgenic line possibly explains the discrepancy with our current findings, as e.g., age-related epigenetic changes differ between different mouse models of AD [71]. In addition, it is important to note that more research points towards a heterogeneous response of astrocytes in response to AD pathology, as both astrocyte reactivity and atrophy occurs in AD (reviewed in [72]).

In contrast to the EC, we observed a global decrease in GFAP expression in the HPC, while most research demonstrates increased GFAP coverage in the HPC of APP/PS1 mice ranging from 5 to 14 months of age [73–75]. However, importantly, clustering of GFAP was observed both in the EC and HPC of 10-month-old APP/PS1 mice, and coverage of this clustered GFAP in the HPC was increased as expected. Considering that clustered GFAP was more prominent in APP/PS1 mice, and we observed a similar pattern of Aβ plaque load in parallel series of the same brain stained for Aβ, clustering of GFAP is probably due to accumulation of GFAP around Aβ plaques [76]. The reduction in global versus the increase in clustered GFAP coverage is in line with a previous study where general astrogial cytoskeletal atrophy was observed, while GFAP+ astrocytes surrounding Aβ plaques were hypertrophic in the HPC of 18-month-old 3xTG AD mice [77]. Given that astrocytes do not migrate to amyloid plaques [78], current data suggests that astrocytes near plaques are induced to upregulate GFAP expression, while astrocytes in the rest of the HPC downregulate GFAP. As many extracellular factors, e.g., inflammatory factors, can affect transcription and translation of GFAP [79, 80], microenvironmental changes induced by plaque accumulation may lead to local dynamic alterations in GFAP expression.

Gene expression analyses revealed that Gfap and Vimentin mRNA expression was not altered at 4 but increased at 10 months old. A similar increase in Gfap mRNA was previously shown in AD mice [74] and is in line with the appearance of reactive astrocytes [81]. While the exact function of reactive astrocytes is still not fully understood, genetic deletion of Gfap and Vimentin increased plaque load in APP/PS1 mice [82], suggesting that acquiring a reactive phenotype supports astrocytes in limiting amyloid pathology. Interestingly, Gfap mRNA in a full hippocampal homogenate was increased while we observed decreased global hippocampal GFAP protein coverage and increased clustered GFAP coverage. This suggests that, while indeed overall GFAP levels seem associated with plaque load and Aβ probably drives astrogliosis [83, 84], GFAP dynamics might be differentially affected by the microenvironment based on proximity to plaques. Aqp4 mRNA expression was also increased in APP/PS1 mice at 10 months. Aqp4 is the major water channel expressed in the CNS, and its expression is mostly restricted to astrocytes. Accumulating evidence suggests that Aqp4 plays a role in AD pathology [85] and the glymphatic system [86, 87] and may mediate clearance of Aβ [85, 88]. In line with our findings, multiple studies have found increased levels of Aqp4 in AD patients [89–91]. Furthermore, a decrease in Aldh1l1 was present in APP/PS1 mice. The decrease in Aldh1l1 could suggest a global loss of astrocytes, however, previous research revealed no difference in cortical astrocyte number between healthy and AD brains [92, 93], suggesting that this is probably not the case. Further research is necessary to understand the implication of the reduction of Aldh1l1.

**Modulation of astrocytes by ES in Aβ overexpressing mice**

At 10 months, both ES and APP/PS1 overexpression independently decreased global GFAP levels in the HPC. We see in the CTL APP/PS1 mice a distinction between global and clustered GFAP signal, and our analyses show that the two can be disentangled when accounting for aggregation of GFAP signals. Interestingly, neither the global nor the clustered signal is further affected by ES. However, we know from our previous study in the same cohort of mice that ES exposure had age-dependent effects on hippocampal amyloid load, and we in fact find ES-induced differences in GFAP coverage when normalizing to the appropriate pathology readout (Fig. 5a–c). Thus, it seems that ES exposure might still lead to some latent differential astrogial response to Aβ. This would be in line with decreased microglial accumulation observed in this cohort [14].

There is now a growing body of literature showing that astrocytes and microglia interact. Microglia are known to activate astrocytes during neuroinflammation [94, 95] and astrocytes can influence microglial activity, e.g., by releasing factors that increase phagocytosis [96]. Furthermore, emerging evidence is available for the synergistic effect of astrocytes and microglia in the progression of AD pathology [97, 98]. At 4 months, cell-associated amyloid is not correlated to either GFAP or
lba1 but negatively correlates to the microglial phagocytic marker CD68. This is in line with the fact that at this stage mice display mostly cell-associated amyloid-β and only few extracellular plaques; thus, no strong increase in activated microglia or astrogliosis would be expected. Still, Aβ, even in its cell-associated form, is considered somewhat inflammatory [99], and the negative correlation between cell-associated amyloid and CD68 further supports that the earlier reported ES-induced increase in phagocytic microglia might contribute to the reduction in cell-associated amyloid in APP/PS1 mice exposed to ES [14].

At 10 months, we find no correlations between plaque load and total amyloid with GFAP, Iba1, or CD68. This could be due to a saturated response, i.e., as Aβ continues to accumulate, the response of the glial cells does not parallel the increase in plaques. This is in line with the idea that neuroinflammation in AD shifts from being driven to respond to pathology (e.g., via initial Aβ buildup) to being a driving, self-perpetuating factor in disease progression due to the chronic neuroinflammatory environment it has created [100]. Interestingly, at 10 months, plaque load in the DG and CA do not correlate. Similarly, we did not detect correlations in APP/PS1 mice of global and clustered GFAP coverage between the two subregions, supporting the notion that amyloid pathology is changing the dynamics of GFAP expression within the HPC and leading to localized astrocytic responses that might not be reflected in a global analysis. When researching the relationship between astrocyte and microglia in AD pathology, we detected a significant relationship between CD68 and clustered GFAP coverage in the CA region. This might partly reflect the response of both CD68 and clustered GFAP signal to amyloid plaque buildup, perhaps pointing towards coordination of microglial and astrocytic phagocytosis, as reactive astrocytes are also capable of internalizing Aβ [101]. There were no other correlations detected between GFAP and Iba1 or CD68 in 10-month-old mice. More studies are necessary to unravel how precisely these two cell types interact in the response to Aβ pathology.

**Conclusion**

In summary, we have shown that ES age-dependently affects GFAP protein expression over the course of a lifetime. Further analyses at the level of gene expression revealed minimal ES effects on astrocyte-related genes at any of the timepoints studied, except for FASN at 4 months. In APP/PS1 mice, we confirm expected amyloid-induced changes to astrocyte gene expression and GFAP signal at different pathological stages.

While these effects were not further modulated by ES, effects of ES exposure appear when normalizing GFAP coverage to ES-induced alterations to amyloid pathology [14], suggesting a differential astrocytic response to this pathology. Further research is needed to elucidate whether local interactions might be occurring.

**Supplementary information**

**Supplementary information** accompanies this paper at https://doi.org/10.1186/s12974-020-01762-z.

**Additional file 1:** Relationship between astrocytes and microglia in wild type mice. (A): Pearson correlation coefficients visualized from −1 (blue) to +1 (red), with the size of the circles representing the correlation coefficients. Circles without crosses are correlation coefficients significant at p < 0.05. (B): Correlation matrix of staining data from 4mo WT mice. (EPS 3753 kb)

**Abbreviations**

AD: Alzheimer’s disease; Aβ: Amyloid-beta; CNS: Central nervous system; CTL: Control; ES: Early-life stress; GFAP: Glial fibrillary acidic protein; P: Postnatal day

**Authors’ contributions**

MRA, JMK, LH, and AK conceived and designed the study. MRA and LH performed the experiments and collected materials. MRA, JMK, AM, BvdG, and GY-D contributed to acquisition of the data. MRA, JMK, and AK made substantial contributions to the analysis interpretation of the data. P.J.L. critically read the manuscript. MRA, JMK, and AK wrote the manuscript, with substantial contribution by all other authors. The authors read and approved the final manuscript.

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**Availability of data and materials**

The data that support the findings of this study are available from the corresponding author upon reasonable request.

**Ethics approval and consent to participate**

Experiments were approved by the Animal Experiment Committee of the University of Amsterdam and performed in accordance to European Union (EU) directive 2010/63/EU.

**Consent for publication**

Not applicable.

**Competing interests**

The authors declare that they have no competing interests.

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