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ESM 1.

Table. Descriptive statistics and internal consistency reliability for SPANE subscales

| | SPANE-P | | | | | SPANE-N | | | | |
|--------------|----------|-----------|----------------|---------------|----------|----------|-----------|----------------|---------------|----------|
| | <i>M</i> | <i>SD</i> | <i>Sk (SE)</i> | <i>K (SE)</i> | α | <i>M</i> | <i>SD</i> | <i>Sk (SE)</i> | <i>K (SE)</i> | α |
| Total sample | 3.80 | .71 | -.62 (.04) | .22 (.08) | .90 | 2.19 | .73 | .61 (.04) | .00 (.08) | .84 |
| Females | 3.83 | .70 | -.66 (.05) | .30 (.10) | .90 | 2.26 | .73 | .52 (.05) | -.13 (.10) | .83 |
| Males | 3.74 | .73 | -.56 (.06) | .13 (.12) | .90 | 2.07 | .71 | .79 (.06) | .38 (.12) | .84 |
| Age group | | | | | | | | | | |
| 15-18 years | 3.93 | .66 | -.73 (.09) | .40 (.18) | .85 | 2.26 | .68 | .54 (.09) | -.19 (.18) | .77 |
| 19-24 years | 3.96 | .64 | -.75 (.06) | .93 (.13) | .89 | 2.02 | .69 | .73 (.06) | .31 (.13) | .83 |
| 25-34 years | 3.74 | .71 | -.45 (.09) | -.10 (.17) | .91 | 2.34 | .76 | .55 (.09) | -.27 (.17) | .85 |
| 35-49 years | 3.56 | .75 | -.45 (.10) | -.19 (.20) | .92 | 2.26 | .74 | .41 (.10) | -.26 (.20) | .85 |
| > 50 years | 3.43 | .76 | -.31 (.12) | -.15 (.23) | .92 | 2.26 | .77 | .66 (.12) | .20 (.23) | .87 |

Note. M = mean, SD = standard deviation, Sk = skewness, K = kurtosis, SE = standard error, α = Cronbach's alpha.