

Table S1 Study 1 and 2: Socio-demographic Characteristics and Means and Alpha's of Study Measures by Sex and Sample

	Study 1 student couples N=47			Study 2 student couples N=53			Study 2 clinical couples N=45		
	Men M (SD); α	Women M (SD); α	Total M (SD); α	Men M (SD); α	Women M (SD); α	Total M (SD); α	Men M (SD); α	Women M (SD); α	Total M (SD); α
Age	21.10 (2.33)	19.83 (1.72)	20.48 (2.14)	22.40 (5.92)	20.49 (5.14)	21.44 (5.60)	44.02 (12.21)	40.07 (11.81)	42.04 (12.11)
Education ¹									
low	18.8%	4.3%	11.7%	9.6%	5.7%	7.6%	19.0%	36.4%	27.9%
middle	62.5%	87.0%	74.5%	63.5%	54.7%	59.0%	61.9%	61.4%	61.6%
high	18.8%	8.7%	13.8%	26.9%	39.6%	33.3%	19.0%	2.3%	10.5%
Marital status									
dating			88.0%			89.6%			14.4%
co-habiting			12.0%			6.6%			28.9%
married			0.0%			3.8%			56.7%
Relationship duration (yrs)			1.90 (0.99)			2.28 (2.95)			16.26 (13.05)
Baseline heart rate (bpm)	70.18 (9.22)	74.99 (10.69)	72.59 (10.22)	69.63 (10.04)	77.16 (10.97)	73.40 (11.13)	72.26 (11.48)	74.67 (11.60)	73.46 (11.54)
Baseline heart rate variability	-	-		48.19 (23.37)	40.99 (20.20)	44.59 (22.04)	26.72 (15.51)	28.17 (20.32)	27.45 (17.99)
DAS total	115.57 (14.07); .90	118.41 (12.72); .80	116.96 (13.43); .87	115.08 (15.25); .69	113.62 (10.50); .82	114.35 (13.05); .73	104.74 (17.41); .92	100.16 (18.94); .91	102.45 (18.23); .91
Baseline PANAS negative	11.93 (2.57); .74	11.86 (2.57); .73	11.90 (2.55); .73	12.68 (4.11); .84	11.57 (2.43); .73	12.12 (3.41); .82	12.11 (4.21); .83	14.20 (5.57); .89	13.16 (5.02); .87
Baseline PANAS positive	22.58 (7.88); .91	23.28 (6.74); .87	22.92 (7.31); .89	22.85 (8.85); .92	19.71 (6.65); .87	21.28 (7.95); .90	22.60 (7.87); .88	21.76 (7.18); .85	22.18 (7.51); .86
CST negative (proportion)	0.12 (0.03)	0.17 (0.03)	0.15 (0.02)						
CST positive (proportion)	0.31 (0.03)	0.31 (0.03)	0.31 (0.02)						

¹ Low education is primary school; middle is middle professional school or secondary school; high is higher professional school or university.

Figure S1 Study 2: Effect of (Non-)Hand-Holding during Recovery after Conflict Discussions on Heart Rate Reactivity

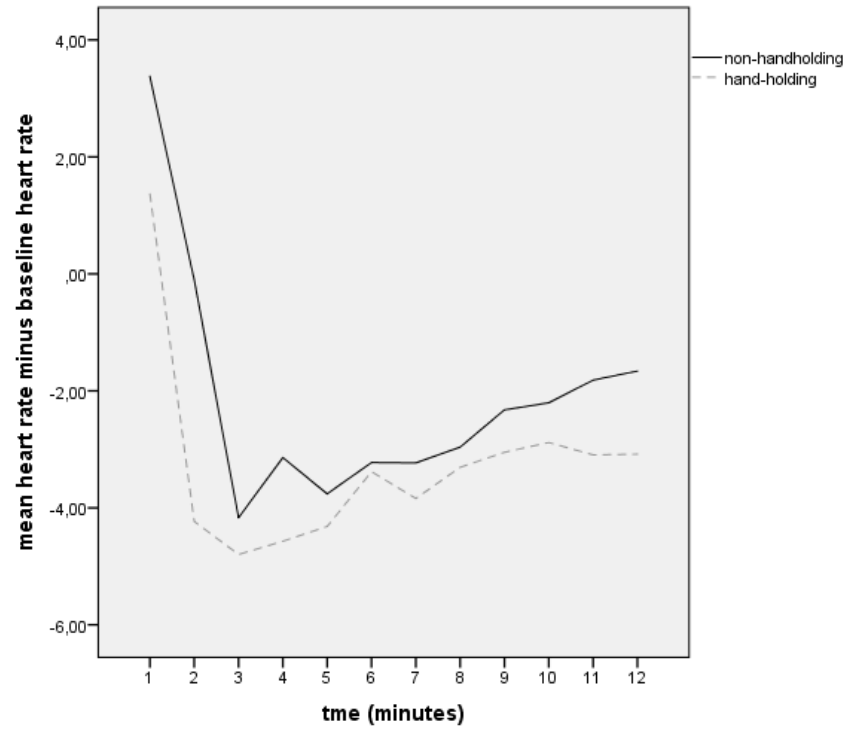


Figure S2

Study 2: Effect of (Non-)Hand-holding during Recovery after Conflict Discussions on Heart Rate Variability

