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ABSTRACT: There is a large debate on the destabilization mechanism of emulsions. We present a simple technique using mechanical compression to destabilize oil-in-water emulsions. Upon compression of the emulsion, the continuous aqueous phase is squeezed out, while the dispersed oil phase progressively deforms from circular to honeycomb-like shapes. The films that separate the oil droplets are observed to thin and break at a critical oil/water ratio, leading to coalescence events. Electrostatic interactions and local droplet rearrangements do not determine film rupture. Instead, the destabilization occurs like an avalanche propagating through the system, starting at areas where the film thickness is smallest.

INTRODUCTION

Destabilization of an emulsion or foam occurs when individual droplets that make up the system start to coalesce, breaking the film of liquid in between them. The mechanism of destabilization of foams and emulsions is still a matter of considerable debate, although it is of paramount importance for many processes and applications. Much attention has focused on the mechanism behind the destabilization in foams. Some studies report that foam coalescence is induced when the capillary pressure exceeds the disjoining pressure, making the colloidal interactions determine the stability. Other studies, however, suggest that the interactions are not important and that local rearrangements are at the origin of the destabilization: the drainage leads to a shortage of liquid for making transient films during rearrangements and hence the films break when attempting such a rearrangement. More recently, Forel et al. claim, in contradiction with both mechanisms, that foam destabilization is due to film rupture, which is simply a stochastic process with the probability of rupture being proportional to the film area. The discussion of the foam stability is complicated by the large number of effects that are present, gravity, disjoining pressure, geometry, and so forth, making it difficult to decide between the different scenarios of destabilization.

Emulsions are very similar to foams, and their stability is similarly important for applications. For instance, the destabilization of emulsions is a key step in oil recovery, to extract water from the recovered crude oil. A key advantage of emulsions over foams is that gravity is much less important because the densities of water and oil phases are similar. Furthermore, the two phases can be refractive-index-matched, so that their (in)stability can be investigated relatively easily using scanning confocal microscopy.

RESULTS AND DISCUSSION

The measurement setup and typical images of our destabilization experiments are shown in Figure 1. We use an 80 v % silicone-oil-in-water emulsion stabilized by 1 wt % sodium dodecyl sulfate (SDS) with an average droplet size of 18 μm and a dispersity of 20%. Advantages of using a polydisperse system is that it is prevented from possible crystallization that can easily happen in a monodisperse emulsion under pressure and that the system resembles everyday life emulsions, such as mayonnaise. An initial volume \( V_0 \) of the emulsion is squeezed between a rough glass plate of 1 mm thickness and a thin microscope cover glass slide. The rough bottom plate prevents the emulsion from sliding and keeps the oil droplets in position. In this way, only the continuous phase is

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evacuated, leading to a gradual change of the volume fraction of the emulsion. However, the droplets are not pinned and can still undergo rearrangements, as will be visualized later in this paper.

A position-controllable rheometer head is mounted on top of a confocal microscope stage and imposes the desired thickness $e$ to the emulsion layer. Our technique provides unprecedented control over the internal phase volume fraction while simultaneously providing a direct visualization of the emulsion structure. This allows us to measure the surface coverage from our confocal images. As we can alter the thickness of the emulsion is small steps of about 1 $\mu$m, the internal phase surface coverage only increases by a few percents per step. Therefore, we believe that we know the critical internal phase surface coverage with only 1–2% uncertainty. During the measurements, the imaging settings are kept constant.

The confocal microscopy images (Figure 1, panels A–C) of different sample thicknesses first reveal a transition from nearly spherical to polygonal oil droplets (black) in the continuous phase (white) during compression, similar to the observations of Morse and Witten.\textsuperscript{15} Overall, the emulsion is only slightly confined and the emulsion remains stable. The polygonal shape, which is reminiscent of a honeycomb structure, has also been observed previously, both in emulsions and in liquid foams.\textsuperscript{16–18} Upon decreasing the sample thickness even further, we observe large facets of oil droplets pressed against each other, with a very thin film of water in between. Once a certain critical thickness $e^*$ is reached, coalescence events between oil droplets start to occur and the emulsion becomes unstable. Confining the droplets even further leads to more coalescence events and eventually full destabilization of the emulsion (Figure 1, panel C). This transition can be quantified in terms of the surface fraction of oil, which increases with decreasing sample thickness to over 90% at the critical sample thickness $e^*$. The water films between the oil droplets also become thinner with decreasing sample thickness, indicating that most of the continuous phase is being squeezed out from the emulsion layer. Complete 3D images of the emulsion during the squeezing experiments are recorded, but careful investigation in the z-direction does not lead us to think that 3D effects are important in our system.

One of the reported reasons for foam destabilization is an imbalance between the capillary pressure and the disjoining pressure.\textsuperscript{1} Of course, as the sample thickness decreases, the surfaces between the droplets become flatter. However, as already observed by Morse and Witten,\textsuperscript{15} the contact area of interaction remains slightly curved and in a stable emulsion the disjoining pressure is equal to the Laplace pressure. The capillary pressure can be described by the Young–Laplace equation $\Delta p = \gamma / 2R$ where $\Delta p$ is the capillary pressure, $\gamma$ is the oil–water surface tension, and $R$ is the droplet radius. As the emulsion consists of soft, compressible droplets, the droplets deform during the squeeze experiments. This results in a change in the capillary pressure as $R$ changes. The disjoining pressure consists of a van der Waals component and an electrostatic component. This electrostatic component is dependent on the ionic strength of the continuous phase via the Debye length $\kappa = C \exp(-kd)$ where $\kappa$ is the electrostatic component of the disjoining pressure, $C$ is a constant depending on the ionic concentration $c$, temperature, electronic charge, and surface potential, $\kappa$ is the reciprocal Debye length ($\kappa \propto \sqrt{\epsilon}$), and $d$ is the film thickness.\textsuperscript{19} As the disjoining pressure is clearly dependent on the ionic concentration, the droplet size $R$ where the capillary pressure no longer balances the disjoining pressure should therefore also be dependent on the ionic strength.

To investigate the role of the electrostatic interactions in the destabilization process, we compare three emulsions with different salt concentrations in the continuous phase. The dependence of emulsion destabilization on the salt concentration has been reported in literature.\textsuperscript{20,21} The type of measurements to determine the stability of emulsions in these papers deviates from our experimental setup. Neumann et al.\textsuperscript{20} used a coalescence cell in which droplets were formed in an aqueous phase. The droplets were classified as stable when their lifetimes exceeded 30 min. Krebs et al.\textsuperscript{21} studied the stability of emulsions with low surfactant concentration upon shear-induced collisions using a microfluidics device. In our system, the surfactant concentration remains well above the critical micelle concentration and variations in the salt concentration in the continuous phase are applied, thereby controlling the osmotic pressure of the system. We use the 1:1 electrolyte sodium chloride. When no additional NaCl is added, the presence of 1 wt % of SDS already leads to an ionic strength of 35 mM, resulting in $\kappa^{-1} = 1.63$ nm. Addition of 10 mM of NaCl results in $\kappa^{-1} = 1.44$ nm and 25 mM of additional NaCl results in $\kappa^{-1} = 1.24$ nm. Large differences in the Debye

\textbf{Figure 1.} Emulsion destabilization experiment. Left: Schematic picture of the experimental setup (not to scale): an initial volume $V_0$ of emulsion is squeezed between two glass plates, which consist of a thick glass plate (1 mm) and a thin (170 $\mu$m) microscope cover glass slide on top. A position-controllable rheometer head allows to impose the desired thickness $e$ to the emulsion layer. This setup is mounted on top of a confocal microscope stage. Right: Consecutive confocal images of a typically squeezing experiment, showing deformation of the emulsion (the continuous phase is rendered bright) under compression. Strong deformation of the emulsion occurs until a critical thickness $e^*$ is reached, after which partial and eventually total destabilization of the emulsion is observed. The scale bars correspond to a distance of 50 $\mu$m.
screening length are not achieved because of limitations in the solubility of SDS in a saline solution.

Figure 2a shows the oil surface coverage as a function of the thickness of the emulsion layer during the squeezing experiments for three emulsions with different salt concentrations. The light blue square highlights the region where emulsion destabilization starts. (b) Surface coverage $S$ (rescaled to its initial value $S_0$) as a function of sample thickness for different salt concentrations. The solid line is a guide to the eye: $S(e)/S_0 = 1 + be^m$ with $m = -2.5$ and $b = 70 \mu m^{5/2}$. (c) Critical sample thickness at which coalescence occurs as a function of the initial droplet diameter $d_i$ for two different surfactant (SDS) concentrations. The * symbol highlights the data point with 10 mM of NaCl added to the continuous phase and the # symbol shows the sample with 25 mM of NaCl. The dashed line is a linear fit of the data: $e^* = 0.43d_i$.

Figure 3. Local droplet arrangements. Confocal image series of the emulsion during a squeeze experiment. The sample thickness in both cases is around the critical sample thickness of 10 μm. Upper row: three subsequent images showing multiple local rearrangements. Bottom row: three subsequent images showing film rupture, resulting in coalescence of two droplets. Individual droplets are marked using color outlines and numbers. The sample thickness is reduced quasistatically by approximately 1 μm at a time. There are about 6 min between each of the consecutive images. The scale bars correspond to a distance of 50 μm.

To further investigate the trend in emulsion destabilization, emulsions with different initial droplet sizes are prepared. The initial droplet size is dependent on the rotation speed during mixing: mixing speeds between 2 and 8 krpm are used, resulting in droplets between 14 and 47 μm. The emulsions all have a dispersity of around 20%. Besides addition of NaCl to change the ionic strength of the continuous phase, various emulsions with a higher concentration of 3 wt % surfactant are investigated, which also increases the ionic strength. Furthermore, as the surfactant provides the stability of the emulsion, a higher surfactant concentration is likely to influence the destabilization. Feng et al.\(^2\) showed that coalescence in a drying emulsion was slowed down by increasing the SDS concentrations.
As shown in Figure 2c, the critical thickness for coalescence is an approximately linear function of the initial droplet size. Altering the strength of electrostatic interactions by changing the surfactant (purple squares in Figure 2c) or salt concentration (see data points highlighted with * and #) in the continuous phase does not influence this trend. These results indicate that film rupture is not due to an imbalance between capillary and disjoining pressure and that the stability is thus not determined by colloidal interactions. However, we do observe a higher critical surface fraction when using 3 wt % of SDS instead of 1 wt % SDS. This higher surface fraction that needs to be reached for film rupture does not influence the critical sample thickness, though it can explain the slowing down of coalescence in a drying emulsion. We do note that the range of ionic strengths in our research is limited and think that it would be interesting to investigate the effect of very high ionic strength of the emulsion destabilization.

The increase in oil surface coverage before film rupture resembles observations in foams by Carrier and Colin of a critical liquid fraction. They mention that below a critical liquid fraction, rearrangements lead to rupture of thin films between foam bubbles. These so-called T1 rearrangements are very rapid movements of four droplets changing their position relative to each other. According to these observations, for very rapid movements of four droplets changing their position relative to each other,3,4 the range of ionic strengths in our research is limited and think that it would be interesting to investigate the effect of very high ionic strength of the emulsion destabilization. It is good to mention that for these four experiments we have clear proof that coalescence occurs, although no individual film rupture events can be observed. Four experiments show both rearrangements and film rupture events below the critical sample thickness but no rearrangements that lead to film rupture. Rearrangements always occur at regions free from film rupture. Generically, the results show that around the critical thickness for destabilization, local rearrangements are still possible but do not induce coalescence. Rather, coalescence occurs in regions devoid of rearrangements. We conclude that film rupture occurs independently of any rearrangements.

The question remains what causes certain films to break. We therefore examine characteristic features of rupturing films and compare them to those of films that do not rupture but undergo a rearrangement. We expect the film to shrink in the z-dimension, as we decrease the distance between the slides. We observe that the effect of shrinking in the z-dimension does affect the length in the lateral direction but this stretching fluctuates from film to film. Measurements of stretching rates for breaking and nonbreaking films, carried out for a total time of 1 min, confirm the presence of such stretching. The stretching rate is defined as \( \frac{\text{d}L}{\text{d}t} \) with \( L \) the length of the film in between droplets and \( \text{d}L \) the change in length over a period \( \text{d}t \) of 1 s. The normalized probability distribution functions (PDFs) of the stretching rates are shown in Figure 4a. The PDFs for the breaking and nonbreaking films seem to overlap for the largest part; however, small variations can be observed. The PDFs are fit with a Gaussian function

\[
f(x) = \frac{1}{\sigma \sqrt{2\pi}} e^{-\frac{(x-\mu)^2}{2\sigma^2}}
\]

where \( \sigma^2 \) is the variance and \( \mu \) is the expected value, which is around 0. For the films that do not break, a slightly higher probability around 0 is observed, indicating that these nonbreaking films are subjected to less stretching. The breaking films show slightly higher probabilities at both positive and negative stretching rates as well as a higher variance (\( \sigma = 0.030 \) for breaking films and \( \sigma = 0.025 \) for nonbreaking films). These measurements show that fluctuations in stretching rate are present during the squeeze experiments for breaking and nonbreaking films.

We also investigate differences in the film thickness in rupturing versus nonrupturing films. A measure of this thickness is the light intensity as recorded in a confocal...
image. Figure 4b shows the PDFs of the intensities of films seconds before breaking versus undergoing a rearrangement over an image width of 4 μm. Two separate peaks can clearly be distinguished. The films that rupture have a much lower intensity than the films undergoing a rearrangement, meaning that breaking films are much thinner compared to films involved in a rearrangement. From these differences in intensities between breaking and rearranging films, we conclude that thin films have a higher probability of rupture, whereas thicker films can still undergo rearrangements without inducing film rupture.

We observe that the first film rupture causes the surrounding droplets to rearrange. However, as the films separating the droplets have already become very thin, this leads to coalescence events instead of regular rearrangements. Figure 5 shows a cascade of coalescence events induced by a first break up of a very thin film. The rest of the emulsion layer remains stable and hardly moves during these coalescence events. The first film rupture seems to be a stochastic process depending on the thickness and resembles the results by Forel et al. However, this first coalescence event induces further coalescence events, which are not simply stochastic anymore. For a more thorough investigation of the cascade of coalescence events, we perform 10 experiments at a sample thickness slightly below the critical sample thickness for coalescence. At this point, the first film rupture events have already occurred and from the results in Figure 5 we thus expect a cascade of coalescence events finally resulting in very large droplets and complete destabilization of the emulsion. Only one out of the 10 experiments does not show this cascade, which is due to large movements of the emulsion as a whole, because the pinning of the emulsion droplets by the rough substrate is not sufficient in this case. The other nine experiments clearly show coalescence cascades; in five of them multiple cascade events occur simultaneously caused by two or three film ruptures at different spots in the emulsion at similar times. As the films between the droplets become thinner everywhere in the emulsion, it is well understandable that multiple film ruptures can occur at the same time.

In this paper, we investigated only a limited range of droplet sizes, volume fractions, and salinities. Nevertheless, we believe that our findings apply to a broad range of concentrated emulsions. Emulsions with initial droplet sizes between 10 and 50 μm are investigated, but preliminary experiments on emulsions with oil droplets of only a few micrometers give similar results. Below 1 μm, thermal stresses start to play a role, which might strongly influence the destabilization process. We report the results of emulsions with 80 v % of oil; however, we have performed measurements on volume fractions ranging from 70 to 80 v % of oil. From these experiments, we see that the critical volume fraction is independent of the initial volume fraction for emulsions above the critical volume fraction for jamming. At low volume fractions of oil, the oil droplets are not jammed and we therefore expect different behavior upon squeezing, where the oil droplets might as well squeeze out. The limited range of salinities that we have investigated is discussed above. Within the limits of our investigations, we have observed that the destabilization mechanism is purely geometrical. We conclude that neither the disjoining pressure nor the capillary force plays a role. Therefore, the reduction in sample thickness to achieve destabilization of the emulsion can be predicted from the initial volume fraction and average droplet size. We find that destabilization starts at a surface coverage of roughly 95 v %. This geometric mechanism behind destabilization is very generic and can be used for similar jammed systems.

# CONCLUSIONS

We have described a simple technique to destabilize surfactant-stabilized oil-in-water emulsions. It leads to an increase in the oil fraction by preferentially squeezing out water, resulting in a critical oil fraction where the thinnest films rupture first. We compare our destabilizing emulsion with literature about foam destabilization and show that neither electrostatic interactions nor local rearrangements explain our destabilization mechanism. We find that the probability for the first rupture event increases with increasing oil fraction as this results in thinner films that cannot resist stretching. A cascade of coalescence events can then be observed as the result of film movement triggered by the first film rupture. Furthermore, this new technique can be of great interest in, for example, the oil industry. Production chemicals that are used to extract oil can
have a large impact on the stability of the emulsion. The squeeze flow experiments allow to investigate these effects on a small scale. It would be interesting to shift toward more realistic conditions, for example, by measuring in the presence of natural gas.

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**Notes**
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