Chains as strong as the weakest link

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Chains as strong as the weakest link: remote assessment of aquatic resource use on spring migration by Bewick’s Swans

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ABSTRACT. Migratory species are threatened worldwide by climate change, overexploitation, and habitat changes. Availability of suitable habitat is important for flying migrants, and in particular for large birds that use the energetically expensive flapping flight mode, such as the Bewick’s Swan (Cygnus columbianus bewickii). Bewick’s Swans largely feed on aquatic macrophytes during migration that may disappear when nutrient levels, waves, and turbidity exceed certain thresholds. Macrophyte collapse has been suggested as a reason for the sharp decline of the Bewick’s Swan population during 1995–2015. We used Bewick’s Swans fitted with GPS/GSM neck collars including an accelerometer and water sensor to record the occurrence of aquatic foraging in remote stopovers along their migratory route. We concentrated on spring migration, when stopovers are longer than during autumn, and focused on four key sites identified in earlier tracking studies. Within these sites, we identified areas that are protected based on the World Database on Protected Areas (WDPA). During three years (2017–2019), we obtained a total of 51 complete spring tracks of adult female Bewick’s Swans. Most swans showed aquatic foraging along the coast of Estonia and in Dvina Bay, and about half in the Gulf of Finland and Cheskaya Bay. In Estonia and in the Gulf of Finland, swans predominantly used protected zones, but in Dvina Bay swans also foraged extensively in areas that are currently not protected according to WDPA. No protected areas occur in Cheskaya Bay. Macrophyte vegetation is threatened by ongoing or planned construction works in the Gulf of Finland and Dvina Bay, and by future oil and gas exploitation in Cheskaya Bay. Our study shows how migrants can be used as sentinels to pinpoint areas that require protection in order to maintain a chain of suitable stopovers on their migration.

Key Words: Cygnus columbianus bewickii; conservation; fueling; macrophytes; migratory stopover; protected areas; submerged aquatic vegetation; water sensor
INTRODUCTION

Migratory species are threatened worldwide by climate change, overexploitation, and habitat changes due to habitat destruction and creation of barriers that impede or prevent movement (Wilcove and Wikelski 2008). The type of habitat changes that cause problems for migratory species depends largely on their type of locomotion. For running and swimming migrants, creation of fences and dams can cause serious obstacles (Hayward and Kerley 2009, Ziv et al. 2012), whereas for flying migrants this is likely to be less of a problem, and availability of suitable habitat is likely to be of more importance.

Two main modes of flight exist: flapping and soaring. Flapping flight is energetically expensive, whereas soaring flight is energetically cheap but dependent on thermal energy, and these flight characteristics have implications for the habitats required for successful migration. For soaring flyers land corridors are essential to cross large water bodies where thermals are weak or absent (Vansteelandt et al. 2017), whereas flapping flyers need prime foraging habitat along the migratory route for fueling their flight (Hedenström and Alerstam 1997, Piersma et al. 2016). Because migration speed is mainly determined by fueling rate at stopovers (Alerstam 1991, Lindström et al. 2019), and large birds have low fueling rates (Hedenström and Alerstam 1998, Lindström 2003), suitable stopover habitat is particularly important for large birds using flapping flight. Knowledge about where these birds stop and forage and the food resources at these sites is therefore important for their effective conservation.

Tracking of birds equipped with PTT- or GPS-tags, or for the smaller birds geolocators, has revealed where they stop (Bridge et al. 2011), but such devices generally do not provide information about their foraging behavior. Attempts have been made to derive such information about behavior from (high-frequency) GPS fixes (de Weerd et al. 2015), but the addition of extra sensors has greatly improved the ability to record behavior remotely (Wilmers et al. 2015). A well-known example is the sensor that measures static and dynamic acceleration, usually in three directions (Yoda et al. 2001, Kays et al. 2015). By correctly interpreting the resulting data, the behavior of free-ranging individuals at the moment of measurement can be inferred (Shamoun-Baranes et al. 2012, Kölzsch et al. 2016a). This technique has previously been used to measure foraging time and estimate fueling rates of birds (Dokter et al. 2018, van der Kolk et al. 2020). The addition of a water sensor has enabled distinction between terrestrial foraging and aquatic foraging in swans (Nuijten et al. 2020a).

Swans are among the largest species using flapping flight and their migratory distances are thought to be restricted by their fueling time (Hedenström and Alerstam 1998). Tundra Swans (Cygnus columbianus) are migrants breeding on the tundra of North America (nominate subspecies) and Eurasia (subspecies bewickii, called Bewick’s Swan), and wintering in temperate regions of these respective continents. Although at the species level it is categorized as Least Concern (Birdlife International 2020), the population breeding on the European Russian tundra and wintering in northwestern Europe is classified as Endangered (Birdlife International 2015). Bewick’s Swans need several stopovers to complete their migratory journey, especially in spring (Beekman et al. 2002). Direct observations have revealed that they mainly forage on aquatic macrophytes at these stopover sites (Rees and Bowler 1991, Nolet et al. 2001a, Zaynagutdinova et al. 2019). Aquatic resources are often preferred, at least by adult swans (Nolet et al. 2002, 2014). The main advantage over terrestrial foraging is that the swans can feed on aquatic macrophytes day and night, whereas on agricultural fields and grasslands foraging is restricted to daytime, supposedly to reduce predation risk (Nolet et al. 2002, 2007).

Macrophytes are ecosystem engineers able to maintain aquatic environmental conditions that are beneficial for themselves as well as a suite of other species, including swans (Scheffer 1990, Jeppesen et al. 1998). Under a wide range of circumstances, macrophytes are able to reduce nutrient levels, waves, and turbidity. When environmental stressors such as eutrophication, increased wave action, or sediment disturbance by, for instance, bottom-dwelling fish exceed a certain threshold, macrophytes may, however, disappear and phytoplankton takes over (Sayer et al. 2010, Phillips et al. 2016). Once a water body has changed to a phytoplankton-dominated state, return to a macrophyte-dominated state is hampered because nutrient concentrations, water movement, and turbidity are no longer tempered by the presence of macrophytes (Scheffer et al. 1993).

It is known that macrophyte cover changed in some areas but not in others along the southern half of the flyway of northwestern European Bewick’s Swans. In Lake Veluwe, The Netherlands (52.4 °N, 5.7 °E), macrophytes largely disappeared in the 1970s because of eutrophication, but recovered thanks to water purification and biomaniuplation measures (van Vierssen et al. 1994), accompanied by disappearance and reappearance of water bird fauna (Noordhuis et al. 2002). In contrast, the macrophyte vegetation of Lake Peipsi on the border between Estonia and Russia (58.7 °N, 27.5 °E) is rather stable (Nõges and Nõges 2006), despite fluctuations in nutrient loading (Nõges et al. 2005). Knowledge about macrophyte cover, let alone changes therein, in the more remote northern half of the migratory route is, however, poor. Some attempts have been made to map macrophyte cover along the entirety of the Bewick’s Swan migratory route by remote sensing (Beekman et al. 1996), but this has proved to be difficult especially when the macrophytes are totally submerged (Gyimesi et al. 2012a). It has recently been suggested that waterbirds, and swans in particular, may be valuable indicator species of environmental conditions (Wood et al. 2019). Although swans, being large and conspicuous, are among the most easily monitored and observed birds (Marchowski et al. 2018), this may not hold for the entire migratory route because some parts are much less accessible than others, especially in spring. Remote assessment by tagging swans with a water sensors enables the unbiased detection of sites important for aquatic foraging (Nuijten et al. 2020a).

Between 1995 and 2015, Bewick’s Swans declined rapidly in northwestern Europe for unknown reasons. A species action plan was adopted that called for maintaining suitable aquatic macrophyte availability at a chain of key sites along the migratory route because these are vital for the swans to complete their migration (Nagy et al. 2012). We fitted Bewick’s Swans with GPS/GSM neck collars including an accelerometer and water sensor, enabling us to remotely assess their use of aquatic resources during migration. Here we concentrate on spring migration, when use of stopovers is longer than during autumn, because in spring...
swans progress with the melting ice, fueling for both migration and reproduction (Nolet 2006, Nuijten et al. 2014). We focused specifically at four main stopover sites identified by a previous tracking study (Nuijten et al. 2014) where we expected a large proportion of the Bewick’s Swans to forage on aquatic resources. We also hypothesized that a large proportion would forage aquatically in more than one of these sites. We compare the areas where aquatic foraging was recorded with those currently protected by law, and discuss spatial overlap and potential threats for the sustainability of these important fueling sites for the northwestern European Bewick’s Swan and perhaps other migratory waterfowl species.

**METHODS**

During December or January of three consecutive winters, 2016/2017, 2017/2018, and 2018/2019, we captured 104 Bewick’s Swans in total on agricultural fields in the province of Noord-Brabant (The Netherlands) using canon nets. Birds were aged by plumage characteristics and sexed by cloacal inspection; a blood sample was taken for molecular sexing afterward (success rate of cloacal inspection proved 94%). We fitted individual swans with a GPS/GSM collar. Because swans form stable pair bonds and travel in family groups (Rees et al. 1996, Rees 2006) we targeted adult females in order to prevent tracking individuals belonging to the same pair or family, and because they probably lead the movements to the breeding grounds (Rees 1987). We also tagged immatures, but these were not considered for this study because of the potential nonindependence of the data (eventually, 78% of the tagged individuals were adult females). The collars were 70 g, with an inner diameter of 51 mm and a height of 80 mm, colored white with a unique black alpha-numeric code to allow for individual recognition in the field. The collars had solar panels for power supply, and contained a GPS, a tri-axial accelerometer (ACC), and a water sensor, and sent its data remotely via the GSM network to a server on a daily basis. Previous trials in captivity showed that collared swans preened more than their partners without collars during the first four weeks, but no differences in behavior were present thereafter (Nuijten et al. 2014), and the devices were considered safe for the birds.

The sampling frequency of the different sensors was dependent on season and the energy level of the device (Nuijten et al. 2020a). During spring, the period of interest for this study, GPS positions were taken every 15 min, ACC measurements every 2 min (with a bout duration of 2 s, and bout frequency of 20 Hz), and water detection every second (binary) in the collars fitted during the first winter. For the collars fitted during the second and third winters, the measurement frequency of the GPS and ACC sensor was increased to 5 min and 1 min, respectively. Settings could not be changed after deployment.

The water sensor operated by measuring conductivity, and was triggered when both probes, placed on opposite sides of the collar were submerged (as checked in the lab). We determined whether the water sensor was associated with aquatic foraging by linking positive values to the ACC recordings, more specifically the mean angle of the vertical axis, i.e., parallel to the neck of the swan. An angle of +90° or -90° corresponds to the neck being straight up or straight down, respectively. For aquatic foraging one would expect the neck to be below the horizontal position (i.e., < 0°). For 80% of all observations for which water was detected (n = 439,813), this was indeed the case (Nuijten et al. 2020b). The remaining 20% at least partly also represents aquatic foraging, because that consists of a sequence of trampling, submerging, and breathing (Brouwer and Tinbergen 1939, Nolet et al. 2001b), and water will be dripping from the collar during trampling and breathing. Another part may consist of incidences in which the swan was resting or preening on open (sea)water with high waves or during periods when heavy rain triggered the water sensor. In order to limit misidentification, we summarized the raw water sensor data to aggregates of 5 min (i.e., 300 s), and specified submergence (“aquatic foraging”) to be detected (a total of > 30 s “1” in raw data) or not (> 270 s “0” in raw data).

For each individual, we merged the water sensor dataset, i.e., the 5 min aggregates, with the GPS tracking data based on the time stamp attached to both measurements. In case of the 15 min interval GPS data (for the collars deployed in winter 2016/2017) there could be up to three aggregates of 5 min linked to the same GPS location. We selected the period between 1 Jan and 15 June (spring migration,” including premigratory fueling).

Our focus was on four main stopover sites identified by a previous tracking study (Nuijten et al. 2014), namely (SW and NE corner locations indicated in brackets): the coast of Estonia (21.5E, 57.8N - 24.0E, 59.2N), the Gulf of Finland near St. Petersburg (27.9E, 59.4N - 30.5E, 60.7N), the Dvina Bay (39.6E, 64.5N - 40.8E, 65.1N), and Cheskaya Bay (44.5E, 66.5N - 48.0E, 67.8N). Within these stopover sites, we looked at which areas are currently protected based on the World Database on Protected Areas (WDPA; IUCN UNEP-WCMC 2019).

In order to investigate whether aquatic foraging occurred more at some sites than others, and whether this pattern was consistent, we tested whether there were differences in aquatic foraging among the four main sites and the three years using a logistic regression with site and year as fixed factors and individual as random factor to avoid pseudo-replication, using a likelihood ratio test. We ran this analysis using R package lme4 (Bates et al. 2015). We checked for overdispersion by testing whether the deviation was larger than the mean. The same approach was used to estimate proportions of swans foraging aquatically at at least one, two, three, or four sites, corrected for pseudo-replication.

**RESULTS**

We obtained complete spring tracks of 31 individual adult female Bewick’s Swans between wintering and summering grounds, during 2017 (n = 18 tracks), 2018 (n = 18), and 2019 (n = 15). None of the selected birds flew together. Five individuals were tracked in all three years, 10 individuals were tracked during two of the three years (Table A.1 in Appendix 1). All individuals in general followed the same route from the North Sea countries through the Baltic States, Leningrad Oblast, Karelia, Archangelsk Oblast to Nenets Autonomous Okrug (Figs. A2.1 A and B in Appendix 2).

Aquatic foraging was recorded in all four main stopover sites. At the west coast of Estonia, many of the swans stopped, mainly using Matsalu Bay, Haapsalu Bay, and Väike Strait where they were foraging aquatically. Further to the north, in the Gulf of Finland, about half of the swans stopped to stage and refuel on aquatic resources. In Dvina Bay again, the majority of swans stopped and foraged aquatically, whereas in Cheskaya Bay...
approximately half did so (Fig. 1). These differences in aquatic resource use among sites were significant ($\chi^2_3 = 18.753$, $P = 0.0003$; no overdispersion was apparent, with deviation / mean being lower than 1, namely 0.99). The interaction between site and year was not significant ($\chi^2_6 = 9.028$, $P = 0.17$) and therefore left out. Nearly all swans foraged aquatically in at least one of these sites, whereas only a minority used aquatic resources in all four main sites during one spring season (Fig. 2).

**Fig. 1.** Proportion of adult female Bewick's Swans (*Cygnus columbianus bewickii*) recorded by GPS/GSM tags including a water sensor to forage aquatically in the four main stopover sites during the spring migration of three consecutive years. In total, 31 Individuals were tracked, yielding 18, 18, and 15 tracks in 2017, 2018, and 2019, respectively. Usage of stopover sites was significantly different, with differences among years being almost significant (see main text). Given are means ± SE ($n = 3$ years) of proportions estimated by a logistic regression (see main text and Table A3.1 in Appendix 3).

**Fig. 2.** Proportion of adult female Bewick's Swans (*Cygnus columbianus bewickii*) recorded to forage aquatically in at least one, two, three, or in all four main stopover sites during spring migration of three consecutive years. See Fig. 1 for numbers tracked. Given are means ± SE ($n = 3$ years) of proportions estimated by a logistic regression (see main text and Table A3.2 in Appendix 3).

**DISCUSSION**

By tracking swans fitted with GPS/GSM tags with an additional accelerometer and water sensor we found that nearly all Bewick’s Swans still forage aquatically in at least one of the key stopover sites previously identified, with about half of the swans foraging aquatically in three of those sites. Most swans foraged aquatically along the west coast of Estonia and in Dvina Bay, with lower proportions using aquatic resources in the Gulf of Finland and in Cheskaya Bay. Aquatic foraging mainly took place within protected areas, but with notable exceptions especially in the northern part of the migration route.

The areas where we recorded aquatic foraging by Bewick’s Swans during spring migration correspond to important stopovers as identified in earlier tracking studies covering 1993–2011 (Nolet et al. 2001a, Beekman et al. 2002, Nuijten et al. 2014). The major importance of aquatic foraging sites in Estonia is consistent with previous research based on counts and ring readings of Bewick’s Swans (Luigujõe et al. 1996). The Gulf of Finland is another important, known stopover area from ground observations, but counts indicate that numbers are presently lower than 20 or more years ago (Zaynagutdinova et al. 2019). Aerial counts of the Dvina Bay followed by direct observations in the shallow tidal area east of Mud'yug Island revealed that this area was used for aquatic foraging by large numbers of Bewick’s Swans during the mid-1990s (Nolet et al. 2001a). Much less is known from previous research about Cheskaya Bay during spring. The proportions of swans using ≥ 2 sites (Fig. 2) highlights the “chain” function that these areas have.
Fig. 3. Locations used for aquatic foraging by the 31 adult female Bewick’s Swans (*Cygnus columbianus bewickii*) tracked with GPS/GSM transmitters with built-in water sensor during a total of 51 spring migrations. Visualizations for the whole flyway (A), Estonia (B), Gulf of Finland (C), the Dvina Bay (D), and Cheskaya Bay (E). All years (2017, 2018, and 2019) are combined. Every dot indicates a GPS point during which aquatic foraging was identified based on the water sensor data. The black squares in zone A represent the locations of the subsequent zones B-E. The black polygons in zones B-E indicate protected areas as listed in the WDPA (IUCN UNEP-WCMC 2019). Aquatic foraging per individual and full GPS/GSM tracks per individual are presented in Appendix 2, Figs. A and B, respectively.

The availability of a chain of suitable stopover habitat is thought to be crucial for successful spring migration and subsequent reproduction. Bewick’s Swans in this flyway are slowed by the retreat of ice during spring (Nuijten et al. 2014), a process that varies between years. Dealing with this variation is facilitated by having multiple sites along the route, which enhances predictability of and adjustment to conditions ahead (Körlzsch et al. 2015, Bauer et al. 2020). Based on their migratory speed Bewick’s Swans are partly capital breeders (Nolet 2006). This means that they collect stores on their migratory stopovers to fuel both the migration itself and part of the subsequent breeding effort. During autumn, Bewick’s Swans do not visit Dvina Bay, likely because they do not need the extra energy for reproduction as they do during spring migration (Beekman et al. 2002). Similarly, White-fronted Geese (*Anser albifrons*) migrate slower during spring than autumn, using more stopovers, and flying less far to the next stopover for a given time spent at a stopover (Körlzsch et al. 2016b). This again suggests that these geese also fuel during spring for both migration and reproduction, and indeed White-fronted Geese are partly capital breeders (Spaans et al. 1999). Recent work on Barnacle Geese (*Branta leucopsis*) showed that skipping spring stopovers enables these birds to arrive earlier to the breeding grounds, but not to commence breeding much sooner because they have to refuel first before they can start egg-laying, underlining the importance of spring fueling for successful reproduction (Lameris et al. 2018).

With the loss of natural wetlands over the last 100 years many birds have been forced to look for alternatives. Bewick’s Swans are no exception, and in their wintering range they switched to agricultural resources during the 1970s when aquatic vegetation disappeared due to eutrophication (Merne 1972, Mullié and Poorter 1977). Although the aquatic vegetation has recovered in many places, presently swans continue to switch to agricultural resources when aquatic plants become depleted in the course of the winter (Nolet et al. 2002). For a full appreciation of the importance of suitable aquatic stopover sites, one should realize that such alternative terrestrial resources are currently lacking in more northerly sites (Petrice and Wilcox 2003). These more northerly stopover sites are expected to become more important in the future, because waterbirds, including Bewick’s swans, are already wintering closer to their breeding grounds in the north (Lehikoinen et al. 2013, Marchowski et al. 2017, Nuijten et al. 2020c).

Although nearly all swans in our study foraged aquatically in at least one of the key sites, more detailed time budgets showed that there was considerable individual variation in the time spent in this behavior (Nuijten et al. 2020a). Previous research indicated that such variation in aquatic foraging during autumn migration was associated with increased body condition prior to spring migration, as well as increased subsequent breeding success (Hoye et al. 2012). Further research is needed to assess the consequences of individual variation in aquatic foraging during spring migration. Differences in the occurrence of aquatic foraging among years seemed to be consistent among sites (the interaction was not significant), suggesting that the swans were not compensating for a lesser use of one stopover site by foraging more aquatically at another site. Differences among years were, however, small.

Whether or not the locations that the swans used for aquatic foraging during their spring migration within the main stopovers were situated inside protected areas varied among sites. In Estonia, these locations were mainly within protected areas. Two sites within the region that the swans use on their spring migration (Vilsandi and Matsalu), with a long history of protection, are now
protected as National Parks, the highest level of protection in Estonia.

In the Gulf of Finland the aquatic foraging locations were also mostly situated inside protected areas. Here the situation is, however, less secure. Close to the harbor of St. Petersburg, littoral areas have recently been lost because of construction work, but many of these waters were void of aquatic macrophytes, at least during the 1980s (Beekman et al. 1996). Construction work remains a threat, not only leading to direct loss of shallow waters, but also causing massive turbidity that may result in die-off of aquatic macrophytes, underpinning the need to safeguard the areas and their quality in the Finnish Gulf currently in use by the swans, to ensure this site remains available for fueling their migration (Phillips et al. 2016, Zaynagutdinova et al. 2019).

In Dvina Bay there was also extensive aquatic foraging occurring outside protected areas. Although Mud’yug Island itself is a protected area, the area next to it is not, therefore the swans there could have sensitive changes to hunting, water quality, and industrial developments. Recently, Russia and China together launched a plan to build a deep sea port near Archangelsk to exploit the increasing possibilities of cargo vessels using the new northern sea route that connects western Russia with eastern Asia (Laulajainen 2008, Buxbaum 2018). The new port is planned to be built near Mud’yug Island, just north of the shallow tidal sea, 50 km from the current port of Archangelsk (Louppova 2018, blog, https://port.today/russia-build-new-deep-port-north/). The location of the port is close to the area intensively used by Bewick’s Swans that we tracked in this study during spring 2018. Further developments in the area could threaten the suitability of this site, with potential consequences for the population. Potentially a larger part of Dvina Bay would be affected, as traffic will increase between the new and the current port of Archangelsk.

In Cheskaya Bay, the northernmost stopover site considered in this study, no protected areas were present whereas aquatic foraging was recorded there as well. Cheskaya Bay is a sparsely populated area just above the Arctic Circle. Close to the breeding grounds, this site might be an important “springboard” for the swans, because from here they are likely to be able to predict circumstances in the breeding area and can time their arrival based on this information (Kölzsch et al. 2015). The changing climate has made Arctic Russia of increasing interest for oil and gas exploitation, Cheskaya Bay being no exception (sites TPB1 and TPB2 in Gautier et al. 2009). Further exploitation of these resources may influence the suitability of this stopover site for Bewick’s Swans.

Aquatic macrophytes are an important food source not only for Bewick’s Swans but also for other migratory waterfowl species in this flyway. Diving ducks often accompany foraging swans and benefit from Potamogeton tubers dug up by swans (Gyimesi et al. 2012b). During the 1990s there was a large seagrass Zostera marina bed in Dvina Bay that was used by Dark-bellied Brant Geese (Branta bernicla bernicla) on their way to Taimyr (Clausen 1997, Green et al. 2002), and construction work near that area is possibly also impacting this species. Similar threats to important wetland stopovers are reported from other flyways, with drastic declines in migratory bird populations as a result (Yang et al. 2011, Piersma et al. 2016, Wu et al. 2020).

Our study shows how avian migrants can be used as sentinels to pinpoint areas that require protection in order to maintain a chain of suitable stopovers on their migration. By tracking over longer time frames, the exciting possibility may arise that we can use tracked animals also as sentinels of environmental conditions (Ropert-Coudert and Wilson 2005, Kays et al. 2015).

Responses to this article can be read online at: http://www.ace-eco.org/issues/responses.php/1682

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LITERATURE CITED


### Appendix 1

Table A1.1. Swan ID and metadata, including whether a spring migration was tracked (1) or not (0). Sites B-E represent the different stopover sites (see Figure 3 in main text).

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Appendix 2

Figure A2.1. (A) GPS fixes with aquatic foraging (red) and (B) all GPS (blue) per individual (multiple years combined).

(A)
Appendix 3

Table A3.1. Output logistic regression AQF ~ Site + Spring + (1 | SwanID). Site B, C and D stands for Estonian coast, Gulf of Finland and Dvina Bay, respectively, with Site E (Cheskaya Bay) being the standard. Results visualized in Figure 1 main text.

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<th>P</th>
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<td>0.360</td>
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Table A3.2. Output logistic regression AQF ~ Number + Spring + (1 | SwanID). ≥1, ≥2 and ≥3 stands for at least one, two and three sites, respectively, with ≥4, at least four sites, being the standard. Results visualized in Figure 2 main text.

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