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DOI
10.1051/0004-6361/202039185
Publication date
2020
Document Version
Final published version
Published in
Astronomy & Astrophysics

Citation for published version (APA):

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ATOMIUM: A high-resolution view on the highly asymmetric wind of the AGB star π\(^1\)Gruis

I. First detection of a new companion and its effect on the inner wind

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Received 14 August 2020 / Accepted 9 October 2020

ABSTRACT

The nebular circumstellar environments of cool evolved stars are known to harbour a rich morphological complexity of gaseous structures on different length scales. A large part of these density structures are thought to be brought about by the interaction of the stellar wind with a close companion. The S-type asymptotic giant branch (AGB) star π\(^1\)Gruis, which has a known companion at ~440 au and is thought to harbour a second, closer-by (~10 au) companion, was observed with the Atacama Large Millimeter/submillimeter Array as part of the ATOMIUM Large programme. In this work, the brightest CO, SiO, and HCN molecular line transitions are analysed. The continuum map shows two maxima, separated by 0.04″ (6 au). The CO data unambiguously reveal that π\(^1\)Gruis’s circumstellar environment harbours an inclined, radially outflowing, equatorial density enhancement. It contains a spiral structure at an angle of ~38 ± 3° with the line-of-sight. The HCN emission in the inner wind reveals a clockwise spiral, with a dynamical crossing time of ~38 ± 3° with the line-of-sight. The HCN emission in the inner wind reveals a clockwise spiral, with a dynamical crossing time of ~38 ± 3° with the line-of-sight. The HCN emission in the inner wind reveals a clockwise spiral, with a dynamical crossing time of ~38 ± 3° with the line-of-sight. The HCN emission in the inner wind reveals a clockwise spiral, with a dynamical crossing time of ~38 ± 3° with the line-of-sight.

Key words: line: profiles – stars: AGB and post-AGB – submillimeter: stars – circumstellar matter
1. Introduction

Before turning into extended and intricately shaped planetary nebulae (PNe), low and intermediate mass stars evolve up the asymptotic giant branch (AGB) in the Hertzsprung–Russell diagram. The AGB phase is characterised by a strong mass-loss event which spans a period of a few $10^5$ to $10^6$ years and completely strips the giant star of its convective atmosphere (Habing & Olofsson 2004). This stellar wind is thought to be driven by stellar surface pulsations (Bowen 1988; Höfner & Olofsson 2018; McDonald & Trabucchi 2019), which lift gas to regions suitable for the formation of solid-state particles. The opacity of the dust species efficiently couples the dust to the incident stellar radiation, transferring a fraction of the radiation momentum to the dust particles and accelerating them radially outward (Winters et al. 2000; Höfner et al. 2003; Wittke 2006). Drag forces applied by the dust to the surrounding gas results in the formation of a vast, nebulous circumstellar environment (CSE) that is rich in complex and interlinked thermal, dynamical, chemical, and radiative processes (Höfner & Olofsson 2018).

Though many of these CSEs seem to exhibit large-scale sphericity, they systematically display a wealth of smaller scale structural complexities, including arcs (e.g. Decin et al. 2012; Cox et al. 2012), shells (e.g. Mauron & Huggins 2000), clumps (e.g. Bowers & Johnston 1990; Ohnaka et al. 2016; Khouri et al. 2016), spirals (e.g. Mauron & Huggins 2006; Mayer et al. 2011; Maercker et al. 2012; Kim et al. 2013), voids (Ramstedt et al. 2014), tori (e.g. Skinner et al. 1998), and rotating discs (Kervella et al. 2016; Homan et al. 2018a). The nebulae surrounding semi-regular pulsator stars appear to be particularly susceptible to the production of axi-symmetric geometries. These are typically composed of a relatively flat equatorial density enhancement, which may or may not harbour a spiral-shaped density pattern, with a perpendicularly oriented binocular outflow (e.g. Castro-Carrizo et al. 2010; Kervella et al. 2016; Doan et al. 2017, 2020; Homan et al. 2018a,b).

Hydrodynamical calculations reveal that gravitational perturbations by a nearby companion can explain a variety of these morphologies (e.g. Soker 1997; Huggins 2007; Mastrodemos & Morris 1999; Kim 2011; Kim & Taam 2012). The companion frequency of the main sequence (MS) predecessors of AGB stars has been determined to exceed 50% (Raghavan et al. 2010; Duchêne et al. 2013), not including any planetary companions. Considering that recent studies show that on average every star in the Milky Way (e.g. Cassan et al. 2012) possesses one or more planets, this frequency can only be considered as a lower limit. Hence, the systematic occurrence of companion-induced perturbations within AGB stellar winds should not come as a surprise.

The currently available high spatial resolution facilities present the unique possibility of studying the winds of these AGB stars in unprecedented detail. Imaging the CSE on milliarcsecond scales provides valuable insights into the local physics dominating the inner wind, which likely dictates the global shape and evolution of the CSE, and potentially even sheds some light on mechanisms that may (partly) explain further morphological evolution into post-AGB and planetary nebulae (Decin & Montargès 2020). Thus, imaging the complex structures in the inner regions of AGB CSEs at high angular resolution will aid our understanding of the missing morphological link between AGB stars and their PN progeny.

This study focuses on $\pi$'Graus, an AGB star displaying semi-regular (SRb-type) variability (Jorissen et al. 1993), with a period of 195 days (Pojmanski & Maciejewski 2005). It is an intrinsically S-type star (Jorissen et al. 1998), which is characterised by the presence of ZrO bands and Tc lines in its photospheric emission, indicative of enhanced s-process element abundances. The stellar photospheres of S-type stars also show C/O abundance ratios close to unity (Scalo & Ross 1976; Smith & Lambert 1986), which indicate that they are in the process of transitioning from an oxygen- to a carbon-dominated atmosphere. Its Hipparcos parallax places it at a distance of approximately $163 \pm 20$ parsec (van Leeuwen 2007). Van Eck et al. (1998) estimated an effective temperature of $T = 3100$ K and a luminosity of $\log L/\sol = 3.86$. It has an estimated current mass of $M_* \approx 1.5 M_\sun$ (Siess 2006; Siess & Arnold 2008), a measured photospheric angular diameter of $< 20$ milliarcseconds (Paladini et al. 2018), and a measured radial velocity relative to the local standard of rest (LSR) of $v_r = -12 \sol$ km s$^{-1}$ (Danilovich et al. 2015).

The circumstellar environment of $\pi$'Graus has been extensively documented in the literature. Sahai (1992) discovered, using single-dish mapping of CO $J = 2 \rightarrow 1$ emission, a fast bipolar outflow (with speeds larger than $38 \sol$ km s$^{-1}$) and an equatorial density enhancement (EDE) in this object. Resolved maps of $12CO$ $J = 2 \rightarrow 1$ emission were first made by Knapp et al. (1999) and later by Chiu et al. (2006), at a resolution of $\sim 3''$. They confirm the presence of an expanding EDE at an inclination angle $i < 55^\circ$ with respect to the line of sight. We adopt the convention that $0^\circ < i < 90^\circ$ implies that the southern side is closer to Earth. In 2017 $\pi$'Graus was imaged using ALMA (Doan et al. 2017) at a resolution of $\sim 5''$, and modelled with the radiative transfer solver SHAPEMOL by Steffen & López (2006). Their analysis, which takes into consideration multiple rotational transitions and isotopeologues of CO, constrains the velocity, density and temperature field within the EDE and the high-velocity polar outflows. From the mass in the EDE the authors deduce an upper limit on the mass-loss rate of $\sim 7.7 \times 10^{-7} M_\sun$ yr$^{-1}$. They visually constrain the inclination angle of the system to about $40^\circ$.

$\pi$'Graus is also a known binary system: Feast (1953) and Ake & Johnson (1992) detected a G0V companion at a separation of 2.7′′ (~440 astronomical units, henceforth au) from the central star. Considering the large orbital separation, Sahai (1992) suspected that this companion could not be the driver behind the wind shaping, and that a closer by, to date undetected, companion would be required to explain the observed morphology. In later work, Mayer et al. (2014) modelled Herschel/PACS and VLTI/AMBER data to also conclude that the known, distant G0V companion cannot be responsible for the wind shaping. They deduced that a companion located at a distance of <10 au from the central star, with a tentative mass of $\sim M_\sun$, fitted the data well. Finally, Doan et al. (2020) analysed ALMA band 6 (211–275 GHz) observations made with the 12 m array in compact configuration, with a spatial resolution of $\sim 1.2''$. They detect arcs in the nebular EDE which they interpret as being a counter-clockwise spiral. Additionally, they revealed that the fast outflow component has a bi-conical or hourglass-shaped morphology. Using 3D radiative transfer they construct a retrieval model for both the spiral and the hourglass, and also present a low resolution SPH model for a binary in an eccentric orbit with the aim of explaining certain second-order perturbations that appear in the data.

As part of the ATOMIUM ALMA large programme (2018.1.00659.L; PI L. Decin. see Decin & Montargès 2020; Gottlieb et al., in prep. for an overview), we conducted spatially resolved cycle 6 ALMA band 6 observations of the CSE of $\pi$'Graus using three different antenna configurations (see Sect. 2).
In the present work we present all morphological features identified in the ALMA data. In particular, we focus on the extended CO emission and on the more compact HCN and SiO emission. The data exhibit a prominent, finely resolved, inclined equatorial density enhancement with an embedded clockwise spiral that shows rotation near the stellar position. At large velocities, the contours of a high-velocity hourglass are discerned. This observational paper is the first in a series, in which follow-up papers will involve the modelling of the primary morphological features in the wind of π¹ Gru using smoothed-particle hydrodynamics (SPH) and three-dimensional radiative transfer.

The paper is organised as follows. We present a synthesis of the observation technicalities and reduction procedures in Sect. 2. In Sect. 3, we analyse the continuum. This is followed by an analysis of the CO, HCN and SiO emission in Sect. 4. Subsequently, peculiarities in the data that deserve more attention are discussed in Sect. 5. Finally, we present a summary of the results in Sect. 6.

### 2. Data acquisition and reduction

π¹ Gru was observed by ALMA between October 2018 and July 2019 using three different antenna array configurations. For more details of observations and data processing see (Gottlieb et al., in prep.), Sects. 2 and 3. The synthesised beam size and the maximum recoverable scale (MRS) are given for the continuum, and vary slightly with frequency for spectral cubes. The data were combined with equal weight given to all configurations. We used multiscale CLEAN to produce the image cubes, with more weight given to large scales. When making image cubes for HCN and SiO a visibility plane taper equivalent to 0.02″ was applied to reduce CLEAN instabilities. For CO, a taper of 0.17″ was used to further improve sensitivity to low brightness temperature features. The total image sizes were set to the smaller of: (i) the 0.2 sensitivity level of the primary beam, with a radius of ∼20″, or (ii) the region encompassing all the detected emission. The general and continuum parameters are given in Table 1 and the line cube details are given in Table 2.

### 3. ALMA continuum emission

The continuum emission is shown in Fig. 1. It consists of two components, one bright slightly resolved component to the north and another, completely unresolved, much dimmer component to the south-west. The components are separated by approximately 0.038″ (or about 6.25 au assuming a distance of 163 pc) in the plane of the sky. We shall henceforth refer to the brighter component as the primary, and the dimmer component as the secondary. The two components are separated at the 120×σ_{rms} level. The brightness peak of the primary is about 17 mJy beam⁻¹, and it has a total integrated flux density of 25 mJy within the northern loop of the 120×σ_{rms} contour. The diameter of this loop is approximately 0.045″. The secondary has a brightness peak of 2.7 mJy beam⁻¹, and a total integrated flux density within the southern loop of the 120×σ_{rms} contour of 1.3 mJy. The size of the south loop has a diameter of approximately 0.02″.

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**Table 1.** Summary of general and continuum data specifications.

<table>
<thead>
<tr>
<th>Config.</th>
<th>Beam (mas×mas, °)</th>
<th>Continuum rms (mJy)</th>
<th>MRS (arcsec)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extended</td>
<td>19×19, 60</td>
<td>0.015</td>
<td>0.4</td>
</tr>
<tr>
<td>Mid</td>
<td>248×235, 30</td>
<td>0.040</td>
<td>3.9</td>
</tr>
<tr>
<td>Compact</td>
<td>866×774, −86</td>
<td>0.036</td>
<td>9.3</td>
</tr>
<tr>
<td>Combined</td>
<td>25×23, 44</td>
<td>0.010</td>
<td>9.3</td>
</tr>
</tbody>
</table>
we are unable to conclusively distinguish between a compact clump of a high degree of accumulated, very hot dust. At this stage a high temperature, or both. This points towards the presence of the secondary has either a comparatively large surface area, or is its temperature. The above calculation strongly suggest that $R$ where

$$R \sim \frac{10^4}{T^{1/2}} \text{cm},$$

Notes. All lines are in $v = 0$.

Assuming the primary component represents the AGB star of the system, for which the surface temperature and luminosity have been previously measured (see Sect. 1, though not accounting for the dual nature of the central source), we can estimate its contribution to the total continuum flux (by assuming black-body emission in a bandwidth 1.6 GHz around the CO rest frequency of 230.5 GHz) to be 26.5 mJy, or approximately the total flux within the north loop of the 120 GHz contour. Even though this estimation assumes no attenuation by circumstellar dust, when considering the uncertainties of ∼20% on the measurement set and even higher uncertainties on the previously determined stellar parameters, it is safe to assume that the primary component indeed fully represents the AGB star.

The brightness peak of the secondary source in the continuum is located at a projected distance of ∼6 au away from the central star, and could hence be the predicted companion (Sahai 1992; Mayer et al. 2014) that is shaping the wind, or a local environment created by a companion (see Sect. 5.4). The flux ratio between the secondary and the primary is about 5% at ∼230 GHz. Assuming that all energy is of thermal origin and that the two sources are radiating a Planck field in the Rayleigh-Jeans regime from a surface of radius $R$, then it can be shown that

$$R_{\text{sec}} = \frac{78 R_0}{T_{\text{sec}}} \left(\frac{3100 \text{ K}}{T_{\text{sec}}}\right)^{1/2},$$

where $R_{\text{sec}}$ is the surface radius of the secondary object, and $T_{\text{sec}}$ is its temperature. The above calculation strongly suggest that the secondary has either a comparatively large surface area, or a high temperature, or both. This points towards the presence of a high degree of accumulated, very hot dust. At this stage we are unable to conclusively distinguish between a compact dense clump of hot dust, or an accretion structure surrounding a potential (stellar) companion. However, analysis of the dynamics of the structures found in the wind of $\pi$ Gru (see Sects. 5.3 and 5.4) strongly suggest that the secondary continuum peak is indeed located at the expected companion position, which provides support for the latter scenario.

In addition, full analysis of the properties of the ALMA continuum, in combination with SPHERE/ZIMPOL data, which confirms that the feature is indeed a companion, is currently in preparation (Montargès et al., in prep.). We therefore defer all further examination and discussion on the nature of the secondary component to this work.

4. ALMA molecular emission

In this section we describe the observational results for the brightest spectral lines in the ATOMIUM dataset that trace the morphology of $\pi$ Gru: CO $v = 0$ $J = 2\to 1$ (Winnewisser et al. 1997), and, for the first time, HCN $v = 0$ $J = 3\to 2$ (Ahrens et al. 2002) and SiO $v = 0$ $J = 5\to 4$ (Müller et al. 2013) (see Table 2).

All spectrally resolved figures and mentions of blue-shift and red-shift are made with respect to the stellar radial velocity $v_r$, which is ∼12 km s$^{-1}$ with respect to the local standard of rest. For optimal appraisal of the fine details in the data figures we recommend that all images presented in this paper are displayed on screen. For all resolved maps north is up, and east is left.

4.1. CO $J = 2\to 1$ emission: Large-scale clockwise spiral

The description of the global morphological properties of the CSE based on the CO emission requires a uniform representation of the data that brings out features with a low surface brightness. We therefore focus this initial analysis on the
compact 12 m main array data. The finer morphological details will be described using the combined (compact, mid and extended) 12 m ALMA array configurations datacube.

Figure 2 shows the spectral line of the observed CO $J = 2–1$, produced from the compact configuration. It exhibits a “double-horned” line shape, with peaks around $v_\ast \pm 5 \, \text{km s}^{-1}$, and extremely broad line wings, extending to projected velocities of at least $v_\ast \pm 30 \, \text{km s}^{-1}$, with an integrated flux of about $\sim 820 \, \text{Jy km s}^{-1}$ for the largest aperture.

Use of the combined 12 m array data alone (MRS = 9.3") implies that the data is missing flux. To estimate this missing flux we compare the integrated flux of the current CO line with single-dish data in the literature. Winters et al. (2003) show in their Fig. 23 a CO $J = 2–1$ emission line observed with the 15 m diameter Swedish-ESO Submillimeter Telescope (SEST), for which we have calculated its rescaled integrated flux to $\sim 1140 \, \text{Jy km s}^{-1}$. Doan et al. (2017) show APEX data from 2005 for which we calculated an integrated flux of $\sim 3080 \, \text{Jy km s}^{-1}$. This means that between 27% and 72% of the diffuse, largerscale emission is missing from the data. Nevertheless, since all analyses below are based on emission features with typical dimensions that are much smaller than the MRS of the configuration, we do not expect this diffuse emission to impact any of our conclusions.

The channel maps in Fig. A.1 show the distribution of emission in the $\pm 18 \, \text{km s}^{-1}$ velocity range around the systemic stellar velocity for the compact and combined 12 m main array data. The emission dominates the northern (southern) quadrants in the red- (blue-)shifted projected velocities, and shows a near-perfect alignment with the continuum brightness peak position at stellar velocity. We summarise the general properties of the global nebula in Appendix A. These are in agreement with the results by Doan et al. (2020), so we refrain from repeating them here.

The emission is not smoothly decaying with radius, contrary to cases like L2 Pup (Homan et al. 2017) or R Dor (Homan et al. 2018a). Rather, the emission appears to show a multitude of second-order arc-like enhancements. The systematic changes of the location of these emission enhancements as a function of radial velocity reveals spectral continuity, which suggests that they represent a coherent entity. The most straightforward explanation for such globally linked arcs would be that the EDE of $\pi$ Gru possesses an embedded spiral, as also first proposed by Doan et al. (2020).

To analyse the positions of these arcs with respect to each other we construct a radial profile of the central channel of the CO data along the symmetry axis of the stereogram (see Fig. A.2), averaged over 0.8", the resolution of the ALMA compact configuration images. This radial profile is shown in Fig. 3. In the inner 5", the peaks appear somewhat periodically, while also showing a systematic offset between the ones to the east and west: the peak positions of the western (eastern) emission coinciding with the troughs of the eastern (western) emission, as expected for a spiral. The spiral arms are nearly equidistant with a spacing of $\sim 2''$ (325 au at a distance of 163 pc). The width of these arcs is approximately 1" at all radii, and the peaks do not appear to show a consistent brightness contrast with respect to the troughs.

Beyond 5" the emission peaks in the eastern profile remain somewhat equidistant, while in the western profile this trend is lost. Around 7" the western profile exhibits a double peak, followed by a peak around 11": the distance between these peaks is almost twice that of the peak spacing of the eastern profile. This indicates that the spiral may be undergoing geometrical changes as it moves away from the star. We elaborate on these curiosities in Sect. 5.1.

In many cases the moment0 map (the velocity averaged emission distribution over the entire domain shown in Fig. A.1) is a useful tool to evaluate the degree of spectral and spatial correlation of emission patterns throughout the entire spectral domain of the datacube. However, as can be seen in the left panel of Fig. 4, other than some arc-like features, it does not show any signs of spiral-like correlated emission. This could be caused by a combination of a relatively large system inclination ($\sim 40^\circ$ as estimated by Doan et al. 2017), and a relatively large equatorial thickness angle. Combined, this would cause the lower-emission gaps between the spiral arms to be covered by the emission of the arms at larger radii. Hence, we construct a similar map from carefully chosen velocity bins to mitigate the effect. Shown in the right panels of Fig. 4 is the velocity averaged map for the velocity bins at 11.5, 5, −2, and $−8.5 \, \text{km s}^{-1}$, which we shall refer to as the CPmom0 map (CP = cherry pick). This map highlights the consequent bright, curved arcs of emission that indeed appear to trace the outline of a clockwise spiral, which is opposite to the conclusion drawn by Doan et al. (2020).

Finally, we also recover the high-velocity signals that were first detected by Sahai (1992), and later imaged by Doan et al. (2020), as shown in Fig. B.1. The properties of the detected features are in complete agreement with the findings of Doan et al. (2020), and, to avoid repetition, we summarise our results in Appendix B.

4.2. HCN $J = 3–2$ emission: Innermost spiral windings

The HCN emission in the dataset is confined to the inner 1.5" zone (see Fig. 6), thus focusing precisely on the region where the first spiral winding is detected in the CO emission (see Fig. 3). Figure 5 shows the spectral line of the HCN emission, for different aperture diameters. The line is highly asymmetric with a steep red-shifted line wing, and a broad blue-shifted line wing. The line peaks at a spectral offset of $v_\ast + 4 \, \text{km s}^{-1}$, indicating that the local emission conditions deviate highly from sphericity. The line does not display any bright, narrow features that one would expect for maser emission.

We show the spatially resolved HCN emission in the channel maps in Fig. 6. In the red (blue)-shifted portion of the line wings, emission can be seen in arc-like filaments to the north (south) of the AGB star. As speeds approach the stellar velocity, the emission becomes stronger, the filaments split into two emission clumps that align themselves horizontally with the AGB star. This spectral progression strongly resembles what is seen
Fig. 6. Channel maps showing the resolved emission of the HCN $v = 0 \ J = 3\text{–}2$ line in the $\pm 18 \text{ km s}^{-1}$ velocity range, for the combined dataset. The labelled velocities have been corrected for $v_\ast = -12 \text{ km s}^{-1}$. Contours are drawn at 3, 6, 12, 24, 48, 96, and 192 $\times \sigma_{\text{rms}}$ ($= 1.5 \times 10^{-3} \text{ Jy beam}^{-1}$). Length scales and ALMA beam ($0.053'' \times 0.046''$) are indicated in the bottom left panel. The maps are centred on the continuum peak position, which is indicated by the yellow star symbol.

in the CO channel maps, and indicates that the large-scale EDE morphology as manifested in CO emission persists down to sub-arcsecond length scales. This is confirmed by the moment0 and moment1 maps shown in Fig. 7, which reveal a clockwise spiral consisting of 2 complete revolutions. Hence, the HCN data confirm that the emission patterns analysed in the Sect. 4.1 indeed follow a spiral pattern that originates near the location of the AGB star. This result stands in contrast with the interpretation proposed by Doan et al. (2020). The HCN emission patterns now unambiguously demonstrate that the spiral is in fact clockwise, and shows no signs of perturbations brought about by a companion in an eccentric orbit.

The HCN emission never actually overlaps with the AGB star. This implies that the detected HCN emission is solely confined to the spiral arm. It is known that the HCN molecule is a product of non-LTE chemistry in M- and S-type stars (Gobrecht et al. 2016; Van de Sande et al. 2020). Hence, the fact that the HCN emission is only detected in large quantities in the spiral implies that the conditions associated with the spiral and its formation can, and probably does, induce or enhance non-LTE chemical processes.

The HCN spiral has a consistent thickness of $0.12''$ and a spacing between the windings of $0.3''$. And whereas most of the emission in the HCN spiral appears rather homogeneously distributed at intensities around $1.2 \times 10^{-2} \text{ Jy beam}^{-1}$, the HCN spiral exhibits an unusually bright clump of emission that persists over the $3$ to $10 \text{ km s}^{-1}$ velocity range. This clump grazes the AGB star to the north-west. It has a length (measured along its longest dimension) of $0.3''$, and a width of $0.17''$, and it has a brightness peak position at a distance of approximately $0.9''$ from the AGB star. This clump which, with its brightness peak of $3.3 \times 10^{-2} \text{ Jy beam}^{-1}$, is approximately 3 times brighter than the rest of the spiral, is also visible in the moment0 map in Fig. 7.

In the moment1 map, shown in the right panel of Fig. 7, the north-to-south spectral separation also observed in the CO emission (see Fig. A.5) is clearly visible. But, the HCN emission reveals a substantial deviation from this trend below $0.1''$ (inside the yellow circle in the right panel of Fig. 7). The position-angle (PA, measured from north to east) of the strip representing the gas with projected speeds close to the systemic velocity in the inner wind is $\sim 55^\circ$, nearly $45^\circ$ rotated with respect to the previously deduced orientation of this strip at larger scales (e.g. Fig. A.5). This trend is also recovered from the SiO emission discussed in the next section, and will be addressed in Sect. 5.2.
4.3. \( \text{SiO} \ J = 5-4 \) emission: Gas in rotation

The spectral line of the \( \text{SiO} \ v = 0 \ J = 5-4 \) emission is shown in Fig. 8. It has a nearly-triangular line shape, with a symmetric velocity extent from about \(-25 \text{ km s}^{-1}\) to about \(25 \text{ km s}^{-1}\). It does not show any spike-like features reminiscent of maser-activity. The only observed deviation is a small asymmetric dip around \(-3 \text{ km s}^{-1}\). Under the simple assumption of a spherical wind, such triangular line shapes are known to be tracers of the acceleration region of the wind (Bujarrabal et al. 1986, 1989). However, the analysis of the CO and HCN emission in the respective Sects. 4.1 and 4.2 has revealed that the nebula of \( \pi \) Gru is highly complex, with yet-to-be explained spectral behaviour of the gas at length scales comparable to the binary separation (see Sect. 4.2). Thus, the assumption of a smooth accelerating radial wind is probably insufficient to fully understand the origin of the line shape.

The channel maps of the \( \text{SiO} \) emission for the combined dataset, shown in Fig. 9, display how the emission is strictly confined to regions that are at most 0.25'' away from the AGB star. With a photospheric radius for the AGB star of \( \sim 0.02'' \) (Paladini et al. 2018), this means that the \( \text{SiO} \) probes the warm gas within the first ten stellar radii. Similar to the HCN emission, the evolution from the red- to the blue-shifted line wing of the emission closest to the AGB star manifests itself as what seems to be counter clockwise revolution from west to south-east around the AGB star. Though this behaviour is partly attributable to the presence of a spiral-shaped density enhancement surrounding the AGB star, the eastern (western) positioning of the highest blue-(red-)shifted emission is unexpected for a purely radial velocity field.

Contrary to HCN, \( \text{SiO} \) is a stable and easy-to-produce product of LTE chemistry in oxygen-rich environments (Gail & Sedlmayr 2013). This implies that it is commonly found in relatively large abundances in the inner wind. This can also be seen in the moment0 map shown in the left panel of Fig. 10: the \( \text{SiO} \) emission fully encompasses the AGB star. Unlike CO, \( \text{SiO} \) possesses a relatively high electric dipole moment of \( \sim 3.01 \text{ D} \) (Raymonda et al. 1970; Maroulis et al. 2000). Thus, \( \text{SiO} \) tends to be more of a radiatively excitable molecule (unless affected by high optical depth effects). Close to the AGB star, where the stellar radiation field dominates, this makes a single \( \text{SiO} \) emission line an unreliable tracer for the local density landscape. However, the distribution and relatively high Einstein A coefficient of the current transition make the \( J = 5-4 \) line an excellent tracer of the velocity field around the star, which we visualise using the moment1 map (Fig. 10, right panel). It reveals that the blue-shifted and red-shifted gas are separated by a region where the line-of-sight velocity is close to the systemic velocity, which manifests itself as a long, thin strip with a PA = 50°, just as detected for the HCN emission in Sect. 4.2. We discuss this further in the Sect. 5.2.

4.4. Smallest-scale \( \text{SiO} \) emission

The ground-state vibrational \( ^{28}\text{SiO} \ J = 5-4, \ ^{28}\text{SiO} \ J = 6-5, \) and \( ^{30}\text{SiO} \ J = 6-5 \) lines are within our bands (Mollaaghababa et al. 1991). Although unlikely to be strongly masing, they all show bright, compact emission within \( \sim 0.1'' \) of the star. Though even more compact, the emission distribution of these lines is geometrically and spectrally nearly identical to the \( \text{SiO} \ v = 0 \ J = 5-4 \) shown in Sect. 4.3, which is why we refrain from showing the channel maps here. We fitted 2D Gaussian...
Fig. 9. Channel maps showing the resolved emission of the SiO $v=0 \ J=5-4$ line in the $\pm \sim 23 \ km \ s^{-1}$ velocity range, for the combined dataset. The labelled velocities have been corrected for $v_\star = -12 \ km \ s^{-1}$. Contours are drawn at 3, 6, 12, 24, 48, and $192\times\sigma_{\text{rms}} (= 1.0 \times 10^{-3} \ Jy \ beam^{-1})$. Length scales and ALMA beam ($0.051'' \times 0.043''$) are indicated in the bottom left panel. The maps are centred on the continuum peak position. The two highest continuum contours in Fig. 1 are shown in blue.

Fig. 10. Left: moment 0 map of the emission in the channel maps shown in Fig. 9. Contours are drawn at 3, 6, 12, 24, 48, and 96 times the rms noise value in the spectral region of the bandpass without detectable line emission ($\sigma_{\text{rms}} = 1.0 \times 10^{-3} \ Jy \ beam^{-1}$). The two highest continuum contours in Fig. 1 are shown in blue. Right: moment1 map of the same emission.
components to each patch of emission above $20 \sigma_{\text{rms}}$ in each of the mid-configuration channel maps covering these lines, using the SAD $^1$ (search and destroy) task in the AIPS package (van Moorsel et al. 1996). The algorithm filters out extended emission but indicates localised regions dominated by conditions which are much more favourable to SiO emission than the rest of the immediate vicinity. We selected Gaussians which were within either 0.01” or, if larger, the position errors of their counterparts in adjacent channels to ensure selection of the strongest signal, as isolated components could be fitting artefacts. The position error of a fitted Gaussian component is approximately $0.5^\prime\prime$ (synthesised beam)/(signal to noise ratio) (Condon 1997; Richards et al. 2011). Thus, for even a weak $10 \sigma_{\text{rms}}$ component the accuracy is better than 0.015”.

We show the spatial distribution and velocity of the SiO peak positions of the $v = 0$ emission of the mid-configuration in Fig. 11.

The ground-state vibrational $^{28}\text{SiO}$, $^{30}\text{SiO}$ $J = 5–4$ and $^{30}\text{SiO}$, $^{32}\text{SiO}$, $^{34}\text{SiO}$ $J = 6–5$ emission lines of the $\pi^{1}$ Gruis ATOMIUM mid-configuration dataset. Contours of the 120 and 768 times the continuum rms noise value (1.5 x $10^{-5}$ Jy beam$^{-1}$) are shown in grey.

is identified to the south of the primary continuum peak. Here, a curved trail of entirely blue-shifted $v > 0$ lines is found to connect the locations of the primary and the secondary continuum components. In addition, a shorter second tail is found to the east of the secondary. Combined, the $v = 0$ and $v > 0$ features appear consistent with the expected flow pattern of the wind material as it is subjected to the conditions caused by interaction with a companion. We elaborate on these ideas in Sect. 5.2.

5. Discussion

5.1. The nature of the spiral

Using the spiral-arm spacing derived from the inner 5” of the CO emission (Sect. 4.1), we can derive the inclination of the system by fitting the pattern in the CPmom0 with an inclined Archimedean spiral. The radial coordinate $r'$ of the spiral is given by

$$r' = R_{\text{incl}} R_{\text{incl}} r,$$

with $R_{\text{incl}}$ and $R_{\text{incl}}$ the rotation matrices specifying the tilt of $6^\circ$ (the PA of the system, see Fig. A.2) and the inclination of the system, respectively. In the initial coordinate system $(x,y)$ define the plane of the sky, and $z$ the line of sight. And in this coordinate system $r$, the radial distance of the spiral arm from the continuum peak, is defined as

$$r = b \phi + a,$$

with $b$ the spacing between the spiral arms, $\phi$ is the angle in the plane of the sky, and $a$ the phase of the spiral, assumed to start at the south of the primary continuum peak. To assess the quality of the fit, the line emission values (averaged over one beam width) in the data pixels at radii below 5” crossed by the Archimedean spiral are averaged, and compared to similar averages for different inclination angles. The angle that yields the highest pixel average is assumed to be the inclination of the system, which was determined to be $(38 \pm 3)^{\circ}$. This value is in agreement with the previously visually constrained value of $-40^\circ$ by Doan et al. (2017).

We confined this procedure to the inner 5” because the data show that the distance between the windings increases as a function of distance from the star. Indeed, the spiral arms beyond 5”

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are separated by up to $5''$, the spiral arms within the $5''$ radius region show a $\sim 2''$ spacing (see Sect. 4.1), and the first few spiral windings can be measured to be only separated by a distance of $\sim 0.25''$ (see Sect. 4.2). This is not to be expected from the typical mathematically ideal Archimedean spiral with which such data are typically compared.

Hydrodynamical models show that when the mass-losing star and the companion have comparable masses, the resulting spiral morphology does not follow an ideal Archimedean trend, and the distance between the spiral arms will vary as a function of distance from the AGB star. This is because the spiral-forming mechanism in such a fully detached system, implying no (wind-)Roche-lobe overflow, consists of a multitude of interfering phenomena, which can be properly discerned in, for example, the models of Liu et al. (2017).

The wind is beamed in the immediate vicinity of the companion by its gravitational potential, resulting in a density- and velocity-enhanced Bondi-Hoyle-Lyttleton (BHL) models of Liu et al. (2017).

5.2. Anatomy of the inner wind

The gas around the primary continuum peak with a line of sight velocity close to the systemic velocity probed by the resolved SiO emission and the HCN emission (see Figs. 7 and 10, respectively) traces a strip with a PA of $\sim 55''$ within $0.1''$ of the star. Beyond this distance, the PA changes to $\sim 96''$ and remains unchanged all the way to the largest spatial features traced by CO.

When viewing a naked inclined EDE with a tangential velocity field, the gas close to the systemic velocity will lie along the minor axis of the projected view of the EDE. This stands in contrast to a radial velocity field, for which the gas around the systemic velocity will lie along the major axis of the projected EDE. Hence, a smaller-scale tangential field embedded in a larger-scale radial field (i.e. expanding medium) will result in a combined effect, whose properties depend on the relative strength and size of both fields. This means that the PA of the zero Doppler-velocity gas in the inner wind traced by SiO and HCN can be explained by a gradual shift in velocity regime, from the larger-scale radial field to an inner velocity field that is more rotational in nature.

HCN and SiO probe the gas on length scales of the order of the binary separation. This means that they not only probe the post-interaction gas that is freely flowing outward (such as seen in CO), but also the pre- and peri-interaction gas, that is undergoing strong hydrodynamical perturbations due to the inferred binary interaction. Hydrodynamical models of spiral-inducing AGB binaries that focus on the wind-companion interaction zone (Mastrodemos & Morris 1998; Mohamed & Podsiadlowski 2012; Saladino et al. 2019) show that, before transitioning to a radial wind, most stream lines within the orbital radius of the companion are nearly parallel to the orbital displacement vector (see e.g. Fig. 5 in Saladino et al. 2019). Thus, the Doppler shifts in the line emission from this zone will not exclusively exhibit the typical features of a radial wind, but rather a mixed signal that includes signatures associated with rotation. Hence, as a first scenario, we propose that the detected feature could be consistent with what is expected from the spiral-forming region.

There is, however, another scenario that can explain the kink of the zero Doppler-velocity region of the moment1 maps of SiO and HCN. It could be tracing an inclined, tilted, compact, and rotating EDE with a radius of a dozen or so stellar radii ($\sim 0.1''$). Such discs have been previously detected around semi-regularly pulsating AGB stars (Kervella et al. 2016; Homan et al. 2017, 2018a), so it would not be implausible to find one here. The results of the analysis of the SiO peaks and masers in Sect. 5.3 provides strong evidence against the above mentioned disc hypothesis. Assuming the $v=0$ hook (see Fig. 11) is the signature of a compact and rotating disc, then it is difficult to explain the large gap to the south, as such a gap would have been filled-up by the disc’s differential rotation in less than two years, assuming a maximal speed of $\sim 20$ km s$^{-1}$. The hook-like feature more consistently resembles the first half-windings of the clockwise spiral. In addition, the highest speeds are expected to trace the entire inner rim of the disc, i.e. a radial gradient is expected to be seen. In this case, the highest speeds are found only at the end-points of the hook. This is not consistent with the dynamics of an inclined differentially rotating EDE, which will always exhibit its maximal velocities adjacent to the continuum peak, and along the major axis of the projected view of the disc. Lower velocities would be found at larger radii along the same axis, even when embedded in a larger-scale radial field (Homan et al. 2016). Finally, the orientation of this disc would imply a projected angular momentum vector oriented along the north-east to south-west axis, and thus the orbital plane of the system perpendicular to it. This orientation is very difficult to reconcile with that of the symmetry axes of the larger-scale nebula (see e.g. Fig. A.2). Combined, these arguments thus favour the aforementioned spiral hypothesis.

5.3. Maser emission and mass of tentative companion

The map of the $v>0$ maser emission reveals that most SiO masers are located in a ring around the star, at radii less than the distance to the secondary, and with projected speeds close to the systemic velocity. This is expected for an accelerating outflow which produces tangential beaming (Chapman & Cohen 1985). Within the inner few stellar radii, i.e. before dust has formed, material producing SiO masers may be accelerated by shocks from stellar pulsations. If the material has zero velocity at the stellar surface, and reaches typically 7 km s$^{-1}$ at 3–5 stellar radii from the star, this implies a sporadic outward acceleration $\sim 1$ km s$^{-1}$ per au. The material then falls back under the star’s gravity, so that the net outflow across an SiO maser zone is only $\sim 0.5$ km s$^{-1}$ (Assaf 2018) in the absence of binary interaction. However, to the south of the primary continuum peak, an anomaly manifests itself as a row of progressively more
blue-shifted masers that connect the primary to the secondary continuum peak. SiO masers are known to sometimes exhibit such features, caused by the interaction between pulsation, dust formation and exponential amplification of small differences in conditions (e.g. Gray et al. 2009; Assaf et al. 2013). These are usually seen at various position angles and their velocity may increase or decrease with distance from the star.

In order to generate further insight for future investigation we tested the hypothesis that this feature may be tracing the flow of gas from the AGB star to a companion. This type of mass transfer has been previously observed around in the R Aqr system (Bujarrabal et al. 2018), where gas is seen to be flowing from the AGB star to a white dwarf companion, located at a distance of 12 ± 2 au. The large-scale orientation of the π¹Gru nebula with the southern portion oriented towards Earth, would imply the same for the tentative companion, and explain the blue-shift. In addition, the material further from the star is more blue-shifted from −5 km s⁻¹ at a angular separation of ~0.014'' to −20 km s⁻¹ at an angular separation of ~0.034'' from the primary continuum peak. This gradual increase in projected speed could be due to simple gravitational acceleration towards the companion. We can use the measured acceleration of the gas as a way to estimate the mass of the companion. The projected distance of the feature is ~2.7 au, so assuming an inclination angle of 38° the total length of the feature is approximately 4.4 au. Basic kinematics thus gives a mean acceleration of ~4.5 × 10⁻⁴ ms⁻². Assuming the gas is inside the companion’s potential well and undergoing free fall, we equate this acceleration to the theoretically expected mean gravitational acceleration over this distance, i.e.

\[ a = \frac{GM}{d_i^2 - d_f^2} \int_{d_i}^{d_f} \frac{dr}{r^2}, \]

with \( G \) the universal gravitational constant, \( M \) the mass of the companion, and \( d_i \) and \( d_f \) the distances from the secondary continuum peak to where the acceleration extremum are measured. This results in a derived companion mass of ~2.2 × 10³⁹ kg, or approximately 1.1 \( M_\odot \) consistent with the rough estimate made by Mayer et al. (2014). This can be considered a rough upper-limit, since no additional effects that contribute to the acceleration of the gas (e.g. pulsations, dust, . . . ) have been taken into account.

The \( v = 0 \) loop (see Fig. 11) does not appear to start (blue-shifted signal) at the location of the tentative companion, and appears to shear very close to the AGB star’s surface, especially at higher red-shifts. Under the companion-induced spiral scenario, this can be explained by a combination of projection effects and extreme physics. The system’s inclination angle of ~40° compresses the projected spiral in the vertical direction, giving the impression that it is shearing the AGB star, while it is probably situated an appreciable distance behind the star. In addition, the thermodynamical conditions nearby a ~1 \( M_\odot \) companion (see Sect. 5.3) in an AGB wind can be rather extreme (e.g. Saladino et al. 2019). Therefore, the absence of \( v = 0 \) SiO signal between the location of the tentative companion and the most blue-shifted data points is probably indicative of the absence of suitable conditions for the generation of such emission, rather than the absence of matter.

To better visualise the inner structure of the EDE, we present a diagram containing the principal features of the inner wind of the π¹Gru nebula in Fig. 13.

5.4. Radial wind dynamics

Accounting for the system’s inclination of ~38° (see Sect. 5.1), the mean speed of the northern arc of the HCN spiral is ~12 km s⁻¹, at a deprojected distance of ~90 au. This is substantially lower than the velocity extent of the CO, which is difficult to unambiguously deduce since the EDE signal and the hourglass signal are merged in the 15 to 30 km s⁻¹ range of projected velocities, or ~20 to 40 km s⁻¹ actual speed. The substantial difference between the gas speed probed by the HCN and the CO emission implies that the gas is still accelerating in the region between 0.5'' and 10''.

We can use such dynamical constraints provided by the resolved HCN and CO maps to evaluate the exponent of the velocity beta-law approximation for a radial wind dynamics profile, given by

\[ v(r) = v_\infty \left(1 - \frac{r_{dc}}{r}\right)^\beta, \]

where \( v_\infty \) is the terminal wind speed, \( r_{dc} \) is the dust condensation radius of the system, and \( \beta \) is the parameter that determines the rate of acceleration. To this end we combine the above measurement with mean deprojected speeds and distances of the southern HCN arc, as well as the most prominent arcs in the red-shifted wing of the CO cube. The measurements are summarised in Table 3. The mean distance measurement is made at the arcs’ mean speed. The uncertainty on the distance is measured as the 3 × \( \sigma_{\text{rms}} \) width of the arm at the mean speed. The uncertainty on the mean speed is determined by the velocity extent over which the arc signal persists. The latter is certainly an overestimate: the large equatorial thickness angle of the EDE and the considerable inclination angle of the system conspire to give the arc signals a large velocity width. However, because we cannot disentangle the velocity-extent of the signal from the geometry of the EDE without a velocity model, we keep this uncertainty as upper limit.

Assuming that the dust condensation radius is around 6 au (see Montargès et al., in prep.), we used the SCIPY.ODR python library to derive a beta-law best-fit with a terminal velocity value of ~19.5 ± 1.4 km s⁻¹, and an exponent of \( \beta = 6.0 \pm 1.1 \), as shown in Fig. 14. Such high values for \( \beta \) have been found for some
To this end we presented the continuum emission, and the CO morphological investigation of the star’s circumstellar nebula. A combination of three configurations ensured a continuous covering of ALMA as part of the ATOMIUM programme under the Marie Skłodowska-Curie Grant agreement No. 665501 to the STFC for support via grant number ST/P000312/1. IMCP acknowledges funding from the UK STFC (grant number ST/T000287/1) MVDs acknowledges support from the STFC for support via grant number ST/P000312/1. JM is grateful to the STFC for support via grant number ST/P000312/1. MVDs acknowledges support from the Research Foundation Flanders (FWO) through grant 1239920N. TMJ is grateful to the STFC for support via grant number ST/P000312/1. MVDs acknowledges support from the Research Foundation Flanders (FWO) through grant 1239920N.

Table 3. Deprojected speed-distance pair measurements for different spiral arcs in order to determine the radial dynamics of the wind along the equatorial plane.

<table>
<thead>
<tr>
<th>Molecule</th>
<th>Arc position</th>
<th>Mean speed [km s⁻¹]</th>
<th>Mean dist. to AGB [au]</th>
</tr>
</thead>
<tbody>
<tr>
<td>HCN</td>
<td>S</td>
<td>8.5 ± 3.0</td>
<td>41 ± 12</td>
</tr>
<tr>
<td>HCN</td>
<td>N</td>
<td>12.0 ± 3.0</td>
<td>90 ± 10</td>
</tr>
<tr>
<td>CO</td>
<td>N, last but one</td>
<td>20.0 ± 6.0</td>
<td>570 ± 70</td>
</tr>
<tr>
<td>CO</td>
<td>N, farthest</td>
<td>19.0 ± 5.5</td>
<td>1675 ± 140</td>
</tr>
</tbody>
</table>

Notes. S stands for south, N for north.

M-type AGB stars (e.g. Decin et al. 2006, 2018; Khouri et al. 2014; Gottlieb et al., in prep.), and are not well understood. Many scenarios have been proposed to explain such a slow acceleration. For example, the inefficient coupling of the stellar radiation field to the oxygen-rich dust in the CSE (Höfner 2008; Bladh et al. 2019), a radius-dependent dust formation efficiency, which triggers the formation of different dust types at different radii (El Mellah et al. 2020), the formation of large quantities of dust grains with a low fractal dimension (Decin et al. 2018), etc.

Using these dynamical constraints, we can deduce the orbital properties of the binary system that are responsible for the observed spiral pattern. Accounting for the acceleration profile derived above, the spiral windings closest to the AGB star have a dynamical crossing time scale of ~15 years. Using Kepler’s third Law of planetary motion, and assuming a 1.5 M₀ system mass (Siess 2006; Siess & Arnold 2008), we deduce an orbital separation between the AGB star and the companion of ~7 au. Under projection due to the system’s inclination, this object would appear at a distance from the AGB star of ~6 au, or ~0.04″ along the north-to-south axis. This coincides precisely with the position of the secondary component observed in the ALMA continuum (see Fig. 1), strengthening the case that the secondary continuum peak is directly related to the presence of a companion.

When applying the same argument to the spiral arcs observed at larger radii, which have a typical separation of ~2.5″, the dynamical crossing time scales augment to ~100 years. This is a clear indication the geometrical nature of the spiral changes as it moves outward, probably due to the complex hydrodynamical interplay of the phenomena described in Sect. 5.1.

6. Summary

The wind of the S-type AGB star π¹ Gruis was observed with ALMA as part of the ATOMIUM large programme. The combination of three configurations ensured a continuous covering of spatial scales from ~0.01″ to ~9.3″, permitting an in-depth morphological investigation of the star’s circumstellar nebula. To this end we presented the continuum emission, and the CO ν = 0 J = 2–1, HCN ν = 0 J = 3–2, and the SiO ν = 0 J = 5–4 molecular line emission. The continuum shows two maxima, distinctly separated at the 120 × σrms level. The fainter secondary component is located about 0.04″ to the south-west of the brightness maximum, which corresponds to a physical distance of ~6 au. Analysis of the CO emission confirms the previously determined morphological character of the nebula: the bulk of the gas is confined into an inclined, radially outflowing equatorial density enhancement harbouring a spiral. We analysed the geometrical properties of the spiral and found that the emission at radii below 5″ can best be explained by a non-eccentric, clockwise Archimedean spiral, inclined under an angle of ~(38 ± 3)° with respect to the line-of-sight. Analysis of the HCN emission, which probes the wind at scales below ~1.5″, unambiguously confirms this, as it can be seen to trace the first two spiral windings. A dynamical analysis of the speed of the spiral arm at different radii permitted us to deduce a terminal velocity of ~19.5 ± 1.4 km s⁻¹ and an acceleration parameter β of ~1.0 ± 1.1. The dynamical crossing time-scale of the spiral arms in the inner wind is consistent with a companion located at a projected distance of 0.04″ to the south of the AGB star, precisely where the secondary component in the continuum is located. Further analysis of the SiO data reveals that at length scales below 0.3″, the Doppler-shifts of the emission are consistent with gas in rotation. Using a method to filter-out super-compact SiO emission, we used different vibrational states of the 28SiO J = 5–4, 29SiO J = 5–4, 30SiO J = 6–5, and 32SiO J = 6–5 lines to map the gas dynamics within a radius of 0.05″. This revealed a hook-like feature starting approximately at the location of the secondary continuum peak, and curling northwards in a clockwise fashion. This is consistent with companion-induced spiral tail found in hydrodynamical simulations in the literature.

Fig. 14. Measurements of the dynamics in the EDE. The blue (red) markers represent the most prominent arcs of the HCN (CO) emission. The orange curve represents the best-fit beta-law. The lighter coloured zone around the curve represents the 1σ uncertainty on the derived parameters.
Appendix A: Global morphological properties of the nebula from CO emission

The stereogram of the velocity domain in Fig. A.1 is shown in Fig. A.2. The black-dashed contours trace the five channels around stellar velocity, whereas the red and blue contours trace the velocity-integrated emission of the respective Doppler-shifted parts of the data. It shows that the emission around stellar velocity has a distinct bowtie-shape.

This effectively represents a cross-section through the EDE, as does the zero Doppler-velocity channel in Fig. A.1. The position-angle of the system can be readily deduced from the orientation of the strip of gas with projected speeds close to the systemic velocity, or from the relative positions of the red and blue contours: It is tilted counter-clockwise around the continuum peak over a visually constrained angle of about 6°, i.e. the symmetry axis of the stereogram and moment1 maps has a position-angle of 96° (measured north-to-east).

Figure A.3 shows the “wide-slit” position-velocity diagrams of the data, with a slit width equal to the total width of the field of view. The diagram constructed by taking the slit along a PA of 6° exhibits the typical pattern associated with EDEs, independent of their intrinsic velocity distribution (Homan et al. 2016). Its orthogonal counterpart reveals a pattern with two bright spots around ±10 km s⁻¹, tracing the edges of a distinct circular zone of much lower emission. This latter signature is unambiguously associated with a radial velocity-field, and is distinctly different from a rotating field (Homan et al. 2016).

Using the emission in the central channel it is possible to quantify the thickness of the EDE with respect to the equatorial plane as an opening angle w.r.t. the symmetry axis of the stereogram or moment1 maps (see Figs. A.2 and A.5), which shall henceforth be referred to as the equatorial thickness angle. The 3×σ rms contour constrains this angle to ~100° (or ±50° from the orbital plane, see Fig. A.4) from the emission within a distance of 5″ from the AGB star.

The 3×σ rms contour includes a large portion of the weaker, more nebulous and erratic emission. Considering the highly complex hydrodynamical instability features that are expected to arise in a medium where a dense EDE is sheared by a polar high-velocity component (see Doan et al. 2020), the 3×σ rms contour may arguably represent material that is only loosely associated with the actual EDE. To minimise this issue, we also measure the equatorial thickness angle at the 12×σ rms level to approximately 55°, 15° larger than the 40° opening angle deduced by Doan et al. (2020).

Finally, for the sake of completeness, we also show the moment1 map (Fig. A.5) of the same velocity domain. The moment1 map also demonstrates the systematic offset between the red and blue-shifted portions of the emission.
Fig. A.1. Channel maps showing the resolved emission of the CO $v = 0 J = 2−1$ line in the $\pm 18 \text{km s}^{-1}$ velocity range. The labelled velocities have been corrected for $v_c = -12 \text{km s}^{-1}$. Contours are drawn at 3, 6, 12, 24, 48, 96, and $192 \times \sigma_{\text{rms}}$. Length scales and ALMA beam are indicated in the bottom left panel. The maps are centred on the continuum peak position, which is indicated by the yellow star symbol. Left: compact 12 m array data. $\sigma_{\text{rms}} (=3.6 \times 10^{-3} \text{Jy beam}^{-1})$, beam size =$0.807'' \times 0.768''$. Right: combined 12 m array data. $\sigma_{\text{rms}} (=1.7 \times 10^{-3} \text{Jy beam}^{-1})$, beam size =$0.292'' \times 0.278''$. 
Fig. A.2. Stereogram of the cube shown in Fig. A.1. Contours are drawn every 3, 6, 12, and 24 times the rms noise value in the spectral region of the bandpass without detectable line emission (σ_{rms} = 3.6 × 10^{-3} Jy beam^{-1}). The channel at stellar velocity is shown in black dotted contours, and the mean red (blue)-shifted emission in red (blue). The green dashed line represents the symmetry axis of the map. The ALMA beam is shown in the bottom right (0.807'' × 0.768 '').

Fig. A.3. Orthogonal wide-slit position-velocity diagrams of the entire CO v = 0 J = 2−1 cube. The left panel is constructed with a slit along the PA = 6° axis, and the right panel with a slit orthogonal to that used in the left panel.
Appendix B: Higher velocity hourglass signature in the line wings

Figure B.1 shows the resolved emission distributions in the plane of the sky for the blue-shifted and red-shifted wings of the CO $J = 3-2$ line, in the approximate $v_* \pm [30, 55] \, \text{km s}^{-1}$ velocity range. This is the velocity range for which Sahai (1992) proposed the presence of high-velocity polar outflows. We detect signal above $3 \times \sigma_{\text{rms}}$ up to maximal projected velocities of $-57 \, \text{km s}^{-1}$ and $+54 \, \text{km s}^{-1}$ with respect to the stellar velocity, speeds that are unusually high in comparison to typical AGB wind velocities of $\sim 5 - 20 \, \text{km s}^{-1}$ (e.g. Loup et al. 1993; Bujarrabal et al. 2001; Ramstedt et al. 2008; De Beck et al. 2010; Danilovich et al. 2015).

Inspection of the emission patterns in the high-velocity tails reveals ring-like structures, as first detected by Doan et al. (2020). Both line wings show emission features that start off as rather extended, bright, and only slightly curved arcs at lower speeds (around $v_* \pm 32 \, \text{km s}^{-1}$). They have a length of $\sim 10''$, and curve south(north)ward in the red- (blue-)shifted wing. These arcs progressively become more curved and compact as their speed increases. Notably at velocities around $v_* \pm 42 \, \text{km s}^{-1}$, the emission features become quasi-circular, with a distinct void in the center. The radius of these quasi-circles is $\sim 3''$, and the width of the ring is $\sim 1''$ measured from the $3 \times \sigma_{\text{rms}}$ contour. These rings shrink and eventually become filled with emission as the highest speeds of the line wings are attained.

Assuming only radial stream lines in the region where these features are detected, the observed patterns can be immediately recognised as thin shells of gas, each located at one respective pole, that are expanding into the polar direction at high speeds. The spectral evolution of the overall shape of the HVHG signal is similar in the blue and red-shifted line wings (see Fig. B.1).

The signal in the red-shifted wing is notably stronger than its blue-shifted counterpart, by a factor $\sim$two. In addition, the signal in the (weaker) blue-shifted wing extends to speeds that are $\sim 3.5 \, \text{km s}^{-1}$ (7%) larger than the opposing wing, though this may result from the data being limited to a surface brightness threshold. These bubbles are highly reminiscent of features that appear in more evolved post-AGB and planetary nebula systems, such as in e.g. Minkowski 92 (Minkowski 1946; Alcolea et al. 2007) or HD 101584 (Humphreys & Ney 1974; Olofsson et al. 2019).
Fig. B.1. Channel maps of the red- (top) and blue- (bottom) shifted high-velocity wings of the CO emission. Image properties are identical to the left panel in Fig. A.1.