



UvA-DARE (Digital Academic Repository)

To improve or to compete

Implicit theories of ability and parental behavior as determinants of achievement goals in sport

Weltevreden, G.M.

Publication date

2021

Document Version

Other version

License

Other

[Link to publication](#)

Citation for published version (APA):

Weltevreden, G. M. (2021). *To improve or to compete: Implicit theories of ability and parental behavior as determinants of achievement goals in sport*.

General rights

It is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), other than for strictly personal, individual use, unless the work is under an open content license (like Creative Commons).

Disclaimer/Complaints regulations

If you believe that digital publication of certain material infringes any of your rights or (privacy) interests, please let the Library know, stating your reasons. In case of a legitimate complaint, the Library will make the material inaccessible and/or remove it from the website. Please Ask the Library: <https://uba.uva.nl/en/contact>, or a letter to: Library of the University of Amsterdam, Secretariat, Singel 425, 1012 WP Amsterdam, The Netherlands. You will be contacted as soon as possible.

To Improve or to Compete:
Implicit Theories of Ability and
Parental Behavior as
Determinants of
Achievement Goals in Sport

Gerald Martijn Weltevreden

TO IMPROVE OR TO COMPETE:
IMPLICIT THEORIES OF ABILITY AND PARENTAL BEHAVIOR AS
DETERMINANTS OF ACHIEVEMENT GOALS IN SPORT

Gerald Martijn Weltevreden

Vormgeving omslag

G.M. Weltevreden

Vormgeving binnenwerk

G.M. Weltevreden

Printed by

Print Service Ede - www.proefschriftenprinten.nl

TO IMPROVE OR TO COMPETE:
IMPLICIT THEORIES OF ABILITY AND PARENTAL BEHAVIOR AS DETERMINANTS
OF ACHIEVEMENT GOALS IN SPORT

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad van doctor

aan de Universiteit van Amsterdam

op gezag van Rector Magnificus

prof. dr. ir. K. I. J. Maex

ten overstaan van een door het College voor Promoties ingestelde commissie,

in het openbaar te verdedigen

op donderdag 4 maart 2021, te 16.00 uur

door Gerald Martijn Weltevreden

geboren te Amsterdam

Promotiecommissie

Promotores: Prof. dr. A.E.M. van Vianen Universiteit van Amsterdam
 Prof. dr. E.A.J. van Hooft Universiteit van Amsterdam

Overige leden: Prof. dr. K. van Dam Open Universiteit
 Dr. R.R.D. Oudejans Vrije Universiteit Amsterdam
 Prof. dr. T.T.D. Peetsma Universiteit van Amsterdam
 Prof. dr. K.R. Ridderinkhof Universiteit van Amsterdam
 Prof. Dr. A.C. Homan Universiteit van Amsterdam

Faculteit der Maatschappij- en Gedragwetenschappen, Afdeling Psychologie

Contents

Chapter 1	General Introduction	9
Chapter 2	Validation of a Dutch Measure for Implicit Theories of Ability in Sport (CNAAQ-2-NL)	19
Chapter 3	The effect of implicit theories of ability on achievement goals, motivation, and performance of athletes	43
Chapter 4	Parental Behavior and Adolescent's Achievement Goals in Sport	75
Chapter 5	General Discussion	99
	References	117
	Appendix A: Items of the CNAAQ-2-NL	133
	Summary	135
	Samenvatting	145
	Acknowledgements	155
	About the author	159