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DOI

[10.1016/j.lanepe.2021.100284](https://doi.org/10.1016/j.lanepe.2021.100284)

Publication date

2022

Document Version

Final published version

Published in

Lancet Regional Health Europe

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[Link to publication](#)

Citation for published version (APA):

Coyer, L., Boyd, A., Schinkel, J., Agyemang, C., Galenkamp, H., Koopman, A. D. M., Leenstra, T., van Duijnhoven, Y. T. H. P., Moll van Charante, E. P., van den Born, B.-J.H., Lok, A., Verhoeff, A., Zwinderman, A. H., Jurriaans, S., Stronks, K., & Prins, M. (2022). Differences in SARS-CoV-2 infections during the first and second wave of SARS-CoV-2 between six ethnic groups in Amsterdam, the Netherlands: A population-based longitudinal serological study. *Lancet Regional Health Europe*, 13, Article 100284. <https://doi.org/10.1016/j.lanepe.2021.100284>

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Differences in SARS-CoV-2 infections during the first and second wave of SARS-CoV-2 between six ethnic groups in Amsterdam, the Netherlands: A population-based longitudinal serological study

Liza Coyer,^{a,b,*} Anders Boyd,^{a,c} Janke Schinkel,^d Charles Agyemang,^e Henrike Galenkamp,^e Anitra D.M. Koopman,^e Tjalling Leenstra,^a Yvonne T.H.P. van Duijnhoven,^a Eric P. Moll van Charante,^{e,f} Bert-Jan H. van den Born,^{e,g} Anja Lok,^h Arnoud Verhoeff,^{i,a,j} Aeilko H. Zwinderman,^k Suzanne Jurriaans,^d Karien Stronks,^e and Maria Prins^{ab}

^aDepartment of Infectious Diseases, Public Health Service of Amsterdam, Amsterdam, Netherlands

^bAmsterdam UMC, Department of Infectious Diseases, Amsterdam Infection and Immunity (All), University of Amsterdam, Amsterdam, Netherlands

^cStichting HIV Monitoring, Amsterdam, Netherlands

^dAmsterdam UMC, Department of Medical Microbiology, University of Amsterdam, Amsterdam, Netherlands

^eAmsterdam UMC, Department of Public and Occupational Health, Amsterdam Public Health Research Institute, University of Amsterdam, Amsterdam, Netherlands

^fAmsterdam UMC, Department of General Practice, Amsterdam Public Health Research Institute, University of Amsterdam, Amsterdam, Netherlands

^gAmsterdam UMC, Department of Vascular Medicine, Amsterdam Cardiovascular Sciences, University of Amsterdam, Amsterdam, Netherlands

^hAmsterdam UMC, Department of Psychiatry, Amsterdam Public Health Research Institute, Center for Urban Mental Health, University of Amsterdam, Amsterdam, Netherlands

ⁱDepartment of Epidemiology, Health Promotion & Healthcare Innovation, Public Health Service of Amsterdam, Amsterdam, Netherlands

^jDepartment of Sociology, University of Amsterdam, Amsterdam, Netherlands

^kAmsterdam UMC, Department of Clinical Epidemiology, Biostatistics and Bioinformatics, University of Amsterdam, Amsterdam, Netherlands

Summary

Background Surveillance data in high-income countries have reported more frequent SARS-CoV-2 diagnoses in ethnic minority groups. We examined the cumulative incidence of SARS-CoV-2 and its determinants in six ethnic groups in Amsterdam, the Netherlands.

Methods We analysed participants enrolled in the population-based HELIUS cohort, who were tested for SARS-CoV-2-specific antibodies and answered COVID-19-related questions between June 24–October 9, 2020 (after the first wave) and November 23, 2020–March 31, 2021 (during the second wave). We modelled SARS-CoV-2 incidence from January 1, 2020–March 31, 2021 using Markov models adjusted for age and sex. We compared incidence between ethnic groups over time and identified determinants of incident infection within ethnic groups.

Findings 2,497 participants were tested after the first wave; 2,083 (83.4%) were tested during the second wave. Median age at first visit was 54 years (interquartile range=44–61); 56.6% were female. Compared to Dutch-origin participants (15.9%), cumulative SARS-CoV-2 incidence was higher in participants of South-Asian Surinamese (25.0%; adjusted hazard ratio [aHR]=1.66; 95%CI=1.16–2.40), African Surinamese (28.9%; aHR=1.97; 95%CI=1.37–2.83), Turkish (37.0%; aHR=2.67; 95%CI=1.89–3.78), Moroccan (41.9%; aHR=3.13; 95%CI=2.22–4.42), and Ghanaian (64.6%; aHR=6.00; 95%CI=4.33–8.30) origin. Compared to those of Dutch origin, differences in incidence became wider during the second versus first wave for all ethnic minority groups (all *p*-values for interaction <0.05), except Ghanaians. Having household members with suspected SARS-CoV-2 infection, larger household size, and low health literacy were common determinants of SARS-CoV-2 incidence across groups.

Interpretation SARS-CoV-2 incidence was higher in the largest ethnic minority groups of Amsterdam, particularly during the second wave. Prevention measures, including vaccination, should be encouraged in these groups.

The Lancet Regional Health - Europe 2022;13: 100284

Published online 14 December 2021

<https://doi.org/10.1016/j.lanpe.2021.100284>

*Corresponding author: Liza Coyer, Nieuwe Achtergracht 100, 1018 WT Amsterdam.

E-mail address: lcoyer@ggd.amsterdam.nl (L. Coyer).

Funding ZonMw, Public Health Service of Amsterdam, Dutch Heart Foundation, European Union, European Fund for the Integration of non-EU immigrants.

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Keywords: SARS-CoV-2; COVID-19; Infection; Incidence; Serology; Antibody; Ethnicity

Research in context

Evidence before this study

A systematic review of publications reported in MEDLINE, EMBASE, PROSPERO, Cochrane library and MedRxiv until 31 August 2020, as well as notification registries in the United States, United Kingdom and Europe consulted on 30 April 2021, have found higher rates of SARS-CoV-2 diagnoses among individuals of African and Asian descent compared to White individuals during the first and second waves of the SARS-CoV-2 pandemic. However, most evidence has relied on data from routine surveillance or cross-sectional studies. Notification registries only include tested individuals, while testing is based on symptomatic presentation and testing behavior, capacity and policy. Notification registries also do not collect numerous determinants of SARS-CoV-2 infection. Cross-sectional studies are unable to track changes in behavior and infection status over time. Therefore, these sources of data make it difficult to infer upon the individual risk of incident infection and the factors leading up to incident infection.

Added value of this study

Our study used data from a large population-based sample, including participants belonging to the most major ethnic minority groups in Amsterdam, the Netherlands (i.e. South-Asian Surinamese, African Surinamese, Ghanaian, Turkish, Moroccan). We systematically measured SARS-CoV-2 antibodies twice using a highly sensitive and specific test at different stages of the epidemic – after the first wave and during the second wave of the SARS-CoV-2 epidemic in the Netherlands. We observed that cumulative SARS-CoV-2 incidence was higher in all studied ethnic minority groups compared to the adult Dutch origin group. Ethnic disparities became wider for all ethnic minority groups during the second wave of the SARS-CoV-2 epidemic versus first wave, except for individuals of Ghanaian origin. Questionnaire data on individual-level exposures to infection allowed us to observe that having a household member suspected of infection, large household size, and low health literacy were common determinants of SARS-CoV-2 seropositivity shared across ethnic groups.

Implications of all the available evidence

Our results show that ethnic minority groups had a higher risk of infection in Amsterdam, the Netherlands,

in line with patterns observed in other high-income countries. As differences became wider over time, very stringent measures during the first wave of SARS-CoV-2 likely prevented ethnic disparities in the initial spread of the virus, but subsequent less stringent measures might have resulted in a more rapid spread in the largest ethnic minority groups in Amsterdam. Intensified targeted strategies that address the needs of specific groups, co-created with these groups, are warranted and should include promoting vaccination.

Introduction

Higher rates of SARS-CoV-2 diagnoses were observed in ethnic minority groups, in particular people of African and Asian descent, during the first wave of the SARS-CoV-2 epidemic in the United Kingdom, United States, and much of Europe.^{1–4} SARS-CoV-2 seroprevalence estimates in England and the United States continued to increase in individuals of African and Asian descent during late 2020 and early 2021.^{5,6} These disparities have been related to ethnic differences in household composition, occupations with higher risk of infection (e.g. through close contact with other people or requiring use of public transportation), and increased exposure to crowded conditions.^{1,2,7,8} Structural barriers to testing and healthcare access, and socioeconomic deprivation among ethnic minorities have also been implicated as reasons for ethnic differences in SARS-CoV-2 diagnoses.^{1,2,9,10}

Much of the insight into ethnic differences in SARS-CoV-2 diagnoses and its determinants have relied on more specific cross-sectional studies or routine surveillance data, the latter of which are subject to changing SARS-CoV-2 testing capacity and policy and varying proportions of asymptomatic infections. Although these studies have been helpful, they make it difficult to infer upon the individual risk of incident SARS-CoV-2 infection and the factors leading up to incident infection. Furthermore, information on specific ethnic groups is not frequently collected or too broad for many surveillance systems, leading to strong information bias. Dynamic changes in behavior over time may also contribute to faster or slower SARS-CoV-2 incidence rates, which have not been studied within a closed study population to date.

Despite these limitations, this insight has been important for larger cities in Europe, such as the Dutch capital Amsterdam, where half of the population comprises inhabitants with a migration history, including people with foreign-born parents.¹¹ Although previous research in other settings would suggest that SARS-CoV-2 seroprevalence should be higher in ethnic minority groups in Amsterdam, evidence from the first wave of the SARS-CoV-2 epidemic has indicated otherwise. A large population-based study conducted after the first wave of the SARS-CoV-2 epidemic found that only individuals of Ghanaian origin were at higher risk of past exposure to SARS-CoV-2, whereas individuals of South-Asian Surinamese, African Surinamese, Turkish, or Moroccan origin had a similar risk compared with individuals of Dutch origin.¹²

Given the potential for ethnic differences during the subsequent waves of the SARS-CoV-2 epidemic and the limitations from previous studies, we aimed to investigate whether SARS-CoV-2 incidence differed between individuals of South-Asian Surinamese, African Surinamese, Ghanaian, Turkish, Moroccan and Dutch origin living in Amsterdam, specifically during the first and second waves of the Dutch SARS-CoV-2 epidemic. Using longitudinal seroprevalence data nested within the large, population-based cohort study HHealthy Life in an Urban Setting (HELIUS),¹³ we estimated the difference in SARS-CoV-2 incidence between ethnic groups and identified determinants of incident infection within ethnic groups in Amsterdam, the Netherlands.

Methods

Study design and population

The HELIUS study is a multi-ethnic cohort study conducted in Amsterdam, the Netherlands, which focuses on the causes of potential ethnic disparities in cardiovascular disease, mental health, and infectious diseases. Detailed procedures have been previously described.¹³ Briefly, HELIUS includes persons of Dutch, South-Asian Surinamese, African Surinamese, Ghanaian, Moroccan, and Turkish origin, aged between 18 and 70 years at inclusion. A random sample of persons, stratified by ethnic origin, was taken from the municipality register of Amsterdam and subjects were invited to participate. Between January 2011 and December 2015, a total of 24,789 individuals were included.¹³ Participants filled in a questionnaire and underwent a physical examination during which biological samples were obtained. Ethical approval for the HELIUS study was obtained from the Academic Medical Center Ethical Review Board. All participants provided written informed consent.

Ethnicity was defined according to the country of birth of the participant and their parents.¹³ Participants were considered to be of non-Dutch ethnic origin if (i)

they were born abroad and had at least one parent born abroad (first generation) or (ii) they were born in the Netherlands but both their parents were born abroad (second generation). Participants of Dutch origin were born in the Netherlands with both parents who were born in the Netherlands. Surinamese participants were further classified as African Surinamese, South-Asian Surinamese, and Javanese/other/unknown Surinamese, based on self-reporting.

HELIUS participants were randomly selected within each ethnic group and asked to participate in a seroprevalence substudy consisting of two visits. The first visit took place between June 24 and October 9, 2020¹² and the second visit between November 23, 2020 and June 4, 2021. During both visits, serum samples were collected by venipuncture and stored at -20°C for SARS-CoV-2 antibody testing. Trained interviewers asked participants questions on uptake of COVID-19-related prevention measures (including SARS-CoV-2 vaccination status after the start of the Dutch COVID-19 national vaccination program on January 6, 2021), potential exposure, infection, symptoms, and disease.

Outcomes

SARS-CoV-2-specific antibodies were determined using the WANTAI SARS-CoV-2 Ab enzyme-linked immunosorbent assay (ELISA) (Wantai Biological Pharmacy Enterprise Co., Beijing, China), according to the manufacturer's instructions. This ELISA detects IgA, IgM, and IgG against the receptor binding domain of the S-protein of SARS-CoV-2.¹⁴

Covariates

We used the following covariates: *from the baseline visit of the HELIUS study*— demographics (i.e. age, sex, ethnicity, migration generation), socioeconomic factors (i.e. educational level, working status, occupational level, number of people living in household), access-to-healthcare indicators (i.e. proficiency with Dutch language and health literacy); *from the first visit of the seroprevalence study*— job setting, type of people living in household; *from each visit of the seroprevalence substudy*— suspecting household member/steady partner was infected, COVID-19 behaviours in the past week (i.e. number of times leaving the house, type of locations visited, number of visitors, frequency of using public transportation), travelled abroad (in 2020 or since first visit).

Statistical analysis

We estimated SARS-CoV-2 incidence as a function of calendar time. Follow-up began on January 1, 2020 assuming that all participants were negative for SARS-CoV-2. Follow-up continued until the date of first substudy visit (for those lost to follow-up or vaccinated between visits) or second visit (if occurring on or prior

to March 31, 2021). We chose to administratively censor follow-up on March 31, 2021 given the few participants with testing after this date. Equivocal test results were excluded from the analysis.

Since we only had observed measurements at specific time points and the true date of incident SARS-CoV-2 infection was unknown, we decided to model the transition of negative to positive SARS-CoV-2 antibody test over time. To this end, we used a time-homogenous, continuous-time, two-state Markov model, which allows estimation of incidence when the exact transition times are unknown.¹⁵ The positive state was an absorbing state, i.e. once participants were SARS-CoV-2 antibody positive, they remained in this state. We modelled transition intensities, interpreted as the instantaneous rates of a transition occurring (i.e. incidence), which depend on the probability of occupying a certain state at each visit. We calculated hazard ratios (HR) and 95%CI to estimate the difference in SARS-CoV-2 incidence between ethnic groups, using the Dutch origin group as a reference, adjusting for current age in years and sex. We specified calendar time as two piecewise-constant functions (January 1–June 30, 2020, i.e. the first wave in the Netherlands; July 1, 2020–March 31, 2021; i.e. the second wave) assuming that the incidence rate would be constant within the epidemic waves of SARS-CoV-2 in the Netherlands.¹⁶ Cumulative incidence until March 31, 2021 was directly obtained from this model. We additionally tested for interaction between ethnicity and calendar time. In sensitivity analyses, we first examined the effect of using August 15, 2020 as the date demarcating the first and second wave when defining the two piecewise-constant functions. Second, we examined the effect of differential loss to follow-up (LTFU) by including an additional absorbing state for participants who tested SARS-CoV-2 antibody negative at the first visit and did not return for the second visit, for whom follow-up was censored at March 31, 2021.

To identify determinants of SARS-CoV-2 incidence within ethnic groups, we calculated univariable and multivariable HRs and their 95%CI comparing levels of factors using the piecewise-constant functions for calendar time described above per ethnic group. Covariates obtained from both visits were included as time-updated. *P*-values were calculated from the 95%CI of the HR. We constructed a multivariable model by including all covariates for which the variable (for continuous variables) or at least one category (for categorical variables) was associated with $P < 0.2$ in univariable analyses. Backward selection was then employed to obtain a final model by sequentially removing variables that were no longer associated ($P \geq 0.05$). We additionally tested for interaction between each determinant in the final model and calendar time. We furthermore described the distribution of each identified determinant per visit.

Significance was defined at a $P < 0.05$. Participants with missing data on a covariate or outcome in a model were excluded. We did not correct for multiple testing and the results should be considered exploratory.¹⁷ All analyses were conducted using Stata 15.1 (StataCorp, College Station, TX, USA) and the *msm* package¹⁸ in R version 3.5.2 (Vienna, Austria).

Role of the funding source

The funders had no role in the study design, data collection, data analysis, interpretation or writing of the report.

Results

Study population

We included 2,497 individuals after the first wave. 503 (20.1%) were of Dutch origin, 453 (18.1%) South-Asian Surinamese, 407 (16.3%) African Surinamese, 331 (13.3%) Ghanaian, 409 (16.4%) Turkish, and 394 (15.8%) Moroccan. Response rates and participant characteristics have been described in detail previously.¹² Briefly, the response rate varied across ethnic groups, from 15.3–17.2% among Ghanaian, Turkish or Moroccan participants to 49.9% among Dutch participants (Figure 1). Median age was 54 years (interquartile range [IQR]=44–61, range 23–78) and 56.6% were female. By March 31, 2021, 2,075 (83.1%) participants returned for the second visit at a median of 150 days after the first visit (IQR=141–161, range=71–261). The percentage returning was highest for participants of Dutch origin ($n = 468/503$, 93.0%), followed by participants of African Surinamese ($n = 362/407$, 88.9%), South-Asian Surinamese ($n = 394/453$, 87.0%), Turkish ($n = 326/409$, 79.7%), Moroccan ($n = 312/394$, 79.2%), and Ghanaian ($n = 213/331$, 64.4%) origin (Figure S1). Number of individuals with a visit and proportion testing positive and negative per ethnic group are given for each calendar month in Supplementary Figure S1. The age and sex distribution of participants who returned by March 31, 2021 were comparable to participants who did not; however, participants who did not return were more likely to be first generation migrants, not be employed, and have a lower educational and occupational level, difficulties with the Dutch language, lower health literacy, and SARS-CoV-2 antibodies at the first visit (Table 1).

SARS-CoV-2 incidence

At the first visit, 2,483 (99.4%) had a SARS-CoV-2 antibody test result: 225 were positive, 2,250 negative, and 8 had an equivocal result. Of the 2,075 participants returning for the second visit by March 31, 2021, 2,062 (99.4%) had a test result, of whom 3 had been vaccinated, 490 were positive, 1,567 negative, and 2 had an equivocal result. After excluding vaccinated individuals

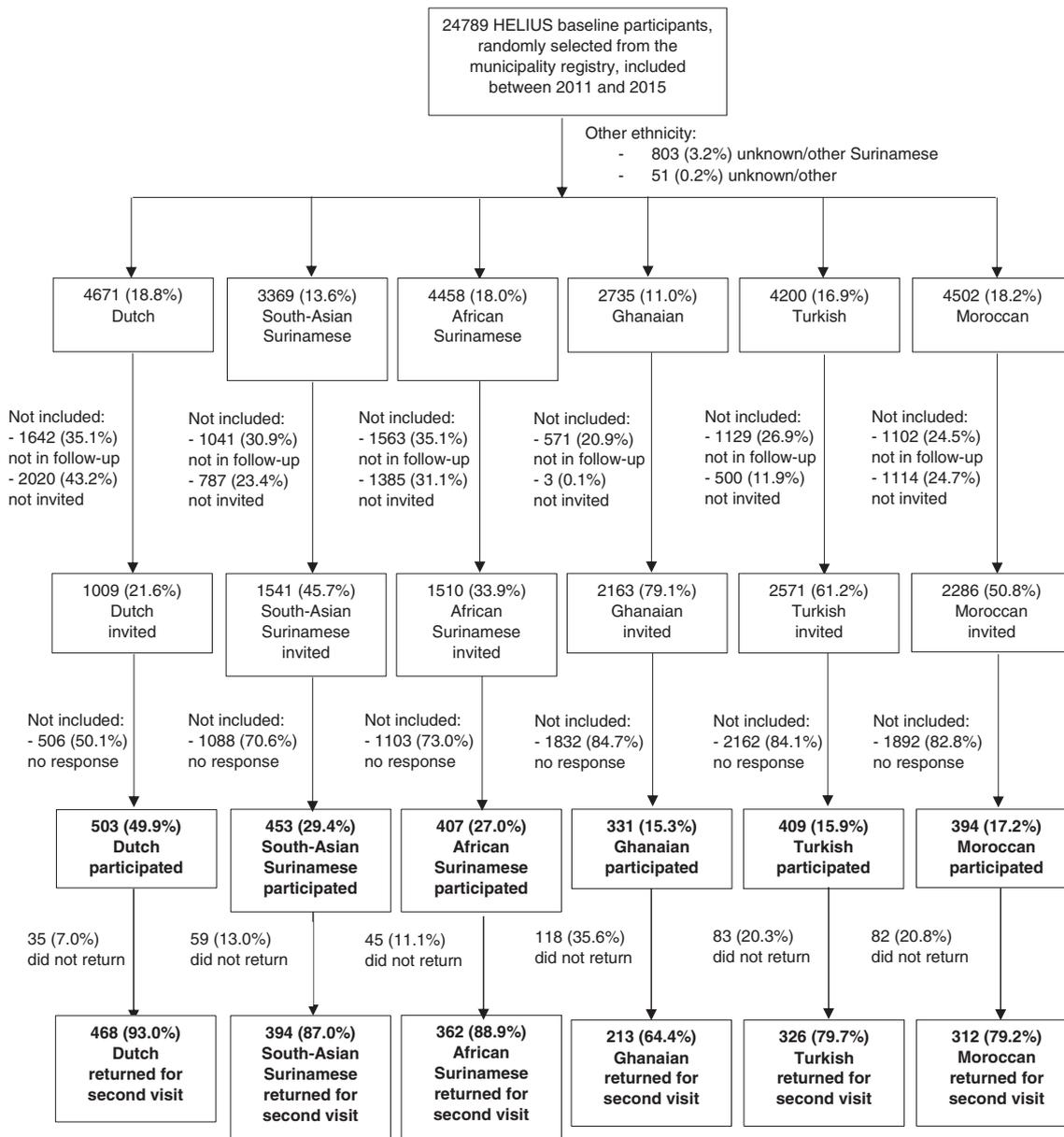


Figure 1. Flowchart depicting the selection and participation of HELIUS participants in the COVID-19 seroprevalence substudy by migration background, Amsterdam, the Netherlands, June 24, 2020–March 31, 2021.

(second visit only) or those with equivocal results, the highest percentage testing positive at the first and second visits, respectively, was observed in the Ghanaian group (95/327, 29.1% and 103/212, 48.6%), followed by Moroccan (32/391, 8.2% and 101/309, 32.7%), Turkish (30/408, 7.4% and 97/321, 30.2%), African Surinamese (22/400, 5.5% and 71/360, 19.7%), South-Asian Surinamese (22/451, 4.9% and 70/391, 17.9%) groups, while the lowest was observed in the Dutch origin group (24/498, 4.8% and 48/416, 11.5%). Among those who returned for the second visit, all 169 participants with SARS-CoV-2 antibodies at the first visit also tested

positive at the second visit after a median of 150 days (IQR=138–164).

Estimated cumulative SARS-CoV-2 incidence from January 1, 2020 is presented in Figure 2. Compared to participants of Dutch origin (cumulative incidence at March 31, 2021=15.9%), SARS-CoV-2 incidence was higher in participants of South-Asian Surinamese (cumulative incidence=25.0%; adjusted hazard ratio [aHR]=1.66; 95%CI=1.16–2.40), African Surinamese (cumulative incidence=28.9%; aHR=1.97; 95%CI=1.37–2.83), Ghanaian (cumulative incidence=64.6%; aHR=6.00; 95%CI=4.33–8.30),

Characteristic	Total (N = 2,497)	Participated in round 1 and 2 before or on 31 March 2021 (n = 2,075)	Participated in round 1 and lost to follow-up in round 2/second visit after 31 March 2021 (n = 422)	P-value
	n (%)	n (%)	n (%)	
Sex				0.067
Male	1083 (43.4%)	917 (44.2%)	166 (39.3%)	
Female	1414 (56.6%)	1158 (55.8%)	256 (60.7%)	
Age in years on 1 January 2020				0.066
Median [IQR]	54 [44–61]	54 [44–61]	53 [43–60]	
Ethnicity				<0.001
Dutch	503 (20.1%)	468 (22.6%)	35 (8.3%)	
South-Asian Surinamese	453 (18.1%)	394 (19.0%)	59 (14.0%)	
African Surinamese	407 (16.3%)	362 (17.4%)	45 (10.7%)	
Ghanaian	331 (13.3%)	213 (10.3%)	118 (28.0%)	
Turkish	409 (16.4%)	326 (15.7%)	83 (19.7%)	
Moroccan	394 (15.8%)	312 (15.0%)	82 (19.4%)	
Migration generation				<0.001
N/A (Dutch)	503 (20.1%)	468 (22.6%)	35 (8.3%)	
1st	1656 (66.3%)	1327 (64.0%)	329 (78.0%)	
2n	338 (13.5%)	280 (13.5%)	58 (13.7%)	
City district[†]				0.22
centre	140 (5.6%)	117 (5.6%)	23 (5.5%)	
East	422 (16.9%)	363 (17.5%)	59 (14.0%)	
West	294 (11.8%)	239 (11.5%)	55 (13.0%)	
South	245 (9.8%)	214 (10.3%)	31 (7.3%)	
New-West	606 (24.3%)	500 (24.1%)	106 (25.1%)	
Southeast	760 (30.4%)	618 (29.8%)	142 (33.6%)	
Other/missing	6 (0.2%)	5 (0.2%)	1 (0.2%)	
Educational level[‡]				<0.001
No school/elementary school	327 (13.1%)	240 (11.6%)	87 (20.6%)	
Lower vocational/lower secondary school	612 (24.5%)	499 (24.0%)	113 (26.8%)	
Intermediary vocational/intermediary secondary school	700 (28.0%)	584 (28.1%)	116 (27.5%)	
Higher vocational/university	792 (31.7%)	708 (34.1%)	84 (19.9%)	
Missing	66 (2.6%)	44 (2.1%)	22 (5.2%)	
Working status[‡]				0.010
Employed	1659 (66.4%)	1414 (68.1%)	245 (58.1%)	
Not in workforce	309 (12.4%)	253 (12.2%)	56 (13.3%)	
Unemployed/on benefits	300 (12.0%)	237 (11.4%)	63 (14.9%)	
Disabled	151 (6.0%)	122 (5.9%)	29 (6.9%)	
Unknown/missing	26 (1.0%)	18 (0.9%)	8 (1.9%)	
Occupational level[‡]				<0.001
Elementary occupations	323 (12.9%)	241 (11.6%)	82 (19.4%)	
Lower occupations	537 (21.5%)	434 (20.9%)	103 (24.4%)	
Intermediary occupations	599 (24.0%)	524 (25.3%)	75 (17.8%)	
Higher occupations	500 (20.0%)	443 (21.3%)	57 (13.5%)	
Scientific occupations	202 (8.1%)	180 (8.7%)	22 (5.2%)	
Missing	284 (11.4%)	222 (10.7%)	62 (14.7%)	
Job setting[‡]				0.036
No job / caretaker only	741 (29.7%)	599 (28.9%)	142 (33.6%)	
Job with no contact within 1.5 meter	387 (15.5%)	315 (15.2%)	72 (17.1%)	
Other job with contact within 1.5 meter	790 (31.6%)	663 (32.0%)	127 (30.1%)	
Child care/schools/higher education	215 (8.6%)	194 (9.3%)	21 (5.0%)	
Bar/restaurant	69 (2.8%)	58 (2.8%)	11 (2.6%)	

Table 1 (Continued)

Characteristic	Total (N = 2,497)	Participated in round 1 and 2 before or on 31 March 2021 (n = 2,075)	Participated in round 1 and lost to follow-up in round 2/second visit after 31 March 2021 (n = 422)	P-value
	n (%)	n (%)	n (%)	
Hospital/long-term care facility/Health care worker elsewhere	288 (11.5%)	242 (11.7%)	46 (10.9%)	
Missing	7 (0.3%)	4 (0.2%)	3 (0.7%)	
Difficulty with Dutch language[†]				<0.001
N/A (Dutch)	503 (20.1%)	468 (22.6%)	35 (8.3%)	
No	1148 (46.0%)	984 (47.4%)	164 (38.9%)	
Yes	782 (31.3%)	582 (28.0%)	200 (47.4%)	
Missing	64 (2.6%)	41 (2.0%)	23 (5.5%)	
Health literacy (SBSQ)[‡]				<0.001
Adequate	2164 (86.7%)	1843 (88.8%)	321 (76.1%)	
Low	274 (11.0%)	194 (9.3%)	80 (19.0%)	
Missing	59 (2.4%)	38 (1.8%)	21 (5.0%)	
Body Mass Index (kg/m²), median (IQR)[†]	26 [24–29]	26 [23–29]	27 [24–31]	<0.001
SARS-CoV-2 antibody test result round 1[‡]				<0.001
Equivocal	8 (0.3%)	4 (0.2%)	4 (0.9%)	
Negative	2250 (90.1%)	1896 (91.4%)	354 (83.9%)	
Positive	225 (9.0%)	170 (8.2%)	55 (13.0%)	
Missing	14 (0.6%)	5 (0.2%)	9 (2.1%)	

Table 1: Characteristics of the HELIUS participants included in the COVID-19 seroprevalence substudy, Amsterdam, the Netherlands, June 24, 2020–March 31, 2021.

Abbreviations: BMI, body mass index; HELIUS, Healthy Life in an Urban Setting; IQR, interquartile range; N.A., not applicable; SBSQ, Set of Brief Screening Question [†] Presumed higher exposure categories had priority, i.e. if someone was working in a school and as a health care worker, they were categorized as a health care worker. Caretakers were not included as a category because many had other jobs.

[†] Measured at baseline (2011–2015).

[‡] Measured at COVID-1 visit (2020).

Turkish (cumulative incidence=37.0%; aHR=2.67; 95%CI=1.89–3.78), and Moroccan origin (cumulative incidence=41.9%; aHR=3.13; 95%CI=2.22–4.42). These differences in incidence compared with the Dutch origin group became wider during the second versus first wave for all ethnic minority groups (all p for interaction <0.05) except the Ghanaian group (Supplementary Table S1). Results were similar in the sensitivity analyses defining the two piecewise-constant functions at August 15, 2020 and including LTFU as a separate state (Supplementary Tables S2 and S3, Figure S2).

Determinants of SARS-CoV-2 incidence per ethnic group

Univariable analysis of determinants of SARS-CoV-2 incidence is presented per ethnic group in Supplementary Tables S4–9. In multivariable analysis (Figure 3), presence of household members suspected of SARS-CoV-2 infection was a determinant of increased incident infection in all groups except the Ghanaian group. Larger household size was associated with increased incident infection in participants of Turkish and

Moroccan origin. Low health literacy was associated with increased incident infection in participants of South-Asian Surinamese and African Surinamese origin. Other determinants of increased incident infection were walking or exercising outside in the past week (South-Asian Surinamese), living with an adult child (African Surinamese), having 2 or more visitors in the past week (African Surinamese), walking outside with a dog or kids in the past week (Ghanaian), none/elementary educational level (Turkish), and being a caretaker (Turkish). Determinants associated with decreased incident infection were observed for walking or exercising outside in the past week (African Surinamese), visiting a bar or restaurant in the past week (Ghanaian), living with a child aged 4 through 12 years, doing groceries in the past week and having 1 visitor in the past week (all in Moroccan).

The association between presence of household members with suspected SARS-CoV-2 infection and increased incident infection became weaker during the second versus first wave for the Dutch, South-Asian Surinamese, African Surinamese, and Moroccan group (p for interaction=0.002, 0.011, 0.004, 0.048, respectively). The association between walking or exercising

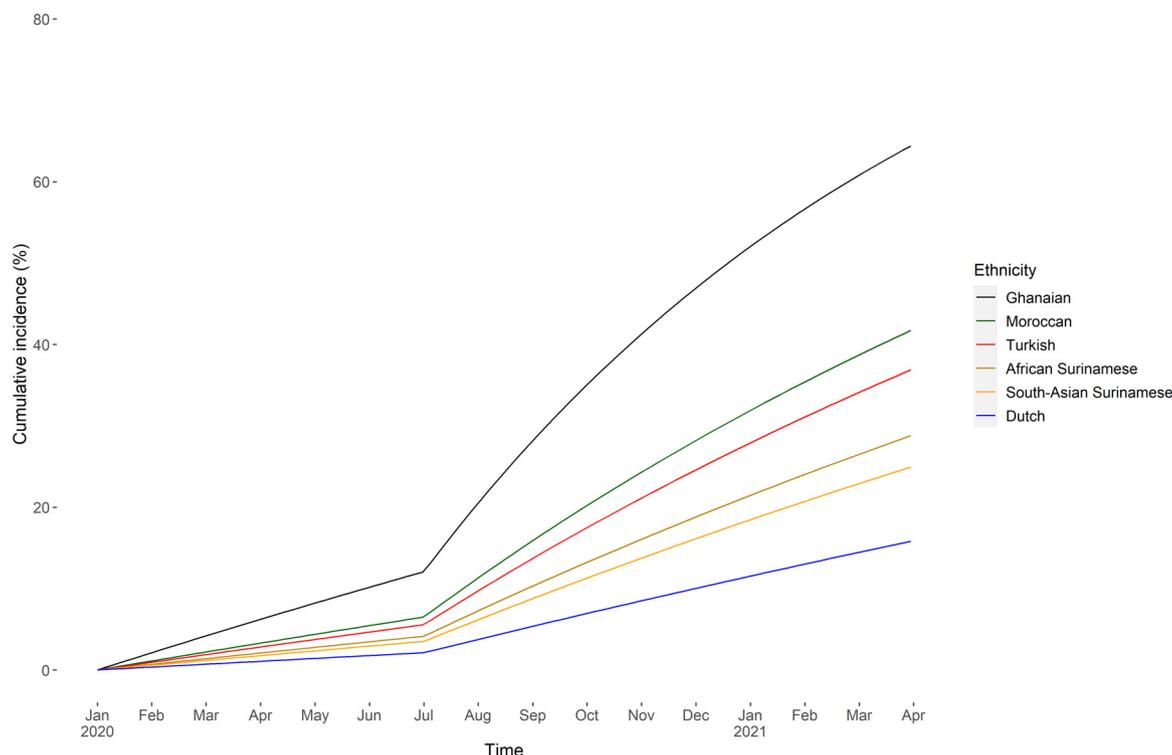


Figure 2. Estimated cumulative SARS-CoV-2 incidence between January 1, 2020 and March 31, 2021 per ethnic group, adjusted for age and sex, HELIUS COVID-19 seroprevalence substudy. Footnote: Incidence was based on SARS-CoV-2 antibody test results from two subsequent study visits. The first visit took place between June 24 and October 9, 2020 and the second between November 23, 2020 and March 31, 2021. We modelled the transition of negative to positive SARS-CoV-2 antibody test using a time-homogenous, continuous-time, two-state Markov model, assuming all participants were SARS-CoV-2 negative on January 1, 2020.

outside in the past week and increased incident infection in the South-Asian Surinamese group became stronger (p for interaction=0.049). Associations with incident infection did not change over calendar time for the other determinants.

The distribution of most time-updated determinants was not different between the first and second visit, except for the number of unique visitors at home in the past week in the African Surinamese group and visiting a bar or restaurant in the past week in the Ghanaian group, both of which were reported to occur less frequently at the second compared to first visit (Table 2).

Discussion

We show that cumulative SARS-CoV-2 incidence until March 31, 2021 was higher in the largest adult ethnic minority groups compared to the adult Dutch origin group in Amsterdam, the Netherlands. These ethnic differences became apparent for all ethnic minority groups during the second wave of the SARS-CoV-2 epidemic, except for individuals of Ghanaian origin, who had the highest incidence from the start of the epidemic onwards. The strongest increases in incidence between the first and second wave were observed in individuals

of Turkish and Moroccan origin. Having a household member suspected of SARS-CoV-2 infection, larger household size, and low health literacy were common determinants of SARS-CoV-2 exposure across ethnic groups, whereas some determinants were specific to individual groups.

In the Netherlands, the initial lockdown started shortly (i.e. mid-March) after the first confirmed cases of SARS-CoV-2 in the country on February 27, 2020.¹⁹ Lockdown measures were gradually lifted from mid-May 2020 onwards, after which the second wave started towards the end of August 2020. The lockdown measures applied after this date until December 2020 were not nearly as restrictive as in the first wave.²⁰ During this period, the highest rates of diagnosed SARS-CoV-2 cases per 100,000 inhabitants were observed in the Amsterdam city districts with a relatively lower socio-economic status and higher number of residents with an ethnic minority background.²¹ This finding suggests that very stringent measures prevented disparities in the initial spread of the virus, but that less stringent measures in the first part of the second wave resulted in a more rapid spread in the largest ethnic minority groups in Amsterdam. An analysis from England, where lockdown measures were stricter than in the

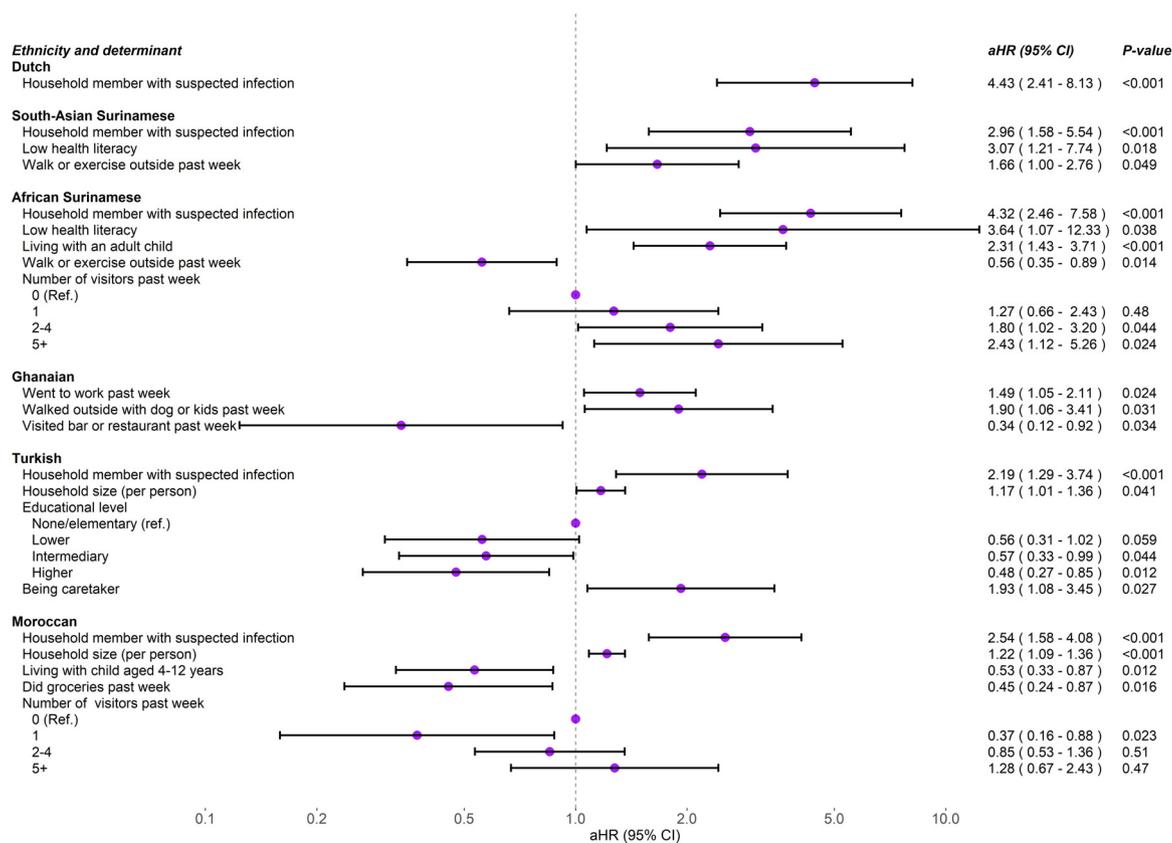


Figure 3. Determinants of SARS-CoV-2 incidence by ethnic group, HELIUS COVID-19 seroprevalence substudy (multivariable analysis). Footnote: Models were fit separately for each ethnic group. Only variables retained in the multivariable model (with $P < 0.05$) are shown (Supplementary Tables S4–9).

Netherlands during the second wave,²⁰ corroborates these findings, observing that all ethnic minority groups, except South-Asian groups, less frequently or equally frequently tested positive for SARS-CoV-2 in the second versus first wave, independent of testing uptake.²²

After the first wave of SARS-CoV-2, targeted prevention efforts towards ethnic minority groups were instated in Amsterdam to reduce disparities in COVID-19. Local prevention teams were deployed to organize outreach activities, such as low-threshold testing in mobile buses/vans circulating in neighbourhoods with relatively high number of cases. Our results suggest that these efforts might not have fully prevented further spread and widening of infection rates between ethnic groups. After observing that 26% of the adult Ghanaian group had evidence of past SARS-CoV-2 infection after the first wave, compared to 5–8% in other ethnic minority and Dutch origin groups,¹² intensified prevention efforts were targeted towards the Ghanaian population. These included discussions of the initial findings with key persons, as well as prevention and information activities in close collaboration with community leaders, general practitioners and employers, online and in

common meeting places (i.e. churches, malls). Although these activities might not have had an effect on the increased incidence of Ghanaian individuals of the HELIUS study population, they could have influenced the epidemic in certain settings. For example, we observed that attending religious services in the past week was an important determinant of past SARS-CoV-2 exposure after the first wave in this group,¹² whereas in the current analysis, this determinant was not retained in the multivariable model. The increased preventive measures during church services could have offered reduced SARS-CoV-2 transmission.

Given the higher rates per population observed in SARS-CoV-2 incidence, as well as hospitalization and mortality in ethnic minority groups,^{1,2,23} which were also apparent in Amsterdam,⁴ sustained and targeted actions to reduce these disparities are warranted. With the wide availability of safe and effective vaccines against SARS-CoV-2, it is imperative to achieve high vaccination uptake, particularly in populations at high risk of SARS-CoV-2 infection and unfavorable outcomes. However, studies predominantly from the USA have demonstrated lower intent to vaccinate against SARS-CoV-2 in ethnic minority groups, although intent

Determinants	N with data on both visits N	First visit (n = 2,497) n (%)	Second visit (n = 2,075) n (%)	P-value [†]
Dutch				
Household member suspected of SARS-CoV-2 infection	464	50 (10.8%)	39 (8.4%)	0.19
South-Asian Surinamese				
Household member suspected of SARS-CoV-2 infection	391	32 (8.2%)	42 (10.7%)	0.18
Walk or exercised outside in the past week	393	242 (61.6%)	227 (57.8%)	0.21
African Surinamese				
Household member suspected of SARS-CoV-2 infection	363	33 (9.1%)	38 (10.5%)	0.53
Walked or exercised outside in the past week	363	210 (57.9%)	194 (53.4%)	0.13
Number of unique visitors at home in the past week	361			<0.001
0		168 (46.5%)	195 (54.0%)	
1		74 (20.5%)	80 (22.2%)	
2–4		88 (24.4%)	74 (20.5%)	
5+ [‡]		31 (8.6%)	12 (3.3%)	
Ghanaian				
Went to work in the past week	216	130 (60.2%)	118 (54.6%)	0.058
Walked outside with dog or kids in the past week	216	14 (6.5%)	12 (5.6%)	0.65
Visited bar or restaurant in the past week	216	12 (5.6%)	1 (0.5%)	<0.001
Moroccan				
Did groceries in the past week	311	289 (92.9%)	287 (92.3%)	0.72
Number of unique visitors at home in the past week	309			0.085
0		161 (52.1%)	166 (53.7%)	
1		37 (12.0%)	54 (17.5%)	
2–4		83 (26.9%)	75 (24.3%)	
5+ [‡]		28 (9.1%)	14 (4.5%)	

Table 2: Distribution of time-updated determinants of incident infection per visit, HELIUS COVID-19 seroprevalence substudy, June 24, 2020–March 31, 2021.

[†] Obtained from Wilcoxon Signed-rank test.

[‡] Maximum reported in the overall sample at the first and second visit was 80 and 20, respectively.

varied between groups.^{24–27} In our sample, intent to vaccinate was also lower in all ethnic minority groups compared to those of Dutch origin, especially in the Turkish and Moroccan groups.²⁸ Further research should be conducted to identify effective strategies addressing the needs of specific ethnic groups and to promote the uptake of vaccination and other prevention measures. To increase effectiveness, such strategies should be created together with these groups (i.e. co-creation). In Amsterdam, a policy brief, fact sheet and action plan were developed, and local prevention teams were deployed to organize outreach activities, such as low-threshold testing in mobile buses/vans circulating in neighbourhoods with relatively high number of cases and informational videos circulated online or via WhatsApp.

Having low health literacy was a determinant of increased SARS-CoV-2 incidence in both Surinamese groups and no or elementary education was a determinant in the Turkish group. Although we did not observe any evidence that knowledge of preventive measures was different between ethnic groups from an online survey in a sample of HELIUS participants or that this knowledge differed by educational level within ethnic

groups,²⁹ low health literacy or educational levels could affect threat appraisal and the ease with which complex behavioural messages could be translated to individual situations, thereby affecting uptake of measures. Targeted provision of comprehensive information on preventive measures in different languages is already ongoing in Amsterdam and these efforts should be continued. In addition, low health literacy and educational level can be proxies for unmeasured behaviours that pose a risk of infection.³⁰ As this analysis was exploratory, further research on the exact casual pathways through which ethnicity and socioeconomic factors are implicated in SARS-CoV-2 infection should be conducted.

Household characteristics, such as having a household member suspected of infection and large household size, were common determinants of SARS-CoV-2 incidence across groups. This is in line with previous studies showing that a large part of SARS-CoV-2 transmissions occurs within household settings.³¹ While having a household member suspected of infection did not change over time in our study, this determinant of increased SARS-CoV-2 incidence became weaker within groups during the second wave, suggesting that SARS-

CoV-2 transmissions shifted from within the household to other sources, such as public places or workspaces.

Other determinants of SARS-CoV-2 incidence were walking outside with dog or kids in the Ghanaian group and living with an adult child in the African Surinamese group. Walking with dogs or children might encourage contact with other parents, children or dogwalkers. The association for adult children might be explained through more contact of these children with others, or higher contagiousness in comparison to younger children, or both. Alternatively, these associations could be due to Type I error.

Strengths of our study include population-based sampling, with a large number of participants from the major ethnic groups living in Amsterdam, who represented various levels of socioeconomic status and were followed over time. SARS-CoV-2 antibodies were measured twice using a highly sensitive and specific test³² at different stages of the epidemic, irrespective of previous COVID-19-related symptoms, which allowed for a less biased estimation of cumulative SARS-CoV-2 incidence, although actual incidence might be different because of lower assay sensitivity (at 94%) and waning of antibodies during the two test measures.³³ Individual-level determinants of infection were obtained. Nevertheless, there are several limitations. First, our study might be subject to selection bias. Participants in our substudy might have been more concerned about their health compared to non-participants. The response rate for the substudy varied between ethnic groups, which might have led to bias, although characteristics of included individuals were comparably distributed to non-included individuals, hence this bias is likely limited.¹² Second, LTFU differed between ethnic groups, and was higher in participants with lower socioeconomic status. We were unable to directly control for differential LTFU, but our sensitivity analysis suggests the impact of LTFU on our results was limited. Third, exposure variables were collected after, not during, infection, while some variables might have been missed, such as preventive behaviours (e.g. wearing masks, keeping distance) during activities. Fifth, information on socioeconomic factors was only collected at HELIUS baseline or the first substudy visit, and might have changed during follow-up. Sixth, the vaccination rate of this cohort was very low. As the antibody test used could not differentiate between infection and vaccination, some of the participants could have been vaccinated unbeknownst to the researchers; however, we consider this unlikely given that the start of the national vaccination campaign for most age groups started after the last visit.³⁴

In conclusion, ethnic differences in SARS-CoV-2 infection became apparent during the second wave of infection in the Netherlands and incidence was higher in ethnic minority groups compared to those of Dutch origin. Targeted prevention efforts following the first wave might not have been sufficient to prevent these

disparities. Focus should be placed on reaching high vaccine coverage in all ethnic groups, alongside improvement of other targeted prevention strategies addressing the needs of individuals within these groups, in co-creation with these groups.

Contributors

MP, KS, JS and CA conceived, designed, or oversaw the study. HG, AK and JS were involved in the acquisition of data. LC conducted the statistical analysis and drafted the manuscript under supervision of AB and MP. All authors read and approved the final manuscript.

Declaration of interests

The authors declare that they have no competing interests related to the project.

Acknowledgements

The authors would like to acknowledge the HELIUS COVID-19 study participants for their contribution and the HELIUS team for data collection and management.

Data availability statement

The HELIUS data are owned by the Amsterdam UMC, location AMC, in Amsterdam, The Netherlands. Any researcher can request the data by submitting a proposal to the HELIUS Executive Board as outlined at <http://www.heliusstudy.nl/en/researchers/collaboration>, by email: heliuscoordinator@amsterdamumc.nl. The HELIUS Executive Board will check proposals for compatibility with the general objectives, ethical approvals and informed consent forms of the HELIUS study. There are no other restrictions to obtaining the data and all data requests will be processed in the same manner.

Funding

This work was supported by ZonMw (10430022010002) and the Public Health Service of Amsterdam. The HELIUS study is conducted by Amsterdam UMC, location Academic Medical Center and the Public Health Service of Amsterdam. Both organizations provided core support for HELIUS. The HELIUS study is also funded by the Dutch Heart Foundation (2010 T084), ZonMw (200500003), the European Union (FP-7) (278901), and the European Fund for the Integration of non-EU immigrants (EIF) (2013EIF013).

Supplementary materials

Supplementary material associated with this article can be found in the online version at doi:[10.1016/j.lanepe.2021.100284](https://doi.org/10.1016/j.lanepe.2021.100284).

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