



## UvA-DARE (Digital Academic Repository)

### Helping families change: The adoption of the Triple P - Positive Parenting Program in the Netherlands

de Graaf, I.M.

**Publication date**  
2009

[Link to publication](#)

**Citation for published version (APA):**

de Graaf, I. M. (2009). *Helping families change: The adoption of the Triple P - Positive Parenting Program in the Netherlands*. [Thesis, externally prepared, Universiteit van Amsterdam]. Trimbos Institute.

**General rights**

It is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), other than for strictly personal, individual use, unless the work is under an open content license (like Creative Commons).

**Disclaimer/Complaints regulations**

If you believe that digital publication of certain material infringes any of your rights or (privacy) interests, please let the Library know, stating your reasons. In case of a legitimate complaint, the Library will make the material inaccessible and/or remove it from the website. Please Ask the Library: <https://uba.uva.nl/en/contact>, or a letter to: Library of the University of Amsterdam, Secretariat, Singel 425, 1012 WP Amsterdam, The Netherlands. You will be contacted as soon as possible.

# Helping Families Change

The adoption of the Triple P –  
Positive Parenting Program in the Netherlands

ACADEMISCH PROEFSCHRIFT

ter verkrijging van de graad van doctor aan de Universiteit van Amsterdam op  
gezag van de Rector Magnificus prof. dr. D.C. van den Boom ten overstaan van  
een door het college voor promoties ingestelde commissie, in het openbaar te  
verdedigen in de Agnietenkapel op donderdag 5 november 2009, te 14:00 uur

door

Irene Maria de Graaf  
geboren te Breda

## Colofon

### *Doctoral Committee*

Prof. dr. S. M. Bögels

Prof. dr. M. Dekovic

Prof. dr. J. Hermanns

Prof. dr. S.A. Reijneveld

Dr. G.J.J.M. Stams

Prof. dr. W.A.M. Vollebergh

### *Promotor*

Prof. dr. L.W.C. Tavecchio

### *Co-promotor*

Dr. S.A. Onrust

### *Printing*

Ladenius Communicatie BV Houten

This thesis was prepared at the faculty of Social and Behavioural Sciences, Department Pedagogiek en Onderwijskunde of the Universiteit van Amsterdam, in close collaboration with the Trimbos-institute.

Please cite as:

Graaf, I. de (2009). Helping Families Change. The adoption of the Triple P – Positive Parenting Program in the Netherlands. Amsterdam: Faculty Social and Behavioural Sciences, Universiteit van Amsterdam.

Article number: AF0877

ISBN:978-90-5253-649-1

This publication can be ordered online at [www.trimbos.nl/producten](http://www.trimbos.nl/producten), stating article number **AF0877**.

Trimbos Institute

Da Costakade 45

P.O. Box 725

3500 AS Utrecht

The Netherlands

T: 31-30-2971100

F: 31-30-2971111

© 2009, Trimbos Institute, Utrecht, The Netherlands.

All rights reserved. No part of this publication may be copied or published in any form or in any way, without prior written permission from the Trimbos Institute.